International Network of Wrestling Researchers (INWR) Membership Directory

(Through December 2019)

INTERNATIONAL NETWORK OF WRESTLING RESEARCHERS (INWR)
ADVANCING OUR SPORT THROUGH KNOWLEDGE
FAIRE PROGRESSER NOTRE SPORT PAR LA CONNAISSANCE
ПРОДВИЖЕНИЕ НАШЕГО СПОРТА ЧЕРЕЗ ЗНАНИЕ
PROGRESO PARA NUESTRO DEPORTE MEDIANTE CONOCIMIENTO

Allied with United World Wrestling and support group for their Scientific Commission

www.inwr-wrestling.com

Official publication is the International Journal of Wrestling Science

(please send requests for membership and biographical updates to davcurb@gmail.com)
INWR MEMBERSHIP

FRITZ BRYTING AANES
Email: fritzaanes1978@gmail.com
2X Olympian for Norway
Areas of Interest: Coaching, Psychology

ELENA ABAEVA MD
sport.wr@yandex.ru
Uzbekistan
UWW Medical Commission Doctor

GARY ABBOTT
Director of Communications & Special Projects
gabbott@usawrestling.org
USA Wrestling
Colorado Springs, CO

Edmar Abdoulaev
Board Member of the Dutch Wrestling Federation, FILA – Referee (Singapore 2010 YOG)
Email: toerpal@online.nl
topsport.edmar@worstelbond.nl
The Netherlands
Dutch Wrestling Federation, Wrestling Club «Marshall Baarn»
KSV Marshall Baarn, Goudenregenlaan 14, 3741 CB Baarn
Interests: Wrestling Training, School Wrestling, Female Wrestling, Officiating
BAKIYEV ZAFAR ABDUSHUKUROVICH  
Email: armwrestling@mail.ru  
Country: Uzbekistan

Bakiyev Zafar Abdushukurovich was born on 15 of December in 1982 in Tashkent, higher education, graduated from Uzbek State Institute of Physical Education in the direction of physical education (freestyle wrestling) in 2003, and Master's degree in sports in 2005, and post-graduate studies in 2009. Candidate of pedagogical sciences, associate professor. Since September 2009 he has been working as a head of the department of theory and methodology of the national and international kinds of wrestling in Uzbek State Institute of Physical Education.

MAH MUT AČAK  
m.acak@hotmail.com  
İnönü University BESYO, Turkey

Dr. Açak has worked as a sportsman and trainer in wrestling and football. He worked as physiotherapist for the Turkish National Wrestling Team between 1990-1998. He was also a member of the Education Council in the same federation. In 2001, his book named “Güreş Öğreniyorum (I am learning wrestling)” was published. Now he works as Asst.Prof. at the İnönü University School of Physical Education and Sport. He has published numerous articles in international and national journals.

BRIAN ADAMS, MD  
Associate Professor of Dermatology  
Email and Contact Information: brian.adams@uc.edu  
Institution / Organization: University of Cincinnati  
Country: USA  
Current area of interest: sports dermatology  
Completed wrestling research:


AGELOUSIS NIKOLAOS PhD  
Associate Professor  
Department of Physical Education and Sport Science  
Democritus University of Thrace  
Email: nagelous@phyed.duth.gr  
Areas of Interest: Biomechanics with emphasis on muscle activity in physical education, Sports Training Theory & Application
HABIB AKHLAGHI  
Email: habib.akhlaghi1985@gmail.com  
International Sports Schools-TC president of Wrestling  

Aleksandr Onikovich AKOPYAN  
Email: acop1@yandex.ru  

JUAN PELAGIO CHAPARRO ALANIZ  
Title: Profesor  
Email: jpmjca@hotmail.com  
Institution/Organization:  
FMLA (Federacion Mexicana de Luchas Asociadas)  
Mailing Address:  
San Miguel 24 La Asuncion Iztcalco  
Country: Mexico  
Current Areas of Interest:  
Promotion through the internet and social networking. Study and improvement of training systems, analysis and tactical development of complex technique.  

EVANGELOS ALBANIDIS  
Email: valbanid@phyed.duth.gr  
Associate Professor  
Department of Physical Education and Sport Science  
Democritus University of Thrace  
University Campus  
69100  
KOMOTINI, GREECE  
Areas of Interest: Sport History  

NOURALLAH ALIZADEH  
Email: nourallahalizadeh@yahoo.com  
Tabriz University  
Country: Iran  
Current Areas of Interest: sport physiology  
Completed Wrestling Research:  
A SURVEY OF EATING DISORDERS IN ELITE ADOLESCENT FREESTYLE AND GRECO-ROMAN WRESTLERS OF IRAN
THOMAS W. ALLEN, DO, FCCP, FACOI, FACP, FAOASM  
**Institution/Organization:** Oklahoma State University, University of Oklahoma  
Clinical Professor Center for Exercise and Sports Medicine  
Adjunct Professor of Emergency Medicine  
University of Oklahoma School of Community Medicine, Tulsa  
Vice President and Professor of Medicine Emeritus  
Wrestling Team Physician  
Oklahoma State University  
**Email:** Thomas-Allen@ouhsc.edu  
**Country:** USA  
**Current Areas of Interest:** Body Composition, Flexibility, Respiratory physiology, exercise asthma in athletes  
**Recent Publications**  

AHMED ALTIMIMI, PhD  
dr.sport12@gmail.com  
Professor of Sport Science  
Baghdad University, Iraq  
Iraq National Champion

Kelley Robert ALTOM  
**Professional Affiliation:** Goldstandard Syst ems Inc.  
**Email:** kelleyaltom@hotmail.com  
**Areas of Interest:** Kinanthropometry, Exercise Physiology, Morphological Optimization, Weight Sensitive Sports  
Kelley Altom is an Exercise Physiologist (Master’s degree from Northern Illinois University), ISAK Certified Anthropometrist Level 3 (Instructor) and owner of Goldstandard Systems Inc (since 1997). In the mid 1990's, Kelley created the first mobile hydrostatic weighing system in order to assess and determine safe weight
class options for wrestlers. Kelley was contracted by the Illinois High School Athletic Association to pioneer their Wrestling Weight Certification Program in 2003 and continues to teach and run all body composition and nutrition education components of the program. Kelley currently runs his business, Goldstandard Systems, out of Chicago, IL. Website: www.goldstandardsystems.com

RAMIN AMIRSASAN, PHD  
amirsasan_ramin@yahoo.com  
University of Tabriz, Iran  
Head of nutrition committee for Iranian National Wrestling Federation  
**Current areas of interest:**  
1) nutrition for wrestlers  
2) body composition in wrestling  
3) methods of weight control in wrestling  
4) supplement use in wrestling  
**Completed wrestling research:**  
1) Effect of two doses of branched-chain amino acid supplementation on muscular damage serum index (CK-CKmb-LDH) after heavy resistance exercise wrestlers  
2) Prevalence and effects of rapid weight loss among elite Iranian freestyle and Greco-Roman wrestlers. Investigation of the consumption of nutritional supplements in elite Iranian freestyle and Greco-roman wrestlers and the factors influencing this consumption.

ANDERSON, B.J. M.D.  
Email/Contact Information: amosnandie@comcast.net  
410 Church St SE, Minneapolis, MN 55455  
(612) 626-0421  
http://www.thematdoc.com  
**Institution / Organization:** Boynton Health Service, Univ of Minnesota  
**Country:** USA  
**Current area of interest:** Sports Dermatology, Herpes Gladiatorum  
**Completed wrestling research:**  

http://www.thematdoc.com/index.html

MARIJA / SVETOMIR / ANDJELKOVIC
Belgrade, Serbia
Serbian
Ismeta Mujezinovića 14/4, Belgrade
+38111/227-3039
+38163/7345-226
maraandjelkovic@gmail.com

Previous experience:

- 2015 – DCO at first European Olympic Games in Baku
- 2014 – UEFA doping control officer
- 2014: Director of continuous Course of sport nutrition and suplementation
- 2013 – Doping Control Delegate at European Athletics
- 2012-2014: General secretary of Sport medicine association of Serbie
- DCO at Olimpyc Games 2012 in St.James Stadium, Newcastle ; Old Trafford Stadium, Manchester and Olympic village
- From 2012- President of Medical Commision of Synchronised Swimming Federation of Serbia
- From 2011 -Head of Center for sports nutrition and suplementation, Sports Medicine Association of Serbia
- From 2010- Member of Medical Commision of Olympic Committee of Serbia
- From 2010- Member of Medical Commision of Serbian Water Polo Fedreation
- 2010- Member of World Anti-Doping Agency Team at the Winter Olympic Games, Vancouver in Athlete Outreach Program
- From 2009- Coordinator for W/A and TUE in International Mountaineering and Climbing Federation (UIAA)
- From 2008- Employed in Anti-doping Agency of Serbia as W/A and TUE Manager
- From 2007- Member of Sports Medicine Association of Serbia
- From 2006- Working as Doping Control Officer
- 2005- 2006-Member of Center for Scientific research, Faculty of medicine
- 1998-1999- Member of Association against AIDS
### Experience in testing, nutrition and supplementation:

- Director of continuous Course of sport nutrition and supplementation (two years in live and online version) - 2014
- National team in synchronized swimming – 2012-2014
- National team in kayak and kanoe - 2012
- Olympic Committee of Serbia, 2010-2011
- National boxing team, 2010-2011
- National wrestling team, 2010-2011
- National judo team, 2010-2011
- National athletic team, 2010-2011
- Football Club Partizan, Belgrade, 2009 - 2011
- Basket ball FMP Železnik, Belgrade, 2009 - 2011
- Basket ball Crvena zvezda, Belgrade, 2010 – 2011
- Scuba diving club: Sebastijan, 2009 – 2011

AIDA (Worldwide Federation for breath-hold diving), 2010 – 2011

### Scientific publications:

- Andjelkovic et al. Nutritional and physiological os synchronized swimmers. XXXII FIMS Congress. 2012
- Andjelkovic et al. The first 50 athletes in Center for sports nutritionand supplementation- what have we learned? Third Congress of Food Supplements. 2011.
- Babic, J.O., N. Dikic, N. Radivojevic, and M. Andjelkovic. 2010. Knowledge and attitudes of elite European basketball players. 15th
<table>
<thead>
<tr>
<th>Annual Congress of European College of Sport Science, Antalya, Turkey.</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Dimitrijevic T., and M. Andjelkovic. 2007. Endoscopic and medical treatment of infertile women with endometriosis. 48 th Student's congress of medical sciences of Serbia with international participation, Kopaonik, Serbia</td>
</tr>
</tbody>
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ROMAN APOIKO
Email: apojkorn@mail.ru
Title: Candidate of Pedagogical Sciences, Professor
Email: Institution/Organization: Lesgaft National State University of Physical Education, Sport and Health, St. Petersburg
Country: Russia
Current Areas of Interest: testing of elite wrestlers, wrestling pedagogy
RAMIZ ARABACI, PH.D.
Email: ramizar@uludag.edu.tr; ramizarabaci@hotmail.com
Institution/Organization: Uludag University, Faculty of Education, Physical Education and Sport Department
Mailing Address: Uludag University, Faculty of Education, Physical Education and Sport Department, BURSA
Country: Turkey
Current Areas of Interest: Wrestling Training, Performance Testing for Wrestling
Completed Wrestling Research:

Luis Fernando Aragon V., Ph.D., FACSM
luis.aragon@ucr.ac.cr
Human Movement Science Research Center
Professor, Physical Education Department
Editor-in-Chief, pensarenmovimiento.ucr.ac.cr
University of Costa Rica

HIROSHI ARAKAWA Ph.D.
Email: arakawa@biomech.jp
Institution/Organization:: Japan Institute of Sports Sciences
Country: Japan
Current Areas of Interest: Physiological testing and evaluation

AITHOCINE AREZEKI
Algeria
Email: raihthocine@gmail.com
Algerian Wrestling Federation-Chief of Service of Formation and Development
KOSTAS ARKOUDAEAS
Email: k.arkoudeas@yahoo.gr
Institution/Organization: etnikos fc
Mailing Address: pontou 23 peristeri
Country: Hellas
Current Areas of Interest: training
Wrestling Accomplishments: Jr World Champion GR6th Place in 2004 Olympic Games

KIRTISNA ARYA
New Dehli, India
E-mail: kirtisna.arya@gmail.com
Academic and Professional Qualification:
- Bachelor of Arts in Physical Education
- Post–Graduate Diploma in Yogic Sciences
- Master of Arts in Yogic Sciences
- Diploma in Sports Coaching (Wrestling) from Netaji Subhas National Institute of Sports, Patiala, India

Represented India at International level in various Wrestling Championships/Tournaments:
- Bronze medal in Shaheed Bhagat Singh International Wrestling Tournament 2009, INDIA
- Silver medal in CERRO PELADO GRANMA International Tournament 2009, Havana CUBA
- Silver medal in Commonwealth Sr. Wrestling Championship 2011, Melbourne AUSTRALIA

Now coaching wrestling

MOHAMED ASHMAWY
Email: wrestler0x@gmail.com
Institution/Organization: Physical Education College /Banha University
Mailing Address
Egypt- Qalubia- Kafershukr- Kafertessfa
Country: EGYPT
Zagazig University
Faculty of physical education for males
Dept. Of competitive and aquatic sports

Effect of some special exercises on physical and technical performance level of body lock, lift and suplex movement for wrestlers
A research presented within the requirements getting magistrate in physical education, prepared by Mohamed Elsayed said Mohamed Ashmawy

Qualifications
1- Bachelor of Physical Education 1998 wrestling, gymnastics & exercises specialty – Very good grad with honor degree.
2- Master of Physical Education 2003 – Training Department.
3- Independent Coach from the Egyptian Wrestling Federation.
4- A course in sports injuries and health clubs.
5- Ex- international wrestler in the Wrestling Egyptian National Team.

Experiences
- Sports Specialist at Faculty of Physical Education – Banha University
responsible for sports Activity Planning and Training sport teams.

- **Physical Education teacher** at International School “Orbit Academy” 2003- 2006.
- **Supervisor** at ELHUSSAN Schools in Al Khobar since 2006 till 2010 - Excellent grade.
- **Wrestling Coach** at El Shobban El Muslimyn club and KaferTessfa Youth Center in Egypt since 1999 till 2003.
- **Physical Fitness and loss weight Instructor** at Intercontinental at Saudi Arabia 2010
- **Wrestling Coach** at the national project for juniors in wrestling /National Sports Council (2012 till now).
- **Physical Fitness and loss weight Instructor** at DREAM LAND SPA 2011-2013.
- **Wrestling Coach** at Banha University Team 2012-2013

**Personal qualities**

- Having an international, national, Universities Championships in GR. Wrestling:
  - Arab Championships at Morocco 1993
  - African Championships South Africa 1993
  - Fehby emry Turkey 1998
  - Ibrahim Mustafa Egypt 1993

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**Robert Asryan**

Armenia

Email: robert_asryan@yahoo.com

Coach

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**MAURICIO ATAMAINTE**

Email: mauriwrestling1298@hotmail.com

Institution/Organization: FEDERACION DEPORTIVA DEL AZUAY
FEDERACION ECUATORINA DE LUCHA

Mailing Address: 12 de abril s/n Unidad nacional

Country: Ecuador

Current Areas of Interest: Entrenamientos

Completed Wrestling Research:

Soy un deportista todavia activo y me gustaria poder estudiar y tener mas conocimientos sobre la lucha libre y greco par poder aplicarlas en mi pais paar un mejor desarollo del depoetis y deporte gracias me intereza mucho

Title: Vocal directorio FELA -Entrenador

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**KRISTA AUSTIN, PhD, CSCS,** is an exercise physiologist, nutritionist, and NSCA-certified strength and conditioning specialist. She is also a research associate with the International Center for East African Running Studies.

Email: krista.g.austin@gmail.com

Austin was a performance nutritionist with the English Institute of Sport, where she provided services to 18 Olympic sports and the England cricket team. Most recently she served as a physiologist with the United States Olympic Committee, where she worked with multiple sports in preparation for the 2008 Olympic Games.

Austin is owner of Performance & Nutrition Coaching, LLC, which provides physiological testing, nutrition, and coaching education to professional and amateur athletes as well as Olympic national teams, including athletes competing for USA
Track & Field, USA Canoe/Kayak, USA Wrestling, USA Taekwondo and USA Triathlon. She also currently serves as the nutritionist for Michael Johnson Performance.

A former collegiate tennis player, she obtained a PhD in movement science from Florida State University and holds a master’s degree in exercise physiology from Sand Diego State University. She is a member of the American College of Sports Medicine and has also served as associate editor of the *International Journal of Sport Nutrition and Exercise Metabolism*.

**ALI AWARKE**  
**Country:** Lebanon  
aliwres30@hotmail.com  
P.O box : 15/5271  
**Email:** aliwres30@hotmail.com

**DR. SC. MARIO BAIC, PHD**  
Member of UWW Scientific Commission  
Biography at: [http://kif.hr/mario.baic?@=5oh9#profile_prikaz_11025](http://kif.hr/mario.baic?@=5oh9#profile_prikaz_11025)  
Faculty of Kinesiology in Zagreb (Croatia) as wrestling scientist  
**Email:** mario.baic@kif.hr  
**Institution/Organization:** Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10 000 Zagreb, CROATIA  
http://www.kif.unizg.hr/djelatnici/mario.baic?@=5rbl#profile_prikaz_13433  
**Country:** Croatia  
**Current Areas of Interest:** coaching wrestlers, wrestling conditioning, individualization in wrestling training, sport law  
**Publications:**  


Books:

SYLVIA BAKALOVA, PHD
sisibak@abv.bg
National Sport Academy - Sofia, Bulgaria
Historian with a specialty history of physical education and sport.
My professional interests have been linked to the history of the wrestling for more than 20 years – particularly the traditional wrestling and modern Olympic styles.
My scientific researchers are currently focused on the history of the Bulgarian wrestling, its organizational structure, as well as a moral and ethical standards laid down in the sport, in particular in the traditional wrestling.

Publications in authorship with Prof. Rayko Petrov:
1. The Roots of Wrestling: The traditional Wrestling styles (Budapest, 2000)

Copyrighted publications:
- Worldwide traditional wrestling (Sofia, 2006)
- Changing the starting date of the establishment of the International Wrestling Federation (FILA)
- Historical roots of the moral and the ethics in the sport
- Athletes’ strength training in the Ancient Greece
- Traditional wrestling – historical basis of the Olympic wrestling styles
- The epoch Rayko Petrov
- Greco-Roman wrestling - European sport
- Wrestling leadership in the classification of the Thracians
- Moral aspects of the prayers, vows and challenges in the traditional wrestling
- Specific folklore in wrestling and more

JOEL BANE
Coach
Email: jmbane@comcast.net
Snake Pit U.S.A. Catch Wrestling Association
Mailing Address: 4075B Andrews Ln McGuire AFB, Trenton, NJ. 08641
Country: United States
Current Areas of Interest: Catch as Catch Can Wrestling, Freestyle and Greco Roman
Completed Wrestling Research:
1.) Actively researching history of wrestling and reintroducing Catch as Catch Can to the public through regular seminars and training events with Coach Billy Robinson (Scientific Wrestling).
2.) Actively researching conditioning and nutrition aspects for maximum athletic performance as a certified fitness trainer and consultant with the International Sports Science Association (ISSA).
3.) Current member of the United States Air Force Wrestling Team training under Coach Floyd Winter researching age related injuries and maximum athletic performance for older athletes still competing.
Website: www.SnakePitUSA.com

IOANNIS BARBAS PH.D. ASST. PROFESSOR
UWW Scientific Commission Consultant
Email and Contact Information: imparmpa@phyed.duth.gr
Institution/Organization: Department of Physical Education and Sports Science Democritus University of Thrace
Country: Greece, Hellas
Current area of interest: Psychology, Motivation, Tactics
Winner of 2019 Rayko Petrov Award
Assistant Director of INWR
Member of Hellenic Committee for University Sport
Member of Association of FILA Coaches
FILA Coach, Greco-Roman Category II
FILA instructor conducted an international course for coaches in Pyongyang-North Korea organised by IOC and FILA 2008.
Regular lecturer at the FILA Advanced Schools for Coaches.

