

International Network of Wrestling Researchers (INWR) Membership Directory

(Through January 2020)



INTERNATIONAL NETWORK OF WRESTLING RESEARCHERS (INWR)

ADVANCING OUR SPORT THROUGH KNOWLEDGE

FAIRE PROGRESSER NOTRE SPORT PAR LA CONNAISSANCE

ПРОДВИЖЕНИЕ НАШЕГО СПОРТА ЧЕРЕЗ ЗНАНИЕ

PROGRESO PARA NUESTRO DEPORTE MEDIANTE CONOCIMIENTO



**UNITED WORLD
WRESTLING**

Allied with United World Wrestling and support group for their Scientific Commission

www.inwr-wrestling.com

Official publication is the *International Journal of Wrestling Science*

(please send requests for membership and biographical updates to davcurb@gmail.com)

INWR MEMBERSHIP



FRITZ BRYTING AANES
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2X Olympian for Norway
Areas of Interest: Coaching, Psychology

ELENA ABAEVA MD
sport.wr@yandex.ru
Uzbekistan
UWW Medical Commission Doctor



GARY ABBOTT
Director of Communications & Special Projects
gabbott@usawrestling.org
USA Wrestling
Colorado Springs, CO



Edmar Abdoulaev
Board Member of the Dutch Wrestling Federation, FILA – Referee (Singapore 2010 YOG)
Email: toerpal@online.nl
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The Netherlands
Dutch Wrestling Federation, Wrestling Club «Marshall Baarn»
KSV Marshall Baarn, Goudenregenlaan 14, 3741 CB Baarn
Interests: Wrestling Training, School Wrestling, Female Wrestling, Officiating

BAKIYEV ZAFAR ABDUSHUKUROVICH

Email: armwrestling@mail.ru

Country: Uzbekistan

Bakiyev Zafar Abdushukurovich was born on 15 of December in 1982 in Tashkent, higher education, graduated from Uzbek State Institute of Physical Education in the direction of physical education (freestyle wrestling) in 2003, and Master's degree in sports in 2005, and post-graduate studies in 2009.

Candidate of pedagogical sciences, associate professor.

Since September 2009 he has been working as a head of the department of theory and methodology of the national and international kinds of wrestling in Uzbek State Institute of Physical Education.



MAHMUT AĆAK

m.acak@hotmail.com

İnönü University BESYO, Turkey

Dr. Aćak has worked as a sportsman and trainer in wrestling and football. He worked as physiotherapist for the Turkish National Wrestling Team between 1990-1998. He was also a member of the Education Council in the same federation. In 2001, his book named "Güreş Öğreniyorum (I am learning wrestling)" was published. Now he works as **Asst.Prof. at the İnönü University School of Physical Education and Sport**. He has published numerous articles in international and national journals.

BRIAN ADAMS, MD Associate Professor of Dermatology

Email and Contact Information: brian.adams@uc.edu

Institution / Organization: University of Cincinnati

Country: USA

Current area of interest: sports dermatology

Completed wrestling research:

B. B. Adams. Transmission of cutaneous infections in athletes. *Br.J Sports Med.* 34 (6):413-414, 2000.

B. B. Adams. Tinea corporis gladiatorum: a cross-sectional study. *J Am.Acad.Dermatol.* 43 (6):1039-1041, 2000.

B. B. Adams. Red plaque on a high school wrestler. *Phys Sportsmedicine* 29 (2), 2001.

B. B. Adams. Tinea corporis gladiatorum. *J Am Acad Dermatol* 47 (2):286-290, 2002.

B. B. Adams. Dermatologic disorders of the athlete. *Sports Medicine* 32 (5):309-321, 2002.

B. B. Adams. *Sports Dermatology*, New York:Springer, 2006. 351 pages.

BB Adams. Skin infections in athletes. *Dermatol Nurs* 20 (1):39-44, 2008.



AGELOUSIS NIKOLAOS PhD

Associate Professor

Department of Physical Education and Sport Science

Democritus University of Thrace

Email: nagelous@phyed.duth.gr

Areas of Interest: Biomechanics with emphasis on muscle activity in physical education, Sports Training Theory & Application

HABIB AKHLAGHI

Email: habib.akhlaghi1985@gmail.com

Iran

International Sports Schools-TC president of Wrestling

Two boronz medals in greco-roman wrestling world championships (2009 Herning and 2015 Las Vegas), gold medal of Asian games 2014, gold medal of Asian championship 2012, gold medal university world championship 2008 Greece.

Ph.d in sport management. Worked at institute of Iran wrestling federation for 3 years and now I am coach the national team Iran senior Greco-Roman wrestling.

**Aleksandr Onikovich AKOPYAN**

Email: acop1@yandex.ru

**JUAN PELAGIO CHAPARRO ALANIZ**

Title: Profesor

Email: jpmjca@hotmail.com

Institution/Organization:

FMLA (Federacion Mexicana de Luchas Asociadas)

Mailing Address:

San Miguel 24 La Asuncion Iztacalco

Country: Mexico

Current Areas of Interest:

Promotion through the internet and social networking. Study and improvement of training systems, analysis and tactical development of complex technique.

EVANGELOS ALBANIDIS

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Associate Professor

Department of Physical Education and Sport Science

Democritus University of Thrace

University Campus

69100

KOMOTINI, GREECE

Areas of Interest: Sport History

**NOURALLAH ALIZADEH**

Email: nourallahalizadeh@yahoo.com

Tabriz University

Country: Iran

Current Areas of Interest: sport physiology

Completed Wrestling Research:

A SURVEY OF EATING DISORDERS IN ELITE ADOLESCENT FREESTYLE AND GRECO-ROMAN WRESTLERS OF IRAN

THOMAS W. ALLEN, DO, FCCP, FACOI, FACP, FAOASM
Institution/Organization: Oklahoma State University, University of Oklahoma
Clinical Professor Center for Exercise and Sports Medicine
Adjunct Professor of Emergency Medicine
University of Oklahoma School of Community Medicine, Tulsa
Vice President and Professor of Medicine Emeritus
Wrestling Team Physician
Oklahoma State University
Email: Thomas-Allen@ouhsc.edu
Country: USA

Current Areas of Interest: Body Composition, Flexibility, Respiratory physiology, exercise asthma in athletes

Recent Publications

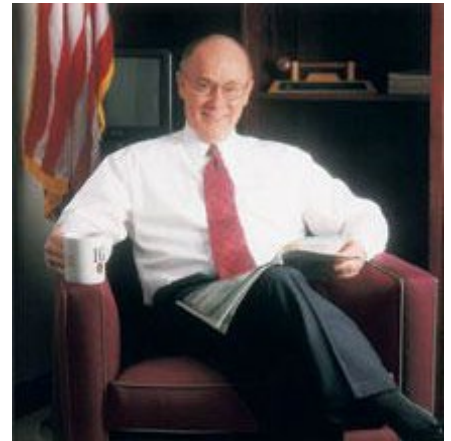
1. Rice TB, Dunn RE, Lincoln AE, Tucker AM, Vogel RA, Heyer RA, Yates AP, Wilson PWF, Pellman EJ, ALLEN TW, Newman AB, Strollo PJ. Sleep-disordered breathing in the National Football League. *SLEEP* 2010; 33(6):819-824

2. ALLEN TW, Vogel RA, Lincoln AE, Dunn RE, Tucker AM. Body Size, body composition, and cardiovascular risk factors in NFL players. *Physician and Sports Medicine* April 2010, 28(1):21-7

3. Herring SA, Kibler WB, Putukian M, ALLEN TW, Bergfeld J, Boyajian-O'Neill L, et al. Selected issues from the master athlete and the team physician: a consensus statement. *Med Sci Sports Exerc* 2010, 42(4) 820-833

4. Tucker AM, Vogel RA, Lincoln AE, Dunn RE, Ahrensfield DC, ALLEN TW, et al.: Prevalence of cardiovascular disease risk factors among national football league players. *JAMA*.2009;301(20):2111-2119

5. ALLEN TW: Return to play following exercise-induced bronchoconstriction. *Clin J Sport Med*. 2005; 15:421-425



AHMED ALTIMIMI, PhD
dr.sport12@gmail.com
Professor of Sport Science
Baghdad University, Iraq
Iraq National Champion



Kelley Robert ALTOM

Professional Affiliation: Goldstandard Systems Inc.

Email: kellevaltom@hotmail.com

Areas of Interest: Kinanthropometry, Exercise Physiology, Morphological Optimization, Weight Sensitive Sports

Kelley Altom is an Exercise Physiologist (Master's degree from Northern Illinois University), ISAK Certified Anthropometrist Level 3 (Instructor) and owner of Goldstandard Systems Inc (since 1997). In the mid 1990's, Kelley created the first mobile hydrostatic weighing system in order to assess and determine safe weight class options for wrestlers. Kelley was contracted by the Illinois High School Athletic Association to pioneer their Wrestling Weight Certification Program in 2003 and



continues to teach and run all body composition and nutrition education components of the program. Kelley currently runs his business, Goldstandard Systems, out of Chicago, IL.

Website: www.goldstandardsystems.com

RAMIN AMIRSASAN, PHD

amirsasanramin@gmail.com

University of Tabriz, Iran

Head of nutrition committee for Iranian National Wrestling Federation

Current areas of interest:

- 1) nutrition for wrestlers
- 2) body composition in wrestling
- 3) methods of weight control in wrestling
- 4) supplement use in wrestling

Completed wrestling research:

- 1) Effect of two doses of branched-chain amino acid supplementation on muscular damage serum index (CK-CKmb-LDH) after heavy resistance exercise wrestlers
- 2) Prevalence and effects of rapid weight loss among elite Iranian freestyle and Greco-Roman wrestlers. Investigation of the consumption of nutritional supplements in elite Iranian freestyle and Greco-roman wrestlers and the factors influencing this consumption.



ANDERSON, B.J. M.D.

Email/Contact Information: amosnandie@comcast.net

410 Church St SE, Minneapolis, MN 55455

(612) 626-0421

<http://www.thematdoc.com>

Institution / Organization: Boynton Health Service, Univ of Minnesota

Country: USA

Current area of interest: Sports Dermatology, Herpes Gladiatorum

Completed wrestling research:

B. J. Anderson. The effectiveness of valacyclovir in preventing reactivation of herpes gladiatorum in wrestlers. *Clin.J Sport Med.* 9 (2):86-90, 1999.

B. J. Anderson. Herpes gladiatorum: anti-viral therapy. National Athletic Trainers' Association. Anonymous. Champaign:Human Kinetics. *Proceedings-National Athletic Trainers' Association 51st Annual Meeting and Clinical Symposia-Nashville:229-230*, 2000.

B. J. Anderson. The epidemiology and clinical analysis of several outbreaks of herpes gladiatorum. *Med.Sci.Sports Exerc* 35 (11):1809-1814, 2003.

B. J. Anderson. Valacyclovir to expedite the clearance of recurrent herpes

gladiatorum. *Clin J Sport Med* 15 (5):364-366, 2005. B. J. Anderson. Prophylactic valacyclovir to prevent outbreaks of primary herpes gladiatorum at a 28-day wrestling camp. *Jpn J Infect Dis* 59 (1):6-9, 2006. B. J. Anderson. Skin infections in Minnesota high school state tournament wrestlers: 1997-2006. *Clin J Sport Med* 17 (6):478-480, 2007.

B. J. Anderson. Managing herpes gladiatorum outbreaks in competitive wrestling: the 2007 Minnesota experience. *Curr Sports Med Rep* 7 (6):323-327, 2008. 1. Anderson BJ. Skin Infections in Combat Sports. In Kordi R, Maffulli N, Wroble R and Wallace W. (eds): *Combat Sports Medicine*. Secaucus, NJ: Springer, 2009:121-133.

Hendrickson MA, Furnival RM, Anderson BJ, Renaker AM, Gaillard PR, Roback MG. Emergency Department Usage and Medical Care Needs of Adolescent Participants in a High-Intensity Wrestling Camp. *Sports Health.* 2012;3:258-60.

Anderson BJ. Effectiveness of Body Wipes as an Adjunct to Reducing Skin Infections in High School Wrestlers. *Clin J Sports Med.* 2012;5: 4-9.

Anderson BJ, McGuire DP, Reed M, Foster M, Ortiz D. Prophylactic Valacyclovir to Prevent Outbreaks of Primary Herpes Gladiatorum at a 28-day wrestling camp: A 10-Year Review. *Clin J Sports Med.* 2016;26(4):272-78.



<http://www.thematdoc.com/index.html>

MARIJA / SVETOMIR / ANDJELKOVIC

Belgrade, Serbia

Serbian

Ismeta Mujezinovića 14/4, Belgrade

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marandjelkovic@gmail.com



Previous experience:

- 2015 – DCO at first European Olympic Games in Baku
- 2014 – UEFA doping control officer
- 2014: Director of continuous Course of sport nutrition and supplementation
- 2013 – Doping Control Delegate at European Athletics
- 2012-2014: General secretary of Sport medicine association of Serbia
- DCO at Olympic Games 2012 in St.James Stadium, Newcastle ; Old Trafford Stadium, Manchester and Olympic village
- From 2012- President of Medical Commission of Synchronised Swimming Federation of Serbia
- From 2011 -Head of Center for sports nutrition and supplementation, Sports Medicine Association of Serbia
- From 2010- Member of Medical Commission of Olympic Committee of Serbia
- From 2010- Member of Medical Commission of Serbian Water Polo Federation
- 2010- Member of World Anti-Doping Agency Team at the Winter Olympic Games, Vancouver in Athlete Outreach Program
- From 2009- Coordinator for W/A and TUE in International Mountaineering and Climbing Federation (UIAA)
- From 2008- Employed in Anti-doping Agency of Serbia as W/A and TUE Manager
- From 2007- Member of Sports Medicine Association of Serbia
- From 2006- Working as Doping Control Officer
- 2005- 2006-Member of Center for Scientific research, Faculty of medicine
- 1998-1999- Member of Association against AIDS

<p>Experience in testing, nutrition and supplementation:</p>	<ul style="list-style-type: none"> • Director of continuous Course of sport nutrition and supplementation (two years in live and online version) - 2014 • National team in synchronized swimming – 2012-2014 • National team in kayak and canoe - 2012 • Olympic Committee of Serbia, 2010-2011 • National boxing team, 2010-2011 • National wrestling team, 2010-2011 • National judo team, 2010-2011 • National athletic team, 2010-2011 • Football Club Partizan, Belgrade, 2009 - 2011 • Basket ball FMP Železnik, Belgrade, 2009 - 2011 • Basket ball Crvena zvezda, Belgrade, 2010 – 2011 • Scuba diving club: Sebastijan, 2009 – 2011 <p>AIDA (Worldwide Federation for breath-hold diving), 2010 – 2011</p>
<p>Scientific publications:</p>	<ul style="list-style-type: none"> • Andjelkovic et al. Hematological and biochemical parameters in elite soccer players during a competitive half season. <i>J Med Biochem</i> 33: 1–7, 2014. • Andjelkovic M., Dikic N., Baralic I., Radivojevic N., Djordjevic B., Vukasinovic Vesic M., Stojmenovic T. Nutritional and supplementation intervention in young elite football players. 14th National Sport Medicine Congress, 2014 Izmir, Turkey. • Baralic I, Djordjevic B, Dikic N, Kotur-Stevuljevic J, Spasic S, Jelic-Ivanovic Z, Radivojevic N, Andjelkovic M, Pejic S. Effect of astaxanthin supplementation on paraoxonase 1 activities and oxidative stress status in young soccer players. <i>Phytother Res.</i> 2013 Oct;27(10):1536-42. • Andjelkovic et al. Lifestyle interventions in obesity treatment. IUNS 20th International congress of nutrition. Granada 2013. • Djordjevic B¹, Baralic I, Kotur-Stevuljevic J, Stefanovic A, Ivanisevic J, Radivojevic N, Andjelkovic M, Dikic N. Effect of astaxanthin supplementation on muscle damage and oxidative stress markers in elite young soccer players. <i>J Sports Med Phys Fitness.</i> 2012 Aug;52(4):382-92. • Andjelkovic et al. Nutritional and physiological os synchronized swimmers. XXXII FIMS Congress. 2012 • Andjelkovic et al. Hydration assessment of basketball players during FIBA Europe U20 European Championship. 17th ECSS Congress. 2012 • Andjelkovic et al. The first 50 athletes in Center for sports nutritionand supplementation- what have we learned? Third Congress of Food Supplements. 2011. • Andjelkovic et al. Energy and dietary intakes of young professional football players. 7th EFSMA Congress. Salzburg. 2011. • Andjelkovic M and Dikic N. Trans fat. Sports medicine association of Serbia. Belgrade, 2011. • Andjelkovic et al. The nutritional status of young elite soccer players. 16 Congress of European College of Sport Science. Liverpool. 2011. • Babic, J.O., N. Dikic, N. Radivojevic, and M. Andjelkovic. 2010. Knowledge and attitudes of elite European basketball players. 15th

	<p>Annual Congress of European College of Sport Science, Antalya, Turkey.</p> <ul style="list-style-type: none"> • Dikic, N., N. Radivojevic, J.O. Babic, and M. Andjelkovic. 2010. Supplementation in elite sport-real need or polypharmacy. International conference on injuries in water polo, Zagreb, Croatia. • Participate in translating the book Burke, L. 2009. Practical sport nutrition. Sports Medicine Association Serbia, Belgrade, Serbia. pgs. 185-221. • Tanja Nastasić Stošković, Milica Sinobad, Nenad Radivojević, Nenad Dikić, Jelena Oblaković Babić, Marija Anđelković. Analysis of reported supplements and drugs on doping controls during 25th Summer Universiade. Second Congress of Food Supplements. Abstract book. 2009. pgs 47-48 • Nenad Dikic, Jelena Suzic, Nenad Radivojevic, Jelena Oblakovic Babic, Sanja Mazic, Marija Andjelkovic, Milica Sinobad. Nutritional supplements and medications in sport . 6th European congress of Sports Medicine. Antalya, Turkey. 2009. • Andjelkovic M., and N. Dikic. 2008. TUE in Serbia – with special emphasis on the application of glucocorticosteroids. Dikic, N. 2008. Team doctor – missing link. Sports Medicine Association of Serbia. Belgrade, Serbia. • Dimitrijevic T., and M. Andjelkovic. 2007. Endoscopic and medical treatment of infertile women with endometriosis. 48 th Student's congress of medical sciences of Serbia with international participation, Kopaonik, Serbia • Dimitrijevic T., and M. Andjelkovic. 2006. Importance of postoperative symptoms in evaluation Nissen fundoplication. 47th Congress of medical science students of Serbia and Montenegro, Lepenski Vir, Serbia. • Andjelkovic M., and T. Dimitrijevic. 2006. Frequency of neuro vascular complications in supracondylar fractures in children. 47th Congress of medical science students of Serbia and Montenegro, Lepenski Vir, Serbia. • Andjelkovic M., and J. Maksimovic. 2004. General assessment of health status and satisfaction of life of medical students. Bulletin of Institute of Public Health of Serbia 78:26-33.
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ROMAN APOIKO

Email: apojkorn@mail.ru

Title: Candidate of Pedagogical Sciences, Professor

Email: Institution/Organization: Lesgaft National State University of Physical Education, Sport and Health, St. Petersburg

Country: Russia

Current Areas of Interest: testing of elite wrestlers, wrestling pedagogy





RAMIZ ARABACI, PH.D.

Email: ramizar@uludag.edu.tr; ramizarabaci@hotmail.com

Institution/Organization: Uludag University, Faculty of Education, Physical Education and Sport Department

Mailing Address: Uludag University, Faculty of Education, Physical Education and Sport Department, BURSA

Country: Turkey

Current Areas of Interest: Wrestling Training, Performance Testing for Wrestling

Completed Wrestling Research:

1. Arabaci, R. and Çankaya, C. “The Effect of Seasonal Training Program on Some Physiological Parameters Among Cadet and Junior Wrestlers,” International Journal of Human Sciences, 5(2), 1-20, (2008).

2. Ursavas, A., I. Ercan, , R. Arabaci, U. Sekir, G, Ozkaya, E, Demirdogen, M. Karadag, and R.O. Gozu, “The Association Between Snoring, Daytime Sleepiness and Obesity in Professional Wrestlers,” European Journal of General Medicine, 5(1), 9-15, 2008.



Luis Fernando Aragon V., Ph.D., FACSM

luis.aragon@ucr.ac.cr

Human Movement Science Research Center

Professor, Physical Education Department

Editor-in-Chief, pensarenmovimiento.ucr.ac.cr

University of Costa Rica

HIROSHI ARAKAWA Ph.D.

Email: arakawa@biomech.jp

Institution/Organization:: Japan Institute of Sports Sciences

Country: Japan

Current Areas of Interest: Physiological testing and evaluation



AITHOCINE AREZEKI

Algeria

Email: raithocine@gmail.com

Algerian Wrestling Federation-Chief of Service of Formation and Development



KOSTAS ARKOUDEAS

Email: k.arkoudeas@yahoo.gr

Institution/Organization: etnikos fc

Mailing Address: pontou 23 peristeri

Country: Hellas

Current Areas of Interest: training

Wrestling Accomplishments: Jr World Champion GR6th Place in 2004 Olympic Games

KIRTISNA ARYA

New Dehli, India

E-mail: kirtisna.arya@gmail.com

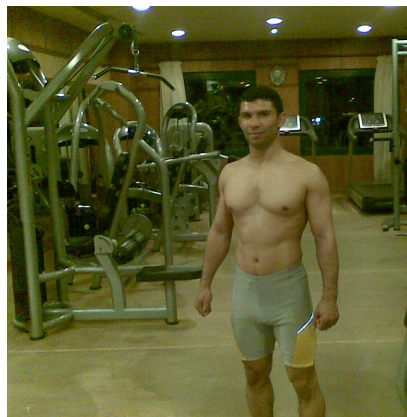
Academic and Professional Qualification:

- Bachelor of Arts in Physical Education
- Post-Graduate Diploma in Yogic Sciences
- Master of Arts in Yogic Sciences
- Diploma in Sports Coaching (Wrestling) from Netaji Subhas National Institute of Sports, Patiala, India

Represented India at International level in various Wrestling Championships/Tournaments:

- Bronze medal in Shaheed Bhagat Singh International Wrestling Tournament 2009, INDIA
- Silver medal in CERRO PELADO GRANMA International Tournament 2009, Havana CUBA
- Silver medal in Commonwealth Sr. Wrestling Championship 2011, Melbourne AUSTRALIA

Now coaching wrestling



MOHAMED ASHMAWY

Email: wrestler0x@gmail.com

Institution/Organization: Physical Education College /Banha University

Mailing Address

Egypt- Qalubia- Kafershuhr- Kafertessfa

Country: EGYPT

Zagazig University

Faculty of physical education for males

Dept. Of competitive and aquatic sports

Effect of some special exercises on physical and technical performance level of body lock, lift and suplex movement for wrestlers

A research presented within the requirements getting magistrate in physical

education, prepared by Mohamed Elsayed said Mohamed Ashmawy

Qualifications

1- Bachelor of Physical Education 1998 wrestling , gymnastics & exercises specialty – Very good grad with honor degree.

2- Master of Physical Education 2003 – Training Department.

3- Independent Coach from the Egyptian Wrestling Federation.

4- A course in sports injuries and health clubs.

5- Ex- international wrestler in the Wrestling Egyptian National Team.

Experiences

- Physical Education teacher 1998 – Egypt.

- Sports Specialist at Faculty of Physical Education – Banha University

responsible for sports Activity Planning and Training sport teams.

- Physical Education teacher at International School "Orbit Academy" 2003- 2006.
- Supervisor at ELHUSSAN Schools in Al Khobar since 2006 till 2010 - Excellent grade.
- Wrestling Coach at El Shobban El Muslimyn club and KaferTessfa Youth Center in Egypt since 1999 till 2003.
- Physical Fitness and loss weight Instructor at Intercontinental at Saudi Arabia 2010
- Wrestling Coach at the national project for juniors in wrestling /National Sports Council (2012 till now).
- Physical Fitness and loos weight Instructor at DREAM LAND SPA 2011-2013.
- Wrestling Coach at Banha University Team 2012-2013

Personal qualities

- Having an international , national, Universities Championships in GR. Wrestling:
Arab Championships at Morocco 1993-African Championships South Africa 1993 - Fehby emry Turkey 1998
Ibrahim Mustafa Egypt 1993

Robert Asryan

Armenia

Email: robert_asryan@yahoo.com

Coach



MAURICIO ATAMAINT

Email: mauriwrestling1298@hotmail.com

Institution/Organization: FEDERACION DEPORTIVA DEL AZUAY
FEDERACION ECUATORINA DE LUCHA

Mailing Address: 12 de abril s/n Unidad nacional

Country: Ecuador

Current Areas of Interest: Entrenamientos

Completed Wrestling Research:

Soy un deportista todavia activo y me gustaria poder estudiar y tener mas conocimientos sobre la lucha libre y greco par poder aplicarlas en mi pais paar un mejor desarrollo del depoetis y deporte gracias me intereza mucho

Title: Vocal directorio FELA -Entrenador

KRISTA AUSTIN, PhD, CSCS, is an exercise physiologist, nutritionist, and NSCA-certified strength and conditioning specialist. She is also a research associate with the International Center for East African Running Studies.

Email: krista.g.austin@gmail.com

Austin was a performance nutritionist with the English Institute of Sport, where she provided services to 18 Olympic sports and the England cricket team. Most recently she served as a physiologist with the United States Olympic Committee, where she worked with multiple sports in preparation for the 2008 Olympic Games.

Austin is owner of Performance & Nutrition Coaching, LLC, which provides physiological testing, nutrition, and coaching education to professional and amateur athletes as well as Olympic national teams, including athletes competing for USA



Track & Field, USA Canoe/Kayak, USA Wrestling, USA Taekwondo and USA Triathlon. She also currently serves as the nutritionist for Michael Johnson Performance.

A former collegiate tennis player, she obtained a PhD in movement science from Florida State University and holds a master's degree in exercise physiology from Sand Diego State University. She is a member of the American College of Sports Medicine and has also served as associate editor of the *International Journal of Sport Nutrition and Exercise Metabolism*.

ALI AWARKE

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Saleh ALZIQAT

Jordan

Email: zriqat@yahoo.com

Saleh has served on the Jordan National Wrestling Committee and was recently named to serve on the West Asian Wrestling Federation.

Jordan Wrestling Federation recognizes Saleh Alziqat as an Olympic Coach for Jordan Wrestling.

2003 Fila Coaching certificate. Level 1 UWW Coaching certificate.

UWW certificate of introduction to refereeing course.

As an athlete in 1990 he represented Jordan and was the 1990 Middle East Champion.

DR.SC. MARIO BAIĆ, PHD

Member of UWW Scientific Commission

Biography at: http://kif.hr/mario.baic?@=5oh9#profile_prikaz_11025

Faculty of Kinesiology in Zagreb (Croatia) as wrestling scientist

Email: mario.baic@kif.hr

Institution/Organization: Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10 000 Zagreb, CROATIA

http://www.kif.unizg.hr/djelatnici/mario.baic?@=5rbl#profile_prikaz_13433

Country: Croatia

Current Areas of Interest: coaching wrestlers, wrestling conditioning, individualization in wrestling training, sport law

Publications:

1. Baić M., Plavec, G., Vračan, D., Marić, J. (2002): Analysis of anthropological status of advanced Croatian cadet wrestlers. In: Milanović, D., Prot, F. (eds.) Proceedings of the 3th International Scientific Conference „Kinesiology – New Perspectives“. Opatija, Croatia, 2002, (pp. 265-268). Zagreb: Faculty of Kinesiology at the University of Zagreb.



2. Plavec, G., Baić, M., Karninčić, H., Marić, J. (2002). Correlation of certain motor tests with performance of boys aged 12-13 in wrestling. In: Milanović, D., Prot, F. (eds.) Proceedings of the 3th International Scientific Conference „Kinesiology – New Perspectives“. Opatija, Croatia, 2002, (pp. 299-302). Zagreb: Faculty of Kinesiology at the University of Zagreb.
3. Baić, M., Starosta, W., Marić, J. (2003). Differences in level of selected motor abilities by Polish and Croatian cadet wrestlers in classical style. U Włodzimirz Starosta i Wiesław Osinski (ur.), Proceedings of the 8th International Scientific Conference Sport Kinetics 2003 and 11th Conference Physical Education and Sport in Scientific Researches] “New ideas in Sport Sciences: Current issues and perspectives”; [“Aging and Physical Activity: Application to Fitness, Sport and Health”, Rydzyna (near Leszno), Poland, September 19-21, 2003 (str. 27-30). (International Association of Sport Kinetics, Library series: Vol. 15). Warsaw; Poznań; Leszno: State School of Higher Vocational Education in Leszno.
4. Sertić, H., Segedi, I., Baić, M. (2005). One year martial arts training effects on some anthropological characteristics of 12-year old boys. U Dragan Milanović i Franjo Prot (ur.), Proceedings Book of the 4th International Scientific Conference “Kinesiology – New Perspectives”, Opatija, September 7-11, 2005 (str. 387 - 390). Zagreb: Faculty of Kinesiology.
5. Marić, J., Baić, M., Sertić, H., Vujnović, I. (2005). Metric characteristics of selected tests for the evaluation of basic training status in top level wrestlers. U Dragan Milanović i Franjo Prot (ur.), Proceedings Book of the 4th International Scientific Conference “Kinesiology – New Perspectives”, Opatija, September 7-11, 2005 (str. 435-438). Zagreb: Faculty of Kinesiology.
6. Baić, M., Sertić, H., Segedi, I. (2005): Differences in some anthropological characteristics between boys engaged in Martial arts and boys non-athletes aged 12. In J. Sadowski (Ed.), Proceedings book of International Scientific Conference, Biala Podlaska “Coordination motor abilities in scientific research” (pp. 415-421). Biala Podlaska: Jozef Pilsudski Academy of Physical Education in Warsaw & Faculty of Physical Education in Biala Podlaska;
7. Starosta, W. Baić, M. & Sertić, H. (2005). Reliability of the chosen Polish test for evaluating specific training status in advanced wrestlers. In J. Sadowski (Ed.), Proceedings book of International Scientific Conference, Biala Podlaska “Coordination motor abilities in scientific research” (pp. 144-149). Biala Podlaska: Jozef Pilsudski Academy of Physical Education in Warsaw & Faculty of Physical Education in Biala Podlaska.
8. Sertić, H., Baić, M. & Segedi, I. (2005). Metric characteristics of chosen acrobatic tests for advanced wrestlers. In J. Sadowski (Ed.), Proceedings book of International Scientific Conference, Biala Podlaska “Coordination motor abilities in scientific research” (pp. 247-252). Biala Podlaska: Jozef Pilsudski Academy of Physical Education in Warsaw & Faculty of Physical Education in Biala Podlaska.
9. Baić, M., Sertić, H., Cvetković, Č. (2006). Differences in physical fitness levels of greco-roman wrestlers with varying degrees of success. *Kinesiologia Slovenica*, 12 (2), 5-12.
10. Baić, M., Sertić, H., Milanović, D., Starosta, W., Cvetković, Č. (2006). Diagnostics of physical abilities of wrestlers in Croatia. In J. Cynarski, R. M. Kalina, K. Obodynski (Eds.), Proceedings of 1st World Scientific Congress of Combat Sports and Martial Arts, (pp. 83-84). Rzeszów: Ministry of Defence.
11. Sertić, H., Segedi, I., Baić, M. (2008). Changes of anthropological status of children in wrestling sports following a three-year training – process. U Dragan Milanović i Franjo Prot (ur.), Proceedings Book of the 5th International Scientific Conference “on Kinesiology – “Kinesiology research trends and applications”, Zagreb, September 10-14, 2008 (str. 976-979). Zagreb: Faculty of Kinesiology.
12. Sporiš, G., Tomac, Z., Omrčen, D., Baić, M., Harasin, D. (2011). Motor learning without external feedback when testing motor coordination. *Sport Science*, 1: 84-88.
13. Macan, J., Baić, M., Romić, G. (2011). Frequency of allergic diseases among wrestling and karate trainees. U Dragan Milanović i Goran Sporiš (ur.), Proceedings Book of the 6th International Scientific Conference “on Kinesiology – “ Integrative power of kinesiology”, Zagreb, September 8-11, 2011 (str. 111-114). Zagreb: Faculty of Kinesiology.

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Books:

1. Sertić, H. (2004). Osnove boričakih sportova (judo, karate, hrvanje). Kineziološki fakultet Sveučilišta u Zagrebu. (Marić, J i Baić, M. suradnici na dijelu udžbenika)
2. Marić, J., Baić, M., Cvetković, Č. (2007). Primjena hrvanja u ostalim sportovima. Kineziološki fakultet Sveučilišta u Zagrebu.



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National Sport Academy - Sofia, Bulgaria

Historian with a specialty history of physical education and sport.

My professional interests have been linked to the history of the wrestling for more than 20 years – particularly the traditional wrestling and modern Olympic styles. My scientific researchers are currently focused on the history of the Bulgarian wrestling, its organizational structure, as well as a moral and ethical standards laid down in the sport, in particular in the traditional wrestling.

Publications in authorship with Prof. Rayko Petrov:

1. The Roots of Wrestling: The traditional Wrestling styles (Budapest, 2000)
2. Wrestling in the Written Word (2010 – BG, 2011 – AN, 2012 - FR).

Copyrighted publications:

- Worldwide traditional wrestling (Sofia, 2006)
- Changing the starting date of the establishment of the International Wrestling Federation (FILA)
- Historical roots of the moral and the ethics in the sport
- Athletes' strength training in the Ancient Greece
- Traditional wrestling – historical basis of the Olympic wrestling styles
- The epoch Rayko Petrov
- Greco-Roman wrestling - European sport
- Wrestling leadership in the classification of the Thracians
- Moral aspects of the prayers, vows and challenges in the traditional wrestling
- Specific folklore in wrestling and more



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Snake Pit U.S.A. Catch Wrestling Association

Mailing Address: 4075B Andrews Ln McGuire AFB, Trenton, NJ. 08641

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Current Areas of Interest: Catch as Catch Can Wrestling, Freestyle and Greco Roman

Completed Wrestling Research:

- 1.) Actively researching history of wrestling and reintroducing Catch as Catch Can to the public through regular seminars and training events with Coach Billy Robinson (Scientific Wrestling).
- 2.) Actively researching conditioning and nutrition aspects for maximum athletic performance as a certified fitness trainer and consultant w/the International Sports

Science Association (ISSA).

3.) Current member of the United States Air Force Wrestling Team training under Coach Floyd Winter researching age related injuries and maximum athletic performance for older athletes still competing.

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IOANNIS BARBAS PH.D. ASST. PROFESSOR

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Current area of interest: Psychology, Motivation, Tactics

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Member of Hellenic Committee for University Sport

Member of Association of FILA Coaches

FILA Coach, Greco-Roman Category II

FILA instructor conducted an international IOC and FILA 2008 course in Pyongyang-North Korea organised by IOC and FILA 2008.

Regular lecturer

at the FILA Advanced Schools for

Coaches. More than 50 communications and presentations at International Conferences in wrestling.

Completed Wrestling Research:

Mirzaei, B., Rahmani Nia, F., Curby, D., **Barbas, I.**, Lotfi, N. Changes in physiological parameters in cadet wrestlers following a 4-week general preparation phase, Journal of Physical Education of students, Ukraine (In press).

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Barbas I., Sevis G., Karypidis Th., Aggelousis N. (2009) Strategy for traditional wrestling festivals: a case study from Greece. 22, 13-19 *Uzbek State Institute UZB*.

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Develega P., Christoforidis Ch., Vrochidou A., **Barbas I.**, Kambas A (2008) Age and sex related differences in selected grapho-motor abilities and grapho-motor skills of copying figures into frames in preschool age. *Personality, Motivation, Sport*, 13, 242-252 Sofia, BUL

Limnioudis I., Aggeloussis N., Kambas A., **Barbas I.** (2007) The effects of Psychomotor Intervention, focusing on spatiotemporal awareness, on Visual-Motor Control as a Graphomotor aspect in preschool age. *Personality, Motivation, Sport*, 12, 259-269 Sofia, BUL

Sovatzidis A., **Barbas I.**, Vafiadis N., Taxildaris K., Makri E., (2005) Anthropological analyses and biochemical profile of young wrestlers during the preseasoning period. *Sport and Science* 9,222-230 Sofia, BUL

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Barbas I., (2004) Psychological selection and criteria and preparation of athletes in grecoroman wrestling. *Personality, Motivation, Sport*, 6,222-231 Sofia, BUL



Barbas I., Popov N.,(2003) Structure of adjustment for wrestling athletes as a preparation determinant. Personality, Motivation, Sport, 3,88-95 Sofia, BUL

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Popov N., **Barbas I.,** Taxildaris K., Aggeloussis N., Kambas A.(2000) Determining and not determining psychological factors for wrestling and wrestlers . Personality, Motivation, Sport, 5,94-102 Sofia, BUL

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Barbas I., Aggeloussis N.(1997) Evolution of the performance in greco-roman and free style wrestling in the Olympic games and worldwide championships.

Journal for Wrestling 3, 30-38. Athens, GRE



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Current Areas of Interest:

Physical medicine and rehabilitation, sports medicine

Completed Wrestling Research:

Wrestlers with Limb Deficiencies

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Current Areas of Interest: TV broadcasting influence for wrestling

Completed Wrestling Research:

Books:

1) **Barna T.** (1989): *Birkózás*. Egyetemi tankönyv.
Tankönyvkiadó. Budapest.

2) **Barna T.**(2005) *Az eredményes tanulás módszerei*. TF Budapest, (módszertani füzet)

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Foreign :

1) **Barna T.** Főnyedi G. (1980) DIE ABSOLUTE UND RELATIVE MUSKELKRAFT VON 10 - 14 JÄHRIGEN SCHÜLER. Herausgeber : Akademia Wychowwania Fizycznego w Poznaniu . Seria: Monografie Nr 214, 1985

2) **Barna T.** (1991): Comparison study on USA and Hungarian teaching methods in Wrestling. *USA. Wrestling News*. 1991 okt.1. page 72-73.



- 3) **Barna T.** (1996): Takticé typy zápasnikov, In: Úpoly v skolske telesne vychove a sportovej príprave mládeže .Bratislava, *Telesná výchova & sport* (pp. 68-71) 16. 12 . 1995 Univerzita Komenského v Bratislave.
- 4) **Barna T.**, Fodor T. (1998): Úprava kmotnosti v úpolovych Sportoch. *Telesná výchova & sport*. Bratislava, VIII. N. 2-3/1998. 53.56.
- 5) **Barna T.**, Fodor T. (1998) : Could the duration of wrestling matchh be further decreased? *Coaching and Sport Science Jurnal* (Rome) 3.szám (2), 35-38.old
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- 9) **Barna T.**, Bretz K., Fodor T., Rudolj I., Tsuru A., (1999): Experimental testing of Chrome - Molybdenum-alloy bicycle frames. *IEEE Transactions on Vehicular Technology*. Marc.2002. vol.51. Number 2. P.: 348-353
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12) **Barna T.**, (2007) **COULD THE DURATION of MATCH BE FURTHER DECREASED?** LUCHAS DEPORTES DE COMBATE Y JUEOS TRADICINALES Gymnas Editorial Depotiva Garcia de Parades, 12 2810 Madrid ' Edición ISBN.: 84-80

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1) **Barna T.** (1992): Amerikai és magyar birkózók oktatási módszereiről. *Testnevelés- és sporttudomány*, 2. 82-83.

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9) **Barna T.**, Németh E. (1997): Testsúlyszabályozás a küzdősportokban I. rész. *Magyar Budo*, 3. 35.

10) **Barna T.**, Németh E. (1997): Testsúlyszabályozás a küzdősportokban. II. rész (1998) *Magyar Budo*, 1. 35.

11) Fodor T., **Barna T.**, (1998) : Hatnyelvű Birkózószótár. *Kalokagathia* I.1999 (Melléklet 60 p.)

12) **Barna T.**, Fodor T., (1999) Szabályváltozások hatása a birkózásban *Mesteredző* (3) . 15-18.old.

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14) Gutman J., **Barna T.**, Fodor T., (2000) Up-to-date Methods of Bringing Wrestlers into Peak form *Magyar Sporttudományi Szemle* , Budapest 1-2. szám, 26-30.old

15) **Barna T.**, Fodor T., Dezinformációs taktikák a birkózásban *Magyar Sporttudományi Szemle*, Budapest 2001 2.szám, 21-23.old.

16) **Barna T.**, A birkózás stratégiai helyzetének vizsgálata az ezredfordulón *Kalokagathia* XXXIX.évf.2001.1-2. sz. 106-112. Old.

17) **Barna T.** (1994): Birkózás és üzlet. *Kalokagathia*, 1. 166-169.

18) **Barna T.**, A taktikai cél elérése érdekében használható információk és azok feldolgozása a birkózásban *Magyar Sporttudományi Szemle* , Budapest 2003 1. szám, 42-44.old

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20) **Barna T.**, A médiaterror és az olimpiai üzlet együttes hatása birkózásra. *Magyar Sporttudományi Szemle* , Budapest 2005. 3. szám, 12.old

21) **Barna T.**, Fodor T., A birkózás stratégiai elemzése Peking után *Magyar Edző*, Budapest, 2008. 4. szám. 38-39.old.

Others:

- 1) **Barna T.**, Cselekvéshatékonyság vizsgálata küzdősportban (A küzdelemtől a látványos szórakozásig). TF. Budapest. 2003. **Ph.D** értekezés, Könyvtár. "348".
- 2) **Barna T.** (1993): Nemzetközi szabadfogású élversenyzők teljesítményének többszemponútú elemzése. TF. Budapest. 1993. **Doktori értekezés**, Könyvtár.

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- 2) **Barna T.**, A cselekvéshatékonyság és az edzők pedagógia tevékenységének változása a birkózásban a barcelonai olimpia után , Budapest Mozgásbiológiai Konferencia , 2000 szept. 28.
- 3) **Barna T.**, Fodor T. A média szerepe a sportüzletben és a sportszabályok alakításában, Budapest 32. Mozgásbiológiai Konferencia, 2001. November 8-9.
- 4) **Barna T.**, A médiának való megfelelés érdekében bekövetkezett értkváltozások birkózásban, IV. Országos Sporttudományi Kongresszus, Szombathely, 2003. október 17-18.
- 5) **Barna T.**, Az évezredes láng mítosza és a valóság 34. Mozgásbiológiai Konferencia, Budapest, 2004. dec. 2-3.
- 6) **Barna T.**, A birkózásspecifikus állóképesség kialakításának módszerei, NCA Nemzetközi Edzőtovábbképzés, Budapest, 2004 dec. 18
- 7) **Barna T.**, A kondicionális képességek szerepe a katonai teljesítmények alakításában. Magyar Honvédség Fizikai Felkészítők 2005. évi Országos Konferenciája, Göd, 2005. ápril. 18-19.
- 8) **Barna T.**, Tv broadcasting influence for wrestling. "COMPETE THE WORLD" International Congress WITH THE PARTICIPATION OF THE HUNGARIAN SOCIETY OF SPORTS MEDICINE, 30 September-1 Oktober, 2005, Budapest, Hungary
- 9) **Barna T.**, Az iskolai küzdősport szerepe és fontossága
Katolikus Pedagógiai Szervezési és Továbbképzési Intézet 2006. évi Országos Konferenciája, Budapest, 2006. marc. 20.
- 10) **Barna T.** Joint Effort of Médiaterror and Olympic Business on Wrestling
11th annual Congress of the EUROPEAN COLLEGE OF SPORT SCIENCE
Abstract- 11) **Barna T.**, AZ OLIMPIAI TV KÖZVETÍTÉS HATÁSA A BIRKÓZÁSRA KEZDETEKTŐL
NAPJAINKING" Sportoló Nemzet és Egészséges Társadalom Nemzetközi Konferencia
Pécs, 2007. április 4– 5
- 12) **Barna T.** Effects of TV Broadcasting of Olympic Games on Wrestling from the Early Days till Today Abstract ID:1055 12th Annual Congress of the European College of Sport Science 11 - 14 July 2007, Jyväskylä Paviljonki - International Congress and Trade Fair Centre, Jyväskylä
- 13) **Barna T.** „Forming of media imperialism in sports and effect of colonialization on Olympic wrestling” Abstract ID 1798 The ECSS-Congress 13th Annual Congress of the ECSS - Estoril, Portugal 9-12 July 2008

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Relevant Works:

Differences in strength, flexibility and stability in freestyle and Greco-Roman wrestlers

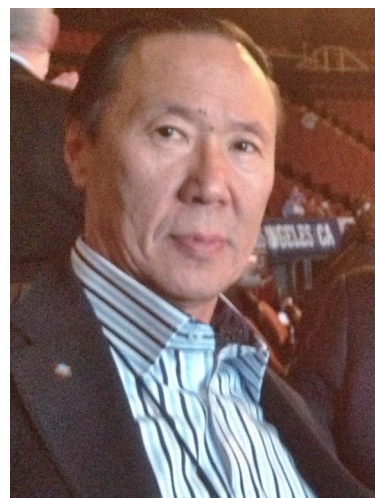
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Publications - Currently, more than 40 publications. Publications included in the list of Web of Science and Scopus - 5.

Areas of Interest - Greco-Roman wrestling, freestyle wrestling, physical training, tactics, structure, technical and tactical training

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1988 year graduated from Physical Institute of Lesgaft in Sankt-Peterburg.Russia. Prof - coach of wrestling, Vice president of Mongolian Wrestling FederationSydnei, Athens, Beijing, London Olympic Games as coach, administrator and team leader.



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Dr. Eric Bean is a mental performance consultant and is currently providing mental skills training to Soldiers (including Special Forces and surgeons) at Joint Base Lewis-McChord in Washington. In his role with the U.S. Army, Eric provides training on the mental and emotional side of performance to guide Soldiers to reach their potential on a consistent basis, especially when the pressure is high. Eric earned a B.A. in Psychology from the University of Southern California, his M.S. in Sport and Exercise Psychology from California State University at Fullerton, and a Ph.D. in Sport and Exercise Psychology from Michigan State University. Eric is a Certified Consultant with the Association for Applied Sport Psychology. Eric was part of a team at MSU that developed a coaching education course designed to enhance the leadership abilities of today's collegiate wrestling coaches. Eric is a published, peer-reviewed author and has written on positive youth development through sport, mental preparation for training and competition, and on leadership development.



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Areas of Interest: Physiology of Wrestling, Women's wrestling

DR. DAVE BENNETT

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Received the Gold-level certification from the National Coaches Education Program

- Coached High School Wrestling 1969 thru 1990 holding positions as Volunteer, Assistant and Head Wrestling Coach at 5 different High Schools, working in all of the different State Divisions.
- As a Head HS Coach, 137-27 record. (Riverview & Richland HS's in WA.)
- As Volunteer, Assistant, Head and Private Coach – Helped Coach over 40 wrestlers to a High School State Title in Washington, Colorado and Ohio.
- 1985 thru 1996 - At Senior Level with Sunkist Kids Wrestling Club working with Bobby Douglas and Joe Seay – Video scouting and technique.
- 1984 to Present – Instructed at summer camps and Coaching Seminars throughout USA, Canada and Europe on a yearly basis.
- 1984 thru 1997 contracted by USA Wrestling for Instructional Video Work and Volunteer Coaching Staff.
- 1984 to present – Prepared scouting and team evaluations for USAW up to and including the 2012 Olympic Games and 2013 Worlds.
- 1989-90-91-93-94-95-97-98-99-2001-02-03-05-06-07-09-11 Senior World Championships Staffs between USA and FILA. Video Scouting and Technical Evaluation
- 1988-92-96-2000-08 Olympic Games on staff with FILA or USAW.
- 1991 – Coach for USA versus Cuba.
- 1993 – Coach for USA versus Russia (2 events April and November).
- 1993 - Honored by USWOA for providing video education on rules.
- 1997 - joined USA Wrestling as full time staff member working with National Teams and Broadcasting.



- 1997 National Wrestling Media Association Broadcaster of the Year.
- 2000 thru 2008 National Developmental Freestyle Coach for USA Wrestling.
- 2000 thru 2008 Assisted Kevin Jackson National Team Freestyle Coach
- 2000 thru 2008 Assisted National Freestyle Resident Coaches – Mike Duroe, Lincoln McClravy, Dan Gable, Sergei Belaglazov and Terry Brands.
- 2000 - Started Future Freestyle Program in association with Big Brother program for Greco Roman Wrestling for USAW at the OTC in Colorado Springs. Bringing top young Cadets and Junior age athletes to the OTC 3 to 4 times a year for training with USAW Staff Coaches. Continued thru 2008
- 2001 - Started a gray shirt year program at the OTC for graduating High School Athletes to . In Effect thru 2008
spend a year at OTC prior to College. Limited to 2 athletes/year.
- 2002 Started Coaches Women's Residency program at OTC Until Terry Steiner was able to come on board as Women's National Coach.
- 2002 - Coached the 2002 Women's World Team in Greece.
- As National Developmental Freestyle coach for USA Wrestling worked with 100's of State Champions and multiple NCAA Champions at the OTC.
- 2003 - Coached the 2003 Senior Men's Freestyle Team to the Pan American Championships Team Title.
- 2003 - Team leader and Coach for the 2003 World University Games. 3-Gold Medals. Team 2nd
- 2004 - Coached the Women's World Cup in Tokyo with Terry Steiner.
- 2004 - Started a Annual Fall coaches Seminars at the OTC bringing in Coaches from member states of USAW to learn from resources and coaches at the OTC. Still being conducted.
- 2004 - Brought Henry Cejudo to the OTC in hopes of changing his environment and him having a chance to have a wrestling future.
- 2004 Developed first version of online coaches teaching tool. Updated annually thru current version at <http://matadvantage.com>
- 2005, 2006 and 2007 recipient of the United States Olympic Committee's Doc Councilmen Award as Coach of the Year for Wrestling.
- 2005 - Took over coaching responsibilities for Junior and University worlds.
- As National Developmental and volunteer FS Coach prepared and coached multiple Junior and University World Teams.
2005 Junior Worlds 2 Bronze Team 9th
2006 Junior Worlds 1 Silver 1 Bronze Team 7th
2007 Junior Worlds 1 Gold Team 5th
2008 Junior Worlds 3 Bronze Team 8th
2009 Junior Worlds 1 Gold, 2 Bronze Team 4th
2006 University Worlds 2 Bronze Team 8th
2008 University Worlds 1 Gold, 1 Silver, 2 Bronze Team 4th
- From 2005 through 2009 his age groups teams have won a total of 6 Gold, 3 Silver and 13 Bronze Medals in World Competition
- 2006 Presented paper on Periodization for competitive cycle at FILA International Coaches Seminar.
- 1997 thru 2008 Coached Senior Teams at International Tournaments World Wide including - the Yarygin International, Trophy Milan, Henri Degane, Canada Cup, Dave Schultz, NYAC, Clansman and Yasar Dago International Tournaments..
- 2008 was Coach of the Year for the United States Olympic Committee receiving the Doc Councilman Award for all sports within the Olympic Group □ Coached the 2009 USOC Wrestling Team of the Year, the Junior World Team.
- Coached the 2011 Junior World Team – 1 Silver Team
- Coached the 2012 University world Team – 2 Bronze
- Some of the Coaches he has worked and coached with in his career include, Dan Gable, Joe Seay, Bobby Douglas, Mike McArthur, LeeRoy Smith, John Smith, Mike Duroe, Bruce Burnett, Greg Strobel, Lou Roselli, Sean Bormet, Lincoln McClravy, Eric Guerrero, Lee Kemp, Mark Manning, Darrell Keller, Jim Humphry, Sergei Belaglazov, Zeke Jones, Terry Steiner, Terry Brands and Kevin Jackson.
- 2012 to Present - Currently on Staff as Volunteer assistant at Boise Sate University.
- 2013 Presented two papers at FILA International Coaching Seminar on Development of the Elite Athlete and Weight Reduction Prior to competition.

Television and Video Accomplishments:

- 1984 thru Present - Produced more than 60 Instructional and Promotional Video's and DVD's for FILA, USAW, College and International Coaches and Athletes.

- 1986 thru 2010 – Produced over 40 Television shows for Broadcast Networks that include ABC, FOX, ESPB, ESPN2, and ESPNU covering events such as U.S. National Open, World Cups, Team Trials and World Championships.
 - 1992 thru Present – Produced over 50 Instructional tapes for FILA and USAW Officials Education, used in clinics around the world.
 - 1988-2008 – Produced TV commercial and promotional spots for USAW and others.
 - 2009 thru Present – Produced Video Biographies of Inductees for both the U.S. National Wrestling Hall of Fame and the FILA Hall of Fame.
 - 2009 - Developed TheWrestlingGreats.com website for distribution and sale of educational and entertaining wrestling video.
- 2015-Named to USA Wrestling Hall of Fame



BENTOUATI ZOUHEIR

Email: bentouati_coach@hotmail.fr

Date of birth : 01-11-1966 in Blida Algeria

Diplôme : Technicien Supérieur de Sports en Wrestling

Profession : Directeur of youth talents in our Federation

Address : Cite Benboulaid Bt C, N°=19 Blida

Social life : Married and father of 4 childrens

Phone number : 00 213 777 35 65 87

STUDIES:

Where I had a diploma of State in 1990 as T.S.S.I was very lucky my first professor was OLZOEV KLIM of Russia. He was a Champion of USSR in 52 Kg in Gréco-romain style. He was my prof and my friend and taught me all about wrestling and to speak Russian.

-2010 I participated in the FILA Advance School for Coaches in Murcia, Spain in Free style.

-2011 at 2012 I had studied for one year in Algeria to have a diploma as Educator Principal of Physique Education.

-2011 I had a diploma of the C.I.O in collaboration with Algeria C.O .A

-Language : I write and speak Arabic-French and English. I speak Russian.

SPORTS

I started wrestling at 15 years old in gréco-romain style

I played until 57 Kg Seniors then I changed style I played 62 Kg in free style until 1993

I had many diplomas in my country in Gréco-Romain and Free style I was a Champion in my country

ALGERIA

PROFESSIONNEL EXPERIENCE

-1990/2000 I worked as Director Technique of my department BLIDA

-And by the same way Coach of school kids and seniors in Free style because I was very interested by this style.

-1991 I worked as National coach of juniors and I had the first place of Championship Maghrebain in Greco-Romain.

-2000/2006 I worked as Senior coach of my Club USMB in Blida in Free style where I had every year a National cup in free style now my club is best in this style. And the National team of free style was composed at 95% from Blida.

2000/2012 I worked as National coach with cadets, juniors and seniors where I had many titles Arabic, African championship

I had participated at many camps with the national team in different countries where I observed that nearly there are many kinds of wrestling schools and every school has its own system of work (physiq-Technique and so)

I had participated at many international tournaments

I had done a camp in Russia in 2004 with the Seniors National team in Kokaz

I had participated at Arabic GAMES in Algeria 2004 as coach

I had participated at African GAMES in Algeria in 2007 as coach

-2013 I work in federation as a Director of Youth Talents in wrestling

I am employed by the ministry of sports

SCIENCE RESEARCH

Preparation of youth wrestlers - through CDs and books, in methodology of training for kids and Seniors. Evolution of science and technology into wrestling.



JENNIFER BHALLA, PhD
jenniferbhalla@pacificu.edu

Dr. Jennifer Bhalla earned a scholarship to Rutgers University and received her Bachelor's Degree in Sport and Exercise Science. Upon graduating, she pursued her passion in Sport Psychology with an emphasis in youth development through physical activity by receiving a MS degree from Smith College, and a PhD from the University of Virginia. Over the past several years, she has collaborated on research studies and papers on positive youth development, cultural and parental influence on sport participation, and issues regarding young athletes. She has presented at the National Wrestling Coaches Association Annual Convention and co-presented research at the Super 8 event in Lausanne, Switzerland. Dr. Bhalla is an Assistant Professor of Exercise Science at Pacific University in Oregon, USA.

CODY BICKLEY
cbickley@usawrestling.org
USA Wrestling-Administrator
Colorado Springs, CO

Areas of Interest: Coach education, high performance training



IVICA BILETIĆ
biletic@net.hr
Croatia

Areas of Interest: youth wrestling
Papers: DIFFERENCES IN FITNESS LEVELS WRESTLERS OF DIFFERENT WEIGHT GROUP AGED 11 AND 12 YEARS
University of Zagreb

Andy BISEK
Email: abisek@nmu.edu
Associate Head Coach Northern Michigan Olympic Training Site
2x World Bronze Medalist GR



BAGIR J. BOGDANOV

Norway

Greco-Roman wrestling National Coach (Cadets)

Norwegian Wrestling Federation

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www.bryting.org



MARC P. BONIS, Ph.D.

Assistant Professor

Email: mbonis@uno.edu

Institution: University of New Orleans

Mailing Address: 2000 Lakeshore Dr., ELCF Dept ED348K, N.O., LA 70148

Country: USA

Current Areas of Interest: Bone growth and development of adolescent athletes

Completed Wrestling Research: Bonis, M. & Loftin, M., Seasonal Bone Density and Body Composition Changes in Elite, High School Wrestlers, International Journal of Wrestling Science, 2011 1(1), 42-47.

M. ONER BOSTANCI

Turkey

mobostanci@hitit.edu.tr

Carmen BOTT

Vancouver, BC, Canada

Email: carmenbott@gmail.com

Master's of Science from University of British Columbia.

Kinesiology instructor at Simon Fraser University, and assist with their Women's Wrestling Team. I also worked with Canada Wrestling developing Danielle Lappage (Olympian - 2016) and Justina Di Stasio (Bronze at 2017 Worlds). I am also training 2018 USA World Team member Mallory Velte.

Areas of Interest: Most current work is the development of methods to improve speed endurance in grapplers. Train male wrestlers and UFC athletes, but my most successful ones so far are the females.



Fabricio BOSCOLO DEL VECCHIO

fabricio_boscolo@uol.com.br

Institution: Federal University of Pelotas

Address: Rua Luiz de Camões, 625. Pelotas, Rio Grande do Sul, Brasil. CEP: 96055-630.

Position: Adjunct Professor



Areas of interest: Martial arts and Combat sports; Exercise physiology, Sports training.

Publications: More details at <http://lattes.cnpq.br/4479595583234972>

Holds a BA (2001) and BSc (2004) in Physical Education from the State University of Campinas, MSc (2005) and Ph.D. (2008) in Sports Science from the same institution. Currently a senior researcher at the Group on Public Health, Epidemiology and Physical Activity - ETF / UNICAMP, deputy leader of the Group of Studies and Research in Fights, Martial Arts and Combat Modes - EEFE / USP, belongs to GEEAF (Study Group Epidemiology of Physical Activity, esef-UFPe), a member of the National Strength and Conditioning Association and the scientific committee of GTT12 - Sports Coaching, the Brazilian College of Sport Science. He has experience in Physical Education, with an emphasis on Modalities Combative Sports Coaching and Physical Activity and Public Health. Author of scientific papers published national and internationally, book chapters and complete book (Physical Training for Athletes Judo), was also trainer of fighters Judo, Brazilian Jiu-Jitsu and Taekwondo. He is currently Associate Professor, School of Physical Education, Federal University of Pelotas.

KYLA BREMNER MD

(Bachelor of Medicine and Bachelor of Surgery (Hons), also BSc (Hons)

Biochemistry, and BA (Hons) English Literature and Gender Studies)

Email: kylabremner@gmail.com

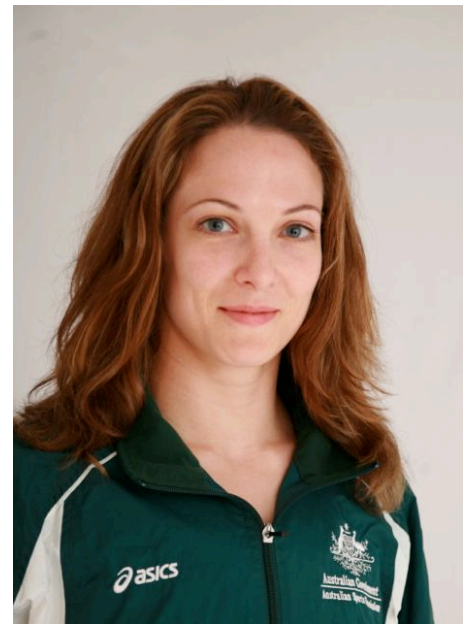
Mailing Address: 5/9 Bona Vista Ave, Maroubra, NSW 2035 Australia

Country: Australia

Current Areas of Interest: all areas of wrestling

Completed Wrestling Research: published paper on Gender, Sexuality and Sport in Canadian Women's Studies Journal special edition on women and sport.

Produced an information sheet while working for NSW Health AIDS/Infectious Diseases Branch on Wrestling and Infectious Disease Prevention (unpublished but evidence based).



STEVEN BROMAN, MD

familydoc.steve@gmail.com

Fort Collin, Colorado, USA

Has served as USA Wrestling Team Doctor on several international tours.

ALEX BROWN-THERIAULT

175 Bronson, Ottawa, Ontario K1R 6H2

Phone: (613) 807-1648

E-mail: abrowntheriault@gmail.com

Education:

Masters of Science in Kinesiology 2014 - 2017

University of New Brunswick, Fredericton, NB

Bachelor of Science in Kinesiology 2005 - 2009

Brock University, St. Catharines, ON

Athletic Involvement:

National Team Athlete 2005 - Present

Canadian Amateur Wrestling Association, Ottawa, ON

- Placed 1st at the Olympic Wrestling Trials in 2015
- Pan American Games team member in 2015
- Represented Canada at the 2008 University World Championships
- 2007 Commonwealth Champion

Work Experience:**Registered Kinesiologist** 2017 - Present

The Ottawa Hospital, Weight Management Clinic, Ottawa, ON

- Deliver group presentations and workshops about exercise prescription, behaviour change and stress management
- Consult with healthcare providers to improve the quality of client services
- Meet with clients one-on-one to adapt exercise prescriptions to meet their individual needs

Teaching Assistant 2014 - 2016

University of New Brunswick, Fredericton, NB

**Jason Bryant**

Founder, Mat Talk Online

Mat Talk Podcast Network

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jason@bryantwrestling.com | jason@mattalkonline.com

Twitter: @jasonmbryant @mattalkonline

Cell: 612-812-5983

President, National Wrestling Media Association

National Wrestling Hall of Fame Inductee, Virginia Chapter

11-Time Wrestling Journalism & Broadcasting Award Winner

Announcer for 2018 World Championships in Budapest

Publications

- USA Wrestling Cadet & Junior Nationals Almanac
- NCAA Division I Championships Fan Guide
- NCAA Division III Championship Fan Guide

Previously: Amateur Wrestling News, USA Wrestler

Areas of Interest: Historical records, statistics, database archival

Wrestled for a short time in high school, been a media professional in broadcasting, journalism and announcing for 25 years. 11-time wrestling award winner. 2017 Inductee into the National Wrestling Hall of Fame (Virginia Chapter) for Lifetime Service to Wrestling. Public Address announcer for 2015, 2017-18 Wrestling World Championships, NCAA Division I Championships, NCAA Division III Championships, NAIA Championships, Midlands Championships, 2016 Rio Olympics. Covered 38 National College Championships, 15 World/Olympic Team Trials in both the U.S. and Canada, 16 World and Olympic Championships (Cadet, Junior, Senior) and 20 USA Wrestling Cadet & Junior Nationals with scores of other college and HS tournaments as well.

DR. GEORGY BRYUSOV

bryusov@fila-wrestling.com

2013 -Advisor to Russian Minister of Sports

2013 - Doctor of Education

1995 - Vice-President, European Committee of Wrestling Styles, CELA

2008 - present - First Vice-President, Wrestling Federation of Russia

2013 - Maker of Russian National Wrestling Program "FIGHT AND WIN!"

2013 - Author of Wrestling 20/2013 Program

1994 - present - Organizer of World CUPs, European Nations CUPs

2005 - Assistant to Mr. Alexander Karelin, State Duma Deputy, Russia

2004 - Medal of Order "For Merits before Fatherland"

Education - Higher: - The Russian State Medical University (1997) - Moscow

State Law Academy (2002) - The Russian Academy of Public Administration

under the President of the Russian Federation (2006), Honored coach of Russia

(2004). He currently holds the following positions: - 1st Vice-President, Secretary

of the Russian Wrestling Federation - Vice-President of the European Committee of Wrestling (CELA); - Deputy Chairman of the Board of Trustees of the Foundation supporting sports Ivan Yarygin - Chief Editor of "Champion



Club" - Assistant Deputy of the State Duma Alexander Karelin - President of the Foundation supporting sports "New Perspective".



MATTHEW M BRZYCKI
brzycki@princeton.edu

Matt Brzycki, BS, has more than 30 years of experience at the collegiate level as a coach, instructor and administrator. This includes work as a Health Fitness Supervisor at Princeton University. Has written 15 books on strength and conditioning, including **Wrestling Strength: Prepare to Win** (2002) and **Wrestling Strength: Dare to Excel** (2004).

MARIA BULATOVA

dr.bulatova@gmail.com

President, Olympic Academy of Ukraine
Director, International Olympic Studies and Education Centre
IOC Commission on Culture and Olympic Heritage, Member



JONATHAN BUTTERFIELD

Title: Student / Coach

Email: jonathan.j.butterfield1@gmail.com

Institution/Organization: Morehead State University /
Ashland Area Wrestling Club

Mailing Address: 99 Pleasant Valley Avenue
United States

Current Areas of Interest: Sports Psychology

Jeff BUXTON

jeff.p.buxton@gmail.com

USA Coach

MICHEL CALMET

Email and Contact Information: michel.calmet@univ-montp1.fr

Institution / Organization:

Faculté des Sciences du Sport

700 av du Pic Saint Loup

34000 Montpellier, France

<http://www.apc-scolaire.fr/spip.php?rubrique2>

Reviewer for the International Journal of Wrestling Science

Labo de recherche: <http://www.santesih.com/>

Cours en ligne Analyse vidéo :



<http://www.atlas.univ-montp1.fr/courses/CALMET08277114722/>

Site perso : <http://www.apc-scolaire.fr>

Sports de Combat et Arts Martiaux: <http://www.jorrescam.fr>

Pour les enfants : <http://charadesenligne.fr>

Country: France

Current area of interest: Judo, Pedagogy, analysis of video sequences

Completed research:

Calmet M. Developing ecological research in judo. *Percept Mot Skills* 105 (2):646-648, 2007.

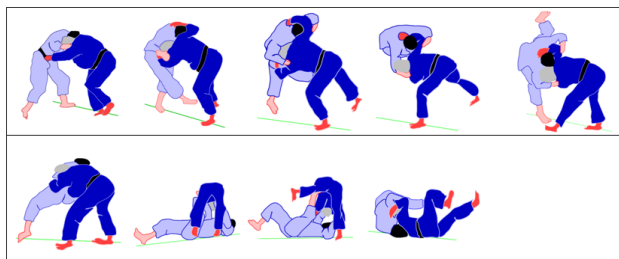
M. Calmet, N. Trezel, and S. Ahmaidi. Survey of system of attacks by judokas in regional and interregional matches. *Percept Mot Skills* 103:835-840, 2006.

Université de Montpellier 1

Faculté des Sciences du Sport

Laboratory : Epsilon

Montpellier, FRANCE



My combative sport interest area:

- Teaching and pedagogy in combat sports, specially cooperation and opposition
- Uses of ICT to analyze and observe combat players
- Adapted physical activities and combat sports

Zhichao CAO, PHD candidate

Shanghai University of Sport

Physical Education And Sports Training

Freestyle Wrestler

Shanghai-China

Czc_wayne@sina.com

Experience:

1. 2004-2008 Shanghai University of Sport bachelor degree

Sport training

2. 2008-2010 Shanghai University of Sport master degree

Physical education & training

3. since 2014 Shanghai University of Sport PHD student

Physical education & training

Research interests:

I want to make some research on rolling bridge of wrestling. I need to test a wrestler's power when he is using "rolling bridge". I think this kind of power is a resultant of forces and it is also a torque force.



EDU CARBALLEIRA

PhD in Sport Science

Master in Sport Science COE (Spanish Olympic Committee)

Sport Director and Head Coach in Judo Club UDC

Performance Coach in Galician Judo Federation

Lecturer in Master of Training and Disease in University of A Coruña and University of Ramón LLull (Barcelona)

Email:

ecarballeira@udc.es

educarballeira@gmail.com

Institution/Organization: Federación Gallega de Judo, Judo Club UDC, Universidade de A Coruña

Mailing Address: Novoa Santos 42, 6ªA, 15006, A Coruña (Galicia)

Country: Spain

Research Interest:

- Methodology in strength and conditioning (training, testing, load monitoring)
- Physiology and neuromuscular performance in combat sports
- Blood flow restriction training

- Motor control and learning in sports
- Recovery methods
- Physiological responses in extreme situations (heat, dehydration,...)
- Weight loss and weight control in weight category sports

Publications

https://www.researchgate.net/profile/Edu_Carballeira/contributions

Completed Wrestling Research:

Carballeira, E; Iglesias, E & Dopico, X (2008). "Analysis of acute effects of judo fight through the study of the association between metabolic and mechanical parameters". Fitness and Performance Journal. 7 (4):229-38.

Carballeira, E & Iglesias, E (2007). "Efectos agudos del enfrentamiento en judo: análisis multiparamétrico". Motricidad, European Journal of Human Movement. 19: 117-144.

Iglesias, E; Boullosa, D; Dopico, X & Carballeira, E. (2010). "Analysis of factors that influence the maximum number of repetitions in two upper-body resistance exercises: curl biceps and bench press". Journal of Strength and Conditioning Research 24 (6): 1566-1572



CRISTINA CASALS

casalsvazquez@gmail.com

Spain

IVAN CASTRO

Lic. University of Sports and Physical Education. A Coruña University

Email: ivanloita@yahoo.es

Organization: Galician Wrestling Federation

Mailing Address: Basanta Silva 12. 27800 Vilalba (Lugo)

Country: Spain

Current Areas of Interest:

Test and Wrestling performance/ Pedagogical youth wrestling

Completed Wrestling Research:

Colaborate in Studies of Heart Rate Evolution in Wrestling Match



Silvio Antonio Gonzalez CATALA

Email: silviogc047@gmail.com

Universidad de Guayaquil (UG)

Guayaquil, Ecuador

Department

Facultad de Cultura Física, Deportes y Recreación

Publications: Preparación física y deportiva

2015, Publisher: Editorial de la Universidad de las Fuerzas Armadas ESPE



ROSARIO CATALDO

Email: rosariocataldo@hotmail.it

mobile: 3281431869.

Country: Italy

EDUCATION

Istituto tecnico industriale statale Alessandro Volta, Palermo, Italy

University of Palermo, Palermo, Italy 2008-2011

Degree in physical activity and motor

Thesis: "Il controllo del peso corporeo negli sport da combattimento"
(The control of body weight in combat sports)

EXPERIENCE

C.U.S. PALERMO – Palermo, Italy

LUÍS CATITA, PHD

Professor at Instituto Politécnico de Setúbal, Instructor at International Federation of Associated Wrestling Styles and Vice President at Federação Portuguesa de Lutas Amadoras

Country: Portugal

Areas of Interest: Psychology of Youth Wrestling Participation

Vice-President (PhD Sport Science)

Email luis.catita@fplutasamadoras.pt

Mailing Address

FEDERAÇÃO PORTUGUESA DE LUTAS AMADORAS, Rua da Lapa, 14 - 2º, 1700 - 702 Lisboa

Completed Wrestling Research:

Catita, L. & Rodrigues, J. (2001). Psychological Interventions Influences on Behavioural Changes of Young Athletes Coaches, in A. Papaioannou, M. Goudas, Y. Theodorakis (Eds.). 10th World Congress of Sport Psychology Proceedings, vol. 2, pp. 213 - 214, Skiathos, Greece.

v Catita, L. & Rodrigues, J. (2002). The Influence of Coach's Behaviour in The Perception of Young Athletes in Judo, in M. Koskolou, N. Geladas, V. Klissouras (Eds.). 7th Annual Congress of the European College of Sport Sciences Proceedings, vol. 2, pp. 1025, Athens, Greece.

v Catita, L. & Rodrigues, J. (2003). The Psychological Intervention as an Effective Instrument for a Different Behaviour of Coaches, in Reinhard Stelter (Eds.). XI European Congress of Sport Psychology Proceedings, pp.40, Copenhagen, Denmark.

Catita, L.; Atienza, L.; Corte-Real, N. Castillo, I. ; Corredeira, R.; Balaguer, I. & Fonseca, A. (2004). Análisis de la Invarianza del Task and Ego Orientation in Sport Questionnaire (TEOSQ) entre Adolescentes Espanoles y Portugueses, in Congresso Hispano – Português de Psicologia, Lisboa.

v Catita, L.; Brustad, R. & Fonseca, A. (2008). What Reasons Youth Indicate To Dropout Sport? 13th Annual Congress of the European College of Sport Science, Estoril, Portugal.

v Catita, L.; Brustad, R. & Fonseca, A. (2008). Why Do Young People Think of Dropping Out From Organized Sport? 13th Annual Congress of the European College of Sport Science, Estoril, Portugal.

Sarmiento, H., Marques, A., Martins, J., Catita, L., & Fonseca, A. (2012). Motivation in soccer – A comparison between professionals, semi-professionals and amateur players. *Medicine & Science in Sports & Exercise*, 44 (5), S461.



HELMI CHAABENE

Professional Affiliation: Scientific expert at the national center of medicine and science in sports Tunis Tunisia

Assistant professor Invited Researcher in Potsdam University Germany. University of Potsdam, Faculty of Human Sciences, Research Focus Cognition Sciences

Email: chaabanehelmi@hotmail.fr

Areas of Interest: Martial arts physiology; fitness assessment; fitness training

Brief biography: Helmi Chaabene has a doctorate in exercise physiology and master degree in fitness conditioning. He works currently as a scientific expert at the national center of medicine and science in sports Tunis Tunisia in charge of fitness training program monitoring of elite level athletes in various discipline, laboratory and field evaluation of elite level athletes, and conducting research in the field of sport science (i.e., training and performance optimization). His area of research includes martial arts physiology, validation of fitness assessment protocol; strength and/or balance training in youth athletes. Academic accomplishment includes more than 30 publications in the most leading sport science journal. He is an expert reviewer in more than ten sport science journals.

Publications:

1. Chaabène H, Hachana Y, Franchini E, Mkaouer B, and Chamari K. Physical and physiological profile of elite karate athletes. *Sports Medicine*. 2012; 42 (10): 829-843.
2. Chaabène H, Hachana Y, Attia A, Mkaouer B, Chaabouni S, Chamari K. Relative and absolute reliability of karate specific aerobic test (KSAT) in experienced male athletes. *Biology of Sport* 2012; 29: 211-215
3. Chaabène H, Hachana Y, Franchini E, Mkaouer B, Montassar M, Chamari K. Reliability and construct validity of the karate specific aerobic test (KSAT). *Journal of Strength and Conditioning Research*. 2012; 26(12):3454-60
4. Chaabène H, Franchini E, Miarka B, Selmi MA, Mkaouer B, and Chamari K. Time-motion analysis, physiological and rate of perceived exertion responses to karate official combats: is there a difference between winners and defeated karatekas? *International Journal of Sports Physiology and Performance*. 2014 Mar;9(2):302-8.
5. Chaabène H, Mkaouer B, Franchini E, Souissi N, Selmi MA, Nagra N, Chamari K. Physiological Responses and Performance Analysis Difference Between Official and Simulated Karate Combat Conditions. *Asian Journal of Sports Medicine*, 2014; 5(1): 21-29.
6. Chaabène H, Hachana Y, Franchini E, Tabben M, Mkaouer B, Negra Y, Hammami M, Chamari K. Criterion related validity of karate specific aerobic test (KSAT). *Asian Journal of Sports Medicine*. 2015 September; 6(3): e23807.
7. Chaabène H, Tabben M, Mkaouer B, Franchini E, Negra Y, Hammami M, Amara S, Chaabène RB, and Hachana Y. Amateur Boxing: Physical and physiological attributes. *Sports Medicine*. Vol 45 (3), pp 337-352. 2015
8. Chaabène H, Franchini E, Sterkowicz S, Tabben M, Hachana Y, and Chamari K. The physiology of karate specific activities; *Science&Sport*. 2015: 30, 179-187.
9. Chaabène H, Hellara I, Ben Ghali F5, Franchini E, Neffati F, Tabben M, Najjar MF, and Hachana Y. Physiological stress and performance analysis to karate combat. *Journal of Sport Medicine and Physical Fitness*. 2016: 56(10), 1125-31.
10. Hachana Y, Attia A, Chaabène H, Gallas S, Haj Sassi R et Dotan R. Test-retest reliability and circadian performance variability of a 15-s Wingate Anaerobic Test. *Biological Rhythm Research*. 2012; 43 (4): 413-421.
11. Hachana Y, Chaabène H, Mohamed Ali N, Attia A, Moualhi J, Farhat N et Elloumi M. Test retest reliability, criterion related validity, and minimal detectable change of the Illinois agility test in male team sport athletes. *Journal of Strength and Conditioning Research*. 2013 Oct;27(10):2752-9.
12. Mkaouer B, Jemni M, Amara S, Chaabène H, Tabka Z. Kinetic and kinematic analysis of counter movement jump versus two different types of standing back somersault. *Science of Gymnastic Journal*. 4(3): 61-71.
13. Mkaouer B, Jemni M, Amara S, Chaabène H, Tabka Z. Kinematic and kinetic analysis of two gymnastics acrobatic series to performing the backward stretched somersault. *Journal of human kinetics*. 2013 Jul 5;37:17-26.
14. Vando S, Filingeri D, Maurino L, Chaabène H, Bianco A, Salernitano G, Foti C, Padulo J. Postural Adaptations in Preadolescent Karate Athletes Due to a One Week Karate Training Camp. *Journal of Human Kinetics* 2013, (38) 45-52
15. Tabben M, Sioud R, Haddad M, Franchini E, Chaouachi A, Coquart J, Chaabane H, Chamari K, Tourny-Chollet C. Physiological and Perceived Exertion Responses during International karate kumite Competition. *Asian Journal of Sports Medicine*. Accepted: Aug 2, 2013.
16. Tabben M, Tourny-Chollet C, Haddad M, Chaabane H, Chamari K, Coquart J. Validity and reliability of the session-RPE method for quantifying training load in karate athletes. *Journal of sports medicine and physical fitness*. 2015 Apr 24. [Epub ahead of print]
17. Bridge C, da Silva Santos JF, Chaabène H, Pieter W, Franchini E. Physical and physiological profiles of taekwondo athletes. *Sports Medicine*. 2014. 44: 713-733.
18. Tabben M, Chaabène H, Franchini E, Tourny C. Chamari K, Coquart J. The influence of karate practice level and sex on physiological and perceptual responses in three modern karate training modalities. *Biology of Sport*. 2014 Aug; 31(3):201-7. doi: 10.5604/20831862.1111438. Epub 2014 Jul 15.
19. Franchini E, Tabben M, Chaabène H. Physiological responses during taekwondo training and competition. *International Sports Medicine Journal*. Vol.15 No.4, December 2014, pp.500-515. Available at URL: <http://www.ismj.com>.
20. Padulo J, Chaabène H, Tabben M, Haddad M, Gevat C, Vando S, Maurino L, Chaouachi A, Chamari K. The Construct Validity of Session RPE During an Intensive Camp in Young Male Karate Athletes. *Muscle Ligament and Tendon*. 2014 Jul 14;4(2):121-6. eCollection 2014.
21. Padulo J, Chamari K, Chaabene H, Ruscello B, Maurino I, Faina M, Silos IP, Migliaccio GM. The effect of one week training camp on motor skills in karate kids. *Journal of Sports Medicine and Physical Fitness*. 2014 Dec;54(6):715-24. Epub 2014 Oct 7.
22. Mkaouer B, Jemni M, Amara S, Chaabène H, Padulo J, Tabka Z. Effect of Three Technical Arms Swings on The Elevation of the Center of Mass During a Standing Back Somersault. *Journal of Human Kinetics*. 2014 ; 40, 37-48.
23. Hachana Y, Chaabene H, Ben Rajeb G, Khelifa R, Aouadi R, Chamari K, Gabbett TJ. Validity and Reliability of New Agility Test among Elite and Subelite under 14-

Soccer Players. *Plos One*. 2014 Apr 21;9(4). 24. Tabben M, Coquart J, Chaabène H, Franchini E, Chamari K, Tourny C. Validity and Reliability of New Field Aerobic Karate Specific Test (KST) for Karatekas. *International Journal of Sports Physiology and Performance*. 2014 Nov;9(6):953-8. doi: 10.1123/ijsp.2013-0465. Epub 2014 Mar 11. 25. Attia A, Hachana Y, Chaabène H, Gaddour, A, Neji Z, Sheppard R, Chelly MS. Reliability and validity of a 20-s alternative to the Wingate anaerobic test in team sport male athletes. *PlosOne*, 2014 Dec 4;9(12):e114444. doi: 10.1371/journal.pone.0114444. eCollection 2014

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Editorial Chaabene H. Strength Training in Youth: No Doubt, It's Beneficial. *Austin Sports Medicine*. Published: August 17, 2016. Jlalila Z, Chaabene H. Vitamin D: The Unknown Roles. *J Orthop Oncol* 2017, 3:1 DOI:

10.4172/2472016X.1000e102 Chaabene H. Change of Direction Tasks: Does the Eccentric Muscle Contraction Really Matter? Scientific Pages Sports Med 2017, 1(1):1-2.