More than 50 communications and presentations at International Conferences in wrestling.

Completed Wrestling Research:
Barbas I., Popov N.,(2003) Structure of adjustment for wrestling athletes as a preparation determinant. Personality, Motivation, Sport, 3,88-95 Sofia, BUL

Michael BARIA, MD
Email: drmichaelbaria@gmail.com
Mayo Clinic

Mailing Address
200 1st Street SW, Rochester, MN 55905
Country: USA
Current Areas of Interest:
Physical medicine and rehabilitation, sports medicine
Completed Wrestling Research:
Wrestlers with Limb Deficiencies

Alexandr BARKOV

DR. TIBOR BARNA
Email: barna@tf.hu
Institution/Organization:
Associate Professor-Physical University Combat Department
Budapest
ADDRESS: 1123.Budapest. Alkotás u.44.
Ph: 487-9224/61369 /61274
Country: Hungary
Member of UWW Scientific Commission
Current Areas of Interest: TV broadcasting influence for wrestling
Completed Wrestling Research:
Books:
Foreign :

Hungarian:
7) Barna T. (1996): Testsúlyszabályozás a birkózásban. Mesteredző 6. 4-8
18) Barna T., A taktikai cél elérése érdekében használható információk és azok feldolgozása a birkózásban Magyar Sporttudományi Szemle, Budapest 2003 1. szám, 42-44.old
19) Barna T., A kerékpározás biomechanikai jellemzői és szerepe a népegészségtügyi programban Magyar Sporttudományi Szemle, Budapest 2004. 1. szám, 6..old
20) Barna T., A médiaterror és az olimpiai üzlet együttes hatása birkózásra. Magyar Sporttudományi Szemle, Budapest 2005. 3. szám, 12.old

Others:

Others:

Performances
2) Barna T., A cselekvéshatékonyság és az edzők pedagógia tevékenységének változása a birkózásban a barcelonai olimpia után, Budapest Mozgásbiológiai Konferencia, 2000 szept. 28.
6) Barna T., A birkózásspecifikus állóképesség kialakításának módszerei, NCA Nemzetközi Edzőtávállalkozás, Budapest, 2004 dec. 18

BASAR, SELDA
sbasar@gazi.edu.tr
Department of Physiotherapy and Rehabilitation
Gazi University
Turkey
Relevant Works:
Differences in strength, flexibility and stability in freestyle and Greco-Roman wrestlers

ADUUCH BASKHUU
Baskhuu_a@yahoo.com
Chief Coach of all National Teams
Sports Training Center
Ulaanbaatar, MONGOLIA
Evgenii Bavykin
Professional Affiliation - PhD, professor, Lesgaft University, Russia
Email - evgeny.bavykin@gmail.com
Publications - Currently, more than 40 publications. Publications included in the list of Web of Science and Scopus - 5.
Areas of Interest - Greco-Roman wrestling, freestyle wrestling, physical training, tactics, structure, technical and tactical training

OIDOVSAAMBUU BAYANMUNKH
Email: p_balka@yahoo.com
Country: Mongolia
1988 year graduated from Physical Institute of Lesgaft in Sankt-Peterburg.Russia. Prof - coach of wrestling, Vice president of Mongolian Wrestling FederationSydney, Athens, Beijing, London Olympic Games as coach, administrator and team leader.

ERIC BEAN, PhD
ericadrianbean@gmail.com
www.GetaStrongMind.com
Dr. Eric Bean is a mental performance consultant and is currently providing mental skills training to Soldiers (including Special Forces and surgeons) at Joint Base Lewis-McChord in Washington. In his role with the U.S. Army, Eric provides training on the mental and emotional side of performance to guide Soldiers to reach their potential on a consistent basis, especially when the pressure is high. Eric earned a B.A. in Psychology from the University of Southern California, his M.S. in Sport and Exercise Psychology from California State University at Fullerton, and a Ph.D. in Sport and Exercise Psychology from Michigan State University. Eric is a Certified Consultant with the Association for Applied Sport Psychology. Eric was part of a team at MSU that developed a coaching education course designed to enhance the leadership abilities of today’s collegiate wrestling coaches. Eric is a published, peer-reviewed author and has written on positive youth development through sport, mental preparation for training and competition, and on leadership development.

EVANGELOS BEBETSOS
Institution/Organization: Dept. of Phy. Education & Sport Science, Democritus University of Thrace, Komotini, Hellas
Email: empempet@phyed.duth.gr
Country: Greece
Current area of interest: psychology of officiating/referees, sport & exercise psychology
PEDRO J. BENITO PEINADO
Professor, Universidad Politecnica de Madrid
pedroj.benito@upm.es
Doctor en Ciencias de la Actividad Física y del Deporte.
Profesor Titular Universidad.
CONTACTO
Areas of Interest: Physiology of Wrestling, Women’s wrestling

DR. DAVE BENNETT
Email: docbennett@realwrestling.org
Received the Gold-level certification from the National Coaches Education Program
- Coached High School Wrestling 1969 thru 1990 holding positions as Volunteer, Assistant and Head Wrestling Coach at 5 different High Schools, working in all of the different State Divisions.
- As a Head HS Coach, 137-27 record. (Riverview & Richland HS’s in WA.)
- As Volunteer, Assistant, Head and Private Coach – Helped Coach over 40 wrestlers to a High School State Title in Washington, Colorado and Ohio.
- 1985 thru 1996 - At Senior Level with Sunkist Kids Wrestling Club working with Bobby Douglas and Joe Seay – Video scouting and technique.
- 1984 to Present – Instructed at summer camps and Coaching Seminars throughout USA, Canada and Europe on a yearly basis.
- 1984 thru1997 contracted by USA Wrestling for Instructional Video Work and Volunteer Coaching Staff.
- 1984 to present – Prepared scouting and team evaluations for USAW up to and including the 2012 Olympic Games and 2013 Worlds.
- 1988-92-96-2000-08 Olympic Games on staff with FILA or USAW.
- 1991 – Coach for USA versus Cuba.
- 1993 – Coach for USA versus Russia (2 events April and November).
- 1993 - Honored by USWOA for providing video education on rules.
- 1997 - joined USA Wrestling as full time staff member working with National Teams and Broadcasting.
1997 National Wrestling Media Association Broadcaster of the Year.


2000 thru 2008 Assisted Kevin Jackson National Team Freestyle Coach

2000 thru 2008 Assisted National Freestyle Resident Coaches – Mike Duroe, Lincoln McIlravy, Dan Gable, Sergi Belaglazov and Terry Brands.

2000 - Started Future Freestyle Program in association with Big Brother program for Greco Roman Wrestling for USAW at the OTC in Colorado Springs. Bringing top young Cadets and Junior age athletes to the OTC 3 to 4 times a year for training with USAW Staff Coaches. Continued thru 2008

2001 - Started a gray shirt year program at the OTC for graduating High School Athletes to . In Effect thru 2008 spend a year at OTC prior to College. Limited to 2 athletes/year.

2002 Started Coaches Women’s Residency program at OTC Until Terry Steiner was able to come on board as Women’s National Coach.

2002 - Coached the 2002 Women’s World Team in Greece.

As National Developmental Freestyle coach for USA Wrestling worked with 100’s of State Champions and multiple NCAA Champions at the OTC.

2003 - Coached the 2003 Senior Men’s Freestyle Team to the Pan American Championships Team Title.

2003 - Team leader and Coach for the 2003 World University Games. 3-Gold Medals. Team 2nd

2004 - Coached the Women’s World Cup in Tokyo with Terry Steiner.

2004 - Started a Annual Fall coaches Seminars at the OTC bringing in Coaches from member states of USAW to learn from resources and coaches at the OTC. Still being conducted.

2004 - Brought Henry Cejudo to the OTC in hopes of changing his environment and him having a chance to have a wrestling future.

2004 Developed first version of online coaches teaching tool. Updated annually thru current version at http://matadvantage.com

2005, 2006 and 2007 recipient of the United States Olympic Committee’s Doc Councilmen Award as Coach of the Year for Wrestling.

2005 - Took over coaching responsibilities for Junior and University worlds.

As National Developmental and volunteer FS Coach prepared and coached multiple Junior and University World Teams.

2005 Junior Worlds 2 Bronze Team 9th
2006 Junior Worlds 1 Silver 1 Bronze Team 7th
2007 Junior Worlds 1 Gold Team 5th
2008 Junior Worlds 3 Bronze Team 8th
2009 Junior Worlds 1 Gold, 2 Bronze Team 4th
2006 University Worlds 2 Bronze Team 8th
2008 University Worlds 1 Gold, 1 Silver, 2 Bronze Team 4th

From 2005 through 2009 his age groups teams have won a total of 6 Gold, 3 Silver and 13 Bronze Medals in World Competition

2006 Presented paper on Periodization for competitive cyle at FILA International Coaches Seminar.

1997 thru 2008 Coached Senior Teams at International Tournaments World Wide including - the Yarygin International, Trophy Milan, Henri Degane, Canada Cup, Dave Schultz, NYAC, Clansman and Yasar Dago International Tournaments...

2008 was Coach of the Year for the United States Olympic Committee receiving the Doc Councilman Award for all sports within the Olympic Group □ Coached the 2009 USOC Wrestling Team of the Year, the Junior World Team.

□ Coached the 2011 Junior World Team – 1 Silver Team
□ Coached the 2012 University world Team – 2 Bronze

Some of the Coaches he has worked and coached with in his career include, Dan Gable, Joe Seay, Bobby Douglas, Mike McArthur, LeeRoy Smith, John Smith, Mike Duroe, Bruce Burnett, Greg Strobel, Lou Roselli, Sean Bormet, Lincoln McIlravy, Eric Guerrero, Lee Kemp, Mark Manning, Darrell Keller, Jim Humphry, Sergei Belaglazov, Zeke Jones, Terry Steiner, Terry Brands and Kevin Jackson.

□ 2012 to Present - Currently on Staff as Volunteer assistant at Boise Sate University.

□ 2013 Presented two papers at FILA International Coaching Seminar on Development of the Elite Athlete and Weight Reduction Prior to competition.

Television and Video Accomplishments:
• 1984 thru Present - Produced more than 60 Instructional and Promotional Video’s and DVD’s for FILA, USAW, College and International Coaches and Athletes.
• 1986 thru 2010 – Produced over 40 Television shows for Broadcast Networks that include ABC, FOX, ESPB, ESPN2, and ESPNU covering events such as U.S. National Open, World Cups, Team Trials and World Championships.
• 1992 thru Present – Produced over 50 Instructional tapes for FILA and USAW Officials Education, used in clinics around the world.
• 1988-2008 – Produced TV commercial and promotional spots for USAW and others.
• 2009 thru Present – Produced Video Biographies of Inductees for both the U.S. National Wrestling Hall of Fame and the FILA Hall of Fame.
• 2009 - Developed TheWrestlingGreats.com website for distribution and sale of educational and entertaining wrestling video.
• 2015 - Named to USA Wrestling Hall of Fame

BENTOUATI ZOUHEIR
Email: bentouati_coach@hotmail.fr
Date of birth: 01-11-1966 in Blida Algeria
Diplôme: Technicien Superior of Sports in Wrestling
Profession: Director of youth talents in our Federation
Adresse: Cite Benboulaïd B, N°=19 Blida
Social life: Married and father of 4 childrens
Phone number: 00 213 777 35 65 87

STUDIES:
Where I had a diplom of State in 1990 as T.S.S.I was very lucky my first professor was OLZOEV KLIM of Russia. He was a Champion of USSR in 52 Kg in Gréco-romain style. He was my prof and my friend and taught me all about wrestling and to speak Russian.
-2010 I participated in the FILA Advance School for Coaches in Murcia, Spain in Free style.
-2011 at 2012 I had studied for one year in Algeria to have a diplom as Educator Principal of Physique Education.
-2011 I had a diplom of the C.I.O in collaboration with Algeria C.O.A
- Language: I write and speak Arabic-Fransh and English. I speak Russian.

SPORTS
I started wrestling at 15 years old in gréco-romain style
I played until 57 Kg Séniors than I changed style I played 62 Kg in free style until 1993
I had a many diplomas in my country in Gréco-Romain and Free style I was a Championship in my country ALGERIA

PROFESSIONNEL EXPERIENCE
-1990/2000 I worked as Director Technique of my departement BLIDA
-And by the same way Coach of school kids and seniors in Free style because I was very interested by this style.
-1991 I worked as National coach of juniors and I had the first place of Championship Maghrebain in Greco-Romain.
-2000/2006 I worked as Senior coach of my Club USMB in Blida in Free style where I had every year a National cup in free style now my club is best in this style. And the National team of free style was composed at 95% from Blida.
2000/2012 I worked as National coach with cadets, juniors and seniors where I had a many title Arabic, Africain championship
I had participated at many camps with the national team in differents countries where I observed that rearly there are many kinds of wrestling schools and every school have his own system of work (physiq-Technique and so) I had participated at many international tourneirs
I had done a camp in russia in 2004 with the Seniors National team in kokaz
I had participated at Arabic GAMES in Algeria 2004 as coach
I had participated at Africain GAMES in Algeria in 2007 as coach
-2013 I work in federation as a Director of Youth Talents in wrestling
I am employed by the ministry of sports

SCIENCE RESEARCH
Prepation of youth wrestlers - through CDs and books, in methodologie of training for kids and Seniors. Evolution of science and technologie into wrestling.
JENNIFER BHALLA, PhD  
jenniferbhalla@pacificu.edu  
Dr. Jennifer Bhalla earned a scholarship to Rutgers University and received her Bachelor’s Degree in Sport and Exercise Science. Upon graduating, she pursued her passion in Sport Psychology with an emphasis in youth development through physical activity by receiving a MS degree from Smith College, and a PhD from the University of Virginia. Over the past several years, she has collaborated on research studies and papers on positive youth development, cultural and parental influence on sport participation, and issues regarding young athletes. She has presented at the National Wrestling Coaches Association Annual Convention and co-presented research at the Super 8 event in Lausanne, Switzerland. Dr. Bhalla is an Assistant Professor of Exercise Science at Pacific University in Oregon, USA.  

CODY BICKLEY  
cbickley@usawrestling.org  
USA Wrestling-Administrator  
Colorado Springs, CO  
Areas of Interest: Coach education, high performance training  

IVICA BILETIĆ  
biletic@net.hr  
Croatia  
Areas of Interest: youth wrestling  
Papers: DIFFERENCES IN FITNESS LEVELS WRESTLERS OF DIFFERENT WEIGHT GROUP AGED 11 AND 12 YEARS  
University of Zagreb  

Andy BISEK  
Email: abisek@nmu.edu  
Associate Head Coach Northern Michigan Olympic Training Site  
2x World Bronze Medalist GR
BAGIR J. BOGDANOVS  
Norway  
Greco-Roman wrestling National Coach (Cadets)  
Norwegian Wrestling Federation  
bagir.bogdanov@gmail.com  
www.bryting.no  
www.bryting.org

MARC P. BONIS, Ph.D.  
Assistant Professor  
Email: mbonis@uno.edu  
Institution: University of New Orleans  
Mailing Address: 2000 Lakeshore Dr., ELCF Dept ED348K, N.O.,LA 70148  
Country: USA  
Current Areas of Interest: Bone growth and development of adolescent athletes  

M. ONER BOSTANCI  
Turkey  
mobostanci@hitit.edu.tr

Carmen BOTT  
Vancouver, BC, Canada  
Email: carmenbott@gmail.com  
Master's of Science from University of British Columbia.  
Kinesiology instructor at Simon Fraser University, and assist with their Women’s Wrestling Team. I also worked with Canada Wrestling developing Danielle Lappage (Olympian - 2016) and Justina Di Stasio (Bronze at 2017 Worlds). I am also training 2018 USA World Team member Mallory Velte.  
Areas of Interest: Most current work is the development of methods to improve speed endurance in grapplers. Train male wrestlers and UFC athletes, but my most successful ones so far are the females.
Fabricio BOSCOLO DEL VECCHIO
fabricio_boscolo@uol.com.br

Institution: Federal University of Pelotas

Position: Adjunct Professor
Areas of interest: Martial arts and Combat sports; Exercise physiology, Sports training.

Publications: More details at http://lattes.cnpq.br/4479595583234972
Holds a BA (2001) and BSc (2004) in Physical Education from the State University of Campinas, MSc (2005) and Ph.D. (2008) in Sports Science from the same institution. Currently a senior researcher at the Group on Public Health, Epidemiology and Physical Activity - ETF / UNICAMP, deputy leader of the Group of Studies and Research in Fights, Martial Arts and Combat Modes - EEFE / USP, belongs to GEEAF (Study Group Epidemiology of Physical Activity, eseUFPel), a member of the National Strength and Conditioning Association and the scientific committee of GTT12 - Sports Coaching, the Brazilian College of Sport Science. He has experience in Physical Education, with an emphasis on Modalities Combative Sports Coaching and Physical Activity and Public Health. Author of scientific papers published national and internationally, book chapters and complete book (Physical Training for Athletes Judo), was also trainer of fighters Judo, Brazilian Jiu-Jitsu and Taekwondo. He is currently Associate Professor, School of Physical Education, Federal University of Pelotas.

KYLA BREMNER  MD
(Bachelor of Medicine and Bachelor of Surgery (Hons), also BSc (Hons) Biochemistry, and BA (Hons) English Literature and Gender Studies)
Email: kylabremner@gmail.com
Mailing Address: 5/9 Bona Vista Ave, Maroubra, NSW 2035 Australia
Country: Australia
Current Areas of Interest: all areas of wrestling
Completed Wrestling Research: published paper on Gender, Sexuality and Sport in Canadian Women's Studies Journal special edition on women and sport.
Produced an information sheet while working for NSW Health AIDS/Infectious Diseases Branch on Wrestling and Infectious Disease Prevention (unpublished but evidence based).

STEVEN BROMAN, MD
familydoc.steve@gmail.com
Fort Collin, Colorado, USA
Has served as USA Wrestling Team Doctor on several international tours.