Books and book chapters

Book 1: Karate kumite: how to optimize performance, OMICS Group e-Book, Edt: OMICS Group incorporation. Edited by: Chaabene H. Published Dec 2015. <http://www.esciencecentral.org/ebooks/karate-kumite-how-to-optimize-performance/>

- Chaabene H, Franchini E. Introduction. In. Karate kumite: how to optimize performance, OMICS Group e-Book, Edt: OMICS Group incorporation. Edited by: Chaabene H. Published Dec 2015.
- Chaabene H, Negra Y. Physical and physiological assessment. In. Karate kumite: how to optimize performance, OMICS Group e-Book, Edt: OMICS Group incorporation. Edited by: Chaabene H. Published Dec 2015.
- Franchini E, Ouergui I, and Chaabene H. Physiological characteristics of karate athletes and karate specific tasks. In. Karate kumite: how to optimize performance, OMICS Group e-Book, Edt: OMICS Group incorporation. Edited by: Chaabene H. Published Dec 2015.
- Houcine N, Ouergui I, and Chaabene H. Training load monitoring. In. Karate kumite: how to optimize performance, OMICS Group e-Book, Edt: OMICS Group incorporation. Edited by: Chaabene H. Published Dec 2015.
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Book 2: The key physical and physiological attributes of competitive wrestling. LAP LAMBERT Academic Publishing <https://www.lap-publishing.com/>. Edited by Helmi Chaabene. 28-03-2017 (<https://www.morebooks.de/store/gb/book/1/isbn/978-3-330-06402-7>). <https://www.amazon.com/Physical-Physiological-Attributes-Competitive-Wrestling/dp/3330064021>

- Chaabene H. Introduction. In. The key physical and physiological attributes of competitive wrestling. LAP LAMBERT Academic Publishing <https://www.lap-publishing.com/>. Edited by Helmi Chaabene. 28-03-2017.
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- Franchini E, Julio UF, Chaabene H. Physiological and performance responses to wrestling-specific match simulation and official competition settings. In. The key physical and physiological attributes of competitive wrestling. LAP LAMBERT Academic Publishing <https://www.lap-publishing.com/>. Edited by Helmi Chaabene. 28-03-2017.
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MSc in Physical Education

Athletic

Iran National athlete for 12 years in Cadet, Junior and Senior

Bronze medal; World Army Championship 1993/ Iran

Silver medal; World student(University) 1995/ Iran

8 Medals from Takhti Cup(International Tournament) 4 Gold, 2 silver and 2 bronze

Gold medal; Padobeni International Tournament, 1990/ Russia

Gold medal; Vahbi Emra International Tournament, 1991/ Turkey

Gold medal; Basel Assad International Tournament, 1994/ Surya

Silver medal; Vanta International Tournament 1994/ Finland

Tenth place; World Championship 1991

Sixth place; Olympic 1992/ Barcelona

Gold medal; Asian Championship 1986/ India

Gold medal; Asian Championship 1991/ Iran

Gold medal; Asian Championship 1992/ Iran



Silver medal; Asian Championship 1989/ Japan
Bronze medal; Asian Championship 1993/ Japan

Coaching and Administrative

- Junior GR-Wrestling head coach of Iran, 1999-2003 and 2012
- Senior GR-Wrestling coach of Iran, 2001, 2004(Olympic) and 1999
- **The Best** Greco-Roman coach by FILA in 2012.
- 1997-1999 Chairman of Saghez Physical Training organization
- 1999-2000 Assistant of sports department of Kurdistan Province Physical Training organization.
- 2007-2008 Chairman of Kurdistan Physical Training organization.
- 2008-2010 Deputy of Provincial Coordination Bureau of sports ministry and the youth.
- Wrestling federation instructor since 1999.
- Olympic National Committee instructor from 2001 to 2010.
- Physical Training instructor of universities.
- Having a certificate of 1000 Hours of attendance at Physical Training classes.
- **Scientific Paper** "Relationship between goal orientation, perceived motivational Climate and sources of confidence among elite and normal wrestlers", European Journal of Experimental Biology,EJEB-2012
- 2012 **Adviser** minister sports ministry and the youth.

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Current Areas of Interest: Sport nutrition, exercise physiology
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Completed Wrestling Research:

Effects of carbohydrate, branched-chain amino acids, and arginine in recovery period on the subsequent performance in wrestlers, Tsong-Rong Jang, Ching-Lin Wu, Chai-Ming Chang, Wei Hung, Shih-Hua Fang and Chen-Kang Chang, Jang et al. Journal of the International Society of Sports Nutrition 2011, 8:21

<http://www.jissn.com/content/8/1/21>





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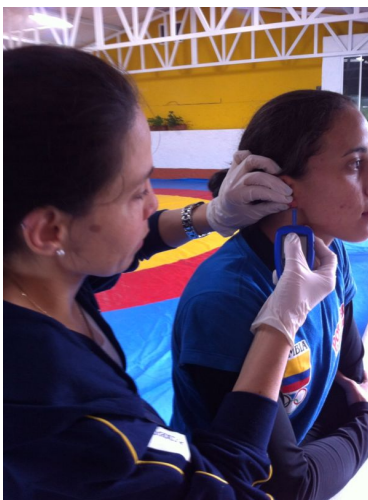
Mailing Address
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Country: Brasil

Current Areas of Interest: Estilo Livre Masculino e Feminino

Completed Wrestling Research:
Aluno do projeto de desenvolvimento da luta olímpica (SOI) no Brasil

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Algerian Wrestling Federation
Algeria-National Director of Technique
General Secretary of African Council
President-Fédération Algérienne des Lutttes Associées
ALG@united-world-wrestling.org



CATALINA CHICA GARCÍA, MD
catalinachicamd@gmail.com
Doctor Catalina Chica is a Colombian Sports physician. She earned her medical degree for the National University of Colombia and has been a licensed medical doctor since 1997. Dr. Chica further specialized in Sports Medicine and has been working as a sports physician since 2003. At the moment she assists high performance athletes for the Colombian Olympic Committee and the National Sports Institute, COLDEPORTES, specifically athletes from combat sports, for whom she does follow up and biomedical control as well as assistance and accompaniment to national and international competitions.



Dr. Chica has been working with the Colombian Wrestling Federation since 2008, following up on the athletes' health and performance needs as well as accompanying the national team to various competitions including World Championships and Olympic classifying events.

Investigation Interest:

Biochemical control parameters in Wrestlers
Recuperating Methods
Physiological responses in extreme situations
Weight loss and weight control in weight category sports

Publications

- Impact of a Basic Combat Course on Biochemical Parameters in Colombian Military Students, *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*, Volume 38:5 Supplement
- Evolución de las Raciones de Campaña y Gasto Energético de la Operación Militar, *ACTA COLOMBIANA DE MEDICINA DEL DEPORTE*, 12; 11; 1, Julio 2005, pp. 11 - 16
- Índices de Severidad (Classifications of Severity), *CUIDADO INTENSIVO Y TRAUMA (INTENSIVE CARE AND TRAUMA)*. Editorial Distribuna 2001
- Research Interests
- Elite Sport Bioquimical Monitoring Elite Sport Physiology and Metabolism. Elite and Amateur Performance Sports Nutrition
- Participant, FILA Scientific Symposium, Helping to Create a System of Wrestling Promotion for the Masses, Budapest, Hungary, September 17-19, 2013
- Participant, National Guidelines in Sports Sciences, VO2 Protocol Round Table, *COLDEPORTES*, September 2-4, 2013
- Specialization Course, Pharmacology and Supplementation in Sport, Instituto de Formación Continua, Universitat de Barcelona, March – July 2010
- Academic Coordinator, International Physical Activity Congress, IDRD Bogotá, Colombia, October 3rd to 5th, 2007
- Academic Coordinator International Team Physician Course, Bogotá, Colombia, 2007, ACSM-IDRD, November 29, 2007 – October 1, 2007
- Academic Coordinator National, Center for Biomedical Studies in High-Altitude (Centro de Estudios Biomédicos en Altura), Bogotá, Colombia, 2006
- Exhibited a poster in the 53° American College of Sports Medicine Annual Meeting, Denver, Colorado, May 31-June 3, 2006
- Speaker at the XIX Annual Congress on Advances in Metabolism and Nutritional Support, Colombian Clinical Nutrition Association, Bogotá, April 2005

Languages Spanish, English, German



Nataliia CHERNENKO

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Cherkasy National University named after Bohdan Khmelnytsky
Department of Anatomy, Physiology and Physical Rehabilitation
Phd (biological sciences)

Deputy Director of the Educational-Scientific Institute
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A scientist at the Research Institute of Physiology named after Mikhail Bosey.
Member of Physiological Society and Ukrainian Biophysical Society.

She has two higher education: the first education on the specialty "Biology and Chemistry", the second - in the specialty "English language and literature."

Member of Editorial Board and executive secretary of the scientific journal
«Cherkassy university bulletin: biological sciences series» **ISSN (Print):** 2076-5835 (<http://bio-ejournal.cdu.edu.ua/index>)

Nataliia has been working at Cherkasy National University since 2000.

June 12, 2013 – she defended the dissertation on specialty 03.00.13 - physiology of human and animals at the meeting of the specialized academic council D 26.001.38 of the Kyiv National Taras Shevchenko University.

Nataliia has 70 printed works, https://scholar.google.com.ua/citations?user=7_QFE_oAAAAJ&hl=uk

Basic disciplines: Anatomy, Psychophysiology, Psychophysiology of sports, Age physiology, Valeology, Physiology.



KENTARO CHINO, Ph.D.

Japan

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Areas of wrestling interest: Exercise physiology and Biomechanics of Wrestling

Completed research: Chino K, Saito Y, Matsumoto S, Yanagawa Y, Ikeda T, Kukidome T, Fukashiro S, Sato M. (2014) A 300-m intermittent running test to evaluate whole body endurance in wrestlers. International Journal of Wrestling Science 4, 2, 25, 34, 15 Oct. 2014

Supports Japanese national team as a researcher of the Japan Institute of Sports Sciences until 2009.

CHO, Sungsik
Republic of Korea

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Professional Affiliation: International Centre of Martial Arts for Youth Development and Engagement under the auspices of UNESCO (UNESCO ICM)

Areas of Interest: sports diplomacy, sport and media, youth development through sport & physical activities, sporting events

Mr. Sungsik CHO is a Senior Programme Specialist from the International Centre of Martial Arts for Youth Development and Engagement under the auspices of UNESCO (UNESCO ICM). Before joining UNESCO ICM, Mr. CHO was involved with a number of sport mega-events including Pyeongchang Winter Olympics 2018, Ashgabat Asian Indoor & Martial Arts Games 2017 and Incheon Asian Games 2014. His main areas of interest include sports diplomacy, sport and media, youth development through sport & physical activities and sporting events.



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WRESTLING AS A SUPERIOR ATHLETIC EVENT OF THE ANCIENT OLYMPIC GAMES, Komotini, May 2009



CHRISTOFORIDIS CHRISTOS
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Institution/Organization: Democritus University of Thrace
Country: Greece
Current Areas of Interest: biomechanics
Completed Wrestling Research: 3 publications, 5 congress announcements

STILIANI "ANI" CHRONI, Ph.D., CC-AASP
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Stiliani Chroni, is Professor of Sport Psychology, Pedagogy & Coaching and possess extended, versatile, high-level international work experience in academia, in consulting as well as in sport and action-based organizations.

She is currently the President of WomenSport International, a non-governmental, non-profit, action and issue based organization with a special consultative status for the UN. Before that she served as the WSI Secretary for a 3 year term and on its Advisory Board for 2 terms. Through her education, work, and life experiences she has developed a strong multi-cultural know-how.

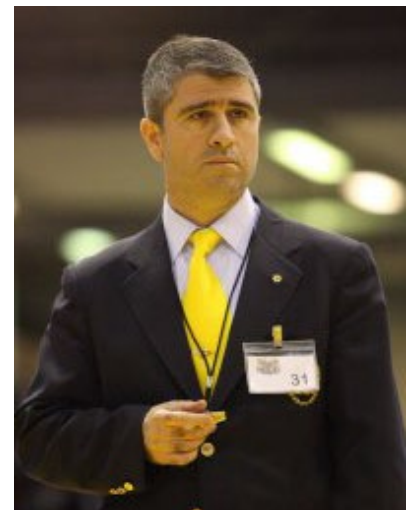
She currently teaches research methods, sport and health psychology courses at the undergraduate and graduate level in Norway. She has collaborated in chapters featured in English and Greek books. She is author/co-author of research and applied articles published in various international journals, while she has presented her work in international and national conferences. She is also acting as a reviewer for international journals. Several applied day-to-day psychosocial aspects of performance spur her inquisitiveness. These include coach stress, the meaning of competitiveness, on-site coping with competitive pressure, athletes' inner talks, and sexual harassment experiences of female athletes among others. She was trained during her doctoral studies and employed beyond that both qualitative and quantitative research methodology. She has supervised 26 master students who have completed their degree and served on 8 doctoral committees. Currently she is supervising 2 master students and serving on 3 doctoral committees. One of the doctoral students is working on a qualitative research project exploring challenges faced by female judokas in two EU countries, which has resulted already in various publications.

Regarding her expertise in gender issues and in how to bridge the gender gap in sports she has worked on multiple projects. Starting in 2004, she placed a large amount of time and effort on gender and equality issues in sport with an emphasis on female athletes' sexual harassment experiences (doing both research and advocacy). She collaborated with Kari Fasting and the Czech Olympic Committee on a mixed methods cross-national project titled "Gender relations in sport" exploring female athlete experiences in 3 EU countries (2004-2011). She also

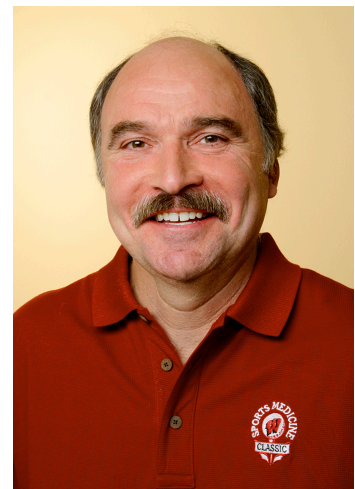


worked towards the development of the educational package on gender equity for Greek elementary school teachers-students, which was part of the larger educational program focusing on eliminating social inequalities in Greece, named 'Kallipateira' (co-funded by the EU and Hellenic Ministry of Education & Religious Affairs, 2006). For 3 years she coordinated the intradepartmental program on 'Gender and Equity Issues' at the University of Thessaly (funded by the 3rd EU Community Support Framework, 2005-2008). She organized the 1st International Forum on "Youth Sport with a Gender Perspective" (2008). In 2012, she was invited to participate as an expert at the "Prevention of sexualized violence in Sports – Impulses for an open, secure and sound sporting environment in Europe", an international project awarded to the German Sports Youth Organization (German Olympic Sports Confederation) and its project scientific advisors. The project was funded by the EU Program "Preparatory Action in the field of sport". In 2013 she was invited by the EU Commission to participate as an expert on gender based violence in sport at the EU Conference on Gender Equality in Sport (Vilnius, Lithuania). In 2014 she was invited by ICSSPE to participate as an expert on PE & sport policy on the Revision of the UNESCO International Charter on PE & Sports (Medellin, Colombia).

- Chroni, S. (2015, forthcoming). "The choice of one or a one-way choice": Performance or welfare. In R. Bailey & M. Talbot (Eds.) *The two cultures: Bridging the gap between sport-for-all and elite sport*. London: Routledge.
- Kavoura, A., Chroni, S., Kokkonen, M., & Ryba, T.V (2015, forthcoming). Women fighters as agents of change: A Brazilian Jiu-Jitsu case study from Finland. In A. Channon & C.R. Matthews (Eds.) *Global perspectives on women in combat sports*. Houndmills, UK: Macmillan Publishers Limited.
- Kavoura, A., Ryba, T., & Chroni, S. (2015). Negotiating female judoka identities in Greece: A Foucauldian discourse analysis. *Psychology of Sport and Exercise*, 17, 88-98
- Fasting, K., Chroni, S., & Knorre, N. (2014). The experiences of sexual harassment in sport and education among European female sports science students. *Sport, Education, & Society*, 19, 115-130.
- Chroni, S. & Papaefstathiou, M. (2014, July). Child protection in sport in two southern European countries: Perspectives from Greece and the Republic of Cyprus. In M. Lang & M. Hartill (Eds.) *Safeguarding, child protection and abuse in sport: International perspectives in research, policy and practice*. London: Routledge
- Chroni, S., Diakaki, E., & Papaioannou, A. (2013). Athletes' careers in Greece: Towards a culturally infused future. In N. Stambulova & T. Ryba (Eds.) *Athletes' careers across cultures*. London: Routledge.
- Chroni, S. (2013). Sexual harassment of female athletes. In G. Pfister & M.K. Sisjord (Eds.) *Gender and Sport: Challenges and Changes*. Berlin: Waxman Publishing Co.
- Adamidou, E., Zisi, B., Hassandra, M., & Chroni, S. (2013). Body Image in 13-17 Years Old Adolescents: Gender and Physical Activity Effects. *Inquiries in Physical Education & Sport*, 11, 65-75. [in Greek with English abstract]
- Chroni, S., Grigoriou, S., Hatzigeorgiadis, A., & Theodorakis, Y. (2013). Bystander intention to stand up for a female-peer targeted in sexual harassment in academia. *Journal of Int'l Women's Studies*, 14, 184-201.
- Chroni, S., Fasting, K., Hartill, M. J., Knorre, N., Martìn Harcajo, M., Papaefstathiou, M., Rhind, D., Rulofs, B., Toftegaard Støckel, J., Vertommen, T., & Zurc, J. (2012). *Sexual and gender harassment and sexual abuse: Initiatives for prevention in sport*. Frankfurt, Germany: Deutsche Sportjugend im Deutschen Olympischen Sportbund e.V.
- Fasting, K., Chroni, S., Hervik, S.E., & Knorre, N. (2011). Sexual harassment in sport toward females in three European countries. *International Review for the Sociology of Sport*, 46, 76-89.
- Sand, T.S., Fasting, K., Chroni, S., & Knorre, N. (2011). Coaching behavior: Any consequences for the prevalence of sexual harassment? *International Journal of Sport Science & Coaching*, 6, 229-242.
- Chroni, S., Koskeridou, M., Hassanda, M., Goudas, M., & Theodorakis, Y. (2011). Απόψεις και γνώσεις σε θέματα ισότητας φύλων κατά τη διδασκαλία της φυσικής αγωγής [Viewpoints and education on gender equality issues when teaching physical education]. *Inquiries in Physical Education & Sport*, 9, 1-13. [in Greek with English abstract]
- Chroni, S. & Fasting, K. (2009). Prevalence of male sexual harassment among female sport participants in Greece. *Inquiries in Physical Education & Sport*, 7(3), 288-296.
- Chroni, S. (Ed.) (2008). *Youth Sports with a Gender Perspective*. Proceedings of the International Forum held in Trikala, Greece. Thessaloniki, GRE: Christodoulidi Publications.
- Chroni, S. & Hassandra, M. (2007). Φύλα και ισότητα [Gender and equity: Student's handbook]. Athens, GRE: Olympic Education Office, Ministry of Education and Religious Affairs [in Greek]
- Chroni, S. & Hatzigeorgiadis, A. (2007). Φύλα και ισότητα [Gender and equity: Teacher's handbook]. Athens, GRE: Olympic Education Office, Ministry of Education and Religious Affairs [in Greek]
- Chroni, S., Kourtesopoulou, A., & Kouli, O. (2007). Επακόλουθα εμπειριών σεξουαλικής παρενόχλησης σε αθλήτριες και πρόληψη στον Ελληνικό αθλητισμό [Consequences of sexual harassment experiences on female athletes and prevention in Greek sports]. *Inquiries in Physical Education & Sport*, 5, 283-293. [in Greek with English abstract]

Ibrahim CICIOGLU PhD**Email:** cicioglu@gazi.edu.tr**Institution/Organization:** Gazi University, School of Physical Education and Sport**Mailing Address:** Gazi University, School of Physical Education and Sport, Abant sok. No: 12 Yenimahalle / ANKARA**Country:** Turkey**Current Areas of Interest:** Wrestling, Exercise Physiology, Sport Nutrition, Physical Fitness**Completed Wrestling Research:** Kara, E., Gunay, M., Cicioglu, I., Ozal, M., Kilic, M., Mogulkoc, R., & Baltaci, A. K. (2009). Effect of Zinc Supplementation on. Antioxidant Activity in Young Wrestlers. *Biol Trace Elem Res*, June 14 epub. **FILA Golden Whistle Award Winner****NICK CIPRIANO****Email:** cipriano@mcmaster.ca**Associate Professor at McMaster University
1280 Main St. W. Hamilton Ontario L8S 4K1
Canada****Interests:** I also coach free-style wrestling and was a member of Canada's Olympic Team coaching staff at the 1988, 1992 and 1996 Olympic Games. My research interests are related to my coaching involvement. Amateur wrestlers are notorious for losing excessive amounts of weight in a relatively short period of time by restricting food and fluid intake. The effects of this potentially dangerous practice on performance is the focus of my research.**Publications:**N Cipriano. A technical-tactical analysis of freestyle wrestling. *Journal of strength and conditioning research* 7 (3):133-140, 1993.N. Cipriano. A wrestler's rights. *Ontario wrestler (Toronto)* 1984 (June/July):14-15, 1984.N. Cipriano. Physical conditioning principles and protocols for amateur freestyle wrestling. *NSCA J* 9 (4):44-49, 1987.N. Cipriano. Supplemental conditioning exercises and training protocols for the amateur wrestler. *NSCA J* 10 (5):32-35, 1988.

N. Cipriano. Freestyle wrestling: match analysis. Dissertation McMaster University. 1990.

N. Cipriano. Weight loss in amateur wrestling: is the practice justified? *Coaching clinic* 32 (1):1-6, 1993.Shepley, B., MacDougall, D., Cipriano, N., Sutton, J., Tarnopolsky, M., & Coates, G. Physiological effects of tapering in highly trained athletes. *Journal of Applied Physiology*, 72(2), 1992.Cipriano, N. Technical-tactical analysis of free-style wrestling. *Journal of Strength and Conditioning Research*, 7(30), 1993.Tarnopolsky, M., Cipriano, N., Woodcroft, C., Pulkkinen, W., Robinson, D., Henderson, J. and MacDougall, M. Effects of Rapid Weight Loss and Wrestling in Muscle Glycogen Concentration. *Clinical Journal of Sport Medicine*, 6:78-84, 1996.Melissa, L., MacDougall, J.D., Tarnopolsky, M.A., Cipriano, N. and Green, H.J. Skeletal Muscle Adaptations to Training Under Normobaric Hypoxic vs. Normoxic Conditions. *Med. Sci. Sports and Exerc.* 29(2):8 pp., 1997.Cipriano, N. and Curtis, M. Heart Rate Response of Amateur Wrestling Coaches Engaged in the Coaching Process. *Ontario Physical and Health Education Association Journal*. pp. 22-26, Spring, 1988.Cipriano, N., Quinton, J. & A. Renner. Acute Weight Gain and Performance in High School Age Wrestlers. *Ontario Physical and Health Education Journal*, Winter 1999, pp. 20-22.**RANDY CLARK**Manager, Exercise Science Laboratory
and Pediatric Fitness Clinic

UW Hospital Sports Medicine Center
608-265-3798
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Director of the University of Wisconsin Hospital Exercise Science Laboratory his research interests include measurement of conditioning and body composition in athletes and children. He has published numerous manuscripts and abstracts in peer-reviewed scientific journals and made presentations at regional and national meetings of professional organizations including the American College of Sports Medicine. His responsibilities include the physiological testing for University of Wisconsin athletes. He has worked with the Wisconsin Interscholastic Athletic Association (WIAA) and the NCAA to develop and evaluate their guidelines for wrestling minimum weight rules. He is responsible for the training and certification of those professionals responsible for body composition measurements for the WIAA program. He is also responsible for the UW Sports Medicine Fund, which includes providing research grants to advance the science of sports medicine at the University of Wisconsin-Madison.

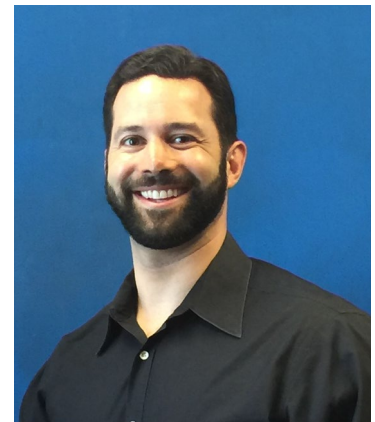


Mike CLAYTON
Email: mclayton@usawrestling.org
Manager, National Coaches Education Program (NCEP)
USA Wrestling
6155 Lehman Dr., Colorado Springs, CO 80918

DANIEL A. CLEARFIELD DO, MS, FAOASM

USA Email: danclearfield@gmail.com

Areas of Interest: concussion care, auricular hematoma management, nasal epistaxis management, osteopathic manipulative treatment in the athlete
Dr. Clearfield is a Primary Care Sports Medicine physician and concussion specialist at MaxHealth Family & Sports Medicine in Colleyville, Texas, USA. He is an Adjunct Professor at UNTHSC-TCOM where he previously served as an Assistant Professor of Orthopedic Surgery and as the Program Director for the UNTHSC-TCOM Primary Care Sports Medicine Fellowship. In addition he serves as teaching faculty for the Department of Osteopathic Manipulative Medicine at TCOM and the Plaza Medical Center Family Medicine Residency. He has experience working with all levels of athletes including NCAA Divisions I, II & III, Olympian, NFL, NHL, USA Wrestling, USA Judo, USA Volleyball, US Amateur Boxing, MMA and WWE. Additionally he serves as an official team physician for USA Wrestling and USA Judo. Dr. Clearfield has special interests in utilizing osteopathic manipulative treatment (OMT) in sports medicine, prolotherapy and other regenerative injection therapies (RIT), MSK-US, concussion management (he is also a Credentialed IMPACT™ Consultant (CIC)), and teaching/mentoring students, residents, and fellows.



NICO COETZEE
Professional Affiliation: HEAD COACH OF SOUTH AFRICA
Email: necchem@iafrica.com
Areas of Interest: coaching of wrestlers

KAREN COGAN, Ph.D., Senior Sport Psychologist

Email: Karen.cogan@usoc.org

Institution/Organization: US Olympic Committee

Mailing Address: Sport Performance, 1 Olympic Plaza, Colorado Springs CO 80909

Country: USA

Current Areas of Interest: mental training techniques, mental toughness, performing under pressure, biofeedback training to improve performance, managing life issues to reduce impact on performance. I have worked with the Men's Free Style, Men's Greco, and Women's wrestlers at the Colorado Springs Olympic Training Center. I work primarily with the National/World/Olympic team members but have also worked somewhat with the Junior groups when they come to the OTC.



COYTE COOPER

coytecooper@gmail.com

Founder and CEO at Elite Level Sport Marketing (Wrestling Edition)

Dr. Coyte Cooper has a line of research that focuses on the sustainability of Olympic sport programs such as wrestling. In particular, he has developed a line of research that emphasizes the positioning of wrestling through innovative marketing initiatives. In addition to research initiatives, Dr. Cooper is involved in outreach initiatives to help grow sports and their programs at the grassroots level. Working with the National Wrestling Coaches Association (NWCA), he is currently active working with coaches to help them develop marketing strategies to enhance their programs. In addition, he developed Elite Level Sport Marketing (ELSM) (www.elitelevelsportmarketing.com) to serve as a resource for coaches interested

In developing skill sets in marketing.

João Paulo Pereira Pinto da COSTA

Institutional email is: joao.costa@ucc.ie

Occupation: Lecturer in Education (Sport Pedagogy)

Country: Portugal

Current Areas of Interest: Sport Pedagogy, Physical Education Curriculum, Wrestling Training, Coach Education

Affiliation: Department of Sports Studies and Physical Education, School of Education, University College Cork, Cork, Ireland.

Publications:

- Oral Communications in International Conferences:
 - Pedro, S., & Costa, J. (2015). Um estudo autoetnográfico sobre a aprendizagem profissional de um treinador simultaneamente em prática profissional e em formação inicial [An autoethnographic study on one coach's professional learning engaged in professional practice and initial education]. In F. Carreiro da Costa, & A. Palmeira (Eds.) Communication presented at the 1st Iberic-American Conference of Sports, Physical Activity, Education and Health, October 2015, Lisbon, Universidade Lusófona de Humanidades e Tecnologias, Portugal.
 - Pedro, S., & Costa, J. (2015). Simultaneity of professional practice and formal education – An autoethnographic contribute for research on coaches' knowledge construction. Communication presented at the 2015 AIESEP International Conference, July 2015, Madrid, Universidad Europea, Spain.
 - Costa, J., Vieira, K., Alves, V., Marques, T., Siro, J., & Martins, P. (2007). Planeamento e periodização – Elite Vs Desenvolvimento. [Planning and periodization – Elite Vs Development]. Communication presented at the 1st Scientific Conference on Martial Arts and Combat Sports. Instituto Politécnico de Viseu, Portugal.
- **Proceedings of International Conferences:**
 - Pedro, S., & Costa, J. (2015). Um estudo autoetnográfico sobre a aprendizagem profissional de um treinador simultaneamente em prática profissional e em formação inicial [An

- autoethnographic study on one coach's professional learning engaged in professional practice and initial education]. In F. Carreiro da Costa, & A. Palmeira (Eds.) *Gymnasium – Revista de Educação Física, Desporto e Saúde, Número Especial: 1º Congresso Ibero-americano de desporto, actividade física, educação e saúde*, 156-157. URL: http://reafes.ulusofona.pt/wp-content/uploads/2015/10/Livro-de-Resumos-Congresso_20.10.2015.pdf
- Pedro, S., & Costa, J. (2015). Simultaneity of professional practice and formal education – An autoethnographic contribute for research on coaches' knowledge construction. *Revista Española de Educación Física y Deportes (Supl.)* 410 año LXVII, 3er trimestre, (nº8, Supl., VI Época), 200. URL: <http://www.consejo-colef.es/revista-reefd/archivo-revista-reefd/144-suplemento-reefd-410/download.html>
 - Costa, J., Vieira, K., Alves, V., Marques, T., Siro, J., & Martins, P. (2007). Planeamento e periodização – Elite Vs Desenvolvimento. [Planning and periodization – Elite Vs Development]. Communication presented at the *1st Scientific Conference on Martial Arts and Combat Sports*. Instituto Politécnico de Viseu, Portugal. 9.

JOÃO VITOR COSTA

Title: Director of the "Mundo da Luta Olímpica"

Director of the Amateur Wrestling Association of the District of Setubal

National Referee since 2002

National and International Level 1 Coach

Email: juancuesta333@gmail.com and mundolutaolimpica@gmail.com

Site Address: www.mundolutaolimpica.blogspot.com

Country: Portugal

Current Areas of Interest: Training methodology, Youth training, Rules, Promotion of Wrestling

Career as an athlete: Since 1996, passing by 13 clubs and 4 times the national champion of the Greco-Roman. International Team in 2001/2004

www.mundolutaolimpica.blogspot.pt

www.wrestlingallstar.pt

www.facebook.com/mundolutaolimpica



DARREN COTTON

Email: darren.m.cotton@gmail.com

Country: United States

Inducted in 2013 at William Penn University Hall of Fame

Four-time NAIA wrestling All-American. One of only two athletes in school history to earn the All-American honors four times. Ranked nationally all four years and was only one of two wrestlers to ever be awarded conference or regional wrestler of the year. Holds six career school records.

I am a Coordinator for the Metro Atlanta Ymca wrestling program initiative to expand the reach of wrestling in the Atlanta community. Initially I joined the Y as a Wellness Coach getting my certification in the Foundations of Strength and Conditioning and also as a camp and after-school enrichment counselor. My background experience since graduating from college in 2007 has been in education. I taught middle school and high school at a private military school for 4 and half years, the past 3 years have been with the Y and helping to build the sport of wrestling into the Ymca regular sports program.

I am looking to make the YMCA also a testing ground for Sports science since the Metro Atlanta Y have changed the advancement of wellness in the community and is researching more ways to improve health in partnership with Emory and Children's Healthcare of Georgia.



SETH CREASY

Email: sac185@pitt.edu

Institution/Organization: University of Pittsburgh

Mailing Address: 32 Oak Hill Court, Pittsburgh, PA 15261

Country: United States

Current Areas of Interest: Weight loss, Performance, Training Techniques, Body Composition

I am currently getting my PhD in exercise physiology at the University of Pittsburgh. I have a BS in Health and Physical Education from Lock Haven University and I have an MS in Health and Physical Activity from the University of Pittsburgh. My current position at Pitt is Graduate Student Researcher. I looking to begin doing research with the Pitt wrestling team. I was a collegiate wrestler at Lock Haven University and I was a division I national qualifier in 2012. I was also the assistant wrestling coach at Penn State New Kensington during the 2012-2013 season.

DR. JASON CROOKHAM
medical@wrestling.ca
Canadian Medical Director



SANDOR CSERGO

E-mail: sandor.csergo@telia.com

Country: Sweden

Current areas of interest: wrestling training development, wrestling specific testing and evaluating in physiology but also in psychology, planning

Completed wrestling research:

Nilsson, J., Csergö, S., Gullstrand, L., Tveit, P. & Refsnes, P.E. Work-time profile, blood lactate concentration and rating of perceived exertion in the 1998 Greco-Roman wrestling World Championship. Journal of Sports Sciences, 20, pp. 939-945, 2002

Published materials in Sweden:

Csergö, S. Motståndsanalys av världseliten för herrar grekisk-romersk brottning 66 till 120 kg. Totalt analyser över 600 brottare inför Peking-OS 2008. Opublicerad data.

Csergö, S. Individuell utvecklingsplan 2004 för Martin Lidberg i grekisk-romersk brottning. Rapport. Sveriges Olympiska Kommitté & Svenska Brottningsförbundet, Stockholm, 2003-11-20

Csergö, S. Individuell utvecklingsplan 2003 för Martin Lidberg i grekisk-romersk brottning. Rapport. Sveriges Olympiska Kommitté & Svenska Brottningsförbundet, Stockholm, 2002-12-23

Csergö, S. Utveckling, konstruktion och utvärdering av befintlig Powerbox-prototyp. Ett projektarbete inom kursen "Specialidrott med inriktning mot träning och prestation" (20 p). Sveriges Olympiska Kommitté och Idrottshögskolan i Stockholm, 2001. Under bearbetning.

Csergö, S., Nilsson, J., Gullstrand, L., Refsnes, P.E. & Tveit, P. Blodlaktat, upplevd skattad ansträngning och arbetstidsprofil under världsmästerskapen 1998 och 1999 i grekisk-romersk brottning. Svensk Idrottsforskning, 2, 20-26, 2002

Csergö, S. & Nilsson, J. Kravanalys med utvecklingsplan för grekisk-romersk brottning. Projektrapport. Sveriges Olympiska Kommitté och Svenska Brottningsförbundet, Stockholm, 2001

Nilsson, J. & Csergö, S. Konstruktion och utvärdering av "Powerbox", ett test- och träningsredskap med inriktning mot effektutveckling vid benarbete. Rapport. Sveriges Olympiska Kommitté, Stockholm, 2001

Nilsson, J. & Csergö, S. Konstruktion och utvärdering av "Powerlift", ett test- och träningsredskap med inriktning mot effektutveckling vid parterryft. Rapport. Sveriges Olympiska Kommitté, Stockholm, 2001

Csergö, S. Individuell utvecklingsplan 1999 för brottaren Martin Lidberg. Rapport. Sveriges Olympiska Kommitté, Stockholm, 1999

Csergö, S. Kravanalyt amatörboxning. Rapport. Sveriges Olympiska Kommitté och Svenska Boxningsförbundet, Stockholm, 1999
Csergö, S. Test av anaerob effekt vid överkroppsarbete. Studium av fem olika riksiddrottsgymnasier med nytvecklade Sanny-armergometer. Projektrapport, Olympisk Support, Stockholm, 1997
Csergö, S. Ny grenspecifik armergometer för test och träning av anaerob, aerob och styrkekapacitet hos elitidrottare med krav på överkroppsarbete. Projektrapport 4/95, Olympisk Support, 1997

DAVID CURBY Ed.D.

FILA Scientific Commission-Secretary

Email: davcurb@gmail.com

Organization:

Chair of USA Wrestling Sport Science Committee
Director of the International Network of Wrestling Researchers
Editor of the International Journal of Wrestling Science
Director of the Jacob Curby Foundation and the Curby Cup
USA Wrestling Gold Level Coach

Country: USA

Named James "Doc" Councilman Award winner for USA

Wrestling by the US Olympic Committee 2011

Winner of 2017 Rayko Petrov Award

Inducted to USA National Wrestling Hall of Fame 2019

FILA Instructor

Current area of interest: testing of elite wrestlers, wrestling pedagogy

Completed wrestling research:

Rate of CO₂ Production (RaCO₂) and Estimate of Energy Demands During Wrestling Practice. Paper at ACSM, May 1996.

Effect of carbohydrate intake during wrestling practice on upper body work. Med Sci Sports Exerc, 31(5): s123, 1999.

Presenter at USA Wrestling Coaches College: 1998, 2001, 2003, 2005

IAHPERD Presentation-Physiology of Amateur Wrestling, November 2002.

Performance of High-School Students on the Wingate Anaerobic Test. Med Sci Sports Exer, vol. 21-2, 1989.

An Analysis of the Physical Self-Perception Profile When Administered to HS Students. Med Sci Sports Exer, vol. 26-2, 1995.

Presented a keynote lecture at the National Sports Academy in Sofia, Bulgaria, Wrestling Sport Science Research, November 18, 2006

Horswill CA, D. G. Curby, Effect of Carbohydrate Intake During Wrestling Practice, Ped Ex Science 18 (4):470-482, 2006.

Authored two chapters in the USA Wrestling-Coaches Guide to Excellence-Contagious and Infectious Skin Diseases and Principles for Training Your Wrestlers; "Science of Wrestling" Columnist for WIN Magazine 2005-2006. Editor-Wrestling Sport Science Annual Review, 2005; 2006; 2007; 2008.

ANALYSIS OF THE 2008 OLYMPIC GRECO-ROMAN WRESTLING COMPETITION (2009) DG CURBY, DZIEDZIC, S & FRASER, S. Paper presented at the Symposium: The sport of wrestling today and its development in the future. Komotini, Greece

Mirzaei B, Curby DG, Rahmani-Nia F, Moghadasi M. Physiological profile of elite Iranian junior freestyle wrestlers. J Strength Cond Res. (2009) 23(8):2339-44.

A Review of the Current Research in Wrestling: Application of findings for the development of our athletes and the promotion of our sport. FILA Advanced School of Coaches, Yerevan, Armenia. October 2009.

Fédération Internationale des Luttes Associées (FILA) Proceedings of the FILA Scientific Conference, Curby D. A Vision of What Sport Science Research can do to Advance the Status of Wrestling, Moscow, 08 September, 2010
Development Of A Testing Program For Maximum Wrestling Performance Fila Advanced School For Coaches In Greco-Roman Wrestling. Lecture at the FILA Advanced School for Coaches, 16-19 December 2010 Lahti, Finland .

Curby, DG. What Have State Associations Developed To Address NFHS Mandate To Implement Wrestling Weight Control Programs? Medicine & Science in Sports & Exercise. 43(5):875, May 2011



B. Farzad, R. Gharakhanlou, H. Agha-Alinejad, D. G. Curby, M. Bayati, M. Bahraminejad, and J. Maestu. Physiological and performance changes from the addition of a sprint interval program to wrestling training. *J. Strength. Cond. Res.* 25 (9):2392-2399, 2011.

Barbas I., Kouli O., Bebetos E., Mirzaei B., Curby D.G. The Relationship Between Emotions And Confidence Among Wrestling Athletes In Greece. *International Journal of Wrestling Science* 2011; 1(1):33-36

P. Sofokleous, A. Gioftsidou, P. Malliou, I. Barbas, Ch. Kollias, B. Mirzaei, D.G. Curby - Evaluation And Rehabilitation Of Functional Ankle Instability In Wrestlers. *International Journal of Wrestling Science* 2011; 1(2):26-31.

Curby, DG A Review Of The Minimum Wrestling Weight Procedures Used In American Scholastic Wrestling. *International Journal of Wrestling Science* 2012; 2 (1) 26-30

GROWTH AND MATURATIONAL CONSIDERATIONS IN THE LONG-TERM DEVELOPMENT OF WRESTLERS-A Description of the Lifespan of an Elite Wrestler. Paper delivered at the 2nd INTERNATIONAL TRADITIONAL AND OLYMPIC WRESTLING SYMPOSIUM, Kahramanmaras, TURKEY, 14-15 September 2012.

PAUL CUTRUFELLO

Title: Assistant Professor

Email: paul.cutrufello@scranton.edu

Institution/Organization: The University of Scranton

Mailing Address: 800 Linden St. Scranton, PA 18510

Country: United States

Current Areas of Interest: Body composition and weight reduction strategies, NCAA weight certification

Completed Wrestling Research:

Cutrufello PT & Dixon CB. (JSCR-08-2612R3). The effect of acute fluid consumption and hydration status on percent body fat and minimum wrestling weight. *Journal of Strength and Conditioning Research* (In-Press).

Dixon CB, Deitrick RW, Pierce JR, Cutrufello PT, & Drapeau LL. (2005). Evaluation of the BOD POD and Leg-to-Leg Bioelectrical Impedance Analysis for Estimating Percent Body Fat in National Collegiate Athletic Association Division III Collegiate Wrestlers. *Journal of Strength and Conditioning Research*, 19(1), 85-91.

Dixon CB, Deitrick RW, Cutrufello PT, Drapeau LL & LoVallo SJ. (2006). Effect of Mode Selection when using Leg-to-Leg BIA to Estimate Body Fat in Collegiate Wrestlers. *The Journal of Sports Medicine and Physical Fitness*, 46(2), 265-270



ČEDOMIR CVETKOVIĆ

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Prof. Dr habil. Wojciech J. CYNARSKI

Email: ela_cyn@wp.pl

University of Rzeszow, Faculty of Physical Education
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Wojciech Jan Cynarski PhD is the Full-Professor. Born in Strzyżów (Poland) in 1965. He has been the founder and President (since 1993) of Idokan Poland Association and IMACSSS, and the editor (since 2000) of the *Ido Movement for Culture. Journal of Martial Arts Anthropology*, Journal indexed in Scopus and Web of Science.

Education and previous work experience

Education – University of Technology in Rzeszow (MSc of building engineering), University of Rzeszow in Rzeszow (MA of sociology), and doctoral studies at University of Physical Education in Warsaw (PhD of physical culture sciences). He has been practicing martial arts and combat sports since 1977. 1987–1998

instructor of martial arts, coach of combat sports, and teacher of physical education in secondary schools. Now 10 dan *ido*, *kaiden shihan*; 9 dan *jujutsu*, *hanshi*; 9 dan *karate*, *hanshi* of Idokan. Since 1998 an adjunct in the Institute of Health and Physical Education, Higher Pedagogical School in Rzeszow. Since 2005 - Professor at the

University of Rzeszow, Head of the Chair of Cultural Foundation for PE, Tourism and Recreation, Faculty of Physical Education.

He is a President of the International Martial Arts and Combat Sports Scientific Society (IMACSSS), and of the Idokan Poland Association (IPA).

First-line publications

He published over 700 scientific works, including his own 16 books (monographs and manuals). His major scientific interests concern sociology (of culture, tourism and sport), philosophy and pedagogy, and martial arts.



BEGI DARCHIA
National Coach for Georgia
GEO@fila-wrestling.com
FILA Instructor

MAHMOUD DELPHAN

Email: Sport.Mahmoud@gmail.com

Title: Ph.D. Student of Exercise Immunology

Institution/Organization: Tarbiat Modares University

Mailing Address

NO 355- 24 Metri St - Khayam Sharghi Blvd - 800 Dastgah - Do Rud - Lorestan - Postal cod: 6881766795.

Country: Iran

Current Areas of Interest: Exercise Immunology and weight management

Completed Wrestling Research:

Mahmoud Delphan, Amir Rashidlamir, Ahmad Ebrahimi-Atri, Arash Saadatnia.

The Effect of Two Weight Loss Protocols on Plasma Concentration of Agouti Related Peptide (AgRP) in Elite Wrestlers.

Jundishapur Sci Med J

2013;12(3):229-241

Marc DEMARS, MD

Email: demars@united-world-wrestling.org

Member of UWW Medical Commission



Erkan DEMIRKAN

Ankara University, School of Physical Education and Sports.

Adress: Ankara University, School of Physical Education and Sports, Ankara, Turkey.

Email: erkandemirkan_1979@hotmail.com

Completed Wrestling Research:

1. THE MONITORING OF WEIGHT FLUCTUATION AND HYDRATION STATUS IN CADET WRESTLERS (AGES 14-17) DURING A TRAINING CAMP PERIOD LEADING UP TO COMPETITION
2. THE SEGMENTAL BODY COMPOSITION COMPARISON OF FREESTYLE AND GRECO-ROMAN STYLE WRESTLERS WITH BIOELECTRICAL IMPEDANCE METHOD (international sport science congress in Antalya, Turkey 2010).

3. THE DETERMINATION OF RELATIONSHIP BETWEEN THE BODY COMPOSITION AND THE SCORES OBTAINED BY TURKISH NATIONAL TEAM WRESTLERS IN SENIOR WRESTLING WORLD CHAMPIONSHIP IN 2009 (international sport science congress in Antalya, Turkey 2010).

VICTORIA DIAZ

PROFESSIONAL AFFILIATION Wrestle Like A Girl - Media and Communications Manager and Advocate USA Wrestling Leader – Copper and Bronze certified

EMAIL vdiaz@wrestlelikeagirl.org

Archived Articles: <https://www.newviewvictoriaann.com/new-index>

AREAS OF INTEREST

Development and advancement of women's wrestling Coaches education.
Increase media exposure analytics of current wrestling media outlet whereabouts and recognize issues to create solutions for growth and increased viewership.

BIO

Media and Communications Manager for Wrestle Like A Girl

(<http://www.wrestlelikeagirl.org>) She began with the organization in the summer of

2017 working with Sally as an intern in Colorado Springs, Colorado while also interning for USA Wrestling. Having played soccer for 22 years and ending her career due to injury at the NCAA DIII level, she brings her devoted passion for gender equality and equity for women in and out of sports to the wrestling world. She believes that sport not only shapes relentless athletes, but champions incredibly, powerful individuals and leaders this world needs. Diaz continues to help grow awareness and educate others on the status of women's wrestling through advocacy and compelling visual storytelling. In doing so, she hopes to inspire others to join the movement of the fastest growing sport, revealing the promising future it holds for all who are impacted by wrestling. She hopes to join the many coaching leaders to help further provide opportunities for girls and women through the sport of wrestling. Diaz attended Johnson and Wales University in Denver, Colorado and attained a Bachelor's of Arts degree in Media and Communications along with a Bachelor's of Science in Sports, Entertainment, Event Management.



Dr. ECKART D. DIEZEMANN

Email: b-e.diezemann@t-online.de

Orthopaedics' surgeon and specialist of sport injuries
Member of FILA and German Wrestling Federation Medical
Departments
FILA Instructor

Mailing Address: Sundgaullee 15, 79114 Freiburg
/Germany

Country: Germany

Current Areas of Interest: Sportsmedicine in
Wrestling, especially in prevention of wrestling injuries and long-term
damage

Completed Wrestling Research: Detection of fungal skin infection; Long-term damages in wrestling - prevention.
Presentations: Advanced School for Coaches 2012: "The Coach's Responsibility for the Health of the Athletes entrusted to him".





CURT B. DIXON, Ph.D., FACSM, CSCS Associate Professor, Department of Health Sciences Lock Haven University, Lock Haven, PA 17745Ph: (570) 484-2382Fax: (570) 484-2220
email: cdixon@lhup.edu

Current Areas of Interest: Minimal Wrestling Weight Program, Validity of Body Composition Technology Completed Wrestling Research: C.B. Dixon, J.M. Drouin. Evaluation of Ultrasound for Determining Fat-Free Mass and the Minimum Wrestling Weight of Collegiate Wrestlers. Accepted for presentation at the 58th Annual Meeting of ACSM, Denver, CO. [Abstract published in Medicine and Science in Sports and Exercise 43(5), S608, 2011]. C.B. Dixon, S.J. LoVallo, J.L. Andreacci, and F.L. Goss (2006). The effect of acute fluid consumption on measures of impedance and percent body fat using leg-to-leg bioelectrical impedance analysis. European Journal of Clinical Nutrition 60:142-146.C.B. Dixon, R.W. Deitrick, P.T. Cutrufello, L.L. Drapeau, and S.J. LoVallo (2006). Effect of mode selection when using leg-to-leg BIA to estimate body fat in collegiate wrestlers. The Journal of Sports Medicine and Physical Fitness 46(2): 265-270. C.B. Dixon, J.R. Pierce, R.W. Deitrick, P.T. Cutrufello, and L.L. Drapeau (2005). Evaluation of the BOD POD and leg-to-leg bioelectrical impedance analysis for estimating percent body fat in National Collegiate Athletic Association division III collegiate wrestlers. The Journal of Strength and Conditioning Research 19(1): 85-91. J.R. Pierce, C.B. Dixon, R.W. Deitrick, P.T. Cutrufello, and L.L. Drapeau. A Comparison of Four Methods in Assessing Body Fat in Collegiate Wrestlers. 50th Annual Meeting of the ACSM. San Francisco, CA. May 28-31, 2003. [Abstract published in Medicine and Science in Sports and Exercise 35(5), S166, 2003].

GAVIN DICKSON



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Australia
 Traditional Wrestling
 Coreeda Association of Australia
<http://www.coreedaoz.com> **From the Dreaming to the Dreamers**
 The Australian Wrestling Tradition
 An exploration of the origin and history of the world's oldest sport



MILORAD DOKMANAC, PHD

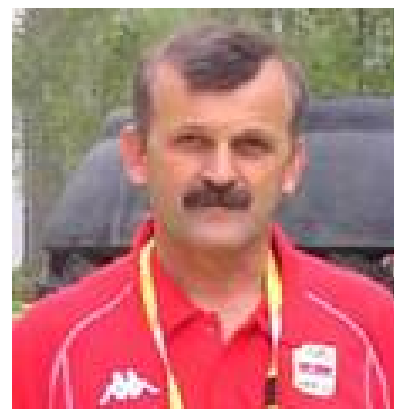
milorad.dokmanac@unitedworldwrestling.org
Country: Serbia
 Regional Ministry of Sport Vojvodina / and Wrestling federation of Serbia.

Member of UWW Technical Commission

EDUCATION

1982 Graduate defended a thesis entitled "Influence of anaerobic capacity to succeed in wrestling." Postgraduate studies Faculty of Physical Education in Belgrade:"Comparison of the results achieved at the World Championships in Greco-Roman wrestling in 1997 and 1998." PhD from Faculty of Sports and Tourism in Novi Sad –dissertation: "INFORMATION SYSTEM MODELING FOR COMPLEX ANALYSIS OF WRESTLING COMPETITION"

FILA lecturer at a seminar organized by the World wrestling federation (FILA) in Madrid 2006. "Application of information technology in wrestling"



PUBLISHED Works

1. Dokmanac, M., (1982): Effect of anaerobic capacity to succeed in wrestling, **diploma thesis, Faculty of Physical Education in Zagreb;**

2. Dokmanac, M., (1987): Almanah Wrestling club "Slatina" Podravska Slatina 1972-1987. – **the book, published and printed by Wrestling club "Slatina"**;
3. Dokmanac, M., (1987): Annual Bulletin 1987. Wrestling club "Slatina" Podravska Slatina - **yearbook, published and printed by Wrestling club "Slatina"**;
4. Dokmanac, M., (1988): Annual Bulletin 1988. Wrestling club "Slatina" Podravska Slatina - **yearbook, published and printed by Wrestling club "Slatina"**;
5. Dokmanac, M., (1989): Annual Bulletin 1989. Wrestling club "Slatina" Podravska Slatina - **yearbook, published and printed by RK "Slatina"**;
6. Dokmanac, M., (1990): Annual Bulletin 1990. Wrestling club "Slatina" Podravska Slatina - **yearbook, published and printed by RK "Slatina"**;
7. Dokmanac, M., (1991): Annual Bulletin Wrestling club "Radnički" Sombor - **Yearbook, published and printed by Wrestling club "Radnički" Sombor**;
8. Dokmanac, M., (1995): Primary wrestling school, **the book, published by Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
9. Dokmanac, M., (1995): Information Bulletin "Wrestling I-1995.", - **semi-annual edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
10. Dokmanac, M., (1995): Information Bulletin "Wrestling II-1995.", - **semi-annual edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
11. Dokmanac, M., (1996): Handbook of physical education for elementary school, **the book, the publisher of elementary school "S. Marinkovic", Subotica, print Primary school "Sonja Marinkovic", Subotica**;
12. Dokmanac, M., (1996): Information Bulletin "Wrestling 1-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
13. Dokmanac, M., (1996): Information Bulletin "Wrestling 2-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
14. Dokmanac, M., (1996): Information Bulletin "Wrestling 3-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
15. Dokmanac, M., (1996): Information Bulletin "Wrestling 4-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
16. Dokmanac, M., (1996): Information Bulletin "Wrestling 5-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
17. Dokmanac, M., (1996): Information Bulletin "Wrestling 6-1996.", **bi-monthly edition, the publisher Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
18. Dokmanac, M., (1996): Annual Bulletin 1996. Wrestling club "Prozivka" Subotica - **yearbook, published by Wrestling club "Prozivka" Subotica, printed by «Grafolik» Belgrade**;
19. Dokmanac, M., (1997): Annual Bulletin Wrestling federation of Serbia - 1997.", **yearbook, the publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade**;
20. Dokmanac, M., (1997): Annual Bulletin 1997. Wrestling club "Prozivka" Subotica - **yearbook, published by Wrestling club "Prozivka" Subotica, printed by «Grafolik» Belgrade**;
21. Dokmanac, M., (1997): Analysis wrestling tournament greco-roman style, Olympics games »Atlanta -1996. - **analysis, published by Wrestling club "Prozivka" Subotica, printed by «Grafolik» Belgrade**;
22. Dokmanac, M., (1998): Annual Bulletin Wrestling federation of Serbia - 1998.", **yearbook, the publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade**;
23. Dokmanac, M., (1998): Statistics analysis Olympics games 1996. Atlanta. - **analysis, published by Wrestling club "Prozivka" Subotica, printed by «Grafolik» Belgrade**;
24. Dokmanac, M., (1998): Specificly tactics in wrestling match – **saintics works, published by Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;
25. Dokmanac, M., (1998): Annual Bulletin 1998. Wrestling club "Prozivka" Subotica - **yearbook, published by Wrestling club "Prozivka" Subotica, printed by «Grafolik» Belgrade**;
26. Dokmanac, M., (1998): Technique wrestling, **seminar on post-graduate studies, Faculty of Physical Education in Belgrade**;
27. Dokmanac, M., (1999): Annual Bulletin Wrestling federation of Serbia - 1999.", **yearbook, the publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade**;
28. Dokmanac, M., (1999): Annual Bulletin 1999. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade**;
29. Dokmanac, M., (2000): Analysis of test results of the camp participants promising wrestlers Serbia in 2000., **scientific work, published by Wrestling federation of Serbia, the press "Grafolik" Belgrade**;
30. Dokmanac, M., (2000): Analysis of the European Championship greco-romane style, – **saintics works, published by Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade**;

31. Dokmanac, M., (2000): Statistics analysis of the European Championship for juniors greco-romane style 2000., – **saintics works, published by Wrestling federation of Yugoslavia, the press "Grafolik" Belgrade;**;
32. Dokmanac, M., (2000): Annual Bulletin Wrestling federation of Serbia - 2000.", **yearbook, the publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
33. Dokmanac, M., (2000): Annual Bulletin 2000. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
34. Dokmanac, M., (2001): Tactics wrestling. **seminar on post-graduate studies, Faculty of Physical Education in Belgrade;**
35. Dokmanac, M., (2001): Comparison of the results achieved at the world championships in Greco-Roman wrestling 1997th and 1998th, **Master's thesis, Faculty of Physical Education in Belgrade;**
36. Dokmanac, M., (2001): Annual Bulletin Wrestling federation of Serbia - 2001.", **yearbook, the publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
37. Dokmanac, M., (2001): Assessing the readiness of the best juniors Serbia on the weekend to prepare the basis of the tests - **expert analysis, published Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
38. Dokmanac, M., (2001): Annual Bulletin 2001. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
39. Dokmanac, M., (2002): Statistical analysis World Championship, European Championship and Olympics games from 1993 to 2002., **Publisher of Wrestling federation of Yugoslavia, the expert order, work "Grafolik" Belgrade;**
40. Dokmanac, M., (2002): Information book - Wrestling - 1, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
41. Dokmanac, M., (2002): Information book - Wrestling - 2, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
42. Dokmanac, M., (2002): Information book - Wrestling - 3, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
43. Dokmanac, M., (2002): Information book - Wrestling - 4, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
44. Dokmanac, M., (2002): Information book - Wrestling - 5, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
45. Dokmanac, M., (2002): Information book - Wrestling - 6, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
46. Dokmanac, M., **Modest Dulic., (2002): Study - Funding Sport and Physical Education of Subotica. - study, published by Professional Service Municipalities of Subotica;**
47. Dokmanac, M., (2002): Project - Subotica Olympic candidates 2004 and 2008. - **project, publisher Wrestling club „Subotica”**
48. Dokmanac, M., (2002): Annual Bulletin 2002. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
49. Dokmanac, M., (2003): Problems of moving the junior to the senior competition, **expert work, published by Wrestling federation of Serbia, published "Grafolik" Belgrade;**
50. Dokmanac, M., (2003): Information book - Wrestling - 7, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
51. Dokmanac, M., (2003): Information book - Wrestling - 8, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgra**
52. Dokmanac, M., (2003): Information book - Wrestling - 9, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
53. Dokmanac, M., (2003): Information book - Wrestling - 10, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
54. Dokmanac, M., (2003): Information book - Wrestling - 11, **bi-monthly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
55. Dokmanac, M., (2003): Wrestling for elementary and secondary schools (SOŠOV)., **study, publisher of elementary school "Sonja Marinković", Subotica, print PS "Sonja Marinković", Subotica;**
56. Dokmanac, M., (2003): Annual Bulletin 2003. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
57. Dokmanac, M., (2004): The development of wrestling in Serbia and Montenegro for 2004-2008., **study, publisher by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
58. Dokmanac, M., (2004): Information book - Wrestling - 12, **quarterly edition edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**

59. Dokmanac, M., (2004): Information book - Wrestling - 13, **quarterly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
60. Dokmanac, M., (2004): Information book - Wrestling - 14 **quarterly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
61. Dokmanac, M., (2004): Annual Bulletin 2004. Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
62. Dokmanac, M., (2005): Impact of new rules to combat wrestling, **expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press "ALFA-graph" Novi Sad;**
63. Dokmanac, M., (2005): Wrestling in the primary schools, **expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press "ALFA-graph" Novi Sad;**
64. Dokmanac, M., Ivošević, P. (2005): Development of strength and durability with baton, **expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press "ALFA-graph" Novi Sad;**
65. Dokmanac, M., (2005): Preparation and primary school wrestling, **the book, published by Wrestling federation Serbia, the press "Grafolik" Belgrade;**
66. Dokmanac, M., (2005: Information book - Wrestling - 15**quarterly edition, published by Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
67. Dokmanac, M., (2005: Annual Bulletin 2005 Wrestling club "Subotica" Subotica - **yearbook, published by Wrestling club "Subotica" Subotica, printed by «Grafolik» Belgrade;**
68. Dokmanac, M., (2005): The proposal changes the rules of wrestling - start in the parter position - **analysis, publisher Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;**
69. Dokmanac, M., (2006): Analysis of the European championship greco-roman style and freestyle 2004 and 2005 years., **expert work at the FILA trainers seminar in Rome, published by FILA, the press "Grafolik" Belgrade;**
70. Dokmanac M, Pajo Ivosevic., (2006): Development of power senior wrestling team on basic preparations, **expert work of the seminar, trainer, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
71. Dokmanac, M., (2006): Working to improve the power of senior wrestling team, **expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
72. Dokmanac, M., (2006): Standard for monitoring the power of top wrestlers, **expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
73. Dokmanac, M., (2006): Testing the top and young wrestlers, **expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
74. Dokmanac, M., (2006): Technics and statistics analysis World wrestling championship - China 2006, **expert work at the FILA coach seminar in Madrid, published by FILA, the press "Grafolik" Belgrade**
75. Dokmanac, M., (2006): Modeling information system for complex analysis of the wrestling competition, **Ph.D. thesis, Faculty of Sports and tourism, Novi**
76. Dokmanac, M., (2007): The project win Olympic medals in Beijing 2008., **expert work at a coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;**
77. Dokmanac M., Peric D., et all authors (2007): Strategy - the state of sports in Autonomous Region Vojvodina with proposals for strategy development, **project - analysis, published by the Secretariat for Sports and Youth of Vojvodina, the publisher of "Printing" of the Executive Council of APV;**
78. Dokmanac, M., Drid, P. and (2007): Effect of basic training program to power junior wrestlers and senior age, **Proceedings of the 5th Annual International Conference "Conditioning athletes 2007", Faculty of Kinesiology, University of Zagreb and the Association of fitness trainers;**
79. Dokmanac, M., Drapšin, M., Drid, P. (2007); Fitness Levels of Serbian Junior Wrestling Team. **The International Scientific Conference of the International Association of Sport Kinetics in cooperation with the Faculty of Physical Education University of Belgrade and the Olympic Committee of Serbia. Book of Abstracts, 25 Belgrade: Faculty of Physical Education;**
80. Dokmanac, M., (2008): The development of power on basic preparations - **seminar on coaching seminar, publishing Wrestling federation of Serbia, press "Grafolik" Belgrade;**
81. Dokmanac, M., (2008): Technical analysis of the fight at the World Championships 2007. – **expert work on coaching seminar, publisher Wrestling federation of Serbia, press "Grafolik" Belgrade;**
82. Dokmanac, M., (2008): Proposed amendments to the rules of wrestling - Greco-Roman style - **analysis, published Wrestling federation of Serbia, press "Grafolik" Belgrade;**
83. Dokmanac, M., (2009): Models of the functioning of sports at the local level, **book of the Secretariat for Sports and Youth of Autonomous province Vojvodina, printing - Printing Company of the Executive Council of Vojvodina N. Sad;**

84. Dokmanac, M., (2010): The international rules of wrestling - translation from English FILA rules, **book, published: Wrestling Federation Serbia, and Wrestling Federation Vojvodine, printing - Printing the Government of AP Vojvodina, N. Sad;**
85. Dokmanac, M., (2010): Competitive techniques of the world's top wrestlers - I, **published by the Provincial Institute of Sports, printing - Printing the Government of AP Vojvodina, N. Sad;**
86. Dokmanac, M., M. Kovachev, Ristic A., (2010): **Minimum standards for sport competitions, published by the Secretariat for Sports and Youth of Vojvodina, printing - Printing the Government of AP Vojvodina, N. Sad;**

VIDEO AND DVD EDITION

1. Dokmanac, M., (1995): Primary school wrestling, **video tape, released by Wrestling club "Prozivka" Subotica,**
2. Dokmanac, M., **and group authors (2003):** Statistical analysis of the senior European Championship 2003 in Belgrade - **CD ROM**
3. Dokmanac, M., and group authors (2004): Statistical analysis of the qualification. tournament for the Olympics 2004 in Novi Sad - **CD ROM**
4. Dokmanac, M., **and group authors (2005),** Statistical analysis of the European Cup for Clubs - 2005 Zrenjanin - **CD ROM**
5. Dokmanac, M., (2005): Primary school wrestling, **DVD, released by Wrestling club "Subotica"**
6. Dokmanac, M., **and group authors (2006),** Statistical analysis of the European Cup for Clubs - 2006 Zrenjanin - **CD ROM**

AWARDS: BRONZE PLAQUE of world wrestling federation federation (FILA) was awarded at the European Junior Championships 2002 in Subotica."AWARD JOVAN MIKIĆ-SPARTAK", from the Sports Association of Vojvodina 2003 in the category.of sports official.



ALI DOLATKHAH

Yerevan, Armenia

adolatkah@yahoo.com

- D.O.B: 16/09/1974
- Place of Birth: Daregaz Iran
- Bachelor Degree Ferdowsi University 1999-2000 (IRAN)
- Master Degree Yerevan state University 2002-4 (ARMENIA)
- PhD student Yerevan state University 2004-9 (ARMENIA)

Teacher of Yerevan ferdowsi university (Armenia)

Teacher of Azad University (Iran)

Social Chancellor of Neyshabour mayor (Iran)

Behzisty Educational Centre

International Wrestling Referee

Publications: VALIDITY of SCL-90 PSYCHOLOGICAL TEST IN IRAN (B.Sc)
 THE PECULARITIES OF DEPRESSION AND ADAPTATION OF IRANIAN STUDENTS (M.D)
 THE RELATIONSHIP BETWEEN STRESSOR FACTORS AND GASTROINTESTINAL CANCER (PH.D)

Languages: Farsi (mother tongue), Kurdish (conversational), English (Intermediate)

Armenia (conversational), Russian and Arabic



KEVIN DOLLAT

Title: Trainer

Email: kevin.dollat@gmail.com

Institution/Organization: Fédération Française de Lutte / Langudoc-Rousillon

CountryFrance

Current Areas of Interest:Youngs wrestlers

Completed Wrestling Research:I train young wrestlers at the national level that have international claims. I therefore hope fully optimize their preparations for competitions.

LUIS CABRERA DOMINGUEZ

E mail: wresttllermex@yahoo.com

Institution/Organization:

NATIONAL CENTER FOR HIGH PERFORMANCE
NATIONAL COMMISSION FOR PHYSICAL CULTURE AND SPORT
Mexican Federation of Associated Wrestling

Mailing Address: Akil mz. 76 lt. 2 Lomas de Padierna c.p. 14240 México D. F.

Country: México

Current Areas of Interest:

1. TRAINING PLANNING
2. TECHNICAL ANALYSIS
3. SPORTS PERFORMANCE STATISTICS AND TECHNICAL EFFICIENCY
4. PHYSICAL PREPARATION



ZACHARY DOMINGUEZ

Head Wrestling Coach for MWC

Email: matside63@gmail.com

Institution/Organization: USA Wrestling

Mailing Address: 5169 n 144th ave Omaha NE 68116

Country: USA

Current Areas of Interest: Greco and Freestyle Wrestling

Completed Wrestling Research: Bronze level coach for USA Wrestling

JESSE DONNENWERTH, PhD, LAT

Professional Affiliation: University of Iowa

National Athletic Trainers Association

Email: jesse-donnenwerth@uiowa.edu

Publications: Primary Author: Validity of Bioimpedance as a Measure of Body Fat in High School Wrestlers, DXA USE IN ATHLETES: EXPLORATION OF REGIONAL LEAN MASS DISTRIBUTION AND CORRELATION WITH PERFORMANCE,

Areas of Interest: Injury prevention, nutrition, body composition

Jesse Donnenwerth joined the Sports Medicine staff at the University of Iowa during the summer of 2011. His athletic training sport coverage includes wrestling. Prior to joining the Hawkeye staff, Donnenwerth worked as an athletic training student at the University of Iowa. After graduating with a Bachelor of Science in Exercise Science, he earned a Master's of Science degree in Health Education from Virginia Polytechnic Institute and State University in 2005. During that time, he provided athletic training services for wrestling, football, and men's soccer. While working on his Doctorate in Education and Curriculum Instruction at Virginia Tech, he held the position of assistant athletic trainer primarily working with wrestling. Most recently, Jesse worked at the University of Wisconsin-Madison as a staff athletic trainer and sports performance specialist. Donnenwerth brings to the Hawkeye Sports Medicine team extensive wrestling experiences which include working at the US Open Wrestling Championships, US Olympic Wrestling Trials, and the World Championship Wrestling Trials. Jesse has also conducted research investigating the body composition and injury prevention of Division I collegiate athletes. Donnenwerth is a certified member of the National Athletic Trainer's Association, and is licensed to practice as an athletic trainer by the state of Iowa. He is also certified in First Aid/CPR/AED.



SÉRGIO LUIZ CARLOS DOS SANTOS PHD

Review Board of Int. J Wrestling Science

Email: sergiodossantos@ufpr.br

Federal University of Paraná

Mailing Address: Rua Victorio Viezzer, 471 - Casa 34

Country: Brazil

Current Areas of Interest: Wrestling Training Research

Completed Wrestling Research:

We are improving a new scientific methodology to training wrestlers in school (elementary, medium and superior).



Andrew DRISKA

Assistant Professor, Department of Kinesiology,
Michigan State University

driska@msu.edu

Coordinator of the Sport Coaching and Leadership Online Programs and a fixed-term instructor in the Department of Kinesiology.

Areas of Interest – coach development, online education, mental toughness development in athletes

Gould, D., Pierce, S., Cowburn, I., & Driska, A. (2017). How Coaching Philosophy Drives Coaching Action: A Case Study of Renowned Wrestling Coach J Robinson. *International Sport Coaching Journal*, 4(1), 13-37.

Driska, A. P., Gould, D. R., Pierce, S., & Cowburn, I. H. J. (2017). Understanding psychological changes in adolescent wrestlers participating in an intensive training camp: A mixed-methods investigation. *International journal of sport psychology*, 48(3), 303-330.

MIKE DUROE

Rest In Peace

mduroe@cornellcollege.edu

Assistant on the U.S. Men's Freestyle coaching staff in four Olympic Games (1996, 2000, 2004, 2008) and also served as head coach of Guam's freestyle wrestling team at the 2008 Games in Beijing. He was a member of the U.S. coaching staff for the Pan American Games in 2003 and 2007 and was named Volunteer Coach of the Year by the United States Olympic Committee (USOC) in 2006 and 2007. Head coach of the U.S. Freestyle World Team in 2005 and 2006. He was head coach of the University of Iowa Hawkeye Wrestling Club from 2003-05 and selected USA Freestyle Coach of the Year in 2005. He was coach of the USA Women's team that captured the world championship in 1999.



OLEG DYUSHNO

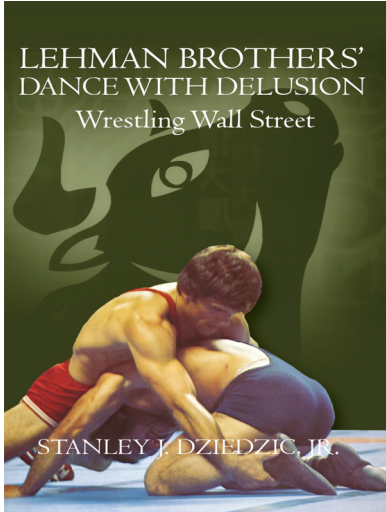
Tumen, Russia

PhD Candidate

dushko_oleg@mail.ru

Interests: Coaching youth wrestlers





STAN DZIEDZIC, UWW Bureau Vice President

Email: sjdziedzic@aol.com

Organization: The FILA

Mailing Address: 835 Hedgegate Ct., Roswell, Georgia 30075

Country: USA

World Champion

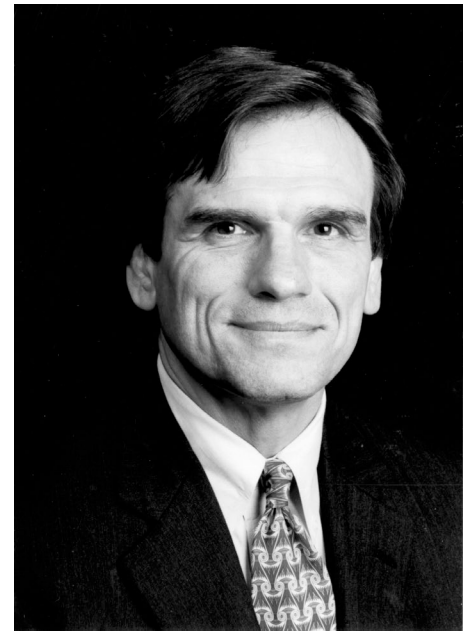
Olympic Bronze Medalist

Current Areas of Interest: Effect of rule changes on training regimens

Completed Wrestling Research: THE EFFECTS OF NINETEEN WEEKS OF WRESTLING TRAINING ON THE MAXIMUM OXYGEN UPTAKE AND RELATED

PARAMETERS OF COLLEGIATE WRESTLERS.-Thesis for the Degree of M. A., Michigan State University, 1976

PUBLICATIONS: THE UNITED STATES WRESTLING SYLLABUS, LEISURE PRESS, 1983 IBAN: 0-88011-014-7
Lehman Brothers' Dance With Delusion-Wrestling Wall Street



Dr. Funda ELMACIOĞLU

Email: fundael@gmail.com

Turkey

FILA Coaches Commission

Interests: Sport Nutrition. Weight loss, recovery.

Receiving award from Dr. Barbas after the keynote lecture to INWR at WC Istanbul 2011



BENEDIKT ERNST M.Sc., B.Sc

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Head coach of the Austrian female wrestling team sportpsychologist



ŞEREF EROĞLU

Email: seref_eroğlu@hotmail.com

Institution: Turkish Sports Minister Consultant

Areas of Interest: Advancement of Technique

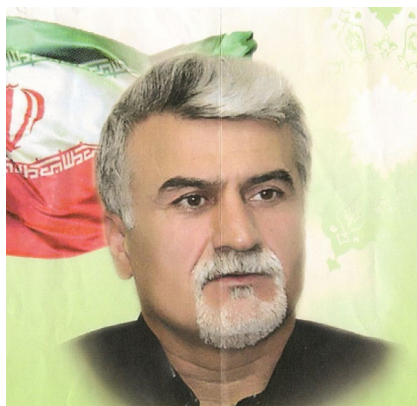
European and World Champion, Olympic Silver Medalist



MEHRZAD ESFANDYARY

Email: mehv_og@yahoo.com

Iran National Coaching Staff



HAMID REZA ESMAEILNEJHA Iran National Coaching Staff

Email



AZIZOLLAH ETAATI

Category 1 international referee and international journalist (IRAN), Head of Iran officiating Committee 2004 - 2006, member of Fila Press Department 2005 – 2008, Fila instructor in Vietnam Coaching Clinic 2008, Iran wrestling Federation instructor, now responsible of Tehran province educating committee.

Email: ettati@fila-wrestling.com,
etaati.azizollah@gmail.com,
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Institution/Organization: Iran wrestling federation, Persian special wrestling Site: www.iwn.ir Mailing Address: ettati@fila-



wrestling.com , etaati.azizollah@gmail.com , etaati_azizollah@yahoo.com

Country: IRAN

Current Areas of Interest: Referring, relation Between referring and coaching, relation between rules and training programs, Analyze.

Completed Wrestling Research: results of my clinic in Vietnam and changing of the national coaches training program after understand of new rules and Fila gules of new rules.

MINDAUGAS EŽERSKIS, PhD

Email: mineze@inbox.lt

Institution/Organization: Lithuanian Academy of Physical Education;
Lithuanian Wrestling Federation

Mailing Address: Rygos 6-94, Vilnius

Country: Lithuania

Current Area of interest: Sports Physiology, Wrestling Training
Methodology

Completed Wrestling Research: My dissertation is: "Influence of different kind heavy training loads and peculiarities of mobilization and recovery of organism functions in wrestlers. Awarded Doctorate 2010

3 x Olympian

National Coach of Lithuania



NADER FARAHPOUR

naderfarahpour1@gmail.com

Professor

Institution: Bu Ali Sina University
Physical Education and Sport Sciences department; Bu Ali Sina University,
Hamedan, IRAN

Country: Iran

Current Areas of Interest: Biomechanics in wrestling; Muscle activity;
Balance and dynamic postural control

Completed Wrestling Research: Dynamic Balance performance of Iranian
ancient's sport "Zorkhaneh" wrestlers compared to gymnasts and sedentary
individuals.

Physical fitness and anthropometrical characteristics of elite middle weight
Greco-Roman and freestyle wrestlers

Electromyographical activities of shoulder muscles in zorkhaneh wrestlers
compared to freestyle wrestlers during bench press exercise

BABAK FARZAD, MS

Email and Contact Information: farzad.babak@gmail.com

Country: Iran

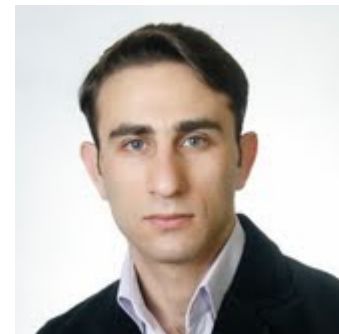
Current area of interest: Hormonal Adaptations, Wrestling Conditioning, Power Training,
Sprint Interval Training

Athletic Achievements:

5th place in Junior World Championship in 2001, Tashkent, Uzbekistan.

2nd place in International Wrestling Tournament in 1999, Tehran, Iran.

3rd place in International Wrestling Tournament in 1998, Tehran, Iran.



1st place in Iranian Greco-Roman national championship

1st place in National Collegiate championship

Completed wrestling research:

Farzad B, R. Gharakhanlou, H. Agha-alinejad, D. G. Curby, et al. Physiological and performance changes from the addition of a sprint interval program to wrestling training. *J Strength Conditioning Res* August 2011.