ALEX BROWN-THERIAULT
175 Bronson, Ottawa, Ontario K1R 6H2
Phone: (613) 807-1648
E-mail: abrowntheriault@gmail.com
Education:
Masters of Science in Kinesiology 2014 - 2017
University of New Brunswick, Fredericton, NB

**Bachelor of Science in Kinesiology** 2005 - 2009
Brock University, St. Catharines, ON

**Athletic Involvement:**

**National Team Athlete** 2005 - Present
Canadian Amateur Wrestling Association, Ottawa, ON
- Placed 1st at the Olympic Wrestling Trials in 2015
- Pan American Games team member in 2015
- Represented Canada at the 2008 University World Championships
- 2007 Commonwealth Champion

**Work Experience:**

**Registered Kinesiologist** 2017 - Present
The Ottawa Hospital, Weight Management Clinic, Ottawa, ON
- Deliver group presentations and workshops about exercise prescription, behaviour change and stress management
- Consult with healthcare providers to improve the quality of client services
- Meet with clients one-on-one to adapt exercise prescriptions to meet their individual needs

**Teaching Assistant** 2014 - 2016
University of New Brunswick, Fredericton, NB

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**Jason Bryant**

Founder, Mat Talk Online
Mat Talk Podcast Network
matalkonline.com
jason@bryantwrestling.com | jason@matalkonline.com
Twitter: @jasonmbryant @matalkonline
Cell: 612-812-5983

President, National Wrestling Media Association
National Wrestling Hall of Fame Inductee, Virginia Chapter
11-Time Wrestling Journalism & Broadcasting Award Winner
Announcer for 2018 World Championships in Budapest

**Publications**
- USA Wrestling Cadet & Junior Nationals Almanac
- NCAA Division I Championships Fan Guide
- NCAA Division III Championship Fan Guide

Previously: Amateur Wrestling News, USA Wrestler

**Areas of Interest:** Historical records, statistics, database archival

Wrestled for a short time in high school, been a media professional in broadcasting, journalism and announcing for 25 years. 11-time wrestling award winner. 2017 Inductee into the National Wrestling Hall of Fame (Virginia Chapter) for Lifetime Service to Wrestling. Public Address announcer for 2015, 2017-18 Wrestling World Championships, NCAA Division I Championships, NCAA Division III Championships, NAIA Championships, Midlands Championships, 2016 Rio Olympics. Covered 38 National College Championships, 15 World/Olympic Team Trials in both the U.S. and Canada, 16 World and Olympic Championships (Cadet, Junior, Senior) and 20 USA Wrestling Cadet & Junior Nationals with scores of other college and HS tournaments as well.

**DR. GEORGY BRYUSOV**
bryusov@fila-wrestling.com
2013 - Advisor to Russian Minister of Sports
2013 - Doctor of Education
1995 - Vice-President, European Committee of Wrestling Styles, CELA
2008 - present - First Vice-President, Wrestling Federation of Russia
2013 - Maker of Russian National Wrestling Program "FIGHT AND WIN!"
2013 - Author of Wrestling 20/2013 Program
1994 - present - Organizer of World CUPS, European Nations CUPS
2005 - Assistant to Mr. Alexander Karelin, State Duma Deputy, Russia
2004 - Medal of Order "For Merits before Fatherland"
Education - Higher: - The Russian State Medical University (1997) - Moscow State Law Academy (2002) - The Russian Academy of Public Administration under the President of the Russian Federation (2006), Honored coach of Russia (2004). He currently holds the following positions: - 1st Vice-President, Secretary of the Russian Wrestling Federation - Vice-President of the European Committee of Wrestling (CELA); - Deputy Chairman of the Board of Trustees of the Foundation supporting sports Ivan Yarygin - Chief Editor of "Champion Club" - Assistant Deputy of the State Duma Alexander Karelin - President of the Foundation supporting sports "New Perspective".

MATTHEW M BRZYCKI
brzycki@princeton.edu
Matt Brzycki, BS, has more than 30 years of experience at the collegiate level as a coach, instructor and administrator. This includes work as a Health Fitness Supervisor at Princeton University. Has written 15 books on strength and conditioning, including Wrestling Strength: Prepare to Win (2002) and Wrestling Strength: Dare to Excel (2004).

MARIA BULATOVA
dr.bulatova@gmail.com
President, Olympic Academy of Ukraine
Director, International Olympic Studies and Education Centre
IOC Commission on Culture and Olympic Heritage, Member

JONATHAN BUTTERFIELD
Title: Student / Coach
Email: jonathan.j.butterfield1@gmail.com
Institution/Organization: Morehead State University / Ashland Area Wrestling Club
Mailing Address: 99 Pleasant Valley Avenue
United States
Current Areas of Interest: Sports Psychology

Jeff BUXTON
jeff.p.buxton@gmail.com
USA Coach
MICHEL CALMET
Email and Contact Information: michel.calmet@univ-montp1.fr
Institution / Organization:
Faculté des Sciences du Sport
700 av du Pic Saint Loup
34000 Montpellier, France
Reviewer for the International Journal of Wrestling Science
Labo de recherche: http://www.santesih.com/
Cours en ligne Analyse vidéo :
http://www.atlas.univ-montp1.fr/courses/CALMET08277114722/
Site perso : http://www.apc-scolaire.fr
Pour les enfants : http://charadesenligne.fr
Country: France
Current area of interest: Judo, Pedagogy, analysis of video sequences
Completed research:
M. Calmet, N. Trezel, and S. Ahmaidi. Survey of system of attacks by judokas in regional and interregional
Université de Montpellier 1
Faculté des Sciences du Sport
Laboratory : Epsylon
Montpellier, FRANCE
My combative sport interest area:
- Teaching and pedagogy in combat sports, specially cooperation and opposition
- Uses of ICT to analyze and observe combat players
- Adapted physical activities and combat sports

Zhichao CAO, PHD candidate
Shanghai University of Sport
Physical Education And Sports Training
Freestyle Wrestler
Shanghai-China
Czc_wayne@sina.com
Experience:
1. 2004-2008 Shanghai University of Sport bachelor degree
   Sport training
2. 2008-2010 Shanghai University of Sport master degree
   Physical education & training
3. since 2014 Shanghai University of Sport PHD student
   Physical education & training
Research interests:
I want to make some research on rolling bridge of wrestling. I need to test a wrestler’s power when he is using
"rolling bridge". I think this kind of power is a resultant of forces and it is also a torque force.

EDU CARBALLEIRA
PhD in Sport Science
Master in Sport Science COE (Spanish Olympic Committee)
Sport Director and Head Coach in Judo Club UDC
Performance Coach in Galician Judo Federation
Lecturer in Master of Training and Disease in University of A Coruña and University of Ramón LLull (Barcelona)
Email: 
ecarballeira@udc.es
educarballeira@gmail.com
Institution/Organization: Federación Gallega de Judo, Judo Club UDC, Universidade de A Coruña
Mailing Address: Novoa Santos 42, 6ºA, 15006, A Coruña (Galicia)
Country: Spain
Research Interest:
- Methodology in strength and conditioning (training, testing, load monitoring)
- Physiology and neuromuscular performance in combat sports
- Blood flow restriction training
- Motor control and learning in sports
- Recovery methods
- Physiological responses in extreme situations (heat, dehydration,…)
- Weight loss and weight control in weight category sports

Publications
https://www.researchgate.net/profile/Edu_Carballeira/contributions

Completed Wrestling Research:

CRISTINA CASALS
casalsvazquez@gmail.com
Spain

IVAN CASTRO
Lic. University of Sports and Physical Education. A Coruña University
Email: ivanloita@yahoo.es
Organization: Galician Wrestling Federation
Mailing Address: Basanta Silva 12. 27800 Vilalba (Lugo)
Country: Spain
Current Areas of Interest:
Test and Wrestling performance/ Pedagogical youth wrestling
Completed Wrestling Research:
Colaborate in Studies of Heart Rate Evolution in Wrestling Match

Silvio Antonio Gonzalez CATALA
Email: silviogc047@gmail.com
Universidad de Guayaquil (UG)
Guayaquil, Ecuador
Department
Facultad de Cultura Física, Deportes y Recreación
Publications: Preparación física y deportiva
2015, Publisher: Editorial de la Universidad de las Fuerzas Armadas ESPE
ROSARIO CATALDO
Email: rosariocataldo@hotmail.it
mobile: 3281431869.
Country: Italy
EDUCATION
Istituto tecnico industriale statale Alessandro Volta, Palermo, Italy
University of Palermo, Palermo, Italy 2008-2011
  Degree in physical activity and motor
  Thesis: "Il controllo del peso corporeo negli sport da combattimento"
  (The control of body weight in combat sports)
EXPERIENCE
C.U.S. PALERMO – Palermo, Italy

LUÍS CATITA, PHD
Professor at Instituto Politécnico de Setúbal, Instrutor at International Federation of Associated Wrestling Styles and Vice President at Federação Portuguesa de Lutas Amadoras
Country: Portugal
Areas of Interest: Psychology of Youth Wrestling Participation
Vice-President (PhD Sport Science)
Email luis.catita@fplutasamadoras.pt
Mailing Address
FEDERAÇÃO PORTUGUESA DE LUTAS AMADORAS, Rua da Lapa, 14 - 2º, 1700 - 702 Lisboa
Completed Wrestling Research:

HELMI CHAABENE
Professional Affiliation: Scientific expert at the national center of medicine and science in sports Tunis Tunisia
Assistant professor Invited Researcher in Potsdam University Germany. University of Potsdam, Faculty of Human Sciences, Research Focus Cognition Sciences
Email: chaabanehelmi@hotmail.fr
Areas of Interest: Martial arts physiology; fitness assessment; fitness training

Brief biography: Helmi Chaabene has a doctorate in exercise physiology and master degree in fitness conditioning. He works currently as a scientific expert at the national center of medicine and science in sports Tunis Tunisia in charge of fitness training program monitoring of elite level athletes in various discipline, laboratory and field evaluation of elite level athletes, and conducting research in the field of sport science (i.e., training and performance optimization). His area of research includes martial arts physiology, validation of fitness assessment protocol; strength and/or balance training in youth athletes. Academic accomplishment includes more than 30 publications in the most leading sport science journals. He is an expert reviewer in more than ten sport science journals.

Publications:


Books and book chapters


ABDOLLAH CHAMANGOLI
Iran
achamangolisport@gmail.com
MSc in Physical Education

Athletic

Iran National athlete for 12 years in Cadet, Junior and Senior
Bronze medal; World Army Championship 1993/ Iran
Silver medal; World student(University) 1995/ Iran
8 Medals from Takhti Cup(International Tournament) 4 Gold, 2 silver and 2 bronze
Gold medal; Padobeni International Tournament, 1990/ Russia
Gold medal; Vahbi Emra International Tournament, 1991/Turkey
Gold medal; Basel Assad International Tournament, 1994/Surya
Silver medal; Vanta International Tournament 1994/ Finland
Tenth place; World Championship 1991
Sixth place; Olympic 1992/ Barcelona
Gold medal; Asian Championship 1986/ India
Gold medal; Asian Championship 1991/Iran
Gold medal; Asian Championship 1992/ Iran
Silver medal; Asian Championship 1989/ Japan
Bronze medal; Asian Championship 1993/ Japan

Coaching and Administrative
- Junior GR-Wrestling head coach of Iran, 1999-2003 and 2012
- Senior GR-Wrestling coach of Iran, 2001, 2004(Olympic) and 1999
- The Best Greco-Roman coach by FILA in 2012.
- 1997-1999 Chairman of Saghez Physical Training organization
- 2007-2008 Chairman of Kurdestan Physical Training organization.
- 2008-2010 Deputy of Provincial Coordination Bureau of sports ministry and the youth.
- Wrestling federation instructor since 1999.
- Olympic National Committee instructor from 2001 to 2010.
- Physical Training instructor of universities.
- Having a certificate of 1000 Hours of attendance at Physical Training classes.
- Scientific Paper "Relationship between goal orientation, perceived motivational Climate and sources of confidence among elite and normal wrestlers", European Journal of Experimental Biology, EJEB-2012
- 2012 Adviser minister sports ministry and the youth.

Mohammad ALI CHAMYANI
Iran Coach
chamyanim@yahoo.com

Abdelghani CHAHI, MD
chahi@united-world-wrestling.org
Morocco
Member of UWW Medical Commission
CHEN-KANG CHANG, PhD.
Email: wspahn@seed.net.tw
Institution: National Taiwan University of Physical Education and Sport
Professor-Director of Sport Science Research Center
Mailing Address: 16, Sec 1, Shuan-Shih Rd, Taichung404, Taiwan
Country: Taiwan
Current Areas of Interest: Sport nutrition, exercise physiology

張振崗
國立臺灣體育運動大學教授
運動科學研究中心主任
台中市雙十路一段16號
Tel: (04) 22213108-2210
Fax: (04) 22256937
Completed Wrestling Research:
http://www.jissn.com/content/8/1/21

ISMAEL CHAVES
Email: judofaustino_@hotmail.com
Institution/Organization:
Associação de Judô e Luta Olímpica Faustino

Mailing Address
R: Renato Gomes de Oliveira, n133 mangabeira, João pessoa - Paraíba Cep 58058232

Country: Brasil

Current Areas of Interest: Estilo Livre Masculino e Feminino

Completed Wrestling Research:
Aluno do projeto de desenvolvimento da luta olímpica (SOI) no Brasil

Rabah CHEBBAH
chebbah@fila-wrestling.com
Algerian Wrestling Federation
Algeria-National Director of Technique
General Secretary of African Council
President-Fédération Algérienne des Luttes Associées
ALG@united-world-wrestling.org
Doctor Catalina Chica is a Colombian Sports physician. She earned her medical degree for the National University of Colombia and has been a licensed medical doctor since 1997. Dr. Chica further specialized in Sports Medicine and has been working as a sports physician since 2003. At the moment she assists high performance athletes for the Colombian Olympic Committee and the National Sports Institute, COLDEPORTES, specifically athletes from combat sports, for whom she does follow up and biomedical control as well as assistance and accompaniment to national and international competitions.

Dr. Chica has been working with the Colombian Wrestling Federation since 2008, following up on the athletes' health and performance needs as well as accompanying the national team to various competitions including World Championships and Olympic classifying events.

Investigation Interest:
- Biochemical control parameters in Wrestlers
- Recuperating Methods
- Physiological responses in extreme situations
- Weight loss and weight control in weight category sports

Publications
- Impact of a Basic Combat Course on Biochemical Parameters in Colombian Military Students, MEDICINE AND SCIENCE IN SPORTS AND EXERCISE, Volume 38:5 Supplement
- Evolución de las Raciones de Campaña y Gasto Energético de la Operación Militar, ACTA COLOMBIANA DE MEDICINA DEL DEPORTE, 12; 11; 1, Julio 2005, pp. 11 - 16
- Índices de Severidad (Classifications of Severity), CUIDADO INTENSIVO Y TRAUMA (INTENSIVE CARE AND TRAUMA). Editorial Distribuna 2001
- Research Interests
- Elite Sport Biochemical Monitoring Elite Sport Physiology and Metabolism. Elite and Amateur Performance Sports Nutrition
- Participant, FILA Scientific Symposium, Helping to Create a System of Wrestling Promotion for the Masses, Budapest, Hungary, September 17-19, 2013
- Participant, National Guidelines in Sports Sciences, VO2 Protocol Round Table, COLDEPORTES, September 2-4, 2013
- Specialization Course, Pharmacology and Suplementation in Sport, Instituto de Formación Continua, Universitat de Barcelona, March – July 2010
- Academic Coordinator, International Physical Activity Congress, IDRD Bogotá, Colombia, October 3rd to 5th, 2007
- Academic Coordinator National, Center for Biomedical Studies in High-Altitude (Centro de Estudios Biomédicos en Altura), Bogotá, Colombia, 2006
- Speaker at the XIX Annual Congress on Advances in Metabolism and Nutritional Support, Colombian Clinical Nutrition Association, Bogotá, April 2005

Languages
- Spanish
- English
- German
Nataliia CHERNENKO  
**e-mail:** nataliya-chernenko2005@ukr.net  
Cherkasy National University named after Bohdan Khmelnytsky  
Department of Anatomy, Physiology and Physical Rehabilitation  
Phd (biological sciences)  
Deputy Director of the Educational-Scientific Institute  
of physical culture, sports and health of science  
A scientist at the Research Institute of Physiology named after Mikhail Bosey.  
Member of Physiological Society and Ukrainian Biophysical Society.  
She has two higher education: the first education on the specialty "Biology and Chemistry", the second - in the specialty "English language and literature."  
Member of Editorial Board and executive secretary of the scientific journal  
«Cherkassy university bulletin: biological sciences series»  
ISSN (Print): 2076-5835 ([http://bio-ejournal.cdu.edu.ua/index](http://bio-ejournal.cdu.edu.ua/index))  
Nataliia has been working at Cherkasy National University since 2000.  
June 12, 2013 – she defended the dissertation on specialty 03.00.13 - physiology of human and animals at the  
meeting of the specialized academic council D 26.001.38 of the Kyiv National Taras Shevchenko University.  
Nataliia has 70 printed works ([https://scholar.google.com.ua/citations?user=7_QFE_oAAAAJ&hl=uk](https://scholar.google.com.ua/citations?user=7_QFE_oAAAAJ&hl=uk))  
Basic disciplines: Anatomy, Psychophysiology, Psychophysiology of sports, Age physiology, Valeology, Physiology.

KENTARO CHINO, Ph.D.  
Japan  
Department of Life Sciences (Sports Sciences), Graduate School of Arts  
and Sciences, The University of Tokyo  
Address: 3-8-1 Komaba, Meguro-ku, Tokyo 153-8902, Japan  
TEL: +81-3-5454-6133  
FAX: +81-3-5454-4317  
**E-mail:** chinokentaro@idaten.c.u-tokyo.ac.jp  
chino@sports-okinawa.org  

**Areas of wrestling interest:** Exercise physiology and Biomechanics of Wrestling  
**Completed research:** Chino K, Saito Y, Matsumoto S, Yanagawa Y,  
Ikeda T, Kukidome T, Fukashiro S, Sato M. A 300-m intermittent running  
test to evaluate whole body endurance in wrestlers. International Journal  
of Wrestling Science, in press.  
Supports Japanese national team as a researcher of the Japan Institute  

CHO, Sungsik  
Republic of Korea  
**Email:** ss.cho@unescoicm.org, chosungsik@gmail.com  
**Professional Affiliation:** International Centre of Martial Arts for Youth  
Development and Engagement under the auspices of UNESCO (UNESCO ICM)  
**Areas of Interest:** sports diplomacy, sport and media, youth development through  
sport & physical activities, sporting events  
Mr. Sungsik CHO is a Senior Programme Specialist from the International Centre of  
Martial Arts for Youth Development and Engagement under the auspices of UNESCO (UNESCO ICM). Before joining UNESCO ICM, Mr. CHO was involved  
with a number of sport mega-events including Pyeongchang Winter Olympics 2018,  
Ashgabat Asian Indoor & Martial Arts Games 2017 and Incheon Asian Games  
2014. His main areas of interest include sports diplomacy, sport and media, youth  
development through sport & physical activities and sporting events.
WAN HO CHOI  
South Korea  
National Coach Cadet  
ho-ya007@hanmail.net

CHARILAOS CHONDRONASIOS  
Email: oghistoshellas@gmail.com  
Greece  
Professor  
WRESTLING AS A SUPERIOR ATHLETIC EVENT OF THE ANCIENT OLYMPIC GAMES, Komotini, May 2009

CHRISTOFORIDIS CHRISTOS  
Email: cchristo@phyed.duth.gr  
Institution/Organization: Democritus University of Thrace  
Country: Greece  
Current Areas of Interest: biomechanics  
Completed Wrestling Research: 3 publications, 5 congress announcements

STILIANI "ANI" CHRONI, Ph.D., CC-AASP  
Professor of Sport Psychology  
Dept. of Sports & Physical Education  
Hedmark University College  
Terningen Arena, Hamarveien 112,  
2411 Elverum, Norway  
Email: stiliani.chroni@hihm.no  
Stiliani Chroni, is Professor of Sport Psychology, Pedagogy & Coaching and possess extended, versatile, high-level international work experience in academia, in consulting as well as in sport and action-based organizations. She is currently the President of WomenSport International, a non-governmental, non-profit, action and issue based organization with a special consultative status for the UN. Before that she served as the WSI Secretary for a 3 year term and on its Advisory Board for 2 terms. Through her education, work, and life experiences she has developed a strong multi-cultural know-how.  
She currently teaches research methods, sport and health psychology courses at the undergraduate and graduate level in Norway. She has collaborated in chapters featured in English and Greek books. She is author/co-author of research and applied articles published in various international journals, while she has presented her work in international and national conferences. She is also acting as a reviewer for international journals. Several applied day-to-day psychosocial aspects of performance spur her inquisitiveness. These include
coach stress, the meaning of competitiveness, on-site coping with competitive pressure, athletes’ inner talks, and sexual harassment experiences of female athletes among others. She was trained during her doctoral studies and employed beyond that both qualitative and quantitative research methodology. She has supervised 26 master students who have completed their degree and served on 8 doctoral committees. Currently she is supervising 2 master students and serving on 3 doctoral committees. One of the doctoral students is working on a qualitative research project exploring challenges faced by female judokas in two EU countries, which has resulted already in various publications.

Regarding her expertise in gender issues and in how to bridge the gender gap in sports she has worked on multiple projects. Starting in 2004, she placed a large amount of time and effort on gender and equality issues in sport with an emphasis on female athletes’ sexual harassment experiences (doing both research and advocacy). She collaborated with Kari Fasting and the Czech Olympic Committee on a mixed methods cross-national project titled “Gender relations in sport” exploring female athlete experiences in 3 EU countries (2004-2011). She also worked towards the development of the educational package on gender equity for Greek elementary school teachers-students, which was part of the larger educational program focusing on eliminating social inequalities in Greece, named ‘Kallipateira’ (co-funded by the EU and Hellenic Ministry of Education & Religious Affairs, 2006). For 3 years she coordinated the intradepartmental program on ‘Gender and Equity Issues’ at the University of Thessaly (funded by the 3rd EU Community Support Framework, 2005-2008). She organized the 1st International Forum on “Youth Sport with a Gender Perspective” (2008). In 2012, she was invited to participate as an expert at the “Prevention of sexualized violence in Sports – Impulses for an open, secure and sound sporting environment in Europe”, an international project awarded to the German Sports Youth Organization (German Olympic Sports Confederation) and its project scientific advisors. The project was funded by the EU Program “Preparatory Action in the field of sport”. In 2013 she was invited by the EU Commission to participate as an expert on gender based violence in sport at the EU Conference on Gender Equality in Sport (Vilnius, Lithuania). In 2014 she was invited by ICSSPE to participate as an expert on PE & sport policy on the Revision of the UNESCO International Charter on PE & Sports (Medellin, Colombia).


• Chroni, S., Kourtesopoulou, A., & Kouli, O. (2007). Επακόλουθα εμπειριών σεξουαλικής παρενόχλησης σε αθλήτριες και πρόληψη στον Ελληνικό αθλητισμό [Consequences of sexual harassment experiences on female athletes and prevention in Greek sports]. Inquiries in Physical Education & Sport, 5, 283-293. [in Greek with English abstract]

Ibrahim CICIOGLU PhD
Email: cicioglu@gazi.edu.tr
Institution/Organization: Gazi University, School of Physical Education and Sport
Mailing Address: Gazi University, School of Physical Education and Sport, Abant sok. No: 12 Yenimahalle / ANKARA
Country: Turkey
Current Areas of Interest: Wrestling, Exercise Physiology, Sport Nutrition, Physical Fitness

NICK CIPRIANO
Email: cipriano@mcmaster.ca
Associate Professor at McMaster University
1280 Main St. W. Hamilton Ontario L8S 4K1
Canada
Interests: I also coach freestyle wrestling and was a member of Canada's Olympic Team coaching staff at the 1988, 1992 and 1996 Olympic Games. My research interests are related to my coaching involvement. Amateur wrestlers are notorious for losing excessive amounts of weight in a relatively short period of time by restricting food and fluid intake. The effects of this potentially dangerous practice on performance is the focus of my research.
Publications:


RANDY CLARK
Manager, Exercise Science Laboratory and Pediatric Fitness Clinic
UW Hospital Sports Medicine Center
608-265-3798
rr.clark@hosp.wisc.edu

Directors of the University of Wisconsin Hospital Exercise Science Laboratory include measurement of conditioning and body composition in athletes and children. He has published numerous manuscripts and abstracts in peer-reviewed scientific journals and made presentations at regional and national meetings of professional organizations including the American College of Sports Medicine. His responsibilities include the physiological testing for University of Wisconsin athletes. He has worked with the Wisconsin Interscholastic Athletic Association (WIAA) and the NCAA to develop and evaluate their guidelines for wrestling minimum weight rules. He is responsible for the training and certification of those professionals responsible for body composition measurements for the WIAA program. He is also responsible for the UW Sports Medicine Fund, which includes providing research grants to advance the science of sports medicine at the University of Wisconsin-Madison.

Mike CLAYTON
Email: mclayton@usawrestling.org
Manager, National Coaches Education Program (NCEP)
USA Wrestling
6155 Lehman Dr., Colorado Springs, CO 80918

DANIEL A. CLEARFIELD DO, MS, FAOASM
USA Email: danclearfield@gmail.com
Areas of Interest: concussion care, auricular hematoma management, nasal epistaxis management, osteopathic manipulative treatment in the athlete

Dr. Clearfield is a Primary Care Sports Medicine physician and concussion specialist at MaxHealth Family & Sports Medicine in Colleyville, Texas, USA. He is an Adjunct Professor at UNTHSC-TCOM where he previously served as an Assistant Professor of Orthopedic Surgery and as the Program Director for the UNTHSC-TCOM Primary Care Sports Medicine Fellowship. In addition he serves as teaching faculty for the Department of Osteopathic Manipulative Medicine at TCOM and the Plaza Medical Center Family Medicine Residency. He has
experience working with all levels of athletes including NCAA Divisions I, II & III, Olympian, NFL, NHL, USA Wrestling, USA Judo, USA Volleyball, US Amateur Boxing, MMA and WWE. Additionally he serves as an official team physician for USA Wrestling and USA Judo. Dr. Clearfield has special interests in utilizing osteopathic manipulative treatment (OMT) in sports medicine, prolotherapy and other regenerative injection therapies (RIT), MSK-US, concussion management (he is also a Credentialed ImPACT™ Consultant (CIC)), and teaching/mentoring students, residents, and fellows.

NICO COETZEE  
**Professional Affiliation:** HEAD COACH OF SOUTH AFRICA  
**Email:** necchem@iafrica.com  
**Areas of Interest:** coaching of wrestlers

KAREN COGAN, Ph.D., Senior Sport Psychologist  
**Email:** Karen.cogan@usoc.org  
**Institution/Organization:** US Olympic Committee  
**Mailing Address:** Sport Performance, 1 Olympic Plaza, Colorado Springs CO 80909  
**Country:** USA  
**Current Areas of Interest:** mental training techniques, mental toughness, performing under pressure, biofeedback training to improve performance, managing life issues to reduce impact on performance. I have worked with the Men’s Free Style, Men’s Greco, and Women’s wrestlers at the Colorado Springs Olympic Training Center. I work primarily with the National/World/Olympic team members but have also worked somewhat with the Junior groups when they come to the OTC.

COYTE COOPER  
**coytecooper@gmail.com**  
**Founder and CEO at Elite Level Sport Marketing (Wrestling Edition)**  
Dr. Coyte Cooper has a line of research that focuses on the sustainability of Olympic sport programs such as wrestling. In particular, he has developed a line of research that emphasizes the positioning of wrestling through innovative marketing initiatives. In addition to research initiatives, Dr. Cooper is involved in outreach initiatives to help grow sports and their programs at the grassroots level. Working with the National Wrestling Coaches Association (NWCA), he is currently active working with coaches to help them develop marketing strategies to enhance their programs. In addition, he developed Elite Level Sport Marketing (ELSM) ([www.elitelevelsportmarketing.com](http://www.elitelevelsportmarketing.com)) to serve as a resource for coaches interested in developing skill sets in marketing.

João Paulo Pereira Pinto da COSTA  
**Institutional email is:** joao.costa@ucc.ie  
**Occupation:** Lecturer in Education (Sport Pedagogy)  
**Country:** Portugal  
**Current Areas of Interest:** Sport Pedagogy, Physical Education Curriculum, Wrestling Training, Coach
JOÃO VITOR COSTA
Title: Director of the "Mundo da Luta Olímpica"
Director of the Amateur Wrestling Association of the District of Setubal
National Referee since 2002
National and International Level 1 Coach
Email: juancuesta333@gmail.com and mundolutaolimpica@gmail.com
Site Address: www.mundolutaolimpica.blogspot.com
Country: Portugal
Current Areas of Interest: Training methodology, Youth training, Rules, Promotion of Wrestling
www.mundolutaolimpica.blogspot.pt
www.wrestlingallstar.pt
www.facebook.com/mundolutaolimpica

DARREN COTTON
Email: darren.m.cotton@gmail.com
Country: United States
Inducted in 2013 at William Penn University Hall of Fame
Four-time NAIA wrestling All-American. One of only two athletes in school history to earn the All-American honors four times. Ranked nationally all four years and was only one of two wrestlers to ever be awarded conference or regional wrestler of the year. Holds six career school records.
I am a Coordinator for the Metro Atlanta Ymca wrestling program initiative to expand the reach of wrestling in the Atlanta community. Initially I joined the Y as a Wellness Coach getting my certification in the Foundations of Strength and Conditioning and also as a camp and after-school enrichment counselor. My background experience since graduating from college in 2007 has been in education. I taught middle school and high school at a private military school for 4 and half years, the past 3 years have been with the Y and helping to build the sport of wrestling into the Ymca regular sports program.
I am looking to make the YMCA also a testing ground for Sports science since the Metro Atlanta Y have changed the advancement of wellness in the community and is researching more ways to improve health in partnership with Emory and Children’s Healthcare of Georgia.

SETH CREASY
Email: sac185@pitt.edu
Institution/Organization: University of Pittsburgh
Mailing Address: 32 Oak Hill Court, Pittsburgh, PA 15261
Country: United States
Current Areas of Interest: Weight loss, Performance, Training Techniques, Body Composition
I am currently getting my PhD in exercise physiology at the University of Pittsburgh. I have a BS in Health and Physical Education from Lock Haven University and I have an MS in Health and Physical Activity from the University of Pittsburgh. My current position at Pitt is Graduate Student Researcher. I looking to begin doing research with the Pitt wrestling team. I was a collegiate wrestler at Lock Haven University and I was a division I national qualifier in 2012. I was also the assistant wrestling coach at Penn State New Kensington during the 2012-2013 season.

DR. JASON CROOKHAM
E-mail: medical@wrestling.ca
Country: Sweden
Current areas of interest: wrestling training development, wrestling specific testing and evaluating in physiology but also in psychology, planning
Completed wrestling research:

SANDOR CSERGO
E-mail: sandor.csergo@telia.com
Country: Sweden
Current areas of interest: wrestling training development, wrestling specific testing and evaluating in physiology but also in psychology, planning
Completed wrestling research:
DAVID CURBY Ed.D.
FILA Scientific Commission-Secretary
Email: davcurb@gmail.com
Organization:
Chair of USA Wrestling Sport Science Committee
Director of the International Network of Wrestling Researchers
Editor of the International Journal of Wrestling Science
Director of the Jacob Curby Foundation and the Curby Cup
USA Wrestling Gold Level Coach
Country: USA
Named James “Doc” Councilman Award winner for USA Wrestling by the US Olympic Committee 2011
Winner of 2017 Rayko Petrov Award
Inducted to USA National Wrestling Hall of Fame 2019
FILA Instructor
Current area of interest: testing of elite wrestlers, wrestling pedagogy
Completed wrestling research:
Rate of CO2 Production (RaCO2) and Estimate of Energy Demands During Wrestling Practice. Paper at ACSM, May 1996.
IAHPERD Presentation-Physiology of Amateur Wrestling, November 2002.
Presented a keynote lecture at the National Sports Academy in Sofia, Bulgaria, Wrestling Sport Science Research, November 18, 2006


A Review of the Current Research in Wrestling: Application of findings for the development of our athletes and the promotion of our sport. FILA Advanced School of Coaches, Yerevan, Armenia. October 2009.


Curby, DG. What Have State Associations Developed To Address NFHS Mandate To Implement Wrestling Weight Control Programs? Medicine & Science in Sports & Exercise. 43(5):875, May 2011


PAUL CUTRUFELLO
Title: Assistant Professor
Email: paul.cutrufello@scranton.edu
Institution/Organization: The University of Scranton
Mailing Address: 800 Linden St. Scranton, PA 18510
Country: United States
Current Areas of Interest: Body composition and weight reduction strategies, NCAA weight certification

Completed Wrestling Research:


ČEDOMIR CVETKOVIĆ
E-mail: cedomir.cvetkovic@kif.hr
Institution: Faculty of Kinesiology, University of Zagreb
http://www.kif.unizg.hr/djelatnici/cedomir.cvetkovic/?a=5r9v#profile_prikaz_13382
Country: Croatia
Prof. Dr habil. Wojciech J. CYNARSKI
Email: ela_cyn@wp.pl
University of Rzeszow, Faculty of Physical Education
Towarnickiego str. 3, PL - 35–959 Rzeszów, Poland

Wojciech Jan Cynarski PhD is the Full-Professor. Born in Strzyżów (Poland) in 1965. He has been the founder and President (since 1993) of Idokan Poland Association and IMACSSS, and the editor (since 2000) of the Ido Movement for Culture. Journal of Martial Arts Anthropology, Journal indexed in Scopus and Web of Science.

**Education and previous work experience**
Education – University of Technology in Rzeszow (MSc of building engineering), University of Rzeszow in Rzeszow (MA of sociology), and doctoral studies at University of Physical Education in Warsaw (PhD of physical culture sciences). He has been practicing martial arts and combat sports since 1977. 1987–1998 instructor of martial arts, coach of combat sports, and teacher of physical education in secondary schools. Now 10 dan *ido*, kaiden shihan; 9 dan *jujutsu*, hanshi; 9 dan *karate*, hanshi of Idokan. Since 1998 an adjunct in the Institute of Health and Physical Education, Higher Pedagogical School in Rzeszow. Since 2005 - Professor at the University of Rzeszow, Head of the Chair of Cultural Foundation for PE, Tourism and Recreation, Faculty of Physical Education.

He is a President of the International Martial Arts and Combat Sports Scientific Society (IMACSSS), and of the Idokan Poland Association (IPA).

**First-line publications**
He published over 700 scientific works, including his own 16 books (monographs and manuals). His major scientific interests concern sociology (of culture, tourism and sport), philosophy and pedagogy, and martial arts.

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BEGI DARCHIA
National Coach for Georgia
GEO@fila-wrestling.com
FILA Instructor

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MAHMOUD DELPHAN
Email: Sport.Mahmoud@gmail.com
Title: Ph.D. Student of Exercise Immunolgy
Institution/Organization: Tarbiat Modares University
Mailing Address
NO 355- 24 Metri St - Khayam Sharghi Blvd - 800 Dastgah - Do Rud - Lorestan - Postal cod: 6881766795.
Country: Iran
Current Areas of Interest: Exercise Immunology and weight management
Completed Wrestling Research:
Marc DEMARS, MD  
Email: demars@united-world-wrestling.org  
Member of UWW Medical Commission

Erkan DEMİRKAN  
Ankara University, School of Physical Education and Sports.  
Address: Ankara University, School of Physical Education and Sports, Ankara, Turkey.  
Email: erkandemirkan_1979@hotmail.com  
Completed Wrestling Research:  
1. THE MONITORING OF WEIGHT FLUCTUATION AND HYDRATION STATUS IN CADET WRESTLERS (AGES 14-17) DURING A TRAINING CAMP PERIOD LEADING UP TO COMPETITION  
2. THE SEGMENTAL BODY COMPOSITION COMPARISON OF FREESTYLE AND GRECO-ROMAN STYLE WRESTLERS WITH BIOELECTRICAL IMPEDANCE METHOD (international sport science congress in Antalya, Turkey 2010).  
3. THE DETERMINATION OF RELATIONSHIP BETWEEN THE BODY COMPOSITION AND THE SCORES OBTAINED BY TURKISH NATIONAL TEAM WRESTLERS IN SENIOR WRESTLING WORLD CHAMPIONSHIP IN 2009 (international sport science congress in Antalya, Turkey 2010).

Dr. ECKART D. DIEZEMANN  
Email: b-e.diezemann@t-online.de  
Orthopaedics’ surgeon and specialist of sport injuries  
Member of FILA and German Wrestling Federation Medical Departments  
FILA Instructor  
Mailing Address: Sundgaualllee 15, 79114 Freiburg /Germany  
Country: Germany  
Current Areas of Interest: Sportsmedicine in Wrestling, especially in prevention of wrestling injuries and long-term damage  
Completed Wrestling Research: Detection of fungal skin infection; Long-term damages in wrestling - prevention.  