IOANNIS FATOUROS

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Professor-Democritus University of Thrace
Greece

MIKE FAVRE

Email: mfavre@umich.edu

Institution/Organization: Director of Olympic Sports Strength & Conditioning, University of Michigan

Country: USA

Current Areas of Interest: Physical Preparation and Strength Programming

Publications:

Demirkan E., Koz M., Kutlu M., Favre M. (2015) The Comparison of physical and physiological profiles in elite and amateur wrestlers, *Journal of Strength and Conditioning Research*, National Strength and Conditioning Association, 29(7): 1876–1883

· Demirkan E., Kutlu M., Koz M., Özal M., Favre M. (2014) Physical Fitness Differences between Freestyle and Greco-Roman Junior Wrestlers, *Journal of Human Kinetics*, 41: 245-251

· Demirkan E., Kutlu M., Koz M., Özal M., Güçlüöver A., Favre M. (2014) Effects of hydration changes on body composition of wrestlers, *International Journal of Sport Studies*, 4(1): 196-200

· Demirkan E., Koz M., Kutlu M., Özal M., Güçlüöver A., Favre M. (2013) The investigation of relationship between the body composition and arms-legs anaerobic performance in adolescent elite wrestlers, *Medicina della Sport*, Official Journal of the Italian Sports Medicine Federation, 66(4): 513



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UWW Physician for London Olympics

2010-USA National Wrestling Hall of Fame-Order of Merit Award

UWW Hall of Fame-Order of Merit 2018

Shadgan B, Feldman BJ, Jafari S. Wrestling Injuries During the 2008 Beijing Olympic Games. *Am J Sports Med.* 2010 Sep;38(9):1870-6**CHRISTOPHER A. FERTAL****Head Athletic Trainer****Simpson College, Indianola, Iowa****NATA NSCA, ACSM, NASM****Areas of Interest:** Sports Medicine, Rehabilitation, Exercise Science, Physiology
Has worked with Olympic Trials Gymnastics, Villanova University, Penn State Abington and NovaCare Complex (official training home of the National Football League's Philadelphia Eagles) as part of his professional and college sports credentials, and spending two years with the Philadelphia 76ers Basketball association.**Education:** Graduated from West Chester University in 2002 with his Bachelor's Degree in Student Design Athletic Training and is currently completing his Master's Degree in Sports Medicine (Teaching Emphasis) through Temple University and has a MBA from Capella University. He is now a doctoral candidate.**FETZ-HARTMANN, ANGELIKA****Email:** angelika.fetz-hartmann@univie.ac.at

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1. ÖSG Sommerakademie 2009: „Gewichtskontrolle und Verausgabebereitschaft“
2. ISSP (International Society of Sport Psychology) 12th World Congress 2009: Associations of Body Image, overconformity and weight cutting with disordered eating among female and male sport students.
3. Kongress Der gemachte Körper: "Die Problematik des ‚Gewichtmachens‘ im Kontext von Leistungssport und Gesundheit“.
4. Experience unlimited 2008: Sportpsychologie Motivationstraining - Leistungssport
5. *FETZ-HARTMANN, Angelika (2001):* Weiblicher Ringkampf oder der Einbruch in eine Domäne des Männersports. Wien: unveröffentlichte Diplomarbeit.

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Current Interest of Research: Recovery and Stress Profile of Wrestlers Completed
Wrestling Research: Finn, K.J., Dolgener, F., Williams, R. (2004). Effects of Carbohydrate Refeeding on Physiological Responses, Psychological, and Physical Performance Following Acute Weight Reduction in College Wrestlers. Journal of Strength and Conditioning Research, 18(2), 328-333.
Finn, K.J., Lund, R., Rosene-Treadwell, M. (2003). Glutamine Supplementation Did Not Benefit Athletes During Short-term Weight Reduction. Journal of Sports Science and

Medicine 2 (4), 163-168.

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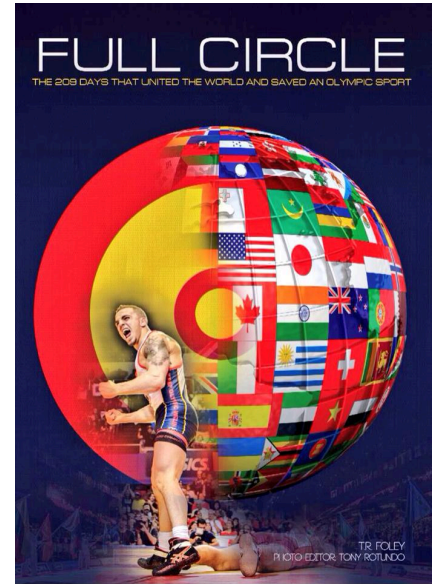
T.R. FOLEY

Freelance journalist with a special interest in writing stories about mixed-martial arts, wrestling and adventure travel. His work has appeared in several national magazines including *ESPN*, *Men's Journal* and the leading MMA publication *FIGHT!*.

In 2004 Foley earned All-American honors as a wrestler for the University of Virginia and later helped coach the Columbia University wrestling. He received his M.S. in Magazine Journalism from the Columbia Graduate School of Journalism in 2009 and began working full-time as a freelancer in late 2009.

In 2011 Foley created **WrestlingRoots.org** a Web site to support the **Wrestling Roots**

Foundation, a non-profit committed to "Connecting the World Through Wrestling." Can be reached trfoley@gmail.com and on Facebook and Twitter.



FULL CIRCLE = The story to save Olympic Wrestling

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Current area of interest: Training and conditioning

Leader of the Martial Arts and Combat Sports Research Group; Secretary of the International Association of Judo Researchers. Author of books and articles concerning combat sports-Physical Conditioning Professional of Judo Players, Brazilian Jiu-jitsu Players and Wrestlers

Completed wrestling research:

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Pediatric Sports Medicine

Memorial Healthcare Systems Hollywood, FL

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Department of Pediatric Orthopaedic Surgery-U18 Sports Medicine

Physician at the Ivan Yaryguine Grand Prix Memorial (Krasnoyarsk, Siberia, Russia) 2008

PUBLICATIONS

1. Green DW, Widmann RF, **Frank JS**, Gardner MJ: Low Risk of Iatrogenic Ulnar Nerve Injury with Crossed Pin Placement in Pediatric Supracondylar Humerus Fractures. *Journal of Orthopaedic Trauma* 19(3): 158-163, 2005
 2. Maheshwari AV, **Frank JS**, Pitcher JD Jr, Temple HT: Low Backache in a 70-year-old Woman. *Clinical Orthopaedics and Related Research*. 467(2): 569-602, 2009
 3. Osbahr DC, Chalmers PN, **Frank JS**, Williams RJ, Widmann RF, Green DW: Acute, Avulsion Fractures of the Medial Epicondyle While Throwing in Youth Baseball Players: A Variant of Little League Elbow. *Journal of Shoulder and Elbow Surgery* 19(7): 951-957, 2010
 4. Nwachukwu BU, McFeely ED, Nasreddine A, Krcik JA, **Frank JS**, Kocher MS: Complications of Hip Arthroscopy in Children and Adolescents. (accepted for publication by the *Journal of Pediatric Orthopaedics*)
 5. Green, DW, Widmann, RF, Gardner MJ, Strickland S, **Frank JS**: "Irreducible Traumatic Radial Head Dislocation in a 7-year old Boy." (to be submitted for publication)
 6. Mizel MS, Temple HT, Stewart C, **Frank JS**: "Prevention of Knee Flexion Contractures after Transtibial Amputations Using Postoperative Knee Immobilization." (to be submitted for publication)
- Zych G, Topp RF, **Frank JS**, Harrison RJ: "Evaluation of Non-Invasive Devices for Emergent Reduction of Unstable Pelvic Ring Fractures." (to be submitted for publication)

RESEARCH GRANTS

1. Cayenne Medical Group (Scottsdale, AZ), \$55,250 Research Grant for Evaluation of Outcomes Using a Novel ACL Reconstruction Technique (AperFix™ ACL Reconstruction System), 2008

BOOK CHAPTERS

1. Kocher MS, **Frank JS**, Micheli LJ: Sequelae of Childhood Meniscal Injury, ACL Tears and OCD of the Knee. In: Name, ed. *Adult Consequences of Pediatric Orthopaedic Conditions*. City, State: Publisher; 2010: pp-pp.
2. Kocher MS, Kramer DE, **Frank JS**: Shoulder Injuries in the Skeletally Immature Athlete. In: Song KM, ed. *Orthopaedic Knowledge Update: Pediatrics 4*. City, State: Publisher; 2010: pp-pp.
3. Kocher MS, Krcik JA, **Frank JS**, Micheli LJ: Chevron Osteotomy for Adolescent Hallux Valgus. In: Name, ed. *Operative Techniques* (Procedures Chapter). City, State: Publisher; 2010: pp-pp.

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Areas of Interest: weight loss, concussion management

Completed wrestling research:

Posters:

Chase, D. Franks, R. "Racial Identity and Evaluation of the Concussed Athlete." at the Emerging Frontiers in Concussion: Targeted Evaluation and Active Management Conference. June 11-12, 2016. Pittsburgh, Pennsylvania.

Smyk N, Chase D, Schatz P, Franks RR. (2015). Stability of effort across comprehensive neuropsychological assessment in youth following sports-related concussion. Poster presentation at the 3rd Annual Conference of the Sports Neuropsychology Society, Atlanta, Georgia. May 2015.



Smyk N, Chase D, Franks RR, Schatz P. (2015). Stability of effort across comprehensive neuropsychological assessment in youth following sports-related concussion. Poster presentation at the American Osteopathic Academy of Sports Medicine Annual Conference, Philadelphia, Pennsylvania. April 2015.

Franks R. Chase, D. "Post-Concussion Syndrome with Associated Psychosis and Mood Disorder: A Case Study." at the Emerging Frontiers in Concussion: Advancements in Assessment, Management, and Rehabilitation Conference. June 7-9, 2013. Pittsburgh, Pennsylvania.

Stache, S. Close, J. Franks R. Levy, E. "Descriptive Analysis of a Concussion Study Sample Group with Use of Amantadine as a Recovery Agent." at the 22nd American Medical Society for Sports Medicine Annual Meeting. April 17-21, 2013. San Diego, California.

Noreski, M Franks R. "Treatment of Post Concussion Syndrome in a NCAA Division I Hockey Player." at the 27th American Osteopathic Association of Sports Medicine Annual Meeting. April 18 – April 21, 2012. Louisville, Kentucky.

Noreski, M Franks R. "An Isolated Teres Major Tear in a High School Baseball Player." at the 27th American Osteopathic Association of Sports Medicine Annual Meeting. April 14 – April 17, 2010. Anaheim, California.

Lambert, K, Franks, R, Neidecker, J. "The Effect of a Required Minimum Body Fat With Mandatory Body Fat Analysis on the Attitudes and Behaviors of High School Wrestlers." at the 24th American Osteopathic Association of Sports Medicine Annual Meeting. March 30 – April 1, 2009. Salt Lake City, Utah.

Bibliography:

Franks RR, "Skin Problems in the Athlete" in Netter's Sports Medicine 2nd Edition. Elsevier Publications: Philadelphia, PA, 2018: 291-302

Franks RR, et al. "Psychological Issues Related to Illness and Injury and the Team Physician: A Consensus Statement. Medicine and Science in Sports and Exercise, 2017: 1043-1054.

Franks RR, et al. "Selected Issues in Injury and Illness Prevention and the Team Physician: A Consensus Statement. Medicine and Science in Sports and Exercise, 2016: 159-71.

Franks RR, et al. "The Team Physician and Strength and Conditioning of Athletes for Sports: A Consensus Statement. Medicine and Science in Sports and Exercise, 2015: 440-45.

Franks RR, et al. "Selected Issues for Nutrition and the Athlete: A Consensus Statement. Medicine and Science in Sports and Exercise, 2013: 2378-2386.

Franks RR, et al. "Position Statement of National Athletic Trainers Association on Preventing Sudden Death in Secondary School Athletes. Journal of Athletic Training, 2013: 546-553.

Franks RR, et al. "Definition of a Team Physician: A Consensus Statement -2013 Update. Medicine and Science in Sports and Exercise, 2013: 1618-1622.

Stache, S. Close, J. Franks R. Levy, E. "Descriptive Analysis of a Concussion Study Sample Group with Use of Amantadine as a Recovery Agent." Abstract. Clinical Journal of Sports Medicine. 2013; 23(2): 155.

Franks RR, et al. "Position Statement of National Athletic Trainers Association on Performance Enhancing Substances. Journal of Athletic Training. Journal of Athletic Training. 2013; 48(1): 124-136.

Franks RR, et al. "Sideline Preparedness and the Team Physician: A Consensus Statement -2012 Update. Medicine and Science in Sports and Exercise, 2012: 2442-2445.

Franks RR, et al. "Return to Play and the Team Physician: A Consensus Statement -2012 Update. Medicine and Science in Sports and Exercise, 2012: 2446-2448.

Franks RR, et al. "Position Statement of National Athletic Trainers Association on Preventing Sudden Death in Sport. *Journal of Athletic Training*, 2012: 477-480.

Franks RR, et al. "Concussion (Mild Traumatic Brain Injury) and the Team Physician: A Consensus Statement - 2011 Update. *Medicine and Science in Sports and Exercise*, 2011: 2412-2422.

Franks RR, "Achilles Tendon Ruptures" in *Encyclopedia of Sports Medicine*. Sage Publications: Los Angeles, CA, 2011: 12-13.

Franks RR, "Shoulder Subluxation." in *Encyclopedia of Sports Medicine*. Sage Publications: Los Angeles, CA, 2011: 1313-15.

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Franks RR and Lambert KC, "The Foot and Ankle Exam" in *Osteopathic Clinical Joint Exam*. American Osteopathic Academy of Sports Medicine: Madison, WI, 2010: 147-62.

Franks RR, et al. "Sports, Recreation and Exercise." Preventing Injury in New Jersey: Priorities for Action. New Jersey Department of Health and Senior Services. New Jersey Department of Health and Senior Services. August 2008, 28-31.

Barry H, Lambert KC, Franks RR. Pre-Participation Physical Examination. In: Ebell MH, Ferenchick G, Smith M, Barry H, Slawson D, Shaughnessy A, Forsch R, Li S, Wilkes M, Usatine R, eds. *Essential Evidence*. John Wiley & Sons: Hoboken, NJ, 2009.

Franks, RR. "School of Hard Knocks – Current Concepts in Concussion Management." *The Journal of the New Jersey Association of Osteopathic Physicians and Surgeons*. Fall 2006; 6.4: 12-22.

Lambert, K, Franks, R, Neidecker, J. "The Effect of a Required Minimum Body Fat With Mandatory Body Fat Analysis on the Attitudes and Behaviors of High School Wrestlers." Abstract, *Journal of American Osteopathic Association*. 2005; 105(7): 332.

Franks, RR. "Power Hungry: Student Athletes and Their Growing Use of Performance Enhancing Substances." *The Journal of the New Jersey Association of Osteopathic Physicians and Surgeons*. Summer 2005; 5.3: 14-19.

Franks, RR. "Maxillofacial Injuries in Athletics." *Osteopathic Family Physician News*. May 2005: 1, 14- 15.



DUNCAN FRENCH

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Publications – over 60 peer reviewed lead/co-author scientific manuscripts

Areas of Interest – sports performance, strength & conditioning, neuromuscular physiology, endocrinology,

Brief biography - Dr. Duncan French is the Vice President of Performance at the UFC Performance Institute, where he directs the performance services and sets the operational strategy for the brand new world-class performance facility in Las Vegas. Prior to joining the UFC, French was the Director of Performance Science at the University of Notre Dame, where he was responsible for directing sport-specific technical interfaces that

maximized the impact of performance services. Before residing in the US, French was a Technical Lead for Strength & Conditioning at the English Institute of Sport. He has worked three full Olympic cycles, and has been the national lead for strength and conditioning to both Great Britain Basketball and more recently Great Britain Taekwondo's Olympic programs since 2004. As a strength and conditioning coach French has coached a host of

Olympic, World Championship, and Commonwealth Games medalists, as well as world-record holders from a variety of different sports. For 3 seasons between 2009-12, French served as the Head of Strength & Conditioning at Newcastle United Football Club in the Barclays English Premier League. French earned his PhD in Kinesiology from the University of Connecticut in 2004. He currently serves as an editorial board member for the Journal of Strength & Conditioning Research. French was the chairman of the UKSCA from 2011-13 and received an Honorary Fellowship in 2014 for his services to the strength and conditioning industry



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Area of interest: **Sports Psychology, Self Improvement**

Bio: Born in April 1st 1976 in Communist Romania, 1994 World Junior Wrestling Champion, 1994 Romanian Athlete of the year. I moved to United States at the age 23 where I currently own a Private Fitness Training Facility in Los Angeles. I am the founder and CEO of HPM coaching system, author, speaker and NASM certified fitness training with an extensive background in sports psychology.



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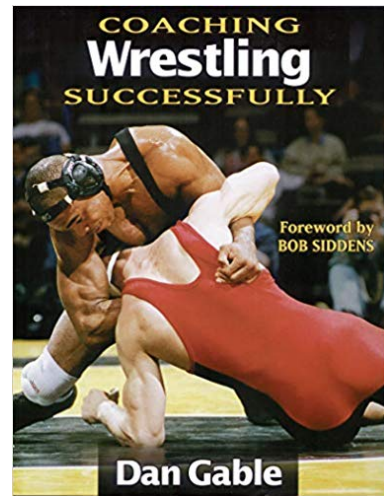
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Gaston Technique, Wrestling Injuries, Wrestling taping and strapping techniques
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Areas of Interest: Training of elite wrestlers



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Bulgarian freestyle athlete at 66kg

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Bulgarian Champion junior at 66kg 2005

2x times second place '04, '05 at FILA tournament Petko

Sirakov, Bulgaria (junior) at 66kg

World and Europe team member for juniors at 66 kg 2005

Bulgarian Champion senior 2005, 2009 at 66kg

Europe team member for senior 2009

2X times second place '08, '09 at FILA tournament Dan Kolov, Bulgaria (senior) at 66kg

1st place at FILA tournament Macedonian Pearl '05 Skopje (senior) at 66kg

1st place at second German Bundesliga Team Eintracht-Walheim (Aachen) season '07- 74kg

3th place at second German Bundesliga Team Eintracht-Walheim (Aachen) season '10-74kg

2nd place at second German Bundesliga Team Eintracht-Walheim (Aachen) season '11-74kg

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Current Areas of Interest:

Training control

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Bachelor of Industrial Relations University of Carabobo (1999)

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Master of Physical Activity in the Community. Manuel Fajardo University Institute. (2008).

Masters in teaching physical education.

Specialization: Methodology of Sport Training IPB UPEL 2009

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Diploma in training methodology 2010 (UCCFMAF)

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Work:

Position: Athletic Training Program Coordinator University Sports South, area: sports training institute: University Sports South 2010.

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Professor for hours -Physical Education Institute: José Félix Mora, year 2000-2003

Professor for hours, area: physical education institute: Urama Education Unit, 2003 to present.

Area Coach: school wrestling: University of Carabobo, year 2002-2005

Coach, area: wrestling, college: Fundadeporte, year 1991-1999

Coordinator of monitoring and control of the physical activities of the sport Universidad Iberoamericana. Institute:

Mission Sucre. 2008 - to date

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	<p>Urama, año 2003 hasta la actualidad.</p> <ul style="list-style-type: none"> ➤ Cargo: entrenador área: lucha olímpica instituto: Universidad de Carabobo, año 2002-2005 ➤ Cargo: entrenador, área: lucha olímpica, instituto: Fundadeporte, año 1991-1999 ➤ Cargo: coordinador de seguimiento y control de las actividades físicas universidad iberoamericana del deporte. instituto: Misión Sucre. año 2008-hasta la actualidad ➤ Cargo: coordinador de educación física MPPE en el Municipio Juan José Mora ,instituto: MPPE desde año 2003 – hasta 2008
<p>Ponencias</p>	<ul style="list-style-type: none"> ➤ IV Conferencia Internacional de Actividad Física, Tiempo Libre y Recreación. Villa Clara. Cuba 2010. Programa de actividades físicas terapéuticas para la parroquia Urama . ➤ I Jornada de Educación Física. Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad. UPEL. Valencia Edo Carabobo. 2010. ➤ Fórum a nivel de estado Cojedes 2010. Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad pertenecientes a la escuela Carlos Vilorio. San Carlos. Edo-Cojedes. ➤ IV Jornadas Nacional de Investigación Científica UID 2010. Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad pertenecientes a la escuela Carlos Vilorio. San Carlos. Edo-Cojedes. ➤ 1 era Jornada de Proyección Social y Comunitaria UID. 2010. Importancia de la actividad física y salud.
<p>Publicaciones</p>	<ul style="list-style-type: none"> ○ ➤ <i>Programa de actividades físicas terapéuticas para adultos mayores hipertensos parroquia Urama. EFDeportes.com, Revista Digital. Buenos Aires, Año 15, N° 150, Noviembre de 2010. http://www.efdeportes.com/ ISBN 1514-3445</i> ➤ <i>Programa dirigido a los profesores para captar talento en lucha olímpica, http://www.efdeportes.com/ Revista Digital - Buenos Aires - Año 15 - N° 145 - Junio de 2010 ISBN 1514-3445</i> ➤ <i>Programa educativo de gimnasia para embarazadas sanas. Caso pacientes que asisten al servicio de consultas prenatales en el Ambulatorio Blanca de Pérez del Municipio San Carlos Estado Cojedes, EFDeportes.com, Revista Digital. Buenos Aires, Año 15, N° 149, Octubre de 2010. http://www.efdeportes.com/</i> ➤ <i>IV Conferencia Internacional de Actividad Física, Tiempo Libre y Recreación. Villa Clara. Cuba 2010. Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad pertenecientes a la escuela Carlos Vilorio. San Carlos. Edo-Cojedes. Editorial Feijóo: ISBN: 978-959-250-570-4.</i> ➤ <i>IV Conferencia Internacional de Actividad Física, Tiempo Libre y Recreación. Villa Clara. Cuba 2010. estrategia motivacional dirigida a mejorar el rendimiento de los atletas de lucha olímpica del edo. Cojedes .. Editorial Feijóo: ISBN: 978-959-250-570-4.</i>
<p>Investigaciones</p>	<ul style="list-style-type: none"> ➤ Nuevas perspectivas en el deporte venezolano 2011 ➤ Ordenamiento organizacional del deporte en Venezuela 2010 ➤ Estrategia terapéutica para adultos mayores hipertensos. 2009

<p>Cursos realizados</p>	<ul style="list-style-type: none"> ➤ Propuesta de captación de talento para la práctica de la lucha olímpica .2008. ➤ La Actividad Física. Sus Medios y la Salud. Facultad de Cultura Física Villa Clara, “Manuel Fajardo”. Villa Clara. Cuba. Duración 40 horas. 2010. ➤ “Como escribir para Publicar”. “UID”. San Carlos Edo. Cojedes. 2009. Duración 36 horas. ➤ Congreso de Pedagogía 2009. Habana- Cuba. Duración 36 horas. 2009 ➤ III Congreso de Educación Física y Recreación. “Retos y desafíos de la actividad física en las sociedades del siglo XXI. Edo. carabobo. 2008. Duración 36 horas. ➤ Deporte y Compromiso Cognitivo. “ME”. San Carlos Edo. Cojedes. 2008. Duración 8 horas. ➤ “Calidad del Profesorado: Un Modelo de Competencia Académica”. “UID”. San Carlos Edo. Cojedes. 2008. Duración 16 horas. ➤ Congreso de Prevención Integral de las Comunidades Universitarias. “UC”. Valencia Edo. Carabobo. 2008. Duración 20 horas. ➤ “Construcción de una Planificación para las Actividades Físicas y el Deporte”. “UID”. San Carlos Edo. Cojedes. 2008. Duración 16 horas. ➤ “Gestión y Organización de Eventos Especiales”. “UID”. San Carlos Edo. Cojedes. 2008. Duración 36 horas. ➤ “Competencias Académicas del Docente de la UID”. “UID”. San Carlos Edo. Cojedes. 2008. Duración 20 horas. ➤ Foro Internacional de Gestión y Administración de Instalaciones Deportivas. “UID”. San Carlos Edo. Cojedes. 2008. Duración 16 horas. ➤ III Jornadas: Actividad física, nutrición y salud “UPEL”. Barquisimeto Edo. Lara. 2006. Duración 16 horas. ➤ 1º Foro Taller sobre Proyecto Ley Orgánica de Educación “UNY” Barquisimeto Edo. Lara. 2006. Duración 8 horas. ➤ 1ª Jornada de Investigación de las Instituciones que Forman el Talento Humano en la Educación Física, el Deporte y la Recreación, “UNEY”. San Felipe Edo. Yaracuy. 2006. Duración 24 horas. ➤ 1º Congreso Bolivariano Internacional de Currículo, Educación Física y Deporte Escolar “UNEY”. San Felipe Edo. Yaracuy. 2005. Duración 32 horas. ➤ Orientaciones Pedagógicas I Y II Etapa De Educación Física. “IND”. San Felipe Edo. Yaracuy. 2004. Duración 24 horas. ➤ Medicina Deportiva. “IND”. San Felipe Edo. Yaracuy. 2004. Duración 4 horas. ➤ 1º Congreso de Ciencias de Alto Rendimiento Deportivo. “ULA CIARD 2004”. Mérida Edo. Mérida. 13 puntos créditos otorgados por la F.M.V. ➤ Jornada de Análisis Curricular en el Área de Educación Física, Deporte y Recreación. “UC” Valencia Edo. Carabobo. 2004. Duración 16 horas.
<p>Formación</p>	<ul style="list-style-type: none"> ➤ Secundaria: 1987-1991 U.E. “Ambrosio Plaza ” . Edo. Carabobo (Bachiller en ciencias). ➤ Primaria: 1982-1987 Escuela Rómulo Gallegos Edo. Carabobo. (6to. Grado). ➤ Licenciado en relaciones industriales universidad de Carabobo (1999) ➤ Licenciado en educación física y deportes ➤ 2006 Universidad Nacional Experimental de los llanos. ➤ Maestría en Actividad Física en la Comunidad. Instituto Universitario Manuel Fajardo. 2008). ➤ Especialización :metodología del entrenamiento deportivo UPEL IPB 2009 ➤ Diplomado en metodología del entrenamiento 2010 (UCCFMAF) ➤ Diplomado en actividades físicas terapéuticas.2010 (UCCFMAF) ➤ Diplomado en ciencias biomédicas 2010 (UCCFMAF) ➤ Diplomado en estudios Interactivos a Distancia. 2009(UDS) ➤ Superior:
<p>Intereses y actividades</p>	<ul style="list-style-type: none"> ➤ Participación como ponente en más de 50 eventos nacionales e internacionales ➤ Participación en más de doscientos cursos de formación ➤ Investigador de las ciencias aplicadas al deporte

	<ul style="list-style-type: none"> ➤ Participación en los XIII Juegos Venezolanos de las Instituciones de Educación Superior “ULA JUVINES 1994” calidad entrenador en la Disciplina de lucha Edo. Mérida. ➤ Participación en los XIII Juegos Venezolanos de las Instituciones de Educación Superior “UDO JUVINES 1996” calidad entrenador en la Disciplina de lucha Edo. Sucre ➤ Participación en los Xv Juegos Venezolanos de las Instituciones de Educación Superior “UCLA JUVINES 2002” calidad entrenador en la Disciplina de lucha Edo.carabobo. ➤ Participación en los XIII Juegos Venezolanos de las Instituciones de Educación Superior “UPEL JUVINES 2004” calidad entrenador en la Disciplina de lucha DISTRITO FEDERAL. ➤ Participación en los XIII Juegos Venezolanos de las Instituciones de Educación Superior “UNEFA JUVINES 2010” calidad entrenador en la Disciplina de lucha Edo. YARACUY ➤ ENTRENADOR DE LA Selección de Lucha. Edo. Carabobo. 1990 Hasta 2009. ➤ Manejo de Internet y Microsoft Office. ➤ Conocimientos de Masajes Profilácticos terapéuticos y deportivos. ➤ Preparador Físico. ➤ Siempre dispuesto a asumir nuevos retos.
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MAHDI GHahremani MOGHADDAM

Email: Mahdi.ghahremani@gmail.com

PhD candidate in exercise physiology, Faculty of physical education and sport sciences, University of Guilan

Country: Iran

Current area of interest:

- Applied physiology of wrestling
- Science of training
- Exercise physiology

Completed wrestling research:

1. Mirzaei, B., Rahmani-Nia, F., **Ghahremani Moghadam, M.** A comparative study of body composition, aerobic power, anaerobic power and strength of Iranian Free-Style and Greco-Roman wrestlers participating in The Beijing Olympic Games. Journal of Sport & Society, (2010) 49 (1), 192-194.
2. Arazi, H., Faraji, H., **Ghahremani Moghadam, M.**, Samadi, A. Effects of concurrent exercise protocols on strength, aerobic power, flexibility and body composition. Journal of Kinesiology, (2011) 2:107-114. (ISI).
3. Mirzaei, B., Arazi, H., Curby, D., Barbas, I., **Ghahremani Moghadam, M.**, Hosseini, Y. The effects of two different resistive loading patterns on strength, hypertrophy, anaerobic power and endurance in young wrestlers. International Network of Wrestling Researchers (INWR). Vol 1, Issue 3. (2011).
4. Mirzaei, B., **Ghahremani Moghadam, M.**, Rezaei, A., Ziaol Hagh, S.J. The Effect of Ramadan Fasting on Biochemical and Performance Parameters in Collegiate Wrestlers. Iranian Journal of Basic Medical Sciences. (in press). (ISI)



VARDAN GHAZARYAN

QAT@fila-wrestling.com

Coach at FILA Training Center in Doha Qatar





SHAHAB GHORBANI

Iran

Shahab_ghorbani@yahoo.com

MSc in Exercise physiology

Current areas of interest: 1) nutrition for wrestlers 2) Exercise Since in wrestling 3) supplement use in wrestling 4) Obesity

Completed Research: The effect of different recovery methods on blood lactate removal in wrestlers .

Ghorbani S, Mohebbi H, Safarimosavi S, Ghasemikaram M. (2015).

Effects of short-term nonperiodized, linear periodized and daily undulating periodized resistance training on plasma adiponectin, leptin and insulin resistance.

Ahmadizad S, Ghorbani S, Ghasemikaram M, Bahmanzadeh M

Athletic Achievements: Iran National team in Junior and Senior/ Asian junior Championship 1999 Iran Tehran Gold medal/ World student(University) 2006 Gold medal / World Junior Championship(17-21) 2000 Silver Medal /World Junior Championship, Iran 4 Medals from Takhti Cup-One silver and 3 bronze/ 5th place Medvid Cup / Got qualified for Sydney Olympic from Minsk and Japan Tournament.

Work History: Counselor and designed training protocol • Junior GR-Wrestling Iran, 2012 also 2017 / Head coach Shahid Behsti University Wrestling team 2007-2013 and International Qazvin University Wrestling team 2014 -2015

GHULAM FARID

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Pakistan

EDUCATION

MSc (Sports Science)

MBA (finance) 2014

University of Central Punjab Lahore

BA 2008

University of the Punjab, Lahore

COACHING EXPERIENCE

Coaching Course 2015 (IRAN)

Coach for National Junior Wrestling team.

2 year experience as wrestling coach by HEC

3 year experience as wrestling,judo,and ju-jitsu coach by UCP

2 year experience as event orgnizer for annual sports day by PGC.

1 year experience in management by punjab sports board.

Sports achivements:

Participate in pak/indo championship 2009 (Nandeer, India)

National silver madel (senior wrestling championship) (3 times)

National bronze madel (senior wrestling championship) (2 times)

Pakistan university champion (wrestling) (5 times)

Languages: English, Urdu, Punjabi



ERASMIA GIANNAKOU

egiannak@phyed.duth.gr

Institution / Organization: School of Physical Education and Sport Science, Democritus University of Thrace

Country: Greece, Hellas

Current area of interest: Biomechanics

Completed Wrestling Research:

Ioannis Barbas, Boris Podlivaev, Harold Tunnemann, Youri Sahnouratov, Nikos

Aggeloussis, Menia Gioftsidou, Erasmia Giannakou (2015). "Wrestling Plus"-

Integrated development of young wrestlers. *International Forum of Olympic Wrestling*

Ancient Olympia, 14-15 May 2015, Greece

Brief Biography:

Erasmia Giannakou graduated in 2002 from the Democritus University of Thrace (Greece), with a combined degree in Physical Education and Sport Science. She received her Master degree in Sport Science from the Democritus University of Thrace in 2005. She is currently a PhD candidate in the field of locomotion biomechanics and her research focuses on muscle architecture and neuromuscular coordination in individuals with neurological disorders.

JENNIFER GIBSON, MSc, RD, IOC Dip Sport Nutr
Sport Dietitian
Formerly with Combat and Acrobatic Sportfolio
Sport Performance
United States Olympic Committee
Colorado Springs

Now with the Chicago Bears Football Team
Jennifer.Gibson@bears.nfl.net
Interest areas: Nutrition and exercise physiology for wrestling.



SHANNYN GILLESPIE
coachshannyn@gmail.com
Areas of Interest: Coaching, Women's Wrestling



Sam GIRGIS, MD
sjg@girgisent.com
ENT Specialist
Hinsdale, IL
Areas of Interest: Ear trauma

Giuseppi GIUNTA
Italy
giuseppegiunta@hotmail.it
National Coaching Staff





Eren Andre GJAEGTVIK
Norway
Norwayerengekken@msn.com
National Junior Coach

Nasos GKREKIDIS
athagkre1@phyed.duth.gr

Graduated from the School of Physical Education and Sports Science of Democritus University of Thrace, Greece, with wrestling as specialty. Currently finishing postgraduate studies on Maximization of Athletic Performance.

Wrestling coach at DUTH Wrestling Club in Komotini
Practical exercises and part - time job at the Rehabilitation Laboratory of SPESS of Democritus University of Thrace

Awarde the Young Researcher Award for. "BARBAS 3D DUTH WRESTLING DUMMY" AS A TRAINING TOOL FOR THE NORMAL RETURN OF INJURED WRESTLING ATHLETES" at the 27th International Congress on Physical Education & Sport Science held at the Democritus University of Thrace in Komotini, Greece, May 2019.

1st place in Pankration European Championship in Napoli, Italy, 2011
2nd place at Kickboxing European Championship in Lignano Sabiadoro, Italy, 2011
2 times 1st place in National Pankration Championship
1st place in National University Kickboxing Championship



Straso Gligorov
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Macedonia-National Coach

Cody Goessl, MS, LAT
cody.goessl@unmc.edu

PhD Candidate

University of Nebraska Medical Center—College of Public Health
Department of Health Promotion, Social and Behavioral Health
984365 Nebraska Medical Center
Omaha, NE 68198-4365

United World Wrestling (Governing body of the Olympic sport of wrestling) Category 2 Official—Currently, under evaluation for Category 1 Official (Expected decision: January 1st, 2019). A. Assigned trips by USA Wrestling with National Greco-Roman/Freestyle Teams

ALIN GRIGORE

Federal Coach, Lecturer at university, discipline: wrestling

Email: alin1grigore@yahoo.co.uk

Institution/Organization:

Romanian Wrestling Federation, University Valahia Tirgoviste, Faculty of Physical Education and sport

Mailing Address: Bucuresti, Strada Liviu Rebreanu nr. 46-58, Bl. 6, Ap. 34, sector 3

Country: ROMANIA

Current Areas of Interest:

Female Wrestling, free style wrestling. (Training methodology, Specific strength development)

Completed Wrestling Research: Wrestling revitalization– a possible alternative - program », Romanian Wrestling Federation, Bucharest, 2012, ISBN (978-973-0-12179-7), co-author;



Training preparation guide at Olympic Women's Wrestling », PhD Thesis, U.N.E.F.S. Bucharest, 2010;

The Wrestler– about human development, the human ability to wrestle ».

International Scientific Session Psychomotor activities from interdisciplinary perspective”. Bucharest University, Faculty of Psychology and Educational Sciences, Department of Physical Education and Sports, 4.12. 2009. Publishing University of Bucharest, 2009, ISSN 1843-7079, author;

The developments of the psychomotor capabilities through the specific and the non-specific wrestling techniques » – Publisher Cartea Universitară, Bucharest, 2007, ISBN (10)973-731-464-6; ISBN (978-973-731-464-2), first-author;

Wrestlings - the methodical training of the Olympic Cycle 2005-2008 in the perspective of the 2012 Olympic Games » – Romanian Wrestling Federation, Bucharest, 2006, ISBN (973-0-04375-2.978-973-0-04375-4), co-author;

Wrestling Games – Publisher Cartea Universitară, Bucharest, 2005, ISBN (973-731-245-7),

TERRY L. GRINDSTAFF, PT, ATC, PhD, SCS, CSCS
Creighton University
Associate Professor

School of Pharmacy and Health Professions
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ALYONA GRUSHKOal-grushko@yandex.ru

Sport psychologist

Московский Государственный Университет им. М.В. Ломоносова (МГУ)

Doctor of Philosophy - PhD Field Of Study sport psychology

Sports psychologist, researcher in Moscow Center of Advanced Sport Technologies (since 2013)

Board member in Russian Association of Computer Science in Sport

2009-2012 – lecturer in psychology, College of Professional Technologies (Russia, Omsk)

Education

2012-2017 - PhD Lomonosov Moscow State University, faculty of psychology

2004-2009 Omsk State University, faculty of psychology

Scientific interests: mental & perceptual-cognitive training in sports, eye tracking, biofeedbackhttps://www.researchgate.net/profile/Alyona_Grushkohttps://istina.msu.ru/profile/Alyona_Grushko/

Experience in sport: since 2009 – mountaineering



Grushko, A., Bochaver, K., Shishkina, A., Kabanov, D., Konstantinova, M., Vavaev, A., and Kasatkin, V. (2016). Psychological and psychophysiological profile in combat sports. *Revista de Artes Marciales Asiáticas*, 11(2s):70–71.

MEHMET GUL, PhD**19 Mayıs University – Samsun – Physical Education and Sport****Email:** mgulsivas@hotmail.com

Member of Turkish Wrestling Referee's Association

Wrestling Research: Gul, M., (2011). Karakucak Wrestling and

Contribution of Karakucak Wrestling to Modern Turkish Wrestling:

Instance of Sivas City, 1. International Symposium on Karakucak and Shalwar Wrestling, Kahramanmaraş/ Turkey.

Turkmen, M., **Gul, M.**, Doğan, A., (2012). Investigation of Terminologies Related to Wrestling and Shalwar Wrestling in Kahramanmaraş Oral Literature, 2. International Symposium on Olympic and Traditional Wrestling, Kahramanmaraş/ Turkey.

Gul, M., Imamoglu, O., Ozdal, M., Doğan, A., (2012). Annual Changes of Physical and Physiological Features of Wrestlers Staying in Wrestling Training Centres: Instance of Sivas, 2. International Symposium on Olympic and Traditional Wrestling, Kahramanmaraş/ Turkey.

Soygüden, A., **Gul, M.**, (2012). The Investigation of Personal Characteristics of Wrestlers Prospering to International Level: Instance Of Yasar Dogu, 2. International Symposium on Olympic and Traditional Wrestling, Kahramanmaraş/ Turkey.

**2015 INWR Young Researcher Award Winner****OVE GUNDERSEN****Email:** ove@mattekanten.no**Institution/Organization:** Norsk Bryting, Editor of Wrestling Web magazine "Mattekanten"**Mailing Address** [Sønsterudveien 16](#), 1412 Sofiemyr**Country:** Norway**Current Areas of Interest:** History, Statistics**Completed Wrestling Research:** Books (Verdensklubben, 2000, Club history), (Atalanta, 1996 History on woman wrestling), (Om Ine Barlie, 2007 Biography on a world female champion), (Brytespeilet, 2007, Statistics).(Norges Bryteforbund 100

år, 2013, History), (The wrestling county with all the names, Oslo and Akershus, 2013, History).

Wrestling research: (Differences between men and female wrestling technique, 1984).

**SERGIU
GURIN**

Address(es) 161/1, Grenoble str, 38 ap, 2019, Chisinau, Republic of Moldova

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Country: Moldova



Occupation Sports School "Speranza", Municipal High School with Sports Profile. (Chisinau)
Coach in Freestyle Wrestling

Work 1. from 2008 – till present; Sports School "Speranta", Municipal High School with Sports Profile. Coach in Freestyle Wrestling
2. Aug. 2007 – Aug 2008 : High School (Basarabasca), coach in freestyle wrestling
Dec. 2005 : Sport School (Basarabasca), coach in freestyle wrestling
4. 2002-2003 : Sport Instructor in Fitness Centre (Chisinau)

Studies 2000-2004 : National Institute of Physical Education and Sport, (Chisinau)

2012 – FILA advanced school for coaches in freestyle wrestling (Sofia, Bulgaria)
2010 - FILA advanced school for coaches in freestyle wrestling (Murcia, Spain)

Languages French – medium, English – medium, Russian – high, Italian – high, Romanian - native



CARLOS GUTIÉRREZ-GARCÍA Ph.D.

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Institution/Organization: University of León

Mailing Address: Facultad de Ciencias de la Actividad Física y del Deporte. Campus de Vegazana s/n. 24071 - León (Spain)

Country: Spain

Current Areas of Interest: Martial Arts and Combat Sports from a multidisciplinary perspective

Completed Wrestling Research:

Pérez-Gutiérrez, Mikel, Brown, David H.K., Álvarez, Eduardo, Gutiérrez-García, Carlos (2014). The (Re)Emergence of a Religio-Spiritual Self-Cultivation Focus in Asian Martial Arts Monographs Published in Spain (1906–2009), The International Journal of the History of Sport. [Epub ahead of print]. DOI: 10.1080/09523367.2014.943735

Escobar-Molina R, Rodríguez-Ruiz S, Gutiérrez-García C, Franchini E. (2014). Weight Loss and Psychological-Related States in High-Level Judo Athletes. International journal of sport nutrition and exercise metabolism. [Epub ahead of print]. <http://dx.doi.org/10.1123/ijsnem.2013-0163>.

Poecco, Elena, Gerhard Ruedl, Nemanja Stankovic, Stanislaw Sterkowicz, Fabricio Boscolo Del Vecchio, Carlos Gutiérrez-García, Romain Rousseau, Mirjam Wolf, Martin Kopp, Bianca Miarka, Verena Menz, Philipp Krüsmann, Michel Calmet, Nikolaos Malliaropoulos, and Martin Burtscher (2013). Injuries in judo: a systematic literature review including suggestions for prevention. British Journal of Sports Medicine 47 (18):1139-1143. doi: 10.1136/bjsports-2013-092886.

Franchini, Emerson; Rodríguez-Huertas, Jesús F.; Sterkowicz, Stanislaw; Carratalá, Vicente; Gutiérrez-García, Carlos; Escobar-Molina, Raquel (2011). Anthropometrical profile of elite Spanish Judoka: Comparative analysis among ages. Archives of Budo, 7(4), 239-245.

Pérez-Gutiérrez, Mikel; Gutiérrez-García, Carlos y Escobar-Molina, Raquel (2011). Terminological recommendations for improving the visibility of scientific literature on martial arts and combat sports. Archives of Budo, 7(3), 159-166.

JANOS GYOERGYI

Email: janos.gyorgyi@gmail.com

Institution / Organization: Mongolian State Sport Administration, Sport Science and Methodological Center

Mailing Address: Baga toiruu 55, Central Sport Palace, Ulaanbaatar-210648, P.O.Box-121, Mongolia

Current area of interest: Endurance training research and training planing; wrestling motion analysis and analysis of different wrestler techniques

Completed wrestling research: Adaptation of "Tabata Test" in Wrestling



Hadi HABIBI



Kharazmi University

Department of Sport Science and Physical Education

Father's Name: Hashem

Date of birth: September 17, 1978

Nationality: Iranian

Place of birth: Tehran

Email: hhabibi2003@yahoo.com

Phone Number: +98-912-3831 906

Education

2004-2008 Bachelor of Sport Science and Physical Education

2008-2010 Master of Sport Science and Physical Education

Fila International Coaching Qualification

Scientific Articles

1- Upper body anaerobic power wrestlers (2013). Kharazmi University, Medicine and sport Publication.

2- Agility elite wrestlers (2012) . Olympic Publication

3- Compare the mental skills profile wrestlers national youth team (2014). Poster/ Beheshti University

Books

1- Anaerobic power exercise physiology. 2012

2- Stretching exercises in Wrestling. 2014

Teaching experience

Wrestling: Kharazmi University, 4 years.

Swimming: Kharazmi University, 1 Semester

Physical Education: Kharazmi University, 2 years

Executive Records

2011 up to now: Assistance: International Wrestling Institute of Iran.

2011 up to now: Responsible: Kharazmi University, Department of Physical Fitness committee.

Also, working as lecturer in theoretical courses and practical Wrestling Federation of Iran.



Dr. ASHRAF HAFEZ

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Professor at the Faculty of Physical Education, Helwan University
Cairo, Egypt

President of coaches committee in Egyptian wrestling federation
Coach of Egyptian team in London 2012, silver medal - final grand prix 2010 , silver medal - African championship 2010 , world championship 2003, silver medal





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Iran

Prof. Mag. Dr. BRUNO HARTMANN
Email: b.c.hartmann@a1.net
Institution/Organization: Austrian Wrestling Federation – Head-coach for female wrestling
Country: Austria
Current Areas of Interest: all information about wrestling



Tom HAZELL
Email: thazell@elcamino.edu
thazell51@gamail.com

Professor in Health Sciences and Athletics at El Camino College in Torrance, California 29th year). Courses Taught: Fitness and Conditioning, Contemporary Health, Introduction to Physical Education and Kinesiology, and Recreation. I was the wrestling coach here for 11 years until they dropped the program. I continued to coach at West Torrance High School for an additional 10 years after that and for the past 18 years or so I've officiated high school wrestling in Southern California.

Competition bio: State Champ at HWT at El Camino College after which I wrestled two years at Oklahoma State at HWT for Tommy Chesbro. 2X-All American, placing 6th twice and a Big 8 Champ. Took a number of seconds and thirds at the AAU's, USWF, and USA Wrestling championships. Took second at Tbilisi and won the Pan American Championships at 90Kg. I also won the Veterans a few times and 3rd at the World Veterans. Presently on the board for Beat the Streets - LA and a member of the LA28 Wrestling Committee.

I find any research that is associated with the sport of wrestling fascinating and informative.



Zihong HE, Ph.D, Researcher

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Tel: +86(10)87182524(O); 13693209487(cell) p

E-mail: zihonghe@163.com; hezihong@ciss.cn

Highlights:

- PhD in Exercise Biochemistry.
- master tutor
- More than ten years' experience at Chinese Institute of Sport Science
- The principal of nutrition recovery and training monitor in Chinese female wrestling team for 2004, 2008, 2012, 2016 Olympic games.

- Principal and key player in multiple major research projects.
- Enjoy challenge and study/work effectively either independently or as a part of team.
- The first author of several articles in well-known academic national and international sport journals.

Highlights:

- PhD in Exercise Biochemistry.
- More than ten years experience in Top research institute of sports science in Mainland China.
- The principal of nutrition recovery and training monitor in Chinese female wrestling team for 2004, 2008, and 2012 Olympic game.
- Principal and key player in multiple major research projects.
- Enjoy challenge and study/work effectively either independently or as a part of team.
- The first author of several articles in well-known academic national and international sport journals.
- Visiting Scholar, Pennington Biomedical Research Center, Louisiana State University, USA

Education:

- 2004 Sep~2007 Jul: PhD in Exercise Biochemistry, Beijing Sport University, Beijing, China
- 1998 Sep~2001 Jul: M.S. in Exercise Physiology, Tianin Institute of Physical Education, Tianjin, China
- 1994 Sep~1998 Jul: B.S. Dept. Biology, Qufu Normal University, Qufu, China

Employment History

- 2013 Dec-present: Biology Center of China Institute of Sports Science, Researcher, Beijing, China
- 2008 Dec~2013 Nov: Biology Center of China Institute of Sports Science, Associate Researcher, Beijing, China
- 2001Sep~2008,Nov: Biology Center of China Institute of Sports Science, Assistant Researcher, Beijing, China
- 2003 Dec~present: China Female Wrestling Team, Research Coach, Beijing, China

Publications

1. Zihong He, Tuomo Rankinen, Arthur Leon, James Skinner, Andre Tchernof, and Claude Bouchard. Plasma steroids, body composition and fat distribution: effects of age, sex, and exercise training. International Journal of Obesity, 2017, potentially acceptable for publication.
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7. Tian Y, Huang C, He Z, Hong P, Zhao J. Autonomic function responses to training: Correlation with body composition changes. *Physiol Behav*, 151:308-313, 2015.
8. Garatachea N, Fuku N, He ZH, Tian Y, Arai Y, Abe Y, Murakami H, Miyachi M, Yvert T, Venturini L, Santiago C, Santos-Lozano A, Rodríguez G, Ricevuti G, Pareja-Galeano H, Sanchis-Gomar F, Emanuele E, Hirose N, Lucia A. PTK2 rs7460 and rs7843014 Polymorphisms and Exceptional Longevity: A Functional Replication Study. *Rejuvenation Res*, 17(5):430-438, 2014.
9. Sanchis-Gomar F, Garatachea N, He ZH, Pareja-Galeano H, Fuku N, Tian Y, Arai Y, Abe Y, Murakami H, Miyachi M, Yvert T, Santiago C, Venturini L, Fiuza-Luces C, Santos-Lozano A, Rodríguez-Romo G, Ricevuti G, Hirose N, Emanuele E, Lucia A. FNDC5 (irisin) gene and exceptional longevity: a functional replication study with rs16835198 and rs726344 SNPs. *Age (Dordr)*, 36(6):9733,2014.
10. Li R, Jin L, Hong P, He ZH, Huang CY, Zhao JX, Wang M, Tian Y. The effect of baduanjin on promoting the physical fitness and health of adults. *Evid Based Complement Alternat Med*, 2014, 784059, 2014.
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17. He ZH, Hu Y, Li YC, Bao DP, Ruiz JR, Lucia A. Polymorphisms in the calcineurin genes are associated with the training responsiveness of cardiac phenotypes in Chinese young adults. *Eur J Appl Physiol*, 110(4):761-767.2010.
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24. He Z, Hu Y, Feng L, Li Y, Liu G, Xi Y, Wen L, Lucia A. NRF-1 genotypes and endurance exercise capacity in young Chinese men. *Br J Sports Med*, 42(5):361-366, 2008.

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26. He Z, Hu Y, Feng L, Lu Y, Liu G, Xi Y, Wen L, Xu X, Xu K. Polymorphisms in HBB gene relate to individual cardiorespiratory adaptation in response to endurance training. *Br J Sports Med*, 40(12): 998-1002, 2006.
27. Z.-H. He, L.-H. Ma. The aerobic fitness (VO₂ Peak) and α -fibrinogen genetic polymorphism in obese and non-obese Chinese boys. *Int J Sports Med*, 26(4):253-257, 2005

Honors and Achievements

1. The Title of Outstanding Contribution Individual of London 2012 Olympic Games was awarded by General Administration of Sport of China and Chinese Olympic Committee
2. The Title of Outstanding Contribution Individual of BEIJING 2008 Olympic Games was awarded by General Administration of Sport of China and Chinese Olympic Committee
3. The project "the integrative research on female wrestling team for 2008 Olympic games" was awarded the third prize by General Administration of Sport of China.
4. The project "the study of molecular markers for selecting elite runner" was awarded the third prize by General Administration of Sport of China.
4. As the main member, the Project of "Effects of Medium-level Altitude Training on the Elite Speed Skaters" for the 19th Winter Olympic Games was awarded the third place
5. As the main member, the Project of "physiologic and biochemical monitoring of training" was awarded the First place by China Sports Science Society



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Publications: Interceptive Skill. *Journal of Motor Learning and Development*.

King D, Hecimovich M, Clark T Gissane C. (2017). Measurement of the head impacts in a sub-elite Australian Rules football team with an instrumented patch: An exploratory analysis. *International Journal of Sports Science and Coaching*.

Cohen A, King D, Hecimovich M, Fraser C, Putrino D, Pearce AJ. (2017). Head impact monitoring and assessment using the King-Devick test for suspected concussion in amateur Australian senior rugby union players. *Journal of Sports Sciences*. (Accepted but yet published).

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Muller S, Gurisik Y, Hecimovich M, Harbaugh G, Vallence AM. (2017) Individual Differences in Short-Term Anticipation Training for High-Speed

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International Journal of Athletic Therapy & Training, 21:47-52. <http://dx.doi.org/10.1123/ijatt.2015-0028>
Hecimovich M, Peiffer J, Harbough G. (2014). Development and psychometric evaluation of a post exercise exhaustion scale utilising the Rasch measurement model. *Psychology of Sport & Exercise*, 15 (6), 569-579.
<http://dx.doi.org/10.1016/j.psychsport.2014.06.003>

Shahtahmassebi B, Hebert J, Stomski N, Hecimovich M, Fairchild T. (2014). The Effect of Exercise Training on Lower Trunk Muscle Morphology. *Sports Medicine*. doi: 10.1007/s40279-014-0213-7

Areas of Interest: Concussion; injury prevention (lumbopelvic)

Brief biography: Certified athletic trainer (ATC) with Mayo Clinic Health Systems 2001-2004; Senior Lecturer at Murdoch University 2005-2015; Associate Professor at the University of Northern Iowa 2015-current.



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Current area of interest: hydration and performance

Completed wrestling research:

Horswill CA, Bogard TM, Roslewski VW, Osterberg KL, and Murray R.
Methodological issues of measuring urine specific gravity for hydration status in interscholastic wrestlers. *J Athl Train* 40 (2 Suppl):S-40, 2005.

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Horswill CA. When wrestlers slim to win. *Physician and sportsmedicine* 20 (9):91-101, 1992.



Horswill CA, B. Cromer, A. Stein, and D. Thornton. Acute effect of consumption/omission of breakfast on exercise tolerance in adolescents. *J Sports Med.Phys.Fitness* 32 (1):76-83, 1992.

Horswill CA. Interval training for wrestlers. Anonymous. Anonymous. *Wrestling USA* 28(1):7-9, 1992.

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C. A. Horswill, Scott J.R., P. Galea, and S. H. Park. Physiological profile of elite junior wrestlers. *Res Q Ex Sports* 59 (3):257-261, 1988.

C. A. Horswill, J. R. Scott, and P. Galea. Comparison of maximum aerobic power, maximum anaerobic power, and skinfold thickness of elite and nonelite junior wrestlers. *Int.J Sports Med.* 10 (3):165-168, 1989.

C. A. Horswill and W. J. Calhoun. Exercise-induced asthma in the wrestler. Anonymous. Anonymous. *Wrestling USA* 26(4):10-11, 1990.

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C. A. Horswill, R. C. Hickner, J. R. Scott, D. L. Costill, and D. Gould. Weight loss, dietary carbohydrate modifications, and high intensity, physical performance. *Med Sci Sports Exerc* 22 (4):470-476, 1990.

C. A. Horswill, T. G. Lohman, M. H. Slaughter, R. A. Boileau, and J. H. Wilmore. Estimation of minimal weight of adolescent males using multicomponent models. *Med Sci Sports Ex* 22 (4):528-532, 1990.

C. A. Horswill. Does rapid weight loss by dehydration adversely affect high-power performance? *Sport science exchange* 3 (30):1-5, 1991.

C. A. Horswill. When a wrestler's performance becomes "stale": the overtraining syndrome. Anonymous. Anonymous. Bozeman, MT: *Wrestling USA* 27(1):34-35, 1991.

C. A. Horswill, J. E. Miller, J. R. Scott, C. M. Smith, G. Welk, and P. Van Handel. Anaerobic and aerobic power in arms and legs of elite senior wrestlers. *Int.J Sports Med.* 13 (8):558-561, 1992.

C. A. Horswill. Applied physiology of amateur wrestling. *Sports Med* 14 (2):114-143, 1992.

C. A. Horswill. Weight loss and weight cycling in amateur wrestlers: implications for performance and resting metabolic rate. *Int.J Sport Nutr.* 3 (3):245-260, 1993.

C. A. Horswill. Physiology and nutrition for wrestling. In: *Perspectives in Exercise Science and Sports Medicine: Physiology and Nutrition for Competitive Sport*, edited by D. R. Lamb and H. G. Knuttgen, Indianapolis:Benchmark, 1994, p. 131-179.

C. A. Horswill, J. R. Scott, R. W. Dick, and J. Hayes. Influence of rapid weight gain after the weigh-in on success in collegiate wrestlers. *Med Sci Sports Exerc* 26 (10):1290-1294, 1994.

C. A. Horswill. A new diet for wrestlers? Missoula, MT: *Wrestling USA* 32(2):6-7, 1996.

C. A. Horswill. Urine specific gravity. *Wrestling USA* , 1999.

C. A. Horswill. Physiology of wrestling. In: *Exercise and Sport Science*, edited by W. E. Garrett and D. T. Kirkendall, Philadelphia:Lippincott Williams & Wilkins, 2000, p. 955-964



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I am a biochemist, I received a Masters degree at the Department of Biology, Warsaw University (Poland), and a PhD at Institute of Hygiene and Epidemiology, Warsaw.

Country: Poland

Institution: Professor at the University of Physical Education in Warsaw. For almost 30 years, I have collaborated with Polish Wrestling Federation, conducting physiological and biochemical studies of male and female wrestlers. The results of these studies were published in Polish and international journals, and were applied in practice.

Research interests: assessment of aerobic and anaerobic performance of male and female wrestlers, and application of plasma creatine kinase (CK) activity measurements during training before main tournaments for evaluation of functional status of muscle cells (monitoring of training). It has been

acknowledged that my collaboration with trainers and competitors contributed to the international success of Polish male and female wrestlers.

Selected Publications:

- Hubner-Wozniak E. and Kosmol A. Blood lactate as an indicator of match intensity in female wrestling. In: Pre-olympic Congress 2004. Thessaloniki, Grécia. de 6 a 11 de Agosto de 2004, 2004.
- Hubner-Wozniak, E., W. Sendeki, and L. Ciota. Effects of training on the activity of creatine kinase and urea levels in plasma of wrestlers. *Biology of Sport (Warsaw)* 6:245-253, 1989.
- Hubner-Wozniak, E. and W. Sendeki. Post -exercise changes in creatine kinase activity in blood plasma of wrestlers. *Biology of Sport (Warsaw)* 6:48-50, 1989.
- Hubner-Wozniak, E. and W. Sendeki. Plasma creatine kinase and MB isoenzyme following training in wrestlers. *Biology of Sport (Warsaw)* 7:305-314, 1990.
- Hubner-Wozniak, E. and W. Sendeki. The effect of training on the creatine kinase isoenzyme profile in plasma of wrestlers. *Biology of Sport (Warsaw)* 7:141-152, 1990.
- Hubner-Wozniak, E., L. Ciota, and S. Krzesinski. (Metabolic effects of competition and training media in wrestling). *Sport wyczynowy (Warsaw)* 28:15-20, 1990.
- Hubner-Wozniak, E., K. Lerczak, and J. Lapucha. Relation of creatine kinase activity in plasma to body composition in wrestlers and judoists. *Biology of Sport (Warsaw)* 9:169-173, 1992.
- Hubner-Wozniak, E., G. Lutoslawska, W. Sendeki, D. Sitkowski, and L. Borkowski. Resting glutathione peroxidase activity in whole blood in response to various modes of training. *Biology of Sport (Warsaw)* 13:267-272, 1996.
- Hubner-Wozniak, E., G. Lutoslawska, and W. Sendeki. Effect of training volume on the levels of salivary immunoglobulin A in wrestlers. *Biology of Sport (Warsaw)* 15:129-131, 1998.
- Hubner-Wozniak, E., G. Lutoslawska, W. Sendeki, and W. Tadeusiak. (Training effects of plasma C-reactive protein level and creatine kinase activity in athletes.). *Wychowanie fizyczne i sport-Warsaw* 44:37-45, 2000.
- Hubner-Wozniak, E., A. Kosmol, G. Lutoslawska, and E. Z. Bem. Anaerobic performance of arms and legs in male and female free style wrestlers. *J Sci Med Sport* 7:473-480, 2004.



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№	Наименование работы, ее вид	Форма	Выходные данные	Соавторы
1	Методика и организация научных исследований в спортивной борьбе /Методические разработки	печатный	М.: ГЦОЛИФК, 1985.-54с.	Подливаев Б.А.
2	Классическая борьба. Правила соревнований: вопросы для программированного обучения и контроля знаний /Методические разработки.	печатный	М.: ГЦОЛИФК, 1985.-52с.	Березняк В.В., Подливаев Б.А.
3	Борьба и методика преподавания /Программа для техникумов физической культуры.	печатный	М.: ГЦОЛИФК, 1987.-40с.	Подливаев Б.А.
4	Основы методики обучения в спортивной борьбе /Метод, разработка	печатный	М.: ГЦОЛИФК, 1985.-52с	Подливаев Б.А.
5	Спортивная борьба с методикой преподавания: Программа для педагогических училищ	печатный	Программы педагогических училищ. –М.: Просвещение, 1987.–С.3-17	Подливаев Б.А.
6	Принципы и методика обучения в спортивной борьбе (методическая разработка).	печатный	Ташкент, 1987.-48с.	Подливаев Б.А., Керимов Ф.А., Кадыров Ш.Н.
7	Применение активных методов обучения при подготовке специалистов по спортивной борьбе (Метод. разработка для слушателей ВШТ и ФУС ГЦОЛИФК)	печатный	М., 1988. –38с.	Березняк В.В., Подливаев Б.А.
8	Спортивная борьба с методикой преподавания (программа для педагогических институтов по специализации № 2114 "Физическая культура")	печатный	Программа педагогических инст. - М.: Просвещение, 1987.- С. 12-30	Подливаев Б.А.
9	Академическая успеваемость студентов в зависимости от затрат времени на, спортивное совершенствование в режиме учебной недели	печатный	Проблемы перестройки масс. Физ. культуры. - Алма-Ата, 1990. С.51-55.	Дайрабаев С.Е., Подливаев Б.А.
10	Сила плюс грация: Атлетическая гимнастика для всех	печатный	М.: ФИС, 1990.-160с.	Акопянц М.Б.
11	Спортивная борьба: Учебник для студентов и учащихся факультетов (отделений) физ. восп. педагогических учеб. заведений	печатный	М.: Просвещение, 1993.-240с.	Подливаев Б.А.
12	Методология научных исследований в спортивной борьбе	печатный	М.: РИО ГЦОЛИФК, 1996.-48с.	Подливаев Б.А.
13	Греко-римская борьба /Учебная программа по специализации для студентов РГФК	печатный	М.: ФОН, 2000. –84с.	Подливаев Б.А., Блеер А.Н., Колесов А.А., Курников С.Н., Перемышлев Е.С.
14	Анализ показателей соревновательной деятельности борцов греко-римского стиля на Олимпийских играх в Сиднее	печатный	В сб.: Актуальные проблемы спортивных единоборств. -Вып. 2. – М.: ФОН, 2000.-С.3-10.	Подливаев Б.А., Мамияшвили М.Г., Рожков П.А.
15	Теория и методика греко-римской борьбы: примерная программа дисциплины федерального компонента цикла СД ГОС по специальности 022300 Физическая культура и спорт	печатный	М.: Флинта: Наука, 2004.- 160 с.	Подливаев Б.А.
16	Концепция биологически целесообразной физической подготовки борцов (самбо, дзюдо)	печатный	М., ЗАО фирма «Лица», 2005.-120 с.	Блах В., Елисеев С., Подливаев Б.А., Кулик Н., Мигасевич Ю., Селуянов В., Табакос С.
17	Организационно-методические предпосылки совершенствования методов освоения дисциплин специализации студентами-борцами (статья)	печатная	В сб. Совершенствование системы подготовки высококвалифицированных борцов в государственных образовательных учреждениях физической культуры.- М.: СпортУниверГрупп.-	Свищёв И.Д.

			2006.- С.3-9.	
18	Проблемы тактико-технического анализа соревновательной деятельности борцов (статья)	печатная	В сб. «Тенденции развития тактики в спортивной борьбе».- М.:СпортУниверГрупп.- 2006.- С.5-7.	Малков О.Б.
19	Приемы маневрирования для создания стартовой ситуации подъема противника в высокий партер или стойку (статья)	печатная	В сб. «Тенденции развития тактики в спортивной борьбе».- М.:СпортУниверГрупп.- 2006.- С.7-16	Малков О.Б., Иванченко М.М.
20	Тактические воздействия при создании критической ситуации бросков из партера (статья)	печатная	В сб. «Тенденции развития тактики в спортивной борьбе».- М.:СпортУниверГрупп.- 2006.- С.17-25	Малков О.Б., Иванченко М.М.
21	Инновационный подход к составлению учебной программы по дисциплине «Теория и методика дзюдо» (статья)	печатная	В сб. «Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных образовательных учреждениях физической культуры» - М.:СпортУниверПресс.- 2007.- С.-17-.	Свищёв И.Д., Попов Н.Г.
22	Основные направления подготовки будущих тренеров по спортивной борьбе (статья)	печатная	В сб. Совершенствование системы подготовки высококвалифицированных борцов в государственных образовательных учреждениях физической культуры.- М.:СпортУниверГрупп.- 2008.- С.3-7.	-
23	Работоспособность у борцов греко-римского стиля ближайшего резерва сборной команды города Москвы (статья)	печатная	В сб. Совершенствование системы подготовки высококвалифицированных борцов в государственных образовательных учреждениях физической культуры.- М.:СпортУниверГрупп.- 2008.- С.56-59.	Юркин С.В.
24	Методологические аспекты педагогического исследования в спортивной борьбе (статья)	печатная	В сб. Совершенствование системы подготовки кадров по спортивным единоборствам.- М.:СпортУниверГрупп.- 2009.- С5-9.	-
25	Проектирование подготовки будущих тренеров по единоборствам (статья)	печатная	В сб. Совершенствование системы подготовки кадров по единоборствам.- М.:СпортУниверГрупп.- 2010 С3-7	-
26	Модельный поединок борцов-юниоров для совершенствования специальной выносливости	печатная	В сб. Совершенствование системы подготовки кадров по единоборствам.- М.:СпортУниверГрупп.- 2010 С73-75	Юркин С.В., Чудаков А.В.
27	Программа «Теория и методика борьбы на поясах»	печатная	М.:ФиС.-2006.-99 с.	Свищёв И.Д., Подливаев Б.А.
28	Регулирование веса тела борца: Допущено Федеральным агентством по физ.	печатная	М: Физкультура и спорт,	Дементьев В.Л.,

	культуре и спорту в качестве учеб. пособия для ст-в вузов, обучающихся по направлению 032100 – «Физическая культура» и специальности 032101 – «Физическая культура и спорт», а также слушателей подразделений дополнительного профессионального образования		2007. - 144 с.	Игуменов В.М.
29	Методические рекомендации для выполнения выпускных квалификационных работ студентами кафедры теории и методики спортивных единоборств РГУФКСИТ (методические рекомендации)	печатная	«Принт-Центр».- М.:2009.-46 с.	Свищёв И.Д., Шевцов А.В., Дмитриева О.В.
30	Методические рекомендации по проведению практических и семинарских занятий со студентами кафедры теории и методики спортивных единоборств РГУФКСИТ (методические рекомендации)	печатная	«Принт-Центр».- М.:2009.-37 с	Свищёв И.Д., Шевцов А.В., Дмитриева О.В.



ILIYA ILIEV

Email: ilioiliev@abv.bg

Current Areas of Interest: Wrestling – Free Style, Women Wrestling, Coaching, Sport Psychology, Strength Training
Current position: Full Time PhD Student in Sports Wrestling Science, Part Time Lecture at the Department of "Wrestling and Judo", Wrestling Coach

Institution/Organization: National Sport Academy Vasil Levski - Sofia, Bulgaria

Part Time Lecture at the Department of "Wrestling and Judo", Wrestling Coach – Sport Club NSA Academic – Sofia/Bulgaria

EDUCATION AND TRAINING

1. PhD in Sport Science with specialty Theory and Methodology of Physical Education and Sports Training (including Therapeutic exercise). With thesis "The methodology of preparation in female wrestling". National Sports Academy, Sofia (Bulgaria)
2. Master Degree in Sport Psychology, Department Psychology, Pedagogics and Sport Sociology. With thesis "Research of target orientation of elite Wrestlers" National Sports Academy, Sofia (Bulgaria)
3. Bachelor Degree with first specialty Wrestling Coach and second specialty Physical Education Teacher. National Sports Academy, Sofia (Bulgaria)

Chief Assist. Prof. at National Sports Academy - Vassil Levski, Sofia (Bulgaria), Coaches Faculty, Department of Wrestling and Judo

Main activities and responsibilities: Contribute to the quantity and quality of teaching and research in Sport related to the preparation of university graduates in the field of sport science and pedagogy of physical education teaching particularly with the subject in the field of Wrestling.

- Teaching the learning material in the form of exercises, seminars, lectures and training practices; consult with students; involved in conducting exams; participate in the development of new exercises and seminars; participates in the management of graduate students in bachelor's degree; participate in the meetings of departments; using of modern interactive forms and methods of learning and teaching.

- Participation in International Scientific Research Projects in the field of Sports Science and Training; participation in conferences, publishing articles in licensed journals.

- Wrestling Coach – Sport Club NSA Academic, Sofia/Bulgaria – junior, seniors – female, man.

Completed Wrestling Research:

International Scientific Conference "Modern aspects of altitude training in sport" 28-29 October 2016 NSA. Iliev, I. (2016). HIGH ALTITUDE TRAINING FOR INCREASING THE GENERAL CONDITIONING LEVEL IN THE FIELD OF WRESTLING (18-26 years).

2. Scientific Conference of the Departments "Weight lifting, boxing, fencing and sport for all", "Challenges and Opportunities for sport science", "Specificity of training in various sports disciplines". Iliev, I. (2016). OPTIMIZE LEVEL OF SPEED-STRENGTH ENDURANCE TRAINING IN THE DIFFERENT FIELD OF ANNUAL TRAINING CYCLE IN WOMEN WRESTLING.

3. Iliev, I. (2016). RESEARCHING THE DIFFERENCES IN THE METHODOLOGY OF TRAINING IN FEMALE WRESTLING IN BULGARIA AND COUNTRIES WITH BETTER CLASSIFICATION.

4. Iliev, I., Nikolov, N (2016). INDIVIDUAL PREPARATION PROGRAMME OF FEMALE WRESTLERS FOR IMPROVEMENT OF THEIR MOTOR SKILLS.

5. Iliev, I., Dimitrov, N (2016). RESEARCH CORRELATIONS BETWEEN MAIN MOTOR SKILLS AND VOLUME OF THE TECHNIQUE AND TACTICS SKILLS IN FEMALE WRESTLERS – WOMEN AND JUNIORS. , (Journal of Sport and Science, special issue 2/2016, pp. 26-30).

6. Iliev, I. (2016). ANALYSIS OF MAIN MOTILITY AND ANTHROPOMETRIC MEASUREMENTS – WEIGHT OF FEMALE WRESTLERS. (Journal of Sport and Science, issue 5/2016).
7. Iliev, I. (2014). Some specifics of the technical-tactical training of wrestlers. 9th FIEP European Congress and 7th International Scientific Congress "Sport, Stress, Adaptation. Book of Abstract, pp. 88
8. Iliev, I., Makaveev, R. (2014). Optimization of strength training in pre-competition period in elite female wrestlers. 19th annual Congress of the EUROPEAN COLLEGE OF SPORT SCIENCE, 2nd - 5th July 2014, Amsterdam – The Netherlands. Book of Abstracts, pp. 101.
9. Iliev, I. (2013). Motivation for high achievements and goal orientation of elite wrestlers. International Journal of Wrestling Science, Vol.3, Issue 2/2013, S. 114-115.
10. Iliev, I., Y. Mutafova Zaberska (2013). Coach as a motivating factor in the preparation of the wrestlers. Eighteenth Conference "Person. Motivation. Sport, Volume 18.
11. Iliev, I., Makaveev, R. (2013). The strength training in female wrestling after the introduction of the new rules, (Journal of Sport and Science, special issue 4/2013, pp. 27-33).
12. Iliev, I., Nikolov, N. (2013). Characteristics of the physical training of juvenile wrestlers (Journal of Sport and Science, special issue 4/2013, pp. 17-19).
13. Iliev, I., Y. Mutafova Zaberska (2012). Motivational profile of wrestlers - freestyle. International scientific conference "Problems of Physical Culture" Department "Theory of Physical Education" 16-17 December 2011 Journal of Sport and Science, special issue 3/2012, S. 48-53.
14. Iliev, I., Y. Mutafova Zaberska (2012). Motivational activity of competitors wrestling Journal of Sport and Science, special issue 3/2012, S. 374-384.
15. Iliya, I. (2007). Researching the Goal Orientation in Wrestlers. – B: Scientific Researches of M.As and Doctoral Candidates in Sports Psychology. Tip Top Press, National Sport Academy, S. 98-103



FURKAT ISAYEV

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Tashkent, Uzbekistan, 100096 Uzbekistan

Master of Sport of USSR of G/R Wrestling; Repeated Winner and Prize

Winner of USSR and International Tournaments of G/R Wrestling;

Wrestling Coach High Category;

Wrestling Judge National Category

National Wrestling Team of Marocco

Wrestling Head Coach;

Dec 2010 – Dec 2011:

Uzbekistan College of Olympic Reserve; G/R Wrestling Coach-Instructor;

Uzbekistan sport club "Dinamo",

G/R Wrestling Chief Coach; Dec 2008 – Dec 2010: Army Sport Institute, Pune, India,

G/R Wrestling Chief Coach; 2006-2008: Uzbekistan University of Physical Culture, Coach-Instructor;

2005-2008: Uzbekistan National G/R Wrestling Team: Coach-Instructor; 2004-2008: Uzbekistan College of Olympic

Reserve, G/R Wrestling Coach-Instructor; 1994 – 2004: Youth Sports School, G/R Wrestling Coach-Instructor

Education

Uzbekistan University of Physical Culture, Magistracy, Master of Pedagogic;

2002 – 2007: Uzbekistan University of Physical Culture, Bachelor, Special subject: Wrestling Coach-Instructor;

1988 – 1992: Uzbekistan College of Olympic Reserve, Wrestling Coach-Instructor

YASUTOSHI ISHIKAWA

Traditional Wrestling

Studied Architectural Technology & Design at Chuo College of Technology

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OZKAN ISIK

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Research Assistant

Afyon Kocatepe University-School of Physical Education and Sports

COMPARISON OF BODY COMPONENTS AND BALANCE LEVELS AMONG HEARING-IMPAIRED WRESTLERS AND HEALTHY WRESTLERS

BODY COMPONENTS CHANGES AND DEPRESSION SCORES BEFORE COMPETITIONS AMONG ELITE FEMALE WRESTLERS



ISHMUKHAMEDOV TIMUR RAFAELEVICH

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Uzbekhistan

Ishmukhamedov Timur Rafaelevich was born on 31 of March in 1989 in Tashkent, higher education, graduated from the Uzbek State Institute of Physical Education in the direction of physical education (greco-roman wrestling) in 2011, and Master's degree in sports activities (kinds of sports) in 2013.

Laureate of the State Grant of the President of the Republic of Uzbekistan in the field of culture and sports. At present works as a lecturer of theory and methodology of national and international kinds of wrestling in Uzbek State Institute of Physical Education.

Sorab SHEIKH ISMAILI

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AZAD University, Sanandaj, Iran ^a,

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THE ROLE OF SOME PSYCHOLOGICAL FACTORS IN DOPING ATTITUDES IN ELITE WRESTLERS (2013) *International Journal of Wrestling Science* 3:1



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cho, Toyota-gun, Hiroshima 725-0231
Country: Japan

Current Areas of Interest: Improvement of wrestlers' performance, Physical fitness in wrestling, Prevention of wrestlers' injuries, and more

Completed Wrestling Research:

1) Kazunori Iwai, Takashi Okada, Koichi Nakazato, Hideo Fujimoto, Yosuke Yamamoto, Hiroyuki Nakajima: Sport-specific characteristics of trunk muscles in collegiate wrestlers and judokas, Journal of Strength and Conditioning Research, 22(2):350-358, 2008.04.

2) Kazunori Irie, Kazunori Iwai, Yoshinobu Saitou, Takashi Okada, Yuto Amano, Hiroyuki Nakajima:

Relationship between sport activity during adolescence and abnormalities of lumbar spine, Japanese Journal of physical Fitness and Sports Medicine, 55(1):137-144, 2006.02 (in Japanese)

3) Kazunori Iwai, Koichi Nakazato, Kazunori Irie, Hideo Fujimoto, Hiroyuki Nakajima: Trunk muscle strength and disability level of low back pain in collegiate wrestlers, Medicine & Science in Sports & Exercise, 36(8): 1296-1300, 2004.08.



Michelle I-WEN LIN

Volunteer for Chinese Taipei Wrestling Association

Email: bauiwen@nanshanlife.com.tw

Institution/Organization:: National Taiwan Sport University (NTSU)

Mailing Address: (104) Room B, 2nd Fl, No. 375, Song Chiang Rd, Taipei, Taiwan, R.O.C.

Country: Taiwan, Chinese Taipei (Republic of China)

Current Areas of Interest:: management of sport organization

Completed Wrestling Research: The nature and core value of Chinese Taipei Wrestling Association.



ALI BABAEI JAFARI

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PhD student in Sports Medicine

Teacher at Payam Noor University-Karaj Branch Iran.

M.A degree on sport management.

I have 3 article in FILA (INWR)

My interest is sport Manegment and sport medicine (wrestling)

I have international coach degree and member of coaches coommittee in Iran Wrestling Federation

Asian champion have several medals in international wrestling competition.



MEHDI BABAEI JAFARI

mehdibabaeijafari@yahoo.com

PHD student in sport medicine .

Teacher in PAYAM NOOR and SAFA DASHT University Karaj branch in Iran.

I'm teacher physical education, Alborz Province department general of education

My interest is sport medicine(wrestling)

Coach 1st degree in Iran.

Won several medals in international wrestling competition.

MAJID JAHANDIDEH

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COREY JAMES

Affiliation: USA Wrestling National Teams Athletic Trainer

E-mail: cjames@usawrestling.org

Areas of Interest: Skin diseases, Acute wound care management, Psychology in athletics

Biography: Corey James, a native of Imperial, Pennsylvania, is the athletic trainer for the USA Wrestling National teams. Prior to arriving in Colorado Springs, Corey served as a staff Assistant Athletic Trainer at Duke University and worked directly with the Men's and Women's Swimming and Diving teams. Following graduate school, Corey worked as a Season-Long Athletic Training Intern with the San Francisco 49ers.

Corey earned his Master's degree from San Jose State University in 2013. During his tenure as a graduate assistant, Corey worked as a certified athletic trainer at Stanford University providing care to the Men's and Women's Gymnastics teams as well as the Women's Rowing team. Before his stint in California, Corey studied at California University of Pennsylvania where he earned his Bachelors of Science degree in Athletic Training. While earning his first degree Corey spent the Summer of 2010 gaining invaluable experience as an intern with the Pittsburgh Steelers.



DANA JARVIS

Adjunct Professor of Business and Leadership

Email: djarv4@gmail.com

Institution/Organization: Duquesne University

Mailing Address: 2020 Crafton Blvd, Pittsburgh, PA 15205

Country: USA

Current Areas of Interest: psychology of wrestling

Completed Wrestling Research:

I have taught at a university level for close to 10 years. My focus has been on leadership. Since last year, I have been coaching youth wrestling. I have done my best to research as much as I can on the topic of mental toughness in wrestling. As a psychology major and a U.S. Marine Veteran.



JAVKHLANTSOGT Batsaikhan

Professional Affiliation: Foreign Relations Adviser to CEO, Mongolian National Wrestling Federation

Email: b_javkhlantsogt@yahoo.com

Areas of interest: folk wrestling, traditional sports, Mongolian bokh, Understand how mental toughness can accelerate success for wrestlers.

I was born in Arkhangai, Mongolia in 1982. My specialty is risk management and insurance. I'm lecturer at the Finance department, Business School, National University of Mongolia. And I also work for the Mongolian National Wrestling Federation as an Adviser to CEO of the Federation. MNWF which is the first and only top authority which oversees traditional (folk) wrestling in Mongolia and recognized by the Government of Mongolia.

Address: Mongolian Wrestling Palace, Peace avenue-37, Bayanzurkh district, Ulaanbaatar, Mongolia



Klaus JOHANN, MD

Chief of the German wrestling doctors, orthopedic surgeon

UWW Medical Commission

ringerdocjohann@klaus-johann.com

AREAS OF INTEREST: injuries, the prevention and the rehabilitation, also nutrition of wrestlers, optimization of training

ZEKE JONES

Zeke.Jones@asu.edu

Won a silver medal at the 1992 Summer Olympics in Barcelona, a world championship in Varna, Bulgaria, in 1991. Formerly, Freestyle Head Coach at USA Wrestling. He was a 6-time National Freestyle Champion, 4X World Cup Champion, Pan American Games Champion, and received the "World's Most Technical Wrestler Award" awarded by FILA.