CURT B. DIXON, Ph.D., FACSM, CSCS  
Associate Professor, Department of Health Sciences  
Lock Haven University, Lock Haven, PA 17745  
Ph: (570) 484-2382  
Fax: (570) 484-2220  
Email: cdixon@lhup.edu  

Current Areas of Interest:  
Minimal Wrestling Weight Program, Validity of Body Composition Technology  

GAVIN DICKSON
coreeda@optusnet.com.au
Australia
Traditional Wrestling
Coreeda Association of Australia
http://www.coreedaoz.com From the Dreaming to the Dreamers
The Australian Wrestling Tradition
An exploration of the origin and history of the world's oldest sport

MILORAD DOKMANAC, PHD
milorad.dokmanac@unitedworldwrestling.org
Country: Serbia
Regional Ministry of Sport Vojvodina / and Wrestling federation of Serbia.
Member of UWW Technical Commision
EDUCATION
1982 Graduate defended a thesis entitled "Influence of anaerobic capacity to succeed in wrestling." Postgraduate studies Faculty of Physical Education in Belgrade:"Comparison of the results achieved at the World Championships in Greco-Roman wrestling in 1997 and 1998." PhD from Faculty of Sports and Tourism in Novi Sad –dissertation: "INFORMATION SYSTEM MODELING FOR COMPLEX ANALYSIS OF WRESTLING COMPETITION"
FILA lecturer at a seminar organized by the World wrestling federation (FILA) in Madrid 2006. "Application of information technology in wrestling"

PUBLISHED Works
1. Dokmanac, M., (1982): Effect of anaerobic capacity to succeed in wrestling, diploma thesis, Faculty of Physical Education in Zagreb;
26. Dokmanac, M., (1998): Technique wrestling, seminar on post-graduate studies, Faculty of Physical Education in Belgrade;
34. Dokmanac, M., (2001): Tactics wrestling. seminar on post-graduate studies, Faculty of Physical Education in Belgrade;
37. Dokmanac, M., (2001): Assessing the readiness of the best juniors Serbia on the weekend to prepare the basis of the tests - expert analysis, published Wrestling federation of Serbia, the press “Grafolik” Belgrade;
39. Dokmanac, M., (2002): Statistical analysis World Championship, European Championship and Olympics games from 1993 to 2002., Publisher of Wrestling federation of Yugoslavia, the expert order, work "Grafolik" Belgrade;
62. Dokmanac, M., (2005): Impact of new rules to combat wrestling, expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press “ALFA-graph” Novi Sad;
63. Dokmanac, M., (2005): Wrestling in the primary schools, expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press "ALFA-graph" Novi Sad;
64. Dokmanac, M., Ivošević, P. (2005): Development of strength and durability with baton, expert work at the symposium, published by the Provincial Institute of Sport in Vojvodina, the press “ALFA-graph” Novi Sad;
68. Dokmanac, M., (2005: The proposal changes the rules of wrestling - start in the parter position - analysis, publisher Wrestling federation Serbia&Montenegro, the press "Grafolik" Belgrade;
70. Dokmanac M, Pajo Ivosevic., (2006): Development of power senior wrestling team on basic preparations, expert work of the seminar, trainer, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;
71. Dokmanac, M., (2006): Working to improve the power of senior wrestling team, expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;
72. Dokmanac, M., (2006): Standard for monitoring the power of top wrestlers, expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;
73. Dokmanac, M., (2006): Testing the top and young wrestlers, expert work at the coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;
76. Dokmanac, M., (2007: The project win Olympic medals in Beijing 2008., expert work at a coach seminar, publisher Wrestling federation of Serbia, the press "Grafolik" Belgrade;
77. Dokmanac M., Peric D., et all authors (2007): Strategy - the state of sports in Autonomous Region Vojvodina with proposals for strategy development, project - analysis, published by the Secretariat for Sports and Youth of Vojvodina, the publisher of "Printing" of the Executive Council of APV;
78. Dokmanac, M., Drid, P. and (2007): Effect of basic training program to power junior wrestlers and senior age, Proceedings of the 5th Annual International Conference "Conditioning athletes 2007", Faculty of Kinesiology, University of Zagreb and the Association of fitness trainers;

**VIDEO AND DVD EDITION**
3. Dokmanac, M., and group authors (2004): Statistical analysis of the qualification tournament for the Olympics 2004 in Novi Sad - CD ROM
4. Dokmanac, M., and group authors (2005), Statistical analysis of the European Cup for Clubs - 2005 Zrenjanin - CD ROM
6. Dokmanac, M., and group authors (2006), Statistical analysis of the European Cup for Clubs - 2006 Zrenjanin - CD ROM

AWARDS: BRONZE PLAQUE of world wrestling federation federation (FILA) was awarded at the European Junior Championships 2002 in Subotica."AWARD JOVAN MIKIĆ-SPARTAkJ", from the Sports Association of Vojvodina 2003 in the category of sports official.

ALI DOLATKHAH
Yerevan, Armenia
adolatkhah@yahoo.com
- D.O.B: 16/09/1974
- Place of Birth: Daregaz Iran
- Bachelor Degree Ferdowsi University 1999-2000 (IRAN)
- Master Degree Yerevan state University 2002-4 (ARMENIA)
- PhD student Yerevan state University 2004-9 (ARMENIA)

Teacher of Yerevan Ferdowsi university (Armenia)
Teacher of Azad University (Iran)
Social Chancellor of Neyshabour mayor (Iran)
Behzisty Educational Centre
International Wrestling Referee

Publications: VALIDITY of SCL-90 PSYCHOLOGICAL TEST IN IRAN (B.Sc)
THE PECULIARITIES OF DEPRESSION AND ADAPTATION OF IRANIAN STUDENTS (M.D)
THE RELATIONSHIP BETWEEN STRESSOR FACTORS AND GASTROINTESTINAL CANCER (PH.D)

Languages: Farsi (mother tongue), Kurdish (conversational), English (Intermediate)
Armenia (conversational), Russian and Arabic

KEVIN DOLLAT
Title: Trainer
Email: kevin.dollat@gmail.com
Institution/Organization: Fédération Française de Lutte / Langudoc-Rousillon
Country: France
Current Areas of Interest: Youngs wrestlers
Completed Wrestling Research: I train young wrestlers at the national level that have international claims. I therefore hope fully optimize their preparations for competitions.

LUIS CABRERA DOMINGUEZ

E mail: wresttltermex@yahoo.com
Institution/Organization:
NATIONAL CENTER FOR HIGH PERFORMANCE
NATIONAL COMMISSION FOR PHYSICAL CULTURE AND SPORT
Mexican Federation of Associated Wrestling
Mailing Address: Akil mz. 76 lt. 2 Lomas de Padierna c.p. 14240 México D. F.
Country: México
Current Areas of Interest:
1. TRAINING PLANNING
2. TECHNICAL ANALYSIS
3. SPORTS PERFORMANCE STATISTICS AND TECHNICAL EFFICIENCY
4. PHYSICAL PREPARATION

**ZACHARY DOMINGUEZ**  
Head Wrestling Coach for MWC  
Email: matside63@gmail.com  
Institution/Organization: USA Wrestling  
Mailing Address: 5169 n 144th ave Omaha NE 68116  
Country: USA  
Current Areas of Interest: Greco and Freestyle Wrestling  
Completed Wrestling Research: Bronze level coach for USA Wrestling

**JESSE DONNENWERTH, PhD, LAT**  
Professional Affiliation: University of Iowa  
National Athletic Trainers Association  
Email: jesse-donnenwerth@uiowa.edu  
Publications: Primary Author: Validity of Bioimpedance as a Measure of Body Fat in High School Wrestlers, DXA USE IN ATHLETES: EXPLORATION OF REGIONAL LEAN MASS DISTRIBUTION AND CORRELATION WITH PERFORMANCE,  
Areas of Interest: Injury prevention, nutrition, body composition  
Jesse Donnenwerth joined the Sports Medicine staff at the University of Iowa during the summer of 2011. His athletic training sport coverage includes wrestling. Prior to joining the Hawkeye staff, Donnenwerth worked as an athletic training student at the University of Iowa. After graduating with a Bachelor of Science in Exercise Science, he earned a Master's of Science degree in Health Education from Virginia Polytechnic Institute and State University in 2005. During that time, he provided athletic training services for wrestling, football, and men's soccer. While working on his Doctorate in Education and Curriculum Instruction at Virginia Tech, he held the position of assistant athletic trainer primarily working with wrestling. Most recently, Jesse worked at the University of Wisconsin-Madison as a staff athletic trainer and sports performance specialist. Donnenwerth brings to the Hawkeye Sports Medicine team extensive wrestling experiences which include working at the US Open Wrestling Championships, US Olympic Wrestling Trials, and the World Championship Wrestling Trials. Jesse has also conducted research investigating the body composition and injury prevention of Division I collegiate athletes. Donnenwerth is a certified member of the National Athletic Trainer's Association, and is licensed to practice as an athletic trainer by the state of Iowa. He is also certified in First Aid/CPR/AED.

**SÉRGIO LUIZ CARLOS DOS SANTOS PHD**  
Review Board of Int. J Wrestling Science  
Email: sergiodossantos@ufpr.br  
Federal University of Paraná  
Mailing Address: Rua Victorio Viezzer, 471 - Casa 34  
Country: Brazil  
Current Areas of Interest: Wrestling Training Research  
Completed Wrestling Research:
We are improving a new scientific methodology to training wrestlers in school (elementary, medium and superior).

Andrew DRISKA
Assistant Professor, Department of Kinesiology, Michigan State University
driska@msu.edu
Coordinator of the Sport Coaching and Leadership Online Programs and a fixed-term instructor in the Department of Kinesiology.
Areas of Interest – coach development, online education, mental toughness development in athletes


MIKE DuroE
Rest In Peace
mduroe@cornellcollege.edu
Assistant on the U.S. Men’s Freestyle coaching staff in four Olympic Games (1996, 2000, 2004, 2008) and also served as head coach of Guam’s freestyle wrestling team at the 2008 Games in Beijing. He was a member of the U.S. coaching staff for the Pan American Games in 2003 and 2007 and was named Volunteer Coach of the Year by the United States Olympic Committee (USOC) in 2006 and 2007. Head coach of the U.S. Freestyle World Team in 2005 and 2006. He was head coach of the University of Iowa Hawkeye Wrestling Club from 2003-05 and selected USA Freestyle Coach of the Year in 2005. He was coach of the USA Women’s team that captured the world championship in 1999.

OLEG DYUSHNO
Tumen, Russia
PhD Candidate
dushko_oleg@mail.ru
Interests: Coaching youth wrestlers
STAN DZIEDZIC, UWW Bureau Vice President
Email: sjdziedzic@aol.com
Organization: The FILA
Mailing Address: 835 Hedgegate Ct., Roswell, Georgia 30075
Country: USA
World Champion
Olympic Bronze Medalist

Current Areas of Interest: Effect of rule changes on training regimens

PUBLICATIONS: THE UNITED STATES WRESTLING SYLLABUS, LEISURE PRESS, 1983  IBAN: 0-88011-014-7
Lehman Brothers’ Dance With Delusion-Wrestling Wall Street

Dr. Funda ELMACIOĞLU
Email: fundael@gmail.com
Turkey
FILA Coaches Commission
Interests: Sport Nutrition. Weight loss, recovery. Receiving award from Dr. Barbas after the keynote lecture to INWR at WC Istanbul 2011

BENEDIKT ERNST M.Sc., B.Sc
mo.b.ernst@gmail.com
Head coach of the Austrian female wrestling team sportpsychologist
ŞEREF EROĞLU
Email: seref_eroglu@hotmail.com
Institution: Turkish Sports Minister Consultant
Areas of Interest: Advancement of Technique
European and World Champion, Olympic Silver Medalist

MEHRZAD ESFANDYARY
mehv_og@yahoo.com
Iran National Coaching Staff

HAMID REZA ESMAEILINEJHA Iran National Coaching Staff
Email

AZIZOLLAH ETAATI
Category 1 international referee and international journalist (IRAN), Head of Iran officiating Committee 2004 - 2006, member of Fila Press Department 2005 – 2008, Fila instructor in Vietnam Coaching Clinic 2008, Iran wrestling Federation instructor, now responsible of Tehran province educating committee.

Email: ettati@fila-wrestling.com, etaati.azizollah@gmail.com, etaati_azizollah@yahoo.com
Institution/Organization: Iran wrestling federation, Persian special wrestling Site: www.iwn.ir Mailing Address: ettati@fila-wrestling.com, etaati.azizollah@gmail.com, etaati_azizollah@yahoo.com
Country: IRAN
Current Areas of Interest: Referring, relation Between referring and coaching, relation between rules and training programs, Analyze.

MINDAUGAS EŽERSKIS, PhD
Email: mineze@inbox.lt
Institution/Organization: Lithuanian Academy of Physical Education; Lithuanian Wrestling Federation
Mailing Address: Rygos 6-94, Vilnius
Country: Lithuania
Current Area of interest: Sports Physiology, Wrestling Training Methodology
Completed Wrestling Research: My dissertation is: "Influence of different kind heavy training loads and peculiarities of mobilization and recovery of organism functions in wrestlers. Awarded Doctorate 2010
3 x Olympian
National Coach of Lithuania

NADER FARAHPOUR
naderfarahpour1@gmail.com
Professor
Institution: Bu Ali Sina University
Physical Education and Sport Sciences department; Bu Ali Sina University, Hamedan, IRAN
Country: Iran
Current Areas of Interest: Biomechanics in wrestling; Muscle activity; Balance and dynamic postural control
Completed Wrestling Research: Dynamic Balance performance of Iranian ancient's sport “Zorkhaneh” wrestlers compared to gymnasts and sedentary individuals.
Physical fitness and anthropometrical characteristics of elite middle weight Greco-Roman and freestyle wrestlers
Electromyographical activities of shoulder muscles in zorkhaneh wrestlers compared to freestyle wrestlers during bench press exercise

BABAK FARZAD, MS
Email and Contact Information: farzad.babak@gmail.com
Country: Iran
Current area of interest: Hormonal Adaptations, Wrestling Conditioning, Power Training, Sprint Interval Training
Athletic Achievements:
5th place in Junior World Championship in 2001, Tashkent, Uzbekistan.
2nd place in International Wrestling Tournament in 1999, Tehran, Iran.
3rd place in International Wrestling Tournament in 1998, Tehran, Iran.
1st place in Iranian Greco-Roman national championship
1st place in National Collegiate championship

**Completed wrestling research:**

---

**IOANNIS FATOUROS**

fatouro@phyed.duth.gr
Professor-Democitus University of Thrace
Greece

**MIKE FAVRE**

Email: mfavre@umich.edu
Institution/Organization: Director of Olympic Sports Strength & Conditioning, University of Michigan
Country: USA
Current Areas of Interest: Physical Preparation and Strength Programming
Publications:

---

**FEDORINOVA, NATALIA**

The candidate of pedagogical sciences, professor,
Russian State University of Physical Culture, Sport, Youth and Tourism, Moscow;
Tel: +7 926 712 3429
fedorinovanatali@gmail.com
FELDMAN, BERNARD MD
Email: bjfeldman@prodigy.net
Affiliation: Hinsdale Orthopaedic Associates, UWW Medical Commission
Interests: Emergency Care
Country: USA
UWW Physician for London Olympics
2010-USA National Wrestling Hall of Fame-Order of Merit Award
UWW Hall of Fame-Order of Merit 2018

CHRISTOPHER A. FERTAL
Head Athletic Trainer
Simpson College, Indianola, Iowa

NATA NSCA, ACSM, NASM

Areas of Interest: Sports Medicine, Rehabilitation, Exercise Science, Physiology
Has worked with Olympic Trials Gymnastics, Villanova University, Penn State Abington and NovaCare Complex (official training home of the National Football League's Philadelphia Eagles) as part of his professional and college sports credentials, and spending two years with the Philadelphia 76ers Basketball association.
Education: Graduated from West Chester University in 2002 with his Bachelor's Degree in Student Design Athletic Training and is currently completing his Master's Degree in Sports Medicine (Teaching Emphasis) through Temple University and has a MBA from Capella University. He is now a doctoral candidate.

FETZ-HARTMANN, ANGELIKA
Email: angelika.fetz-hartmann@univie.ac.at
Buergerspitalgasse 8/10
1060 Wien, Austria
Institution/Organization: University of Vienna, Department of Sport Science (Sport Psychology). [http://zsu-schmelz.univie.ac.at/sport/abteilungen-arbeitsbereiche/sportpsychologie/team/](http://zsu-schmelz.univie.ac.at/sport/abteilungen-arbeitsbereiche/sportpsychologie/team/)
Current Area of Interest: Weight Cutting, Sport Psychology in Wrestling, Overconformity in Sports.
Research:
1. ÖSG Sommerakademie 2009: „Gewichtskontrolle und Verausgabungsbereitschaft“
2. ISSP (International Society of Sport Psychology)12th World Congress 2009: Associations of Body Image, overconformity and weight cutting with disordered eating among female and male sport students.
4. Experience unlimited 2008: Sportpsychologie Motivationstraining - Leistungssport

PEDRO GAMA FILHO
presidente@cbla.com.br
Brazil
UWW Bureau Member
SALVATORE FINIZIO
Email: safin.sf@live.it
Organization: Italian Wrestling Federation
Mailing Address: via delle quinqueremi 115 roma italia
COUNTRY: ITALY

KEVIN J. FINN, PH.D. FACSM
Email address: kfinn@ucmo.edu
Department Chair and Professor
Institution: Department of Nutrition & Kinesiology, Morrow 131, University of Central Missouri, Warrensburg, MO 64093
Country: United States of America

HUSSEIN FLAIH FLAIFEL
hussein.flaih2003@gmail.com
Bachelor's degree in physical education and sport sciences / University of Qadisiyah
Local training certificate in wrestling sport
International Training Certificate in Wrestling Sport
International Development Certificate for Club Secretaries
Head of Sports Activity Unit / Imam Kadhim University
Wrestling Coach in Iraq Federation
English Interpreter
T.R. FOLEY
Freelance journalist with a special interest in writing stories about mixed-martial arts, wrestling and adventure travel. His work has appeared in several national magazines including ESPN, Men's Journal and the leading MMA publication FIGHT!
In 2004 Foley earned All-American honors as a wrestler for the University of Virginia and later helped coach the Columbia University wrestling. He received his M.S. in Magazine Journalism from the Columbia Graduate School of Journalism in 2009 and began working full-time as a freelancer in late 2009.
In 2011 Foley created WrestlingRoots.org a Web site to support the Wrestling Roots Foundation, a non-profit committed to “Connecting the World Through Wrestling.”
Can be reached trfoley@gmail.com and on Facebook and Twitter.

FULL CIRCLE = The story to save Olympic Wrestling

ROBERT FORSTER
forsterpt@aol.com
Santa Monica, CA

EMERSON FRANCHINI PhD
Email and Contact Information: emersonfranchini@hotmail.com
Institution / Organization: Lecturer at University of São Paulo, School of Physical Education and Sport
Country: Brazil
Current area of interest: Training and conditioning
Leader of the Martial Arts and Combat Sports Research Group; Secretary of the International Association of Judo Researchers. Author of books and articles concerning combat sports-Physical Conditioning Professional of Judo Players, Brazilian Jiu-jitsu Players and Wrestlers
Completed wrestling research:

JEREMY STEPHEN FRANK, MD
ADDRESS: 885 Spinnaker Drive West
Hollywood, FL 33019
PHONE: (312) 498-7909  
EMAIL: jsfrankmd@gmail.com  

Pediatric Sports Medicine  
Memorial Healthcare Systems  
Hollywood, FL  

Joe Dimaggio Children's Hospital  
Department of Pediatric Orthopaedic Surgery-U18 Sports Medicine  
Physician at the Ivan Yaryguine Grand Prix Memorial (Krasnoyarsk, Siberia, Russia) 2008  

PUBLICATIONS  
5. Green, DW, Widmann, RF, Gardner MJ, Strickland S, Frank JS: “Irreducible Traumatic Radial Head Dislocation in a 7-year old Boy.” (to be submitted for publication)  
Zych G, Topp RF, Frank JS, Harrison RJ: “Evaluation of Non-Invasive Devices for Emergent Reduction of Unstable Pelvic Ring Fractures.” (to be submitted for publication)  

RESEARCH GRANTS  
1. Cayenne Medical Group (Scottsdale, AZ), $55,250 Research Grant for Evaluation of Outcomes Using a Novel ACL Reconstruction Technique (AperFixTM ACL Reconstruction System), 2008  

BOOK CHAPTERS  

DR. ROBERT FRANKS, DO, FAOASM  
Email: RobFranks@aol.com  
Director of Rothman Concussion Institute  
Rothman Institute  
Philadelphia, PA  

Associate Professor of Family Medicine, Thomas Jefferson University  
Clinical Associate Professor of Family Medicine, Rowan-School of Osteopathic Medicine  
Team Physician, USA Wrestling  
Consulting Physician, Philadelphia Phillies  
Areas of Interest: weight loss, concussion management  
Completed wrestling research:  
Posters:  


Bibliography:


DUNCAN FRENCH
Professional Affiliation – VP, Performance at the UFC Performance Institute
Email – dfrench@ufc.com
Publications – over 60 peer reviewed lead/co-author scientific manuscripts
Areas of Interest – sports performance, strength & conditioning, neuromuscular physiology, endocrinology,
Brief biography - Dr. Duncan French is the Vice President of Performance at the UFC Performance Institute, where he directs the performance services and sets the operational strategy for the band new world-class performance facility in Las Vegas. Prior to joining the UFC, French was the Director of Performance Science at the University of Notre Dame, where he was responsible for directing sport-specific technical interfaces that maximized the impact of performance services. Before residing in the US, French was a Technical Lead for Strength & Conditioning at the English Institute of Sport. He has worked three full Olympic cycles, and has been the national lead for strength and conditioning to both Great Britain Basketball and more recently Great Britain Taekwondo’s Olympic programs since 2004. As a strength and conditioning coach French has coached a host of
Olympic, World Championship, and Commonwealth Games medalists, as well as world-record holders from a variety of different sports. For 3 seasons between 2009-12, French served as the Head of Strength & Conditioning at Newcastle United Football Club in the Barclays English Premier League. French earned his PhD in Kinesiology from the University of Connecticut in 2004. He currently serves as an editorial board member for the Journal of Strength & Conditioning Research. French was the chairman of the UKSCA from 2011-13 and received an Honorary Fellowship in 2014 for his services to the strength and conditioning industry.

STEVE FRASER
sfraser@usawrestling.org
former USA National Greco Roman Coach
Olympic Training Center, Colorado Springs, CO
Olympic Champion

LEO FRINCU
Professional Affiliation: USA Wrestling
Email: LeoFrincu@gmail.com
Area of interest: Sports Psychology, Self Improvement
Bio: Born in April 1st 1076 in Communist Romania, 1994 World Junior Wrestling Champion, 1994 Romanian Athlete of the year. I moved to United States at the age 23 where I currently own a Private Fitness Training Facility in Los Angeles. I am the founder and CEO of HPM coaching system, author, speaker and NASM certified fitness training with an extensive background in sports psychology.

ANDREW C. FRY, Ph.D., CSCS*D, FNSCA
Professor; Health, Sport & Exercise Sciences
Director of Research, Research & Coaching Performance Team
University of Kansas
146C Robinson Center
1301 Sunnyside Ave.
Lawrence, KS 66045
acfry@ku.edu
785-864-4656 (office)
785-864-3343 (fax)

Yasuyuki FUJIKURA
Email: yasu1973@hyper.ocn.ne.jp
Areas of Interest: traditional wrestling and history of wrestling
Graduated from Doho University (social welfare) in Nagoya, Japan.
Dan GABLE
Email: gibco1@mchsi.com
World & Olympic Champion
USA National & Olympic Coach
UWW Hall of Fame

GEORGE GALDAVA
Title: FILA Instructor
e-mail: gia.galdo@yahoo.com
Institution/Organization: sports and physical education university of Georgia
Address: Tbilisi, Dariali Street N19 App 7
Published Research: National strategy and action plan for children's and youngsters' physical education in Georgia and their mass involvement in sport.

Dr. TROY GARRETT, EdD
University of Northern Iowa
Troy.Garrett@uni.edu
Graston Technique, Wrestling Injuries, Wrestling taping and strapping techniques Athletic Trainer for University of Northern Iowa wrestling since 2009.

GHASEM GASSABIAN
GhasemG@aol.com
From Iran and currently living in Germany
Areas of Interest: Training of elite wrestlers
DIMITAR GEORGIEV
E-mail: dimitar_georgiev@yahoo.com
Studied at NSA "Vasil Levski" Sofia
Bulgarian freestyle athlete at 66kg
coach: Ivan Delchev Ivanov
Bulgarian Champion junior at 66kg 2005
2x times second place '04,'05 at FILA tournament Petko Sirakov, Bulgaria (junior) at 66kg
World and Europe team member for juniors at 66 kg 2005
Bulgarian Champion senior 2005, 2009 at 66kg
Europe team member for senior 2009
2X times second place '08,'09 at FILA tournament Dan Kolov, Bulgaria (senior) at 66kg
1st place at FILA tournament Macedonian Pearl'05 Skopje(senior) at 66kg
1st place at second German Bundesliga Team Eintracht-Walheim(Aachen) season '07-74kg
3th place at second German Bundesliga Team Eintracht-Walheim(Aachen)season '10-74kg
2nd place at second German Bundesliga Team Eintracht-Walheim(Aachen)season '11-74kg
Overtime School of Wrestling Coach, Naperville, IL
Suples Wrestling and Fitness Products

JOSE ALEJANDRO GERARDO
MASTER IN SPORTS TRAINING
Email: alegerardo29@yahoo.com
Institution:
UNIVERSITY SPORT SOUTH
Country: VENEZUELA
Current Areas of Interest:
Training control
Education:
Bachelor of Industrial Relations University of Carabobo (1999)
Bachelor of Physical Education and Sports
2006 National Experimental University of the plains.
Master of Physical Activity in the Community. Manuel Fajardo
University Institute. (2008).
Masters in teaching physical education.
Specialization: Methodology of Sport Training IPB UPEL 2009
CURRENTLY doctoral candidate in UCCFMAF SCIENCES)
Diploma in training methodology 2010 (UCCFMAF)
Diploma in physical activities terapéuticas.2010 (UCCFMAF)
Diploma in Biomedical Sciences 2010 (UCCFMAF)
Diploma in interactive distance learning. 2009 (UDS)
Work:
Position: National Physical Education Coordinator
School Sports Institute: MPPE 2009
Professor for hours -Physical Education Institute: José Félix Mora, year 2000-2003
Professor for hours, area: physical education institute: Urama Education Unit, 2003 to present.
Area Coach: school wrestling: University of Carabobo, year 2002-2005
Coordinator of monitoring and control of the physical activities of the sport Universidad Iberoamericana. Institute: Mission Sucre, 2008 - to date
SÍNTESIS CURRICULAR
### Información personal

- **Nombre:** José Alejandro Gerardo Pacheco.
- **Fecha de Nacimiento:** 29/04/1975.
- **Estado Civil:** Soltero.
- **Nacionalidad:** venezolano.
- **Dirección:** Calle rural Urama casa #32, Pto. cabello Edo-Carabobo.
- **Teléfono:** 0426-8488055.Casa : 0242-3722131
- **E-mail:** alegerardo29@yahoo.com
- **Twitter:** @joseagerardop

### Experiencia

- Investigador PEI
- Investigador FONACIT
- Profesor universitario
- Tutor académico en más de 92 Trabajos Especiales de Grado en áreas del deporte, la actividad física y la recreación. UDS. 2011.
- Miembro de la comisión de currículo de la Universidad Deportiva del Sur. 2010-2011.
- Asesor Especialista en Trabajos Especial de Grado en el área de la Promoción de la Actividad Física y Salud. 2010-2011.
- Profesor A (Dedicación Exclusiva) en Proyecto Comunitario, Gestión de las actividades físicas, Actividad Física para la Salud, Jornadas de Formación Permanente, Trabajo Especial de Grado, dirección de los Deportes, Tutor académico, seguimiento y control, deporte de selección, dirección del deporte, universidad deportiva del sur 2008-2011.
- Profesor Contratado Universidad de Carabobo unidad curricular modulo de salud integral 12 horas Facultad de educación departamento de Educación física.
- Miembro del Comité ejecutivo del I Congreso Internacional de Ciencias Aplicadas al Deporte, la Actividad Física y la Recreación. 2009
- Presidente del comité científico del Congreso Bolivariano M.P.P.E. 2009
- Coordinador del comité científico y jurado examinador en la 3era Jornadas Científicas estudiantiles UID. 2010.
- Coordinador del comité de logística en la 3era Jornadas Científicas UID. 2009
- Cargo: coordinador Educación Física Nacional

#### Área: Deporte Escolar

- Cargo: profesor por horas

#### Área: educación física

- Cargo: profesor por horas, área: educación física, instituto: Unidad Educativa
<table>
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<th>Instituto</th>
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<tr>
<td>Entrenador</td>
<td>Lucha olímpica</td>
<td>Universidad de Carabobo</td>
<td>2002-2005</td>
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<td>Coordinador</td>
<td>Seguimiento y control de las actividades físicas</td>
<td>Misión Sucre</td>
<td>2008-actualidad</td>
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<tr>
<td>Coordinador</td>
<td>Educación física</td>
<td>MPPE en el Municipio Juan José Mora</td>
<td>desde año 2003 – hasta 2008</td>
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**Ponencias**

- **IV Conferencia Internacional de Actividad Física, Tiempo Libre y Recreación.** Villa Clara, Cuba 2010. Programa de actividades físicas terapéuticas para la parroquia Urama.
- **I Jornada de Educación Física.** Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad. UPEL. Valencia Edo Carabobo. 2010.
- **Fórum a nivel de estado Cojedes 2010.** Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad pertenecientes a la escuela Carlos Viloria. San Carlos. Edo-Cojedes.
- **IV Jornadas Nacional de Investigación Científica UID 2010.** Estrategia educativa de intervención terapéutica profiláctica para la disminución de los índices de grasa corporal en niñas y niños de 7 a 12 años de edad pertenecientes a la escuela Carlos Viloria. San Carlos. Edo-Cojedes.
- **1era Jornada de Proyección Social y Comunitaria UID. 2010.** Importancia de la actividad física y salud.

**Publicaciones**


**Investigaciones**

- Nuevas perspectivas en el deporte venezolano 2011
- Ordenamiento organizacional del deporte en Venezuela 2010
- Estrategia terapéutica para adultos mayores hipertensos. 2009
<table>
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<th>Cursos realizados</th>
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<tr>
<td>Propuesta de captación de talento para la práctica de la lucha olímpica .2008.</td>
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<th>Formación</th>
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<tr>
<td>Licenciado en relaciones industriales universidad de Carabobo (1999)</td>
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<tr>
<td>Licenciado en educación física y deportes 2006 Universidad Nacional Experimental de los llanos.</td>
<td></td>
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<tr>
<td>Maestría en Actividad Física en la Comunidad. Instituto Universitario Manuel Fajardo. 2008).</td>
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<tr>
<td>Especialización :metodología del entrenamiento deportivo UPEL IPB 2009</td>
<td></td>
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<tr>
<td>Diplomado en metodología del entrenamiento 2010 (UCCFMAF)</td>
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<td>Diplomado en actividades físicas terapéuticas.2010 (UCCFMAF)</td>
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<td>Diplomado en ciencias biomédicas 2010 (UCCFMAF)</td>
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<td>Diplomado en estudios Interactivos a Distancia. 2009(UDS)</td>
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<td>Superior:</td>
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<table>
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<td>Participación como ponente en más de 50 eventos nacionales e internacionales</td>
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<td>Participación en más de doscientos cursos de formación</td>
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<tr>
<td>Investigador de las ciencias aplicadas al deporte</td>
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</tbody>
</table>
MAHDI GHAHREMANI MOGHADDAM
Email: Mahdi.ghahremani@gmail.com
PhD candidate in exercise physiology, Faculty of physical education and sport sciences, University of Guilan
Country: Iran
Current area of interest:
- Applied physiology of wrestling
- Science of training
- Exercise physiology
Completed wrestling research:

VARDAN GHAZARYAN
QAT@fila-wrestling.com
Coach at FILA Training Center in Doha
Qater
SHAHAB GHORBANI
Iran

Shahab_ghorbani@yahoo.com
MSc in Exercise physiology

Current areas of interest: 1) nutrition for wrestlers 2) Exercise
Since in wrestling 3) supplement use in wrestling 4) Obesity

Completed Research: The effect of different recovery methods
Effects of short-term nonperiodized, linear periodized and daily
undulating periodized resistance training on plasma
adiponectin, leptin and insulin resistance.

Athletic Achievements: Iran National team in Junior and Senior/ Asian junior Championship 1999 Iran Tehran
Gold medal/ World student(University) 2006 Gold medal / World Junior Championship(17-21) 2000 Silver Medal
/World Junior Championship, Iran 4 Medals from Takhti Cup-One silver and 3 bronze/ 5th place Medvid Cup / Got
qualified for Sydney Olympic from Minsk and Japan Tournment.

Work History: Counselor and designed training protocol • Junior GR-Wrestling Iran, 2012 also 2017 / Head
coach Shahid Behsti University Wrestling team 2007-2013 and International Qazvin University Wrestling team
2014 -2015

GHULAM FARID

farid_gee@ucp.edu.pk
Pakistan

EDUCATION
MSc (Sports Science)
MBA (finance) 2014
University of Central Punjab Lahore
BA 2008
University of the Punjab, Lahore

COACHING EXPERIENCE
Coaching Course 2015 (IRAN)
Coach for National Junior Wrestling team.
2 year experience as wrestling coach by HEC
3 year experience as wrestling,judo,and ju-jitsu coach by UCP
2 year experience as event organizer for annual sports day by PGC.
1 year experience in management by punjab sports board.

Sports achievements:
Participate in pak/indo championship 2009 (Nandeer, India)
National silver medal (senior wrestling championship) (3 times)
National bronze medal (senior wrestling championship) (2 times)
Pakistani university champion (wrestling) (5 times)

Languages: English, Urdu, Punjabi

ERASMIA GIANNAKOU

egiannak@phyed.duth.gr

Institution / Organization: School of Physical Education and Sport Science,
Democritus University of Thrace
Country: Greece, Hellas

Current area of interest: Biomechanics

Completed Wrestling Research:
Ioannis Barbas, Boris Podliavev, Harold Tunnemann, Youri Sahmouratov, Nikos
Integrated development of young wrestlers. International Forum of Olympic Wrestling

Ancient Olympia, 14-15 May 2015, Greece

Brief Biography:
Erasmia Giannakou graduated in 2002 from the Democritus University of Thrace (Greece), with a combined
degree in Physical Education and Sport Science. She received her Master degree in Sport Science from the
Democritus University of Thrace in 2005. She is currently a PhD candidate in the field of locomotion biomechanics and her research focuses on muscle architecture and neuromuscular coordination in individuals with neurological disorders.

JENNIFER GIBSON, MSc, RD, IOC Dip Sport Nutr
Sport Dietitian
Formerly with Combat and Acrobatic Portfolio
Sport Performance
United States Olympic Committee
Colorado Springs

Now with the Chicago Bears Football Team
Jennifer.Gibson@bears.nfl.net
Interest areas: Nutrition and exercise physiology for wrestling.

SHANNYN GILLESPIE
coachshannyn@gmail.com
Areas of Interest: Coaching, Women’s Wrestling

Sam GIRGIS, MD
sjg@girgisent.com
ENT Specialist
Hinsdale, IL
Areas of Interest: Ear trauma

Giuseppe GIUNTA
Italy
giuseppegiunta@hotmail.it
National Coaching Staff
Eren Andre GJAEGTVIK  
Norway  
Norwayerengekken@msn.com  
National Junior Coach

Nasos GKREKIDIS  
athagkre1@phyed.duth.gr  
Graduated from the School of Physical Education and Sports Science of Democritus University of Thrace, Greece, with wrestling as specialty. Currently finishing postgraduate studies on Maximization of Athletic Performance.

Wrestling coach at DUTH Wrestling Club in Komotini  
Practical exercises and part - time job at the Rehabilitation Laboratory of SPESS of Democritus University of Thrace

Awarde the Young Researcher Award for. "BARBAS 3D DUTH WRESTLING DUMMY" AS A TRAINING TOOL FOR THE NORMAL RETURN OF INJURED WRESTLING ATHLETES" at the 27th International Congress on Physical Education & Sport Science held at the Democritus University of Thrace in Komotini, Greece, May 2019.

1st place in Pankration European Championship in Napoli, Italy, 2011  
2nd place at Kickboxing European Championship in Lignano Sabiadoro, Italy, 2011  
2 times 1st place in National Pankration Championship  
1st place in National University Kickboxing Championship

Straso Gligorov  
gligorovstraso@yahoo.com  
Macedonia-National Coach
Cody Goessl, MS, LAT  
cody.goessl@unmc.edu  
PhD Candidate  
University of Nebraska Medical Center—College of Public Health  
Department of Health Promotion, Social and Behavioral Health  
984365 Nebraska Medical Center  
Omaha, NE 68198-4365  
United World Wrestling (Governing body of the Olympic sport of wrestling) Category 2 Official—Currently, under evaluation for Category 1 Official (Expected decision: January 1st, 2019). A. Assigned trips by USA Wrestling with National Greco-Roman/Freestyle Teams

ALIN GRIGORE  
Federal Coach, Lecturer at university, discipline: wrestling  
Email: alin1grigore@yahoo.co.uk  
Institution/Organization:  
Romanian Wrestling Federation, University Valahia Tirgoviste, Faculty of Physical Education and sport  
Mailing Address: Bucuresti, Strada Liviu Rebreanu nr. 46-58,Bl. 6, Ap. 34, sector 3  
Country: ROMANIA

Current Areas of Interest:  
Female Wrestling, free style wrestling. (Training methodology, Specific strength development)


- The Wrestler– about human development, the human ability to wrestle ». International Scientific Session Psychomotor activities from interdisciplinary perspective».Bucharest University, Faculty of Psychology and Educational Sciences, Department of Physical Education and Sports, 4.12. 2009. Publishing University of Bucharest, 2009, ISSN 1843-7079, author;
- Wrestling Games – Publisher Cartea Universitară, Bucharest, 2005, ISBN (973-731-245-7),

TERRY L. GRINDSTAFF, PT, ATC, PhD, SCS, CSCS  
Creighton University  
Associate Professor  
School of Pharmacy and Health Professions  
grindstafftl@gmail.com
ALYONA GRUSHKO
al-grushko@yandex.ru
Sport psychologist
Московский Государственный Университет им. М.В. Ломоносова (МГУ)
Doctor of Philosophy - PhD Field Of Study sport psychology
Sports psychologist, researcher in Moscow Center of Advanced Sport Technologies (since 2013)
Board member in Russian Association of Computer Science in Sport
2009-2012 – lecturer in psychology, College of Professional Technologies (Russia, Omsk)
Education
2012-2017 - PhD Lomonosov Moscow State University, faculty of psychology
2004-2009 Omsk State University, faculty of psychology
Scientific interests: mental & perceptual-cognitive training in sports, eye tracking, biofeedback
https://www.researchgate.net/profile/Alyona_Grushko
https://istina.msu.ru/profile/Alyona_Grushko/
Experience in sport: since 2009 – mountaineering

MEHMET GUL, PhD
19 Mayıs University – Samsun – Physical Education and Sport
Email: mgulsivas@hotmail.com
Member of Turkish Wrestling Referee’s Association

2015 INWR Young Researcher Award Winner

OVE GUNDERSEN
Email: ove@mattekanten.no
Institution/Organization: Norsk Bryting, Editor of Wrestling Web magazine "Mattekanten"
Mailing Address Sennerudveien 16, 1412 Sofiemyr
Country: Norway
Current Areas of Interest: History, Statistics
Completed Wrestling Research: Books (Verdensklubben, 2000, Club history), (Atalanta, 1996 History on woman wrestling), (Om Ine Barlie, 2007 Biography on a world female champion), (Brytespeilet, 2007, Statistics).(Norges Bryteforbund 100
SERGIU GURIN
Address(es) 161/1, Grenoble str, 38 ap, 2019, Chisinau, Republic of Moldova
Telephone(s) +37368199223
E-mail fila83@list.ru
Country: Moldova

Occupation Sports School “Speranza”, Municipal High School with Sports Profile. (Chisinau)
Coach in Freestyle Wrestling

Dec. 2005: Sport School (Basarabeasca), coach in freestyle wrestling
4. 2002-2003: Sport Instructor in Fitness Centre (Chisinau)

Studies 2000-2004: National Institute of Physical Education and Sport, (Chisinau)
2012 – FILA advanced school for coaches in freestyle wrestling (Sofia, Bulgaria)
2010 - FILA advanced school for coaches in freestyle wrestling (Murcia, Spain)

Languages French – medium, English – medium, Russian – high, Italian – high, Romanian - native

CARLOS GUTIÉRREZ-GARCÍA Ph.D.
Email: carlos.gutierrez@unileon.es
Institution/Organization: University of León
Mailing Address: Facultad de Ciencias de la Actividad Física y del Deporte. Campus de Vegazana s/n. 24071 - León (Spain)
Country: Spain
Current Areas of Interest: Martial Arts and Combat Sports from a multidisciplinary perspective

Completed Wrestling Research:


Franchini, Emerson; Rodríguez-Huertas, Jesús F.; Sterkowicz, Stanislaw; Carratalá, Vicente; Gutiérrez-García, Carlos; Escobar-Molina, Raquel (2011). Anthropometrical profile of elite Spanish Judoka: Comparative analysis among ages. Archives of Budo, 7(4), 239-245.