Presently Head Coach at Arizona State University



Guillaume JOMAND

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PhD 2nd year student

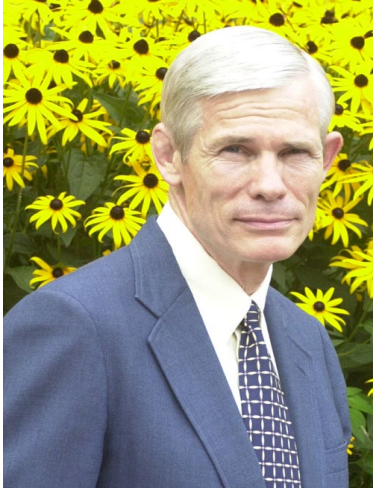
Université Claude Bernard Lyon 1

Centre for Research and Innovation on Sport

France

Areas of Interest: History of women's wrestling and sambo

Publications: Curby DG & Jomand G. The Evolution of Women's Wrestling: History, Issues and Future. *International Journal of Wrestling Science*. Volume 5, Issue 1, 2015 pp 2-12



TOM JUSTICE, PhD

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Areas of Interest: Coaching, strength training

ZURAB KAKHABRISHVILI MD

Clinical Centre of Sports Medicine and Rehabilitation, Tbilisi State Medical University; 29, Vazha-Pshavela ave., 0160, Tbilisi,

Georgia

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Kakhabrishvili Z., Akhalkatsi V., Maskhulia L., Chutkerashvili T., - LEFT VENTRICULAR HYPERTROPHY DUE TO VIGOROUS PHYSICAL CONDITIONING IN HIGHLY TRAINED GEORGIAN WRESTLERS AND FOOTBALL PLAYERS: RELATIONSHIP WITH AEROBIC CAPACITY, *Int J Wrestling Science*, 2011, 1(1) 48-54



Valentin KALIKCA

vkalika@cox.net



Valentin Kalika was a National Champion of USSR among students. He was a National Ukrainian Champ in Greco-Roman Wrestling. He performed the rating: "USSR Master of Sports" in Greco-Roman Wrestling in 1977.

In 2009 won gold medal at US Nationals in Las Vegas (Veterans Division)

2009 World Champion Greco-Roman Wrestling (Veterans Division)

Valentin Kalika has graduated from famous Kiev Sport University with the Master Degree in professional coaching and sports education. This Sport University is known as a "manufactory" of Olympic and World champions. Until 1991 Valentin was a head coach at one of the biggest sport clubs in Ukraine. He was one of the coaches of junior national team.

Valentin is a FILA certified international referee.

In 1991 Valentin moved to Israel where he coached at HaPoel elite wrestling club, and participated in Israel's Government National self-defense Program.

Since 1994 Valentin had coached in Southern California-Beat the Streets LA and Titan Mercury Wrestling Club.

NIKOLAOS KAMEAS, PhD

Professional Affiliation:

Democritus University of Thrace, Department of Physical Education and Sport Sciences, Greece

European Committee for Sports History, Auditor 2015-2016

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Publications:

- Kameas N., Albanidis E. & Barbas I.(2016): "The decency of strength and the strength of decency: a philosophical approach in the sport of wrestling". *International Journal of Wrestling Science*.
- Kameas N., Albanidis E. & Barbas I.(2015): "A Philosophical-Pedagogical Approach to Wrestling". *International Network of Wrestling Researchers (INWR) Scientific Symposium*, Las Vegas, USA, 5th September 2015.
- Kameas N., Albanidis P.(2014): "The ancient Greek ideal of "noble competition" in the light of Friedrich Nietzsche's philosophy". *Proceedings of 18th International Congress of the European Committee for Sports History*, Edessa. Greece 16-18 October, 2014, p. 76-82.

<http://www.edessacity.gr/cesh2014/2014/2014%20CESH%20PROCEEDINGS%20-%20Edessa.pdf>

- Kameas N., Albanidis E.(2012). "Contest (Athletics), Education, and the Perspective of the Ascension of the Human Spirit up to the Level of a Genius. A Philosophical Study Based on the Views of Friedrich Nietzsche", *Inquiries in Physical Education and Sports*, Greek Academy of Physical Education, 10 (3), 1-16.
- Kameas N., Albanidis E., Karakatsanis P., Pollatou E. (2011). "Friedrich Wilhelm Nietzsche, "Contest in Homer": the causes of the perpetual contest of the Greeks during the homeric era. A philosophical approach". *Proceedings of the 19th International Congress of Physical Education and Sport Sciences (D.P.E.S.S)*, Komotini, Greece.

<http://www.phyed.duth.gr/undergraduate/images/files/congress/2011/spaper/History.pdf>

- Gelani T, Kameas N. (2014): "John Chrysostom's views for education and athletics based on his work: "About vanity and how parents must nurture their children" *Proceedings of 18th International Congress of the European Committee for Sports History*, Edessa. Greece 16-18 October, 2014, p.89-92.

<http://www.edessacity.gr/cesh2014/2014/2014%20CESH%20PROCEEDINGS%20-%20Edessa.pdf>

Areas of Interest: Philosophy, Philosophy and History of Sport, Physical Education.

Brief wrestling biography:

Kameas N., Albanidis E. & Barbas I.(2016): "The decency of strength and the strength of decency: a philosophical approach in the sport of wrestling". *International Journal of Wrestling Science*.

Kameas N., Albanidis E. & Barbas I.(2015): "A Philosophical-Pedagogical Approach to Wrestling". *International Network of Wrestling Researchers (INWR) Scientific Symposium*, Las Vegas, USA, 5th September 2015.

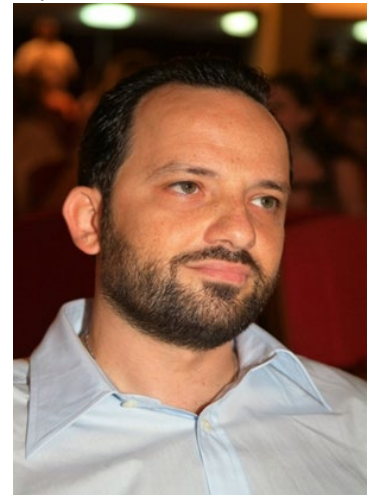
Liliana KANEVA BULGARIA office@bul-wrestling.org

We are proud to say that we have a representative in the governing bodies of the European Sumo Union - Mrs. Liliana Kaneva - President of the Development of the Sumo Sport in Europe Committee, Chairman of the Sumo Women Committee and at present - member of the Board of Directors of the International Sumo Federation (IFS) and the European Sumo Union.

Another high recognition of the Bulgarian Sumo Federation activities and its Executive Director Mrs. Liliana Kaneva was her awarding by the Japanese Government with the Order of the rising sun with golden rays and rosette on 29.11.2006.

The anthem of the IFS, called "The Big ones" is also an international Bulgarian achievement. Its authors are Liliana Kaneva and the composer Toncho Russev.

Books: "Phenomenon of the Bulgarian Sumo in facts and figures" by Liliana Kaneva, the first volume of the encyclopedic book "The ROAD OF THE BIG ONES, OR THE SUMO IN THE BULGARIAN SPORTS JOURNALISM", by Liliana Kaneva.



ADIS KAPUR

Email: adiskapur@gmail.com

Institution/Organization:

Fakultet Sporta i tjelesnog odgoja, Sarajevo

Current Areas of Interest: Wrestling coach

Completed Wrestling Research:

Mekić, A., H. Kajmović, A. Kapur, N. Katica (2011). Influence of morphological characteristics and motor abilities on the performance of some hand judo techniques of Bosnia and Herzegovina judokas. 6th International Scientific Conference on Kinesiology. Opatija, Croatia

Kapur, A., H. Kajmović (2011). TECHNICAL ANALYSIS OF THE QUALITY OF THIS scores in wrestling for women with OI The Beijing 2008. YEAR. IV International Symposium on New Technologies in Sport (NTS). Faculty of Sport and Physical Education, University of Sarajevo.



CHRISTOS KARAKOUSIS

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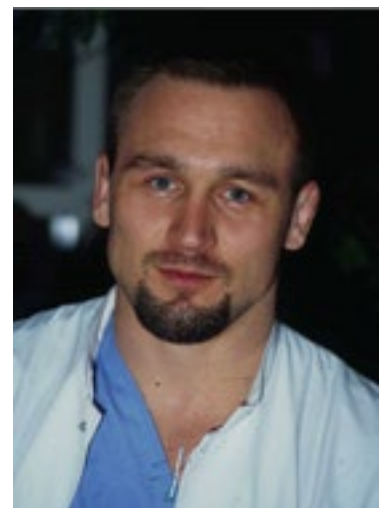
President of Finnish Wrestling Federation

Affiliations:

Member of Finnish Olympic Committee, Athletes' Commission, 1997-2004
Doctor for Finnish wrestling federation national team, 2000-present
Doctor and team leader for Finnish Olympic wrestling team, 2000
Chairman of Finnish Olympic Committee, Athletes' Commission, 2001-2004
Executive board member of Finnish Olympic Committee, 2001-2004
Member of Finnish Olympic Committee, Medical Commission, 2001-present
Member of European Olympic Committee, Athletes' Commission, 2002-2004
Member of European Olympic Committee, Medical Commission, 2003-2004
Member of International Federation of Associated Wrestling Styles, Medical Commission, 2003-present

Athletic Achievements

1987 bronze Junior World Championships, Canada
1988 gold CISM (Military World Championship), Italy



1988 bronze CISM (freestyle wrestling), Italy
1988 silver Junior European Championships, Poland
1990 silver European Championships, Poland
1991 silver European Championships, Germany
1992 14th Barcelona Olympic Games, Greco-Roman wrestling
1994 silver World Championships, Finland
1996 11th Atlanta Olympic Games, Greco-Roman wrestling
1989-1996 2 times Scandinavian Champion
1988-1996 9 times National Champion

Completed wrestling research:

Karila T, Laaksonen R, Jokelainen K, Himberg J-J, Seppälä T:

The effects of anabolic androgenic steroids on serum ubiquinone and dolichol levels among steroid abusers. *Metabolism* 1996;45:844-847.

Karila T, Kosunen V, Leinonen A, Tähtelä R, Seppälä T:

High doses of alcohol increase urinary testosterone to epitestosterone ratio in females.

J Chromatography B: Biomedical Applications 1996;687:109-116.

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Seppälä T, Karila T: Suorituskykyyn vaikuttavien aineiden väärinkäyttö. *Käytännön lääkäri* 1996; 3:129-135.

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(*International Congress on Military Medicine XXXIII/2000*)

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Ylinen JJ, Julin M, Rezasoltani A, Virtapohja H, Kautiainen H, Karila T, Mälkiä E: Effect of training in Greco-Roman wrestling on neck strength at the elite level. *J Strength Cond Res* 2003;17(4):755-759.

Karila T, Hovatta O, Seppälä T: Concomitant abuse of anabolic androgenic steroids and human chorionic gonadotropin impairs spermatogenesis in power athletes. *Int J Sports Med* 2004;25(4):257-263.

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Karila T, Sarkkinen P, Marttinen M, Seppälä T, Mero A, Tallroth K: Rapid Weight Loss Decreases Serum Testosterone. *Int J Sports Med* 2008

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E-mail: m.karimi2203@gmail.com

Country: Iran

Institution/Organization: Azad University of Saveh

Current areas of interest:

1) Tapering 2) Testing

Completed wrestling research:

1) Karimi, M., Nik Bakht, H., Vaez Musavi, M.K. (2011). THE EFFECT OF TWO TYPES OF TAPERING ON PLASMA ANABOLIC AND CATABOLIC STEROID HORMONES FOLLOWING INCREMENTAL TRAINING IN ELITE MALE WRESTLERS. *International Journal of Wrestling Science*.



2) Karimi, M., Izadi M., Heydari, H., Eghbalian, J.(2011). *THE EFFECT OF TAPERING ON SELECTED PLASMA CYTOKINE LEVELS FOLLOWING INCREMENTAL TRAINING IN ELITE MALE WRESTLERS*. *International Journal of Wrestling Science*.

3) Karimi, M., Nikbakht, H.(2011). *The Effect of Two Types of Tapering on Plasma Pro-Inflammatory Cytokine Levels and Performance in Elite Male Wrestlers*. *American Journal of Scientific Research*:(25)



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Assistant professor

Faculty of Kinesiology

University of Split; Croatia

Current Areas of Interest: wrestling, physiology, history

Wrestling Research

Hrvoje Karninčić. Glucose Dynamics Can Evaluate State of Anaerobic Fitness in Wrestling *Collegium Antropologicum*. 37 (2013) , Suppl. 2; 101-106

Hrvoje Karninčić, Saša Krstulović, Mario Baić. The Influence of Body Weight on Chosen Physiological Parameters in Wrestling, *Journal of Human Kinetics*, 37 (2013), (accepted for print in the volume 37)

Penjak, Ana; Karninčić, Hrvoje. Sport and Literature: An Overview of the Wrestling Combats in the Early Literary Texts. // *International Journal of Humanities and Social Science*. 3 (2013.) , 5; 49-55

Foretić, Nikola; Karninčić, Hrvoje; Uljević, Ognjen. The influence of the wrestling technique on contact efficiency of young male team handball

players. // *Archives of Budo*. 7 (2011), 2; 87-91

Karninčić, Hrvoje; Baić, Mario; Sertić, Hrvoje. Comparison of lactate curves in a wrestling match at the beginning and the end of competition period for elite Croatian Greco-Roman wrestlers. // *MOVEMENT FOR CULTURE*. *Journal of Martial Arts Anthropology* 11 (2011) , 4;40-47

Karninčić, Hrvoje; Baić, Mario; Belošević, Dino. Lactate curve differences in kickboxing and greco roman wrestling fight. // *Hrvatski športskomedicinski vjesnik*. 25 (2010) , 2; 111-116

Karninčić, Hrvoje; Tocilj, Zoran; Uljević, Ognjen; Erceg, Marko. Lactate profile during Greco-Roman wrestling match. // *Journal of sports science and medicine*. 8 (2009) , CSSI-3; 17-19

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Date of Birth: 14.12.1961g.

Place of Birth: Republic of Kyrgyzstan, Issyk - Kul region Ak - Suu district village Jany - ditch.

Nationality - Kyrgyz

Marital status - Married, three children.

Education:

1969 and 1979 he. School them. Kirova Przhevalsk.

1979 - 1984. Higher education KSIFK

Experience

1986 to 1987 Teacher of physical culture on KSNU

1987-1992: coaches in Greco-Roman wrestling in RUOR and

Head coach of the Junior National Team KR in Greco-Roman

1992 to 1998 - Head Coach of the National team in Greco-Roman wrestling

1998 to 2000 - Director RSDYUSSHOR Pervomaisky district of Bishkek.

2000 to 2002 - Head of the FC and Sports State for Tourism, Sport and Youth Policy.

2002 to 2005 - Director RSDYUSSHOR Sverdlovsk district of Bishkek.

2005 to 2006 - Chairman of the Municipal Committee on Physical Culture and tourism Bishkek.

2006 to 2009 - Deputy Director of the State Agency for Physical Culture and Sports of the Government of the Kyrgyz Republic.

13.04.2010- 05.03.2011 - Director of the State Agency of Physical Culture and Sports of the Government of the Kyrgyz Republic.

2011 May - August Managing Stadium. D. Omurzakov.

01.09.2011 - 20.02.2012 - Director of the Olympic training teams of the Kyrgyz Republic.

With 20.02.2012 - Director of the National Center for Development of National Sports.

Languages:

Kyrgyz language - native

Russian language - fluent

Social activities:

Federation vice president of Greco-Roman wrestling, KR

President of the Union of Martial Arts KR

Additional Information:

1984 to 1986 he service in the Armed Forces of the USSR

Master of Sports in Greco-Roman wrestling.

Multiple champion of the Kyrgyz SSR.

Champion Union University Games 1984.

4th place on the eighth Games of Soviet Peoples.

Honored coach of the Kyrgyz Republic

Excellence FC and Sports

Diploma from the IOC for their active participation to promote sports

Certificate of recognition from the President of the Kyrgyz Republic.

Honorary Citizen of the Issyk-Kul region, Kyrgyzstan.

**ANNA KASPERSKA PhD**

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Faculty of Physical Culture in Gorzow Wielkopolski., Academy of Physical Education in Poznan, Department of Sports Medicine and Biochemistry (now Department of Physiological Sciences), position – assistant

Selected Papers:

XIX International Scientific Conference: Trends in improving training and sportsmanship; "The role of growth factors maintain optimal skeletal muscle mass in wrestlers of the national team in a classic style, "Spala 2010

Academy of Physical Education in Poznan: The role of myokines and growth factors in maintaining optimal weight and skeletal muscle strength in men over 60 y

Effect of sport and hypoxic training on regeneration and skeletal muscle adaptation to exercise in wrestlers in a classic style

Kasperska Anna, Żurek Piotr, Zembroń-Łacny Agnieszka: The level of pro-inflammatory cytokines and reactive oxygen species in wrestlers compared to non-athletes. *Journal of Combat Sports and Martial Arts* 2010, 1(2) s. 91-94; IC 4,37
9. Kasperska Anna, Żurek Piotr, Zembroń-Łacny Agnieszka: Level of insulin-like growth factor in greco-roman wrestlers. *Journal of Combat Sports and Martial Arts* 2011, 2(1) s. 19-22; IC 4,37
Żurek Piotr, Kasperska Anna, Krzysztozek Marcin, Hübner-Woźniak Elżbieta, Zembroń-Łacny Agnieszka: Expression of serum HSP27 under exercise-induced muscle damage in elite greco-roman wrestlers. *Journal of Combat Sports and Martial Arts* 2013, 4(2) s. 113-118



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PhD student at the University of Jyväskylä, majoring in Sport Psychology. My PhD research explores issues of gender, culture and identity in the male domain of martial arts.

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AREAS OF RESEARCH INTEREST: sport psychology, martial arts and combat sports, gender studies

SELECTED PUBLICATIONS:

Kavoura, A., Ryba, T. V., & Kokkonen, M. (2012). Psychological research on martial artists:

A critical view from a cultural praxis framework. *Scandinavian Sport Studies Forum*, 3, pp. 1-23.

Kavoura, A., Kokkonen, M., & Ryba, T. (2014). The female fighter phenomenon in Denmark and Greece: Exploring gender dynamics in judo. In K. Gilber (Ed.), *Fighting - Intellectualizing combat sports*. Champaign, Illinois: Common Ground Publishing LLC.

Kavoura, A., Ryba, T. V., & Chroni, S. (2015). Negotiating female judoka identities in Greece: A Foucauldian discourse analysis. *Psychology of Sport and Exercise*, 17, pp. 88-98.

Kavoura, A., Chroni, S., Kokkonen, M., & Ryba, T. V. (2015). Women fighters as agents of change: A Brazilian jiu-jitsu case study from Finland. In A. Channon & C. R. Matthews (Eds.), *Global perspectives on women in combat sports: Women warriors around the world* (pp. 135-152). UK: Palgrave Macmillan.

Kavoura, A. (2016). (Re)negotiating an athlete's identity during training and researching judo in Finland. In P. Berg & M. Kokkonen (Eds.), *Urheilun takapuoli: Tasa-arvo ja yhdenvertaisuus liikunnassa ja urheilussa (The backside of Sport: Equal Opportunities and Equality in Sports and Exercise)* (pp. 91-107). Helsinki: Nuorisotutkimusverkosto/Nuorisotutkimusseura, julkaisu 186.

Kavoura, A., Kokkonen, M., Chroni, S., & Ryba T. V. (2017). "Some women are born fighters": Discursive constructions of a fighter's identity by female Finnish judo athletes. *Sex Roles*.

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Brief biography:

In 1996-2008 he engaged in active wrestling. He achieved several successes in wrestling and competed on behalf of the national team in International Vehbi Emre Tournament in 2003.

In 2009-2011, he worked as a wrestling coach in Bitlis, Muş and Erzurum Provincial Directorate of Youth Services and Sports. while the coach trained, many the successful athletes in Muş province. He has written extensively on wrestling and sports in local and national press.

In 2015, he was appointed as the Head of the Department of Physical Education and Sports Teaching at Muş Alparslan University, Faculty of Education. In 2016, he founded Muş Alparslan University School of Physical Education and Sports and in the same year he was appointed as the founding director of the School of Physical Education and Sports.



WRESTLING-RELATED STUDIES

Doctoral Thesis Subject: Ömer Kaynar, The Effect of Training on Elite Pituitary Hormones and Liver Enzymes in Elite Wrestlers. Department of Health Sciences. PhD Thesis. 2014.

Master's thesis Ömer Kaynar, Determination of Grip Forces of Elite Wrestlers Before and After Training, Dicle University Institute of Health Sciences, 2010.

National Reports

1. **Ömer Kaynar**, Fatih Kıyıcı, Nurinnisa Öztürk, Ebubekir Bakan Elit Güreşçilerde Yoğun Egzersizin Bazı Biyokimyasal Parametreler Üzerine Etkileri 6.Antrenman Bilimleri Kongresi, Ankara.31,2015.
2. Kaya Abdulsamed, Bakan Ebubekir,Kılıç Baygutaalp Nurcan, Öztürk Nurinnisa,Kaynar Ömer,Gül Mehmet Ali,Memmedov Hikmet. Güreş Sporunun Kardiyak Biyobelirteçler Üzerine Etkisi. Türkiye Xxvii. Ulusal Biyokimya Kongresi Türkçe Sağlık Bilimleri Temel Alanı->Tıbbi Biyokimya

International reports

1. Abdulsamed Kaya, Ebubekir Bakan, Nurcan Kilic Baygutaalp, Nurinnisa Ozturk, **Omer Kaynar**, Mehmet Ali Gul, Hikmet Memmedov Güreş Sporunun Kardiyak Biyobelirteçler Üzerine Etkisi 27. Ulusal Biyokimya Kongresi, Antalya P-1802015.
2. **Ömer Kaynar**, İsmail Ergin, Fikret Dağdeviren, Mikail Yılmaz, Bora Özkan, Sadık Öztürk, Türk Güreşçilerde Deri Enfeksiyonları Sıklığının Araştırılması. 14. Uluslararası Spor Bilimleri Kongresi 01-04 Kasım 2016,Antalya, SÖZ 102.
3. Fikret Dağdeviren, **Ömer Kaynar**, İsmail Engin, M. Fatih Yılmaz, Güreşçilerde Deri Enfeksiyonlarının Aksiyete Düzeyleriyle İlişkisi, 14. Uluslararası Spor Bilimleri Kongresi 01-04 Kasım 2016, Antalya, SOZ.375 .
4. **Ömer Kaynar**¹, Mehmet Türkmen², Mehmet Gül³. The investigation of aptitude test of wrestlers in Turkey. International Scientific And Professional Conference On Wrestling. Novi Sad, Serbia, 5-7 May 2017.
5. **Ömer Kaynar**¹, Bora Özkan², Mehmet Türkmen¹, Mikail Yılmaz³.Comparison of skin infections of wrestlers in different climatic regions of Turkey. International Scientific And Professional Conference On Wrestling. Novi Sad, Serbia, 5-7 May 2017.
6. 2Onur ÖZTÜRK, **1Ömer KAYNAR**, 1Mehmet TÜRKMEN. Osmanlı'nın Güreşçilere Hamiliği: I. Süleyman Dönemi Muşlu Güreşçi Mehmed Örneği. Uluslararası Balkan Spor Bilimleri Kongresi, 21 – 23 Mayıs 2017, SB179.
7. **1Ömer KAYNAR**, 2Mehmet TÜRKMEN, 2Fatih BİLİCİ Güreşçilerde Başarıyı Olumsuz Etkileyen Faktörlerin Araştırılması. Uluslararası Balkan Spor Bilimleri Kongresi, 21 – 23 Mayıs 2017, SB450.
8. **Kaynar Ö.**, Türkmen M., F. Bilici. Investigating The Reasons For Dropping Out Of Wrestling. Journal of Kyrgyz State Academic Physics and Culture Sports Sciences Conferance. . 18 MAY 2017.Bişkek-Kırgızistan
9. Mehmet Turkmen, **omer Kaynar**. General Perspective Ottoman Pehlivan / Wrestling Lodges And Greek Gymnasion / Palaistra's A Glance. Journal of Kyrgyz State Academic Physics and Culture Sports Sciences Conferance. 18 MAY 2017. BIŞKEK-KIRGIZISTAN

Articles published in national journals

- A- **Omer Kaynar**, Suleyman Dasdag, "An Important Biomechanical Parameter In Elite Wrestlers: Pre And Post Training Hand Grip Strength". Journal of International Dental and Medical Research, 2011; 4: (3), (155-159).
- B- **Ömer Kaynar**, Fatih Kıyıcı, Nurinnisa Öztürk, Ebubekir Bakan. Elit Güreşçilerde Akut Egzersizin Plazma Lipit Düzeylerine Etkisi. Atatürk Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, 2015; 17: 1 (32-41).

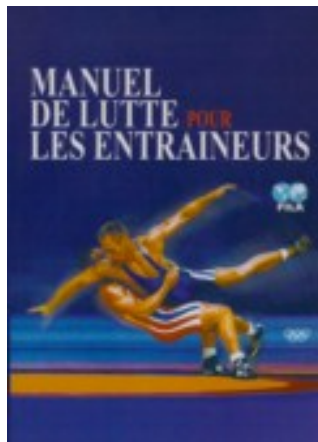
C- Articles published in international journals

1. Kaya Abdulsamed, Bakan Ebubekir, Kılıç Baygutaalp Nurcan, Öztürk Nurinnisa, **Kaynar Ömer**, Gül Mehmet Ali,Memmedov Hikmet. Effects Of Wrestling Sports On Cardiacbiomarkers Sci-Expanded Turkish Journal Of Biochemistry-Turk Biyokimya Dergisi 2015,0250-4685 İngilizce
2. **Kaynar, Ömer**.YILMAZ, Mikail; AKYÜZ, Mahmut. DERİ Enfeksiyonlarının Anksiyete Üzerine Etkisinin Araştırılması: Türk Güreşçileri Üzerinde Bir Çalışma. Spormetre, 2017, 15 (3), 165-170.
3. **Kaynar, Ö.** Engin, R. İ., Dağdeviren, F., Yılmaz, M., Özkan, B., & Öztürk, S. Investigation of skin infection frequency in Turkish wrestlers. TURKDERM. 2017; 51(3): 84-87. | DOI: 10.4274/turkderm.81231.
4. **Kaynar Ö.** Türkmen M., F. Bilici. Investigating The Reasons For Dropping Out Of Wrestling. Journal of Kyrgyz State Academic Physics and Culture Sports Sciences.2017;17(2)
5. Mehmet Türkmen, **Kaynar Ö.** General Perspective Ottoman Pehlivan / Wrestling Lodges And Greek Gymnasion / Palaistra's A Glance. Journal of Kyrgyz State Academic Physics and Culture Sports Sciences.2017;17(2).

6. **Ömer KAYNAR**, M. Fatih BİLİCİ. Analysis of the Talent Selection in Turkish Wrestling. International Journal of Science Culture and Sport (IntJSCS), 2017; 5(4):347-355.
7. Omer Kaynar. Infectious dermatological diseases findings of the wrestlers according to regions. J Turgut Ozal Med Cent, 2018;25(1):65-9.

Projects

1. Elit Güreşçilerin Antrenman Öncesi ve Sonrası Pençe Kuvvetlerinin Belirlenmesi Dicle Üniversitesi Bilimsel Araştırma Proje (DÜBAP) Koordinatörlüğü tarafından (09-TF-04) proje numarası ile destekli yüksek lisans tez çalışması, Yardımcı Araştırmacı, 2010.
2. Elit Güreşçilerde Antrenmanın Hipofiz Bezi Hormonları ve Karaciğer Enzimleri Üzerine Etkisi, Atatürk Üniversitesi Bilimsel Araştırma Projeleri Birimi tarafından BAP-2012/065 proje numarası ile destekli doktora çalışması, Yardımcı Araştırmacı, 20



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 Former Secretary of FILA Technical Committee
 Organizer of FILA Coaches Clinics
 Numerous articles and lectures on Training and Preparation of wrestlers

WRESTLING MANUAL FOR COACHES



LEE KEMP
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 3x World Champion

Interest: Nutrition and Performance

America's first three-time World Champion, winning his first title in 1978 at age 21, establishing him as the youngest American world champion ever, a distinction he held for 30 years. Lee was a four-time World Cup Champion, 7-time United States Freestyle National Champion and was a heavy favorite for gold earning a berth on the 1980 United States Olympic Freestyle Wrestling Team, but was unable to compete because of the U.S. boycott of the Olympics.

Kemp was inducted into the National Wrestling Hall of Fame and Museum in 1990. Then at the Beijing Olympics in 2008, where he was one of the freestyle coaches for the U.S., he became just the fifth American to be inducted into the FILA International Wrestling Hall of Fame.



FIKRAT A. KERIMOV

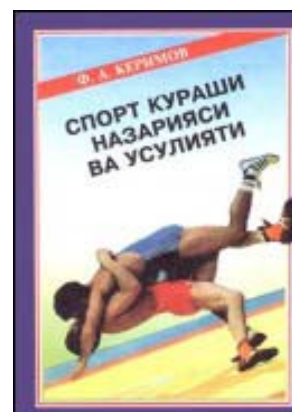
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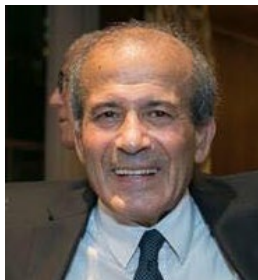
Professor- Uzbekistan State Institute of Physical Culture

Head of Science Research Group for National Olympic Committee of Uzbekistan

Completed wrestling research: The theory and methods of Sport Wrestling. Tashkent, UZB, 2001



The text-book "The theory and methods of Sport Wrestling" has been written on the basis of the analysis and generalization of several years work by Prof. Kerimov Fikrat at the chair of Sport Wrestling in Uzbek State Institute of physical education. The author learned and generalized the experience of native and foreign specialists in the training of highly skilled sportsmen. The modern scientific information on the most important problems of sport training in different kinds of wrestling has been stated in his textbook.



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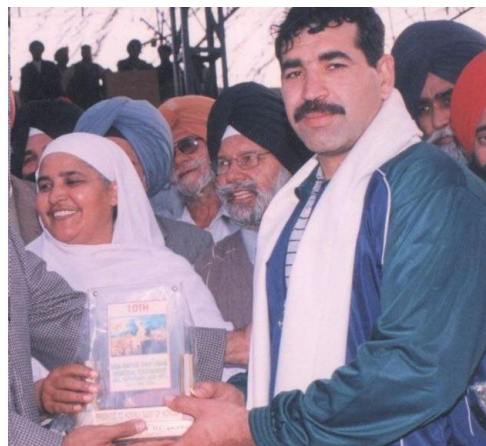
Country: Pakistan

Institution/Organization:

Assistant Professor at government post graduate college- Bhakkar
Punjab Pakistan

Completed Wrestling Research:

writing on history of wrestling in Pakistan



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English Wrestling Development coach - British Wrestling Association

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Great Britain

MORTEZA KHODAEI, MD, MPH, FACSM, FAAFP

Morteza.Khodaee@ucdenver.edu

Sports Medicine CAQ

Associate Professor

University of Colorado School of Medicine

Department of Family Medicine

A.F. Williams Clinic



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Dr. Khodaei is associate professor in the Department of Family Medicine at the University of Colorado Denver, School of Medicine. He earned his medical degree from Tehran Azad University in Iran. Dr. Khodaei completed his Family Medicine residency and Sports Medicine fellowship at the University of Michigan. He is board-certified in Family Medicine and has earned a CAQ in Sports Medicine.

Dr. ABBAS KHODAYARI

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Faculty of physical education and sport science Karaj Azad university Wrestling champion IRAN and member of Educational Board of wrestling and physical fitness federation IR-IRAN

Postal Address:No.57Moddarsi Ave.Western 4th St.Fardis 3175864185
Karaj,Iran

Areas of Wrestling Interest physical fitness in wrestling

Published Wrestling Research; Comparison of body composition, aerobic and anaerobic power of Iranian Free-Style and Greco-Roman wrestlers participating in Olympic games 2008 and Henning 2009.

Epidemiology of injury factors in elite wrestlers. Wrestling training (book)

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- ❖ PhD in Management and Planning in Sport ,in Olom Tahghighat Azad university,Tehran, Iran
- ❖ MSc in physical education and sport science ,in Tehran Azad university,Tehran, ,Iran
- ❖ BSc in physical education and sport science ,in karaj Azad university,karaj,Iran
 - 20 papers
 - 8 books
 - Faculty of physical education and sports science, at Karaj Azad University 2004 till now
 - World wrestling researcher society 2009 till now
 - Referee, Journal of Research physical education and sports science University Tehran and kharazmi and karaj city in Iran 2007 till now
 - Technical member of wrestling federation in Iran at inter and international match 2010 till now
 - Head office of physical education, at Karaj Azad University, 2 years
 - International Wrestling Coach 2009 till now
 - Iranian National Greco roman Wrestling Coach 2010 till now
 - Coach of adolescent wrestling Karaj Azad University team, 2000 till now
 - Manager of talent find committee in karaj city, Iran 2010 till now.

MASOUD KHORSANDI

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Guilan University Rascht, Iran



KIM U Ra

North Korea

Professional Affiliation: Chairperson of Technical & Researcher Commission of DPR Korea Wrestling Association

Email: prksport@star-co.net.kp

Area of Interest: Technical & Researcher

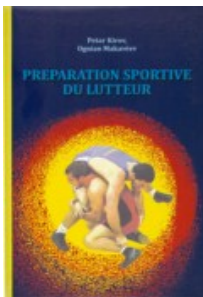
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Professor-Bulgarian National Sports Academy-Sofia, Bulgaria
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**WRESTLING
MANUAL FOR COACHES**

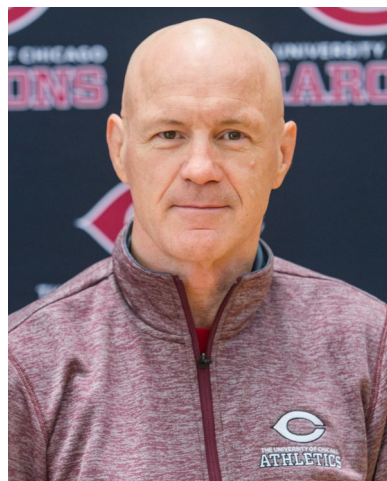


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CHRISTIAN KLOTZ, MD
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Leo W. KOCHER
University of Chicago - Head Wrestling Coach since 1980
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Attended and Wrestled at NORTHWESTERN UNIVERSITY
Degrees: NU B.A., NU Masters in Ed., U of Chicago M.B.A.



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Affiliation: Berkshire Family Medicine, P.C.
Comprehensive Athletic Treatment Center, Wyomissing, PA
Country: USA
Current area of interest: Sports Dermatology
Completed wrestling research:

- T. D. Kohl, D. C. Martin, and M. S. Berger. Comparison of topical and oral treatments for tinea gladiatorum. *Clin J Sport Med* 9 (3):161-166, 1999.
- T. D. Kohl, D. C. Martin, R. Nemeth, and D. L. Evans. Wrestling Mats: Are They a Source of Ringworm Infections? *J Athl Train* 35 (4):427-430, 2000.
- T. D. Kohl, D. C. Martin, R. Nemeth, T. Hill, and D. Evans. Fluconazole for the prevention and treatment of tinea gladiatorum. *Pediatr Infect Dis J* 19 (8):717-722, 2000.
- T. D. Kohl and M. Lisney. Tinea gladiatorum: wrestling's emerging foe. *Sports Med* 29 (6):439-447, 2000.
- T. D. Kohl, D. P. Giesen, Jr J. Moyer, and M. Lisney. Tinea Gladiatorum: Pennsylvania's Experience. *Clin J Sport Med* 12 (3):165-171, 2002.
- T. D. Kohl, R. Emrich, J. Moyer, D. P. Giesen, T. Ventresca, R. Sacco, J. Maryniak, T. Bartley, G. Thompson, M. Blimline, D. Harmon, and K. A. Kohl. Are There Carriers Of Ringworm Among Competitive Wrestlers? *Clinical journal of sport medicine* 14:311, 2005. (Abstract)



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Mailing Address : 7, Kafkasou Street, 56533, Polichni, Thessaloniki.

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Completed Wrestling Research:

Thesis: "Application of the Bulgarian School of Wrestling in the preparation of young Greek athletes"

Publications: "Principles of grecoroman wrestling" (2003)
"WRESTLING - its styles and terminology" (2008)

Principles of Greco Roman Wrestling, 2011

Christos KOLLIAS

EMAIL: hrikollias@gmail.com

- Bachelor's Degree in National and Kapodistrian University of Athens – SEFAA (1997-81).
- Master's Degree in Romania (1983-84) in Wrestling.
- PhD in Moscow (1992 – 96) in Training of Wrestling.
- Professor teaching Wrestling at National and Kapodistrian University of Athens – SEFAA since 1984.
- Scientific research at Greek and World Conferences.
- team.

EDUCATION

Master's Degree in the major of Wrestling in I. E. F. S in Bucharest, Romania. Dissertation title: "The contribution of deterring the most effective imbalances and misleading movements"

PhD at "Russian State Academy of Physical Culture".

Dissertation title: "The dynamic of Technique-tactic mastery of wrestlers in regards to the changes of the rules of the matches"

Duration: 1992-1996

Supervisor: Prof. Dr. Alex. Novikov



TEACHING EXPERIENCE

➤ National and Kapodistrian University of Athens – SEFAA

I have been teaching at SEFAA Wrestling since 1984 to date

➤ Coaching schools:

I have been chief principal of several coaching schools for Wrestling and Judo in 1st, 2nd and 3rd category under the auspices of the Sports Ministry of Greece since 1988 to date.

➤ Seminars:

I taught in many Seminars for Coaches - Referees under the auspices of the Wrestling and Judo Federations all over Greece.

TRAINING EXPERIENCE

➤ Chief Coach of National Teams at Roman-Greek and free wrestling in Greece since 1985 to 1993.

During my training career the most important achievements of our Greek Wrestlers were the following:

- 1986 Cholidis Charalambos, 2nd Europe Champion
- 1986 Cholidis Charalambos, 3rd World Champion
- 1988 Cholidis Charalambos, 3rd Olympic Champion in Seoul
- 1993 Thanos Konstantinos, 3rd World Champion Youth
- 1993 Kudros Athanasios, 3rd World Champion
- Lots of athletes were among the first six in European and World Championships
- The National Wrestling Team of Greek Macedonia won the 1st place in the Mediterranean Games in 1987.
- **The Greco-Roman and Freestyle Wrestling National Team won 13 medals at the Mediterranean Games in 1993.**

➤ **Head of the Scientific Team of the Hellenic Federation of Friends of Wrestling 1993 - 1998.**

SPORTING EXPERIENCE

➤ I have been an athlete of the National Gymnastics Association since 1970 with pan-Hellenic distinctions of children, adolescents, young men and men.

➤ I have been a member of the National Team of Greco-Roman Wrestling (1974 – 1981) and I have participated in several international competitions (Balkan Games, World Youth Championship, etc.).

SCIENTIFIC WRITINGS

I have written for the students of the specialty and choice of the Sports Wrestling of the National and Kapodistrian University of Athens - SEFA:

➤ «NOTES ON WRESTLING SPECIALTY»

- THEORY AND METHODOLOGY OF TRAINING IN ATHLETIC WRESTLING
- METHODOLOGICAL EDUCATION OF CHILDREN IN ATHLETIC WRESTLING
- SPECIALTY ON WRESTLING SEMINARS

The above notes contain documented teaching material, appropriately designed for the proper training of students:

➤ Monograph titled:

THE GENERAL TRAINING PROGRAM FOR JUDO. Published by the Ministry of Sport, Athens 1998 page 204.

➤ To be published: THE SCIENTIFIC TRAINING OF THE OLYMPIC FIGHTING SPORTS : which is about the current system of high level athletes' preparation at the Olympic fighting sports.

THE MOST IMPORTANT SCIENTIFIC PUBLICATIONS.

1992 – Chr. Kollias. *The relation between the specific stamina and the technical-tactical training of the wrestler.* Sport Sciences, 1/1992], 43-44.

1992 – Chr. Kollias. *The design of the free-style and greek-roman wrestling Olympic team's preparation for the 1992 Olympic games.* Sport Sciences, 1/1992], 11-15.

1992 – Chr. Kollias. *Educational program for 12-13 year-old children about greek-roman wrestling and the selection of them based on their morphological and psychological characteristics.* Sport Sciences, 1/1992], 45-50.

1995 - Prof. Dr. Novikov Alex. Ph.D.Kollias Chr. . Ph.D. Acopian Alex. "Systeme Automatise d' Analyse des Competitions de la Lutte Sportive". (Automated analyzing system of wrestling games), (Monography in French language), page 26. For this project the National and Kapodistrian University of Athens – SEFAA and the Russian Institute of Sport Research (Moscow) cooperated. It detects the inadequacy of the wrestling games' regulational system, the changes and the corrections which have been done until now and it presents the mutual relation

between racing activity and methodical training as a unit, in contrast of the way they have been studied until now, separately.

For this reason we edited an automated analyzing system of wrestling games for computers.

This gives us the opportunity:

- To study the characteristic data of the game, the strong and weak sides of the technical-tactical skills, the physical condition of the wrestlers and their opponents and to accurately guide their preparation.
- To evaluate objectively, through the general spectacle index, the contribution of regulations to it, the level of evolution and its popularity.

This project was a request of FILA that sent it to all the national Federations of its member states, so the wrestling could be further developed.

1996 – Chr. Kollias. *“Dinamika Tehniko-taktitseskovo Mastertsva Bortsov v Savistivosti ot Reglamenta Sorevnovanii”*. (The dynamics of wrestling technic-tactical mastery in relation to changes in racing regulations). Doctoral dissertation in Russian.

1996 – Chr. Kollias. *The Athletic Wrestling in the Challenge of the 21st Century*. Magazine «H ΠΑΛΗ» (Wrestling) 2/1996 – pages 23 – 31.

1997 – Chr. Kollias. *The training of Technique in Race Wrestling*. Magazine of the Greek Wrestling Federation «H ΠΑΛΗ» (Wrestling) 2/1997 – pages 20 – 29

1999 – Bankin V., Kollias Ch., Sinadinos J. *The adaptation of the body of obstructors to racing charges*) SPORTS SCIENCE - THEORY AND ACTION. Volume 14, July / October, 51-56)

2001- Bankin V., Kollias Ch. *“Analys Sorevnovatelnoi Deitelnosti kak Faktor Povisenia resultativnosti sportsmenok grecii ”* (Analysis of racing activity as a factor for the development of the effectiveness of Greek women athletes) Pedagogica, Psihologia Ta Medico-Biologitsi Problemi Fizitsново Vihovania i Sportu, No 9 Harkovo UKRANIA 2001, 37-44

2003 – Chr.Kollias . *The scientific approach of Greek Judo and its course*. Magazine of the Greek Judo Federation, 19-24.

2016 - Barbas I., Bebetos E., Christos Kollias., Curby D., Mirzaei B. Investigation of ego and task orientation among international wrestling referees P.E.S. 2016/06 Ukraine.

PRESENTATIONS IN CONGRESSES

1997 - Kollias C .: «LA LUTTE SPORTIVE FACE LA PROVOGATION DU XXI SIECLE» FILA World Summit – Rome

1998 - Novikov Alex., Kollias Ch ., Acopian Alex. "Systeme Automatise d 'Analyse des Competitions de Lutte Sportive".6th International Congress of Physical Education and Sport - Komotini -

1999- Kollias C .: "CHANGING THE RULES AS THE ONLY SOLUTION TO INCREASE THE SPORTS SPORTS IN THE 21ST CENTURY".1st International Wrestling Conference on 21/9/1999 Athens

2000 - Kollias C .: "THE PREPARATION SYSTEM FOR HIGH PERFORMANCE SPORTS" 3rd Panhellenic Congress of Physical Education and Sport 20-22 / 10 - Thessaloniki

2000 - Kollias C., Bankin V .: "The influence of the change of the regulations of the struggles on the use of the tactical arsenal of the wrestlers in the racing activity 6th International Scientific Conference ODESSO-UKRAINE 22-24 June

2001- Kollias C., Mavrodakos P .: "SINGLE ANALYSIS SYSTEM OF RACING ACTIVITY IN THE BOXING SPORT: NECESSITY - BENEFITS - PROSPECTS" 9th International Congress of Physical Education & Sports, Komotini 18-20 / 5

2002-Kollias C., Bankin V .: "THE LEGAL CONFIGURATION OF RACING ACTIVITY" 1st Internat. Convention for Classical Sports, 1-3 / 11 Trikala

2005- Kollias C .: "THE COMPARISON OF THE CHANGES OF THE NUMBER OF NEW REGISTERED ATHLETES AND PARTICIPATIONS IN GREEK CHAMPIONSHIPS FOR THE YEARS 2000 AND 2004 (OLYMPIC TIMES) AT JOHN'S SPORTS" World Congress of Sports Administration - Sparta 3-5/ 5 2005- Kollias C .: "COST OF PREPARATION OF NATIONAL JUNO GROUP FOR THE OLYMPIC CYCLE 2001-2004" World Congress of Sport Administration - Sparta 3-5 / 5

2008- I. Kafentarakis, M. Bratić, Ch. Kollias, K. Relja, N. Mirsad: The Effects of Special Training Abilities of Selected Karate Drivers -16th International Congress of Physical Education & Sport -Comotini

2008- Nurkić M., I. Kafentarakis, C. Kollias, Mitić Dragana, B. Cicovic: THE RELATION OF MORPHOLOGICAL CHARACTERISTICS AND SITUATION-MOBILITY ABILITIES AT TOP YOUNG JUDOKS 16th International Congress of Physical Education & Sport -Comotini

2008- D. Randovanovic, M. Bratić, M. Nurkic "EFFECTS OF SPECIALLY DESIGNED TRAINING ON FUNCTIONAL ABILITIES AND BLOOD MARKERS OF OXIDATIVE STRESS IN ELITE JUDO ATHLETES" World Congress of Analysis of Sport VIII on 03-06 / 9 – Magdeburg

2009- D. Randovanovic, I. Kafentarakis, M. Bratić, M. Nurkic, Ch. Kollias: "OXIDATIVE STRESS RESPONSE IN YOUNG JUDOKAS DURING PREPARATION PERIOD" 11th International Conference of Sport Kinetics on 25-27 / 9 Halkidiki

2009- M. Nurkic, I. Kafentarakis, Ch. Kollias, Mitić Dragana, Jusuf Sinanovic: "THE EFFECTS OF MOBILITY ABILITIES ON SITUATION EFFICIENCY OF TOP YOUNG JUDOKAS" 11th International Conference of Sport Kinetics 25-27 / 9 Halkidiki

2011 - Kollias C. : THE ROLE OF SPORT AND WRESTLING THROUGH THE GREEK MYTHOLOGY
19th International Congress of Physical Education and Sport - Komotini

2013 - Kollias C. : TOTAL RULE SYSTEM IN INCREASING WRESTLING POPULARITY 21st Internat. Congress of Physical Education and Sport Science. 3rd Symposium of Olympic Wrestling -Komotini-

2015 - Kollias Ch. : AT LAST, WRESTLING IS SAVED. FOLLOW IT AND LET THE GAMES SIT ON THEIR SHELVES 23rd International Congress of Physical Education and Sport Science International Forum of Olympic Wrestling, Ancient Olympia Hellas,

2016 - Kollias Ch, Drosopoulou A., katsarelis N., Tzortzaki M. : THE EFFECT OF NON-TRADITIONAL STRUCTURAL METHODS IN THE EXPLOITATION OF THE TECHNICAL-TACTICAL SKILL OF PALACE 2nd International Congress of Sports Sciences - Thessaloniki 25-27 / 11

2016 - Kollias Ch., D. Christodoulaki, I. Papadakis-Ktistakis, Tzortzaki M. : THE RELATIONS OF THE TECHNIQUE WITH RESISTANCE TO MALL 2nd International Congress of Sports Sciences - Thessaloniki 25-27 / 11

2019 - Sevdalis n., Kollias ch., Tzortzaki M. : THE START OF WRESTLING-MYTHOS AND REALITY
27th International Congress of Physical Education and Sport Science 10-12 / 5

2019- Tsolani V. Kollias Ch. Tzortzaki M. Karabekos S. : THE DEMONSTRATION OF THE BASIC COMPETITION AND PEDAGOGICAL DIFFERENCES BETWEEN OLYMPIC WRESTLING AND JUDO
27th International Congress of Physical Education and Sport Science 10-12 / 5

2019-27th Dalianis E. Drakopoulos G. Sidiropoulos C. Kollias C. : The Investigation of the Effectiveness of Methods for the Development of Strength in the Processing of Race Ready wrestler International Congress of Physical Education and Sport Science 10-12 / 5

2019- Christodoulaki D., Kiromyti S., Tzortzaki M., Kollias Ch. : INVESTIGATING THE EFFECTS OF PSYCHOLOGICAL FACTORS ON MEN AND TEENAGE GRECO-ROMAN WRESTLERS
27th International Congress of Physical Education and Sport Science 10-12 / 5

2019- Kollias Ch. : EXPERIMENTAL INVESTIGATION OF STANDARD PROGRAM 8 WEEKS TO MAXIMIZE PERFORMANCE WRESTLERS IN KEY GAMES 27th International Congress of Physical Education and Sport Science 10-12 / 5

2019 - Prevolarakis M., Kollias Ch., Karampekos S., Tzortzaki M. : INDIVIDUALIZATION TECHNICAL AND TACTICAL PREPARATION OF GRECO-ROMANS WRESTLERS IN RELATION TO PERFORMANCE 27th International Congress of Physical Education and Sport Science 10-12 / 5



KORJENEVSKY, ALEXANDR, Professor of Pedagogical Sciences, Russian Scientific Research Institute of physical culture and sports, Moscow.

E-mail: korzhen-a@mail.ru

Korzhenevsky A. N., born in 1947, Candidate of Pedagogical Sciences. He graduated from the State Order of Lenin Institute of Physical Culture in 1971. He has been working in VNIIFK (All-Russian Research Institute of Physical Culture and Sport) since 1969, he is one of the leading researchers at the Department of Children and Youth Sports at VNIIFK. Working in the laboratory of medical control in the training of highly skilled athletes, he has mastered a number of modern functional methods of research. He participated in the comprehensive health survey national teams at various stages of preparation, being responsible for the investigation of external respiration and gas exchange during the testing of general and special performance. In 1984 he defended his thesis for the degree of Candidate of Pedagogical Sciences on the theme: "The model features of functional training-class athletes in various sports."

Subsequently, working in the department of theory and methods of child and youth sports, he distinguished himself as an expert capable of simultaneous use of educational and medical practices of research. He has

developed and put into practice new methods of integrated control of training elite athletes, as well as training programs of training athletes of all ages and expertise. At different times, he was a member of complex scientific groups (CSG), national teams in boxing, shooting, rowing. At the present time, he is a member of CSG in archery, weightlifting, rowing slalom, curling; he is the head of CSG in Greco-Roman wrestling.

In recent years, Korzhenevsky A.N. together with a group of colleagues has developed a new integrated control method, which determines the functional state of the analyzer systems and psycho-physiological functions of highly skilled athletes. The criteria of fitness were defined and model characteristics of functional fitness of athletes were developed. This has contributed to evidence-based construction of training cycles and significantly increased the effectiveness of the training process.

Korzhenevsky A. N. has published over 130 scientific articles, guidelines, abstracts

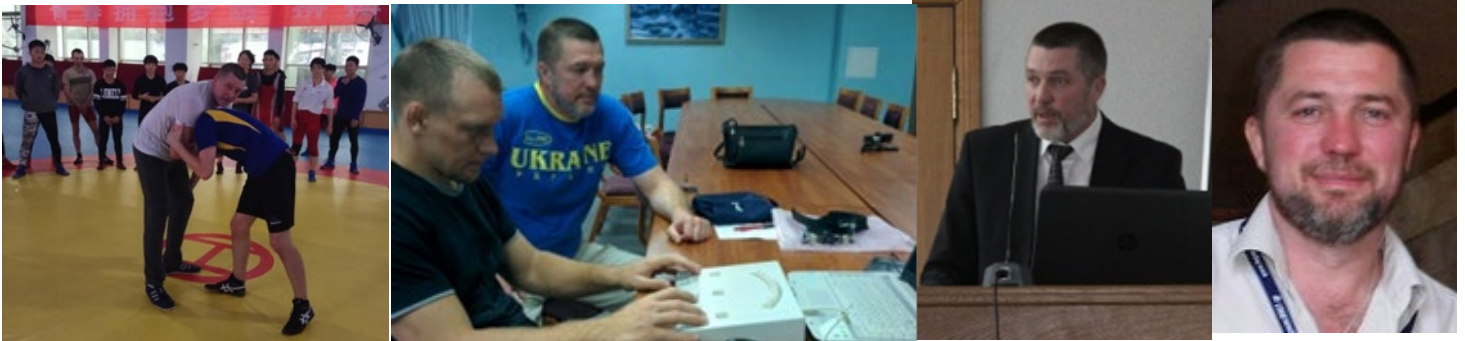
List of scientific papers of **A. N. Korzhenevsky** on sports and wrestling:

1. Корженевский А.Н., Мотылянская Р.Е., Невмянов А.М. Анализ результатов неспецифических проб и тестов у представителей разных специализаций. - Теория и практи. физической культуры, 1981, №11, с. 21-24.
2. Васильев Г.Ф., Корженевский А.Н., Лукашев А.А. Модельные характеристики функциональной подготовленности студентов-борцов. - Тез. Докл. Всесоюз. Конф. Сельскохозяйств. Вузов СССР., Елгава, 1986, с.47-48.
3. Корженевский А.Н., Шустин Б.Н. Нормирование тренировочных нагрузок по показателям функциональной подготовленности высококвалифицированных спортсменов (метод. рекоменд.). - Госкомспорт СССР, Управление спортивными резервами. М., 1986, 26 с.
4. Корженевский А.Н. Информативность энергетических показателей для оценки физической работоспособности и подготовленности спортсменов. (на примере сб. СССР по вольной борьбе). - Теория и практи. физической культуры, 1994, №9, с. 25-30.
5. Португал М.А., Дахновский В.С., Корженевский А.Н., Чекирда И.Ф. Особенности подготовки единоборцев на примере юных борцов греко-римского стиля. - Комитет физической культуры и спорта Правительства Москвы, М, 2002, 40 с.
6. Дахновский В.С., Корженевский А.Н., Подливаев Б.А. Диагностика тренированности борцов. - Теория и практи. физической культуры, 2004, №2, с. 28-32.
7. Дахновский В.С., Корженевский А.Н., Подливаев Б.А. Критерии оценки подготовленности борцов. - Сборник научно-методических статей. М.:РГУФК, 2003, с. 13-20.
8. Дахновский В.С., Корженевский А.Н., Подливаев Б.А. Особенности изменения физической работоспособности борцов при адаптации к тестирующим нагрузкам. - Сборник научно-методических статей., Выпуск 6. М.:РГУФК, 2003, с. 46-52.
9. Дахновский В.С., Корженевский А.Н., Подливаев Б.А. Проблемы подготовки резерва сборных команд России. - Сборник научно-методических статей., Выпуск 6. М.: РГУФК, 2003, с. 52-63.
10. Дахновский В.С., Корженевский А.Н., Тедеев М.Т., Португал М.Н. Изменение показателей работоспособности юных борцов. - Научно-методический журнал «Детский тренер», 2005, №1, с.80-88.
11. Корженевский А.Н., Кургузов Г.В, Шпатенко Ю.А. Адаптация высококвалифицированных боксеров к специализированным тестовым нагрузкам максимальной и субмаксимальной интенсивности. - Научно-методический журнал: «Вестник спортивной науки», 2005, №3 (8), 2005, с.17-20.
12. Дахновский В.С., Корженевский А.Н., Подливаев Б.А., Португал М.Н., Трифонов В.Н. Особенности построения процессов тренировки юных борцов греко-римского стиля. - Научно-методический журнал «Физическая культура», 2006, №2, с 2-7.
13. Корженевский А.Н., Кургузов Г.В. Адаптация анализаторных систем организма высококвалифицированных боксеров к специальным нагрузкам различной интенсивности и направленности. - Материалы Межд. научн. конгресса: «Современные технологии спорта высших достижений в профессиональной подготовке сотрудников силовых ведомств», М, 2006, с.144-151.
14. Корженевский А.Н., Дахновский В.С., Португал М.Н., Овчаренко Л.Н. Адаптация юных борцов 16-18 лет к тестам общей работоспособности и силовой выносливости. - Материалы Всерос. научн. конф.: «Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных образовательных учреждениях физической культуры, М, 2005, с.62-69.
15. Корженевский А.Н., Дахновский В.С. Индивидуализация тренировки юных борцов высокого класса. - Методические рекомендации: ФГОУ ГШВСМ, 2006, 24.с.
16. Корженевский А.Н. Использование тренировочных нагрузок разной направленности в микроциклах подготовки юных спортсменов. - Материалы Всерос. научн. конф. «Совершенствование системы подготовки кадров на кафедрах борьбы в государственных образовательных учреждениях физической культуры», М, 2006, с. 47-53.

17. Корженевский А.Н., Дахновский В.С, Тедеев, М.Т, Газиявдибиров М.Т, Шпатенко Ю А. Методы текущего контроля за функциональным состоянием и работоспособностью юных борцов. - Журнал «Детский тренер» №3, 2006, с. 35-47.

GEORGIY KOROBAYNIKOV

PhD, Dr. Science (Biology), Professor, Head of the Department of Biomechanics and Sport Metrology, National University of Physical Education, Kiev, Ukraine
Ph.D., Dr. of Science (Biology), Professor



Nationality: Ukrainian

Marriage status: married

Languages: Ukrainian, Russian, English

k.george.65.w@gmail.com

Education:

1 September 1982- 17 June 1987: Sport Faculty, Kiev State Institute of Physical Culture, Kiev, Ukraine. Diploma with a distinction in Physical Culture and Sport, MSc.

2 October 1989 – October 1991: Post-graduate study at the Department of Physiology, Sport Faculty, Kiev State Institute of Physical Culture. PhD thesis: Correction of adaptation process of cardiovascular system of sportsmen in intensive muscular activity conditions. Defended in Institute of Cybernetics National on Ukrainian Academy of Science (Kiev, 1992).

3 Doctor of Biology Sciences thesis: Aging peculiarities of functional organisation of basic kinds of human activity Defended in National Taras Shevchenko University of Kiev (2000).

Employment:

1989-1991: PhD Student at the Department of Physiology, Sport Faculty, Kiev State Institute of Physical Culture.

1991-1995 : Younger scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.

1995-2001: Senior scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.

2001-2002: Head scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.

2002-2003: Professor at the Department of Human Biology, National University of Physical Education, Kiev, Ukraine.

2003- 2008: Scientific Director, State Scientific Institute of Physical Culture and Sport, Kiev, Ukraine.

2008- 2017: Professor at the Department of Sport Biology, National University of Physical Education, Kiev, Ukraine.

2017- to date: Head of the Department of Biomechanics and Sport Metrology, National University of Physical Education, Kiev, Ukraine.

Current research interests: Main research interest: sport kinesiology, psychophysiological and psychological diagnostics, heart rate variability in athletes.

Social science research. I have diverse interests, which include ethics and social science research aimed at doping use prevention.

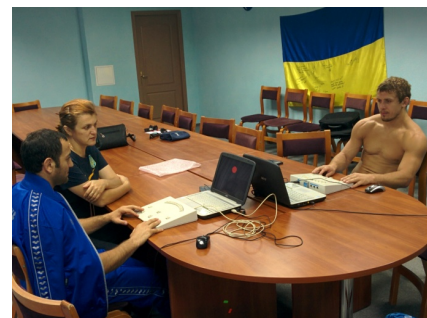
Research Head of Scientific Groups of Ukrainian National Teams of Greco-Roman wrestling, Female wrestling, Freestyle wrestling and Judo.

Member of Technical Committee of UWW, International Network of Wrestling Research, International Association of Sport Kinetics

Board member of journals: «Baltic Journal of Health and Physical Activity», «Pedagogics, psychology, Medical-biological Problems of Physical Training and Sports», «Scholarena Journal of Cardiology», Jacobs Journal of Physiotherapy and Exercise», «Biomedical Journal of Scientific & Technical Research», «Science in Olympic Sport»

LIST of recent PUBLICATIONS

1. Korobeinikov G.V. Aging peculiarities of informational processing organization (2001), *Studia Psychologica*, 43, 1,69-75.
2. Korobeinikov G.V. Psychophysiological mechanisms of vitaut (2001) *J Psychology of Adulthood and Aging*, №2 (14), 136-150.
3. Kharkovluk N.V., Korobeynikov G.V. Aging peculiarities of functional mobility of nervous process in scientists (2000) *J. Problems of ageing and longevity*, v. 10, N 1, 22-26 (in Russian).
4. Korobeinikov G.V. Psychophysiological mechanisms of aging (2001) *Advanced of Gerontology*, v. 8, 77-81.
5. Korobeynikov G. Rossoha G., Koniaeva L, Medvedchuk K., Kulinich I. Psychophysiological diagnostics of functional states in Sports Medicine(2006) *Bratislava medical journal Slovak Academic Press, Bratislava. – 2006 – p 205-209.*
6. Korobeynikov G. Korobeynikova L. Physical development and psychical function states in junior schoolchildren. *Bratislavske lekarske listy.- 2003, v. 104 (3), p. 125-130.*
7. Georgiy Korobeynikov, Lesia Korobeynikova, Karine Mazmanian, Wladislav Jagello Psychophysiological states and motivation in elite judokas. *Archives of Budo Science of Martial Arts* , v. 6, 2010, p. 129-136
8. Korobeynikov G., Korobeynikova L., Mazmanian K., Jagello W. Diagnostics of psychophysiological states and motivation in elite athletes. *J. Bratislava Medical Journal*, 2011;11: 637-643.
9. Korobeynikov G., Korobeynikova L. Psychophysiological states in athletes. *J. Acta Physiologica*, 2011; 203:219.
10. Korobeynikov G., Korobeynikova L., Chernozubz A. Psychophysiological peculiarities of sexual dimorphism in athletes *J. Psychology Research*, 2012; 6: 336-343.
11. Korobeynikov G. Age, psycho-emotional states and stress resistance in elite wrestlers. *International Journal of Wrestling Science*, 2013; 3 (1): 58-70.
12. Korobeynikov G. Psychophysiological Diagnostics of the Functional States in Wrestlers. *International Journal of Wrestling Science* 2013;.3 (2): 5-14.
13. Korobeynikov G. The autonomic regulation of heart rate of athletes with different levels of sensor motor response, *J. Clinical & Experimental Cardiology*, 2013: 4-8,.
14. Korobeynikov G., Korobeinikova L., Latyshev S. Individualization of training in wrestlers. *International Journal of Wrestling Science*, 2014, V.4 (2): 28-33.
15. Korobeynikov G. Korobeinikova L. Stress Resistance to Emotional Tension Condition in Elit Athletes. *Journal of Cardiology & Current Research*, 2014.Vol. 1 (1): 1-4.
16. Korobeynikov G.V., Latyshev S. V., Latyshev N.V., Goraschenko A.U., Korobeynikova L.G. General laws of competition duel and universal requirements to technical-tactic fitness of elite wrestlers. *Physical Education of Students*, 2016;1:37-42.
17. Korobeinikova L., Korobeynikov G. Heart rate regulation and stress resistance of elite athletes *Journal of Integrative Cardiology.-2016.- 2(2).- P.32-37.*
18. Korobeynikov G., Korobeinikova L., Iermakov S., Nosko M. Reaction of heart rate regulation to extreme sport activity in elite athletes *Journal of Physical Education and Sport.- 2016.- v.16.- P. 976 – 981.*
19. Korobeynikov G., Korobeinikova L., Mytskan B., Cynarsk W. Information processing and emotional response in elite athletes. *Journal of Martial Arts Anthropology.-2017.-17 (2).- 41–50.*
20. Korobeynikova L.G., Romanyuk L.V., Dakal N.A., Danko G.V. Relationship of psychophysiological characteristics with different levels of motivation in judo athletes of high qualification. *Pedagogics, psychology, medical-biological problems of physical training and sports*, 2017;21(6):272–278.



LESIA G. KOROBENIKOVA

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Date of birth: October 12.02, 1966

Place of birth: Kiev, Ukraine

Nationality: Ukrainian

Marriage status: married

Languages: Ukrainian, Russian, English

Education:

1 September 1982- 17 June 1987: Sport Faculty, Kiev State Institute of Physical Culture, Kiev, Ukraine. Diploma with a distinction in Physical Culture and Sport, MSc.

2 October 1998 – October 2001: Post-graduate study at the Department of Medical Informatics, Scientific Centre of Informative Technology and Systems. National Academy of Science of Ukraine. PhD thesis: "Peculiarities of physical development and forming of psychophysiological functions in youth school in different forms of education". Defended in National Taras Shevchenko University of Kiev (2001).

3 Doctor of Biology Sciences thesis: "Psychophysiological states during training and competition in Olympic kinds of wrestling". Defended in National Taras Shevchenko University of Kiev (2015).

Employment:

1998-2001: PhD Student at the Department of Medical Informatics, Scientific Centre of Informative Technology and Systems. National Academy of Science of Ukraine, Kiev, Ukraine.

2001-2003: Younger scientific researcher at the Department of Medical Informatics, Scientific Centre of Informative Technology and Systems. National Academy of Science of Ukraine, Kiev, Ukraine.

2003-2009: Associative professor at the Department of Psychology, Kiev International University, Kiev, Ukraine

2010-2014: Doctor of Science student at the Department of Physiology of Human and Animal Kiev National University named Taras Shevchenko

2014-2016: As. Professor at the Department of Sport Biology, National University of Physical Education, Kiev, Ukraine.

2016-2018: Professor at the of Medical Biological Department, National University of Physical Education, Kiev, Ukraine.

2018 to date: Professor at the of Psychology Department, National University of Physical Education, Kiev, Ukraine.

2008 to date: Psychologist of Ukrainian National Teams of Greco-Roman wrestling, Female wrestling and Freestyle wrestling, Kiev, Ukraine

Current research interests: Main research interest of psychophysiological and psychological diagnostics in sportsmen.

Social science research. I have diverse interests, which include social science research aimed at moral and ethics in sport.

LIST of RECENT PUBLICATIONS

Journal Articles (all - peer review)

1. Korobeynikov G. **Korobeynikova L.** Physical development and psychical function states in junior schoolchildren. Bratislavske lekarske listy.- 2003, v. 104 (3), p. 125-130.
2. Georgiy Korobeynikov, **Lesia Korobeynikova**, Karine Mazmanian, Wladislav Jagello Psychophysiological states and motivation in elite judokas. Archives of Budo Science of Martial Arts , v. 6, 2010, p. 129-136 www.archbudo.com
3. Korobeynikov G., **Korobeynikova L.**, Mazmanian K., Jagello W. Diagnostics of psychophysiological states and motivation in elite athletes. J. Bratislava Medical Journal, 2011;11: 637-643.
4. Korobeynikov G., **Korobeynikova L.** Psychophysiological states in athletes. J. Acta Physiologica, 2011; 203:219.
5. Korobeynikov G., **Korobeynikova L.**, Chernozubz A. Psychophysiological peculiarities of sexual dimorphism in athletes J. Psychology Research, 2012; 6: 336-343.
6. Korobeynikov G., **Korobeynikova L.** Age, psycho-emotional states and stress resistance in elite wrestlers. International Journal of Wrestling Science, 2013; 3 (1): 58-70.



7. Korobeynikov G., **Korobeynikova L.** Psychophysiological Diagnostics of the Functional States in Wrestlers. International Journal of Wrestling Science 2013; 3 (2): 5-14.
8. Korobeynikov G., **Korobeynikova L.** The autonomic regulation of heart rate of athletes with different levels of sensor motor response, J. Clinical & Experimental Cardiology, 2013: 4-8,.
9. Korobeynikov G., Korobeinikova L., Latyshev S. Individualization of training in wrestlers. International Journal of Wrestling Science, 2014, V.4 (2): 28-33.
10. Korobeynikov G. **Korobeinikova L.** Stress Resistance to Emotional Tension Condition in Elit Athletes. Journal of Cardiology & Current Research, 2014. Vol. 1 (1): 1-4.
11. Korobeynikov G.V., Latyshev S. V., Latyshev N.V., Goraschenko A.U., **Korobeynikova L.G.** General laws of competition duel and universal requirements to technical-tactic fitness of elite wrestlers. Physical Education of Students, 2016;1:37-42.
12. Korobeynikov G.V., Latyshev S. V., Latyshev N.V., Goraschenko A.U., **Korobeynikova L.G.** General laws of competition duel and universal requirements to technical-tactic fitness of elite wrestlers. Physical Education of Students, 2016;1:37-42.
13. **Korobeinikova L.**, Korobeynikov G. Heart rate regulation and stress resistance of elite athletes Journal of Integrative Cardiology.-2016.-2(2).- P.32-37.
14. Korobeynikov G., **Korobeinikova L.**, Iermakov S., Nosko M. Reaction of heart rate regulation to extreme sport activity in elite athletes Journal of Physical Education and Sport.- 2016.- v.16.- P. 976 – 981.
15. Korobeynikov G., **Korobeinikova L.**, Mytskan B., Cynarsk W. Information processing and emotional response in elite athletes. Journal of Martial Arts Anthropology.-2017.-17 (2).- 41–50.

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Education experience

MA of Physical education (Biomechanic) brojerd Iran Sance 2011.

Comparison of muscular strength in two groups of elite middle weight Greco-Roman and

freestyle wrestlers. (International physical Education of kongereh: Tehran 2014).

The Impact of Pregnancy on static Balance and Change of the Upright Posture: A

Comparison between Athletic and Non-athletic Women after the Childbirth. (International physical Education of kongereh: Tehran 2014).

BA OF physical Education and sport science of Islamic Azad University since 2006.

Diploma 1992 Tehran-Iran.

The FILA scientife poster. (2012 –Bodapest HUN).

The role of sport in touist and sijhtseeing industry. (2014 – Tehran).

Work experienceThe 1

nd international FILA seientific sysposium. (2014 – Tehran).

The FILA scientife symposium. (2012 –Bodapest HUN).

Volunteerism and university sport associations. (2012 – Tehran).

Role of sport event in preserving national and international culture .(2012 – Tehran).

The 3rd international sport scientife Conference of Asian universities. (2012 – Tehran).

Strategic planning in university sport. (2012 – Tehran).

NAIA, NIA,rsity sport within universities. (2012 – Tehran).

Sports talent identification (2012 – Tehran).

Coach of Kargaran gym (1996-2002).

Coach of takhti - Shahre Rey gym (2002-2003).

Coach of wrestling team of tejarat Bank.

Coach of zarrin – Bagher shahr gym (2003-2004).

Assistance of tejarat bank (for 5 years).

Manager of tejarat bank (for 10 years).
Professor of university.
First grade international wrestling federation coach I.R.Iran.
Skill experience
First grade international wrestling federation coach.
First grade of running coach.
Third grade of badminton coach.
Second grade of running referee.
Country wrestling champion of I.R.IRAN.
Tehran wrestling champion of free style and Greco – Roman wrestling.
Tennis champion in tejarat bank.
fitness champion in tejarat bank.
Publication
1. MA thesis: comparison of anthropometric and biomechanical characters of free and Greco-Roman wrestler of middle weight addle national team.
2. Comparison of anthropometric characteristics and aquat skill record in two groups of elite middle weight Greco-Roman and free style wrestlers.
3. Comparison of muscular strength in tow groups of elite middle weight GrecoRoman and free style wrestlers.
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Language
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Olga Kouli, is Lecturer in Democritus University of Thrace, School of Physical Education & Sport Science, Department of Physical Education & Sport Science, since 11th December 2013. And her academic field is "Pedagogy of Physical Education and multiethnic education environment".

She teaches pedagogy, physical education, research methods and advanced statistics at the undergraduate and the postgraduate level, of the above university department. She has supervised master and bachelor students who have completed their degree. She has published more than 60 articles in international and national scientific journals and recognized proceedings of conferences, and she has numerous of citations. She has served as a referee in various foreign and Greek language journals. She has participated in several research programs related to the fields of education and pedagogy. She has numerous scientific presentations in conferences and has participated as a keynote speaker at international seminars, and she has been a member of organizational groups of educational seminars and symposia in Greece and abroad. She is a member of many national and international scientific societies. Her interests in research are intercultural education, multicultural and cross-cultural sport issues, gender issue, equal treatment and diversity issues in physical education and sports. Regarding her expertise in multicultural, diversity, equal treatment and gender differences issues in physical education and also in sports, she participated in several similar programs and projects. Starting in 2000 with her participation in educational website, with the sub-module specification in "centre of physical education & activities" section: "The trainer" subsection: "Equality", and in 2003 with her Participation in educational website, with the sub-module specification, by Hellenic Academy of Physical Education, Section: "Teacher" Subsection: "Equality in the lesson". She also worked towards the development of the educational package on multicultural and equality for Greek elementary school teachers-students, which was part of the larger educational program focusing on eliminating social inequalities in Greece, named 'Kallipateira' (co-funded by the EU and Hellenic Ministry of Education & Religious Affairs, 2006). She has participated as a teacher in to a program on 'Gender and Equity Issues' with leader Professor Chroni, S., at the University of Thessaly (funded by the 3rd EU Community Support Framework, 2005-2008). Finally, she worked in a project for Foreign and Repatriate Students Education, funded by the NSRF 2007-2013, with leader Professor Zoe Papanoum, in Aristotle University of Thessaloniki, Greece.



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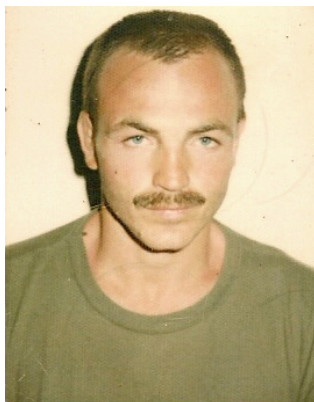
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Current area of interest: body weight loss, hydration status, long term health impacts, diet, strength and performance research

Completed wrestling research: Selected Publications/Presentations



Kraemer WJ and Fleck SJ, Optimizing Strength Training - Designing Nonlinear Periodization Workouts, Human Kinetics Publishers, Champaign, IL 2007

Kraemer WJ, Hatfield DL, Spiering BA, Vingren JL, Fragala MS, Ho JY, Volek JS, Anderson JM, Maresh CM. Effects of a multi-nutrient supplement on exercise performance and hormonal responses to resistance exercise. *Eur J Appl Physiol.* 2007 Nov;101(5):637-46.

Gotshalk LA, Kraemer WJ, Mendonca MA, Vingren JL, Kenny AM, Spiering BA, Hatfield DL, Fragala MS, Volek JS. Creatine supplementation improves muscular performance in older women. *Eur J Appl Physiol.* 2007 Oct 18; Judelson DA, Maresh CM, Farrell MJ, Yamamoto LM, Armstrong LE, Kraemer WJ, Volek JS, Spiering BA, Casa DJ, Anderson JM. Effect of hydration state on strength, power, and resistance exercise performance. *Med Sci Sports Exerc.* 2007 Oct;39(10):1817-24.

French DN, Kraemer WJ, Volek JS, Spiering BA, Judelson DA, Hoffman JR, Maresh CM. Anticipatory responses of catecholamines on muscle force production. *J Appl Physiol.* 2007 Jan;102(1):94-102.

Kraemer WJ, Nindl BC, Marx JO, Gotshalk LA, Bush JA, Welsch JR, Volek JS, Spiering BA, Maresh CM, Mastro AM, Hymer WC. Chronic resistance training in women potentiates growth hormone in vivo bioactivity: characterization of molecular mass variants. *Am J Physiol Endocrinol Metab.* 2006 Dec;291(6):E1177-87.

Kraemer WJ, Kim **SK**, Bush JA, Nindl BC, Volek JS, Spiering BA, Hatfield DL, Fragala MS, Putukian M, Sebastianelli WJ. Influence of the menstrual cycle on proenkephalin peptide F responses to maximal cycle exercise. *Eur J Appl Physiol.* 2006 Mar;96(5):581-6.

Volek JS, Forsythe CE, Kraemer WJ. Nutritional aspects of women strength athletes. *Br J Sports Med.* 2006 Sep;40(9):742-8.

W. J. Kraemer, A. C. Fry, M. R. Rubin, T. Triplett-McBride, S. E. Gordon, L. P. Koziris, J. M. Lynch, J. S. Volek, D. E. Meuffels, R. U. Newton, and S. J. Fleck. Physiological and performance responses to tournament wrestling. *Med. Sci. Sports Exerc.* 33 (8):1367-1378, 2001.



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List of publications:

Articles:

2019 Shamanic Sports: Buryat Wrestling, Archery, and Horse Racing. *Religions* 10/5 (<https://www.mdpi.com/2077-1444/10/5>).

- 2018 Reflecting Realities and Beliefs – Buryat Archery as a Mirror of Social Change. In: Aksenov, M. O./Krist S. (eds.) Стратегии и практики развития национальных видов спорта: опыт поколений и новые технологии: материалы международного научного симпозиума (1–3 июля 2015 г., Улан-Удэ, Россия, Республика Бурятия) (Strategies and Practices in Developing Traditional Sports: Past Experiences and Current Trends: Proceedings of the international scientific symposium (1–3 July 2015, Ulan-Ude, Russia, Buryat Republic)). Ulan-Ude: Buryat State University Publishing Department: 21–33.
- 2017, together with Csaba Mészáros, Vsevolod Bashkuev, Luboš Bělka, Zsófia Hacsek, Zoltán Nagy, István Sántha, and Ildikó Sz. Kristóf: Ethnographic Accounts of Visitors from the Austro-Hungarian Monarchy to the Asian Peripheries of Russia and Their Contribution to the Development of Systematic Ethnological Studies in the Monarchy: Preliminary Results and Research Perspectives. *Acta Ethnographica Hungarica* 62/2 (2017): 465–498.
- 2017 Магия борьбы: национальная борьба в Бурятии и Монголии в прошлом и настоящем (Wrestling Magic: National Wrestling in Buryatia and Mongolia in the Past and Today). Вестник Бурятского научного центра Сибирского отделения Российской академии наук (Bulletin of the Buryat Scientific Center of the Siberian Branch of the Russian Academy of Sciences 1 (2017): 10–22.
- 2014 Wrestling Magic: National Wrestling in Buryatia, Mongolia and Tuva in the Past and Today. *The International Journal of the History of Sport* 31, 4 (2014): 423–44.
- 2009, together with Margit Wolfsberger: Identität, Heimat, Zugehörigkeit, Remigration (Identity, Home, Belonging, Remigration). In: Six-Hohenbalken, M./Tošić, J. (eds.): *Anthropologie der Migration: Theoretische Grundlagen und interdisziplinäre Aspekte* (Anthropology of Migration: Theoretical Foundations and Interdisciplinary Aspects). Wien: Facultas: 164–84.
- 2009 Kickboxing, Breakdance and Pop Music versus Wrestling, Round Dance and Folk Music? *Folklore: Electronic Journal of Folklore*, Vol. 41 (2009): 131–42.
- 2007 От кочевников к мигрантам: пересмотр бурятской истории (From Nomads to Migrants: Reassessing Buryat History). In: Диаспоры в современном мире: материалы международного круглого стола. г. Улан-Удэ, 15 октября 2007г. (Diasporas in the Modern World: Materials of the Round Table, Ulan-Ude, 15. October 2007). Ulan-Ude: Издательство Бурятского госуниверситета: 109–20.
- 2007 From Nomads to Migrants: Reassessing Buryat History. *Réseau Asie – IMASIE*, September 26-28, 2007, Paris. Online: http://www.reseau-asie.com/cgi-bin/prog/gateway.cgi?langue=fr&password=&email=&dir=myfile_colloque&type=jhg54gfd98gfd4fgd4gfdg&id=416&telecharge_now=1&file=a32_krist_stefan.pdf.
- 2006 A burját “surxarbaan” ünnepe története és jelentsége (History and Significance of the Buryat Holiday „Surkharban“). In: Birtalan, Á. (ed.): *Mongol játékok és versenyek* (Mongolian Games and Competitions). Budapest: Akadémiai kiado: 17–23.
- 2006, together with Alena Kabunova: О бурятском спортивном празднике Сурхарбаан как сюжете изобразительного искусства (About the Buryat Sport Holiday Surkharban as a Subject of Pictorial Arts). In: Буряты в контексте современных этнокультурных и этносоциальных процессов. Традиционная культура, народное искусство и национальные виды спорта бурят в условиях полиэтничности (The Buryats in the context of current ethno-cultural and ethno-social processes. Traditional culture, folk art and national sports under the circumstances of multiethnicity), vol. 1. Ulan-Ude: Издательско-полиграфический комплекс ФГОУ ВПО ВСГАКИ: 381–94.
- 2006 Die burjatischen Schmiede (Buryat Blacksmiths). Online: http://www.ybbsitz.at/wDeutsch/Schmiedezentrum/Ring_und_Schmiedestaedte/burjate_1.shtml?navid=86.
- 2006 Есть ли буряты в Австралии? (Are there Buryats in Australia?). Спорт Тамир (Sport Tamir, [Buryatia's weekly sports magazine]), March 25, 2006: 4.
- 2004 Where going back is a step forward: the re-traditionalising of sport games in post-Soviet Buryatia. *Sibirica - Journal of Siberian Studies* Vol. 4, No. 1 (April 2004): 104–15.
- 2003, together with Maria-Katharina Lang: Surharban Depicted: An Analytical Double View. In: Sárközi, A./Rákos, A. (eds.) *Altaica Budapestinensia MMII - Proceedings of the 45th Permanent International Altaistic Conference (PIAC) Budapest, Hungary, June 23-28*. Budapest: Hungarian Academy of Sciences: 199–210.
- Book reviews:
- 2018 Eichberg, Henning (†): *Questioning play – What play can tell us about social life*. London: Routledge, 2016;
- Hamayon, Roberte: *Why we play – An anthropological study*. Hau Books: Chicago, 2016.
- Anthropos* Nr. 113/1, 2018: 296–98.
- 2010 Chuluunbaatar, Otgonbayar: *Einführung in die mongolischen Schriften* (Introduction into the Mongolian Scripts). Hamburg: Helmut Buske Verlag, 2008. *Anthropos* Nr. 105/2, 2010: 618–19 (in English).
- 2008 Musch, Tilman: *Nomadismus und Sesshaftigkeit bei den Burjaten: Gesellschaftlicher Wandel im Spiegel zeitgenössischer Folklore* (Nomadism and Sedentarism among the Buryats: Social Change in the Mirror of Contemporary Folk Literature). Frankfurt am Main/Berlin/Bern/Bruxelles/New York/Oxford/Wien: Peter Lang 2006;

Musch, Tilman (ed.): Буряад дуун (Buryat Songs). CD #3 in the series "Treasures of Mongolian Culture and Tibeto-Mongolian Buddhism". Budapest: Eötvös Loránd University, Department of Inner Asian Studies, 2008. Anthropos Nr. 103/2, 2008: 610–12 (in German).