JANOS GYOERGYI

Email: janos.gyorgyi@gmail.com
Institution / Organization: Mongolian State Sport Administration, Sport Science and Methodological Center
Mailing Address: Baga toiruu 55, Central Sport Palace, Ulaanbaatar-210648, P.O.Box-121, Mongolia
Current area of interest: Endurance training research and training planing; wrestling motion analysis and analysis of different wrestler techniques
Completed wrestling research: Adaptation of "Tabata Test" in Wrestling

Hadi HABIBI

Kharazmi University
Department of Sport Science and Physical Education
Father’s Name: Hashem
Date of birth: September 17, 1978
Nationality: Iranian
Place of birth: Tehran
Email: hhabibi2003@yahoo.com
Phone Number: +98-912-3831 906
Education
2004-2008 Bachelor of Sport Science and Physical Education
2008-2010 Master of Sport Science and Physical Education
Fila International Coaching Qualification

Scientific Articles
1- Upper body anaerobic power wrestlers (2013). Kharazmi University, Medicine and sport Publication.
2- Agility elite wrestlers (2012) . Olympic Publication
3- Compare the mental skills profile wrestlers national youth team (2014). Poster/ Beheshti University

Books
1- Anaerobic power exercise physiology. 2012
2- Stretching exercises in Wrestling. 2014

Teaching experience
Wrestling: Kharazmi University, 4 years.
Swimming: Kharazmi University, 1 Semester
Physical Education: Kharazmi University, 2 years

Executive Records
2011 up to now: Assistance: International Wrestling Institute of Iran.
2011 up to now: Responsible: Kharazmi University, Department of Physical Fitness committee.
Also, working as lecturer in theoretical courses and practical Wrestling Federation of Iran.

Dr. ASHRAF HAFEZ

dr_ashraf2020@hotmail.com
Professor at the Faculty of Physical Education, Helwan University
Cairo, Egypt
President of coaches committee in Egyptian wrestling federation

TORNIK HAKOBYAN
tornik@yahoo.co.uk
United Kingdom

HALABACHI, FARZAN
fhalabchi@sina.tums.ac.ir
Iran

Prof. Mag. Dr. BRUNO HARTMANN
Email: b.c.hartmann@a1.net
Institution/Organization: Austrian Wrestling Federation – Head-coach for female wrestling
Country: Austria
Current Areas of Interest: all information about wrestling

Tom HAZELL
Email: thazell@elcamino.edu
thazell51@gamail.com
Professor in Health Sciences and Athletics at El Camino College in Torrance, California 29th year). Courses Taught: Fitness and Conditioning, Contemporary Health, Introduction to Physical Education and Kinesiology, and Recreation. I was the wrestling coach here for 11 years until they dropped the program. I continued to coach at West Torrance High School for an additional 10 years after that and for the past 18 years or so I've officiated high school wrestling in Southern California.

Competition bio: State Champ at HWT at El Camino College after which I wrestled two years at Oklahoma State at HWT for Tommy Chesbro. 2X-All American, placing 6th twice and a Big 8 Champ. Took a number of seconds and thirds at the AAU's, USWF, and USA Wrestling
championships. Took second at Tbilisi and won the Pan American Championships at 90Kg. I also won the Veterans a few times and 3rd at the World Veterans. Presently on the board for Beat the Streets - LA and a member of the LA28 Wrestling Committee.

I find any research that is associated with the sport of wrestling fascinating and informative.

Zihong HE, Ph.D, Researcher
No.11, Tiyuguan Road, Chongwen District, Beijing P.C 100061
Tel: +86(10)87182524(O); 13693209487(cell) p
E-mail: zihonghe@163.com; hezihong@ciss.cn

Highlights:
- PhD in Exercise Biochemistry.
- Master tutor
- More than ten years’ experience at Chinese Institute of Sport Science

Highlights:
- PhD in Exercise Biochemistry.
- More than ten years experience in Top research institute of sports science in Mainland China.
- Principal and key player in multiple major research projects.
- Enjoy challenge and study/work effectively either independently or as a part of team.
- The first author of several articles in well-known academic national and international sport journals.

Education:
2004 Sep~2007 Jul: PhD in Exercise Biochemistry, Beijing Sport University, Beijing, China
1998 Sep~2001 Jul: M.S. in Exercise Physiology, Tianin Institute of Physical Education, Tianjin, China
1994 Sep~1998 Jul: B.S. Dept. Biology, Qufu Normal University, Qufu, China

Employment History
2013 Dec-present Biology Center of China Institute of Sports Science, Researcher, Beijing, China
2008 Dec~2013 Nov: Biology Center of China Institute of Sports Science, Associate Researcher, Beijing, China
2001Sep~2008,Nov Biology Center of China Institute of Sports Science, Assistant Researcher, Beijing, China
2003 Dec~present: China Female Wrestling Team, Research Coach, Beijing, China

Publications


Honors and Achievements
1. The Title of Outstanding Contribution Individual of London 2012 Olympic Games was awarded by General Administration of Sport of China and Chinese Olympic Committee
2. The Title of Outstanding Contribution Individual of BEIJING 2008 Olympic Games was awarded by General Administration of Sport of China and Chinese Olympic Committee
3. The project “the integrative research on female wrestling team for 2008 Olympic games” was awarded the third prize by General Administration of Sport of China.
4. The project “the study of molecular markers for selecting elite runner” was awarded the third prize by General Administration of Sport of China.
4 As the main member, the Project of “Effects of Medium-level Altitude Training on the Elite Speed Skaters” for the 19th Winter Olympic Games was awarded the third place
5. As the main member, the Project of “physiologic and biochemical monitoring of training” was awarded the First place by China Sports Science Society

MARK HECIMOVICH, PhD, ATC
Associate Professor
Division of Athletic Training
University of Northern Iowa
003C Human Performance Center
Cedar Falls, IA 50614-0244
Phone: 319.273.6477
mark.hecimovich@uni.edu


Areas of Interest: Concussion; injury prevention (lumbopelvic)

Brief biography: Certified athletic trainer (ATC) with Mayo Clinic Health Systems 2001-2004; Senior Lecturer at Murdoch University 2005-2015; Associate Professor at the University of Northern Iowa 2015-current.

---

Jörg HELMDACH
helmdach@ringsport.at
Austria

VICTOR HIDALGO
Title: Lic. Preparador Fisico
Email: vhidalgo2@gmail.com
Institution/Organization: Federecion Costarricense de Luchas
San Jose
Country: Costa Rica
Current Areas of Interest: Preparacion Fisica en la Lucha

IKUO HIGUCHI
wres-higuchi@mue.biglobe.ne.jp

NORBERT HÖRR
norbert.hoerr@foeldak.com
Germany

CRAIG A. HORSWILL, PHD
Email and Contact Information: craig.horswill@sbcglobal.net
Adjunct Clinical Associate Professor
Department of Kinesiology and Nutrition
University of Illinois, Chicago, USA
(Cell) 630-337-7271
Current area of interest: hydration and performance
Completed wrestling research:


C. A. Horswill. Physiological and biochemical studies of male and female wrestlers. The results of these studies were published in Polish and international journals, and were applied in practice.
Research interests: assessment of aerobic and anaerobic performance of male and female wrestlers, and application of plasma creatine kinase (CK) activity measurements during training before main tournaments for evaluation of functional status of muscle cells (monitoring of training). It has been acknowledged that my collaboration with trainers and competitors contributed to the international success of Polish male and female wrestlers.

Selected Publications:

Dr. HUERGO, Victor PT
Lisle, IL
ivanh@psipt.com

CAROL HUYNH
huynh@fila-wrestling.com
Canada
Olympic Champion
UWW Bureau Member
Head of Athletes Commission
**Victor Igumenov**  
Professor, doctor of pedagogical sciences  
Department of theory and methodology of sports and martial arts,  
Russian State University of physical culture, sports and tourism.  
Country: Russia  
UWW Hall of Fame  
Email: wrestler9999@gmail.com  
5 time World Champion

<table>
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<th>№</th>
<th>Наименование работы, ее вид</th>
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<tr>
<td>1</td>
<td>Методика и организация научных исследований в спортивной борьбе /Методические разработки</td>
<td>печатный</td>
<td>М.: ГЦОЛИФК, 1985.-54с.</td>
<td>Подливаев Б.А.</td>
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<td>2</td>
<td>Классическая борьба. Правила соревнований: вопросы для программированного обучения и контроля знаний /Методические разработки.</td>
<td>печатный</td>
<td>М.: ГЦОЛИФК, 1985.-52с.</td>
<td>Березняк В.В., Подливаев Б.А.</td>
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<td>3</td>
<td>Борьба и методика преподавания /Программа для техникумов физической культуры.</td>
<td>печатный</td>
<td>М.: ГЦОЛИФК, 1987.-40с.</td>
<td>Подливаев Б.А.</td>
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<td>4</td>
<td>Основы методики обучения в спортивной борьбе /Метод, разработка</td>
<td>печатный</td>
<td>М.: ГЦОЛИФК, 1985.-52с</td>
<td>Подливаев Б.А.</td>
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<td>5</td>
<td>Спортивная борьба с методикой преподавания: Программа для педагогических училищ</td>
<td>печатный</td>
<td>Программы педагогических училищ. —М.: Просвещение, 1987.-С.3-17</td>
<td>Подливаев Б.А.</td>
</tr>
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<td>6</td>
<td>Принципы и методика обучения в спортивной борьбе (методическая разработка).</td>
<td>печатный</td>
<td>Ташкент, 1987.-48с.</td>
<td>Подливаев Б.А., Керимов Ф.А., Кадыров Ш.Н.</td>
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<td>7</td>
<td>Применение активных методов обучения при подготовке специалистов по спортивной борьбе (Метод. разработка для слушателей ВШТ и ФУС ГЦОЛИФК)</td>
<td>печатный</td>
<td>М.,1988. —38с.</td>
<td>Березняк В.В., Подливаев Б.А.</td>
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<td>8</td>
<td>Спортивная борьба с методикой преподавания (программа для педагогических институтов по специализации № 2114 &quot;Физическая культура&quot;)</td>
<td>печатный</td>
<td>Программа педагогических инст. - М.: Просвещение,1987.-С. 12-30</td>
<td>Подливаев Б.А.</td>
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<td>9</td>
<td>Академическая успеваемость студентов в зависимости от затрат времени на, спортивное совершенствование в режиме учебной недели</td>
<td>печатный</td>
<td>Проблемы перестройки масс. Физ. культуры. - Алма-Ата, 1990. С.51-55.</td>
<td>Дайрабаев С.Е., Подливаев Б.А.</td>
</tr>
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<td>11</td>
<td>Спортивная борьба: Учебник для студентов и учащихся факультетов (отделений) физ. восп. педагогических учеб. заведений</td>
<td>печатный</td>
<td>М.: Просвещение,1993.-240с.</td>
<td>Подливаев Б.А.</td>
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<td>12</td>
<td>Методология научных исследований в спортивной борьбе</td>
<td>печатный</td>
<td>М.: РИО ГЦОЛИФК, 1998.-48с.</td>
<td>Подливаев Б.А.</td>
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<td>Греко-римская борьба /Учебная программа по специализации для студентов РГФК</td>
<td>печатный</td>
<td>М.: ФОН, 2000. —84с.</td>
<td>Подливаев Б.А., Блеер А.Н., Колесов А.А., Курников С.Н., Перемышлев Е.С.</td>
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<td>14</td>
<td>Анализ показателей соревновательной деятельности борцов греко-римского стиля на Олимпийских играх в Сиднее</td>
<td>печатный</td>
<td>В сб.: Актуальные проблемы спортивных единоборств. -Вып. 2. — М.: ФОН,2000.-С.3-10.</td>
<td>Подливаев Б.А., Мамиашвили М.Г., Рожков П.А.</td>
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<td>16</td>
<td>Концепция биологически целесообразной физической подготовки борцов (самбо, дзюдо)</td>
<td>печатный</td>
<td>М., ЗАО фирма «Лика», 2005.-120 с.</td>
<td>Блах В., Елисеев С., Подливаев Б.А., Кулкин Н., Мигасевич Ю., Селунян В., Табаков С.</td>
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<td>Организационно-методические предпосылки совершенствования методов освоения дисциплин специализации студентами-борцами (статья)</td>
<td>печатная</td>
<td>В сб. Совершенствование системы подготовки высококвалифицированных борцов в государственных</td>
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<td>18</td>
<td>Проблемы тактико-технического анализа соревновательной деятельности борцов (статья)</td>
<td>Малков О.Б.</td>
<td>В сб. «Тенденции развития тактики в спортивной борьбе», М.: СпортУниверГрупп, 2006 г.</td>
<td>С. 3-9</td>
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<td>19</td>
<td>Приемы маневрирования для создания стартовой ситуации подъема противника в высокий партер или стойку (статья)</td>
<td>Малков О.Б., Иванченко М.М.</td>
<td>В сб. «Тенденции развития тактики в спортивной борьбе», М.: СпортУниверГрупп, 2006 г.</td>
<td>С. 7-16</td>
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<td>20</td>
<td>Тактические воздействия при создании критической ситуации бросков из партера (статья)</td>
<td>Малков О.Б., Иванченко М.М.</td>
<td>В сб. «Тенденции развития тактики в спортивной борьбе», М.: СпортУниверГрупп, 2006 г.</td>
<td>С. 17-25</td>
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<td>22</td>
<td>Основные направления подготовки будущих тренеров по спортивной борьбе (статья)</td>
<td>Малков О.Б.</td>
<td>В сб. Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных образовательных учреждениях физической культуры, М.: СпортУниверГрупп, 2008 г.</td>
<td>С. 3-9</td>
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<td>23</td>
<td>Работоспособность у борцов греко-римского стиля ближайшего резерва сборной команды города Москвы (статья)</td>
<td>Юркин С.В.</td>
<td>В сб. Совершенствование системы подготовки высококвалифицированных борцов в государственных образовательных учреждениях физической культуры, М.: СпортУниверГрупп, 2008 г.</td>
<td>С. 56-59</td>
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<td>24</td>
<td>Методологические аспекты педагогического исследования в спортивной борьбе (статья)</td>
<td>Юркин С.В.</td>
<td>В сб. Совершенствование системы подготовки кадров по спортивным единоборствам, М.: СпортУниверГрупп, 2009 г.</td>
<td>С. 5-9</td>
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<td>25</td>
<td>Проектирование подготовки будущих тренеров по единоборствам (статья)</td>
<td>Юркин С.В., Чудаков А.В.</td>
<td>В сб. Совершенствование системы подготовки кадров по единоборствам, М.: СпортУниверГрупп, 2010 г.</td>
<td>С. 3-7</td>
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<td>26</td>
<td>Модельный поединок борцов-юниоров для совершенствования специальной выносливости</td>
<td>Юркин С.В.</td>
<td>В сб. Совершенствование системы подготовки кадров по единоборствам, М.: СпортУниверГрупп, 2010 г.</td>
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<td>Программа «Теория и методика борьбы на поясах»</td>
<td>печатная</td>
<td>М.:ФиС.-2006.-99 с.</td>
<td>Свищёв И.Д., Подливаев Б.А.</td>
</tr>
<tr>
<td>29</td>
<td>Методические рекомендации для выполнения выпускных квалификационных работ студентами кафедры теории и методики спортивных единоборств РГУФКСиТ (методические рекомендации)</td>
<td>печатная</td>
<td>«Принт-Центр».- М.:2009.-46 с.</td>
<td>Свищёв И.Д., Шевцов А.В., Дмитриева О.В.</td>
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<td>30</td>
<td>Методические рекомендации по проведению практических и семинарских занятий со студентами кафедры теории и методики спортивных единоборств РГУФКСиТ (методические рекомендации)</td>
<td>печатная</td>
<td>«Принт-Центр».- М.:2009.-37 с</td>
<td>Свищёв И.Д., Шевцов А.В., Дмитриева О.В.</td>
</tr>
</tbody>
</table>

ILIYA ILIEV
Email: ilioiliiev@abv.bg
Current Areas of Interest: Wrestling – Free Style, Women Wrestling, Coaching, Sport Psychology, Strenght Training
Current positon: Full Time PhD Student in Sports Wrestling Science, Part Time Lecture at the Department of "Wrestling and Judo", Wrestling Coach

Institution/Organization: National Sport Academy Vasil Levski - Sofia, Bulgaria
Part Time Lecture at the Department of "Wrestling and Judo", Wrestling Coach – Sport Club NSA Academic – Sofia/Bulgaria

EDUCATION AND TRAINING
1. PhD in Sport Science with specialty Theory and Methodology of Physical Education and Sports Training (including Therapeutic exercise). With thesis "The methodology of preparation in female wrestling". National Sports Academy, Sofia (Bulgaria)
2. Master Degree in Sport Psychology, Department Psychology, Pedagogics and Sport Sociology. With thesis “Research of target orientation of elite Wrestlers” National Sports Academy, Sofia (Bulgaria)
3. Bachelor Degree with first specialty Wrestling Coach and second specialty Physical Education Teacher. National Sports Academy, Sofia (Bulgaria)

Chief Assist. Prof. at National Sports Academy - Vassil Levski - Sofia, Bulgaria, Coaches Faculty, Department of Wrestling and Judo

Main activities and responsibilities: Contribute to the quantity and quality of teaching and research in Sport related to the preparation of university graduates in the field of sport science and pedagogy of physical education teaching particularly with the subject in the field of Wrestling.
- Teaching the learning material in the form of exercises, seminars, lectures and training practices; consult with students; involved in conducting exams; participate in the development of new exercises and seminars; participates in the management of graduate students in bachelor's degree; participate in the meetings of departments; using of modern interactive forms and methods of learning and teaching.
- Participation in International Scientific Research Projects in the field of Sports Science and Training; participation in conferences, publishing articles in licensed journals.