2007 Birtalan, Ágnes: Die Mythologie der Mongolischen Volksreligion (The Mythology of the Mongolian Folk Religion). In: Schmalzriedt, E./Haussig, H. W. (Hg.) Wörterbuch der Mythologie, I. Abteilung: Die alten Kulturvölker, Band VII: Götter und Mythen in Zentralasien und Nordeurasien. Stuttgart, Zweiter Teil, S. 877-1097. Stuttgart: Klett-Cotta 2004. Anthropos Nr. 102/2, 2007: 603–4 (in German).

Edited books:

2018, together with Maksim O. Aksenov: Стратегии и практики развития национальных видов спорта: опыт поколений и новые технологии: материалы международного научного симпозиума (1–3 июля 2015 г., Улан-Удэ, Россия, Республика Бурятия)[Strategies and Practices in Developing Traditional Sports: Past Experiences and Current Trends: Proceedings of the international scientific symposium (1–3 July 2015, Ulan-Ude, Russia, Buryat Republic)]. Ulan-Ude: Izdatel'stvo Buryatskogo Gosuniversiteta.

2011, together with Andrea Strasser-Camagni: Johanna Stigler. Verwandtschaft, Kultur, Religion: Beiträge zur Sozialanthropologie Georgiens (Johanna Stigler. Kinship, Culture, Religion: Contributions to the Social Anthropology of Georgia). Wien: Verlag der Österreichischen Akademie der Wissenschaften.

2009, together with Patricia Brooks and Günther Vallaster: Das literarische Sprachlabor. Workshop- Konzepte für den Deutsch-Unterricht (The Literary Language Laboratory. Workshop Concepts for German Language Teaching). Wien: Praesens.

Areas of research interests:

- general themes:

expressive culture (sports, art, literature, music), processes of social change, history, migration processes, religions, languages;

- geographic regions:

Siberia, Mongolia, Northern China, the Caucasus, Eastern and Central Europe;

- wrestling related:

traditional wrestling in Siberia (Russia), Mongolia, China, and the Alps (Austria, Switzerland).

Brief biography:

Stefan Krist (*1964, Austrian citizenship) is assistant professor at the Center for Mongolian Studies of the Inner Mongolia University in Hohhot, capital of the Autonomous Region of Inner Mongolia, China.

He has studied biology, history, social anthropology, and Mongolian studies and holds a PhD degree in anthropology from the University of Alaska Fairbanks. He has been working as a research associate at the Institute for Social Anthropology of the Austrian Academy of Sciences and as lecturer at the University of Vienna and the Eötvös Loránd University in Budapest.

He has been doing socio-cultural anthropological as well as historical research focusing regionally on Siberia, Mongolia and Northern China, especially working among and about the Buryats, Tuvinians, and Russian Old Believers, among groups of whom he has been carrying out series of long-term field researches. Thematically, he has been focusing on these groups' expressive culture – primarily sports and visual arts – as well as on their religious practices and migration movements. His main interest lies in the analysis of social and cultural changes. He has published the results of his research in numerous articles in international journals and in edited books. He also published book reviews and has co-edited books. He is member of the European Association for the Study of Religions (EASR), the German Association for Social and Cultural Anthropology (DGSKA), the Arctic and Subarctic Working Group (AAS) and of the anthropology advisory board of Cambridge Scholars Publishing and the editorial board of the Russian State Duma's scientific journal "Kul'tura fizicheskaya i zdorov'e (Physical Culture and Health".



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Prof. Dr. Mehmet KUTLU

He was born in 1960 in Yozgat, TURKEY. He graduated from 1982 from Department of Wrestling, Ankara Sports Academy. He got his master's degree from Gazi University in 1986 and from Middle East Technical University in 1990. In 1991, he got his PhD degree from the Department of Physical Education and Sports in Marmara University. He worked as a sportsman and coach between the years 1981-1984 in Ankara Devlet Su Isleri Sports Club. He became the champion among the universities twice in Wrestling in his university years. He was placed at top in competitions in Gymnastics and Weightlifting. He worked as a Physical Educator for a short period in 1983. Between the years of 1984-1993, he worked as a research assistant at the Department of Physical Education and Sports in Middle East Technical University in Ankara. He worked as

the head of Department of Physical Education and Sports and Director of Sports Training College of Elazig, Firat University between the years 1993-2002. He was the head of Department of Physical Education and Sports of Kirikkale University between 2004- 2010. He became Assistant Professor in 1993; Associate Professor in 1998 and Professor in 2003. He worked as an executive board member of University Sports Federation and member of Education Committee of Sports for Everybody Federation. He has many international and national research studies. He participated in a course of Sports instruction for Physically Disabled Persons for two months in Japan and worked as a research fellow for six months and participated in the training "Exercises Physiology and Performance Laboratories" in Aberdeen University in Scotland. He currently works as the dean of Education

Faculty of Kirikkale University. Besides, he is the president of Wrestling Federation Educational Board. He is married with three children.

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Country: France

Current Areas of Interest: training and physical education

Completed Wrestling Research:

Auteur :

- "Agir au bon moment" (cassette vidéo) INSEP ; 1995
- "Premiers pas en Lutte" INSEP France, 1995 (Deux cassettes + livre)
- "Classeur Formation" FF Lutte, 1997
- Les Grades – F.F. Lutte 2002
- Les Maîtrises FILA - Fila master degrees - FILA 2008
- Affiches Maîtrises jaune, orange et verte – F.F. Lutte 2010

Direction de travaux :

- La préparation physique du lutteur – F.F. Lutte 2005; - Jeux de lutte 4 – 6 ans – F.F. Lutte 2005
- Livret animateur de lutte – F.F. Lutte 2005
- Livret Professeur de lutte – F.F. Lutte 2005



CHARLES LAMBERT

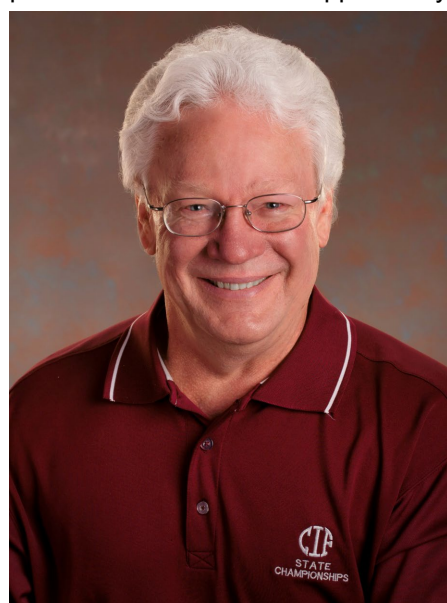
Email: clcpl368@gmail.com

Country: United States of America

Current Areas of Interest: Nutrition and Physiology for Wrestling, Anaerobic metabolism, Resistance Training.

Completed Wrestling Research:

Flynn MG, Michaud TJ, Rodriguez-Zayas J, Lambert CP, Boone JB, and Moleski RW. Effects of 4- and 8-h preexercise feedings on substrate use and performance. *Journal of Applied Physiology* 1989; 67: 2066-2071.



Davis JM, Jackson DA, Broadwell MS, Queary JL, and Lambert CP.

Carbohydrate drinks delay fatigue during intermittent, high-intensity cycling in active men and women. *International Journal of Sports Nutrition* 1997; 7:261-273.

Maughan RJ, Greenhaff PL, Leiper JB, Ball D, Lambert CP, and Gleeson M. Diet composition and performance of high-intensity exercise. *Journal of Sports Sciences* 1997; 15: 265-275.

Evans, WJ and Lambert CP. Physiological basis of fatigue. *American Journal of Physical Medicine and Rehabilitation*. 86:S29-46, 2007.

Lambert, C.P., Jones, N.B. Alternatives to rapid weight loss in U.S. Wrestling. *International Journal of Sports Medicine*.



KENNETH LANE MD

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USA

Masters Degree in Biochemistry from the University of California, Los Angeles. He has been a Family Physician specializing in Sports Medicine since 1988. He has been a volunteer physician for many USA Wrestling National Championships, World Team Trials, and the 2004, 2008 & 2012 Olympic Trials. He was the USA National Team physician for the 2010 FILA World Championships in Moscow, the 2007 FILA Worlds Cup in Krasnoyarsk, Russia, and 2014 FILA World Cup in Los Angeles, USA. In 2012 Dr. Lane was inducted into the California Wrestling Hall of Fame for Lifetime Achievement for his contributions to wrestling sports medicine.

**Mykola LATYSHEV**

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Ukraine

Professional Affiliation: PhD, assistant professor, Borys Grinchenko Kyiv University

Publications: Korobeynikov G.V., Latyshev S. V., Latyshev N.V., Goraschenko A.U. Korobeynikova L.G. (2016) General laws of competition duel and universal requirements to technical-tactic fitness of elite wrestlers; Physical Education of Students; 1: 37-42.

<http://dx.doi.org/10.15561/20755279.2016.0105>

Latyshev Mykola, Latyshev Sergii, Kvasnytsya Oleh, Knyazev Alexander. (2017) Performance analysis of freestyle wrestling competitions of the last olympic cycle 2013–16; Journal of Physical Education and Sport; 17 (2), 590 – 594. DOI:10.7752/jpes.2017.02089

Latyshev N.V. (2009) Analysis competition activity of freestyle wrestlers on Olympic Games in Beijing of 2008. Pedagogics, psychology, medical-

biological problems of physical training and sports, 10, 106-109.

The list of my publications on Google Scholar

<https://scholar.google.ru/citations?user=vyUvXi0AAAAJ&hl>

Areas of Interest: Performance analysis in sport (wrestling), Data analysis in sport

FRANCISCO SALVADOR LEE GUANDIQUE

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Country: Guatemala

I graduated in 2011, as general doctor, last year I made 1 year of general surgery and this year I will start 4 years of residence in Rehabilitation and physical medicine.

Interests: wrestling medicine research.

I was part of the Guatemala National Wrestling Team from 1997 to 2002





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MIKA LEHTO

MD, PhD, adjunct professor specialist in cardiology
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Helsinki University Hospital, Department of Cardiology
Helsinki, Finland
National Medical Staff for Finnish Wrestling Federation
Member of UWW Medical Commission

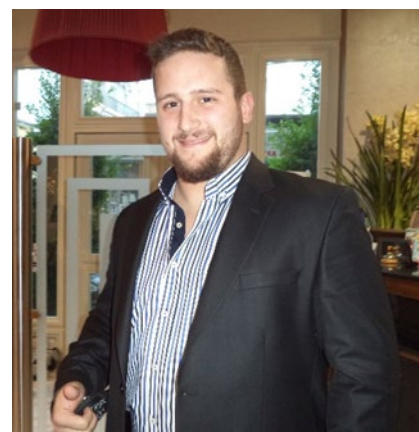


ALEXANDER LEIPOLD

Email: leipalex@aol.com
Institution/Organization: German National Coach Juniors 2005 - 2009
German National Coach Freestyle since 2009
FILA - Coach and Instruktor
Mailing Address: Eichendorffstr. 14, D-63791 Karlstein
Country: Germany
Current Areas of Interest: Wrestling science Information for Coaches
Athlete: 2 times Worldchampion
4 times European Champion
3 times World-Cup - Champion
5 times World - Medalist
Book Author: "Athletiktraining mit Zweikampfspielen"

NIKOLAOS LEON

Email nikos_189@hotmail.gr, nikosleon89@gmail.com
Publications: The History of Hipaty, Cultural routes in Ftiotida
Holder of Bachelor of History - Archaeology and Cultural Resources Management. BA in English FCE, Cambridge
Areas of Interest: History and cultural resources management. **Experience from sports conferences and participation in sporting events - Member of the National Team Wrestling (2007 ff.)**



(ΚΙΝΑ-ΓΑΛΛΙΑ-ΣΟΥΗΔΙΑ-ΔΑΝΙΑ-ΝΟΡΒΗΓΙΑ-ΣΛΟΒΑΚΙΑ-ΤΟΥΡΚΙΑ-ΓΕΩΡΓΙΑ-VOULGARIA -ROUMANIA-)
3rd place in the Mediterranean Championship Wrestling, Serbia 2014.

MARUIS LE ROUX

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Mailing Address: 38 Kappertjie Crescent, Doornpoort. Pretoria.Gauteng. South Africa. 0017

Country: South Africa

Current Areas of Interest: Youth Wrestling Development ages 7 to 13 years

Completed Wrestling Research: Three years physical assessment of young wrestling group to monitor their development. Currently doing a study with the help of the University of Pretoria's High Performance center to investigate the impact of wrestling on youngsters and the advantages of wrestling on other School Sports.

(please find attached link to the new way forward in SA wrestling

<http://www.wrestling.org.za/SAstoei/LTPD/ltpd.htm>)

AMIR LETAFATKAR, PhD student in sport medicine and corrective exercise

Email: kh_letafat@yahoo.com

Institution: University of Tehran

Mailing address: North Amirabad Street, Physical Education Department. Tehran, Iran.

Current Areas of Interest: wrestling anthropometry, postural adaptations and mal adaptations in wrestlers, weight loss, supplements

Completed wrestling research:

- ✚ Letafatkar A. **Relationship between flat foot deformity with Q angle and knee pain in Iranian freestyle wrestlers.** Journal of sport science (in press).
- ✚ Amirsasan Ramin , Nikookheslat Saeed, Sari-Sarraf Vahid, Kaveh Batoorak, Letafatkar Amir. **The effect of two dosage of BCAA supplementation on Wrestlers' Muscular Serum Damage Indexes.** Journal of sport science (in press).



Matt LINDLAND

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USA National Greco Roman Coach

Olympic Silver Medalist

World Silver Medalist

Adam LLOYD

Great Britain

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Involved with traditional wrestling styles for the past 15 years as a competitor and coach, my predominant styles are Sumo, Ssireum and English (Cumberland and Westmorland) Backhold Wrestling.

Competed internationally for Great Britain in both Sumo and Ssireum achieving notable accomplishments in both styles:



- One of only 2 British Ssireum players to qualify for the official World Championship
- 5 x British Ssireum Champion
- 10 x British Sumo champion
- Bronze medal at the European Continental Championships
- Head Coach for the British Sumo u21s squad

Research interests: talent identification and development specifically Relative Age Effect, and the historical development of wrestling styles across the globe.

Higher Education Lecturer at the University Centre Doncaster delivering on the Physical Education and Sports Coaching Degree. Talented Athlete Scholarship Scheme (TASS) which is a national programme, lead at the University.

GUILLEM LOMAS

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Assistant Professor, Department of Orthopaedic Surgery

Division of Sports Medicine

NYU - Hospital for Joint Diseases

glom7@gmail.com

Areas of interest: Multiligament knee reconstruction, cartilage restoration and joint preservation, hip arthroscopy, shoulder instability

NYU – Hospital for Joint Diseases

Center for Men’s Health

Education: B.S. Biomedical Engineering Yale University

Doctor of Medicine-Columbia University, College of Physicians & Surgeons

Ringside Physician USA Boxing – Golden Gloves NJ

Team Physician USA Wrestling

Team Orthopaedic Surgeon New Jersey City



DAVID EDUARDO LÓPEZ

Email: decodingwrestling@gmail.com

Institution/Organization: Instituto Estatal de Cultura Física y Deporte

Mailing Address: Miguel Ruelas 503B Int. 201, Col. Enrique Olivares Santana,

Postal Code 20010

: México

United World Wrestling- Regional Development Officer, Americas

Current Areas of Interest: Pedagogy, analysis of video sequences, techniques and tactics, competition analyses, performance development from children to seniors.

FILA Instructor

FILA Coach Freestyle Category I

Organization: President of ADICAF, A.C

Website: www.luchamx.org/index

Current Areas of Interest: Pedagogy, analysis of video sequences, techniques and tactics, competition analyses, performance development from children to seniors.

Papers:

1. López González, D. (2011). FACTORES DETERMINANTES DE LA FRECUENCIA DE COMBINACIONES TÉCNICO/TÁCTICAS EFECTIVAS EN LA LUCHA DE PIE DURANTE EL CAMPEONATO DEL MUNDO SENIOR FEMENIL 2009. E-Balonmano.Com: Revista De Ciencias Del Deporte, 7(0). <http://www.e-balonmano.com/ojs/index.php/revista/article/view/76/69>

2. López González, D. (2007). CLASIFICACIÓN DE LAS CONDICIONES DE PREPARACIÓN DE LAS ACCIONES TÉCNICAS DE ATAQUE DE PIE EN LA LUCHA LIBRE OLÍMPICA. http://cplawrestling.org/articulos/mx/Condiciones_preparacion_lucha_de_Pie.pdf

3. López González, D. (2010). MODELO DE CARACTERIZACIÓN DE LAS COMBINACIONES TÉCNICO-TÁCTICAS EN LA LUCHA EN POSICIÓN DE PIE [video] Disponible en:



<http://luchamurcia.blogspot.com/2010/12/ciencia-diseccionando-la-lucha-olimpica.html> y
<http://vimeo.com/17517779>

4. López González, D. (2010). ENTRENAMIENTO DE LA TÁCTICA: ASPECTOS MÁS IMPORTANTES PARA EL MÁXIMO RENDIMIENTO DEL LUCHADOR, <http://luchamurcia.blogspot.com/2010/09/ciencia-entrenamiento-de-la-tactica-en.html>

5. López González, D. (2010). EL TACLE A UNA PIERNA POR FUERA, EL ATAQUE MÁS USADO Y MÁS EFECTIVO EN EL MUNDIAL SENIOR 2009 EN LUCHA FEMENIL, <http://www.zonadelucha.com/2010/09/analisis-tecnico-del-mundial-femenino.html>

6. López González, D. (2010). MEDIOS PARA INICIAR UN ATAQUE EXITOSO EN COMBATE. David López Lucha México, http://www.luchamx.org/index/index.php?option=com_content&view=article&id=37:medios-para-iniciar-un-ataque-exitoso-en-combate&catid=15:blog-david-lopez&Itemid=8

7. Alonso Rodríguez, A. & López González, D. (2010). MUNDIAL SENIOR 2010 LUCHA ESTILO LIBRE, FACTORES TÉCNICO-TÁCTICOS EN LA OBTENCIÓN

DEL 1º AL 10º LUGAR. <http://www.facebook.com/luchamx/posts/165046616893917>, Archivo WINRAR (100 MB) descargable desde <http://depositfiles.com/es/files/n5ipxlj3t#Tf6ZY13fafs> (pass de apertura del .rar: luchamx.org)

8. López González, D. (2010). CARACTERIZACIÓN DE LAS COMBINACIONES TÉCNICO/TÁCTICAS EN POSICIÓN DE PIE REALIZADAS CON EFECTIVIDAD EN EL CAMPEONATO DEL MUNDO SENIOR DE LUCHA FEMENIL 2009. López, J., Medina, R. y Medina, M. (editores). REVISTA DE CIENCIAS DEL EJERCICIO -FOD-, Volumen 6, Suplemento, pp. 18-21, Octubre 2010, ISSN: 1870-3941. Recuperado de http://www.fileden.com/files/2011/6/26/3158508//Suplemento_Revista_2010.pdf

9. López González, D. (2011). "DETERMINANT FACTORS FOR THE FREQUENCY OF SUCCESSFUL TECHNICAL TACTICAL COMBINATIONS IN THE STANDING POSITION FROM THE 2009 WOMENS' SENIOR WORLD WRESTLING CHAMPIONSHIPS", in International Journal of Wrestling Science 2011; 1 (2), p.p.19-
<http://inwr-wrestling.com/wp-content/uploads/2011/11/Issue-2.pdf#page=19>

10. Reporte "KNEELING, INSIDE HEAD SINGLE LEG, THE MOST ATTEMPTED EFFECTIVE ATTACK IN SENIOR FEMALE WRESTLING WORLD CHAMPIONSHIPS - HERNING '09", con la revisión del Dr. David Curby, distribuido libremente en formato .pdf en inglés y español en diversos sitios web de Lucha, tales como <http://www.zonadelucha.com/2010/12/david-lopez-lo-hace-de-nuevo.html> y <http://luchamurcia.blogspot.com/2010/09/ciencia-y-analisis-de-la-lucha-olimpica.html> .

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Country: Spain

Current Areas of Interest: Training

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Iran

Positions: Technical committee in Iran Federation and Instructor in wrestling institute

Graduated from Tehran University in Sport psychology



NAVID LOTFI



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Institution / Organization:

Ph.D candidate for Exercise Physiology
Department of physical education, Faculty of Humanities,
University of Mohaghegh Ardabili, Ardabil, Iran

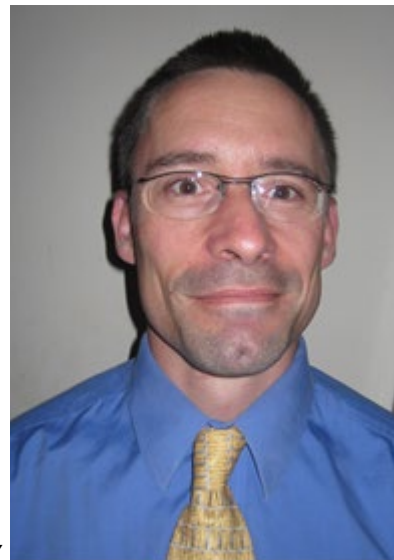
Country: Iran

Current area of interest:

- Applied physiology of wrestling
- Testing

Completed wrestling research:

- Changes in physiological parameters in cadet wrestlers following a 4-week general preparation phase. *Journal of physical Education of students. 2011.*
- The relationship between flexibility, speed and agility measures of successful wrestlers. *Kinanthropometry. 2011.*
- Physical fitness measures of cadet wrestlers. *International Journal of Wrestling Science 2011*



MARK LOVEJOY

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Institution/Organization: wrestling coach in Abu Dhabi

Current Areas of Interest:

Indigenous wrestling forms of Asia and Africa

Dr. FERNANDO J LUCENA



THE REQUIREMENT OF THE AGENCY IN TRAINING OF OLYMPIC WRESTLING CHALLENGE TO CONSTANTLY BE OVERCOME

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Institution/Organization:: Asociacion de lucha del estado Portuguesa

Mailing Address: calle 1 entre AV 27 y 28 N° 14 sector el trapiche Araure Estado Portuguesa

Country: Venezuela

Current Areas of Interest: Metodologia del entrenamiento. fisico y tecnico - tactico

Completed Wrestling Research:

To start the development of this topic is interesting to define what is "BODY". Then the concept breaks down. Body: Body part differentiated involved in performing a function. Device: Set of different organs in structure that contribute to perform the same function. System: The organs with identical structure and embryological origin. With the concept we mentioned before this is a complex function of the human body, a process that must engage so that all sync functions to perform. These requirements are even more elevated in the sport, which we refer to the agency and Olympic wrestlers in this case. Levels demands are greater, depending on the type of competition where participating as an example: competition areas, World Championships, Olympic Games, each have their own terms of demand.

I joined this should likewise discuss the specifics of the sport, which requires a functional separation of high demand, optimal mental preparation reasoned that each opponent has his own way of fighting, their own level of preparedness; except that in each fight is developing a different tactic.

Plan training for wrestling; is not only a matter of microcycle, mesociclos, macrocycles, etc.. Concepts that are growing weaker every day, understanding of science to modern sport, are forcing others to seek to implement the training loads, but not based on long periods of preparation. The training today must be designed such that the psychophysiological capabilities require delass and fighters, in order to always be ready to compete at any time. Besides scientific research requiring these changes, annual volumes competition are crucial for design loads specific daily workouts.

It is mandatory to understand that train a body which would be required to pay the most, needs to be respected by doctors, educational and other principles. To optimize correct way specific physical performance capabilities, for wrestling. PROCESS THAT REQUIRES HIGHLY TRAINED COACH TO ACHIEVE SUCH OBJECTIVES.

As such workouts designed for preparation in Olympic wrestling, orient each day to be more identified with the special and specific needs of the sport. Fulfilling beforehand with comprehensive fitness programs that guarantee the psychophysiological bases, necessary, specific training to support high biological demand.

Finally mandatory reflect and understand that a daily planned workouts for wrestling, are geared to develop several objectives, all with the same goal. I.e, optimizing the capabilities of specific work of these athletes. These charges of training should be structured so that not attend for example. The technical preparation - tactics, the specific preparation (fight training and regulatory), the special preparation (specific high-intensity exercise, preparation of muscle work capacity, muscular strength and power,. In training unit dosing these loads by micropauses macropausas recovery and to ensure the restoration of the funciónaeles systems and fighters as such successions of workloads in the modern fight training are committed to: 1) develop specific job skills for this sport. 2) ensure adequate recovery of functional systems.

LUV NYAM PHD

Mongolia

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Affiliation: Mongolian State Sport Administration, Sport Science and Methodological Center

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Current areas of interest: Endurance training research and training planing; wrestling motion analysis and analysis of different wrestler techniques

Complete wrestling research: Janos Gyorgyi, Luv Nyam: Adaptation of "Tabata Test" in Wrestling

VOLODYMYR LYZHUB

Cherkasy National University named after Bohdan Khmelnytsky

Department of Anatomy, Physiology and Physical Rehabilitation

Doctor of Biological Sciences, Professor,

Director of the Institute of Physiology named after Mikhail Bosey

Chairman of the Specialized Academic Council for the Protection of Candidate's (Phd's) theses.

November 7, 1946 - was born, Cherkasy, Ukrainian.

1969 - graduated from Cherkasy State Pedagogical Institute, Physical Education



Professor Lyzohub V. has been working at Cherkasy National University as a lecturer, associate professor, dean, professor, head of the department of anatomy and physiology of humans and animals, director of the Institute of Physiology named after M. Bosey since 1972.

His scientific school has 11 candidates of sciences (Phds), which are prepared through postgraduate studies. Lyzohub Volodymyr is one of the authors of the new scientific direction of the physiology of neurodynamic brain functions. The problem developed by teachers and post-graduate students under his leadership is marked by urgency and scientific novelty, which has practical value.

The obtained scientific results, created new methods and software of research are the basis for manufacturing of a series of devices "Diagnost". Devices are implemented in the educational and scientific process and are used in higher educational establishments of the Ministry of Education and Science, the Ministry of Health of Ukraine, the institutes of the Academy of Sciences of Ukraine, the Russian Academy of Sciences, the Academy of Pedagogical Sciences and the Academy of Medical Sciences.

Lyzohub V. is the initiator and organizer of 10 international conferences and symposiums. He is a member of the Scientific and Methodological Council of the Ministry of Education and Science of Ukraine, specialized academic councils for the protection of dissertations and editions of scientific journals and collections, member of the Higher Attestation Commission of Ukraine.

NICOLA MAFFULLI MD, MS, PhD, FRCS (Orth)

Centre Lead and Professor of Sports and Exercise Medicine
Consultant Trauma and Orthopaedics

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Country: UK

Current area of interest: Combative Sports

Completed wrestling research:

Kordi R, Maffulli N, Wroble RR, Wallace WA, Editors. Combat Sports Medicine, Springer-Verlag, London, 2009.



RAMIRO MAGGIOLO

Title: Head Coach Boca Juniors Wrestling Team, former coach of Argentina National Team to Freestyle Wrestling

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Institution/Organization: Club Atlético Boca Juniors

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Country: Argentina

Current Areas of Interest: Training methodology, Female Wrestling, Specific strength development.

Club Atlético Boca Juniors, Buenos Aires, Argentina:
1992 to 1994

Assistant Coach, Schoolboys Team 1994 to 2000

Coach, Cadets and Juniors Team 2000 to 2010

Coach, Juniors and Senior Team 2009 to 2010

Coach, National freestyle wrestling team of Argentina

2011: Head Coach, Boca Juniors Wrestling Team



SCOTT A. MAGNES, M.D., ATC



Orthopaedic surgeon/ sports medicine

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Dept. of Orthopaedic Surgery

Fort Belvoir Community Hospital

Fort Belvoir, VA 22060 Team physician for USA Wrestling, USA Volleyball, US Soccer, USA Judo, U.S. Olympic Training Center, and Military Olympic (CISM) Games

EDUCATION

University of Iowa College of Medicine, Iowa City, Iowa, 1981 - 1985, M.D., May 1985

University of Iowa College of Liberal Arts, Iowa City, Iowa, 1978 - 1981 (3 years), B.A.

with Honors, May 1981

CERTIFICATIONS

National Athletic Trainers Association (NATA) Certified Athletic Trainer (ATC), August 1999

Fellow, American Academy of Family Physicians, 1990

Fellow, American College of Sports Medicine, 1990

Diplomate, American Board of Family Practice, 1989, Recertification, 2000

HONORS

Chondrosis: Is the Current Classification System Satisfactory? -

Poster presented at the DoD/ VA/Rosalind Franklin University research symposium,
January 2013 (top ten poster award winner)

Reeser C, Fleisig G, Cools A, Yount D, Magnes S: Biomechanical Insights into the Etiology of
Infraspinatus Syndrome, *Br J Sports Med*, 47(4): 239-244, 2013

Oppliger R, Magnes S, Popowski L, Gisolfi C: Accuracy of Urine Specific Gravity and
Osmolality as Indicators of Hydration Status, *Int J Sport Nutr Exe*, 15(3): 236-251, 2005

Mai D, Magnes S, Twaddle B, Amendola A, Fowler P, Menon M: Clinical results of revision ACL reconstruction,
Arthroscopy: The Journal of Arthroscopic & Related Surgery (submitted for publication)

Magnes S, Henderson J, Hunter S: What conditions limit sports participation? Experience with
10,540 athletes, *Phys Sportsmed*, 20(5): 143-160, 1992

Magnes S, Feldman A: Knee Pain in a Young Football Player, *Phys Sportsmed*, 19(1): 72-81, 1991

Magnes S: When a knee injury became a head injury, *Phys Sportsmed*, 18(10): 80-82, 1990

Gisolfi C, Mora F, Bloomfield S, Wall P, Brown S, and Magnes S: Effects of apomorphine and pimozide on
temperature regulation during exercise in the rat. *J Appl Physiol: Respirat Environ Exercise Physiol*, 49:363 -
366, 1980

Gisolfi C, Mora F, Beattie M, Wall P, Brown S, and Magnes S: The role of dopamine in
temperature regulation during the stress of exercise, *Thermoregulation Mechanisms and Their
Therapeutic Implications*, B Cox, P Lomax, A Milton, and E Schombaum, eds., 1980, Basel:
S Karger, pp. 31 – 32

Publications:

Magnes S, Reeser J: Other Volleyball-Related Injuries, International Olympic Committee
Handbook of Sports Medicine and Science of Volleyball, 2nd ed., Blackwell Publishing, 2017

Reeser C, Fleisig G, Cools A, Yount D, Magnes S: Biomechanical Insights into the Etiology of
Infraspinatus Syndrome, *Br J Sports Med*, 47(4): 239-244, 2013

Published Online: 25 April 2012 doi:10.1136/bjsports-2011-090918

Magnes S, O'Connor S: Orthopaedic Sports Medicine Terminology, in *Sports Medicine:
A Comprehensive Review*, McGraw-Hill, 2012

Magnes, S: Orthopaedic Sports Medicine Terminology (Test Questions), in *Sports Medicine:
A Comprehensive Review*, McGraw-Hill, 2012

Magnes, S, Ringhausen L, Seidenberg P: Bracing and Taping about the Hip and Pelvis, *The Hip
and Pelvis in Sports Medicine*, Seidenberg P, Bowen, J, eds, 2010, Springer Science,
pp.263-270

Oppliger R, Magnes S, Popowski L, Gisolfi C: Accuracy of Urine Specific Gravity and
Osmolality as Indicators of Hydration Status, *Int J Sport Nutr Exe*, 15(3): 236-251, 2005

Magnes S: *Specialty Board Review: Sports Medicine*, McGraw-Hill, 2004

Magnes S: Orthopaedic Sports Medicine Terminology, in *Sports Medicine: Just the Facts*,
McGraw-Hill, 2004

Amendola A, Magnes S, Clatworthy M: Overuse injuries of the lower extremity,
Orthopaedic Knowledge Update on Sports Medicine 2, American Academy of Orthopaedic
Surgeons, 2nd ed., 1999

Magnes S, Henderson J, Hunter S: What conditions limit sports participation? Experience with
10,540 athletes, *Phys Sportsmed*, 20(5): 143-160, 1992

Magnes S, Feldman A: Knee Pain in a Young Football Player, *Phys Sportsmed*, 19(1): 72-81, 1991
 Magnes S: When a knee injury became a head injury, *Phys Sportsmed*, 18(10): 80-82, 1990
 Gisolfi C, Mora F, Bloomfield S, Wall P, Brown S, and Magnes S: Effects of apomorphine and pimoziide on temperature regulation during exercise in the rat. *J Appl Physiol: Respirat Environ Exercise Physiol*, 493:363 - 366, 1980
 Gisolfi C, Mora F, Beattie M, Wall P, Brown S, and Magnes S: The role of dopamine in temperature regulation during the stress of exercise, *Thermoregulation Mechanisms and Their Therapeutic Implications*, B Cox, P Lomax, A Milton, and E Schombaum, eds., 1980, Basel: S Karger, pp. 31 – 32

Abstracts:

Magnes, S: Chondrosis: Is the Current Classification System Satisfactory?, *Med Sci Sports Exerc* 43(5):S340, 2011
 Magnes S: Wrist Injury - Wrestling, *Med Sci Sports Exerc* 32(5):S342, 2000
 Magnes S: Shoulder Injury - Tennis, *Med Sci Sports Exerc* 31(5):S291, 1999
 Magnes S: Shoulder Injury - Wrestling, *Med Sci Sports Exerc* 30(5):S95, 1998
 Magnes S, Rettig A: Wrist Pain - Tennis, *Med Sci Sports Exerc* 29(5):S275, 1997
 Magnes S: Neck Pain - Baseball, *Med Sci Sports Exerc* 27(5):S59, 1995
 Magnes S, Segal L, Greer R: Complications Associated with a Modified Technique of Hip Arthrodesis with Cobra Plate Fixation, *Orthopaedic Transactions* 19(3):698, 1995 - 1996
 Magnes S, Henderson J, Hunter S: What Conditions Limit Sports Participation? Experience with 10,540 Athletes, *Orthopaedic Transactions* 18(3):900, 1994
 Magnes S: Abdominal Pain - Soccer, *Med Sci Sports Exerc* 26(5):S27, 1994
 Magnes S: Palpitations - Hiking, *Med Sci Sports Exerc* 24(5):S19, 1992
 Magnes S, Kabins M: Stingers - Football, *Med Sci Sports Exerc* 23(4):S40, 1991
 Magnes S: Knee Pain - Football, *Med Sci Sports Exerc* 22(2):S115, 1990

Over 100 podium presentations at national and international scientific meetings



DR. SADEGH MAHBOUBI

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MD and member of UWW medical commission. He also is head of Iran Wrestling Federation's medical committee.

Carole MAÎTRE MD

Doctor : gynecologist and sport physician

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National Institute of Sport , Expertise and Performance (INSEP) France

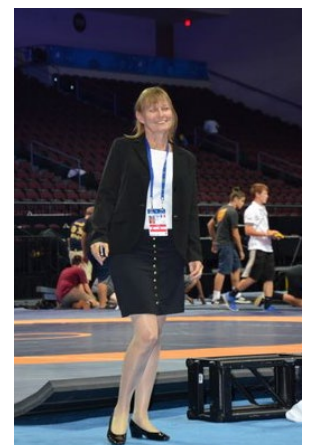
INSEP 11 av du Tremblay 75012 Paris

Current Areas of Interest:

Women' Health and High Level Female Athletes ; Olympic sports ; Physical activity and breast cancer

Completed Wrestling Research:

Disruption of menstrual cycle and amenorrhea in wresling: prevalence and risk



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- Marital status married
- Children 2 (daughter 16 years old/ son 8 years)

Education

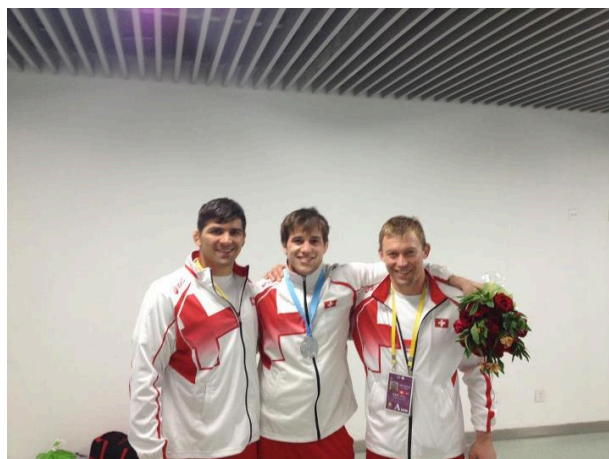
- 1990- 1994 Zaporozskiy State University (physical education teacher + sports trainer)

Languages

- Russian native language
- German excellent oral skills
- English oral skills

Sport career

- 1993-2004 Greco-wrestler in the national squad of Ukraine
- 1997-2004 Greco-wrestler Ringerstaffel Freiamt/ Swiss
- 2002-2011 Greco-coach Ringerstaffel Freiamt/Swiss
- 2004-2012 Greco-coach- Assistant Swiss Wrestling
- 07/08/2012 Greco-coach Olymian games London Swiss Wrestling



Sport success

Ringer:

5. Rang World Military championship 2001/ 69 kg

Trainer:

4 Gold Sweizer Meisterschaft with Ringerstaffel Freiamt

5 Silver Schweizer Meisterschaft with Ringerstaffel Freiamt 1 Bronze Schweizer Meisterschaft with Ringerstaffel Freiamt 2004. 4/ Rang Olympiade Athen (Reto Bucher/Swiss)

2005. 5. Rang Weltmeisterschaft Budapest(Reto Bucher)

2006. 7. Rang Europameisterschaft Moskau (Reto Bucher)

2007. 2. Rang Europameisterschaft sofia(Reto Bucher)

2010. 7. Rang Weltmeisterschaft Moskau (Paskal Strebel)

2012. 2. Rang OS- Qualifikation Taiyuan (Paskal Strebel)

2012. Olympian Games London with Paskal Strebel)

KANAT URKASHEVICH MAMBETALIEV

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Nationality: Kyrgyz

Experience work:

2005 (the October) on present time Kyrgyzskaya state academy of the physical culture and sport (KGAFKIS) propektor on scientific work and external relationship.

2010 editor-in-chief of the republican journal "Herald of the physical culture and sport".

FORMATION, DEGREE And RANKS:

2010 professor on professions "pedagogicall".



1997 assistant professor on professions "pedagogica".

1992-1994 Siberian state university physical culture and sport, Omsk (RF), candidate of the pedagogical sciences:

" prizewinner of the All-russian contest young scientist, denoted 100 International Olympic committee Moscow (1994).

" laureate Sibiriady young scientist Siberia and FAR EAST denoted 100 years International Olympic committee (Omsk, 1993);

1982-1988 gg. The Kirghiz state institute of the physical culture (Kyrgyzskaya state academy of the physical culture and sport).

" diploma with difference on professions physical education (athletic specialization weightlifting).

" winner of the All-union student Olympiad on theories and methods of the physical culture and sport (1988).

THE MAIN SCIENTIFIC And SCHOLASTIC-METHODICAL WORKS:

The Author 110 scientific and scholastic-methodical work.

2010 Patent for useful model "Technical device партёрно-district pulling for speed -power preparation fighter".

The Government agency on inventions and intellectual property Kyrgyzskoy Republics at Government Kyrgyzskoy Republics.

1997 "Theory and methods of the physical culture", textbook for institute of the physical culture, in coauthorship with professor N. I. SHarabakinyam.

1988-1996 gg. teacher, senior teacher of the pulpit theorist-pedagogical основ of the physical culture:

" realization of the educational program on general discipline "theory and methods of the physical culture"

Professional skills, participation in development state document in sphere of the physical culture and sport:

2010 (the March-April) project to State concept of the development FKIS and plan action on her (its) realization.

2008 Project of the State program average-urgent developments of the physical culture and sport.

2008 Project to new editing of the Law KR About physical culture and sport.

2008 (the April-May). The Participation in functioning (working) the joint committee on monitoring athletic object Kyrgyzskoy Republics.

2008 system Development of the monitoring the physical culture and sport in KR. cut-in separate indicator in form statistical report NSK KR 2005-2006 gg. Development to concepts of the development of the physical culture and the sport in Kyrgyzskoy Republic. It Is Accepted for base of the State concept of the development of the physical culture and sport in Kyrgyzskoy Republic for a period of 2006-2010.

2004 (2001 first publishing) of the State Program on physical education учащихся average general educational institutions Kyrgyzskoy republics.

2001 Positions. About physical education schoolchildren average general educational institutions Kyrgyzskoy Republics.

State Awards:

" "Well-earned workman of the physical culture and sport Kyrgyzskoy Republics" (2009) Departmental and other awards:

" jubilee medal Home office KR (2010);

" medal of the Interstate fund humanitarian cooperation state participant C.I.S. confederacies (2010);

" gold(en) medal of the National research institute MO Republics Kazakhstan (2010);

" medal ZAO "Caravan Holding" Republic Uzbekistan (2008);

" нагрудный sign "-student of the physical culture and sport KR" (2007);

" Honourable грамота Ministry of the formation and sciences KR (2006).

VICTOR MAMIASHVILI

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President NWF

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Science Representative

nam@united-world-wrestling.org

President, Namibia Wrestling Federation.

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MARKOVIĆ Milan

Professional Affiliation: Faculty of Sport and Physical Education, University of Belgrade, Serbia

E-mail: mm_milanm@yahoo.com

Publications:

1. Dopsaj, M., Markovic, M., Kasum, G., Jovanovic, S., Koropanovski, N., Vukovic, M., & Mudric, M. (2017). Discrimination of Different Body Structure Indexes of Elite Athletes in Combat Sports Measured by Multi Frequency Bioimpedance Method. *Discriminación de Diferentes Índices de Estructura Corporal de Atletas de Elite en Deportes de Combate Medidos por el Método de Bioimpedancia de Múltiples Frecuencias.*, 35(1), 199-207.

2. Markovic, M., Kasum, G., Dopsaj, M. (2017). Comparasion of freestzle wrestlers' competitive activity at the Europeon competitions in 2013, 2014 and 2015. M. Baić, P. Drid, W. Starosta, D. Curby, H. Karničić (Ed.), *Proceedings book - International scientific and professional conference on wrestling "Applicable Research in Wrestling"* (226-238). Novi Sad: Faculty of sport and physical education, Serbia.

Areas of Interest: Competitive activity, Field tests

PAULO MARTINS PHD

Faculdade de Motricidade Humana da Universidade de Lisboa
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- Teaching at Faculty of Human Kinetics of Lisbon University - Sport and Health Department
- Vice-President in Olympic Athletes Association of Portugal
- Head-coach in Human Kinetics Faculty Wrestling Team
- Course Lecturer of the Police Intel School for Chief Inspector - Methodology of Training Physical Qualities assignment
- Course Lecturer in the Sailing Federation of Portugal for Pedagogic Content Knowledge assignment
- Member of the Scientific Committee of the Journal of Asian Martial Arts edición USA
- Investigator member of Interdisciplinary Centre for the Study of Human Performance (CIPER), Faculty of Human Movement, University of Lisbon, Portugal
- Investigator Member at Centre for Research and Studies in Sociology of Institute University of Lisbon
- Conference Program Committee member: XXIVth International Cycling History Conference

Books

Martins, P. (2010). *Olympic Wrestling – The Pedagogic Content Knowledge* (1^a ed.). Lisbon: FMH-Editor. (Portuguese language)

Martins, P. (2005) A brief description of the wrestling techniques in *The Royal Book of Jousting, Horsemanship & Knightly Combat*. Translation into English of King Dom Duarte of Portugal's 1438 treatise, *Livro da Ensinaça De Bem Cavalgar Toda Sela, "The Art of Riding on Every Saddle"*. By António Franco Preto. Steven Muhlberger (ed.) Highland Village. Texas. USA.

Papers

Martins, P., Rosado, A., Ferreira, V., Biscaia, R., & Correia, A. (2012, 14 - 16 May). The relationship between motivational orientation and engagement levels among soccer players. Paper presented at the 3rd World Conference on Science and Soccer, Ghent-Belgium.

Biscaia, R., Correia, A., Rosado, A., Martins, P., & Ferreira, V. (2012, 14 - 16 May). The relationship between service



quality and behavioural intentions among the members of Sport Lisboa e Benfica. Paper presented at the 3rd World Conference on Science and Soccer, Ghent-Belgium.

Rosado, A., Martins, P., Ferreira, V., & Gomes, R. (2011, 12 - 17 July). Validation of the portuguese version of the athlete engagement questionnaire. Paper presented at the Sport and Exercise Psychology: Human Performance, Well-Being and Health, Madeira - Portugal.

Martins, P., Rosado, A., Ferreira, V., & Gomes, R. (2011, 12-17 July). Determinants of engagement in sport combats. Paper presented at the Sport and Exercise Psychology: Human Performance, Well-being and Health, Madeira - Portugal.

Martins, P., Rosado, A., Ferreira, V., & Gomes, R. (2011). Combat Sports and Determinants of Sport Engagement in Portuguese Athletes. Paper presented at the Scientific Congress on Martial Arts and Combat Sports, Viseu-Portugal.

Cabrita, T., Rosado, A., Sousa, P., & Martins, P. (2011). Athletic Identity in Combat Sports. Paper presented at the Scientific Congress on Martial Arts and Combat Sports, Viseu-Portugal.

Martins, P., Rosado, A., Ferreira, V., & Gomes, R. (2010). Athletes Gender, Age, Academic and Competitive Level as Determinants of Sport Engagement. Paper presented at the 2nd World Scientific Congress of Combat Sports and Martial Arts.

Cabrita, T., Rosado, A., Sousa, P., & Martins, P. (2010). Athletic Identity and its Relation to Age and Gender in Combat Sports. Paper presented at the 2nd World Scientific Congress of Combat Sports and Martial Arts.

Martins, P., Peixoto, C., & Ferreira, V. (2010). Análise Comparativa entre "flic-flac à retaguarda" da Ginástica e a "cintura para trás" nas Lutas. In M. C. Bortoleto, M. d. Oliveira & L. Pasqua (Eds.), Anais do II Seminário Internacional de Giástica Artística e Rítmica de Competição (pp. 395). São Paulo - Brazil: Universidade Estadual de Campinas.

Martins, P. (2009). Empenhamento Motor em Desportos de Combate. Paper presented at the 3º Congresso de Treinadores de Língua Portuguesa, Lisboa.

Martins, P., Peixoto, C., & Ferreira, V. (2009, 23 - 25 October). Análise Funcional da Cintura para Trás e do Flic-flac. Paper presented at the International Congress of Gymnastics, Oeiras - Portugal.

Martins, P., Rosado, A., Ferreira, V., & Raimundo, S. (2009). Engagement in Sport - A study in Wrestling. Paper presented at the SCIENTIFIC CONGRESS ON MARTIAL ARTS AND COMBAT SPORTS, Viseu.

Martins, P., Rosado, A., Ferreira, V., & Raimundo, S. (2009). Instructional Design and Learning- Wrestling, a case study! Paper presented at the SCIENTIFIC CONGRESS ON MARTIAL ARTS AND COMBAT SPORTS, Viseu.

Rosado, A., Januário, N., Mesquita, I., & Martins, P. (2008). Developmental Reasons for School Sports Dropout. In J. Cabri, F. Alves, D. Araújo, J. Barreiros, J. Diniz & A. Veloso (Eds.), Book of Abstracts of the 13º Annual Congress of ECSS (pp. 141). Estoril: European College of Sport Science.

Martins, P., Rosado, A., & Mesquita, I. (2008). Wrestling Coaches and Educational Needs. In J. Cabri, F. Alves, D. Araújo, J. Barreiros, J. Diniz & A. Veloso (Eds.), Book of Abstracts of the 13º Annual Congress of ECSS (pp. 223). Estoril: European College of Sport Science.

Martins, P., Costa, J., Rodrigues, J., Vieira, K., Santos, T., & Alves, V. (2007). Planeamento e Periodização em Luta. Paper presented at the Congresso Científico de Artes Marciais e Desportos de Combate, Viseu.

Martins, P. (2007). O Resultado da Aprendizagem na Lógica do Combate. Paper presented at the Congresso Científico de Artes Marciais e Desportos de Combate, Viseu.

Rosado, A.; Januário, N.; Mesquita, I.; Martins, P. (2006) Abandono da Prática do Desporto Escolar. Resumos do 7º Congresso Nacional de Educação Física. Maia. 23, 24 e 25 de Novembro de 2006

Martins, P., & Rosado, A. (2006). Concepções Didácticas no Ensino da Luta - Nível Introdutório. Paper presented at the 7º Congresso Nacional de Educação Física, Maia.

Martins, P., & Rosado, A. (2006). Concepções Didácticas no Ensino da Luta. In Rev Bras Educ Fís Esporte, São Paulo, Vol. 20, pp. 486, Set 2006, Suplemento nº 5.

Martins, P., & Rouco, C. (2005). Effort Profiling During Orienteering Trackfield. Paper presented at the World Congress de l' Association Internationale des École Supérieur de Éducation Physique, Lisbon.

Martins, P., & Rosado, A. (2005). Teachers Attitudes to Sport Combats at School. Paper presented at the 10th Annual Congress of the European College of Sport Science, Belgrad.

Former Wrestling Activity

1996 – 2002 – Assistant coach in the Portuguese Wrestling Team

1995 – Head Coach in the Portuguese Wrestling Team

Athletic Career

14 times National Champion Greco-Roman style;

7 times National Champion by team's for Sport Lisboa e Benfica;

8 times winner of Portugal Cup's;

Several international holdings including grand Prix's, Europeans, World Championships and Olympics in Barcelona '92.

Current Areas of Interest: Psychology; Pedagogic Content Knowledge

ATSUSHI MASUJIMA, MD

Email: amasujima@yahoo.co.jp

Institution: Toshiba General Hospital



Mailing Address: 6-3-22 Higashioi,Shinagawa-ku,Tokyo 140-8522

Country: Japan

UWW Medical and Doping Commission

Current Areas of Interest: Prevention of wrestling injuries

Completed Wrestling Research: Muscular injuries caused during preparation period and Competition, FILA coaching clinic. Nov.13,2010.Tokyo



Gary MAYABB

gmayabb@usawrestling.org

Manager of Greco-Roman Programs for USA Wrestling

DARREN MC CORMACK

Email: darrenmccormack72@hotmail.com

Institution/Organization: ccw wrestling organisation

Mailing Address

10 presentation close gurrabraher Cork City, Ireland

Country: Ireland

Current Areas of Interest:

wrestling psychology,referee training,training techniques

Completed Wrestling Research:

Training in wrestling,officiated in pro wrestling,competitions,wrestling shows,etc

MARK MCGOWAN

Silver Level Greco Roman wrestling coach

Email: coachmarkmcgowan@yahoo.com

Institution/Organization: United States Deaf Wrestling Association,inc

Mailing Address: 415 Westminster Lane,
United States

Current Areas of Interest: Nutrition, advanced techniques

Completed Wrestling Research: Nutrition before during and after a competition.



TAMARA MEDWIDSKY

Canadian Amateur Wrestling Association

Executive Director

tamara@wrestling.ca

7th in World Championships

Hasan MELKI**Tunisia****Email:** hmelki@yahoo.fr

Dr. of Sciences and Techniques of Physical Activities and Sports (STAPS)

Wrestling Teacher-researcher

Sport Teacher / Department of Individual Sports

Higher Institute of Sport and Physical Education (ksar-Said)

Publications:

Hasan Melki, Mohamed S. Bouzid, Mourad Fadhloun (2019). Correlation Between Morphological And Functional Variables During A Specific Wrestling Test For Tunisian Cadet Greco-Roman Wrestlers. Journal of Physical Education and Sport (JPES) . ISSN: 2247 - 806X.

Hasan Melki, Mohamed Sami Bouzid, Aymen Hawani. (2016). Identification et analyse qualitatif et quantitatif d'un combat de lutte olympique. IOSR Journal of Sports and Physical Education. ISSN: 2347-6737.DOI: 10.9790/6737-03032126.

**BIANCA MIARKA, PhD****Email:** miarkasport@hotmail.com**Institution/Organization:** Martial Arts and Combat Sports Research Group - University of São Paulo**Country:** Brazil**Current Areas of Interest:** Technical and Tactical Analysis**Completed Wrestling Research:** Reliability of a New Time-Motion Model based on Technical-Tactical Interactions for Wrestling Combats**MARIA MICHALOPOULOU****Assoc. Prof****Email:** maria.michalo@gmail.com**Institution/Organization:** Democritus University of Thrace Dept of Physical Education and Sport Sciences**Mailing Address:** Komotini 69100**Country:** Greece**Current Areas of Interest:** coaching**Completed Wrestling Research:** Coaching Behaviors**MIGIPI, ANASTASIA, PhD CS, BA ELL.**

Olympic category referee.

Affiliations: **President** of The National Association of Teachers of Foreign Languages (branch of Northern Greece).

Member of the National Association of Private School Teachers (O.I.E.L.E) Former Secretary General of the Association of Wrestling Referees in Northern Greece

Email: anmigipi@yahoo.gr , a.migipi@yahoo.gr**Mailing Address :** 64, Skra street, 56334 Neo Kordelio, Thessaloniki, Greece.**Current Areas of Interest:** Officiating/ Refereeing, Cognitive Science, Data Mining, History, Pedagogy.**Completed Research:** Web Usage Mining Application in Data from the field of Open and Distance Learning Education



CHIRILA MIHAI

Title: Associate Professor dr.

Email: mihaichirila_police@yahoo.com

Institution/Organization: Police Academy "A. I. Cuza"

Mailing Address: mihaichirila_police@yahoo.com

Country: Romania

Current Areas of Interest: Wrestling - concept of performance, competitive model, model selection, model training, competitive effort quantification, rationalization of specific and nonspecific means training, mental preparation

Completed Wrestling Research:

1. Research and management complexity of effort and yield optimal means and methods in the preparation of integrated and competitive performance of the fighters from the Greco-Roman style, Edited by CCEFS, București, 1987, 49 p.
2. Practice guidelines and training opportunities in modern wrestling, in the journal

Physical Education and Sport, no. 8, Bucharest, 1988, p. 36-41

3. Research and optimal routing

complexity of the effort and efficiency of means and methods integrated in the training and competition performance fighters (Greco-Roman). Optimization models of fighters training and competition performance as a result of rationalization and standardization of training and measuring means. Edited by CCEFS - Bucharest, 1988, 108 pages

4. Contributions to the specific effort to redefine the competitive struggle under the new regulation and methodological implications in establishing basic methods of training and competitive process, CCEFS communication session of 25-26 May 1989, p. 22-32 in the booklet

5. Research and optimal routing complexity of the effort and efficiency of means and methods of integration in the training and competition performance fighters (classic style). Optimization models of fighters training and competitive performance as a result of rationalization and standardization of training and measuring means, Edited by CCEFS - Bucharest, 1989, 96 pages

6. Settlement Studies and verify the most effective training methods, and optimization technologies in high performance sport wrestling, Edited by CCEFS - Bucharest, 1990, 124 pages

7. Optimizing training judo player based on objective information provided by evaluating the competition, (in collaboration), the annual scientific session of the National Academy of Physical Education (brochure), 4-6 March, Bucharest, 1999

8. Psychological aspects (cognitive and adjust operational) in self-defense sports, PhD paper, 1995 72 pages

9. Adapted to problematic behaviors and performance-aggressive opposition, PhD paper, 1996, 68 pp

10. Mental training (objectives, methodology, operationalization) of the subjects towards use of self-defense techniques, referat doctoral, 30 pages

11. Contributions to redefine specific effort from fighting and its implications in the preparation of high performance fighters, International scientific conference of the National Research Institute for Sport 23-24.10.2003, in the booklet (p. 58-64);

12. Quantification and competitive training effort and its significance for the preparation of high performance wrestlers



OLEG MIHALOVICH

Belarus

mihalka@mail.ru



SEYED JAVAD MIRGHANI

Email: seyedgavadmoghani@yahoo.com

Institution/Organization: Young Researchers Club, Aliabad Katoul Branch, Islamic Azad University, Aliabad Katoul, Iran

Country: Iran

Current Areas of Interest: exercise physiology

I have performed wrestling about 11 years



BOZIDAR MINKOV

Email: bo_minkov@abv.bg

Bulgaria, Ruse 7012

Country: Bulgaria

Current Areas of Interest: wrestling training, coaching

Completed Wrestling Research:

wrote articles for Iranian wrestling magazine, and Polish wrestling magazine



BAHMAN MIRZAEI, PhD, Professor

UWW Scientific Commission

Email:

bmirzaei2000@yahoo.com &

mirzaei@fila-wrestling.com

Director, physical preparation and conditioning of Iranian wrestling federation

Secretary of INWR

Institution / Organization: University of Guilan, Director of physical education and sport sciences department

Country: Iran

Current area of interest: Applied physiology of wrestling-Testing



Completed wrestling research:

- 1- Rahmani Nia, F., **Mirzaei B.**, Nouri R. " Physiological profile of elite Iranian Greco-Roman style wrestlers" *International journal of fitness - (Index)*, India, Vol 3, Issue 2, 2007
- 2- **Mirzaei, B.**, Curby D, Rahmani-Nia F, Moghadasi M " Physiological profile of elite Iranian junior freestyle wrestlers " *Journal of strength and conditioning research, (ISI)* USA, Vol 23, Issue 8, 2009
- 3- **Mirzaei, B.**, Akbarnejad, A., "A skill profile of elite Iranian Greco-Roman Wrestlers"- *World journal of sport sciences (wjss)*, Vol 1, Issue 1, 2008.
- 4- **Mirzaei, B.**, Rahmani Nia, F., Ghahramani Moghadam, M., " A comparative study of body composition, aerobic power, anaerobic power and strength of Iranian freestyle and Greco-Roman wrestlers participating in the Beijing Olympic Games 2008"- *Journal of sports science, Exercise & society*, (Indexed), Greece, 2010, 49 (1), 192-194
- 5- **Mirzaei, B.**, Curby, D., Barbas, I., Lotfi, N. " Physical fitness measures of cadet wrestlers ", *International journal of wrestling and science*, 2011, Vol 1 (1).
- 6- Barbas, I., Kouli O., Bebetos E., **Mirzaei B.**, Curby D. " The relationship between emotions and confidence among wrestling athletes in Greece ". *International journal of wrestling and science*, 2011, Vol 1 (1).
- 7- **Mirzaei, B.**, rahmani Nia, F., Curby, D., Barbas, I., Lotfi, N. " Changes in physiological parameters in cadet wrestlers following a 4-week general preparation phase, *Journal of Physical Education of students*, Ukraine (In press).



- 8- **Mirzaei, B.**, rahmani Nia, F., Curby, D., Barbas, I., Lotfi, N. " The relationship between flexibility, speed and agility measures of successful wrestlers, *Kinaithropometry*, UK (In press).
- 9- **Mirzaei, B.**, Barjeste, A. " Acute neuromuscular fatigue and metabolic demands in response to two different heavy resistive loading patterns" *Medicina dello sport, (ISI)* Italy, (in press)
- 10- P. Sofokleous, A. Gioftsidou, P. Malliou, I. Barbas, Ch. Kollias, **B. Mirzaei**, D.G.Curby, "Evaluation and rehabilitation of functional ankle instability in wrestlers", *International journal of wrestling and science*, 2011, Vol 1 (2).

- 11- **Mirzaei, B.** "Overtraining in wrestlers", Journal of Peike Salamati, (Persian language), vol 20, 2006
- 12- **Mirzaei, B.**, Rahmani Nia, F., Mehrabani, J. "Validation of Bruce and Conconi protocols in predicting of VO2max by Gas-Analyzer method in Iranian wrestlers", Journal of Olympic (Persian language), 2006.
- 13- **Mirzaei, B.** Rahmani Nia, F. Bordar, F. The comparison of profile of mood states (POMS) in elite Iranian freestyle and Greco-Roman wrestlers", Journal of Olympic (Persian language), 2006
- 14- **Mirzaei, B.** Rahmani Nia, F. Bordar, F. The comparison of psychological skills in elite Iranian freestyle and Greco-Roman wrestlers, Journal of Harekat (Persian language), 34, 2007
- 15- **Mirzaei, B.**, Amirsasan, R., Emami, M., "Rapid weight loss practices and its possible effects among elite Iranian wrestlers", Journal of Olympic (Persian language), 2011

Book publication:

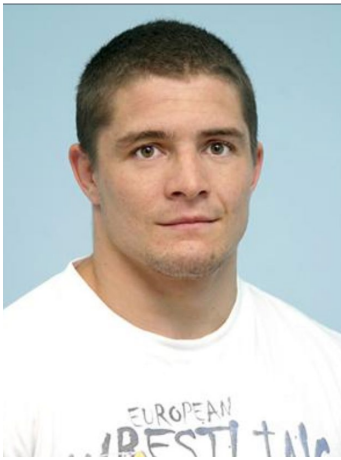
Science of training in wrestling, published by Beh Nashr publication 2010.

Applied wrestling physiology- monograph, published by NOC of Iran 2006.

Weight loss in weight category sports- monograph, published by NOC of Iran, 2006.

Resistance Training Based on Analysis of Wrestling Techniques 2012





Alexey Mishin
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Email: mishin-alex79@mail.ru
Olympic Champion

Kazem MOHSENINIA
k.mohseninia@yahoo.com
Place of Birth: Babol, Mazandaran
From: IRAN
+989196096368
National Hero of Iran
Wrestling Coach of Wrestling Federation Iran
Inventor of new techniques in Wrestling (free style)
The Head coach of the YMCA club in Manchester, England
Russian Translator of the Wrestling Federation Iran since 2003

Islamic Azad University-Physical Education

Two-time Police Champion of Iran (1998-99)
Five-time Iran Champion (1999-2003)

Certified Coach of Iran Wrestling Federation
Head Coach of Tehran Province

Publications:

Mohseninia, Kazem (2018) Innovation of New Techniques in Freestyle & Greco-Roman Wrestling. Journal of Sports Science 6, 200-208 doi: 10.17265/2332-7839/2018.03.010
Mohseninia, Kazem (2018) Wrestling Technique. International Journal of Wrestling Science, 8, 1.



DR. SZABOLCS MOLNÁR

I am a Hungarian former elite wrestler who is now working as an Orthopaedic Consultant in the National Military Hospital, Hungary. I was working with the Hungarian Junior Team 2000-2007, then I also worked for the Spanish Wrestling Association 2008-2012. Currently I am the Head of Medical Committee in Hungarian Wrestling Federation and also the Member of the Medical, Prevention and Anti-Doping Commission, UWW.

Email: szabolcsmolnadr@gmail.com

Institution/Organization: Hospital Ernest Lluch, Calatayud, Aragon, Spain

Mailing Address:

31010 Baranain, Plaza de los Castanos 2. 8/D, Pamplona, Navarra,

Institution/Organization: Medical Centre Hungarian Defence Forces, Budapest, Hungary

Mailing Address: 1037 Budapest, [Remetehegyi út 40-42. I/3](#), Hungary

Current Areas of Interest: Orthopedics and traumatology

Completed Wrestling Research:



Molnár Sz.L., Lang P., Skapinyecz J., Shadgan B.: Dislocation of the ulnar nerve in an elite wrestler. BMJ Case Reports. 08 July 2011, doi: 10.1136/bcr.02.2011.3806
Shadgan B, Molnar S, Sikmic S and Chahi A: Wrestling Injuries During the 2016 Rio Olympic Games. Br J Sports Med 2017;51:387. <http://dx.doi.org/10.1136/bjsports-2016-097372.262>, IF: 6,724
Molnár SzL, Hidas P, Kocsis Gy, Rögler G, Balogh P, Farkasházi M and Lang P: Operative Elbow Injuries Among Hungarian Elite Wrestlers. Case Review. International Journal of Athletic Therapy & Training. <http://dx.doi.org/10.1123/ijatt.2014-0045>

Aaron J. (A.J.) MONSEAU, MD

amonseau@gmail.com

USA Wrestling National Team Doctor

MD in an Emergency Medicine and Sports Medicine physician at West Virginia University (WVU) where he is an Assistant Professor. He teaches medical students and residents while working clinically at the Emergency Department at Ruby Memorial Hospital and the WVU Sports Medicine Center. After completing medical school and Emergency Medicine residency at WVU, he then completed a fellowship in Primary Care Sports Medicine at the University of Michigan. Dr. Monseau has been volunteering with USA Wrestling since 2008. He graduated from West Liberty State College (now West Liberty University) in West Liberty, WV where he was a 2003 NCAA Division 2 All-American and a four-time NCAA Division 2 Academic All-American while wrestling for his father, Vince Monseau who is a Division 2 Wrestling Hall of Famer.



CARRIE MOORE, ATC – Assistant Athletic Trainer/Professor

Email: CMoore1@lindenwood.edu

Institution/Organization: Lindenwood University

Mailing Address: 703 Turnberry Ct., Wentzville, MO 63385

Country: USA

Current Areas of Interest: Research on more effective ways to provide excellent medical care for athletes; concussion management

CARLA MORAIS

Bachelor's Degree in Law in 2010 (Lisbon Law School)

Master Degree student in Enterprise Juridical Sciences as the Corporate Law

Portuguese Wrestling Federation Vice president

Institution/Organization: FPLA

Areas of interest: Female wrestling, development of wrestling rules

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carla.morais@fplutasamadoras.pt



MEHDI MORADIV

Iran

momo8162md@yahoo.com

MANUEL M. MORATO

I'm a supporter Olympic Wrestling. With my blog I intend to disseminate and promote the Olympic Wrestling and other combat sports I practiced as Judo and Sambo, sports that do not have the distribution and promotion they deserve for traditional broadcast media, radio, press and TV. The only way out is the Internet, social networking, technology.

Porabuelito Blog Deportes de Combate-Combat Sports Blog:

<http://porabuelito.blogspot.com>

<http://www.facebook.com/pages/Porabuelito-Blog-de-los-Deportes-de-Combate-Combat-Sports-Blog/173333733383>

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State University of Semarang

Country: Indonesia

Current Areas of Interest: Sport Medicine, effect of exercise especially wrestling, on the human body.

From Sports Science Department Universitas Negeri Semarang, Central Java Indonesia. I am a Membership of the Indonesian Wrestling Association and also am focused on research on Sport Science and Medicine. I would like to join INWR as a membership, that is possible for me?

for additional information such as

- Name (Dr. Siti Baitul Mukarromah, S.Si., M.Si.Med.)
- Professional Affiliation: Assistance Professor, Universitas Negeri Semarang, Central Java Indonesia)
- Email (sitibaitul@mail.unnes.ac.id / sitibaitul@yahoo.co.id)
- Areas of Interest (Sports Science and Medicine)
- Head of Organization Central Java Wrestling Association, Indonesia)

Universitas Negeri Semarang

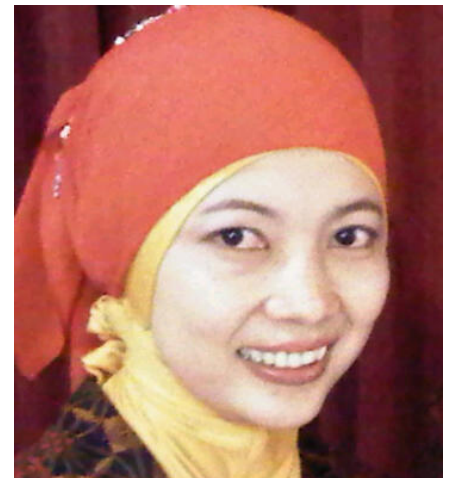
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Dr. Abdulkadir Mu'azu MD
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Nigeria

Sports Physician and policy expert with 24 years experience in Clinical Sports Medicine, planning and organization of medical services at major National and International sporting events.

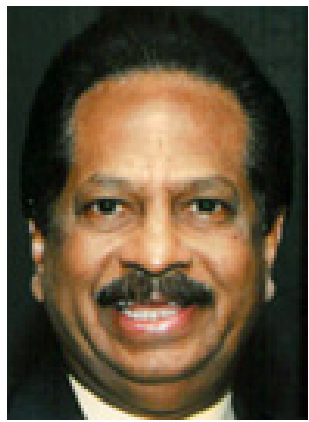
Served as Team Doctor to the Olympic Football Team that won Gold Medal at the Atlanta Olympics Games in 1996

Served as Team Doctor to the National Basketball Team at the World Basketball Championship in Athens, Greece in 1998.

Team Doctor to World Wrestling Championships-Moscow 2010

CURRENT POSITION: DIRECTOR, SPORTS MEDICINE DEPARTMENT

CONTACT ADDRESS: NATIONAL SPORTS MEDICINE
CENTRE, NATIONAL STADIUM
COMPLEX, PACKAGE B, ABUJA. NIGERIA



PROF DATUK DR.
MOHD MYDIN BIN MOHD MUSA
MALAYSIA

Was instrumental in the formation of Society of Sports and Exercise Medicine in Malaysia and is presently the President.

Revived the Malaysian Amateur Wrestling Association with pledges of financial support. Under the leadership of President Prof Datuk Dr Mohd Mydin, MAWREA is now affiliated with FILA. Prof Datuk Dr Mohd Mydin was selected as the official voting delegate in FILA and shall be accompanied by the MAWREA Deputy President Prof Dr Selvaraj Y Subramaniam and Honorary Secretary General Dr Prakash Gurusamy as official delegates to the FILA.

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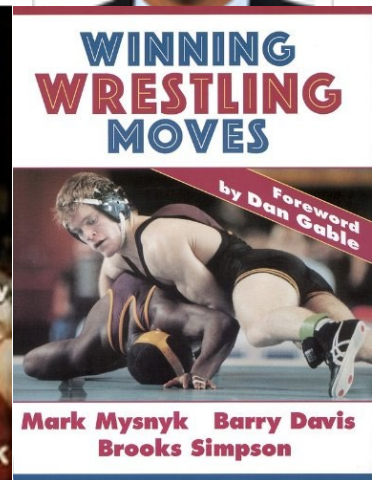
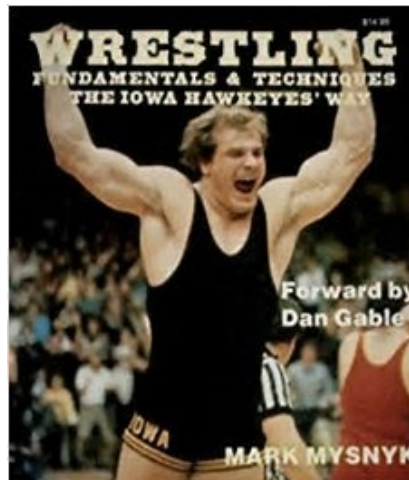
Prof Dr Selvaraj Y Subramaniam

Dr Prakash S. Gurusamy

Malaysia

Mark MYSNYK, MD
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All-American wrestler at U of Iowa. Author of wrestling manuals. Orthopedic surgeon.



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Institution/Organization: sport science research center (SSRI)
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Country: Iran
Current Areas of Interest: methodology of training
Completed Wrestling Research:
methodology & supplements in training



BEHNAM NAGHIPOUR
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Institution/Organization: Universtiy of Tehran
Country: Iran
Current Areas of Interest: sport management - sociology of sport - sport law
Completed Wrestling Research:
book: resistance training based on analysis of wrestling techniques
Persian Journal article:
1-The Investigation of the Components of Team Identity and National Identity in Fans of Iran National Teams (Case Study: Football and Wrestling)
2- Mediation effect of sport self-efficacy on the relationship between dimensions of perfectionism and competitive anxiety in athletes
international conference:
1- An Examination of the Relationship Between Perfectionism and Self-esteem in a Sample of Student Athletes



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Masters Degree in Sport Physiology
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VIKRAMSINH PANDHARINATH NANGARE
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Country: India
Current Areas of Interest: wrestling performance
nangarevp@gmail.com

Country: INDIA

Current Areas of Interest:

WRESTLING PERFORMANCE, TEST &
MEASUREMENT, COACHING, FITNESS

Completed Wrestling Research:

TWO COMPLETED RESEARCH PROJECTS

M.ED.(PHYSICAL EDUCATION)-CORRELATION BETWEEN BODY FAT%
AND SPORT PERFORMANCE LEVEL OF WRESTLERS OF PUNE CITY

M.PHIL.(PHYSICAL EDUCATION)-CORRELATION BETWEEN BODY
FAT%, SPORT PERFORMANCE LEVEL AND MENTAL HEALTH OF
WRESTLERS OF PUNE CITY.



HAMIDREZA NASERPOUR

biomechanic researcher

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Country: Iran

Completed Wrestling Research:

**the effect of 8 week wrestling training on some elected biomechanical
parameters on elite iranian wrestlers**

MICHAEL NICHOLLS, MD Canada

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Mike was born and raised in Regina, attended university and medical school at the University of Saskatchewan in Saskatoon, and did his Family Medicine Residency in Regina. He worked for 4 years full time doing emergency medicine before taking over a Student Health, Family and Sport Medicine practice at the University of Regina where he worked for 13 years. He is currently employed as a Health Services Officer with the RCMP at the Training Academy here in Regina and does consultation sport medicine work for the University of Regina and community at large.

Mike was the Chief Medical Officer with the Canada Summer Games in 2005. He has been a team physician with the Regina Pats Hockey organization since 1994, the Medical Director with the University of Regina Athletics Program since 1995, has worked several times with Canadian Hockey's Program of Excellence and was the team physician for the 2001 World Junior Team in Moscow, Russia. He was part of the short track speed skating venue medical team at the 2010 Olympics in Vancouver. He has been the Medical Director of Wrestling Canada's National Teams since 2009 and was appointed to the FILA Medical Committee in 2011.

Mike was recognized by the Canadian Academy of Sport and Exercise

Medicine as the Community Physician of the Year in 2007.

The Medical Director for Wrestling Canada Lutte since 2008. Interested in illness and injury prevention in sports.

BSc, MD, CCFP, FCFP, Dip Sport Med (CASEM).



Andrew NICOLA

Head Wrestling Coach at Brother Martin High School (New Orleans, LA)

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Areas of Interest: Psychology, Philosophy, Coaching

Brief bio: USAW Silver Certified; former Head Wrestling Coach at Cumberland University, former Assistant Wrestling Coach at California Baptist University and Cumberland University; 4x USAW Masters National Champion; high school and collegiate registered official

USAW Silver Certified; former Head Wrestling Coach at Concordia University, former Assistant Wrestling Coach at California Baptist University and Cumberland University; 4x USAW Masters National Champion; high school and NCAA registered official

NONGA NONGA Joseph Blaise

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Title: Senior Sport and Physical Education Teacher

Institution/Organization: Ligue Régionale de luttes du Littoral
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Country: Cameroon

Current Areas of Interest: Coaching and training

Completed Wrestling Research:

training methodology in wrestling; wrestling in africa: traditional styles in cameroon; developpement of research in wrestling teaching.



Maria OGURTSOVA

Sport Psychologist

mo@i1.ru

Studied: Moscow State University



Kwang Hyok OH

DPR of Korea

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Areas of Interest: Information regarding index to evaluate wrestlers' level and criteria in terms of specific and general conditioning; evaluating of wrestlers' strength, stamina, endurance and other index; and the way to evaluate the preparedness of wrestlers pre match session.

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VAHUR ÖÖPIK

Date of birth: 21.06.1957

Employment: Institute of Exercise Biology and Physiotherapy, University of Tartu

Position: professor

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Main research areas:

- Physiology and biochemistry of exercise
- Sport nutrition
- Physiology of heat acclimation and exercise in the heat

Completed wrestling research:

- Ööpik, V., Pääsuke, M., Sikkut, T., Timpmann, S.,

Medijainen, L., Ereline, J., Smirnova, T., Gapejeva, E. Effect of rapid weight loss on metabolism and isokinetic performance capacity. A case study of two well trained wrestlers. *Journal of Sports Medicine and Physical Fitness*, 1996, 36:127-131.

- Ööpik, V., Pääsuke, M., Timpmann, S., Medijainen, L., Ereline, J., Smirnova, T. Effect of creatine supplementation during rapid body mass reduction on metabolism and isokinetic muscle performance capacity. *European Journal of Applied Physiology*, 1998, 78:83-92.

- Roots, E., Timpmann, S., Ööpik, V. Weight Cycling and blood lipid profile in combat sports athletes. *Biology of Sport*, 2000, 17:267-276.

- Timpmann, S., Ööpik, V. Body weight reduction and performance in combat sports athletes. *Acta Academiae Olympiquae Estoniae*, 2001, 1:107-121.

- Ööpik, V., Pääsuke, M., Timpmann, S., Medijainen, L., Ereline, J., Gapejeva, J. effects of creatine supplementation during recovery from rapid body mass reduction on metabolism and muscle performance capacity in well-trained wrestlers. *Journal of Sports Medicine and Physical Fitness*, 2002, 42:330-339.

- Timpmann, S., Ööpik, V. Der Einfluss der Körpergewichtsreduzierung auf die Leistung im Kampfsport. *Leistungssport*, 2002, 32: 29 - 32.

- Timpmann, S., Ööpik, V., Pääsuke, M., Medijainen, L., Ereline, J. Acute effects of self-selected regimen of rapid body mass loss in combat sports athletes. *Journal of Sports Science and Medicine*, 2008, 7:210-217.

- Ööpik, V., Timpmann, S. Weight loss and physical performance in combat sports athletes: impact of nutritional factors. *Sport Science*, 2009, 1:33-39.

- Timpmann, S., Burk, A., Medijainen, L., Tamm, M., Kreegipuu, K., Vähi, M., Unt, E., Ööpik, V. Dietary sodium citrate supplementation enhances rehydration and recovery from rapid body mass loss in trained wrestlers. *Applied Physiology Nutrition and Metabolism*, 2012, 37:1028-1037.

- Ööpik, V., Timpmann, S., Burk, A., Hannus, I. Hydration status of Greco-Roman wrestlers in an authentic precompetition situation. *Applied Physiology Nutrition and Metabolism*, 2013, 38:621-625.

- Aedma, M., Timpmann, S., Ööpik, V. Effects of caffeine on upper body anaerobic performance in wrestlers in simulated competition day conditions. *International Journal of Sport Nutrition and Exercise Metabolism*, 2013, in press

ROBERT A. OPPLIGER, Ph.D. FACSM

Email and Contact Information: boboppliger@gmail.com

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Iowa City, IA 52240-5911

Phone: 319-338-4011

Institution / Organization: Iowa Wrestling Research

Country: USA

Current area of interest: Health and safety of wrestlers

Completed wrestling research:

Oppliger, RA, AC Utter, JR Scott, RW Dick, and DA Klossner, NCAA rule change improves weight loss among national championship wrestlers.

Medicine and Science in Sports and Exercise 38

Oppliger, RA, SA Magnes, LR Popowski, and CV Gisolfi. Accuracy of urine specific gravity and urine osmolality as markers of hydration state.



- International Journal of Sports Nutrition and Exercise Metabolism. 15(3):236-251, 2005.
- Oppliger, RA**, SN Steen, and JR Scott. Weight loss practices of collegiate wrestlers. *International Journal of Sports Nutrition and Exercise Metabolism* 13(1):29-46, 2003
- Clark, RR, **RA Oppliger**, and JC Sullivan. Validation of the NCAA method to prediction body fat for minimum weight in collegiate wrestlers. . *Clinical Journal of Sports Medicine* 12:285-290, 2002
- Popowski LR, **Oppliger, RA**, GP Lambert, AK Johnson, and CV Gisolfi. Does urine specific gravity measure change in hydration state? *Medicine and Science in Sports and Exercise* 33(5):747-753, 2001.
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- Oppliger, RA**, RR Clark, and DH Nielsen. New equations improve NIR prediction of body fat among high school wrestlers. *Journal of Orthopedics and Sports Physical Therapy* 30(9): 536-543, 2000.
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- Oppliger, RA**. How to determine a good wrestling weight. *Wrestling USA*: 32(8): 16-17, March 1, 1997.
- Oppliger, RA**. Weight cutting dangerous for athletes. *Olympic Coach* 6(4): 5-6, 1996.
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- Oppliger, RA**, RD Harms, DE Herrmann, CM Streich, and RR Clark. Grappling with Weight Control: The Wisconsin Wrestling Minimal Weight Project. *The Physician and Sportsmedicine* 23(3):69-78, 1995
- Oppliger, RA**, GL Landry, SW Foster, and AC Lambrecht. Bulimic behavior among interscholastic wrestlers: A statewide survey. *Pediatrics* 91 (4): 826-831, 1993.
- Nielsen, DH, SL Cassady, LM Wacker, AK Wessels, BJ Wheelock, and **RA Oppliger**. Validation of the Futrex-5000 near-infrared spectrophotometer analyzer for assessment of body composition. *Orthopedic & Sports Physical Therapy* 16(6): 281-288, 1992.
- Oppliger, RA**, RR Clark, and JM Kuta. Reliability of skinfold measurement procedures: A comparison of experienced and clinic-trained testers. *Research Quarterly for Exercise and Sports* 63(4): 438-443, 1992.
- Clark, RR, JM Kuta, and **RA Oppliger**. The Wisconsin Minimal Weight Wrestling Project: Cross-validation of minimal weight prediction equations. *Pediatric Exercise Science* 4(2):117-127, 1992.
- Oppliger, RA**, DH Nielsen, AC Shetler, ET Crowley, and JP Albright. Body composition of collegiate football players: bioelectrical impedance and skinfolds compared to hydrostatic weighing. *Orthopedic & Sports Physical Therapy* 15(4): 187-192, 1992.
- Thorland, WG, CM Tipton, RW Bowers, TJ Housh, GO Johnson, JM Kelly, TG Lohman, **RA Oppliger**, and TK Tcheng. Midwest wrestling study: prediction of minimal weight for high school wrestlers. *Medicine and Science in Sports and Exercise* 23(9):1102-1110, 1991.
- Oppliger, RA**, DH Nielsen and CG Thompson. Minimal weight predicted by bioelectrical impedance and anthropometric equations. *Medicine and Science in Sports and Exercise* 23(2):247-253, 1991.
- Lakin, JA, SN Steen and **RA Oppliger**. Eating behaviors, weight loss methods and nutritional practices among high school wrestlers. *Journal of Community Health Nursing* 7(4):223-234, 1990.
- Gisolfi, CV, RW Summers, HPSchedl, TL Bleiler, and **RA Oppliger**, Human intestinal water absorption: Direct vs. indirect measurements. *American Journal of Physiology* 258:G216-G222, 1990.
- Steen, SN, **RA Oppliger**, and KD Brownell. Metabolic effects of repeated weight loss in adolescent wrestlers. *Journal of the American Medical Association*, 260:47-50, 1988.
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- Oppliger, RA**, MA Looney and CM Tipton. Reliability of hydrostatic weighing and skinfold measurements of body composition using a generalizability study. *Human Biology*, 59(1): 77-96, 1987.
- Oppliger, RA** Using the minimal weight prediction equations for scholastic wrestlers. *Iowa Medicine*, 76(2):66-67, 1986.
- Oppliger, RA** and CM Tipton. Weight prediction, equation tested and available. *Iowa Medicine*, 75(10):449-452, 1985.

Tipton, CM and **RA Oppliger**. The Iowa wrestling study: lessons for physicians. *Iowa Medicine*, 74:381-385, 1984.

Tipton, CM, MS Sturek, **RA Oppliger**, RD Matthes, JM Overton and JG Edwards. Responses of SHR to combinations of chemical sympathectomy, adrenal demedulation, and training. *American Journal of Physiology*, 247:H109-H118, 1984.

BOOKS AND/OR CHAPTERS

Landry, RV, **RA Oppliger**, AC Shetler, & GL Landry, Regime Dietetique pour Lutteurs: Un Guide pour Maintenir son Poids et Rester en Forme. Federation Internationale des Luttes Associees, Lusanne 1999.

Clark, RR and **RA Oppliger**. Minimal weight standards in high school wrestlers; The Wisconsin model. *Orthopedic Physical Therapy Clinics of North America*. 7 (1): 23-46, 1998.

Landry, RV, **RA Oppliger**, AC Shetler, & GL Landry, *The Wrestler's Diet: A Guide to Healthy Weight Loss 2nd Edition*. California Interscholastic Association, 1995.

Tipton, CM and **RA Oppliger**. Nutritional and fitness considerations for competitive wrestlers. *World Review of Nutrition and Diet* 71, 84-96, 1993.

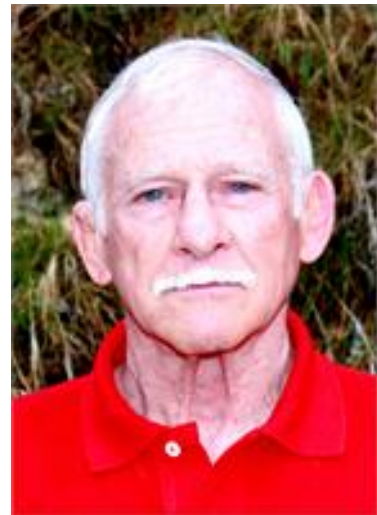
Landry, RV, **RA Oppliger**, AC Shetler, & GL Landry, *The Wrestler's Diet: A Guide to Healthy Weight Loss*. Quaker Oats, 1990.

Oppliger, RA & RR Clark, *Handbook for Obtaining Minimal Weight Measurements of High School Wrestlers*. 2nd edition. Wisconsin Interscholastic Athletic Association, 1990.

Oppliger, RA, *Handbook for Obtaining Minimal Weight Measurement of High School Wrestlers*. University of Iowa, 1987.

Tipton, CM, RD Matthes, TG Bedford, J Lehninger, **RA Oppliger**, & L Miller. Exercise, Hypertension and Animal Models. *Therapeutics through Exercise*, edited by D.L. Lowenthal, K. Bharadwaja, & W. Oahs. New York, Grune & Stratton, 1979, pp. 115-132.

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Ankara- Turkey



Job/Work	Gazi University- Researcher of Training Science (2001 to 2007)		School Of Physical Education And Sports
	GSGM (General Directorate Of Youth And Sports) Since 2007		Chief Of High Performance Planning Unit
Education	Gazi University (G.U.)		School Of Physical Education And Sports- 1997
	Training Science-Phd Master (2001) - Doctorate (2008)		(G.U.)Institute Of Health Sciences
Best Of Wrestling Degree	EC 3	2000 Moscow-RUS	Europen Championship
	WC 1-CISM	2000 N.Carolina-USA	World Championship - (Army)
	WC 3	2001 Patras-GRE	World Championship
	WC 1	2002 Moscow-RUS	World Championship
	OG 3	2004 Athens-GRE	Olympic Games
	OG 1 -CISM	2007 Hyderabad-IND	Olympic Games- (Army)
	Olympian	2008 Beijing- CHI	Olympian

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Current Areas of Interest: Grecoroman wrestling coach - School teacher of physical education - Computers

Completed Wrestling Research:- Poster-Διαφορές ψυχολογικών δεξιοτήτων μεταξύ αθλητών πάλης και καλαθοσφαίρισης.- Οι συνέπειες αλλαγής των κανονισμών της αθλητικής πάλης στην τηλεθέαση & την θεαματικότητα του αθλήματος. WRESTLING, SEEKING VIEWERSHIP AND RATINGS THROUGH CHANGES IN THE RULES AND ITS CONSEQUENCES



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Faculty of Sport Sciences, University of Murcia, Spain
Jesús García-Pallares • José María López-Gullón •
Xabier Muriel • Arturo Díaz • Mikel Izquierdo
Physical fitness factors to predict male Olympic wrestling
Performance. *Eur J Appl Physiol*



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Member UWW Women & Sport Commission
Date of Birth : 16.08.1981

Education:

- B.A in English Translation
- M.A in Marketing management

Work experience :

- Employee of Public Relation Department , English News section in Iran wrestling federation in 2005- 2006
- Expert of international affairs in International Department of Iran Wrestling Federation since 2006
- Translator of Iran wrestling federation since 2005



Aditya Pandey
Email: adityapandey22@gmail.com
Institution/Organization: Tech Mahindra Ltd
Mailing Address: Near Arya Samaj Mandir Ganj Sehore MP 466001
Country: India
Current Areas of Interest: Scientific and technical research on Indian and World Wrestling

Completed Wrestling Research: Importance of Brahmacharya

PAPADOSIFOS, NIKOLAOS

My origin is from Greece but live and work in the UK. I have a BSc in Sports Science and Physical Education and a sport specialization in GrecoRoman Wrestling. This year I'm finalising my MSc at UCL in Sports Medicine and I'm currently holding a position as a clinical research fellow at UCL Hospital (NHS)

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Mailing address: Flat 26, 21 Seymour Street, W1H 7JR, LONDON, UK
Country: United Kingdom
Current area of interest: Sports Medicine, Injuries & Rehabilitation



VALERI PASHINCEV Russia

Scientific degree: Doctor of pedagogical sciences

Scientific rank: Professor

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The organization, institute: THE MOSCOW STATE ACADEMY OF VETERINARY MEDICINE AND BIOTECHNOLOGY

The post address: 109443 Russia Moscow Street Young Lenincev 66-2-42

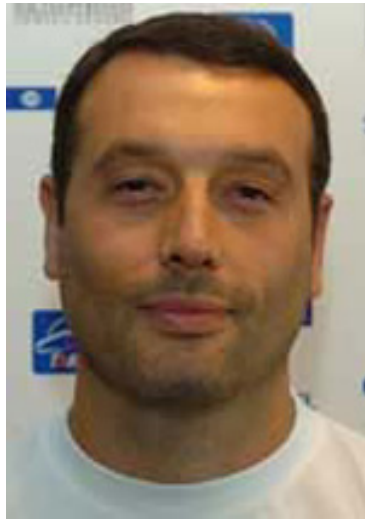
Current area of interests: training process on wrestling

The basic works: Management of long-term preparation of judoists of methods of modelling and programming

Technology of modelling and programming in long-term preparation of judoists

Vocational training of fighters of " Hand-to-hand fight ». Modelling of functional

preparation of judoists. Biological model of functional preparation of judoists



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LAPPS – EA 4445 - Laboratoire Activité Physique, Performance et Santé Quartier Bastillac Sud – TARBES, F-65000, France

Area of wrestling interest: physiology

Publications:

"SALIVARY HORMONAL RESPONSES AND PERFORMANCE CHANGES DURING 15 WEEKS OF MIXED AEROBIC AND WEIGHT TRAINING IN ELITE JUNIOR WRESTLERS" Passelergue PA, Lac G. J Strength Cond Res. 2011 Dec 28. [Epub ahead of print]

Salivary cortisol variations during 15 weeks of aerobic and anaerobic mixed training in junior wrestlers: Correlations with the performances Passelergue, P., Lac, G. Science and Sports 22 (6) , pp. 312-314 2007

Saliva cortisol, testosterone and T/C ratio variations during a wrestling competition and during the post-competitive recovery period Passelergue, P., Lac, G. International Journal of Sports Medicine 20 (2), pp. 109-113 1999

Salivary cortisol levels during wrestling competition and during recuperation. Passelergue, P., Robert, A., Lac, G. Science and Sports 12 (3) , pp. 174-178 1997

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-diploma of retraining courses "Applied psychology" (faculty of Applied psychology, Tashkent State Pedagogical University, 2010-2011)

- M.Sc. in Applied Mathematics (Faculty of Applied Mathematics and Mechanics, Tashkent State University (present National University of Uzbekistan))

- Ph.D. in application of mathematical modelling in scientific research, 1998. (Institute of Cybernetics, Uzbek Academy of Sciences)

Newmax Technology, Head of Biosensors Department

Research interest

- Mobile, wireless, noninvasive diagnostic tools for investigation human's psycho-physiological state
- Neurofeedback Using EEG Mind Band and Near-Infrared Spectroscopy for enhance sport performance.
- Biofeedback
- Cyberpsychology, cybertherapy

Samuel David Grácio PEDRO

- BSc. in Physical Education & Sport – Sports Training (Olympic Wrestling) – Universidade Lusófona de Humanidades e Tecnologias de Lisboa
- MSc. in Sports Sociology, Organization and Development – (Innovation and Social Inclusion via Sports Organizations) - Universidade Lusófona de Humanidades e Tecnologias de Lisboa
- PhD Student - Physical Education & Sport - Universidade Lusófona de Humanidades e Tecnologias de Lisboa

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Institution/Organization:

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- PhD Researcher at Centro de Pesquisa e Estudos Sociais - Universidade Lusófona de Humanidades e Tecnologias

Country: Portugal – Lisbon

Current Areas of Interest:

- Sports Psychology, Coaches Education, Wrestling Training and Performance, Combat Sports Performance, Sports Sociology, Organizational Innovation and Development

Research: https://www.researchgate.net/profile/Samuel_Pedro2

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Institution/Organization: CONADE

Mailing Address: Añil 505 Col. Granjas Mexico D.F

Country: Mexico

Current Areas of Interest: Development



ROBERT H PERKES

Dr. of Chiropractic. Youth coach in Eastern Washington-website at radioactivewrestling.com

Email: rperkesdc@gmail.com

Areas of Interest: I am interested in tracking youth participation rates and success. I am tracking: age of first competition, wins/losses, number of yearly competitions, season length, number of practices. I want to try and find the largest keys to continued participation. I want to know if there is anything we can do to insure that kids continue to wrestle and gain the life skills/benefits.

**RONNY PERSSON**

perssonronny@telia.com

Swedish Wrestling Federation
Sweden

Interests: Leadership, training

Leadership – from the wrestler’s point of view

Physiological profile for Swedish Greco-Roman wrestlers

Member of Swedish national team in three European Championships

Coach for the Swedish junior and cadet team.

Academic: Masters Degree in leadership/management.

**PERVACHUK Rostislav PhD**

Date and place of birth. November 23, 1988, Lviv

3. Information about education:

Graduated: Lviv State School of Physical Culture (2005-2008); Lviv State University of Physical Culture (2008-2011); postgraduate study of LSUFK (2012-2015).

4. Information about professional activity.

Teacher of the Department of Athletic Sports (since 2015)

Areas of scientific research: improvement of physical training of free style wrestlers.

6. Information about organizational and managerial activity in public organizations of physical culture and sports orientation.

7. Academic degrees and titles: PhD

Main works (22):

Individualization of physical training of free style fighters taking into account the dominant type of energy supply R. Pervachuk Physical activity, health

and sports, 33-39 5 2014

Personalization of freestyle wrestlers' training process by influencing the anaerobic systems of energy supply MG Sybil, RV Pervachuk, VM Trach Journal of Physical Education and Sport 15 (2), 225 2015

Directed influence on anaerobic energy supply systems of qualified free style wrestlers MG Sybil, RV Pervachuk, AU Chuiev Pedagogics, psychology, medical-biological problems of physical training and 2015

Effect of dosed bicycle ergometric load on the energy exchange of skilled free style wrestlers M Sybil, P Pervachuk, Ya. Svisch 2014

Technical and tactical complexes as a means of improving the training of qualified fighters RV Pervachuk Young sports science of Ukraine: [op. sciences Art. from the branch of phys. culture and 2012

Directional influence on anaerobic power supply systems of skilled freestyle wrestlers MG Sybil, RV Pervachuk, AU Chuyev Pedagogy, psychology and medical and biological problems of physical education and ... 2 2015

Changing biochemical parameters of energy exchange in free style fighters for the influence of special control tests at the preparatory stage M Sybil, P Pervachuk, I'm Svisch 2014

Individualization of the training process of wrestlers of different style of fight R. Pervachuk 2 2013

Effectiveness of the program aimed at influencing the individual components of the anaerobic power supply system on the basis of the criteria of special endurance qualified RV Pervachuk, MG Sibil, AU Chuyev PHYSICAL EDUCATION, SPORTS AND CULTURE OF HEALTH IN MODERN SOCIETY, 147-154 1 2015

Directional impact on anaerobic power supply systems of skilled freestyle wrestlers MG SIBIL, RV PERVACHUK, AY CHOUEV Pedagogy, psychology and medical and biological problems of physical 2015

Improvement of the physical training of skilled freestyle wrestlers using directed influence on energy saving systems. RV Pervachuk Lviv 2015

Biochemical substantiation and monitoring aimed at the energy supply system of skilled freestyle wrestlers M Sybil, M Galan, P Pervachuk 2015

Model characteristics of sensorimotor reactions and specific perceptions of skilled fighters R Pervachuk, Yu Tropin, Romanenko, and Chuyev Slobzhansky Scientific and Sport Bulletin, 84-88 2017

Model examples changes of the vector for improvement of anaerobic energy properties of qualified sportsmans M SYBIL, R PERVACHUK, N HERAZIM Modeling and informational technologies in physical education and sport, 68-70 2017

Permanent correction of individual preparation of qualified free offers with consideration of the current balance between R PERVACHUK, M SYBIL, V SHANDRYGOS YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017

Improvement of the software-methodological protection for free fighting In SHANDRIGOS, R PERVACHUK, YAREMENKO, M LATYSHEV YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017

PECULIARITIES OF FEMALE FIGHTING AND ITS PERSPECTIVES IN THE CONTEXT OF OLYMPIC MOVEMENT RV PERVACHUK, VI SHANDRIGOS International scientific and practical conference "Physical culture, sports and health 2016

PROGRAM OF INDIVIDUALIZATION OF THE TRAINING PROCESS OF THE FREE STEP BY CONSIDERING THE DOMINANT TYPE OF ENERGY PROPERTY R Pervachuk Theory and Methods of Physical Education and Sports, 72-77 2016

Model of alactated and lactate energy saving in free style wrestlers based on cluster analysis M. Sybil, R. Pervachuk, N. Gerasim Sport newsletter Prydniprovia, P. 121-123. 2016

Model of energy saving free style wrestlers M Sibyl, P Pervachuk 2016

FEATURES OF CONSTRUCTION OF THE PHYSICAL TRAINING PROGRAM OF FREE STYLE WITH DOMINANT TYPE OF ENERGY SAVING R PERVACHUK, F ZAGURA SPORTS SCIENCE OF UKRAINE, 9-16th 2016

Contribution of various systems of energy supply of the body in the preparation of special ability of free style wrestlers RV Pervachuk, MG Sibyl Slobzhansky Scientific and Sport Bulletin, 99-102 2013

MOMIR PETKOVIC

mpetkovic@usawrestling.org

Assistant National Coach for USA Greco Roman Team

Olympic Training Center

Colorado Springs, Colorado

Olympic Champion for Yugoslavia in 1976



Pavel PINIGIN

piniginp@yahoo.com

Sakha (Yakutia) Republic of Russian Federation

Olympic & World Champion



PODERYS, Prof., Dr.



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Institution/Organization: Lithuanian Academy of Physical Education

Mailing Address: LT 4444158 Sporto 6, Kaunas

Country: LITHUANIA

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Phone +370 37 302650 Fax +370 37 302674

Mobile +370 66 05038 Email L.Poderys@klkka.lt

Current Areas of Interest: complex assessment of performance and functional state of athletes

Completed Wrestling Research:

1. Regular assessment of performance and functional state of Lithuanian elite wrestlers (Lithuanian Olympic Team)

2. Publications:

Poderys J.; Ezerskis, M., Poderyte, K.; Vainoras, A. Peculiarities in recovery of cardiovascular indices of highly skilled athletes // 11th Annual Congress of the European College of Sport Science : Book of Abstracts, Lausanne, Switzerland, 5-8 July 2006. Cologne : European College of Sport Science, 2006. Poderys J., Miseckaite B., Ezerskis M. Peculiarities in adaptation of body functioning during exercise and recovery after flight to Beijing. Sports Science. 2007, 1(47). p. 27-31.

Ezerskis M., Poderys J. Dynamics of muscle performance and cardiovascular changes under influence of concentrated training loads in cohort of Lithuania elite wrestlers during the preparation to world championship // Education Physical training Sport. 2008, 2(69). 34-39.

Medicina (Kaunas) 2010; 46 (6): 429-434 Functional state assessment on the dynamics of interparametric concatenations during exercise tests



BORIS PODLIVAEV

Country: Russia

UWW Scientific Commission

Moscow, Professor, Department of theory and methodology of sports and martial arts, Russian State University of physical culture, sports and tourism.

142119, Russia, Podolsk, Krasnogwardejskiy bulvar, 13a - 86.

Email: podlivaevb@mail.ru

Named the INWR Rayko Petrov Honor Lecturer in 2015.

№	Наименование	Рукописные, печатные	Издательство	Соавторы
1	Зависимость между силовыми и временными характеристиками мышечного напряжения	печатный	ТПФК, 1968.-№12.-С.56-58	Смирнов Ю.И.
2	Электрoхронодинамометр (прибор для измерения градиента силы)»	печатный	Приборы и методы в спортивной тренировке и эксперименте. –Л.,1969.- С.144	Смирнов Ю.И.
3	Исследование факторной структуры группы показателей «взрывной» силы у борцов-юношей	печатный	Тезисы докл.XVI Всесоюзной научной конф.студентов по вопросам физической культуры и спорта.-М., 1969.-С.24-27	
4	Relation entre les caracteristiques de force et de vitesse dans une contraction musculaire	печатный	Kinanthropologie, 1968. -№1/3.-С.245-250 (Бельгия)	Смирнов Ю.И.
5	Комплексный анализ толчка штанги двумя руками тяжелоатлетами высокой квалификации.	печатный	Материалы Всес.научно-метод, конф.по проблеме «Техническое мастерство квалифицированных спортсменов». –М., 1973.-С.76-77	Лукашев А.А., Левшунов Н.П., Леликов С.И., Смирнов Ю.И.
6	Исследование техники тяжелоатлетических упражнений и характера ее динамики в тренировочном процессе	печатный	Материалы 5-ой научно-метод. конф. респ. Прибалтики и Белоруссии по проблемам спортивной тренировки. –Минск, 1974.- С.264-265	Рувинский Л.И.
7	Зависимость техники выполнения толчка двумя руками от веса снаряда	печатный	Актуальные проблемы физ, воспитания и спорта. –М., 1974, вып.2.-С.16-17	Левшунов Н.П.
8	Исследование взаимосвязи временных характеристик подъема штанги на грудь	печатный	Материалы 1-ой Всес. научн. конф. по биомеханике. –М., 1974, ч.1.-С.100	
9	Исследование структуры биомеханографических параметров в специальных двигательных заданиях (в связи с совершенствованием методов контроля за технической подготовленностью тяжелоатлетов).	рукописный	Дисс....канд. пед. наук. –М., 1974.-168с.	
10	Комплексное изучение структуры подъема штанги на грудь	печатный	ТПФК, 1977.-№6.-С.51-61	Левшунов Н.П., Смирнов Ю.И.
11	Применение методических приемов в обучении юных борцов сложным тактико-техническим действиям.	печатный	ТПФК, 1978.-№7.-С.41-49	Жуковский Ю.Т., Казилев М.М., Купцов А.П.
12	Методическое руководство по вопросам повышения эффективности учебно-тренировочного процесса студентов отделения спортивного совершенствования по вольной борьбе в сельскохозяйственных вузах.	печатный	М.: ТСХА, 1978. –24с.	Жабин Ю.Ф., Казилев М.М.
13	Исследование структуры скоростных качеств у юных волейболистов.	печатный	ТПФК, 1979. -№9.-С.37-39	Тарнопольская О.К.
14	Особенность устойчивости позы и ее связь с некоторыми морфологическими особенностями (на примере борцов разных весовых категорий)	печатный	Вопросы антропологии. –М., 1979.-№63.- С.107-114	Казилев М.М.
15	О направленности тренировочных средств боксеров	печатный	Оптимизация тренировочного процесса, прогнозирование спорт. результатов и внедрение комплекса ГТО (тезисы доклада научно-метод.конф.). -Кишнев, 1979.-С.30-31.	Киселев В.А., Репников П.Н., Черемисинов В.Н.
16	Об интенсификации учебно-тренировочного процесса по физическому воспитанию студентов в нефизкультурном вузе (на примере вольной борьбы)	печатный	Физическое воспитание и спорт /Тез. XXII науч. конф. по ФК и С Эстонской ССР. -Тарту, 1983.-С.49-52.	Жабин Ю.Ф.
17	Совершенствование переподготовки тренеров по	печатный	Совершенствование подготовки и	Березняк В.В.

	борьбе на основе использования проблемного обучения		повышения квалификации кадров по ФК и С. –М., 1984.-С.24-25.	
18	Национальные виды борьбы	печатный	Спортивная борьба /Учеб.пособие для техникумов и ИФК (под ред. Г.С. Туманяна. –М.: ФИС, 1985.-С.81-84	Туманян Г.С.
19	Спортивная борьба (классическая, вольная, самбо, дзюдо)	печатный	Программы для внешкольных учреждений общеобр. школ: Спортивные кружки и секции. –М.: Просвещение, 1986. –С. 38-93.	
20	Методика и организация научных исследований в спортивной борьбе /Методические разработки	печатный	М.: ГЦОЛИФК, 1985.-54с.	Игуменов В.М.
21	Классическая борьба. Правила соревнований: вопросы для программированного обучения и контроля знаний /Методические разработки.	печатный	М.: ГЦОЛИФК, 1985.-52с.	Березняк В.В., Игуменов В.М.
22	Борьба и методика преподавания /Программа для техникумов физической культуры.	печатный	М.: ГЦОЛИФК, 1987.-40с.	Игуменов В.М.
23	Основы методики обучения в спортивной борьбе /Метод, разработка	печатный	М.: ГЦОЛИФК, 1985.-52с	Игуменов В.М.
24	Управление физической подготовкой студентов в нефизкультурном вузе.	печатный	М.: ГЦОЛИФК, 1985.-52с	Жабин Ю.Ф., Чубаров М.М.
25	Спортивная борьба с методикой преподавания: Программа для педагогических училищ	печатный	Программы педагогических училищ. –М.: Просвещение, 1987.-С.3-17	Игуменов В.М.
26	Принципы и методика обучения в спортивной борьбе (методическая разработка).	печатный	Ташкент, 1987. –48с.	Игуменов В.М., Керимов Ф.А., Кадыров Ш.Н.
27	Самоконтроль при занятиях спортивной борьбой. (Методические разработки для студентов)	печатный	М., 1987. – 25с.	
28	Стандартизация средств и методов контроля за физической подготовленностью борцов старших разрядов /Метод. разработка для слушателей ВШТ и ФПК ГЦОЛИФК	печатный	М.,1987. –57с.	
29	Средства и методы воспитания специальной выносливости квалифицированных борцов /Метод. письмо	печатный	М.,1987. -27с.	Пархоменко А.Н., Шиян В.В.
30	Комплекс активных методов обучения в процессе физического воспитания студентов	печатный	Метод. рекомендации по совершенствованию учеб. процесса по физ. воспитанию студентов в сельскохозяйственных вузах. -М.: ТСХА,1988.-С.83-85	Березняк В.В., Казилев М.М.
31	Врачебно-педагогический контроль на занятиях спортивной борьбой. Мет. указания для студентов)	печатный	М.,1988. –25с.	Казилев М.М., Фролов В.Г.
32	Методические указания к самостоятельным занятиям физическими упражнениями для студентов, занимающихся классической борьбой	печатный	М.,1988. –33с.	Казилев М.М., Фролов В.Г.
33	Применение активных методов обучения при подготовке специалистов по спортивной борьбе (Метод. разработка для слушателей ВШТ и ФУС ГЦОЛИФК)	печатный	М.,1988. –38с.	Березняк В.В., Игуменов В.М.
34	Индивидуализация технико-тактической подготовки борцов тяжелых весовых категорий	печатный	Тез. докл. X респуб. научно-практ. конф."Пути оптимизации физического воспитания и спорт, тренировки в Республике".- Ташкент, 1988, ч.2.-С.88-89	Артюхин Е.Т., Петрунев А.А.
35	Комплекс активных методов обучения в процессе физического воспитания студентов	печатный	Методические рекомендации по совершенствованию учебного процесса по физич. воспитанию студентов с/х вузов. – М., 1988.-С. 83-85	Березняк В.В., Казилев М.М.
36	Разработка модельных характеристик и критерии оценки подготовленности борца: Программа оргобучающей игры	печатный	М.: ГЦОЛИФК, 1988. –10с.	Зверев С.М., Неверкович С.Д., Волков В.В.,

				Дементьев В.Л., Игуменов В.М.
37	Спортивная борьба с методикой преподавания (программа для педагогических институтов по специализации № 2114 "Физическая культура")	печатный	Программа педагогических инст. -М.: Просвещение,1987.-С. 12-30	
38	Интегральные показатели спортивных достижений и индивидуального спортивного мастерства	печатный	Становление и совершенствование технико-тактического мастерства в спортивной борьбе. –Омск, 1989.-41-46	Живора П.В., Лукиных М.Т.
39	О внесении изменений в ЕВСК на 1989 - 1992 г.г.: раздел "Спортивная классификация по вольной и классической борьбе для незрячих спортсменов . Виды спорта, объединенные конфедерацией физической культуры и спорта инвалидов СССР	печатный	Приказ Госкомспорта СССР от 20.12.1990. –5с.	Живора П.В., Морозов А.К.
40	Академическая успеваемость студентов в зависимости от затрат времени на, спортивное совершенствование в режиме учебной недели	печатный	Проблемы перестройки масс. Физ. культуры. -Алма-Ата, 1990. С.51-55.	Дайрабаев С.Е., Игуменов В.М.
41	Сила плюс грация: Атлетическая гимнастика для всех	печатный	М.: ФИС, 1990.-160с.	Акопянц М.Б.
42	Борьба руками - вид спорта:	печатный	Физкультура в школе, 1990.-№11.-С.52-55	Ахмедшин И.Г., Живора П.В., Рожков П.А.
43	Правила соревнований по борьбе руками	печатный	М.: РИО ГЦОЛИФК, 1990.-24с.	Ахмедшин И.Г., Живора П.В.
44	Самостоятельные занятия физическими упражнениями	печатный	Справочник физкультурного работника. - М.: Советский спорт, 1991.-С.175	
45	Спортивная борьба: Учебник для студентов и учащихся факультетов (отделений) физ. восп. педагогических учеб. заведений	печатный	М.: Просвещение,1993.-240с.	Игуменов В.М.
46	Мы - атлеты: Книга для учащихся и родителей	печатный	М.: Просвещение,1993.-115с.	Акопянц М.Б., Казилев М.М., Горбунов В.В.
47	Подготовка и повышение квалификации спортсменов и тренеров в Академии спортивной борьбы	печатный	V научный конгресс (комиссия) ФИЛА. – М., 1995.-С.24-26	Шахмурадов Ю.А.
48	Академия спортивной борьбы - учебно-спортивный центр подготовки и повышения квалификации спортсменов и тренеров	печатный	Сборник докладов на Межд. семинаре тренеров по греко-римской борьбе: Москва, 13-18 ноября,1995 г. –М.,1995. С. 1-5	Шахмурадов Ю.А.
49	От Афин до Хельсинки	печатный	Академия борьбы, 1996.-№2.-С.2-3	
50	Спортивный праздник в Измайлово	печатный	Академия борьбы, 1996.-№2.-С.36-37	
51	Восстановление работоспособности борца	печатный	Академия борьбы, 1996.-№2.-С.42-43	Полиевский С.А.
52	Методология научных исследований в спортивной борьбе	печатный	М.: РИО ГЦОЛИФК, 1996.-48с.	Игуменов В.М.
53	Исследование практики судейства и современных требований соревнований по борьбе	печатный	Научные труды кафедры борьбы за 1994-96г.г. –М.: ФОН, 1996. –С.	Шахмурадов Ю.А., Акопян А.О., Суханов А.Д.
54	Экспериментальное обоснование программ тренировки, адекватных современным тенденциям в судействе соревнований	печатный	Научные труды кафедры борьбы за 1994-96г.г. –М.: ФОН, 1996. –С.	Шахмурадов Ю.А., Акопян А.О., Невретдинов Ш.Т., Суханов А.Д.
55	Академия спортивной борьбы -учебно-спортивный центр подготовки и повышения квалификации спортсменов и тренеров	печатный	В кн.: Сборник докладов на межд. семинаре тренеров по греко-римской и вольной борьбе.-М.:1995.-С.1-5.	Шахмурадов Ю.А.
56	Методические основы подготовки российских спортсменов к XXU11 Олимпийским Играм 2000 года в Сиднее (Австралия) по вольной борьбе	печатный	М.:ФОН,1997.-60 с.	Миндиашвили Д.Г, Невретдинов Ш.Т. Шахмурадов Ю.А.
57	Методические принципы технико-тактической подготовки в спортивной борьбе	печатный	В сб.: Тенденции развития спорта высших достижений и стратегия подготовки высококвалифицированных спортсменов	Шахмурадов Ю.А.

			в 1997-2000 г.г./Матер.Всерос.научн.- практ. конф.-М.: 1997.-С.429-435.	
58	Пути совершенствования учебно-тренировочного процесса по спортивной борьбе	печатный	М.:ФОН, 1997.-40 с.	Сусоколов Н.И.
59	Основные направления технико-тактической и физической подготовки спортивного резерва по вольной борьбе	печатный	М.:ФОН,1997.-59 с.	Невретдинов Ш.Т., Шахмурадов Ю.А.
60	Планирование подготовки борцов в 4-х летнем олимпийском цикле	печатный	В сб.: Актуальные проблемы спор-тивной борьбы.-М.:ФОН,1998.-С.4-9.	Миндиашвили Д.Г., Невретдинов Ш.Т., Шахмурадов Ю.А.
61	Основные направления технико-тактической подготовки спортивных резервов в вольной борьбе	печатный	В сб.: Межд.конф. «Борьба среди детей и молодежи».-М.:1998.-С.46-51	Невретдинов Ш.Т.
62	Самозащита и рукопашный бой: Метод.пособ. для студентов и сотрудников служб безопасности и охранных предприятий	печатный	М.:ФОН, 1998.-87 с.	Анисимов В.И., Борисов Н.И.
63	Проблемы совершенствования системы подготовки кадров по спортивной борьбе	печатный	В сб.: Актуальные проблемы спортивной борьбы.-М.:ФОН,1998.-С.84-89	
64	Некоторые аспекты повышения надежности технико-тактических действий в борьбе	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С56-57	Багаев С.В.
65	Формирование профессиональных навыков обучения технико-тактическим действиям (ТТД)спортивной борьбы у студентов ИФК на основе решения учебно-диагностических задач	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С.107-114	Максимов А.Л.
66	Система психофизиологического отбора судей по борьбе	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С.142-145	Полиевский С.А., Венглинский Г.П.
67	Методические рекомендации по специальной психофизической подготовке судей по борьбе	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С.145-149	Полиевский С.А., Венглинский Г.П.
68	Предсоревновательная подготовка борцов высшей квалификации с использованием стимуляционного биофизического комплекса	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С.60-66	Полиевский С.А., Морозов А.А.
69	Преподавание самбо в институтах физической культуры как системы рукопашного боя	печатный	В сб.: Актуальные проблемы спортивной борьбы. -М.:ФОН, 1998.-С.115-121	Табакоев С.Е.
70	Критерии профессиональной пригодности сотрудников служб безопасности	печатный	Сб.научных матер. Межд. научн. симпозиума «Физическая подготовленность и здоровье населения (9-11 июля 1998)».-Одесса, 1998.-С.78.	Полиевский С.А., Суслов Ю.В.
71	Моделирование тренировочных заданий в спортивной борьбе	печатный	ТПФК, 1999, №1. –С.55-58	
72	Модуль исследования спортивно – профессиональной пригодности (МИСПП-Ф)	печатный	Сб.тезисов научно-практ. конф. «Моделирование спортивной деятельности человека в искусственно созданной среде (стенды, тренажеры, имитаторы) 25-27 мая 1999 года». - М.:ФОН, 1999.-С.336-337.	Полиевский С.А., Костикова Л.В., Суслов Ю.В., Непопалов В.Н., Александриди Н.Ю.
73	Анализ подготовки и выступления сборной команды России по вольной борьбе в 1998 году	печатный	М, Федерация спортивной борьбы России, 1999.-40с.	Миндиашвили Д.Г., Невретдинов Ш.Т., Шахмурадов Ю.А., Дмитриев Р.М., Попов А.Ф.
74	Итоги выступления сборной команды России по вольной борьбе в 1999 году. Методические рекомендации.	печатный	М., Федерация спортивной борьбы России, 2000. –48с.	Миндиашвили Д.Г., Невретдинов Ш.Т., Дмитриев Р.М.
75	Профилактика и коррекция нарушений костно-связочного аппарата у борцов	печатный	В сб.: Актуальные проблемы спортивных единоборств (Повы-шение квалификации специали-стов по спортивным единобор-ствам).- М.:ФОН,2000.-С.35-41.	Бураков А.Б.
76	Эффективность применения пищевых биокорректоров в комплексе с физическими	печатный	В сб.: Актуальные проблемы спортивных единоборств (Повы-шение квалификации	Полиевский С.А., Сурьенков И.А.

	средствами восстановления на предсоревновательном этапе подготовки тхеквондистов		специалистов по спортивным единоборствам).- М.:ФОН,2000.-С.32-34.	
77	Анализ эффективности технико-тактического арсенала, используемого спортсменами-айкидоистами высокого уровня в рандори	печатный	В сб.: Актуальные проблемы спортивных единоборств (Повышение квалификации специалистов по спортивным единоборствам).- М.:ФОН,2000.-С.53-56.	Качан А.Б., Прохореня В.В.
78	Использование диагностической информационно-тренажерной технологии «Кардиоинтервалметрия-95» в единоборствах	печатный	В сб.: Актуальные проблемы спортивных единоборств (Повышение квалификации специалистов по спортивным единоборствам).- М.:ФОН,2000.-С.68-75.	Зайцев В.К., Киселев В.А., Блеер А.Н., Наумов С.С.
79	Тестирование локальной мышечной работоспособности у борцов греко-римского стиля	печатный	В сб.: Актуальные проблемы спортивных единоборств (Теория и методика подготовки спортсменов).- Вып. 1.- М.:ФОН,2000.-С.13-23.	Перемышлев Е.С., Игуменова Л.А.
80	Увеличение силы удара в контактных единоборствах	печатный	В сб.: Актуальные проблемы спортивных единоборств (Теория и методика подготовки спортсменов).- Вып.1. - М.:ФОН,2000.-С.70-72.	Пашинцев В.Г., Блеер А.Н.
81	Греко-римская борьба /Учебная программа по специализации для студентов РГФК	печатный	М.: ФОН, 2000. –84с.	Игуменов В.М., Блеер А.Н., Колесов А.А., Курников С.Н., Перемышлев Е.С.
82	Диагностика функционального состояния спортсменов на основе применения метода вариационной пульсометрии	печатный	В сб.: Сборник трудов ученых РГАФК. – М.: ФОН, 2000.-С.158-165	Зайцев В.К., Киселев В.А., Наумов С.С.
83	Планирование подготовки квалифицированных борцов. Методические рекомендации	печатный	М., 2000.-32с.	Миндиашвили Д.Г.
84	Анализ показателей соревновательной деятельности борцов греко-римского стиля на Олимпийских играх в Сиднее	печатный	В сб.: Актуальные проблемы спортивных единоборств. -Вып. 2. –М.: ФОН,2000.-С.3-10.	Игуменов В.М., Мамашвили М.Г., Рожков П.А.
85	Проявление отрицательных реакций организма спортсменами на значительные временно-поясные изменения и ускорение адаптации к их воздействию у борцов	печатный	В сб.: Актуальные проблемы спортивных единоборств. -Вып. 2. -М.:ФОН,2000.- С.18-21.	Грисько В.Ф.
86	Влияние пищевых добавок на основе лимонника на повышение работоспособности борцов в период интенсивных тренировочных и соревновательных нагрузок	печатный	В сб.: Актуальные проблемы спортивных единоборств. -Вып. 2. -М.:ФОН,2000.- С.22-23.	Грисько В.Ф.
87	Визуальная диагностика и коррекция нарушений статики и динамики опорно-двигательного аппарата борцов	печатный	В сб.: Актуальные проблемы спортивных единоборств.- Вып. 2. -М.:ФОН,2000.- С.64-70.	Бураков А.Б.
88	Методика психофизиологической оценки состояния функциональных резервов и устойчивости навыков спортсменов	печатный	В сб.: Актуальные проблемы спортивных единоборств.- Вып. 2. -М.:ФОН,2000.- С.71-75.	Березанцев А.Ю., Давыдов Д.М.
89	Адаптация спортсменов к выполнению специфических статических нагрузок	печатный	ТПФК, 2000, №7. -С.46-48	Белоцерковский З.Б. Любина Б.Г., Кочина Н.Г., Богданова Е.В.
90	Психомоторные тесты в системе отбора борцов различной квалификации	печатный	Материалы науч.-практ. конф. «Актуальные проблемы дополнительного профессионального образования в сфере ФК, С и Т». Ч.II. –М., Принт-Центр, 2001. –С.74-77	Полиевский С.А., Морозов А.А.
91	Анализ соревновательной деятельности борцов вольного и греко-римского стиля на олимпийском турнире в Сиднее	печатный	ТПФК, 2001, №9. -С.33-38.	
92	Психомоторные основы отбора и специальной физической подготовки спортсменов в единоборствах	печатный	Спортивные единоборства и боевые искусства в XXI веке //Мед.-биол. пробл. спорт.един. и боевых искусств	Полиевский С.А., Морозов А.А., Ву Дык Тхинь

			/Под ред. В.В.Шияна.-М.:АкадемПресс.-2001.-С.57-58	
93	Профилактика и коррекция нарушений костно-связочного и мышечного аппарата у борцов	печатный	Спортивные единоборства и боевые искусства в XXI веке //Мед.-биол. пробл. спорт.един. и боевых искусств /Под ред. В.В.Шияна.-М.:АкадемПресс.-2001.-С.70-75	Бураков А.Б.
94	Организационно-методические основы подготовки высококвалифицированных борцов в олимпийском цикле	печатный	Спортивные единоборства и боевые искусства в XXI веке //Теория и методика спорт.един.и боевых искусств/Под ред Б.А.Подливаева М.:АкадемПресс.-2001.-С.4-14	
95	Структура и содержание боевого раздела системы самозащиты и рукопашного боя	печатный	Спортивные единоборства и боевые искусства в XXI веке//Теория и методика спорт.един.и боевых искусств/Под ред Б.А.Подливаева М.:АкадемПресс.-2001.-С.87-94	Борисов Н.И
96	Исследование проблемы надежности функционирования систем организма спортсменов, занимающихся спортивными единоборствами, на математических моделях	печатный	Современные технологии дополнительного профессионального образования в сфере физической культуры, спорта и туризма //Инновационные аспекты совершенствования подготовки спортсменов/Под общ.ред.проф. А.Н.Блеера, и И.Д.Свищева. – М.: СпортАкадемПресс. Часть III. –2002. – С.38-43	Аралова Н.И., Белошицкий П.В.
97	Математическая модель функциональной системы дыхания как основа прогнозирования состояния борца в процессе поединка	печатный	Современные технологии дополнительного профессионального образования в сфере физической культуры, спорта и туризма //Инновационные аспекты совершенствования подготовки спортсменов/Под общ.ред.проф. А.Н.Блеера, и И.Д.Свищева. – М.: СпортАкадемПресс. Часть III. –2002. – С.44-49	Аралова Н.И., Онопчук Ю.Н.
98	Проблемы совершенствования спортивного мастерства в вольной борьбе	печатный	ТПФК, 2002, №10. -С.30-33	Невретдинов Ш.Т., Суснин Ю.М.
99	Регулирование массы тела в единоборствах и биологически активные добавки (БАД) /Метод. Пособие	печатный	М.: Принт Центр, 2002. – 56с.	Полиевский С.А., Григорьева О.В.
100	Подготовка спортсменов России к Играм XXVIII Олимпиады 2004 г. в Афинах (Греция): проблемы и решения. Этап 2002-2004 гг.	печатный	М.: ФиС, 2002. –90с.	В составе раб.группы под рук. А.И.Колесова
101	Организационно-методические основы подготовки высококвалифицированных борцов в олимпийском цикле	печатный	Międzynarodowa Konferencja Naukowo-Metodyczna "Kierunki doskonalenia Treningu i Walki Sportowej". – Spala, 02-04.XII.2002. –С.33-34.	Селуянов В.Н.
102	Особенности физической подготовленности борцов греко-римского стиля	печатный	Międzynarodowa Konferencja Naukowo-Metodyczna "Kierunki doskonalenia Treningu i Walki Sportowej". – Spala, 02-04.XII.2002. –С.39.	Селуянов В.Н.
103	Исследование возможностей повышения результативности движений в спортивной борьбе с использованием электростимуляции	печатный	Актуальные проблемы спортивных единоборств.-Вып.5. М.: ПринтЦентр, 2002. –С.5-17.	Яковлев Б.А., Рожин Н.Н.
104	Формы мобилизации предстартового состояния в соревнованиях по ката в спортивном каратэ	печатный	Актуальные проблемы спортивных единоборств.-Вып.5. М.: ПринтЦентр, 2002. –С.25-35.	Жуков С.Н.
105	Исследование психомоторных и	печатный	Актуальные проблемы спортивных	Киселев В.А.,

	психофизиологических качеств юных боксеров 15-16 лет		единоборств.-Вып.5. М.: ПринтЦентр, 2002. –С.36-42.	Полиевский С.А., Ву Дык Тхинь
106	Исследование соревновательной деятельности юных боксеров 15-16 лет	печатный	Актуальные проблемы спортивных единоборств.-Вып.5. М.: ПринтЦентр, 2002. –С.46-49.	Киселев В.А., Павлов Н.В., Ву дык Тхинь
107	Временная структура и динамика ЧСС в соревнованиях по ката в спортивном каратэ	печатный	Актуальные проблемы спортивных единоборств.-Вып.5. М.: ПринтЦентр, 2002. –С.53-59.	Жуков С.Н.
108	Греко-римская борьба: проблемы и перспективы выступления в Афинах -2004	печатный	ТПФК, 2002, №12. -С.28-32	Пархоменко Н.Н., Проказов Н.А.
109	Регуляция массы тела и стимуляция работоспособности с помощью пищевых биологически активных добавок	печатный	ТПФК, 2002, №12. -С.38	Полиевский С.А., Григорьева О.В., Иванова И.И., Суслов Ю.В., Иванов А.А.
110	Возрастная граница занятий боксом	печатный	Физическая культура: воспитание, образование, тренировка, 2002, №4. – С.28-32	Полиевский С.А., Худадов Н.А., Киселев В.А., Мартынов М.В.
111	Устойчивость борца	печатный	М.: СпортАкадемПресс, 2003. –40с.	Яковлев Б.А.
112	Организационно-методические основы подготовки высококвалифицированных борцов	печатный	Якутск: ЯГУ, 2002. –26с.	Уваров В.П., Рожин Н.Н.
113	Характеристика деятельности преподавателя по спортивной борьбе	печатный	Якутск: ЯГУ, 2002. –20с.	Рожин Н.Н., Уваров В.П.
114	Научно-методическое обеспечение подготовки сборной команды России по вольной борьбе	печатный	Академия борьбы, 2003, №1.–С.26-27	
115	Система многолетней подготовки высококвалифицированных борцов	печатный	Якутск: ЯГУ, 2003. –28с.	Рожин Н.Н., Уваров В.П.
116	Введение в курс "Спортивная борьба"	печатный	Якутск: ЯГУ, 2003. –31с.	Рожин Н.Н., Уваров В.П.
117	Критерии оценки подготовленности борца	печатный	Актуальные проблемы спортивной борьбы //Сб.научно-мет.статей. –М.,2003. –С.13-20	Корженевский А.Н., Дахновский В.С., Газыявдибиров К.Г., Олейников Ю.В.
118	Подвижность суставов как резерв повышения устойчивости борца	печатный	Актуальные проблемы спортивной борьбы //Сб.научно-мет.статей. –М., 2003. –С.29-32	Кривошапкин П.И.
119	Механизмы энергообеспечения в соревнованиях по ката по спортивному каратэ	печатный	Актуальные проблемы спортивной борьбы //Сб.научно-мет.статей. –М., 2003. –С.52-60	Жуков С.Н.
120	Выявление слабых звеньев в соревновательном поединке юных борцов вольного стиля	печатный	Актуальные проблемы спортивной борьбы //Сб.научно-мет.статей. –М., 2003. –С.100-102	Рожин Н.Н., Яковлев Б.А.
121	Организационно-методические основы подготовки высококвалифицированных борцов в олимпийском цикле	печатный	Kierunki doskonalenia treningu I walki sportowej/ -Warszawa, 2003. –S.325-329	Селуянов В.Н.
122	Борьба вольная: Примерная программа для системы дополнительного образования детей: ДЮСШ, СДЮШОР и УОР	печатный	М.: Советский спорт, 2003. –216с.	Миндиашвили Д.Г., Грузных Г.М., Купцов А.П.
123	Проектирование системы подготовки спортсменов высокого класса в спортивной борьбе	печатный	Юбилейная научно-практическая конф., посв. 70-летию ВНИИФК «Физическая культура и спорт в условиях современных социально-экономических преобразований в России». –М., ВНИИФК, 2003.-С. 154-157	
124	Церемониал как аспект этики и эстетики в соревнованиях по ката в спортивном каратэдо	печатный	Актуальные проблемы спортивных единоборств /Сб.научно-метод. матер. – Вып.6. –М.: спортУниверПресс, 2003. – С.3-6	Жуков С.Н.

125	Особенности временной структуры соревновательных ката в спортивном каратэдо	печатный	Актуальные проблемы спортивных единоборств /Сб.научно-метод. матер. – Вып.6. –М.: спортУниверПресс, 2003. – С.6-15	Жуков С.Н.
126	Обследование соревновательной деятельности борцов вольного стиля на чемпионате мира 2003 года	печатный	Актуальные проблемы спортивных единоборств /Сб.научно-метод. матер. – Вып.6. –М.: спортУниверПресс, 2003. – С.15-24	
127	Особенности физической работоспособности к тестирующим нагрузкам	печатный	Актуальные проблемы спортивных единоборств /Сб.научно-метод. матер. – Вып.6. –М.: спортУниверПресс, 2003. – С.48-52	Дахновский В.С., Корженевский А.Н.
128	Проблемы подготовки резерва сборных команд России	печатный	Актуальные проблемы спортивных единоборств /Сб.научно-метод. матер. – Вып.6. –М.: СпортУниверПресс, 2003. – С.52-67	Дахновский В.С., Корженевский А.Н. Рузиев А.А.
129	Индивидуализация тренировки юных борцов, характеризующихся различным уровнем подготовленности	печатный	Актуальные проблемы спортивной борьбы //Сборник научно-методических статей /Сост.проф. И.Д.Свищев. –М.: СпортУниверПресс.-2003.-С.43-52	Корженевский А.Н., Тедеев М.Т.
130	Итоги выступления сборной команды России по вольной борьбе в 2003 году: Методические рекомендации	печатный	М.: СпортУниверПресс, 2004. –78 с.	Невретдинов Ш.Т.. Тедеев Д.И.
131	Основные направления подготовки на заключительном этапе олимпийского цикла в спортивной борьбе	печатный	Вестник спортивной науки, №1 (3), 2004.- С.3-9	
132	Диагностика тренированности борцов	печатный	ТПФК, 2004, № 2. –С. 28-32	Корженевский А.Н., Дахновский В.С.
133	Греко-римская борьба: Примерная программа для системы дополнительного образования детей: ДЮСШ, СДЮШОР и УОР	печатный	М.: Советский спорт, 2004. –270с.	Грузных Г.М.,
134	Многолетняя динамика временной структуры соревновательных ката в спортивном каратэдо	печатный	Совершенствование системы подготовки высококвалифицированных борцов в государственных образовательных учреждениях физической культуры //Всероссийская научная конференция.- М.,2004. –С.27-35.	Жуков С.Н.
135	Плюс две, минус две	печатный	Чемпион клуб, 2004, №2. -С-48-49	
136	Коммерциализация борьбы – в жизнь	печатный	Чемпион клуб, 2004, №3. -С-70-71	
137	Теория и методика вольной борьбы: Примерная программа дисциплины федерального компонента цикла СД ГОС по специализации 022300 Физическая культура и спорт	печатный	Москва: Флинта: Наука, 2004. –176 с.	Купцов А.П.
138	Теория и методика вольной борьбы: примерная программа дисциплины федерального компонента цикла СД ГОС по специальности 022300 Физическая культура и спорт	печатный	М.: Флинта: Наука, 2004.- 176 с.	Купцов А.П.
139	Теория и методика греко-римской борьбы: примерная программа дисциплины федерального компонента цикла СД ГОС по специальности 022300 Физическая культура и спорт	печатный	М.: Флинта: Наука, 2004.- 160 с.	Игуменов В.М.
140	Вольная борьба на XXII Олимпийских Играх в Афинах	печатный	ТПФК, 2005, № 3. –С. 28-30	
141	Исходное состояние и перспективы развития дзюдо в олимпийском цикле 2005-2008 гг.	печатный	ТПФК, 2005, № 5. –С. 28-29	Табакос С.Е.
142	Концепция биологически целесообразной физической подготовки борцов (самбо, дзюдо)	печатный	М., ЗАО фирма «Лика», 2005.-120 с.	Блах В., Елисеев С., Игуменов В., Кулик Н., Мигасевич Ю., Селуянов В.,

				Табаков С.
143	Вольная борьба: Программы спортивной подготовки для детско-юношеских спортивных школ, специализированных детско-юношеских спортивных школ олимпийского резерва и школ высшего спортивного мастерства	печатный	Красноярск: РИО ГОУ ВПО КГПУ им. В.П. Астафьева, 2005. -132 с.	Миндияшвили Д.Г.
144	Дзюдо в олимпийском цикле 2005-2008 гг.	печатный	Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры.-Часть 1 /Сост. проф.И.Д.Свищев.-М.: СпортУниверПресс. -2005.-С.56-72	Табаков С.Е.
145	Факторная структура показателей специальной подготовленности бойцов рукопашного боя	печатный	Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры.-Часть II /Сост. проф.И.Д.Свищев.-М.: СпортУниверПресс. -2005.-С.50-54	Пашинцев В.Г.
146	Роль и значение паузы как важного элемента соревновательных ката в каратэдо	печатный	Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры.-Часть 1 /Сост. проф.И.Д.Свищев.-М.: СпортУниверПресс. -2005.-С.55-61	Жуков С.Н.
147	Методическая база психофизиологической оценки профессиональной пригодности работников охранных предприятий	печатный	Фактор риска. Теория и практика экстремальных видов спорта. - 2005, №4. –С. 12-14	Полиевский С.А., Суслов Ю.В., Григорьева О.В., Петрушкина Т.И.
148	Дзюдо 2005-чемпионат Европы, чемпионат мира /информационно-аналитические материалы	печатный	М.: ВНИИФК, 2005. -48 с.	Акопян А.О., Дахновский В.С., Казаченков А.Н., Табаков С.Е., Хабиров В.В.
149	Методические основы подготовки резерва в спортивной борьбе	печатный	Детский тренер, 2005, №2. –С.82-103	
150	Дневник индивидуальной подготовки члена сборной команды России по дзюдо на 2005 год	печатный	М.: НСД, ФДР, 2005. -442 с.	Хабиров В.В., Табаков С.Е., Казаченков А.Н., Дмитриев Р.М.
151	Особенности построения процесса тренировки юных борцов греко-римского стиля	печатный	Физическая культура : воспитание, образование, тренировка, 2006, №2. –С. 2-7.	В. С. Дахновский, А. Н. Корженевский, М. Н. Португалов, В. Н. Трифонов
152	Система подготовки высококвалифицированных спортсменов	печатный	Роль «школы» в самбо на пути возрождения традиций //Матер. V научно-практической конференции, посвященной памяти профессора Чумакова Евгения Михайловича. –М.: РИО РГУФКСИТ, 2006. –С.28-38	Табаков С.Е.
153	Раннее выявление функциональных нарушений и прогнозирование необратимых патологических изменений у спортсменов методом динамического наблюдения	печатный	Исследования молодых ученых в практику единоборств. Материалы VI международной научно-практической конференции, посвященной памяти профессора Чумакова Евгения Михайловича. –М.: РИО РГУФКСИТ, 2006. –С.158-162	Потылицко Г.Н., Прилуцкий Д.А.
154	Методическая концепция специальной подготовки спортсменов высокой квалификации в дзюдо	печатный	Сборник трудов ученых РГУФК /РГУФК – М.: РИО РГУФК, 2006. – С. 63-69.	Табаков С.Е.
155	Исследование специальной физической	печатный	Материалы докладов 5-й научно-	

	подготовленности юных борцов		методической конференции ПИФК МГПУ (апрель 2006 год). –М., 2006. –С.89-98.	
156	Вольная борьба: от Афин к Пекину	печатный	Методические рекомендации. – Красноярск, 2006. -59с.	Миндиашвили Д.Г.
157	Деятельность тренера как важнейший компонент системы подготовки спортсменов	печатный	Детский тренер, 2006, №4. –С.96-101	
158	Пульсовая оценка напряженности упражнений ката у юношей в каратэдо	печатный	Исследования молодых ученых в практику дзюдоистов //МатериалыVII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2007. – С.121-127	Жуков С.Н., Алексеев В.М.
159	Динамика временной структуры соревновательных ката юных каратистов	печатный	Исследования молодых ученых в практику единоборств //МатериалыVII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2007. – С.128-137	Жуков С.Н.
160	Восстановление работоспособности борца после предсоревновательного взвешивания	печатный	МатериалыVIII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2008. –С.94-96	Селуянов В.Н., Табаков С.Е.
161	Роль афферентного и эфферентного пути в управлении мобилизационной готовностью в соревнованиях по ката в спортивном каратэдо	печатный	МатериалыVIII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2008. –С.158-168	Жуков С.Н.
162	Вольная борьба: история, события, люди: монография	печатный	М.: Советский спорт, 2007.-360с.:ил	Миндиашвили Д.Г.
163	Восстановление работоспособности борца после предсоревновательного взвешивания	печатный	МатериалыVIII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2008. –С.94-96	Селуянов В.Н., Табаков С.Е.
164	Роль афферентного и эфферентного пути в управлении мобилизационной готовностью в соревнованиях по ката в спортивном каратэдо	печатный	МатериалыVIII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2008. –С.158-168	Жуков С.Н.
165	Организационно-методические основы проектирования системы подготовки борцов	печатный	Двигательная активность человека и спорт в современных условиях /Международная научно-практическая конференция //Матер.докладов. г.Махачкала, 6-8 апреля 2009 г. – Махачкала,2009. –С.128-132.	
166	Опыт применения неспецифической иммунотерапии для профилактики иммунодефицитных состояний у спортсменов-единоборцев высокой квалификации	печатный	Материалы IX межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.–М., 2009 –С.134-137	Алпатов С.П., Рыгалов М.А., Поляев Б.А., Козлов И.Г.
167	Индивидуализация подготовки юных единоборцев высокой квалификации	печатный	Детский тренер, 2009, №1. –С.49-58	
168	Выявление функциональных нарушений и прогнозирование необратимых патологических изменений у спортсменов	печатный	IV Международный научный конгресс. Материалы конгресса. –Ташкент: ЛидерПресс, 2009. –С.22-23	Потылико Г.Н., Прилуцкий Д.А.
169	Управление мобилизационной готовностью в соревнованиях по ката в спортивном каратэ-до	печатный	IV Международный научный конгресс. Материалы конгресса. –Ташкент: ЛидерПресс, 2009. –С.120-122	Жуков С.Н.
170	Динамика необратимых патологических отклонений в процессе подготовки борцов	печатный	Совершенствование системы подготовки кадров по спортивным единоборствам. – М., 2009. –С.23-32	Потылико Г.Н., Прилуцкий Д.А.



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Areas of Interest:

Forecasting and monitoring the state of athletes, physical development, psycho physiological conditions, nutrition of athletes

Publications:

- Podrigalo L.V., Galashko M. N., Galashko N. I., Study of specificities of arm wrestlers' psychological status in competition period. *Physical education of students* 2015;3:44-51. <http://dx.doi.org/10.15561/20755279.2015.0306>
- Podrigalo L.V., Iermakov S.S., Galashko M. N., Galashko N. I., Nosko M.O. Study and analysis of arm wrestlers' forearm muscles' strength. *Journal of Physical Education and Sport @ (JPES)*, 15(3, Art 80, pp.531 - 537, 2015
- Podrigalo L.V., Iermakov S.S., Galashko M. N., Galashko N. I. Assessment of arm wrestlers' adaptation status on the base of saliva biochemical characteristics in dynamic of competition and training loads. *Journal of Physical Education and Sport @ (JPES)*, 15(4), Art 131, pp. 849 - 856, 2015
- Podrigalo L.V., Iermakov S.S., Alekseev A.F., Rovnaya O.A. Studying of interconnectios of morphological functional indicators of students, who practice martial arts. *Physical education of students*, 2016;1:64–70. <http://dx.doi.org/10.15561/20755279.2016.0109>
- Leonid Podrigalo Sergii Iermakov, Vyacheslav Romanenko, Yrui Tropin, Natalia Boychenko, Olga Rovnaya, Oleg Kamaev Psycho-physiological features of sportsmen in impact and hrowing martial arts. *Journal of Physical Education and Sport*. 2016, 16(2), Art 67, pp.433 – 441.
- Leonid Podrigalo, Sergii Iermakov, Władysław Jagiełło Hand-grip strength as an indicator for predicting the success in martial arts athletes. *Arch Budo* 2016; 12: 179-186
- Podrigalo L.V., Galashko MN, Iermakov SS, Rovnaya OA, Bulashev AY. Prognostication of successfulness in arm-wrestling on the base of morphological functional indicators' analysis. *Physical education of students*, 2017;1:46–51. doi:10.15561/20755279.2017.0108
- Leonid Podrigalo, Sergii Iermakov, Władysław Jagiełło Special indices of body composition as a criterion of somatic development of martial arts practitioners. *Arch Budo Sci Martial Art Extreme Sport* 2017; 13: 5-12
- Sergii Iermakov, Leonid Podrigalo, Vladimir Potop, Vyacheslav Romanenko, Natalia Boychenko, Olga Rovnaya, Yrui Tropin. Special aspects of psycho-physiological reactions of different skillfulness athletes, practicing martial arts. *Journal of Physical Education and Sport @ (JPES)*, 17 Supplement issue 2, Art 78, pp. 519 - 526, 2017
- Oleksandr Volodchenko, Leonid Podrigalo, Oleksandr Aghyppo, Vyacheslav Romanenko, Olga Rovnaya Comparative analysis of a functional state of martial arts athletes. *Journal of Physical Education and Sport*, 2017. 17 Supplement issue 4, 2142 – 2147.
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- Podrigalo L.V., Volodchenko AA, Rovnaya OA, Ruban LA, Sokol KM. Analysis of adaptation potentials of kick boxers' cardio-vascular system. *Pedagogics, psychology, medical-biological problems of physical training and sports*, 2017;21(4):185–191. doi:10.15561/18189172.2017.0407
- Podrigalo L.V., Volodchenko AA, Rovnaya OA, Podavalenko OV, Grynova TI. The prediction of success in kickboxing based on the analysis of morphofunctional, physiological, biomechanical and psychophysiological indicators. *Physical education of students*, 2018;22(1):51–56. doi:10.15561/20755279.2018.0108.
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- Leonid Podrigalo, Wojciech J. Cynarski, Olga Rovnaya, Oleksandr Volodchenko, Oleksandr Halashko, Julia Volodchenko. Studying of physical development features of elite athletes of combat sports by means of special indexes. *IDO MOVEMENT FOR CULTURE. Journal of Martial Arts Anthropology*, Vol. 19, no. 1 (2019), pp. 51–57 DOI: 10.14589/ido.19.1.5

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Date of birth 26 July 1975
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Citizenship Republic of Moldova
Education:

2013 Liberty University, Center for Professional and Continuing Education (has earned 3.0. Credit for attending) Life At The Cross Roads Teacher

Training (Life skills and Character Development) september 7-10. 2013

2006-2010 State University of Physical Education and Sports of the Republic of Moldova; doctorate, Doctor of Education

2005-2006 State University of Physical Education and Sports of the Republic of Moldova; Master's program

1993-1997 State University of Physical Education and Sports of the Republic of Moldova, Pedagogical Faculty

1982-1992 Middle school №9 Bălți, Republic of Moldova

Athletic Accomplishments

Double Champion in the International Student Championship in Sambo fighting, Russia, Moscow (64 kg) and Moldova, Chisinau (60 kg)

Multiple awards at European and international Sambo championships

Sport training: Multiple champion in Sambo and judo Championships In Republic of Moldova, International master of sport in sambo

Professional Experience:

2015 – present Associate professor at the Department of Individual Sports, SUPES, RM.

2008 – present Chairperson of the Department of Individual Sports, State University of Physical Education and Sports of the Republic of Moldova

2009-2015 Superior lecturer at the Department of Individual sports, SUPES, RM.

2006 - 2009 Lecturer at the Department of Individual Sports, SUPES, RM.

1998-2003 Inspector – Information Technologies Department „REGISTRU”.

1997-1998 Coach – teacher at „Petuhov”, Sport School of Olympic Reserve in box and fighting, Bălți

1992-1997 Instructor-sportswoman. Sport Schools of Superior Mastery, member of the national team of the Republic of Moldova for judo, sambo.

Training :

2015 13th INTERNATIONAL SCIENTIFIC CONFERENCE OF SPORT KINETICS -SPORT AND EXERCISE FOR HEALTH AND QUALITY OF LIFE, Warsaw-Biala Podlaska, September 17-18, 2015

2014 Contemporary problems of theory and methodology of physical culture, sport and tourism: IV International Scientific and practical conference of young scientists: - Minsk: BSUPC
2013 XIII International scientific and practical conference dedicated to the memory of HMS, HCUSSR, professor Ciumacov E.M. " 75 YEARS OF SAMBO. CONCLUSIONS AND PERSPECTIVES"

2013 INTERNATIONAL SCIENTIFIC AND PRACTICAL SEMINAR " FORMATION OF THE PHYSICAL CULTURE OF A PERSON IN THE SYSTEM OF CONTINUOUS EDUCATION", Taras Shevchenko State University of Lugansk, 2-3 April 2013

2012 XVI scientific conference " YOUNG SPORT SCIENCE OF UKRAINE" SUPCL 29-31 March 2012

2011 XV scientific congress " Contemporary Olympic sport and Sport for everyone" Chişinău, Moldova

2010 International symposium: East –Russia – West. Contemporary processes of development of physical culture, sport and tourism. State and perspectives of the formation of a healthy lifestyle: materials of the participants at the VII international symposium.

2010 XIV international scientific congress " Contemporary Olympic sport and Sport for everyone", Kiev, Ucraina

2009 Methodological and scientific seminar : Increase of the prestige and role of woman in sport

2008 Certificate of official qualification IBSS „close fighting and combat instructor for R. Moldova”.

2008 International scientific congress " Strategies of development of sport for everyone and the legal framework of physical culture and sport in CIS countries ". Chişinău, Moldova

Participation at projects:

2011-2015 Implementation strategies of diagnostic methods in the process of training and competition of Performance sportsmen from the national team of the Republic of Moldova.

2011-2013 Health, Environment, sport – HES. Common Operational program for Romania- Ukraine – Republic of Moldova

2007-2011 General theoretical basis of theory, methodology and organization of health activities related to different types of fighting for the population of the Republic of Moldova

Publications: More than 50 scientific papers and articles, among which the most important include:

Scientific magazine article

1. Polevaia- Secareanu A., Aftimciuc O.E. Particularities of psychomotor organization of motor acts of judo students at the stage of initial sport specialization. In: Молода спортивна наука України : зб. наук. праць з галузі фізичного виховання, спорту і здоров'я людини. Вип. 17: у 4-х т. Лівів: ЛДУФК, 2013. Т. 1. С. 184-191 (ISSN 1996-1448)

2. Polevaia- Secareanu A., Aftimciuc O.E. Importance of formation of specialized perception for the technical training of judoists. In: ВІСНИК, Педагогічні науки: за матеріалами Межд. Науково-практичного семінару «Формування фізичної культури особистості в системі неперервної освіти» №8 (2-3 квітня 2013), ЛНУ Імені Тараса Шевченка. Частина I. 2013. С. 146-155 (ISSN 2227-2844)

3. Study of functional and motor, and psychological potential of performance judoists with visual disabilities / Gligor V., Polevaia-Secăreanu A., Demcenco P.P. In : Ştiinţa culturii fizice/ Physical culture science, 2014, nr.18/2. Chişinău, SUPES. p. 19-25. (ISSN: 1857-4114)

Methodological guide

1. Professional and applicative training of specialists in the field of protection and security by means of martial arts/Polevaia-Secăreanu A., Scobioală Gh., Cotorcea A Methodological guide for the students of the "Protection and Security" Department, " Special sport training" module, day and distance sections. Valinex LTD. Chişinău: S.n., SUPES. Chişinău, 2014. 55 p. (ISBN 978-9975-68-259-6)

2. Methodology of judoist training at the stage of initial sport specialization: Study guide(Polevaia-Secăreanu A.); Chisinau: NB, 2015 (Tipogr. "Valinex SRL"). 43 p. (ISBN 978-9975-68-268-8)

Monograph

1. Aftimciuc O.E., Mrut I.D., Polevaia- Secareanu A.G. Theoretical and methodological basis of the organization and realization of health and fitness activities with the population of the Republic of Moldova: Strategic orientation: Restoration of human natural resources, information about sustainable development Monograph: High council on development science and technology of the Academy of Science Chisinau: 2013 (Tipogr.„Valinex SRL”). 204 p. (ISBN 978-9975-68-230-5)

2. Polevaia-Secăreanu A. G., Aftimciuc O. E. Intensification of the study and training process of judo students by means of rhythmic education and music. State University of Physical Education and Sports of the Republic of Moldova. Ch. «Valinex» SA, 2015. 174 p.

Foreign languages Russian, English, German, Greek



JIM PORTER
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ATC
Leading American athletic trainer for USA Wrestling

Las Vegas, Nevada

Christian POTERAS
cristiancpoteras@yahoo.com
Executive Committee of CELA
Romania

FANI PSATHA
Email: fpsatha@yahoo.com
Country: Greece (Olympian)
Current Areas of Interest: weight loss and hormonal response in women wrestlers
Completed wrestling research:
Medicina Sportiva, Vol. 8 (1):2004
2004 Medicina Sportiva
EFFECTS OF STRENUOUS TRAINING AND REPEATED CYCLES OF WEIGHT LOSS ON LEPTIN AND SEX HORMONES IN ELITE FEMALE WRESTLERS
Maria Psatha, Des Gilmore, Fani Psatha & Athanasios Dessypris



MOHAMMAD FOAD RAHMANI
Email: M.foadrahmani@yahoo.com
Senior GR-Wrestling Coach of Azerbaijan
Country: Iran
Current Areas of Interest: Science of Training - Testing

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frahmani2001@yahoo.com

Faculty: Faculty of Sport Science and Physical Education
Department: Department of Physical Education & Sport Sciences at University of Guilan, Rasht, Iran



ALIREZA RAHMATI

Professional affiliation: university professor, wrestling coach

Email: Alirezarahmati_sport@yahoo.com

Publications: several article in the filed of management and sport psychology

Areas of interest: management and sport psychology in the filed of wrestling

Brief biography: married, academic degree is MA and as soon as possible PhD student, Champion in Iran, world champion of veteran wrestling for 4 years, University wrestling coach, and the manager of school.

Wrestling Coaches Committee Chairman for Alborz Province



REZA RAJABI, PHD

Email: rrajabi@ut.ac.ir

Institution: University of Tehran

Mailing address: Amirabad Shomali Street, Physical Education Department. Tehran, Iran.

Current Areas of Interest: physical and anthropometrical and postural factors of wrestlers.

Completed wrestling research:

Rajabi, R; Doherty, P; Goodarzi, M1; Hemayattalab, R. Comparison of thoracic kyphosis in two groups of elite Greco-Roman and freestyle wrestlers and a group of non-athletic participants. British Journal of Sports Medicine: Volume 42(3) March 2008 pp 229-232

Rajabi, Goodarzi, Sahfinia. The effect of preparation training exercises and zinc Supplement on immune system of Iranian young male wrestlers. Presented for BASES 2009 conference in the UK

Rolle RANTALA
rolle.rantala@helsinki.fi

AMIR RASHIDLAMIR

Email: amir.rashidlamir@gmail.com and rashidlamir@ferdowsi.um.ac.ir

Institution/Organization: Assistant professor, Vice president for research and technology, Faculty of physical education and sport sciences, Ferdowsi University of Mashhad (Department of exercise physiology, exercise biochemistry and nutrition division)

Country: Iran

Current Areas of Interest: gene expression, exercise biochemistry, nutrition, weight management

Completed Wrestling Research:

1. Effect of 8 weeks wrestling techniques-based circuit exercise (wtbce) on plasma lipid and lipoprotein profiles in male elite wrestlers. Scandinavian Congress of Medicine and Science in Sports.2007
2. Compare of Gradual and Acute weight loss on strength and endurance of well trained wrestlers. World Journal of sport sciences. 2009
3. Effect of 6 weeks wrestling and wrestling –technique based circuit training on plasma Ghrelin and some glucoregulatory hormones of well trained wrestlers. Sport biosciences. 2009
4. Effect of Eight Weeks Circuit Training on Lymphocyte AGRP Gene Expression in well trained wrestlers. Medical Daneshvar. 2010
5. Relationship between anthropometric variables of handedness with strength of handedness and serum testosterone-cortisol ratio (TCR) in well trained wrestlers. 5th International Conference on Health, Education and Culture in Globalization Process.2010
6. Relationships between finger-length ratios of handedness with handedness strength, serum testosterone, GH,IGF-I, insulin , cortisol , IGF-I/cortisol and testosterone/cortisol ratio in well trained wrestlers.5th International Conference on Health, Education and Culture in Globalization Process.2010
7. Compare of two weight loss protocol on plasma AGRP of well trained wrestlers. 7th international congress on physical education and sport sciences.2010
8. Effect of Eight Weeks Circuit Training on Lymphocyte ABCA1 Gene Expression and Plasma Apo lipoprotein A–I. World Journal of sport sciences. 2011 *in press*
9. Effect of eight weeks wrestling and circuit physical fitness training on Apo lipoprotein A-I and lymphocyte ABCA1 gene expression in well-trained wrestlers. international journal of wrestling science.2011 *in press*
10. Effect of 6 weeks wrestling and wrestling –technique based circuit exercise on plasma lipoprotein profile and some hormonal changes in well trained wrestlers. international journal of wrestling science.2011 *in press*
11. Effect of circuit resistant training and glucose intake on plasma AGRP of well trained wrestlers. journal of sport sciences,2011 *in press*
12. Effect of circuit training and glucose intake on lymphocyte AGRP and plasma glucose of well trained wrestlers. journal of sport sciences,2011 *in press*
13. Acute Plasma glucose and Lipoproteins responses To a Single Session of Wrestling Techniques-Based Circuit Exercise (WTBCE) in Male Elite Wrestlers. Iranian journal of health and physical activity. 2011
14. Relationship between finger length ratios, grip strength, and serum testosterone to cortisol ratio in well trained wrestlers. Journal of Social sciences.2011 *in press*



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Secretary General,
Indian Council of Sports Science and Physical Education
New Delhi, INDIA

Institution/Organization: International Academy of Sports Science

Mailing Address: 5, Shivaji Marg, New Delhi 110043

Country: India

Current Areas of Interest: Kinanthropometry, Training Methods and Performance



Analysis
Completed Wrestling Research:
Publications : 10
Conferences/Workshops : 30



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Former President of Finnish Wrestling Federation
Olympian-Bronze Medal

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Olympian



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MOHAMMAD EBRAHIM RAZAGHI
Email: me.razaghi@yahoo.com

Education and Learning Organization/ Teacher

Sport Management-University of Tehran
Country: Iran
Current Areas of Interest:
Ethic and Morality in Sport, Pahlavani Wrestling,
sportmanship



REID REALE
Professional Affiliation: Senior Scientist at Gatorade Sports Science
Institute
Email: Reid.reale@gmail.com
Publications:



<https://scholar.google.com/citations?user=mXaxPcgAAAAJ&hl=en&oi=ao>

Areas of Interest: Nutrition, weight cutting, body composition, combat sport science

Brief biography: Originally from Melbourne, Australia, Reid is now based in the United States where he works as a senior scientist with the Gatorade Sports Science Institute at their laboratory in Florida on the IMG Academy campus. Reid is currently involved with a variety of research streams focusing on energy expenditure, sleep and hydration. Prior to moving to the US, Reid completed a PhD supported by the University of the Sunshine Coast, based at the Australian Institute of Sport, Canberra, where he worked as a sports dietitian with Olympic combat sport athletes. A portion of Reid's PhD work saw him awarded with a young investigator award from the European College of Sports Science (2016). Reid's research interests centre on body composition management and applied combat sports nutrition, in particular the area of acute weight loss and recovery. As a practitioner, Reid has experienced working with a variety of weight category sport athletes including competitors and medallists from Judo, amateur and professional Boxing, Taekwondo, Wrestling, kickboxing/muay thai, Brazilian jiu jitsu, mixed martial arts and weightlifting; at the Olympic Games, Commonwealth games, continental and world championship level. In addition to academic and practitioner experience, Reid has a strong interest in strength and conditioning and exercise programming which he utilizes to inform his own training and that of the students he coaches in Brazilian Jiu-Jitsu



Robert "Bobby" Reisz

Owner/CEO of Peak Performance

peakperformancesportstraining@gmail.com

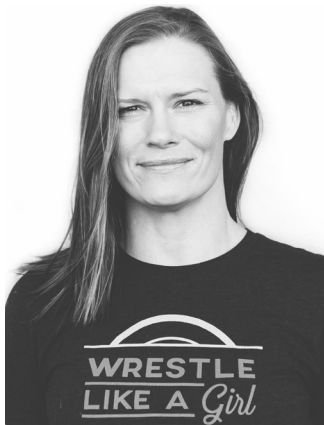
bobbyreisz@gmail.com

Areas of interest: Anything regarding "Performance" in the sport of wrestling--strength and conditioning, weight cutting, mental training, overtraining, sports medicine/injuries with evaluation and treatment in wrestling.

Nicholas RIZZO MD

nicholasrizzomd@aol.com

Dr. Nicholas Rizzo practices Internal Medicine (General Medicine for adults) in Palos Heights, Illinois. He is the author of the book "Championship Nutrition and Performance: The Wrestler's Guide to Lifestyle, Diet and Healthy Weight Control" and a co-author on the book "The Arsenal: The Wrestler's Training Log" by NCAA National Champion Alan Fried. Works as a ringside physician for professional boxing and MMA events, is a Past President of the [Association of Ringside Physicians](#), and is a member of the State of Illinois Department of Financial and Professional Regulation Athletic Unit Advisory Board.



Sally ROBERTS

USA

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Professional Affiliation: Executive Director - Wrestle Like A Girl

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Publications:

Jessica B. Kirby, Sally Roberts, Jay Coakley, Amanda Stanec & Glenn Gormley (2019) Why Women's Wrestling, Why Now: White paper on the current state of wrestling and the benefits of developing women's wrestling programs. University of Colorado Colorado Springs, Center for Critical Sport Studies

Areas of Interest: female wrestling, sports and performance psychology, human rights, equality

A former elite wrestler, a former combat veteran and sport psychology consultant who founded Wrestle Like A Girl® on the premise that girls can do anything and that through sport, they can realize their full potential. She is living proof that girls can indeed do anything as she was children growing up and the first in her family to graduate college and earn an advanced degree. Sally was a Springs Olympic Training Center for eight years during time national champion, 2003 World Cup Champion, 2003 Medalist and a 2008 Olympic Alternate. She served six Special Operations soldier where she volunteered for Afghanistan. She was also a member of the Army's Athlete Program and represented both the U.S. Army and competitions.

Sally received the 2016 Women in Sport Award on behalf of United World Wrestling and the International Olympic Committee. She is a board member of USA Wrestling, the United States Olympic Committee Youth Development Working Group, and the Association for Applied Sports Psychology. She is an athlete ambassador for TrueSport, the grassroots organization for the United States Anti-Doping Agency. Sally spoke at the United Nations 'Global Good' summit and participated in the Global Goals World Cup activist soccer tournament on Team Sports Equality Enforcers promoting the U.N. Sustainable Development Goals. USA Wrestling 'Woman of the Year' for 2018. She earned a Bachelor of Arts degree in Psychology from University of Colorado - Colorado Springs and a Master of Arts degree in Sport and Performance Psychology from University of the Rockies. She has a certification in nutrition from the Institute of Integrative Nutrition.



the youngest of three high school, graduate resident at the Colorado which time she was a 3- & 2005 World Bronze years in the Army as a deployment to prestigious World Class Team USA in elite athletic



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RIP

SEYED JAVAD ROFOUGAR
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Director of the International Wrestling Institute (Iran)
Has been both President and General Secretary of the Iranian Wrestling Federation
Academic Board Member for Teacher Training-University of Tehran
Former Head coach of FS National Team



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US Coast Guard
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TRAVIS RUTT

Email: travis.rutt@gmail.com

Institution/Organization: University of Iowa-Wrestling Strength and Conditioning

Mailing Address: 2618 Spirit Dr E North St. Paul MN 55109

Country: USA

Current Areas of Interest: Strength and Conditioning, improving performance

Areas of Interest: Strength and Conditioning, athletic performance, recovery

Brief biography: I was a wrestler for the University of Wisconsin and transferred to the University of Oklahoma. I was an All-American in 2010 at 184lbs for the University of Wisconsin. Wrestled in the 2012 Olympic Team Trials for Greco-Roman wrestling at 84kg for the Minnesota Storm.

Previously the Strength and Conditioning Coach for Pinnacle School of wrestling, Previous Augsburg Strength and Conditioning Coach and Assistant Wrestling Coach, Previous S&C Coach for Minnesota Storm-Greco.

AKHROLDJAN RUZIEV, PHD

UZBEKISTAN

FILA Bureau Member

ruziev@fila-wrestling.com

**ИННОВАЦИОННЫЕ ПЕДАГОГИЧЕСКИЕ ТЕХНОЛОГИИ В
УПРАВЛЕНИИ СИСТЕМОЙ ПОДГОТОВКИ
ВЫСОКОКВАЛИФИЦИРОВАННЫХ БОРЦОВ**

Керимов Ф.А., Рузиев А.А., Курбанов О.А.

Узбекский Государственный институт физической культуры, Ташкент,
Узбекистан



AHMED HELMY SAAD

Egypt

ahmed.zaghloul@fped.bu.edu.eg

Work: Health Sciences sports Department,
Faculty of Physical Education, Benha University

I was a wrestler, I am currently interested field of scientific research in wrestling:

احمد حلمي سعد

مدرس دكتور بقسم علوم الصحة الرياضية

كلية التربية الرياضية للبنين جامعة بنها

MSc and PhD

- The Molecular Biological and relationship of the muscular strength as indicator to choosing the beginners in wrestling to sheltering institution children.

- The effectiveness of biorhythms and relationship to specific training for developing performance level in wrestling.

Physiological profile of the young Egyptian wrestlers

- Effect of hypoxia training on some physiological variables and skill performance

endurance for wrestlers

- ACE gene variation and its relationship with physical, physiological, and skill variables for free swimming juniors

- Physiological responses as the basis for rationing wrestlers' training loads

- The biochemical changes for blood, liver, and Kidney under the influence of different intensities physical loads

- Prize of Mohammed bin Rashid Al Maktoum Creative Sports in 15 Nov. 2013.

HEYDAR SADEGHI

Highest degree earned: Ph.D in Sport Biomechanics
(First two years Post doctora in Sport Biomechanics and Rehabilitation, The second two years Post doctora in Sport Biomechanics and Orthopeady)
Current position: Full professor in department of Physical Education and Sport Sciences, Kharazmi University, Tehran, Iran
And General Director of International Affair, Ministry of Sport and Youth, Iran
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SADOWSKI, JERZY, Dr. Hab.

jerzy.sadowski@awf-bp.edu.pl

Fac Phys Educ & Sport Biala Podlaska, Poland

Vice-Rector for the Branch of the University of Physical Education

Relevant Works:

Dynamics of the development of coordination motor abilities in freestyle wrestlers aged 16-20

JOSEPH RASHIDI SALUMU

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federationkabubu@yahoo.fr or fcka@fila-wrestling.com

DEMOCRATIC REPUBLIC OF CONGO Maniema Province

Research professor

-Former Practicing and African Traditional wrestling Champion Belt kabubu /

-Expert UWW / FILA traditional Struggles / Studies and analysis of the forms of so-called sports and regulations worldwide.

Africa Technical -Director of traditional African belt wrestling / WTWC

-Member Of the Executive Committee of the African International Association of Traditional Sports and Games.

Initiator, Founder and President:

1. From Training Cultural Youth Centre in Swahili without Borders / 2007.

2. Congolese Federation kabubu and Affine / Traditional Wrestling & Associates / FCKA acronym.

3. Promoter of the Center for Sports traditional games and sports Kasongo and national center of professional sport and physical activity

4. The Association of Traditional Wrestling Federations of the countries of Central Africa / AFELUTRAAC

5. International Festival of Francophone and Kasongo.

Other Functions:

* Ambassador Educasport World / World Forum on Education through Sport World

* Ambassador of the International Academy of Athletes for the Culture of Peace.

* Official representative of the International Association of Peacekeepers in DR CONGO.

First published ahead "kabubu, AFRICAN TRADITIONAL WRESTLING BELT AND SOCIETAL CHALLENGES IN DEMOCRATIC REPUBLIC OF CONGO"

On the Interest Field: History, Socio-cultural activities, traditional and sporting, Peace, Citizen Education, Health, Formation, Participatory Democracy, Solidarity and fraternity, Protection of Environment, Tourism L'Insertion & The Social Integration, the solidarity economy for sustainable development.





Dr. Nader SAMAMI MD

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Member of Iranian wrestling federation medical committee

Assistant prof., University of Guilan

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Education

- PhD degree in “Rehabilitation medicine, sports medicine, physical therapy, balneology and physiotherapy”, I.I.M. Sechenov, First Moscow State Medical University (2006-2009)
- Russian Language degree, I.M. Sechenov, First Moscow State Medical University (2005 – 2006)

- GP, Guilan University of Medical Sciences (1990 -1997)

Publications

Journal Paper

- “The Effect Of Three Weeks Green Tea Consumption On Blood Pressure And Heart Rate Responses To A Single Bout Resistance Exercise In Hypertensive Women”. Hamid Arazi. Nader Samami. Behzad Taati ., High Blood Pressure And Cardiovascular Prevention (2014) 21:213–219
- “The Effects Of Resistance Exercises With Different Times Under Tension On Muscular Damage, Electromyographic And Isometric Strength Changes In Untrained Young Men”, B. Merzaee. N. Samami . M. Moradkhani – پژوهشی فیزیولوژی ورزش (Accepted)
- “Relationship Of Nutrition Knowledge And Physical Activity Level With Total Cholesterol, HDL-C And LDL-C In Men With Myocardial Infarction”. Hosseini, M. Rahmani Nia, F.Samami, N.Iranian Journal Of Cardiovascular Nursing (Accepted)
- “Использование Современных Аппаратно-Программных Комплексов Для Изучения Особенности Адаптации Организма К Физическим Нагрузкам”., С.Д.Руненко, Е.Е.Ачкасов, Н.Самами, Биомедицина.№ 2,2011.С.65-72
- “Оценка Функционального Состояния И Адаптационных Резервов Организма Студентов –Медиков С Помощью Современных Аппаратно-Программных Комплексов”. С.Д.Руненко, Е.Е.Ачкасов, Н.Самамикуджеди. СПОРТИВНАЯ МЕДИЦИНА:Наука И Практика.,№ 1.2011.,С.11-15
- “Врачебный Контроль За Студентами С Отклонениями В Состоянии Здоровья При Занятиях Физической Культурой.Теория И Практика Физической Культуры”.,№11.2010.С 57-59

Conference

- “The Relationship Between Knowledge Of Nutrition And Physical Activity Levels And Lipid Profiles In Men With Myocardial Infarction”. Hosseini, M. Rahmani Nia, F. Samami, N., Second International Congress On The Prevention Of Coronary Heart Disease. Shiraz. October 2013.
- “The Relationship Between Knowledge Of Nutrition And Physical Activity And Blood Pressure In Men With Myocardial Infarction”. Hosseini, M. Rahmani Nia, F.Samami, N., Fourth Congress Of Health Promotion Strategies And Challenges With A Focus On High Blood Pressure. Sari. October 2013.
- “Использование Корректирующей Гимнастики У Студентов С Нарушениями Опорно-Двигательного Аппарата”., Самами Куджеди Надер.ВСЕРОССИЙСКИЙ ФОРУМ«ЗДРАВНЦА-2011». Сочи
- “Физические Упражнения Для Студентов С Отклонениями В Состоянии Здоровья”., Самами Куджеди Надер.Седьмой Международный Конгресс «Восстановительная Медицина И Реабилитация ».Москва .2010
- “Теоретические Аспекты Организации Врачебного Контроля Над Студентами С Отклонениями В Состоянии Здоровья”., Самами Куджеди Надер.Седьмой Международный Конгресс «Восстановительная Медицина И Реабилитация »Москва 2010

Languages

- Persian (Native), Russian (Fluent), English (basic), Arabic (basic).

Work Experience

- Assistant prof., University of Guilan, faculty of P.E. & sport sciences (2011-present)
- MD, the Health Center of the University of Guilan (1998-2003)
- MD, Razi hospital (1997)
- MD, the Health Center of Iranpouplin texture (1998-2002)

CERTIFICATES

- Reformative Massage, Sports Medicine Federation of IRI (2013)
- Sport Massage, Sports Medicine Federation of IRI (2013)
- The Comprehensive Health Services for Iranian women, Guilan University of Medical Sciences (2014)
- The Methods and Skills of Teaching, The University of Guilan (2013)
- The key points of authorship and publication of ISI papers and introduction to research tools, The University of Guilan (2013)
- The moral considerations in scientific research, The University of Guilan (2013)
- Medical Doctor and the Law, Guilan University of Medical Sciences (2013)
- ICDL, the IT Center of the University of Guilan (2000)

Teaching Experience

- Assistant prof., University of Guilan, faculty of P.E. & sport sciences (2011-present)
- Massage Therapy and Sport Massage, The Special Center of Massage of Guilan (2014-present)

Memberships

- Iranian wrestling federation medical committee
- The educational committee of the health program of Iranian women
- The Massage Committee of Iranian wrestling federation
- IRI Medical Council

Field of interest

- Sport medicine, Massage therapy, Exercise therapy, Sports Massage, Medical control in wrestling

MOSTAFA SAMIR

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Egypt

I was a wrestling player Now I am an assistant professor in Mansoura University
In the sports training department - Greco roman wrestling



LAURA RUIZ SANCHIS

Professional Affiliation: Facultad de Ciencias de la Actividad Física y el Deporte, en la Universidad Católica de Valencia. San Vicente Mártir (UCV). España

Email: laura.ruiz@ucv.es **Areas of Interest:** Didactics of combat sports/ School combat sport /Combat sport values/ Training sports combat young athletes / Fencing specialty.

Brief biography Fencing athlete, belonging to the national team in sword and foil weapons. Participation in national and international championship. Master's degree in fencing (INEF, Madrid). National sword referee title (RFEE). Technical director of

the Valencian Fencing Federation (FECV), and coordinator of fencing sports schools in the city of Valencia (FDM). Teacher of technical training courses level I and II of the Valencian Community. Technical trainer of athletes with national titles in foil.

Publications:

Rafael Tarragó; Xavier Iglesias; Daniel Lapresa; Teresa Anguera; Laura Ruiz-Sanchis; Xabier Arana. Analysis of diachronic relationships in successful and unsuccessful behaviors by world fencing champions using three complementary techniques. *Anales de psicología*. 33,3, pp. 471 - 485. Región de Murcia (España): 01/10/2017. ISSN 1695-2294.

Rafael Tarragó; Xavier Iglesias; Juan José Michavila; Diego Chaverri; Laura Ruiz-Sanchis; Teresa Anguera. Análisis de patrones en asaltos de espada de alto nivel. *Cuadernos de Psicología del Deporte*. 15 (1), pp. 151 - 160. Región de Murcia (España): Publicaciones de la Universidad de Murcia, 20/03/2015. ISSN 1578-8423

Laura Ruiz-Sanchis; Julio Martín Ruiz; Ignacio Tamarit Grancha; Cristina Menescardi; Sergio Dos Santos. Introducción de la lucha olímpica en la EF a través de la formación e-learning del profesorado. *Sportis. Revista Técnico científica del deporte escolar, la Educación Física y psicomotricidad*. 3, 2, pp. 340 - 357. Galicia (España): 20/05/2017. ISSN 2386-8333

Laura Ruiz-Sanchis; Concepción Ros Ros; Anabel Bastida Torrónategui. Esgrima en silla de ruedas, propuesta para su inclusión en el contexto escolar. *Agora para la Educación Física y el Deporte*. 18 (1), pp. 61 - 76. Castilla y León (España): Sparc Europe, 21/05/2016. ISSN 1989- 7200

Sergio Luiz Carlos Dos Santos; Laura Ruiz-Sanchis; Guillem Rodríguez Amiguet; Concepción Ros Ros. Factores que condicionan la presencia de la Lucha Olímpica en programas escolares según profesorado de Educación Física. *Revista Brasileña de Educación Física Escolar*. 2, (Brasil): CRV, 01/11/2015. ISSN 2446-9467-01

Sergio Luiz Carlos Dos Santos; Laura Ruiz-Sanchis; Miquel Robert. Jogos de Oposição: Nova Metodologia Para o Ensino dos Esportes de Combate na Educação Física Escolar. *Revista Brasileña de Educación Física Escolar*. 1, (Brasil): CRV, 01/08/2015. ISSN 2446-9467

Laura Ruiz-Sanchis; Concepción Ros Ros; Anabel Bastida Torrónategui. Tratamiento metodológico de la esgrima en las aulas de EF. *EMASF. Revista digital de EF*. 6, pp. 141 - 151. (España): 27/07/2015. ISSN 1989-8304

Guillem Rodríuez-Amiguet; Laura Ruiz-Sanchis; Ignacio Tamarit. Causes of no selection the Olympic boxing by the professorate in the secondary classes. *Sportis. Revista Técnico científica del deporte escolar, la Educación Física y psicomotricidad*. 1, 2, pp. 129 - 140. Galicia(España): 01/05/2015. ISSN 2386-8333

Sergio Luiz Carlos dos Santos; Laura Ruiz Sanchis. Fortalecimiento de la musculatura inspiratoria en luchadores, por medio del incentivador respiratorio. *Fortalecimiento de la musculatura inspiratoria en luchadores, por medio del incentivador respiratorio*. 31(5), pp. 308 - 308. (España): Archivos de Medicina del Deporte, 03/02/2015. ISSN 0212-8799

Sergio Luiz Carlos dos Santos; Guillem Rodríguez Amiguet; Laura Ruiz Sanchis; Concepción Ros Ros. Factors affecting the presence of Wrestling in School Programs. *International Journal of Wrestling Science*. 4 (2), pp. 1 - 6. (Reino Unido): 18/10/2014.

Laura Ruiz Sanchis; Concepción Ros Ros. The Exclusion of Fencing Within theCurriculum of Schools of the ValencianCommunity. *Sociology Study*. 3, (8), pp. 624 - 632. (Estados Unidos de América): 24/08/2013.

Sergio Dos Santos; Roberta Oliveira Souza; Laura Ruiz Sanchis; Sergio Roberto de Oliveira; Maiko Langa de Araujo. Juegos de oposición: nuevas metodologías para la enseñanza de deportes de combate. *E-balonmano.com: Revista de Ciencias del Deporte*. 7, Comunidad Valenciana (España): 01/03/2011. ISSN 1885 – 7019

Laura Ruiz-Sanchis; Julio Martín Ruiz; Ignacio Tamarit Grancha; Vera Bahiense; Concepción Ros Ros; Sergio Luiz Carlos Dos Santos. Formación E- Learning para docentes en deportes de combate olímpico: el Boxeo olímpico como experiencia en dos municipios del estado de Caera (brasil). *Revista Brasileña de Educación Física Escolar*. 3, pp. 69 - 81. (Brasil): CRV, 01/07/2016. ISSN 2446-9467



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Directs the database of training scientific resources SPONET run by the Department Information Communication Sport at the Institute for Applied Training Science (IAT) in Leipzig.

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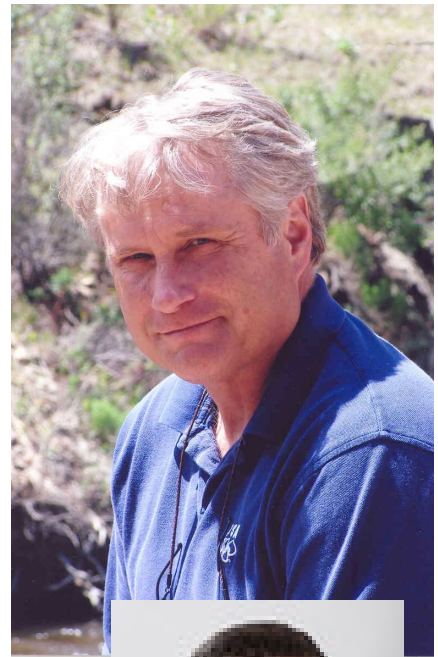
[423.439.4265](tel:423.439.4265) o

[423.439-5383](tel:423.439.5383) f

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Current Areas of Interest: Strength and power, EMG, Flexibility, Recovery



PASI SARKKINEN M.Sc.

Member UWW Coaching Commission

Head of the Motor Behaviour Research Unit

Email and Contact Information: pasi.sarkkinen@olympiakomitea.fi

Country: Finland

Lajiryhmävastaava – High Performance Coordinator

Huippu-urheiluyksikkö - High Performance Unit

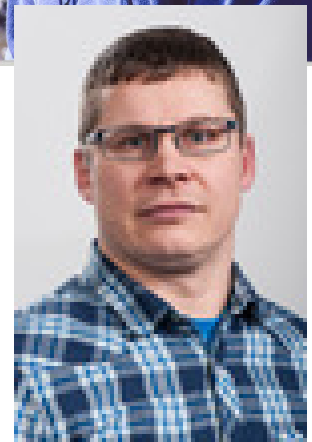
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FINNISH OLYMPIC COMMITTEE

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Current area of interest:

I was Head Coach of the Finnish Wrestling Federation 2001-2004. I am not professional coach anymore, but I'm member of the coaching committee of National Wrestling Federation and National Olympic Committee. I've done my studies for exercise physiology, but now the biggest interest is how we can get better coaches and better success here in Finland. Also I'd like to learn more about technical –tactical- psychological skills.



ALIOUNE SARR MD
aliounesarr@orange.sn

- Specialized in General Surgery, Gynecology and Obstetrics
- Diploma in Sports Medicine in 1975 after a training in Roma Central Sports Institute with a grant awarded by the Olympic Solidarity
- General Manager and owner of the Pasteur Clinic since May 2002
- National Teams Doctor from 1976 to 1981
- Vice President of a wrestling Club from 1981 to 1994
- President of the Senegal National Wrestling Board since March 1994

Seckin SARUHAN
seckinsaruhan@mynet.com



Turkey Wrestling Federation Vice President

He was born in Istanbul at 29.12.1969 and also he completed his primary, high school and college education in İstanbul too. He's married to SARUHAN Pelin. He has two sons, their names are Hamza (17) and Şeref (8 years old). In 1990 he graduated from MARMARA UNIVERSITY, Department of Physical Education and Sports.



He worked as a physical education teacher and wrestling coach between 1990–1992 at Kuleli Military High School in Istanbul. He completed his MA degree in Sport Management chairs, in 1992–1996 the Marmara University Institute of Health Sciences.

Between 1992–2005 Land Forces Sport Club / Ankara-TURKEY Commander of the Sports Branches and coach of the wrestling teams,

In 2005, Azerbaijan / Baku Military Schools sports consultancy,

In the period 2005–2007 Işıklar Military High School/ Bursa physical education teacher,

Between 2007–2009 at Turkish Military Academy/Ankara a faculty member and Land Forces Sport Club as a Senior Facility.

Since 2009 is still the Land Forces Sport Club Branches of Sport Section Commander and continue doing this as a wrestling coach.

In addition to this;

From 1991 to the present Land Forces Sport Club Wrestling Team and the National Wrestling Teams Technical Director at TSK am continueing his quest. Also, between the years 1996–2011 Greco-Roman Wrestling Young and the A-National Team Technical Director and served as a trainer.

CISM within the total of 28, and 116 civilians international championship and event, as an athlete and worked as an officer.

In addition, other achievements and awards:

1. Between the years 1989–1994 Turkish National, Turkish Land Forces and Turkish Armed Forces championships at 74 and 82 Kg.

2. In 2006, "The Republic of Turkey for the first time World Champion" The Greco-Roman Wrestling civilian A-National Team Technical Director.

3. 5 times World Champion, 3 times a second of the World, 2 times the third in the CISM World Wrestling National Teams, Technical Director at Turkish Armed Forces.

4. Two times, he went to Olympic Games as a coach. (2004 Athens and 2008 Beijing)

5. In accordance with Law No. 5774; Turkish Armed Forces at, "Sportsman of the State" has deserved the title of the first and currently the only staff.

6. Level 5 of the Technical Director (2004) and the International Technical Director Certificates (2007) owner.

7. CISM Best Coach (2004) and Technical Director of the Year (1996 and 2006) awards.

8. 30 August 2008, the track record of success and because of the early promotion to the rank of Colonel.

9. Since February 2012, he is President of CISM Wrestling Committee

10. Since October 2012, he is Vice President of Turkish Wrestling Federation (President: Mr. Hamza YERLIKAYA)



KHASHAYAR SARRAFI

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COUNTRY; USA

CITY; CHICAGO

Title; 1-USA Pahlevani Wrestling Federation; President.

2-Scientific Wrestling Institute; Owner-Executive Director.

3- Director of psychology of Movement in Pahlevani Wrestling program at shanghai university sports research center.

4- University of Chicago-Wrestling team; wrestling strength and conditioning advisor coach.

Shanghai University of Sport, Shanghai University Sport Research Center.

Organization ; IZSF-International Pahlevani Wrestling Federation- scientific and cultural committee, USA

Pahlevani Wrestling Federation, Scientific Wrestling Institute (Hong Kong, Singapore)

CUURENT AREAS OF INTERESTS ; -Koshti-E-Pahlevani (Ancient Persian traditional wrestling Style) .

-Wrestling Strength and Conditioning .

-University Wrestling Studies Development.

COMPLETED WRESTLING RESEARCH;

-Psychology of Movement in Pahlevani Wrestling (KOSHTI-E-PAHLEVANI).

-University Traditional Wrestling Studies Project . (Shanghai, Singapore, Hong Kong).

-University Strength and Conditioning Development (Shanghai,



Mitsuru SATOH, PhD

Director of coaching Department for
Japan Wrestling Federation.
Head coach of Wrestling National Team.
1988 Olympic Games-Wrestling **Free Style 52kg Gold Medalist**

Professor of Senshu-UNIV(Japan).

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SAUVAIRE, DIDIER

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Doctorat d'état es Sciences Pharmaceutiques, Pharmacien,
chef de Pôle pharmacotoxicologie et contrôle microbiologique
des médicaments et produits de santé à la Direction des
Contrôles ANSM, ancien Professeur associé des universités
de Montpellier

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Institution/Organization: Fédération Française de Lutte.
professionnel Agence Nationale de Sécurité du Médicament
ANSM

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Country: France

Current Areas of Interest: pharmacotoxicologie, dopage et médicament



RAMAZAN SAVRANBASI, PhD

Email: savranbasi@yahoo.com

Institution / Organization: Professor in Department of
Kinesiology and Training Sciences, Celal Bayar
University, Manisa

Country: Turkey

**Editorial Board-International Journal of Wrestling
Science**

Current area of interest: Training Models, Wrestling
Promotion

Completed wrestling research: R. Savranbasi and S.
O. Karamizrak. (Blood lactate kinetics and technical
efficiency of a grand wrestling champion (Hamza
Yerlikaya) during competition.). *Spor hekimligi
dergisi/Turkish journal of sports medicine (Izmir)* 37
(3):97-101, 2002.

R. Savranbasi, O. Karamizrak, and F. Turgay. Blood lactate kinetics in Turkish national Greco-Roman and free-style wrestlers in training camp and competition conditions. FILA Coaches Clinic 1998.



**DON SAYENGA
RIP**

COMPLETED RESEARCH: history of collegiate style wrestling in the USA I became interested in wrestling history in 1960 when I joined with a group of other men in developing a database for presentation to the Florida High School Activities Assn. in an effort (successful) to have NCAA-style wrestling listed as an endorsed sport in Florida high schools. I submitted the results of my initial research to Amateur Wrestling News (Oklahoma City OK). They agreed to publish my short essays about wrestling history. This brought me into contact with Roger Coulon, President of FILA, who encouraged me to expand my area of interest into the history of Olympic wrestling. As a result I became interested in ethnocultural wrestling all over the world - as a hobby. This research always was done in my spare time. I have been relatively inactive since 1995 due the time demanded by my primary business management & engineering consultation employment.

DONALD SCHNEIDER

Associate Professor or Dr

Email: d.schneider@griffith.edu.au

Semi-retired

Mailing Address

104 Sheridan Lane, Martinez, CA

Country

USA

Current Areas of Interest:

Physiological response to high intensity exercise above the anaerobic threshold

Completed Wrestling Research:

I am a Dr (PhD) of Exercise Physiology. I have not conducted research in the physiological responses or the physical or physiological adaptations to wrestling training. However, I was a college wrestler in the USA and I continue to follow wrestling and could possibly be interested in wrestling research in the future.

Corey SCHULD

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SCIRANKA, Jakub

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I am second year PhD. Student at Comenius University in Bratislava, Slovakia. Field of my study is sport humanities with specialization in wrestling. I have graduated at Comenius University in 2016 in field: Teacher of Physical Education and Coach of Wrestling. Beside school I am a coach in young wrestling club which is registered since 2016. The club is called „Wrestling Club Slovakia“ located in capital of Slovakia in Bratislava (you can check our Facebook page <https://www.facebook.com/wrestlingclubsslovakia/>, or official website <https://wrestlingclub.sk/>).

As a wrestler I was member of national team from cadet to senior categories in Freestyle wrestling. I participated at Cadet European Championships in 2010 (10th place), Junior European and World Championships in 2013 and U23 European Championships in 2015. I also competed at various international competitions in FILA (UWW) calendar. In 2014 I won bronze medal at GP of Germany, and 5th at Ziolkowski Memorial in same year. With many national titles from kids categories to juniors.

Most of my published articles are in Slovak language. Either about physical education or about wrestling. Wrestling publication were mostly analysis of top-level wrestling competitions. Currently I work on time-motion analysis of 2018 World Championships in Freestyle wrestling, with hope to publish it in journal in Scopus or WebOfScience database. My researchgate profile: https://www.researchgate.net/profile/Jakub_Sciranka?ev=hdr_xprf&sg=9-RjAkqR3KntPOOp429DOrZlJFTkEK5v_OWBZ_wJ-6O9ug7BCZ5BjrMpqbjJIL6v9ZcG0Lgqkj2c5lFfkub2MSiy



My goal is to raise an interest of wrestling science in Slovakia. In my free-time I manage Facebook page about Slovak Wrestling, which has more than 2000 likes (more than official site of Slovak Wrestling Federation).

JAMES R. SCOTT

Associate Professor of Movement Science

Email and Contact Information: scottj@gvsu.edu

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Allendale, Michigan 49401

616-331-3228 Grand Valley State University

Country: USA

Current area of interest: Efficacy of Weight Monitoring Programs Utilizing the ACSM Guidelines

Weight Monitoring Program for Michigan High School Athletic Program

Weight Monitoring Program for the National Collegiate Athletic Association

Consultation with the National Wrestling Coaches Association on Weight Monitoring Program Implementation and Coaching Education Initiative.

Completed wrestling research:

Articles in Medicine and Science in Sport and Exercise, International Journal of Sport Nutrition, and NCAA News:

*the impact of rapid weight loss, and rapid weight re-gain and its relationship to effective performance. *the effectiveness of weight monitoring programs in high school and collegiate wrestling programs.



KULDEEP SINGH SEHRAWAT

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NAJAFGARH NEW DELHI- 110043

PROFESSION: Wrestling Coach

WORK EXPERIANCE:-As coach active from 2005

EDUCATION :- (a) Graduation (economics) From Delhi University.

(b) Physical Training Instructor

(c) One Year Diploma in Wrestling (from NS NIS PATIALA)

ACHIEVMENT AS PLAYER

(a) Commonwealth Bronze in 2005

(b) Gold & Bronze in International tournaments

(c) National Champion Six times

(d) participates in Sydney Olympic qualifying tournaments, Dave Schultz 2005 , Takhti Grand prix 1998&2002

IRAN, Asian championship 2000.

ACHIEVMENT AS COACH

(a) coach of senior team GR (IND) since march 2011 till continue.

(b) participate as coach in all London Olympic qualifying tournaments

(c) participate as coach in 2012 Dave Schultz memorial wrestling tournament at Colorado Springs and team won a Gold & a Silver.

(d) Head coach of Jr team GR (IND) 2009 & 2010 (jr Asia team won 1 Gold & 4 Bronze)



BABAK SHADGAN MD, MSc. Sports Med.,PhDc.

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President of UWW Medical Commission

Mailing Address: 2781 Melfa Road, Vancouver, BC, V6T 1N3

Country: Iranian / Canadian

Current Areas of Interest: Sports Medicine, Wrestling injuries

Shadgan B, Feldman BJ, Jafari S. Wrestling Injuries During the 2008 Beijing Olympic Games. *Am J Sports Med.* 2010 Sep;38(9):1870-6

PROFESSOR DR. YURI SHAKHMURADOV

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Yury Shakhmuradov, World Champion, USSR Merited Master of Sports, senior coach of the USSR freestyle wrestling team. Professor, Doctor of Pedagogic Science, Makhachkala, Dagestan.

Shakhmuradov is an author of 50 scientific works, including Basics of a Long-Term Work, Techniques of World s Prominent Sportsmen, published in 10.000 copies in Italy. The educational and methodical film entitled "Learn to Wrestle" has recently been released.



Dr. AHMAD SHAMSEDIN

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PhD in Physical Education and Sports Science / Wrestling

Professor at Muthanna University College of Physical Education

Secretary of the Iraqi Central Wrestling Federation

Chairman of the Iraqi Wrestling Federation Training Committee

Coach of the Iraqi national team for wrestling 2003 - 2014

Lecturer in the Arab Wrestling Federation

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SHARIFOV HIJIRAN IBRAHIM

Doctor of Philosophy (Ph. D) in Pedagogy

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Institution/Organization: Azerbaijan State Oil and Industry University, Police Academy (2001-2005)

Country: Azerbaijan

Current Areas of Interest: Wrestling, Exercise Physiology

He was awarded by FILA Golden Whistle Award Winner in 2012.

ALEXEY SHEVTSOV

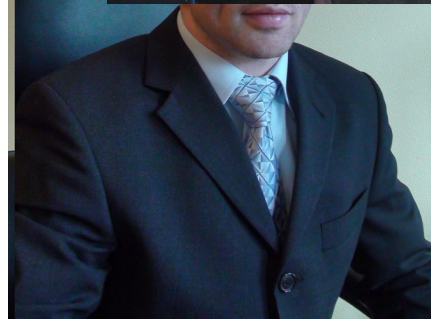
Title: Candidate of Pedagogical Sciences, docent

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Institution/Organization: Russian State University of Physical Culture, Sport and Tourism (GTSOLIFK), Theory and techniques of martial arts.

Mailing Address: 105077 Moscow, Sireneviy bulvar 4

Country: Russia



Current Areas of Interest: testing of elite wrestlers, wrestling pedagogy

Published materials in Russia:

№ п/п	Наименование работы, ее вид	Форма работы	Выходные данные	Соавторы
1.	Совершенствование подготовки тренерских кадров на основе формирования профессиональных знаний технологий сгонки веса борца.	Печатная	Совершенствование подготовки кадров в области физической культуры и спорта в условиях модернизации профессионального образования в России: материалы научно-практ конф. (14-15 апр. 2005г.) – М.: Флинта, 2005. – С. 21-24.	Игуменов В.М., Дементьев В.Л.
2.	Разработка содержания образования студентов физкультурных вузов в области технологий сгонки веса.	Печатная	Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры: материалы научно-практ конф. (16-17 дек. 2005г.) – М.: СпортУниверПресс, 2005. - Ч.1.- С.3-10.	Дементьев В.Л., Игуменов В.М.
3.	Регулирование веса тела юными борцами.	Печатная	Детский тренер. – 2007. - №1 – С. 100-112.	Дементьев В.Л.
4.	Необходимость коррекции подготовки тренеров в греко-римской борьбе, исходя из экспериментальных правил соревнований.	Печатная	Совершенствование системы подготовки кадров на кафедрах борьбы в государственных образовательных учреждениях физической культуры: материалы Всерос. науч.-практ. конференции. (20-21мая 2008г.) - М.: РГУФКСИТ, 2008. - С. 69-71.	Колесов А.А., Алойка Р.М.
5.	Швунговая борьба.	Печатная	Совершенствование системы подготовки кадров на кафедрах борьбы в государственных образовательных учреждениях физической культуры: материалы Всерос. науч.-практ. конференции. (20-21мая 2008г.) - М.: РГУФКСИТ, 2008. - С. -71.	Киселев Б.И.
6.	Итоги чемпионата мира по греко-римской борьбе 2009 года.	Печатная	Совершенствование системы подготовки кадров на кафедрах борьбы в государственных образовательных учреждениях физической культуры: материалы Всерос. науч.-практ. конференции. (17-18 декабря 2009г.) - М.: РГУФКСИТ, 2009. - С. 63-69.	нет
7.	Коррекция учебно-тренировочного процесса в греко-римской борьбе, исходя из изменений правил соревнований.	Печатная	Материалы научно-практической конференции, посвященной памяти профессора Е.М. Чумакова (05 июня 2009г.) – М.: РГУФКСИТ, 2009. – С. 169-172.	нет
8.	Базовые профессиональные знания и умения в сфере регулирования веса борца.	Печатная	Теория и практика физической культуры.– 2010. - №2 – С. 70-73.	Дементьев В.Л.
9.	Анализ выступления на чемпионате мира среди студентов по греко-римской борьбе 2010	Печатная	Совершенствование системы подготовки кадров на кафедрах борьбы в государственных образовательных	Перевицкий И.С.

	года.		учреждениях физической культуры: материалы Всерос. науч.-прак. конференции. (16 декабря 2010г.) - М.: РГУФКСИТ, 2010. - С. 66-73.	
10.	Современные проблемы судейства в спортивной борьбе.	Печатная	Материалы научно-практической конференции, «Феномен педагогики Е.М.Чумакова» (10 февраля 2011г.) - М.: РГУФКСИТ, 2011. - С. 141-151.	Перевицкий И.С.
11.	Регулирование веса тела борца: Допущено Федеральным агентством по физ. культуре и спорту в качестве учеб. пособия для ст-в вузов, обучающихся по направлению 032100 – «Физическая культура» и специальности 032101 – «Физическая культура и спорт», а также слушателей подразделений дополнительного профессионального образования.	Печатная	М: Физкультура и спорт, 2007. - 144 с.	Дементьев В.Л., Игуменов В.М.
12.	Методические рекомендации по проведению методических и семинарских занятий со студентами кафедры теории и методики спортивных единоборств	Печатная	М.:РГУФКСИТ, - 2009. - 37 с.	Игуменов В.М., Свищев И.Д., Дмитрева О.В.
13	Методические рекомендации для выполнения выпускных и квалификационных работ студентами кафедры теории и методики спортивных единоборств РГУФКСИТ.	Печатная	М.: РГУФКСИТ, - 2009. - 46 с.	Игуменов В.М., Свищев И.Д., Дмитриева О.В.

SESHITO SHIMIZU

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Institution/Organization: Nippon Sports Science University

Mailing Address: 158-8508 7-1-1Fukasawa Setagayaku Tokyo Japan

Country: Japan

Current Areas of Interest: Sports Management, Sports Biomechanics



Completed Wrestling Research:



1. A Comparison of Employment Situations of University Athletic Clubs Based on Differences in Instruction and Management: A Case Study of Wrestlers
2. A study about career support of for university top athlete: in the case of wrestlers
3. The relationship between career development and life skills acquisition in top student athletes
4. The relationship between life skills acquisition and athletic performance in university male wrestlers
5. Characteristics of Time and Movement on Takedown Female World Champion Wrestlers
6. Influence of summer training camp on life skills acquisition of university wrestlers

VICTOR SHIYAN, PhD

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Affiliation: Professor at Russian State University of Physical Education, Sport, Youth and Tourism (Moscow)
Director of the Sport Research Institute



CHRISTOS SIDIROPOULOS

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Institution: HIGH SCHOOL ACHARNON ATHENS

Areas of Interest: TRAINING

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Pedro SILVA

UWW Bureau Member

National Technical Director, Portugal

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Acrobat and Combat Sports at the United State Olympic Training Center
in Colorado Springs, Colorado.**

He brings 18 years of experience working as a dietitian and exercise physiologist with athletes at all levels. Rob Skinner comes to the USOC most recently from a stint in the NFL at the Washington Redskins where his primary responsibilities were advising players about eating for performance, investigating new performance technologies, educating players on issues regarding dietary supplements and working with the Redskins' Executive Chef to provide healthy meal options. Prior to joining the Redskins, Skinner spent three years in Virginia Beach, where he worked as the performance dietitian/exercise physiologist for Naval Special Warfare, working with U.S. Navy SEALs. Prior to working at Naval Special Warfare, Skinner was the Director of Sports Nutrition for the athletic department at the University of Virginia for three seasons and spent 10 years

working with student-athletes in a similar capacity at Georgia Tech. He also served as a nutrition consultant for the NFL Atlanta Falcons in the spring of 2007.

Skinner is a registered dietitian with the Academy of Nutrition and Dietetics (AND), as well as a member of The Sports and Cardiovascular Nutritionists (SCAN), and a board member for the Collegiate and Professional Sports Dietitians Association (CPSDA). Skinner also holds certifications with the AND as a Certified Specialist in Sports Dietetics (CSSD), the National Strength and Conditioning Association (NSCA) as a Certified Strength and Conditioning Specialist (CSCS) and the American College of Sports Medicine as a Health and Fitness Specialist (HFS).

Skinner has authored/co-authored several publications, including the chapters on "Ergogenic Aids" and "Working with the Collegiate Athlete" in AND publications, including Sports Nutrition: A Guide for the Professional Working with Active People, 3rd edition (2000) and Working with the Collegiate Athlete and Weight and Body-Focused Sports, 4th edition (2005).

Skinner graduated with a bachelor's degree in education from the University of Georgia as well as a bachelor's degree in nutrition from Georgia State University. He also has a master's degree in exercise science from the Georgia State University.

KRISTIJAN Slačanac

Email: kristijan.slacanac@gmail.com

Institution/Affiliation: Professor PhD on faculty of Kinesiology in Zagreb, Croatia

Club: Hrvvački klub "Hrvatski dragovoljac" - Brezovica



Areas of Interest: Cadet Wrestlers, training and conditioning





VALERIJS SOLNCEVS

Riga, Latvia

valerasolncev58@gmail.com

Scientific Representative

+37129683768

Education:

Latvian State University; Juristic Faculty (master degree)

1974-1978 Institute of Physical Culture, Pedagogy Faculty (master degree)

Work experience:

2000- Coach in P. Budovska wrestling club, K.

Kundziņa wrestling sport school, Children and Youth sport school.

1994-2000 Ministry of Interior affairs, head of the special physical preparation.

1992-1994 Secretary – General of Latvian Wrestling federation

1983-1992 Senior coach and lecturer in 6th Children and Youth sport school.

1980-1983 Head of the board of the Riga city committee of Physical culture and sports.

1975-1980 Coach and lecturer in 6th Children and Youth sports school.

2012- Head of the Panel of referees of Latvian Wrestling federation

Language skills: Russian – mother tongue, Latvian, English - fluently, Latin



AYDOGAN SOYGUDEN

Country: Turkey

Title: Lecturer, PhD

Current areas of interest: Wrestler personel traits, wrestling camp management Wrestling Championships Organization

E-mail: aydogan38@hotmail.com

Mailing address. Hitit University

Beden Egitimi ve Spor Yuksekokulu

Corum / TURKEY

Lived in the USA about 12 years and I was asst.coach for Ohio State University under Head Coach Tom Ryan. I worked with Tom Ryan about 8 years at the Hofstra University Long Island Ny. Also I studied my MBA (General Management) at the Dowling College NY End of 2010 I moved to Turkey for good, and I became lecturer and head coach Physical Education Department at Corum Turkey.

Degree	Section&Program	University	Year
Under Graduate	School of Physical Education and Sports	Erciyes University Kayseri-TURKEY	1998
Master	Townsend Business School, MBA	Dowling College Long Island-New York U.S.A	2005
Doktorate/Specialization in Sports Management	Institute of Health Sciences & Physical Education and Sports	Ondokuz Mayıs University Samsun-TURKEY	2011-

The Presentation of an International Scientific Meetings and Published in the Proceedings :

- Soyguden. A, Gul M. The Investigation of Personnel Characteristics of Wrestlers to International Level: Instance of “Yasar Dogu”. 2nd International Symposium on Traditional and Olympic Wrestling. September 14-15, 2012 Kahramanmaras-Turkey (Oral Presentation).

Dr. MW SPANAKOS

Email: DrMWSpanakos@verizon.net

Institution/Organization:

Beat-the-Streets.org. After school wrestling program.

Adjunct kinesiology various universities.

Mailing Address POB 220184 Great Neck, New York 11022

Country: USA

Current Areas of Interest: Rapid weight loss, Strength and conditioning, Diet and nutrition, Periodization for strength and conditioning, Periodization for weight loss

Specializing in chiropractic orthopedics, sports medicine, and athletic rehabilitation, utilizing musculoskeletal diagnostic ultrasonography, electrical diagnostics, and manipulation under anesthesia.

Positions held include:

Director Individual Sports, Team USA Elliniada Games, Thessaloniki Greece.

Beat the Street after school wrestling program founding member. Awarded the Beat the Streets Man of the Year for 2005.

New York State Director, National Strength and Conditioning Association. Sports Science & Sports Medicine Director, Metropolitan Athletic Congress NYC, NY.

New York Department of Sanitation Football team Doctor/trainer.

New York State Chiropractic Association Clinical Practice Committee Chairman for Sports Injury and Physical Fitness.

Strength and Conditioning Coach NCAA Division II

Athletic Training NCAA II

Certifications held include:

American College of Sports Medicine: Team Physician

American Orthopedic Society Sports Medicine: Advance Team Physician

Federation International Medicine in Sports: Team Physician

Hypnotherapy New York Society of Clinical Hypnosis: Hypnotherapist

National Strength & Conditioning Association: Certified Strength & Conditioning Specialist

U.S. Amateur Boxing Elite Coaches Regional level certificate

U.S.A. Track & Field: Level One Coach certificate

U.S.A. Weightlifting: Club Coach certificate

U.S.A. Wrestling Bronze Level Coach certificate

U.S.A. Wrestling Silver Level Coach certificate pending



VALDEMAR ŠTAJER
PhD

Address	10/15, Vojvode Šupljikca Street, 21000, Novi Sad, Serbia		
Telephone (Mobile)	+381637888123		
E-mail	stajervaldemar@yahoo.com		
Date of birth	13.01.1986.		
Country	Serbia		
Education	-PhD Faculty of Sport and Physical Education, University of Novi Sad, Serbia, 2012. -Master degree in Sport and Physical Education-curriculum sport programme M.Sc. in 2012. -Graduate teacher of physical education in 2010. -Graduated wrestling coach in 2010. -Medical technician in 2005.		

Name and type of organisation providing education	- Faculty of Sport and Physical Education, University of Novi Sad, Serbia -High School for medical physiotherapy/technician-Zrenjanin, Serbia
Work experience	
	-Assistant associate at Faculty of Sport and Physical Education - University of Novi Sad, Serbia <ul style="list-style-type: none"> • Department of gymnastics • Department of martial arts/wrestling • Scientific Research Center -Coach in the wrestling club "Novi Sad", Novi Sad of younger age categories (pioneers, cadets and juniors) Personal trainer working with athletes (handball, volleyball players, MMA fighters) and recreationists
Current Areas of Interest in wrestling:	Wrestling diagnostics, conditioning and training methodology for the younger age groups

1. Valdemar Štajer (2011). Specifične i situacione vježbe za razvoj koordinacije u rvanju, U: D. Milanović i I. Jukić (ur.), Kondiciska priprema sportaša, Zbornik radova međunarodno-stručnog skupa, Zagreb, 25 i 26. veljače 2011., str. 379-381 Zagreb: Kineziološki fakultet Sveučilište u Zagrebu; Zagrebački sportski savez.
2. Dragan Marinković, Valdemar Štajer, Tatjana Jezdimirović, Adrijana Bjelan, Slavko Obadov (2012). Specifični rvački testovi, U: I. Jukić (ur.), Kondiciska priprema sportaša, Zbornik radova međunarodno-stručnog skupa, Zagreb, 17 i 18. veljače 2012., str. 326-329 Zagreb: Kineziološki fakultet Sveučilište u Zagrebu; Zagrebački sportski savez.
3. Aleksandar Jovančević, Radiša Tripunović, Valdemar Štajer, Sandra Vujkov, Tatjana Trivić, Patrik Drid (2012). Efekti specifičnog treninga sa rvačkom lutkom na motoričke i funkcionalne sposobnosti rvača, U: I. Jukić (ur.), Kondiciska priprema sportaša, Zbornik radova međunarodno-stručnog skupa, Zagreb, 17 i 18. veljače 2012., str. 511-515 Zagreb: Kineziološki fakultet Sveučilište u Zagrebu; Zagrebački sportski savez.
4. Valdemar Štajer, Dragan Marinković, Danilo Radanović, Milorad Dokmanac (2013). Korelacija funkcionalnih sposobnosti i specifičnog hrvačkog testa kod mladih hrvača, U: I. Jukić (ur.), Kondiciska priprema sportaša, Zbornik radova međunarodno-stručnog skupa, Zagreb, 22 i 23. veljače 2013., str. 213-216 Zagreb: Kineziološki fakultet Sveučilište u Zagrebu; Zagrebački sportski savez.
5. Valdemar Štajer & Dragan Marinković (2013). Differences in Indicators of Conditional Preparation of Grappling and Greco-Roman Style Wrestlers; 3rd International Scientific Conference Exercise and Quality of Life, Novi Sad, April 12-13, 2013., page 205-208; Editor Dejan Madić. - Novi Sad: Faculty of Sport and Physical Education, 2013 (Novi Sad : Alfa graf).

AMANDA STANEC

amanda.stanec@gmail.com

Dr. Amanda Stanec attained her PhD from the University of Virginia. Further achievements include the publication of more than twenty articles as well as co-authoring several book chapters related to physical education, sport, and health. Dr. Stanec has served on the Board of Directors for Physical and Health Education (PHE) Canada, has presented at the National Wrestling Coaches Association Annual Convention, co-presented research at the Super 8 event in Lausanne, Switzerland, served on a panel to discuss females and wrestling at the 2015 NCAA D1 Wrestling Championships, and is a 2015 recipient of the Dan Gable's America Needs Wrestling award for her work on the promotion of the sport due to its inclusive nature and potential to support upward mobility. Dr. Stanec is the founder and owner of Move Live Learn which strives offset social injustices in education, sport, and health. Attended St Francis Xavier University. Lives in St Louis, MO, United States





SLAVI TODOROV STANEV

Email and Contact Information: STANEV0021@gmail.com

Institution / Organization: Associated Professor, PhD and Wrestling coach in NSA Sofia Temenuga, Veliko Tarnovo

Country: Bulgaria

Current area of interest: technique analysis

Sport career: National junior champion and medalist of Men National championships of free-style wrestling. Medalist of tournament "Siero Pelado"- Cuban, medalist of tournament in Rumania and others countrys. At the age 21 an elbow fracture has stopped his carrier.

Scientific career: 1979 – becomes an Assistant of free-style wrestling in Wrestling and Judo Department at NSA, Sofia.

1984 – 1988 - Head of the Scientific research application laboratory of the National wrestling team – free style, greco-roman and judo.

1986 - Defense of his PhD study on the Upgrading in methodology of preparation of junior wrestlers and working out Biomechanical and mathematical models of the management of the preparation of wrestlers. Mr. Stanev received the PhD degree in pedagogical sciences. Later he became an Associate Professor at the NSA, Sofia.

Publications: 60 articles on the theory and practice of the wrestling in Bulgaria, Germany, Romania and others. He published 6 books in free style wrestling and a manual for scientific support of the preparation of the national youth, adolescent and men teams in the free style wrestling and judo.

Languages: Fluent in English, Spanish, German and Russian.



Prof. Dr. hab., Dr. h. c. WLODZIMIERZ STAROSTA – President of IASK. Born in Poznan (Poland)

Winner of 2018 Rayko Petrov Award

Education: University School of Physical Education in Poznan (Poland) 1951-1952; Institute of Physical Culture in Leningrad (Soviet Union) 1952-1956; Aspirant Studies in Institute of Physical Culture in Leningrad (Soviet Union) 1958-1962; Institute of Physical Culture in Leningrad (Soviet Union) Ph. D. -1963; University School of Physical Education in Warsaw (Poland) habilitation (second doctor degree) - 1977; **Academic career:** assistant 1956-1963; adjunct 1963-1975; associate professor 1975-1990, dean of faculty; full professor 1990-2011 in: Research Institute of Sport in Warsaw 1979-2002; University School of Physical Education in Poznan (Gorzow) 1989-2009, head of 6 Departments; University School of Physical Education and Tourism in Bialystok 2004-2011.

Visiting Professor: ■ University School of Physical Education in Moscow (Soviet Union, 1958); ■ University in Dortmund (Germany, 1991), ■ University in Saarbrücken (Germany, 1996, 1999), ■ University in Greifswald (Germany, 1993, 2001, 2002); ■ University in Zagreb (Croatia, 2000, 2004); ■ University in Ljubljana (Slovenia, 1998); ■ University in Izmir (Turkey, 1996); ■ University in Prešov (Slovakia, 1993-2003), ■ University in Magdeburg (Germany, 2003); ■ University in Tartu (Estonia, 2000-2001), ■ University in Bologna (Italy, 2000); ■ University in Belgrade (Serbia



and Monte Negro, 2002); ■ University in Urbino (Italy, 2004); ■ University in Alberta (Canada, 2005), ■ Italian Olympic Committee – Scuola dello Sport, Roma (1986-1989).

Membership of professional bodies: International Society of Sport Genetic and Somatology (general secretary) 1983-1990; International Association of Sport Kinetics-IASK (president) 1990-2011; European College of Sport Science (member), ICSSPE (member from 1996), member of Executive Board (2004-2008) and Regional Coordinator for Easter Europe (2005-2008); International Ringo Federation (president 2004-2012).

Doctor honoris causa of Open International University for Complementary Medicines in Colombo (1996); **honorary member of:** International Academy of Integrative Anthropology (Russia), Academy of Science of Technological Cybernetics (Ukraine), International Academy of Gerontology (Russia), Politechnical Academy (Belarus). Meritorious professor in Faculty of Kinesiology University of Zagreb (2009). Honor member of Society of Idokan Poland (2007).

Editorial Committee - board member: ■ Journal of "Human Kinetics" (Poland); ■ "Biology of Sport" (Poland); ■ "Anthropometrics" (Poland); ■ „Acta Kinesiologiae Universitatis Tartuensis" (Estonia); ■ "Kinesiology" (Croatia); ■ „Kinesiologia Slovenica" (Slovenia); ■ „Studies in Physical Culture and Tourism" (Poland); ■ "Sport Medicine" (Poland); ■ "Acta Facultatis Educationis Physicae Universitatis Comenianae" (Slovakia); ■ "Sport and Tourism" (Poland); ■ "Ido movement for Culture" (Poland); ■ "Acta Kinesiologica" (Croatia); ■ "Ovidius University Annals" (Romania); ■ "Podlaska Physical Culture" (Poland); ■ "Physical Culture" (Serbia); ■ "Physical Culture" (Serbia); ■ "International of Sport Science and Fitness" (India); ■ "Journal of Combat Sports and Martial Arts" (Poland) .

Publications: in total more than **600** different research publications in **27 countries** of the world including **46 monographs - published in 5 languages.**

Personal achievements in sport: was sportsman in **20 sport disciplines**, in 12 sport arts was classified. The greatest achievements in **ice figure skating** (USSR Students Championship - 3 place in pair skating), **wrestling** (vice-champion of Leningrad) and **ringo** (**19 medals** on International Polish, European and World Championships). **First-class coach** in ice figure skating – **practicing 20 years**, also as coach of national team of Finland, Poland and Sweden. His pupils successfully took part in Finland, Poland, Sweden, European and World Championships. In ringo his pupils won **38 medals on International Polish Championship, European and World Championships.**



Vladimir STATSKYKH
Email: vshatskykh@gmail.com
Ukraine
World Greco Roman Champion
PhD

TERRY STEINER

tsteiner@usawrestling.org

Steiner was named USA Wrestling's full-time National Women's Coach in April 2002, the first in USA Wrestling history. He won a gold medal at the 1996 Pan American Championships.

He was a 1993 NCAA Div. I champion for Univ. of Iowa, coached by the legendary Dan Gable.

UWW Instructor

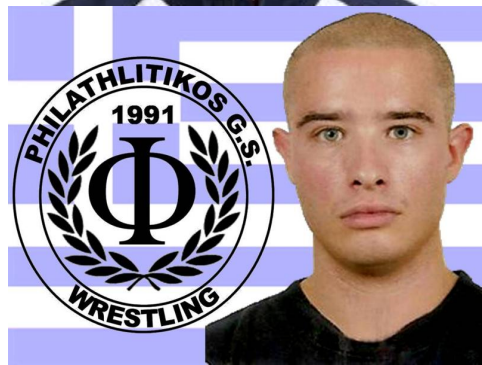
Vasilios STOUKAS, MD-std

Title: Medical Student & Athlete (freestyle wrestling)

e-mail: stoukasb@yahoo.com

Institution: Medical School, University of Patras

Mailing Address: Telamonos 25, Anthoupoli, Peristeri, Athens P.C. 121 35



Country: Greece

Languages: Greek (mother tongue), English (proficient), French (proficient)

Current Areas of Interest: Emergency Medicine, Sports Medicine, Clinical & Forensic Toxicology (anti-doping control)

Wrestling Research: Wrestling Injuries and Fatalities

Memberships & Affiliations: Member of the World Medical Association (WMA), Member of the Harvard Club of Greece, Student Affiliate of the American Academy of Forensic Sciences (AAFS), Student Member of The International Association of Forensic Toxicologists (TIAFT), Member of the Hellenic Society for the Study of Aggression, Affiliation with the Department of Emergency Medicine (ER) of the Metropolitan Hospital

Publications:

I) "Sudden Deaths from Eosinophilic Coronary Monoarteritis: A Subset of Spontaneous Coronary Artery Dissection", V. Stoukas & L. J. Dragovic. The American Journal of Forensic Medicine and Pathology, 30(3): 268-269 (2009)

II) "Hypertrophic Cardiomyopathy: The Silent Killer", V. Stoukas, M. Latanioti & A. Tsiola, Intermedica: The Official IFMSA-Hellas Magazine, 2:18-19 (2007)

STEFAN STRUGAROV MD

Email: strugi@mail.bg

Team Doctor for Bulgaria

UWW Medical Commission



FILIP STUER

Royal Belgian Wrestling Federation

Secretary-General

kbwb.lrbf@skynet.be

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NAVEEN SINGH SUHAG

Email: nav.online@gmail.com

Institution/Organization: M.D. University, Rohtak, India

Mailing Address

H.no. 300/22 Durga colony, Rohtak, Haryana

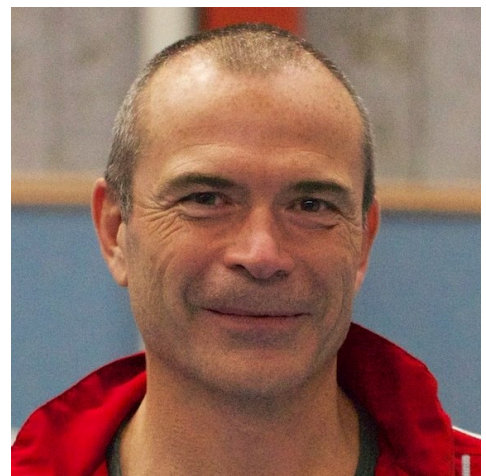
Country: India

Current Areas of Interest: Olympic Freestyle wrestling

Completed Wrestling Research: At the moment pursuing Doctorate degree research on the following topic " Trends of Wrestling in Russia and India: A comparative study" in one of the best "A" rated University in India.

Myself international level freestyle wrestler who have trained 2 years in Russia with Russian national team.

SVENSSON, Leif Thomas



Birth date: 1963-07-31

Address: Bortre Maden, pl. 1210
se-448 91 FLODA, Sweden

Education:

Pre-university: 3 years of life sciences, Nolaskolan, Örnsköldsvik.

Exame 1982

University: Biology/physiology/biochemistry 4 years (1984 - 1988).

B.Sc., Stockholm University, 1988

Licentiate of philosophy, Stockholm University, 1992

Doctor of philosophy (PhD), Stockholms University, 1995.

Present positions:

- Facility Manager, WABI Coordinator, Bioinformatics Platform, Science for Life Laboratory Stockholm, KI/KTH/SU, Jan 2013-

- Head of Bioinformatics, Mutation Analysis Facility, Novum, Huddinge, Jan 2013-

Previous positions:

- Facility Manager Genome Bioinformatics, Genomics Platform, Science for Life Laboratory Stockholm, KI/KTH/SU, Jan 2010- 2012

- Group Leader (avdelingschef), Department of Biosciences and Nutrition, Karolinska institutet, June 2010- 2012

- Head of Bioinformatics Unit, Department of Biosciences and Nutrition, Karolinska institutet, May 2009-2012

- Director of Research & Product Development, Regosan AB, Aug 2007-May 2008

- Associate Director, Discovery Research, Biovitrum AB, jan. 2006-july 2007

- Director of Bioinformatics, Arexis AB, april 2001 - jan. 2006

- Associate Director, Bioinformatics Section, Astrazeneca R&D Mölndal, june 2000-april 2001

- Bioinformatics Research Scientist, Astrazeneca R&D Mölndal, jan. 1999-june 2000

- Bioinformatics group leader, FOI, NBC-defence, Umeå jan. 1998-dec. 1998

- Assistant professor, Umeå University, sept. 1996-dec. 1997

- Post doc. Shinshu University, Japan sept. 1995 -aug 1996

- Research assistent 100% SU july 1994-aug. 1995

- Position as doctoral student 100% SU july 1992-june 1994

- Founder and owner of an bioinformatics consultancy company, DynaNet AB, 1989-1992

- Teaching assistent 25% SU july 1990-june 1992

- Teaching assistent 40% SU july 1988-july 1990

- Teaching assistent 100% SU may-june 1988

- Military service, Kustjägarskolan, KA1, nov. 1982-nov. 1983

Appointments: - Faculty board, representing the students, 1988-1990.

- Board member, National research school in Medical Bioinformatics, Karolinska Institutet, 2004-2007

- Evaluation Board for defense of PhD thesis, Göteborg University, 2007.

Thomas Svensson, 630731-7831

- Evaluation Board for defense of PhD thesis, Royal Institute of Technology, 2012.

- Evaluation Board for defense of PhD thesis, Karolinska Institutet, 2013.

- Management committee member (MC) of COST Action BM1006 (www.cost.eu), 2011—

- Member of Scientific Evaluation Committee, The French National Cancer Institute (INCa) call for projects "Structuring of Next Generation Sequencing for diagnostic purposes in cancer", 2013.

Teaching: - Teaching assistant on basic level (20%) 1988-92

- Responsible for the advanced course in zoofysiology 1990

- Partly responsible -"- 1991

- Lectures on the advanced course in zoofysiology 1992

- Lectures in Biochemistry for Medical students 1996-1997

- Lectures in Bioinformatics 1998-

- Lectures in systems biology, 2002-

Guest research:

- Prof. Kalervo Hiltunen, Dept. of medical biochemistry, Oulu University, Finland. 8 weeks 1991.

- Prof. Kalervo Hiltunen, Dept. of medical biochemistry, Oulu University, Finland. 8 weeks 1993

Supervision:

Project students (5-10 weeks) > 5 students during 1991-98

Master students (20 weeks) > 5 students during 1996-2005

Licentiate thesis (de facto supervisor), Susanna Engberg, Karolinska institutet, 1998

PhD thesis

Co-supervisor, Peter Sögård, Karolinska institutet, HiS, 2004-2007

Co-supervisor, Elie Järnmark, Karolinska institutet, HiS, 2005-2007

Co-supervisor, Jingwen Wang, Karolinska institutet, 2011--

Postdoctoral students

Co-supervisor, Kristin Bauer, Marie Curie Research Training Network (EURORA), 2006-2007



MARIA SYBIL, PhD

Email: sybmarine57@gmail.com

Date and place of birth. September, 10 1957, Ivano- Frankivsk

Graduated: Ivan Franko Lviv State University (1974-1979);

Professor of the Department of Biochemistry and Hygiene (since 1982)

Areas of scientific research: biochemical monitoring of power-speed athletes

Publications:

Biochemical changes in cluster analysis indicators as a result of special tests of freestyle wrestlers of alactate and lactate types of power supply M. SYBIL, R.

PERVACHUK, F. ZAHURA, V. SHANDRYGOS', V. YAREMENKO, I. BODNAR

Journal of Physical Education and Sport @ (JPES), 18(1), Art 31, pp.235 - 238, 2018

Personalization of freestyle wrestlers' training process by influencing the anaerobic systems of energy supply MG Sybil, RV Pervachuk, VM Trach Journal of Physical Education and Sport 15 (2), 225 2015

Directed influence on anaerobic energy supply systems of qualified free style wrestlers MG Sybil, RV Pervachuk, AU Chuiev Pedagogics, psychology, medical-biological problems of physical training and 2015

Effect of dosed bicycle ergometric load on the energy exchange of skilled free style wrestlers M Sybil, P Pervachuk, Ya. Svysch 2014

Directional influence on anaerobic power supply systems of skilled freestyle wrestlers MG Sybil, RV Pervachuk, AU Chuyev Pedagogy, psychology and medical and biological problems of physical education and ... 2 2015

Changing biochemical parameters of energy exchange in free style fighters for the influence of special control tests at the preparatory stage M Sybil, P Pervachuk, I'm Svisch 2014

Effectiveness of the program aimed at influencing the individual components of the anaerobic power supply system on the basis of the criteria of special endurance qualified RV Pervachuk, MG Sybil, AU Chuyev PHYSICAL EDUCATION, SPORTS AND CULTURE OF HEALTH IN MODERN SOCIETY, 147-154 1 2015

Directional impact on anaerobic power supply systems of skilled freestyle wrestlers MG SYBIL, RV PERVACHUK, AY CHOUEV Pedagogy, psychology and medical and biological problems of physical 2015

Biochemical substantiation and monitoring aimed at the energy supply system of skilled freestyle wrestlers M Sybil, M Galan, P Pervachuk 2015

Model examples changes of the vector for improvement of anaerobic energy properties of qualified sportsmans M SYBIL, R PERVACHUK, N HERAZIM Modeling and informational technologies in physical education and sport, 68-70 2017
 Permanent correction of individual preparation of qualified free offers with consideration of the current balance between R PERVACHUK, M SYBIL, V SHANDRYGOS YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017
 Model of alactated and lactate energy saving in free style wrestlers based on cluster analysis. M. Sybil, R. Pervachuk, N. Gerasim Sport newsletter Prydniprovia, P. 121-123. 2016
 Model of energy saving free style wrestlers M Sybil, P Pervachuk 2016. Features of construction of the physical training program of free style with dominant type of energy saving. R Pervachuk, F Zagura Sports Science of Ukraine, 9-16th 2016
 Contribution of various systems of energy supply of the body in the preparation of special ability of free style wrestlers RV Pervachuk, MG Sybil Slobozhansky Scientific and Sport Bulletin, 99-102 2013
 Influence of sympatho-adrenal system on the effectiveness of athletes' muscular work MG Sybil LSU I. Franka 1996



Ali TAHERI, MD

Email: alitaheri_md@hotmail.com
Title - FILA Doctor & Doping control officer
Country – IRAN
Institution -Iran Wrestling Fed
Areas of Interest – sports medicine + antidoping
Published Research – supplements and doping;
Most common injuries in wrestling



Ray TAKAHASHI

Email: tak@uwo.ca
Institution/Organization: The University of Western Ontario (Head Wrestling Coach) Intercollegiate
Country: Canada (3 X Olympian)
 Athletics, School of Kinesiology, Thames, UWO, London, ON, N6A 3K7
Current Areas of Interest: technique analysis



Professor BORIS I. TARAKANOV, doctor of pedagogical sciences
Email: k_wrestling@lesgaft.spb.ru
chistiakov52@mail.ru

Institution/Organization:, Professor and the head of the department The Lesgaft National State University of Physical Education, Sport and Health, St.Petersburg
Country: Russia
Current Areas of Interest: Women's wrestling



JOHN TARKONG

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PALAU
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contact phone
(680) 779 9368
(680) 488 6562
Former UWW Bureau Member
Former Oceania President

CELAL TAŞKIRAN, PhD, Honored Referee of FILA

Member UWW Scientific Commission

Email: celal.taskiran@inonu.edu.tr

Institution/Organization: İnönü University, Faculty of Education

Mailing Address: İnönü Üniversitesi, Eğitim Fakültesi, Kampüs/Malatya

Country TURKEY

Current Areas of Interest: Wrestling, motor learning

Completed Wrestling Research: 1. Thesis of Master entitled "Comparison of The Physical and The Physiological Characteristics of Etibank SAS Free Style Wrestling Team and 1983 USA World Cup National Free Style Wrestling Team
2. Thesis of Ph.D. entitled "Investigate the Effect of Different Teaching Methods to Learn Wrestling



Amir TAVAKOLIAN

Email: amir4151@yahoo.com **Tel:** +98 9153064969

- **B.A & M.A in Physical education**
- **Holder of coach licence category "I" in Iran**
- **Holder of FILA coach licence**

Work experience:

- Head of physical education department of Rail way organization (Khorasan Province) since 1994
- Iran Free style National coach for 4 years
- Head coach of Rail way wrestling club in Iran League for 7 years
- Member of Technical committee of Iran wrestling Federation
- Instructor of Iran international wrestling institute
- Head coach of national university team

My records in Free style wrestling:

- World Championship , Bulgaria2001 – Silver Medal
- Asian Championship , Mongolia , 2001 – Gold Medal
- World Cup , USA 1999 - Bronze Medal
- World university championship , Turkey 1998 - Gold Medal
- Asian Games , Thailand 1998 – Gold Medal
- Asian and Ocean championship , Vietnam 1996 - Gold Medal
- Asian Championship , China , 1996 – Bronze Medal
- World Cup , Iran 1996 - Gold Medal
- Asian Championship , Philippine , 1995 – Gold Medal
- Member of Iran national team in 2000 Olympic Games
- Champion of Different international tournaments in Iran , Italy , Greece , Ukraine



Hooman (MO) Tavakolian
 Email: hooman@tavakpartners.com
 Institution/Organization: Tavak Partners
 Mailing Address
 23 candy lane rosllyn heights ny 11577
 Country: USA
 NYAC Wrestling Director
 Current Areas of Interest: NYAC Wrestling - Interest in Wrestling and International Relations, Scientific approach to better enhancing the sport,



EDUARDO PEREZ TELLEZ

lucha@inder.cu

- Profesor de Cultura Física...1972
- Lic. en Cultura Física.....1977
- 14 Cursos de Post grado de diferentes especialidades.
- Diplomado en Ciencias.....1999
- Master en Metodología del Entrenamiento Deportivo.....2000

Tránsito por Centros de Trabajo:

- ✓ **Profesor de Educación Física. 1972-1975.**
- ✓ **Entrenador de Lucha en la Escuela Especial de niños.**
- ✓ **Entrenador de la EIDE de la Prov. C. De la Habana.**
- ✓ **Profesor de Luchas en el Instituto Superior de Cultura Física de Cuba.**
- ✓ **Jefe de Dpto. de Deportes de combates de la Universidad Nacional de Deporte.**

- ✓ **Entrenador del Equipo Nacional de Lucha Libre de Cuba. (75-93)**
- ✓ **Asesor Nacional para los Deportes de Combate de Cuba.**
- ✓ **Jefe del Dpto. Técnico- Metodológico Nacional de Alto Rendimiento.**
- ✓ **Presidente de la Federación Nacional de Luchas de Cuba (Actual)**

Experiencia profesional:

- Atleta de lucha (1968-1972)
- Arbitro Nacional de Luchas.
- En el Instituto Superior de Cultura Física:
 - * Jefe de Cátedra de Lucha
 - * Jefe de Dpto. de Deportes de Combate.
 - * Tutor de más de 60 Trabajos de Diplomas para optar por el título de Licenciado en Cultura Física.
- Miembro de la Comisión Técnica Nacional de Lucha desde 1976-2000.
- Miembro del Consejo Nacional de Capacitación Deportiva. (78-89)
- Jefe Técnico de la Delegación cubana en:
 - ✓ Juegos de la Buena Voluntad (E. Unidos 1998)
 - ✓ Juegos Centroamericanos (Colombia 2006)
 - ✓ Juegos del ALBA (Venezuela 2007)
 - ✓ Juegos Panamericanos (Brasil 2007)
- Coordinador General de:
 - ✓ XVIII y XIX Torneos Panamericanos de Lucha (GUA./ 2003-2004)
 - ✓ Mundial Juvenil (Guatemala/2006).
- Ponente en los Seminarios Técnicos Internacionales del CPLA.
 - ✓ Guatemala 2003
 - ✓ Panamá 2006
- Instructor de Cursos Nacionales, Internacionales y de Solidaridad Olímpica en varios países.

- Jefe del grupo asesor deportivo en Belice (2001- 2003)
- Asesor Metodológico y entrenador del Equipo Nacional de Lucha en Nicaragua (88-90)
- Asesor de la Federación de Lucha de Chile.(1993-2000)
- Presidente del Comité Académico de la Especialidad de Post Grado de Luchas.

Otras actividades:

- Ha participado en más de 30 Eventos Científicos nacionales e internacionales.
- Ponente de la 1ra Conferencia Internacional de Alto Rendimiento en Cuba y en los dos Simposio de Dptes. De Combate en Holguín.
- Posee 9 publicaciones.
- Miembro del Colectivo de autores del libro de texto de Lucha para la UCCFD.
- Durante 6 años asesor de redacción y revisión de la Revista Juventud Técnica de Cuba.
- Jefe de la coordinación y revisión de los Programas Nacionales de Preparación del Deportistas de todos los deportes del país.
- Asesor de las Comisiones Técnicas Nacionales de todos los Deportes en Cuba.
- Ha recibido 10 condecoraciones (Ministeriales y Estatales) entre ellas, Mártires de Barbados, Internacionalista, la Estrella de Oro de la Fila (2010)



DAO CHANH THUC

Vietnam

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Professor, Department of Physical Education and Sport Science of An Giang University.

Education: Ho Chi Minh of Sport University, Ph.D. Doctor of Philosophy

Selected Publications: Dao Chanh Thuc, Vang Cong Danh, (2018). Biochemical changes in analysis indicators are the result of special tests of freestyle wrestlers about alactate and lactate. *Journal of Physical Fitness, Medicine & Treatment in Sports*. ISSN: 2577-2945, 5(4).

Dao Chanh Thuc. Build Full Self-Esteem in Tennis Male Players 12-13Year Old in the Psychological Training System. *Am J Biomed Sci & Res*. 2019 - 3(1). AJBSR.MS.ID.000635. DOI: 10.34297/AJBSR.2019.03.000635

<https://biomedgrid.com/pdf/AJBSR.MS.ID.000635.pdf>

Dao Chanh Thuc, (2019). Personality Is an Intermediary of Stressful and Anxious Relationships before Women's Swimming Competition. *International Research Journal of Innovations in Engineering and Technology*. ISSN (Online): 2581-3048, 3(3). pp1-5

<https://irjiet.com/sites/default/files/03-2019/IRJIET303001.pdf>

Dao Chanh Thuc. (2019).The Functional Preparedness Of Football Players With Various Ability. *Innovative Journal of Medical and Health Science*. 9(4). DOI: <https://doi.org/10.15520/ijmhs.v9i4.2536>

<http://innovativejournal.net/index.php/ijmhs/article/view/2536>

Dao Chanh Thuc. (2019).The Influence Of Specialized Physical Education Program For Students With Health Issues. *Innovative Journal of Medical and Health Science*. 9(2). DOI: <https://doi.org/10.15520/ijmhs.v9i2.2444>.

<http://innovativejournal.net/index.php/ijmhs/article/view/2444>

Dao Chanh Thuc, (2018). The Acute Effect of Proprioceptive Neuro Dao Chanh Thuc, (2018). The Influence Of Physical Activities On Biological Age Parameters Of Males From 16 to 17 Years Old. *EPH - International Journal of Educational Research*, ISSN: 2208-2204, 2(10), pp 21-26.

muscular Facilitation in Explosive Force and Jump Resistance of Volleyball Players. *Orthopedics and Sports Medicine: Open Access Journal*, ISSN 2638-6003, DOI: [10.32474/OSMOAJ.2018.02.000132](https://doi.org/10.32474/OSMOAJ.2018.02.000132).

<https://lupinepublishers.com/orthopedics-sportsmedicine-journal/pdf/OSMOAJ.MS.ID.000132.pdf>

Dao Chanh Thuc, Le Thi Minh Dao, (2018). Dynamics Of Changes In The Functional State Of Qualified Volleyball Players During Macrocycle. *International Journal Of Scientific & Engineering Research*. ISSN 2229-5518, 9(5), pp 1755-1759.

<https://www.ijser.org/onlineResearchPaperViewer.aspx?DYNAMICS-OF-CHANGES-IN-THE-FUNCTIONAL-STATE-OF-QUALIFIED-VOLLEYBALL-PLAYERS-DURING-MACROCYCLE.pdf>

GERMAINE TILAGONE

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Institution: Sporting Club d'Orvault

Member of FILA Committee-Master Degrees and Promotions

Areas of Interest: Child Wrestling



RIP



RON TIRPAK

Position: Performance Analyst, USA Women's National Freestyle Wrestling Team.

Email: tirpakron@comcast.net

Institution/Organization:: USA Wrestling

Mailing Address: 440 Strath Haven Avenue, Swarthmore, PA. 19081-2425

Country: USA

Masters of Arts degrees in both Anthropology and Archaeology; Master of Science Degree in Pedagogy. Gold Level USA Wrestling Coach

Certifications:Category 1 FILA Female Wrestling Coach's Certification; Category I FILA International Coach. Accredited Performance Analyst (Level 4 – International) by the International Society of Performance Analyst of Sport. Certified Dartfish Technologist.

Publications:Author of National Wrestling Coaches Association

"Guidelines for Men Coaching Female Wrestlers."

Current Areas of Interest: Video Analysis and Presentation; Women's Freestyle Wrestling

ILHAN Toksöz

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Full Professor

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[email: toksozilhan22@gmail.com](mailto:toksozilhan22@gmail.com)

toksoz@trakya.edu.tr

Country: Turkiye

Current Areas of Interest: Historical sports wrestling and sports performance and Oil Wrestling or Wrestling Techniques

Completed Wrestling Research: <http://kbesyo.trakya.edu.tr/>

Historical Oil Wrestling KIRKPINAR

1-)Toksoz, I.; Aydemir Y.: (2002) The Data Including The Social And Economical Conditions Of The Wrestlers Who Participated In The 641 ST Historical Kirkpinar/Turkey Oily Wrestling Competitions in The Years 2002

2-)Toksoz I., Aydemir Y., Ayas S., Kurt C., Hasan K., CAVUS.M.I.: (2002) The Data Including The Social And Economical Conditions Of The Wrestlers Who Participated In The 641 St Historical Kirkpinar? Exercise & Society



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YUDELIS LEONARDO TORRES-ÁLVAREZ

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Institution / Organization:

Centro Nacional de Ciencias Aplicadas al Deporte del Estado Barinas (CENACADEB).

Instituto Regional de Deportes del Estado Barinas (IRDEB)

Country: Venezuela.

Mailing Address: Av. Adonay Parra Jiménez, Sector Campo Móvil Ciudad Deportiva "Gran Mariscal de Ayacucho"; Postal Code 5201.

Current Areas of Interest: Sports Training Methodology; Physiology of Exercise; Physical Training (Strength and Conditioning); Technical and Tactical Analysis (Performance Analysis).

Organization:

Anthropometrist Level One (ISAK).

Wrestling Coach Level One (UWW).

Active Member of the OICADF—UNELLEZ; Coordinator of the Sports Training Research Line.

Researcher Level 1–A (MPPEUCT).



Research Papers

- **Yudelis L Torres-Álvarez**, Bianca Miarka, José R Padilla, Jesús L Lozada, Pedro F Gamardo-Hernández. *Asymmetrical Isometric Hand Grip Strength and Body Composition of Cadet Wrestlers: A Pilot Study*. (En proceso de publicación).
- Pedro F Gamardo-Hernández, **Yudelis L Torres-Álvarez**, Richard Casanova-Machek, Yoenmis Bravo, Youcee Castillo y Nelson Rivas. *Comparación entre el salto vertical y la potencia de media duración de halterofilistas de ambos sexos de edades en formación*. Revista Electrónica Científica: Dimensión Deportiva, Universidad Deportiva del Sur-Venezuela. Depósito legal: Nro. Pp201102CO3987-ISSN: 244-8 292. (aceptado y en proceso de publicación).
- **Yudelis L. Torres A.** y Alfredo A. Pérez C. *Impacto de los avances tecnológicos aplicados al análisis de rendimiento deportivo*. Revista Electrónica Campus Virtual, Volumen 1, edición XII, año VII. Universidad Fermín Toro, Venezuela (aceptado y en proceso de publicación).
- **Yudelis L. Torres A.** *El uso de indicadores de desempeño en el análisis de rendimiento en lucha: Una revisión basada en desafíos científicos*. Revista Electrónica Científica: Dimensión Deportiva, Universidad Deportiva del Sur-Venezuela. Volumen 11; Julio, 2016. Depósito legal: Nro. Pp201102CO3987-ISSN: 244-8 292.
- **Yudelis L. Torres A.** *Relationship between alactic anaerobic power and body composition in cadetes wrestlers'*. International Journal of Wrestling Science, Volumen 3-Issue 2; Septiembre, 2013. ISSN: 2161-5667 (Print).
- Lozada Jesús, Padilla José, **Torres A. Yudelis L.** y Paredes William. *Valoración de la potencia aeróbica por medio de test progresivos e incrementales en patinadoras de carreras categoría cadetes del estado barinas*. Disponible en <http://www.uideporte.edu.ve/>. Revista Electrónica Científica: Dimensión Deportiva, Universidad Deportiva del Sur-Venezuela. Volumen 6; Noviembre, 2013. Depósito legal: Nro. Pp201102CO3987-ISSN: 244-8 292.
- Padilla A. José R. y **Torres A. Yudelis L.** *Relación entre la composición corporal y la fuerza máxima isométrica de agarre con la potencia muscular de los brazos en luchadores cadetes del estado barinas*. Disponible en <http://www.uideporte.edu.ve/>. Revista Electrónica Científica: Dimensión Deportiva, Universidad Deportiva del Sur-Venezuela. Volumen 4; Noviembre, 2012. Depósito legal: Nro. Pp201102CO3987-ISSN: 244-8292.
- **Yudelis L. Torres A.** *Actividades físico recreativas para el fomento de un estilo de vida saludable en niños y niñas de 6 a 12 años de edad de la comunidad José Antonio Páez 1, Municipio Barinas*. Disponible en

Events of Scientific Character

- **Organism:** Misión Deportiva Cubana. **Event:** III Jornadas de Investigación Científica Estatal y III Fórum de Ciencia y Técnica a Nivel de Municipio. **Topic:** *Acciones de Recreación Física para el Fomento del Estilo de Vida de niños y niñas de 6 a 12 años de la Comunidad José A. Páez 1 Barinas (Speaker)*. Barinas 15 de Mayo de 2012.
- **Institution:** Universidad de Ciencias de la Cultura Física y El Deporte *Manuel Fajardo* **Event:** Fórum Científico del Departamento de Deportes de Combate. **Topic:** *Relación entre la Composición Corporal y la Fuerza Isométrica de Agarre con la Potencia Muscular en Luchadores (Speaker)*. La Habana 16 de Marzo de 2013.
- **Institution:** Universidad Nacional Experimental de los Llanos Occidentales Ezequiel Zamora Barinas. **Event:** XVIII Jornadas Técnicas de Creación Intelectual del V.P.D.S. **Topic:** *Relación entre la Potencia Anaeróbica Aláctica y la Composición Corporal en Luchadores Cadetes (Speaker)*. Barinas del 27 al 31 de Octubre de 2014.
- **Institution:** Universidad Deportiva del Sur. **Event:** VII Congreso Internacional de Investigación Científica en Actividad Física para la Salud, Deporte, Recreación y Gerencia Deportiva. **Topic:** *El Uso de Indicadores de Desempeño en el Análisis de Rendimiento en Lucha: Una Revisión Basada en Desafíos Científicos (Speaker)*. San Carlos del 11 al 14 de Noviembre de 2014.
- **Organization:** Comité Olímpico Venezolano. Curso de Solidaridad Olímpica Panamericana para Venezuela, Curso Técnico de Lucha Nivel I. **Topic:** *Análisis y Caracterización de la Lucha en Condiciones de la Actividad Competitiva (Una revisión basada en desafíos científicos) Speaker*. Caracas del 28 al 30 de Octubre de 2015.
- **Organization:** Comité Olímpico Venezolano. Curso de Solidaridad Olímpica Panamericana para Venezuela, Curso Técnico de Lucha Nivel I. **Topic:** *Perspectivas Teóricas y Aplicadas Sobre el Modelo ABC del Análisis de Rendimiento del Luchador (Speaker)*. Caracas del 28 al 30 de Octubre de 2015.
- **Institution:** Universidad Pedagógica Experimental Libertador. III Congreso Regional de Investigación y III Congreso Anual de Investigación. **Topic:** *Características de la Composición Corporal y la Fuerza Isométrica de Agarre Manual de Luchadores Cadetes (Speaker)*. Instituto Pedagógico de Caracas, del 11 al 15 de Abril de 2016.
- **Institution:** Universidad Nacional Experimental de los Llanos Occidentales Ezequiel Zamora Barinas. **Event:** Jornadas de Investigación Educativa Unellez 2017. **Topic:** *Caracterización Técnico – Táctica de las Luchadoras de Pesos Olímpicos del Top Seis del Campeonato Adulto Las Vegas 2015 (Speaker)*. Barinas 13 de Julio de 2017.
- **Institution:** Universidad Deportiva del Sur. **Event:** VIII Congreso Internacional de Investigación Científica en Deporte, Actividad Física para la Salud y Educación Física. **Topic:** *La Reformación de la Lucha Greco-Romana: Propuesta y Recomendaciones para la Adecuación de las Reglas Basadas en los Hallazgos Obtenidos Mediante una Comparación del Rendimiento entre los Juegos Olímpicos de Río y el Campeonato Mundial Adulto 2016. (Speaker)*. San Carlos del 15 al 17 de Noviembre de 2017.

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<https://scholar.google.com.ua/citations?hl=ru&user=uMI8yEkAAAAJ>

sport, wrestling, sports training

Publications:

Psycho-physiological features of sportsmen in impact and throwing martial arts

S Iermakov, L Podrigalo, V Romanenko, Y Tropin, N Boychenko, ...

Journal of Physical Education and Sport 16 (2), 433

2016

Comparative analysis of technical and tactical preparedness Greco-Roman style wrestler at the Olympic Games-2008 and the Olympic Games-2012



YM Tropin
Fiziceskoe vospitanie studentov 4
2013
Features of competitive activity of highly qualified Greco-Roman style wrestler of different manner of conducting a duel
YN Tropin, IN Pashkov
Pedagogics, psychology, medical-biological problems of physical training and ...
2015
Анализ технико-тактической подготовленности высококвалифицированных борцов греко-римского стиля после изменений правил соревнований
ЮН Тропин, НВ Бойченко
Слобожанський науково-спортивний вісник, 117–120-117–120
2014
Analysis of technical tactical training of highly skilled fighters of Greco-Roman wrestling
YM Tropin
Physical education of students, 59-63
2013
Model characteristics of sensory-motor reactions and perceptions of specific wrestlers of different styles of confrontation Y Tropin, V Romanenko, V Ponomaryov
Slobozhanskyi herald of science and sport, 70-73
2016
ТЕХНІКА ТА ТАКТИКА У СПОРТИВНІЙ БОРОТЬБІ
НВ Бойченко, ЮМ Тропін, ПП Панов
Физическое воспитание и спорт в высших учебных заведениях // Сборник статей ...
2013
Ways to improve the technical and tactical skill of Greco-Roman style different manner of conducting a duel
SS Yermakov, YN Tropin, VA Ponomarev
Slobozanskiy naukovno-sportivnij visnik, 46-51
2015
СРАВНИТЕЛЬНЫЙ АНАЛИЗ УРОВНЯ ФИЗИЧЕСКОЙ ПОДГОТОВЛЕННОСТИ БОРЦОВ РАЗЛИЧНЫХ КВАЛИФИКАЦИЙ
ЮН Тропин
Слобожанський науково-спортивний вісник, 61-65
2012
Влияния специальных силовых качеств на технико-тактическую подготовленность в борьбе
ОИ Камаев, ЮН Тропин, БР Селезнёв
ПРОБЛЕМЫ И ПЕРСПЕКТИВЫ РАЗВИТИЯ СПОРТИВНЫХ ИГР И ЕДИНОБОРСТВ В ВЫСШИХ ...
2013
Сравнительный анализ технико-тактической подготовленности борцов греко-римского стиля на Олимпийских играх-2008 г. и Олимпийских играх-2012 г.
ЮН Тропин
Физическое воспитание студентов, 92-96
2013
Анализ специальной физической подготовленности высококвалифицированных борцов греко-римского стиля
ЮН Тропин, НВ Бойченко
Науковий часопис НПУ імені МП Драгоманова. Серія 15: Науково-педагогічні ...
2014
Специальная физическая подготовка квалифицированных борцов
СС Ермаков, ЮН Тропин, НВ Бойченко
Актуальные проблемы спортивных единоборств в вузах, 20-22
2016
Пути совершенствования технико-тактического мастерства борцов греко-римского стиля различных манер ведения поединка
СС Ермаков, ЮН Тропин, ВА Пономарев
Слобожанський науково-спортивний вісник, 46–51-46–51
2015
Analysis of techno-tactical preparedness of highly skilled wrestlers of Greco-Roman style after changes competition

Y Tropin, N Boychenko

Slobozanskij naukovо-sportivnij visnik, 117-120

2014

Взаємозв'язок рівня фізичної підготовленості з показниками змагальної діяльності у юних борців греко-римського стилю

ЮМ Тропін, ВА Пономарьов, ОІ Кліменко

Слободжанський науково-спортивний вісник, 111-115

2017

ОСОБЕННОСТИ СОРЕВНОВАТЕЛЬНОЙ ДЕЯТЕЛЬНОСТИ В СПОРТИВНОЙ БОРЬБЕ

ЮН Тропин, ОИ Камаев

ББК 75 Ф 50, 205

2014

Analysis of the performance of national teams in Greco-Roman wrestling at the European Nations Cup 2014

Y Tropin, V Ponomaryov, O Klemenko

The journal includes articles which are reflecting the materials of modern ...

2014

Роль специальной силовой подготовке в борьбе

ОИ Камаев, ЮН Тропин

ПРОБЛЕМЫ И ПЕРСПЕКТИВЫ РАЗВИТИЯ СПОРТИВНЫХ ИГР И ЕДИНОБОРСТВ В ВЫСШИХ ...

2012

Model features of sensorimotor reactions and specific perception in wrestling

Y Tropin, V Shatskikh



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Publications:

«freestyle wrestlers' training process individualization»

Areas of Interest

- training science;
- physiology;
- Scientific and methodological bases of improvement of system of training of fighters in the conditions of higher education institution

Born in the Soviet Socialist Republic (USSR) the Russian Federation was born on June 26, 1965 in the village Amga of the Amginsky area Yakut. In 1989 graduated from YaGU majoring in Physical Education

2005.-Defended dissertation: Ethnoregional conditions of physical self-improvement of teenage school students".

2015-associate professor of national sports and national games of institute of physical culture and sport of NEFU of named M. K. Ammosov

Master of Sports of the Republic of Sakha (Yakutia on national fight of "Hapsagay"

Master of sports of the USSR in free-style wrestling

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Country: Greece

Current Areas of Interest: YOUNG wrestler

Completed Wrestling Research: publications 7, Conferences 62

Vivoto TSUKRU

Email: tsukruvivo@gmail.com

Professional Affiliation: PhD Scholar, Department of Anthropology, North-Eastern Hill University, Shillong-793022, India

Areas of Interest: Somatotype, Body composition and Metabolic Physiology

Brief biography: Attained the Master of Science degree in Physical Anthropology in the year 2018. Currently pursuing PhD degree at North-Eastern Hill University, India on somatotype, body composition and physiological characteristics of traditional Naga (Style) wrestlers of Nagaland.

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**PROF. DR. PAED. HABIL.
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UWW Hall of Fame

1st Winner of Rayko Petrov Award

Areas of interest: High performance sports; wrestling techniques and tactics; strength training and competition analyses.

Research: more than 50 analyses of WC and OG in wrestling since 1991. More than 200 articles about wrestling research in German. Various books e.g. "Fitness and strength training" Sportverlag Berlin 1989 (German, English, Russian and Spanish) "Das große Buch der Kraft", Sportverlag Berlin 1990

(german, greek and spanish); "Ringem" Sportverlag Berlin 1980.

Ord. Prof. Dr. Mehmet TURKMEN

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Reviewer for the International Journal of Wrestling Science

The article of international refereed journal:

A.1. TÜRKMEN, M., (2011) "A study on serum leptin, lipoproteins and glucose", *African Journal of Pharmacy and Pharmacology (SCI)*, 532-537 pp., 5 (4), April.

A.2. Mehmet TÜRKMEN, M. Akif ZİYAGİL, Marat T. SARALAEV & Saitdin AZİZBABAEV, (2011) "Türkistan'dan Balkanlara: Osmon Küröş Kulupdarındı Yesevizm Elementleri", *Naučno-Teoretiçeskiy Journal/ Kırgızskaya Gousudarstvennaya Akademiya Fiziceskoy Kulturi i Sporta*, 51-58 pp., No: 5(6), Dekabr/Aralık.



A.3. Mehmet Türkmen, Saralae T. Marat, (2011) "Bayırkı Türk Surnamalarındaki Sport Motivleri", *Naučno-Teoretičeskiy Journal/ Kirgizskaya Gousudarstvennaya Akademiya Fizičeskoj Kulturi i Sporta*, 16-19 pp., No: 4(5), Oktabr/Ekim.

A.4. M.Y.Tasmektepligil, S.A. Agaoglu L.Turkmen and **M.Turkmen**, (2010) "The motor performance and some physical", *ARCHIVES OF BUDO | SCIENCE OF MARTIAL ARTS (SCI)* , 195-199 pp., Volume 6, Number 4.

A.5. M. Türkmen, (2009) "Dünden Bugüne Türk Toplumlarında Çevgen-Çögen-Çevgan- Polo Oyununa Genel Bakış", *Türk Dünyası Araştırmaları (Ebsco Publishing, taranıyor)*, Kasım-Aralık, Sayı: 183, s.: 479-492.

A.6. Türkmen, M., Mete B., Türkmen L., (2007) "Geçmişten Günümüze Türklerde Kök Böri/Ulak Tartış/Buz Kaçı/Toprak tartış/Kök par Oyunu", *Türk Dünyası Araştırmaları (Ebsco Publishing, taranıyor)* , Ocak-Şubat, Sayı:166, ss.: 95-108.

A.7. Türkmen M. İmamoğlu, O. Ziyagil M.A. (2006) "Türkiye'de Güreş Sporunun Popülaritesi ve Seçilmiş Bazı Spor Branşları İle Karşılaştırılması", *Türk Dünyası Araştırmaları (Ebsco Publishing, taranıyor)*, Temmuz-Ağustos, Sayı:163, ss.: 77-94.

B. The Paper Which in International Congress and Published in Congress Books

B.1. Türkmen, M., (2011) *1. International Symposium on Karakucak and Short Shalwar Wrestling*, "CONCEPTS OF "WRESTLING-WRESTLER" WITHIN THE CULTURE OF TURKISH WORLD", 30 September, 6-13 pp, Kahramanmaraş/TURKEY

B.2. Türkmen, M., Doğan, V. , Doğan, A. (2011) *1. International Symposium on Karakucak and Short Shalwar Wrestling*, "A STUDY COMPARING BAGGY TROUSERS WRESTLING IN TURKEY PROVINCE OF KAHRAMANMARAS WITH THAT DONE IN WESTERN WORLD", 30 September, 14-19 pp, Kahramanmaraş/TURKEY

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B.5. İmamoğlu, O., **Türkmen, M.** , Saralae, M.K., (2011) " SPORTS MOTIFS IN SURNAMES", *20. SHIO ve BDT Ülkelerindeki Oluşan Yeni Şartlarda Kitle Sporlarının Geliştirilmesi ve Yüksek Başarıların Sağlanması Kongresi*, 7-9 September, 24-32 pp, Çolpan-Ata - Issık-Köl/ KIRGIZİSTAN.

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B.7. Sarioğlu, Ö., İmamoğlu, O., Atan, T., **Türkmen, M.**, Akyol, P., (2011) "Nutritional Habits of Physical Education Department Students Engaged in Different Sport Branches", *1.International Physcal Activity, Nutrition And Health Congress*, 23-26 November 2011, 104-105 pp., Wow Kreemlin Place, Antalya,TURKEY

B.8. M. Türkmen, *11th International Sport Sciences Congress*, "SAIS/SAYIS GAME IN TURKISH COMMUNITIES WITHIN THE PERSPECTIVE OF PAST AND PRESENT", 111-112 pp., Novamner 10-12 2010 Antalya/Türkiye.

B.9. M. Türkmen, *11th International Sport Sciences Congress*, "ENIS/OOGDARIS/ MOUNTED WRESTLING IN MIDDLE AND NORTH ASIA TURKISH TRIBES", 273 pp., Novamner 10-12 2010 Antalya/Türkiye.

B.10. M. A. Ziyagil, M. Türkmen, S. Gölünük, F. Yamaner, *11th International Sport Sciences Congress*, "A COMPARISON OF ISOKINETIC KNEE STRENGTH VARIABLES BETWEEN UNIVERSTY MALE AND FEMALE ATHLETE AND SEDENTARY GROUPS", 45-46 pp., Novamner 10-12 2010 Antalya/Türkiye.

B.11. F. Elmacioglu, C. A. Ulus, M. Turkmen, A. Ozenoglu, *The Journal of Physiological Sciences, Proceedings of the XXXVI International Congress of Physiologiactal Sciences (IUPS2004) Function of Life: Elements and Integration*, "WRESTLER STUDENTS TO INVESTIGATE TRAINING AND NUTRITION CONDITION", (P4PM-7-8) (**SCI**), July 27-August 1, 2009, Kyoto, Japan, 463 p.

B.12. O.İmamoğlu, M. Türkmen, *The 10th ICHBER SD. EUROPA CONGRES- THE TSSA 8 İNTERNATIONAL SPORTS SCIENCE CONGRESS*, "Competition Analysis of 35. World Free- Style Wrestling Championship", 75 p., Antalya, Türkiye, Kasım 2004.

B.13. M. Türkmen, O.İmamoğlu, M. A. Ziyagil, Ş.Kolukısa, *The 10th ICHBER SD. EUROPA CONGRES- THE TSSA 8 İNTERNATIONAL SPORTS SCIENCE CONGRESS*, "Competition Analysis of 46. World Greco-Roman Wrestling Championship", 77 pp., Antalya, Türkiye, Kasım 2004.

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- B.15.** Ş. Kolküsa, O.İmamoğlu, T.Atan, **M. Türkmen**, 7. Uluslararası Spor Bilimleri Kongresi, "2. Yıldız Bayanlar Avrupa Serbest Güreş Şampiyonası Müsabaka Analizi", 275 pp., Antalya, Türkiye, Ekim 2002.
- B.16.** **M. Türkmen**, O.İmamoğlu, IV.Uluslararası Spor Bilimleri Kongresi, "Geçmişten Günümüze Türklerde Geleneksel Atlı Sporlar", 46-52 pp., Ankara, Türkiye, Kasım 1997.

D.The Article of National Refereed Journal:

- D.1.** M. GÖKALP, S. S. ŞAHENK, **M.TÜRKMEN**, (2011) "Beden Eğitimi Derslerinde Uygulanabilecek Çok Kültürlü Oyun Örnekleri", Spor ve Performans Araştırmaları Dergisi, Cilt:2, Sayı / No: 1, ss.: 23-31.
- D.2.** M. A. ZİYAGİL, **M. TÜRKMEN**, H. SİVRİKAYA, M. ELİÖZ, M. ÇEBİ, (2010) "Samsun İlindeki 14-17 Yaş Erkek ve Kız Öğrencilerin Fiziksel ve Fonksiyonel Özellikleri Arasındaki İlişki", Spor ve Performans Araştırmaları Dergisi, Cilt: 1, Sayı / No: 1, ss.: 50-59.
- D.3.** **M. Türkmen**, O. İmamoğlu, L. Türkmen, (2005) "Dünden Bugüne Türklerde Kız ve Kelin Kovu Oyunu", Gazi, Kırşehir Eğitim Fakültesi Dergisi, Cilt 6, Sayı 1, Haziran, ss.: 49-57.
- D.4.** Y. Yıldırım, O. İmamoğlu, **M. Türkmen**, (2002) "Osmanlı Devletinde Sporun Surnamelere Yansımaları", Güneyde Kültür Dergisi, Cilt: 13, Sayı: 136, Kasım-Aralık, ss.: 28-34.
- D.5.** **M. Türkmen**, H. Özmaden, (2000) "Kırgızlarda Popülerliğini Yitirmiş Geleneksel Binicilik Sporları İle Türkiye'deki Varyantları", Gazi Beden Eğitimi ve Spor Bilimleri Dergisi, Cilt: V, Sayı: 2, ss.: 43-66.
- D.6.** **M. Türkmen**, (1998) "Geçmişten Günümüze Türklerde Rahvan (Yorga) Binicilik", Gazi Beden Eğitimi ve Spor Bilimleri, Cilt 3, Sayı 4, Ekim, ss.: 53-64O.
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E. The Paper Which in National Congress and Published in Congress Books

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- E.2. Türkmen, M.** - Ziyagil, M. A.- İmamoğlu, O., (2001) "Editörlerden" I. Türk Güreş Kurultayı, 6-7 Ocak, Belek-Antalya, s.: II, (Ulusal Kitap, Cem Ofset, Samsun).
- E.3. Cerrahoğlu, N. & Türkmen, M.**, (2001) "Türk Spor Medyasında Güreş", I. Türk Güreş Kurultayı, 6-7 Ocak, Belek-Antalya, ss.: 75-79, (Ulusal Kitap, Cem Ofset, Samsun).
- E.4. Türkmen, M.**, (2001) "Üniversitelerde Güreş Takımları ve Güreşin Durumu" I. Türk Güreş Kurultayı, 6-7 Ocak, Belek-Antalya, ss.: 347-356, (Ulusal Kitap, Cem Ofset, Samsun).
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- F.1.1. Türkmen, M.**, "GÜREŞ EĞİTİM MERKEZLERİNİN GENEL PROFİLİ", Türkiye'de Güreş Eğitim Merkezi Sorunları Paneli, Hitit Üniversitesi Ev Sahipliğinde Anitta Otel, 23 Nisan 2010, Çorum

- F.1.2. Türkmen, M., “YAŞAR DOĞU DÖNEMİ İLE GÜNÜMÜZ GÜREŞLERİNİN KARŞILAŞTIRILMASI”, 47. *Yaşar Doğu’yu Anma Programı ve Güreş Müsabakaları*, 30 Ocak 2008, Kavak/SAMSUN
- F.1.3. Türkmen, M., "Yaşar Doğu'nun Biyografisi", *Efsane Güreşçi Yaşar Doğu'nun Ölümünün 46. Yılında Anma Sempozyumu*, (Samsun GSİM Organizasyonu) 08 Ocak 2008, Kavak/Samsun.
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- F.1.5. Türkmen, M., “Türk Güreş (Geleneksel) Tarihi”, *TGF. 11-13 Kasım 2008 Belek/Antalya*.
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National champion in various categories from 1980 to 1992, the year of his retirement.
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Completed wrestling research:

Utter A, Goss F, DaSilva S, Kang J, Suminski R, Borsa P, Robertson R, and Metz K. Development of a wrestling-specific performance test. *J Strength Cond Res* 11 (2):88-91, 1997.

Utter A, Stone M, O'Bryant H, Suminski R, and Ward B. Sport-seasonal changes in body composition, strength, and power of college wrestlers. *J Strength Cond Res* 12 (4):266-271, 1998.

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A. C. Utter. The new National Collegiate Athletic Association wrestling weight certification program and sport-seasonal changes in body composition of college wrestlers. *J Strength Cond Res*. 15 (3):296-301, 2001.

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Successful national and international wrestler in Bulgaria. As a coach - taking prizes in national championships. At the International Wrestling Championships - medalists and prizes in class championships of the International Wrestling Calendar.

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BSc Bachelor - Freelance Trainer ; Diploma Thesis: Technical and tactical analysis of the Olympics skirmishes Beijing (2008) and London (2012) in the 72 kg category, women's fight



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ACS Master - Sports Management ; Diploma Thesis: Managerial Approaches to Functional / Power / Training of Writers in Sports Schools as a Model for Enhancing its performance.

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Primary School "Vasil Aprilov" - Sofia. Teacher of Physical Education and Sport.

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Organizes and conducts a training and training process for children from preparatory groups, as well as conducting a purposeful training and contesting process in the age of girls, cadets , girls and women, occupying prizes in state and international championships.

Vassil Levski Sports School - Kyustendil Sport Training / Wrestling Coach / - August 2015 - August 2016

Organizes and conducts a training and training process for children from preparatory groups, a training process for girls in age groups of girls, cadets and girls. Also a fitness-training process by type of fitness "Fitness".

Posts:

Grozdanova, K., Makaveev, R. ,

Article in Sport and Science Magazine - issue 4/2014, topic: Comparative analysis of the applied techniques in tactical action in the female struggle of MT "Dan Kolov"

Chamishki, D. , Grozdanova, K. Article in

Sport and Science Magazine - issue 4/2014, topic: Comparative analysis of the applied techniques and tactical actions and their point efficiency by MT Petko Sirakov - Ivan Iliev, in compliance with the previous and current racing rules wrestling.

Chamishki , E. , Grozdanova, K. Article in

Sport and Science Magazine, issue 4/2014, topic: Technical efficiency in the two styles of Bulgarian and Russian fighters from MTC "Petko Sirakov - Ivan Iliev", 2014

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Grozdanova, K. Exploring the opinion of elite coaches fighting for the role and place of speed-training. Sports and Science / 2018

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He has over 18 years of experience on conducting applied research on various different sport disciplines including combat sports such as Olympic style wrestling, judo and karate. At a moment he is collaborating with the Finnish wrestling and judo national teams. His personal research interests are focused on match analysis, skill development and exercise physiology.

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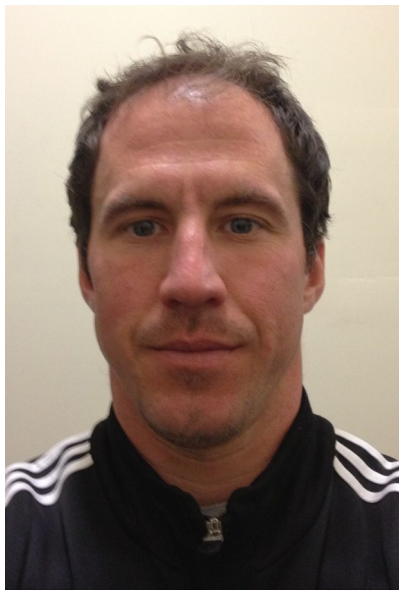
I teach fighting since 1980, now I have 63 years of age, I struggle to make courses for instructors at the initial training courses of short duration, for physical education teachers and qualified people in combat sports can begin with the initiation the teaching of struggle where they live. For me it is essential to ensure that the fight to become popular, for that you need to create multiple sites for practice and for that we have enough teachers to teach and manage each location.

I am currently the president of ABLA (Association Wrestling Buenos Aires) (in training), we are making efforts to obtain official permission to operate as an NGO in the province of Buenos Aires has approximately 16,000,000 inhabitants.

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2010 Master's Degree: Donetsk State Institute of Physical Education and Sport (major - Olympic and Professional Sports)

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2015 - 2017 - Regional Development Officer for Asia (United World Wrestling)

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2017 - 2018 - Wrestling Technical Operations Manager at Commonwealth Games 2018 (Commonwealth Games Federation)

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Brief biography: Alum of Cornell University where I was an all American, Assistant Wrestling Coach and went on to represent the US Freestyle National Team from 2006-2008. Studied nutrition (BS at Cornell) and exercise physiology (MS at Ithaca College) before building a career in dietetics that spans eating disorder counseling, treatment and prevention and sports dietetics with a specialization in weight class sports. Started as Director of Performance Nutrition at the UFC Performance Institute in April, 2017.



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USA

Daryl grew up in Iowa and won two high school state titles for Don Bosco HS. At Don Bosco he wrestled under Dan Mashek, who is the winningest Iowa High School Wrestling Coach in history. Coach Weber then went on to wrestle at the University of Iowa under Dan Gable from '91-'96. During his time at U of Iowa Daryl won a Big Ten title, NCAA Championship and was a three time All-American. After graduating from Iowa he continued to compete internationally in Freestyle through 2000. While competing internationally Coach Weber took second at the U.S. Open, won the Sunkist Open and wrestling in over a dozen international freestyle tournaments. After his competitive career ended Daryl moved to Christiansburg, VA then won the State Championship five straight years.



Daryl has pulled from his competitive career, past seven years as Head Coach of seven State Championship teams, experiences under Coaches like Dan Gable & Dan Mashek, and his years coaching along side Kevin Dresser to develop a system of teaching mental and physical skills with a strong emphasis on building character that helps his wrestlers reach their highest possible level. Beside the many State Champions, National Champions and All-Americans he has coached Coach Weber has had over 90% of his graduates from Christiansburg High School go on to wrestle in college.

Christiansburg High School under Daryl Weber 2007-2013:

- 7 straight VA AA Team State Championships (12 in a row total)
- 35 State Champions
- Over 90% of Graduates gone on to wrestle in college.
- 2008-2009 *Virginia Coach of the Year* by NWCA
- 2008 *Inducted into the Iowa High School Wrestling Hall of Fame*
- 2000-2006 *Assistant Coach Christiansburg HS (CHS was Runner-up one year and State Champs 5 of those years.)*
- 2000-Present *Head Coach of Hawkeye East / VA Elite Wrestling Club*
- 2000-2001 *National Assistant H.S. Coach of the Year*
- 1997-2000 *Strength and Conditioning Coach University of Iowa*
- 1997-2000 *Competed Internationally in Freestyle*
- *Placing in over a dozen International Freestyle Competitions*
- 1998 *Sunkist Open Champion*
- 1998 *U.S. Open Runner-up*
- 1996 *NCAA Champion*
- 1996 *Big Ten Champion*
- 1996, 1995 & 1994 *NCAA All-American*
- 1991-1996 *Wrestled under Dan Gable for University of Iowa*



JOHN WECHTER, MD

Professional Affiliation

Orthopaedic Surgeon at Affiliated Community Medical Centers in Willmar MN

Email: wechterj@gmail.com

Areas of Interest: Orthopedic disorders/injuries of the hand and upper extremity. Overtraining in the athlete.

Brief biography: I grew up in Michigan and went to Michigan State where I was a wrestler. I then went on to medical school at Michigan State followed by an Orthopedic Surgery residency at the University of Minnesota. I followed this with a fellowship in hand and upper extremity surgery at the University of Minnesota. I continued to train internationally with team USA as a Greco Roman wrestler throughout those years, through 2016. Having spent many years dividing my time between medicine and wrestling, I now would like to use what I have learned in both to help improve the sport of wrestling. I have specific interests in upper extremity injuries as well as over-reaching/overtraining in the athlete.

Publications:

Proximal Tibial Morphology and Its Correlation with Osteochondritis Dissecans of the Knee. Wechter J, Sikka R, Alwan M, Nelson B, Tompkins M. Knee Surg Sports Traumatol Arthrosc. 2014 Sept 25. [Epub ahead of print]
Part II: The 50°/60° fibular tunnel trajectory for posterolateral corner reconstruction in a cadaver model. Wechter JF, Bohm KC, Macalena JA, Sikka RS, Tompkins M. Knee Surg Sports Traumatol Arthrosc. 2014 Jun 4. [Epub ahead of print]

Improved Survival of uncemented versus cemented femoral stems in patients aged <70 years in a community total joint registry. Wechter J, Comfort T, Tatman P, Mehle S, Gioe TJ. Clin Orthop Relat Res. 2013 Nov; 471(11) 3588-95.

Allopurinol Protection in Patients Undergoing Coronary Artery Bypass Graft Surgery

[Wechter J](#), [Phillips LJ](#), [Toledo AH](#), [Anaya-Prado R](#), [Toledo-Pereyra LH](#)..

J Invest Surg. 2010 Oct;23(5):285-93.

Anatomic Variations of the First Extensor Compartment and Abductor Pollicis Longus in Trapeziometacarpal Arthritis. [Opreanu RC](#), [Wechter J](#), [Tabbaa H](#), [Kepros JP](#), [Baulch M](#), [Xie Y](#), [Lackey W](#), [Katranji A](#).. Hand (N Y). 2010 Jun;5(2):184-9.

TIM WEESNER MS, ATC, LAT Tim Weesner MS, ATC, LAT

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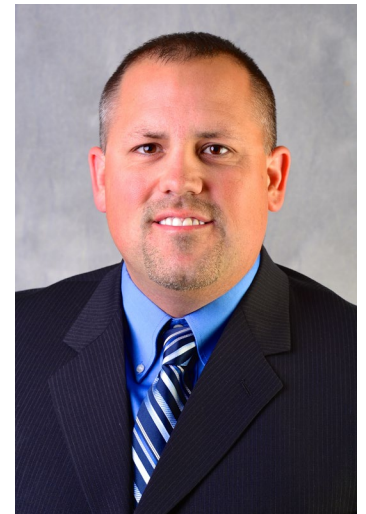
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Publications, Areas of Interest, & Brief biography:

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Languages – English, Slovak, Russian, Czech &

2007 Australian Freestyle Wrestling Coaching

2003 – 2007 Mongolian Institute of Physical

Ulaanbaatar – Assistant Coach

1996 – 1998 Australian Institute of Sports – AIS, Freestyle Wrestling

1984 – 1989 National Sports School – Czechoslovakia,

Freestyle & Greco-Roman Wrestling

Czechoslovakia

1989 National Champion Freestyle

Australia



Mongolian
license
Education,



Oceania Champion Freestyle
National Freestyle Champion
Represented Australia

1995, 97, 98 World Wrestling Championships, Freestyle Wrestling
1996 Atlanta Olympic Games

2008 Mongolian Department of Ministry of Sport invited me to work with National Mongolian 2008 Olympic wrestling team towards their preparation for Beijing Olympic Games 2008

Assist in advancing the development of the sport, coaches, athletes, professional training environment and direct competition preparation within Australia by utilizing research and education to influence Australian potential for greater international performances.

EVERETT M WINE

Email: superev_33@hotmail.com

Professional Affiliation: USA Wrestling

B.A. in Health, Wellness, and Physical Education and a M.S. in Sports Coaching

Areas of Interest: Sport Psychology, Kinesiology, Exercise Physiology

Brief biography: Started coaching wrestling in 1999. I have had the opportunity to work with: youth, middle school, high school, college, and World/Olympic level competitors over the course of my career. I also spent three years as a national official in order to view this sport from every angle.



WOLLNY, RICHARD

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Olympic Champion

National Coach

Poland

JENNY WONG, MD

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USA Wrestling-athlete representative, Sport Science Committee · 2004 to present

USA Wrestling/ USOC-National Team Athlete · Jun 2000 to Jun 2008

Areas of Interest: Women's Wrestling-Weight loss and Injuries



RANDALL R WROBLE MD

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Institution/Organization: Sportsmedicine Grant

Mailing Address: 323 E Town St, Powell OH 43215

Country: USA

Current Areas of Interest: wrestling epidemiology, biomechanics of mats

Completed Wrestling Research:

1. Wroble RR, Mysnyk MC, Foster DT and Albright JP: Patterns of knee injuries in wrestling at the University of Iowa - A six year study. American Journal of Sports Medicine. 14:55-66, 1986.

2. Mysnyk MC, Wroble RR, Foster DT and Albright JP: Prepatellar bursitis in wrestlers. American Journal of Sports Medicine. 14:46-54, 1986.
3. Wroble RR and Albright JP: Neck and low back injuries in wrestling. Clinics in Sports Medicine. 5:295-325, 1986.
4. Wroble RR, McMullen TR, and Everhart-McDonald M: Update on wrestling injuries. Columbus Physician 64(1):12-13, 1995.
5. Pommering TL and Wroble RR: Septic arthritis of the shoulder: Treating an atypical case. Physician and Sportsmedicine 24(5):75-85, 1996.
6. Wroble RR and Moxley DP: Weight loss patterns and success rates in high school wrestlers, Medicine and Science in Sports and Exercise, in press.
7. Wroble RR and Moxley DP: Acute weight gain and its relationship to success in high school wrestlers, Medicine and Science in Sports and Exercise, 30(6): 949-951, 1998.
8. Lane SE, Rhamé GL, and Wroble RR: Treatment option for auricular hematoma: Silicon splint, Physician and Sportsmedicine, 26(9): 77-78, 1998.
9. Hand JW and Wroble RR: Prevention of tinea corporis in college wrestlers, Journal of Athletic Training, 34:350-352, 2000.
10. Wroble RR and Moxley DP: Off-season strength training for high school football players: The effect of concurrent sports participation, Journal of Strength and Conditioning Research, 15(1), 132-135, 2001.
11. Wroble RR: The real problem of weight loss is the method of weight loss. Wrestling USA, 39(5), 12/15/03, p 14-15, 2003.

Book Chapters

1. Wroble RR, Hoegh JT and Albright JP. Wrestling, in Reider, B. "Sports Medicine for the School Age Athlete", Saunders, Philadelphia, 1st edition, 1991, p 520-558.
2. Harvey JA, Wroble RR and Wotowey S. The Prevention of Injuries in Wrestling, in Renstrom PAFH, Ed. "Clinical Practice of Sports Injury Prevention and Care": The Encyclopedia of Sports Medicine, Volume4, Blackwell, Oxford, 1994, p 547-560.
3. Wroble RR. Wrestling, in Caine DJ, Caine CG, and Lindner KJ "Epidemiology of Sports Injuries", Human Kinetics, Champaign, IL, 1996, p 417-438.
4. Wroble RR, Hoegh JT and Albright JP. Wrestling, in Reider, B. "Sports Medicine for the School Age Athlete", Saunders, Philadelphia, 2ND Edition, 1996, p 583-612.
5. Hewett TE, Pasque C, Heyl R, and Wroble RR. Wrestling Injuries in Caine DJ, Maffulli N (eds): "Epidemiology of Pediatric Sports Injuries", Karger, Basel, 2005, p 152-178.

Books Edited

Kordi R, Maffulli N, Wroble RR, Wallace WA, Editors. Combat Sports Medicine, Springer-Verlag, London, 2009.



Faruk YAMANER- Associate Professor at Hitit University Director at School of Physical Education and Sport
yamaner@hotmail.com

Date of Birth: Jan 20, 1955

Task Responsibility in Projects :

Gonadal Function and Serum Leptin levels of National Wrestling Team Athletes Prepared for the World and Olympic Championship and the Mountain Bike Athletes Prepared for the World Cup

The Research of Adolescent Growth and Development of Metabolic Changes in Hormonal Parameters for Athletes of Wrestling Education Centers

The Research of Basic Acting Skills and Family Socioeconomic Level of the Students of Third Grade in Public Schools and Private

Administrative Tasks :

The Prime Minister's Chief Adviser Responsible for Sport
 General Secretary of The Wrestling Federation

Member of The Board of Education of the Football Federation

Football Coach (UEFA A Coaching Certificate)

10 Years Professional Football Player

Traditional Sports Federation Board Member, responsible for Training and Technical Affairs

G.S.G.M. Educational Department, Instructor of Training Courses

Head of Physical Education and Sport Dept. of College of Education at the Inonu University
A Faculty Member in Charge of the Physical Education and Sport Department at the Zonguldak Kara Elmas University

Director of Devrek Vocational Schools at the Zonguldak Kara Elmas University

Director of School of Physical Education and Sport at the Hitit University

General Coordinator of 2011 World Senior Wrestling Championship

Awards :

The International Wrestling Federation Honors (1990)

The Worlds Best Referee Awards by International Wrestling Federation Czechoslovakia Prague(1994)

Outstanding Achievement Award at the International Seminar in Italy 1997

Inonu University Senate's Most Successful Manager Award(1995)

Outstanding Service Award by F.I.L.A 1995

Certificate of Service by The Wrestling Foundation

FILA Honor Award at The Senior World Wrestling Championship (2011 İSTANBUL)

Published Books:

Basic Principles of the Physical Education and Sport-Ekin Bookshop-2001

Introduction to Physical Education in Sport- Emek Printing Press-2002

The Instruction Booklets World Senior Wrestling Championship

1-Organization Handbook- İstanbul 2011

2-Organization Press Guide (English- Turkish) -İstanbul 2011

3-Organization Security Guide- İstanbul 2011

4-Organization Valunteer Guide -İstanbul 2011

5-Instruction for the Organization(English-Turkish) -İstanbul 2011

Publishing List

A. SCI Indexed Articles Published in International refereed journals :

A1. F. Yamaner Oxidative Predictors and Lipoproteins in Male Soccer Players Tübitak-Türkish Journal of Medical Sciences SAĞ-0907-134 26 Nisan 2010 Endeks Adı: *SCI-Expanded*

A2. F.Yamaner, T.Bayraktaroğlu, H.Atmaca, M.A.Ziyagil, K.Tamer Serum Leptin,Lipoproteins Levels and Glucose Homeostasis Between National Wrestlers and Sedentary Males Tübitak-Türkish Journal of Medical Sciences SAĞ-0905-27 31.05.2009

A3. R.Kürkçü,A.Çakmak,D.Zeyrek,A.Ataş,K.Karacabey,F.Yamaner, Evolution of Oxidative Status in Short Term Exercises of Adolescent Athletes, *Biology of Sports* 177-180 pp., 2010

A4. F. Yamaner, H.Atmaca, T. Bayraktaroğlu, M. Aydın, S. Aydemir, Gonadal function in male mountain bikers, *Journal of Strength & Conditioning Research*, doi:10.1519/JSC.0b013e3181f6b0dd. 2011

A5. F. Yamaner, K. Karacabey, Y. Kavlak, T. Sevindi, Foot morphology of Turkish Football players according to foot preference, *African Journal of Biotechnology*, ISSN 1684-5315, 2011

Articles Published in International Refereed Journals :

A1. H. Gümüşdağ, İ. Yıldırım, F. Yamaner, A. Kartal, Aggression and faults in professional football, *Biomedical Human Kinetics*, 3, 67 – 71 pp, DOI: 10.2478/v10101-011-0015-4, 2011

A2. F.Yamaner, H.Gümüşdağ, A.Kartal, M.Gümüş, A.Güllü, O. İmamoğlu, The prevalence of injuries in professional Turkish soccer players, *Biomedical Human Kinetics*, 3, 6 – 9 pp, DOI: 10.2478/v10101-011-0002-9 2011

A3. C. Bastık, A. Kalkavan, F. Yamaner, S. Şahin, A. Güllü, "Investigation of Basic Motor Skills According to TGMD-2 Test on Male Athletes of 10 Ages Group Who Participated To Competitions in Individual, Team and Racket Sports Branches", *Procedia - Social and Behavioral Sciences* 28 (2011) 421 – 425
doi:10.1016/j.sbspro.2011.11.080

B. The Presentation of an International Scientific Meetings and Published in the Proceedings :

B1. S.Müezzinoğlu,G.Güner,F.Yamaner, The Second Congress of the European Federation of National Associations of Orthopaedics and Traumatology Conference within the "Efort" Proceeding Books "Causative Factors For Groin Strain in Soccer Players", 8 pp., Germany,Münich, 4-7 July 1997

B2. F.Yamaner, 9 International Sport Sciences Congress Conference within the "9.International Sport Science Congress Proceeding Books " "The Research for Injury Status of According to Positions of Turkish Professional Football Players and According to Anatomic Locations", 318-322 pp., Muğla,Turkey, 3-5 Nov 2006

B3. M.Gümüş,İ.T.Ulusoy,F.Yamaner,T.C.Akalın, 9.International Sport Science Congress Conference within the"9.International Sport Science Congress Proceeding Books" Proceeding Books "The examination of the Anxiety Levels for Accordings to Ranking Scores of the Professional Football teams", 87-90 pp., Muğla,Turkey, 3-5 Nov 2006

B4. N.Sert,İ.T.Ulusoy,F.Yamaner,M.Gümüş, 9.International Sport Science Congress Conference within "9.International Sport Science Congress Proceeding Books" Proceeding Books "The evaluation of Exam

parameter for Physical Education and Sport teaching Department within different Examination system", 316-320 pp., Muğla, Turkey, 3-5 Nov 2006

B6. M.Gümüş, T.C.Akalın, H.H.Kudak, F.Yamaner, 10. International Sport Science Congress conference within "10. International Sport Science Congress Proceeding Books" Proceedings books "Effects of Plyometric Training on Several Physical Parameters of Volleyball Players", 220-222 pp., Bolu, Turkey, 23-24 Oct. 2008

B7. M.Gümüş, T.C.Akalın, A.Aygün, F.Yamaner, M.Gelen, International Sport For All and Sport Tourism Congress Conference within "International Sport for All and Sport Tourism Congress Proceeding Books" Proceeding "The determine of the Levels of Participation to Extreme Sports within the Understanding Holiday Idea for Age Group 18-21 Young People", 23 pp., Antalya, Turkey, 05-08 Nov 2009

B10. G.Tiryaki, F.Tuncel, F.Yamaner, S.A.Agaoglu, H.Gümüş, M.F.Acar, Proceedings of the Third World Congress of Science and Football Conference within "Science and Football III" Proceeding Books "Corparision of the Physiological Characteristics of the First, Second and Third League Turkish Soccer Players", 32-36 pp., Cardiff, Wales, 9-13 April 1995

B11. E. Güllü, A. Güllü, G. Çiçek, F. Yamaner, I. International Physical Activity, Nutrition and Health Congress Conference Within the "Proceeding Books" The Effects of Different Aerobic Exercises on Body Composition of Sedentary Women" 170-171 pp.. Antalya , Turkey, 23-26 Nov . 2011

B12. O. İmamoğlu, Ö. Sarıoğlu, M. Topuz, B. Tekbaş, F. Yamaner, "I. International Physical Activity, Nutrition and Health Congress" Proceeding Books "Alternative Method to Develop The Maximum Strength of the Bench Press Exercise Program", 182 pp. Antalya, Turkey, 23-26 Nov 2011

B13. Ç.Ünlü, M.Z. Serarşlan, F.Yamaner, "4. World Conference on Educational Sciences" within the Congress Proceeding Books "Comparing Of Human Resources Management Sports Enterprises And The Other Service Enterprises" Barcelona, Spain, 2-5 Feb. 2012

D. Articles Published in National refereed Journals :

D1. K.Tamer, M.A.Ziyağil, F.Yamaner, "Comparison of Anthropometric Characteristics and Physiological Capacities for Galatasaray and Konyaspor Profesyonel Football teams", Gazi Üni.Gazi Education College.Journal , Cilt 8, 161-167 pp., 1992

D2. F.Yamaner, B.Hacıcaferoğlu "Analysis and Comparison of Physical and Physiological Charecteristics of Second League Fifth Group Malatya Spor, Diyarbakirspor and SiirtKoy Hizmetleri Spor Professional Football Players", Journal of Physical Education Sport Science , Cilt 3, 9-17 pp., 1997

D3. F.Yamaner, M.Kutlu, "The Evaluation of Physical and Physiological profiles of Olympic Level Turkish National Weightlifting athletes", Performans , Cilt 5, 55-60 pp., 1999

D4. A.Pulur, F.Yamaner, "The Evaluation of Physical and Physiological charecteristics of beginner swimmer in the age of 12-13 years olds", Erzincan Journal of Education College , Cilt 3, 144-149 pp., 2001

D5. F.Yamaner, N.Sert, "The Evaluation and comparison of Success Rates for Football Referees with Playing Football or not playing football", Sport and Medicine , Cilt 9, 28-30 pp., 2001

D6. F.Yamaner, M.E.Çıplak, "The Effect on the Physical Parameter Performance of According the Taekwondo Branch", Sport and Medicine , Cilt 9, 23-27 pp., 2001

D7. F.Yamaner, A.Bulut, "The Evaluation and Measurement of Physical and Physiological Values for Kirkpinar Oil Wrestler", Sport and Medicine , Cilt 9, 51-54 pp., 2001

D8. F.Yamaner, H.Öncü, "The Evaluation of Biorythm Analysis for First Football league 1998-99 Season Galatasaray Professional football Team", Selçuk University Journal of Physical Education and Sport , Cilt 3, 37-44 pp., 2001

D9. F.Yamaner, A.Kartal, "The Selected Physical and Physiological Profiles of Division 1 Handball League Offensive and Defensive Players Studied at the Physical Education and Sport", Journal of Physical Education and Sport Science , Cilt 1, 111-118 pp., 2001

D10. F.Yamaner, A.Kartal, "The Evaluation of Free Time Activities for İnönü University Students in Physical Education and Sports Department", Journal of Physical Education and Sport Science , Cilt 1, 133-140 pp., 2001

D11. F.Yamaner, Ç.Göktaş, A.Cihan, "The Evaluation and Determination of exercise injuries Faced by the Students of the Ballet Section at the İstanbul University Conservatory ", Sport and Medicine , Cilt 9, 10-13 pp., 2001

D12. F.Yamaner, A.Cihan, "The Investigate of Injuries for Malatya First Amateur League Competitions in the First Cluster Groups Players", Sport and Medicine , Cilt 9, 23-27 pp., 2001

D13. M.E.Çıplak, F.Yamaner, " The Evaluation and Biomechanical Analysis of the Breakout Technique lifting by Naim Suleymanoglu", Sport and Medicine , Cilt 9, 5-9 pp., 2001

D14. F.Yamaner, A.Cihan, "The Investigation of Injuries Occurring in Wrestling", Sport and Medicine , Cilt 9, 14-17 pp., 2001

D15. A.Güllü, F.Yamaner, E.Güllü, R.Çekin, "The Evaluation and Comaprison of Physical-Physiological Performance in According the Measuring Position of the Malatya First Amateur League Cluster Champion", Selçuk University Journal of Physical Education and Sport Science , Cilt 5, 42-47 pp., 2003

- D16.** F.Yamaner,R.Çekin, "The Evaluation of the Selection criteria of the Received Students at the Wrestling Trainer Centers", Sport and Medicine, Cilt 5, 8-10 pp., 2003
- D17.** F.Yamaner,M.Gümüş., "The effect on the Performance of Athletes in Professional Football Players Football Shoes ", Sendrom IV Spor ve Tıp, Cilt 12, 33-35 pp., 2004
- D18.** A.Pullur,F.Yamaner, "The Evaluation of Physical and Physiological measurement of Turkish Classification Football Referees (Sample of Malatya and Diyarbakir)", Dumlupınar Üniversitesi Journal of Social Science, Cilt 10, 175-182 pp., 2004
- D19.** F.Yamaner,O.İmamoğlu,A.Güllü,D.Güler,M.Gümüş,C.T.Akalın,A.Kartal, "The Research of the Lower Extremity Injuries in Amateur and Professional Football Players", Journal of General Medicine, Cilt 19(3), 105-112 pp., 2009
- F. Other Publications:**
- F1.** F.Yamaner, C.Taşkıran, "A Page at the Horse Races in the Ottoman Period:1675 Horse Racing Festival in Edirne", Journal of College of Education at the Inonu University , Cilt 2, 1-11 pp., 1995
- F2.** F.Yamaner, A.Kartal, "The Attitudes of the Towards Teaching profession of the student at the Inonu University School of Physical Education and Sport ", Journal of Physical education and Sport Science , Cilt 1, 121-132 pp., 2001
- F3.** Ö.Kayhan,H.Gündüz,F.Yamaner, M.Gümüş, "Investigation of Foot and Ankle Problems in Professional Players", Sport and Medicine IV , Cilt 12, 33-35 pp., 2004
- F4.** A.Dursun,S.Bozdoğan,M.Gümüş,F.Yamaner, "Gender Discrimination in the Olympic", Sport and Medicine , Cilt 13, 21-23 pp., 2005



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Areas of Interest: Sports Biomechanics

Education:Ph.D, Human and environmental Studies, Kyoto University, Kyoto, JAPAN

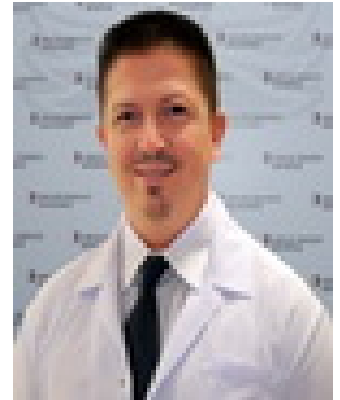
H. ULAS YAVUZ, MD, PhD, Asst. Professor

Email and Contact Information: ulasyavuz@hotmail.com

Institution / Organization: Near East University Hospital
School of Physical Education and Sports
0023 Nicosia/North Cyprus

Country: Team doctor of Turkish national wrestling team (Greco-roman) for 5 years and now I live and work in Cyprus (Turkish part) in a University.

Current area of interest: amino acids and performance, exercise metabolism
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MUSTAFA YILDIZ

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Institution: Akdeniz Üniversitesi, Beden Eğitimi ve Spor Yüksekokulu, Dumlupınar Bulvarı, Kampüs, Antalya PK: 07058

Country: TURKEY

Current Areas of Interest: sport, recreation,

Completed Wrestling Research:

COMPARISON OF STATE ANXIETY LEVEL OF SPORTSMEN BEFORE AND AFTER COMPETITION IN TURKEY ELDERS WRESTLING NATIONAL TEAM

Osbay Serhat , Mustafa Yildiz

Sp Soc Int J Ph Ed Sp, 2013; 13(2) 76–80



Jae-ryang YOON
wrestling related sport science research.
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Mailing Address
88-15 Oryndong Songpa-gu Seoul, KOR
Country: KOREA
Current Areas of Interest: wrestling physiology, training methodology
Completed Wrestling Research: Comparisons of anaerobic performance and isokinetic strength in Korean and Japan female collegiate wrestlers

Completed Wrestling Research:

Comparisons of anaerobic performance and isokinetic strength in Korean and Japan female collegiate wrestlers
Ioannis Zantos. 2011. ACSM Annual Meeting and 2nd World Congress on Exercise is Medicine (submission to abstract)
The changes of pulmonary function according to graded exercise test in female wrestlers. 2007. Korea Sports Research.
Analysis of knee isokinetic strength and anaerobic capacity in female college wrestlers. 2007. Korean Society Of Exercise Physiology.

Physiological profiles of elite senior wrestlers. 2002. Sports Medicine.



BILL ZADICK
bzadick@usawrestling.org
National FS Coach for USA Wrestling.
Won gold medal at 66 kg/145.5 pounds at the 2006 FILA Wrestling World Championships in Guangzhou, China.

Areas of Interest: Long-term athlete development

GENE ZANNETTI MS
M.S. & M.A. Exercise Science & Sport Psychology
Nationally Ranked, All-Ivy League Wrestler at the

University of Pennsylvania
Founder of Z-Fanatical Fitness (CEU provider through AFAA, NASM, ACSM, AAI, ISSA, WITS)
School Psychologist
Peak Performance Specialist: Motivational Speaker & One-on-One Consultant





Robert G. ZIMANYI

Professional Affiliation: University of Physical Education, Budapest, Hungary – School of Doctoral Studies, PhD student

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Publications:

<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10058093>

Graduated on the Budapest University of Technology of Economics (BME) with a Master's Degree of Economics in 2009. Currently I hold two positions at Evopro Group; I work as a CSR business advisor and I am the president of a sports club with 200 members. The sports club started its operations in 2003 with 5 members, since then we could achieve a continuous growth by providing more sports facilities. As a result of that, we not only provide opportunities in the recreational sport but are also present in competitive sports.

Beside my work, I study at the Doctoral Studies of the University of Physical Education. Currently I am in my fifth semester and my research focus is the nature of qualitative sports clubs.

Areas of Interest: sport-philosophy, sport-management, sport quality-management, sport change-management

Amir Hossein ZARIFNIA

fidpoint@hotmail.my

Institution/Organization: Fid Point

Fid Point WorldWide Sdn.Bhd. 18-2 Commercial Centre. Taman Abadi Indah, Off Jalan Klang Lama, 58100 Kuala Lumpur.Malaysia

Current Areas of Interest: Heavy weight wrestling

Completed Wrestling Research:

How to improve heavy wight wrestling technique,speed and attraction



Dr. Mehmet Akif ZİYAGİL TURKEY

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E-mail: mziyagil@gmail.com

Date of birth: 28. April 1960

EDUCATION:

1979/1983	Bachelor Degree. Sports Academy, Specialization in Wrestling, Ankara
1985/1989	Master Degree. Middle East Technical University, Social Sciences Institute, Ankara
1989/1991	Ph.D. Marmara University, Health Sciences Institute, İstanbul.

ACADEMIC CAREER

1985-1990	Lecturer, Physical Education Department, Selçuk University, Konya
1990-1992	Lecturer, Physical Education Department, Karadeniz Technical University, Trabzon
1992-1994	Assistant professor, Department of Physical Education and Sport, Fatih Education faculty, Karadeniz Technical University, Trabzon
1994-1999	Associated Professor, Karadeniz Technical University (Trabzon) and Ondokuz Mayıs University (Samsun).
2000-2006	Professor, Department of Physical Education and Sport, Amasya Education Faculty, Ondokuz Mayıs University, Amasya
2006-	Professor, Department of Physical Education and Sport, Education Faculty, Amasya University, Amasya

PROFESSIONAL EXPERIENCE:

1996-1999	Board Member, Turkish Sports for All Federation.
1999-2000	Board Member, University Sports Federation.
2000-2004	Chairman of Education Commission, Turkish Wrestling Federation
2011-2012	Chairman of Education Commission, Turkish Wrestling Federation
2012-	Chairman of Education Commission, Turkish Sports for All Federation.

PUBLICATIONS:

1. ZİYAGIL, MA (2011) Handedness and footedness: relations to differences in sprinting speed and multiple sprints performance in pubertal boys. *Perceptual and Motor Skills*, 112, 2, 1-11.
2. ZİYAGIL, MA, DANE S (2010) Distributions of handedness and footedness, and their interrelationships in a large young turkish population: sex-related differences. *Neurology Psychiatry and Brain Research* Vol.16: 3-4 pp, 79-82.
3. ZİYAGIL, MA., GURSOY R., DANE S., YUKSEL R (2010) Left-handed wrestlers are more successful. *Perceptual and Motor Skills*. Vol 111: 1, pp, 65-70.
4. YAMANER F., BAYRAKTAROĞLU T., ATMACA H., ZİYAGIL, MA., TAMER K (2010) Serum leptin, lipoprotein levels, and glucose homeostasis between national wrestlers and sedentary males. *Turkish Journal of Medical Sciences* Vol. 40: 3 pp, 471-477.
5. TÜRKMEN M. İMAMOĞLU, O. ZİYAGIL M.A. (2006) "Türkiye'de Güreş Sporunun Popülaritesi ve Seçilmiş Bazı Spor Branşları İle Karşılaştırılması", *Türk Dünyası Araştırmaları* (EBSCO Pulishing, taranıyor), Temmuz-Ağustos, Sayı:163, ss.: 77-94.

PRESENTATIONS IN SYMPOSIUM

1. ZİYAGIL M.A, SEVİM, Y., SİVRİKAYA, K. and SİVRİKAYA, H. (2006) Analyzing Physical Characteristics and Technical Performance of Turkish Male and Female Handball Players In Different Categories. 9th. International Sport Science Congress.(3-5 November 2006, Muğla-Turkey)

2. YAMANER, F., BAYRAKTAROĞLU, T., ATMACA, H., ZIYAGIL, M.A., & TAMER, K. (2009) A comparison of serum leptin levels and metabolic parameters included serum lipoproteins and glucose homeostasis between national wrestlers and healthy males, European Congress of Endocrinology, Istanbul, Turkey 25 April 2009 - 29 April 2009, European Society of Endocrinology 20 P453.
3. ZIYAGIL, MA., İMAMOĞLU, O., YÜCELOĞLU KESKİN DÖ., ELİÖZ, M., KABADAYI M (2010) Üniversiteli Futbolcularda El ve Ayak Tercihinin Tek Bacak Skuat Kuvveti ve Ayak Reaksiyon Süresine Etkisi. 11. Uluslararası Spor Bilimleri Kongresi, ss, 155-158.
4. ZIYAGIL, MA., TÜRKMEN, M., GÖLÜNÜK, S., YAMANER F (2010) Üniversiteli sporcu ve sedentar erkek ve bayanların izokinetik diz kuvvetlerinin karşılaştırılması. 11. Uluslararası Spor Bilimleri Kongresi, ss, 124-127.
5. KIRBAŞ, Ş., AĞAOĞLU, SA., ZIYAGIL, MA (2010) Takım ve bireysel sporcularda menstrual ve luteal evrelerin anaerobic zirve güç değerine etkisi. 11. Uluslararası Spor Bilimleri Kongresi, ss, 1634-1636.
6. TURKMEN, M., ZIYAGIL, M.A., İMANALIEV, T.T., (2011) "The importance of aquatic exercises in the developing health and physical fitness", 20. SHIO ve BDT Ülkelerindeki Oluşan Yeni Şartlarda Kitle Sporlarının Geliştirilmesi ve Yüksek Başarıların Sağlanması Kongresi, 7-9 September, 53-63 pp, Çolpan Ata - Issık-Köl/ KIRGIZİSTAN.
7. TURKMEN, M., ZIYAGIL, M.A., AZIZBAEV, S., (2011) "From Turkestan to Balkans: Yesevishism components in the Ottoman wrestling Dervish Lodges", 20. SHIO ve BDT Ülkelerindeki Oluşan Yeni Şartlarda Kitle Sporlarının Geliştirilmesi ve Yüksek Başarıların Sağlanması Kongresi, 7-9 September, 39-45 pp, Çolpan-Ata - Issık-Köl/ KIRGIZİSTAN.
8. ZIYAGIL, MA (2011) Olimpik ve geleneksel sporların illerde yeniden yapılanması ve geliştirilmesi. 1. Uluslararası Karakucak ve Kısa Şalvar Sempozyumu, 30 Eylül s, 115-131, Kahramanmaraş.
9. ZIYAGIL, MA., İMAMOĞLU, O., SARIOĞLU, Ö., ÇEKİN, R., ZIYAGIL, F., KABADAYI, M., ELİÖZ, M., ÇEBİ, M. (2011) The relationships among obesity, physical activity, the knowledge level about obesity, watching food ads on TV with interest, and the number of weekly school canteen usage in adolescents Procedia - Social and Behavioral Sciences 28 (2011) 591-595. doi:10.1016/j.sbspro.2011.11.112.
10. ZIYAGIL, M.A. & TÜRKMEN, M. (2012) A comparison of multiple sprints performance and fatigue level between turkish national male senior free and grecoroman styles' wrestlers. 2nd International Traditional and Olympic Wrestlings Symposium, 14 – 15 September 2012, Kahramanmaraş, Turkey.
11. ZIYAGIL, M.A., & BAYRAM, L. (2012) Relations among hand dominance, competition success level and isometric elbow and knee strength in prepubertal novice wrestlers. 2nd International Traditional and Olympic Wrestlings Symposium, 14 – 15 September 2012, Kahramanmaraş, Turkey.
12. ZIYAGIL, M.A. (2012) The importance of aquatic training for wrestling, 2nd International Traditional and Olympic Wrestlings Symposium, 14 – 15 September 2012, Kahramanmaraş, Turkey.
13. ZIYAGIL, M.A. (2012) Strategic principles of long-term planning training and adaptation models for wrestling. 2nd International Traditional and Olympic Wrestlings Symposium, 14 – 15 September 2012, Kahramanmaraş, Turkey.

BOOK CHAPTER CO-WRITER

1. GURSOY, R., ZIYAGIL, M.A., SAHİN, S. AND DANE, S. (2009) Handedness, Achievement in Sport and Boxing, Chapter 7. Advancements in the Scientific Study of Combative Sports. Nova Publisher. Editors: Jason E. Warnick and W. Daniel Martin (Arkansas Tech University, Russellville, AR)
https://www.novapublishers.com/catalog/product_info.php?products_id=11448



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Gazi University. Professor of the School of Physical Education and Sports

Successes Sportif

Turkey Intercollegiate Championships 57 kg Greco-Roman style wrestling. In 1977, the third, the second was 1978.

List of Wrestling Publications

- 1.3. EAST G., ZORBA E. (1990). Turkish wrestlers wrestler with a foreign country comparison of body composition, Bulletin of Sport Science , 1 , 3 -4, 16 - 21
- 1.6. BALTAÇI G ., ZORBA e ., ARISING AA., HAPPY M., KAÇMAZ I. (1992), between the ages of 11-14 in the children's physical fitness and anthropometric Karakucak wrestling project structure determination, College of Rheumatology (Acta Reheumata Logica), 7 , 53, 61-68.
- 1.9. ZİYAGİL MA. ZORBA E., and ELİÖZ M . (1994), Sıkletlerinde wrestlers structural and functional characteristics of the first and second comparison, Journal of Sports Sciences , 5 , 1, 36-46.
- 1.10. EAST G., ZORBA e ., ZİYAGİL MA, H. ANGLE AND COOK A. (1994), Elite Turkish wrestler calculation of body fat ratios. J. of Sport Sciences , 6 , 2, 3-14.
- 1.18. EAST G., ZORBA e ., ZİYAGİL MA, Kolukısa Ş., ÇOLAK H. (1996), 36 European Freestyle Wrestling Championship match ending time points, and the technique used in terms of pasivite Comparison of Turkish and foreign wrestlers, E.Ü. PES Performance Journal, 2 , 3, 99 - 106
- 1.20. ZİYAGİL MA, ZORBA e ., TAMER K., KALKAVAN A., HAPPY, M., TORUN K. (1996), a one-year free-style cadet training and physiological characteristics of the Turkish national team wrestler effect on body composition . Journal of Sports Medicine , 31 , 167-175.
- 2.2.1. ZORBA e ., ZİYAGİL MA, KALKAVAN A. H. COOK, COOK A., & EAST G , (1997). Development Of An Equation To Predict The Percent Of Body Fat Skinfold Measures Using Elite Turkish Wrestler. Sport Health and Physical Education , Vol 1, 2-8.
- 2.2.2. ZİYAGİL MA, ZORBA E. & KALKAVAN A. (1997). A Comparison Of Physical Fitness And Anthropometric Parameters of Junior Wrestlers in First And Second In Their Weight Classes at the Turkish Free Style Wrestling Championships, Sport Health and Physical Education , Vol 1, 9-16.
1. National Presentations and Seminars
- 1.1. ZORBA E. (1990). Turkish wrestler subcutaneous fat thickness is used in the calculation of body fat rate equation with the development of technology, I. National Symposium on Sports Sciences , Ankara, 489-494..
- 4.1 . ZİYAGİL MA, ZORBA E and ELİÖZ M. (1994) Young Turkish wrestler physiological profile. III. National Sports Science Congress, Ankara, Turkey.
- 1.8. ZİYAGİL MA, ZORBA E., Koc H., ZİYAGİL F., TORUN K. (1995) Comparison of wrestlers left and right arms of isometric and isokinetic forces, V. National Sports Medicine Congress, p.29, Izmir.
- (2005) "The Effects of Exercise on the Immune Parameters and Stress hormones in Sports Women " , 46th ICHPER. SD Anniversay World Congress Oral Presentation, November 9-13, pp.275-277.



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-Science and Research Center Koper, Institute for Kinesiology Research, Garibaldijeva 1, 6000 Koper, Slovenia, EU.

-University of Split, Faculty of Kinesiology, Teslina 6, 21 000, Split, Croatia, EU.

Dr. Damir Zubac is a human movement scientist whose expertise lies in the evaluation and interpretation of physiological processes related to physical training, elite athletic performance. He completed his thesis in 2016 at the University of Split, Faculty of Kinesiology, Split, Croatia. Portions of his thesis were recently published in high impact factor journals including *Journal of Sports Sciences* and *International Journal of Sports Physiology and Performance*. Over the last couple of years, he had published nine peer-review papers in international journals (with five other papers under revision), two book chapters and was a reviewer for three international peer-review journals as well. He is also a part of the research group from Science and Research Center Koper, Institute for Kinesiology Research, Koper, Slovenia that was placed between 101-150 in the Shanghai list of research institutes in 2016/17.

In 2016 he was the recipient of "The Youth Research of the Year Award" in Croatia, as well as the "Rectors award" for exceptional academic achievements (University of Split, Croatia, EU). Currently, he is affiliated with the two institutions (i) Science and Research Center Koper, Institute for Kinesiology research; working on a project: Kinesiology for the quality of life and (ii) University of Split, Faculty of Kinesiology, Split, Croatia. Previously, under supervision of Dr. Šimunič B. and Dr. Morrision S.A. he had successfully coordinated the nationally funded project looking at measurement resolution of acute dehydration in Olympic combat athletes [Grant no. RR-15-073]. Within the Erasmus+ international cooperation frame he has undergone extensive laboratory training at the Science and Research Center Koper, Koper, Slovenia and Institute for kinesiology and sport at the University of Split, Croatia and was (and still is) involved in five different research projects that were conducted during that time, including:

Work:

-Research Associate (2017 to present)

Science and Research Center Koper, Institute for Kinesiology Research, Garibaldijeva 1, 6000 Koper, Slovenia, EU

-Associate (2015 to present)

Department of Biomedicine and Anthropology, Faculty of Kinesiology, University of Split, Teslina 6, 21000 Split, Croatia, EU.

-Postdoctoral Researcher (from February to October 2017)

Department of Sport and Exercise Medicine, Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10000 Zagreb, Croatia, EU.

Faculty / professional positions:

Teaching experience:

Lecturer - Department of Sport and Exercise Medicine, Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10000 Zagreb, Croatia, EU; Courses: Biological Kinantropology (in 2017);

Lecturer- Department of Biomedicine and Anthropology, Faculty of Kinesiology, University of Split, Split, Croatia, EU; Courses: Sports Medicine, Sports Physiology, Applied Medicine in Kinesiology and Sport.

Awards and Honors:

Youth Researcher of the Year award in Croatia (2016/2017)

Rector's award from the University of Split, Split, Croatia, for exceptional scientific achievements in (2015/2016)

Profession affiliation:

Croatian Network of Youth Researchers

Papers published in peer-review journals:

Letter to the Editor: Commentary: Tensiomyographic Markers Are Not Sensitive for Monitoring Muscle Fatigue in Elite Youth Athletes: A Pilot Study - Martín-Rodríguez, Zubac, Piqueras-Sanchiz, Šimunič. (*Frontiers in Physiology*).

IF = 4.15, 15/84 (Q1); *Physiology*

Rapid weight loss is not associated with competitive success in elite youth Olympic-style boxers in Europe. Zubac, Karninčić H, Sekulić D. (*International Journal of Sports Physiology and Performance*)

IF = 2.654, 16/81 (Q1); *Sport Science / 32/84 (Q2) Physiology*

Reliability of urinary dehydration markers among elite youth boxers. Zubac D, Čular D, Marušič U. *International Journal of Sports Physiology and Performance*. (DOI: 10.1123/ijsp.2016-0621; in press)
IF = 2.654, 16/81 (Q1); *Sport Science / 32/84 (Q2) Physiology*

Fluid balance and hydration assessment during the weight-stable preparation phase in elite youth boxers. Zubac D, Antelj T, Olujic D, Ivancev V, & Morrison S.A. *Journal of Sports Sciences*. 2017 Apr; 35(8):719-726. doi: 10.1080/02640414.2016.1184302.
IF = 2.6, 17/81 (Q1); *Sport Science*

Skeletal muscle contraction time and tone decreased after 8 weeks of plyometric training. Zubac D & Šimunič B. *The Journal of Strength and Conditioning Research*. Jun;31(6):1610-1619. 2017. doi: 10.1519/JSC.0000000000001626
IF = 2.06, 28/81 (Q2); *Sport Science*
Times cited in WOS=2

Hydration status assessment among elite youth amateur boxers. Zubac D, Karninčić H, & Zaja M. *The Journal of Sports Medicine and Physical Fitness*. 56 (6) 731-736, 2016.
IF = 1.215, 53/81 (Q3); *Sport Science*

Hydration status assessment techniques and their applicability in combat sports: a literature review. Zubac D, Marusic U, Karninčić H. *Strength Conditioning Journal*. 38 (4) 80-89, 2016.
IF = 0.53, 73/81 (Q4); *Sport Science*

Level of education is a risk factor for extensive prevalence of cervical intervertebral disc degenerative changes and chronic neck pain. Markotić V, Zubac D, Miljko et al. *Central European Journal of Public Health* (in press, DOI: 10.21101/cejph.a4897).
IF = 0.682, (Q4); *Public, Environmental & Occupation Health*

Skeletal Muscle Contraction Time is an Important Factor in the Muscle Damage Response in Kickboxing Athletes – Zubac D, Šimunič B, Karninčić H, and Ivančev V. *Archives of Budo*. (2017, 13: 169-178; e-ISSN: 1643-8698).
IF = 1.503, 42/81 (Q3); *Sport Science*.

The reliability of the novel M-wave sensor and EME efficacy: a ratio between tensiomyogram and M-wave amplitudes. Paravlic, Zubac, Šimunič. (*Journal of Electromyography and Kinesiology*) - accepted for publication
IF = 1.50, 43/81 (Q3); *Sport Science*.

Book Chapters:

Zubac D. & Ivančev V. (2017). Measurement resolution of multiple dehydration markers and health related issues associated with hypohydration in Olympic combat athletes. In *Advances in Medicine and Biology*, Hauppauge, New York: Nova Science Publishers, Inc, United States (ISBN: 978-1-53612-413-2(eBook)).

Mišigoj-Duraković, M. i sur. (in Croatian): Zdravlje i tjelesno vježbanje. Poglavlje u knjizi: Utjecaj trenažnih stimulusa i neaktivnosti na mišićna vlakna i njihova prilagodba (Zubac, D. 2018); (In Croatian)

Referee in peer-review journals:

International Journal of Sports Physiology and Performance, *Human Kinetics*, 1607 N Market Street; P.O. Box 5076 Champaign, IL 61825-5076, United States; (from 2016 to present)

Journal of Physiology and Biochemistry, Springer International Publishing AG. Part of Springer Nature; (from 2017 to present)

Kinesiology Journal - International Journal of Fundamental and Applied Kinesiology, Zagreb, Horvaćanski zavoj 15, 10000 Zagreb, Croatia, EU (form 2017 to present).

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Email: piotr_zurek@wp.pl

University of Physical Education, Poznan, Department in Gorzow Wlkp. 1994-2014

- specialist in sport science, theory of sport and physiological aspects of sport
- member of the Polish Tennis Federation committee trainers; examiner on coaching courses;
- cooperated with Polish Tennis Federation, Polish Canoe Federation and Polish Wrestling Federation.
- 2004-2006 – physiologist of Polish Olympic Wrestling Team

Areas of Interest: Research interests are focused on: physiological aspects and motor abilities in tennis, wrestling and canoe.

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Sports distinctions



Olympic Games: 4th in 2004 in the category of 63 kg (LF)
World Championships: 6th in 2003 in the category of 63 kg (LF)
Mediterranean Games: 2nd in 2002 in the category of 63 kg (LF)
European Championship: 6th in 1996 in the category of 67 kg (LF)
Mediterranean Championships: 1st in 2011 in the category of 67 kg (LF) 2nd in 2012 in the category of 67 kg (LF)
International Tournaments:
First Cup in "Warsaw Cup" in 2005 in the category of 67 kg (LF)
Second in Austria Ladies Open in the category of 67kg (LF)

Pan-Hellenic Games:

1st in 1995 in the category of 61 kg (LF)
1st in 1996, 1997, 1998, 1999 and 2001 in the category of 62 kg (LF)
1st in 2002, 2002, 2003 and 2004 in the category of 63 kg (LF)
1st 2005, 2006, 2007, 2008, 2009, 2010 and 2011 under the 67

Education

Postgraduate degree: University of Peloponnese, Department of Economics, M.A. in Public Management
Degree: University of Athens, Department of Science Physical Education and Sport (1995)
Diploma: Specialist in Track and Field (from the same Department and the same year)
Diploma: Specialist coach of Olympic Wrestling (School of Coaches, General Secretariat of Sports, Athens 2007)
Diploma: Expert of Business Development Activity, Educational progr "dual athlete's career", University of Peloponnese (2015)

Oral Presentations

- 17th International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2009. Symposium: "The Wrestling today & its evolution in the future": Notice No.: 126. 5532: "WRESTLING SOCIETY & EDUCATION AS THE MODERN AGE" Zygouri S. National and Kapodistrian University of Athens, Department of Physical Education and Sports.
- 19th International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2011. Symposium of wrestling: Notice No.: 18006: "CONTROL OF ANGER AND AGGRESSIVENESS - THE EFFECTS OF TRAINING IN OLYMPIC WRESTLING" Zygouri S. National and Kapodistrian University of Athens, Department of Physical Education and Sports.
- 21st International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2013. "3rd Symposium Olympic Wrestling": Notice No.: 18283: "THE PROBLEMATIC PRESENT AND THE UNCERTAIN FUTURE OF MODERN OLYMPISM" Zygouri S., Barbas I. National and Kapodistrian University of Athens, Department of Physical Education and Sport. Democritus University of Thrace, Department of Physical Education and Sport.
- 39th Pan-Hellenic Medical Conference, Medical Society of Athens 2013.
Notice No.: 415: "THE EFFECT OF EXERCISE ON PSYCHOLOGICAL STATE OF THE PERSON" Stukas B., Zygouri S. University of Patras, Department of Medicine. University of Athens, Department of Physical Education and Sport.
- 23rd International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2015. Annual Forum of the UWW Scientific Commission 2015
Notice: "Gender stereotypes in sport: Prejudices, inequalities and discriminations against women", Zygouri S., Department of Physical Education & Sport Sciences, University of Athens

Poster presentations

- 23rd International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2015. Annual Forum of the UWW Scientific Commission 2015,
Poster presentation subject: "Building success in the future – Business plan for the development of the sport of wrestling: 2013 - 2016", Zygouri S., Kozompoli S. Department of Physical Education & Sports Science, University of Athens – Department of Economics, Athens University of Economics & Business, Postgraduate M.A. in Public Management, Department of Economics, University of Peloponnese

Workshops Presentations

- Municipality of Athens and International Olympic Truce Center, January 3, 2014. Workshop subject: "Sports - Culture and Lifestyle". Presentation subject: "Food and Energy", Zygouri S., Stukas B.
- Municipality of Aspropyrgos and Hellenic Olympic Winners Association: November 7, 2014. Workshop subject: "Exercise and its effect on Physical and Mental Health". Presentation subject: "The effects of exercise on mental state - In an environment of intense mental stress", Zygouri S.
- Municipality of Athens and Hellenic Olympic Winners Association: November 18, 2014. Workshop subject: "The diachronic presence of teaching in the evolution of mankind". Presentation subject: "Generational Gap - The illusion of been different", Zygouri S.
- Municipality of Kallithea and International Olympic Truce Center, March 4, 2015. Workshop subject: "School bullying and Violence". Presentation subject: "Sports as an antidote to bullying", Zygouri S.
- Municipality of Athens and International Olympic Truce Center May 14, 2015. Workshop subject: "Biology of Emotions and Exercise Biology - Theory and practice". Presentation subject: "The effects of exercise on stress, anger and emotional maturity of the children", Zygouri S.

Areas of Interest

Current basic interest: Sports management

Additional areas: sociology, physiology, pedagogy, nutrition

Activity

- Nominated by the Greek Olympic Committee as a candidate for the European Award "fair play" 2012
- Member of the Association of Greek Olympic Winners (since 2004)
- Member of the Association of Greek Olympians (since 2004)
- Technical Consultant for the sport of wrestling of the Hellenic Navy (Since 2006)
- General Secretary of the Greek Coaches Association of Track and Field (2003-2009)
- Special Secretary of the Greek Coaches Association of Track and Field (1998 - 2003)
- International Olympic Truce Center: Olympic Truce Ambassador for Peace and Education (Since 2012)
- Member of the UWW "Women and Sport Commission" (Since 2013)
- Member of the Commission "Woman and Sport" of the Hellenic Olympic Committee (Since 2013)
- Head of Press and Communications of "Philathlitikos" Sports Club (Since 2010)
- Deputy Director of the "School of Wrestling Coaches 2015 – category C" organized by the General Secretariat for Sport (Athens, 2015)