Completed Wrestling Research:
4. Iliev, I., Nikolov, N (2016). INDIVIDUAL PREPARATION PROGRAMME OF FEMALE WRESTLERS FOR IMPROVEMENT OF THEIR MOTOR SKILLS.


OZKAN ISIK
Turkey
ozkanisik86@hotmail.com
oisik@aku.edu.tr
Research Assistant
Afyon Kocatepe University-School of Physical Education and Sports

COMPARISON OF BODY COMPONENTS AND BALANCE LEVELS AMONG HEARING-IMPAIRED WRESTLERS AND HEALTHY WRESTLERS

BODY COMPONENTS CHANGES AND DEPRESSION SCORES BEFORE COMPETITIONS AMONG ELITE FEMALE WRESTLERS

ISHMUKHAMEDOV TIMUR RAFAELEVICH
armwrestling@mail.ru
Uzbekistan

Ishmukhamedov Timur Rafaelevich was born on 31 of March in 1989 in Tashkent, higher education, graduated from the Uzbek State Institute of Physical Education in the direction of physical education (greco-roman wrestling) in 2011, and Master's degree in sports activities (kinds of sports) in 2013.

Laureate of the State Grant of the President of the Republic of Uzbekistan in the field of culture and sports. At present works as a lecturer of theory and methodology of national and international kinds of wrestling in Uzbek State Institute of Physical Education.

Sorab SHEIKH ISMAILI
Department of Physical Education and sport sciences, Sanandaj Branch, ISLAMIC AZAD University, Sanandaj, Iran


Ivan IVANOV
Email: info@suples.com
President / Founder of Suples Ltd
Kazunori IWAI, PhD, CSCS  
Email: iwai@hiroshima-cmt.ac.jp  
Institution: Hiroshima College of Maritime Technology, Institute of National Colleges of Technology  
Mailing Address: 4272-1 Higashino, Osakikamijima-cho, Toyota-gun, Hiroshima 725-0231  
Country: Japan  
Current Areas of Interest: Improvement of wrestlers' performance, Physical fitness in wrestling, Prevention of wrestlers' injuries, and more  
Completed Wrestling Research:  

Michelle I-WEN LIN  
Volunteer for Chinese Taipei Wrestling Association  
Email: bauwen@nanshanlife.com.tw  
Institution/Organization:: National Taiwan Sport University (NTSU)  
Mailing Address: (104) Room B, 2nd Fl, No. 375, Song Chiang Rd, Taipei, Taiwan, R.O.C.  
Country: Taiwan, Chinese Taipei (Republic of China)  
Current Areas of Interest:: management of sport organization  

ALI BABAEI JAFARI  
mehdibabaeijafari@yahoo.com  
PhD student in Sports Medicine  
Teacher at Payam Noor University-Karaj Branch Iran.  
M.A degree on sport management.  
I have 3 article in FILA (INWR)  
My interest is sport Manegement and sport medicine (wrestling)  
I have international coach degree and member of coaches coommittee in Iran Wrestling Federation  
Asian champion have several medals in international wrestling competition.
MEHDIBABAEIJAFARI
mehdibabaeijafari@yahoo.com
PHD student in sport medicine.
Teacher in PAYAM NOOR and SAFA DASHT University Karaj branch in Iran.
I’m teacher physical education, Alborz Province department general of education
My interest is sport medicine(wrestling)
Coach 1st degree in Iran.
Won several medals in international wrestling competition.

MAJIDJAHANDIDEH
Iran National Coaching Staff
Email: m_mahshid_j68@yahoo.com
m_mahshid_j68@yahoo.com
Born in 1968/08/07 Tehran, Iran
home address is: Section:20 5th Floor House No.2 Gheim Alley Gholf Afshan
Jonubi Street, Shahrekhab Tehran, Postal code: 1469743588,
Home Tel: +98 – 21 – 8808 47 51 cellphone: +98 - 912316 62 59

COREY JAMES
Affiliation: USA Wrestling National Teams Athletic Trainer
E-mail: cjames@usawrestling.org
Areas of Interest: Skin diseases, Acute wound care management,
Psychology in athletics
Biography: Corey James, a native of Imperial, Pennsylvania, is the athletic
trainer for the USA Wrestling National teams. Prior to arriving in Colorado
Springs, Corey served as a staff Assistant Athletic Trainer at Duke
University and worked directly with the Men’s and Women’s Swimming and
Diving teams. Following graduate school, Corey worked as a Season-Long
Athletic Training Intern with the San Francisco 49ers.
Corey earned his Master’s degree from San Jose State University in 2013.
During his tenure as a graduate assistant, Corey worked as a certified
athletic trainer at Stanford University providing care to the Men’s and
Women’s Gymnastics teams as well as the Women’s Rowing team. Before
his stint in California, Corey studied at California University of Pennsylvania
where he earned his Bachelors of Science degree in Athletic Training. While
earning his first degree Corey spent the Summer of 2010 gaining invaluable
experience as an intern with the Pittsburgh Steelers.

DANA JARVIS
Adjunct Professor of Business and Leadership
Email: djarv4@gmail.com
Institution/Organization: Duquesne University
Mailing Address: 2020 Crafton Blvd, Pittsburgh, PA 15205
Country: USA
Current Areas of Interest: psychology of wrestling

Completed Wrestling Research:
I have taught at a university level for close to 10 years. My focus has been on leadership. Since last year, I have been coaching youth wrestling. I have done my best to research as much as I can on the topic of mental toughness in wrestling. As a psychology major and a U.S. Marine Veteran.

JAVKHLANTSOGT Batsaikhan
Professional Affiliation: Foreign Relations Adviser to CEO, Mongolian National Wrestling Federation
Email: b_javkhlantsogt@yahoo.com
Areas of interest: folk wrestling, traditional sports, Mongolian bokh, Understand how mental toughness can accelerate success for wrestlers.
I was born in Arkhangai, Mongolia in 1982. My specialty is risk management and insurance. I’m lecturer at the Finance department, Business School, National University of Mongolia. And I also work for the Mongolian National Wrestling Federation as an Adviser to CEO of the Federation. MNWF which is the first and only top authority which oversees traditional (folk) wrestling in Mongolia and recognized by the Government of Mongolia.
Address: Mongolian Wrestling Palace, Peace avenue-37, Bayanzurkh district, Ulaanbaatar, Mongolia

Klaus JOHANN, MD
Chief of the German wrestling doctors, orthopedic surgeon
UWW Medical Commission
ringerdocjohann@klaus-johann.com
AREAS OF INTEREST: injuries, the prevention and the rehabilitation, also nutrition of wrestlers, optimization of training

ZEKE JONES
Zeke.Jones@asu.edu
Won a silver medal at the 1992 Summer Olympics in Barcelona, a world championship in Varna, Bulgaria, in 1991

Formerly, Freestyle Head Coach at USA Wrestling. He was a 6-time National Freestyle Champion, 4X World Cup Champion, Pan American Games Champion, and received the "World's Most Technical Wrestler Award" awarded by FILA.

Presently Head Coach at Arizona State University
Guillaume JOMAND

G.jomand@gmail.com
PhD 2nd year student
Université Claude Bernard Lyon 1
Centre for Research and Innovation on Sport
France
Areas of Interest: History of women’s wrestling and sambo

TOM JUSTICE, PhD

TJustice@lhup.edu
Areas of Interest: Coaching, strength training

ZURAB KAKHABRISHVILI MD
Clinical Centre of Sports Medicine and Rehabilitation, Tbilisi State Medical University; 29, Vazha-Pshavela ave., 0160, Tbilisi, Georgia
Email: zurasportmed@yahoo.com
Kakhabisvili Z., Akhalkatsi V., Maskhulia L., Chutkerashvili T., - LEFT VENTRICULAR HYPERTROPHY DUE TO VIGOROUS PHYSICAL CONDITIONING IN HIGHLY TRAINED GEORGIAN WRESTLERS AND FOOTBALL PLAYERS: RELATIONSHIP WITH AEROBIC CAPACITY, Int J Wrestling Science, 2011, 1(1) 48-54

Valentin KALIKCA

Vkalika@cox.net
Valentin Kalika was a National Champion of USSR among students. He was a National Ukrainian Champ in Greco-Roman Wrestling. He performed the rating: “USSR Master of Sports” in Greco-Roman Wrestling in 1977.
In 2009 won gold medal at US Nationals in Las Vegas (Veterans Division)
2009 World Champion Greco-Roman Wrestling (Veterans Division)
Valentin Kalika has graduated from famous Kiev Sport University with the Master Degree in professional coaching and sports education. This Sport University is known as a "manufactory" of Olympic and World champions. Until 1991 Valentin was a head coach at one of the biggest sport clubs in Ukraine. He was one of the coaches of junior national team.

Valentin is a FILA certified international referee.

In 1991 Valentin moved to Israel where he coached at HaPoel elite wrestling club, and participated in Israel's Government National self-defense Program.


NIKOLAOS KAMEAS, PhD
Professional Affiliation:
Democritus University of Thrace, Department of Physical Education and Sport Sciences, Greece
European Committee for Sports History, Auditor 2015-2016
Email: nkameas@phyed.duth.gr

Publications:


Areas of Interest: Philosophy, Philosophy and History of Sport, Physical Education.

Brief wrestling biography:

Liliana KANEVA BULGARIA office@bul-wrestling.org
We are proud to say that we have a representative in the governing bodies of the European Sumo Union - Mrs. Liliana Kaneva - President of the Development of the Sumo Sport in Europe Committee, Chairman of the Sumo Women Committee and at present - member of the Board of Directors of the International Sumo Federation (IFS) and the European Sumo Union.
Another high recognition of the Bulgarian Sumo Federation activities and its Executive Director Mrs. Liliana Kaneva was her awarding by the Japanese Government with the Order of the rising sun with golden rays and rosette on 29.11. 2006.
The anthem of the IFS, called "The Big ones" is also an international Bulgarian achievement. Its authors are Liliana Kaneva and the composer Toncho Russev.

ADIS KAPUR

Email: adiskapur@gmail.com
Institution/Organization: Fakultet Sporta i tjelesnog odgoja, Sarajevo
Current Areas of Interest: Wrestling coach

Completed Wrestling Research:


CHRISTOS KARAKOUSIS
xristos3369@hotmail.gr

KARD Mehis
Secretary General of Estonian Wrestling Federation
Email: mehis@maadlusliit.ee EST@fila-wrestling.com
Country ESTONIA
Mailing Address Pirita tee 12 Tallinn ESTONIA 10127
Tuomo Arto Mikael KARILA, MD, PhD

Email and Contact Information: tuomo.karila@gmail.com
Country: Finland
President of Finnish Wrestling Federation
Affiliations:
Member of Finnish Olympic Committee, Athletes’ Commission, 1997-2004
Doctor for Finnish wrestling federation national team, 2000-present
Doctor and team leader for Finnish Olympic wrestling team, 2000
Chairman of Finnish Olympic Committee, Athletes’ Commission, 2001-2004
Executive board member of Finnish Olympic Committee, 2001-2004
Member of Finnish Olympic Committee, Medical Commission, 2001-present
Member of European Olympic Committee, Athletes’ Commission, 2002-2004
Member of European Olympic Committee, Medical Commission, 2003-2004
Member of International Federation of Associated Wrestling Styles, Medical Commission, 2003-present

Athletic Achievements
1987 bronze Junior World Championships, Canada
1988 gold CISM (Military World Championship), Italy
1988 bronze CISM (freestyle wrestling), Italy
1988 silver Junior European Championships, Poland
1990 silver European Championships, Poland
1991 silver European Championships, Germany
1992 14th Barcelona Olympic Games, Greco-Roman wrestling
1994 silver World Championships, Finland
1996 11th Atlanta Olympic Games, Greco-Roman wrestling
1989-1996 2 times Scandinavian Champion
1988-1996 9 times National Champion

Completed wrestling research:
Karila T, Laaksonen R, Jokelainen K, Himberg J-J, Seppälä T:
The effects of anabolic androgenic steroids on serum ubiquinone and dolichol levels among steroid abusers. *Metabolism* 1996;45 844-847.
Karila T, Kosunen V, Leinonen A, Tähtelä R, Seppälä T:
Pärssinen M, Karila T, Kovanen V, Seppälä T:
Stolt A, Karila T, Viitasalo M, Mäntysaari M, Kujala U, Karjalainen J:
Karila T, Karjalainen J, Mäntysaari M, Seppälä T:


MOHAMMAD KARIMI, PhD
E-mail: m.karimi2203@gmail.com
Country: Iran
Institution/Organization: Azad University of Saveh
Current areas of interest:
1) Tapering  2) Testing

Completed wrestling research:


FEDOR KARYPIDIS komotini1963@mail.ru
Greece/Uzbekistan
Youth Wrestling

Unal KARLI
unal_karli@hotmail.com
Abant İzzet Baysal Üniversitesi Geziler ve Etkinlikle
Turkey
HRVOJE Karninčić PhD
hrvojek@kifst.hr or hrvoje.karnincic@kifst.hr
Assistant professor
Faculty of Kinesiology
University of Split; Croatia
Current Areas of Interest: wrestling, physiology, history

Wrestling Research
Hrvoje Karninčić. Glucose Dynamics Can Evaluate State of Anaerobic Fitness in Wrestling Collegium Antropologicum. 37 (2013) , Suppl. 2; 101-106
Hrvoje Karninčić, Saša Krstulović, Mario Baić. The Influence of Body Weight on Chosen Physiological Parameters in Wrestling, Journal of Human Kinetics, 37 (2013), (accepted for print in the volume 37)
Foretić, Nikola; Karninčić, Hrvoje; Uljević, Ognjen. The influence of the wrestling technique on contact efficiency of young male team handball players. // Archives of Budo. 7 (2011), 2; 87-91
Karninčić, Hrvoje; Bajić, Mario; Sertić, Hrvoje. Comparison of lactate curves in a wrestling match at the beginning and the end of competition period for elite Croatian Greco-Roman wrestlers. // MOVEMENT FOR CULTURE. Journal of Martial Arts Anthropology&##8221;,. 11 (2011) , 4;40-47
Karninčić, Hrvoje; Bajić, Mario; Belošević, Dino. Lactate curve differences in kickboxing and greco roman wrestling fight. // Hrvatski športskomedicinski vjesnik. 25 (2010) , 2; 111-116
Karninčić, Hrvoje; Tocilj, Zoran; Uljević, Ognjen; Erceg, Marko. Lactate profile during Greco-Roman wrestling match. // Journal of sports science and medicine. 8 (2009) , CSSI-3; 17-19

ALMAZBEK APYSHOVICH KASENOV
Bishkek street. Glendale house number 86
tel., home: (312) 43-74-92
tel:  +996 (553) 331269
e-mail: Kasenov_A_A@mail.ru
Date of Birth: 14.12.1961g.
Place of Birth: Republic of Kyrgyzstan, Issyk - Kul region Ak - Suu district village Jany - ditch.
Nationality - Kyrgyz
Marital status - Married, three children.

Education:

Experience
1986 to 1987 Teacher jf phisical culture on KSNU
1987-1992: coaches in Greco-Roman wrestling in RUOR and Head coach of the Junior National Team KR in Greco-Roman
1992 to 1996 - Head Coach of the National team in Greco-Roman wrestling
1998 to 2000 - Director RSDYUSSHOR Pervomaisky district of Bishkek.
2000 to 2002 - Head of the FC and Sports State for Tourism, Sport and Youth Policy.
2002 to 2005 - Director RSDYUSSHOR Sverdlovsk district of Bishkek.
2005 to 2006 - Chairman of the Municipal Committee on Physical Culture and tourism Bishkek.
2006 to 2009 - Deputy Director of the State Agency for Physical Culture and Sports of the Government of the Kyrgyz Republic.
13.04.2010- 05.03.2011 - Director of the State Agency of Physical Culture and Sports of the Government of the Kyrgyz Republic.
01.09.2011 - 20.02.2012 - Director of the Olympic training teams of the Kyrgyz Republic.
With 20.02.2012 - Director of the National Center for Development of National Sports.

Languages:
Kyrgyz language - native
Russian language - fluent
Social activities:
Federation vice president of Greco-Roman wrestling, KR
President of the Union of Martial Arts KR

Additional Information:
1984 to 1986 he service in the Armed Forces of the USSR
Master of Sports in Greco-Roman wrestling.
Multiple champion of the Kyrgyz SSR.
Champion Union University Games 1984.
4th place on the eighth Games of Soviet Peoples.
Honored coach of the Kyrgyz Republic
Excellence FC and Sports
Diploma from the IOC for their active participation to promote sports
Certificate of recognition from the President of the Kyrgyz Republic.
Honorary Citizen of the Issyk-Kul region, Kyrgyzstan.

ANNA KASPERSKA  PhD
annakasperska.awf@gmail.com
Faculty of Physical Culture in Gorzow Wielkopolski, Academy of Physical Education in Poznan, Department of Sports Medicine and Biochemistry (now Department of Physiological Sciences), position – assistant

Selected Papers:

Academy of Physical Education in Poznan: The role of myokines and growth factors in maintaining optimal weight and skeletal muscle strength in men over 60 y

Effect of sport and hypoxic training on regeneration and skeletal muscle adaptation to exercise in wrestlers in a classic style


ANNA KAVOURA
Professional Affiliation: University of Jyväskylä (Finland), Faculty of Sport and Health Sciences
PhD student at the University of Jyväskylä, majoring in Sport Psychology. My PhD research explores issues of gender, culture and identity in the male domain of martial arts.
email: anna.kavoura@jyu.fi

AREAS OF RESEARCH INTEREST: sport psychology, martial arts and combat sports, gender studies

SELECTED PUBLICATIONS:


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**Name:** Ömer KAYNAR  
**Phone:** +905327751949  
**Work number:** +904362494949/1149  
**Email:** omer_kaynar49@hotmail.com  

**Brief biography:**  
In 1996-2008 he engaged in active wrestling. He achieved several successes in wrestling and competed on behalf of the national team in International Vehbi Emre Tournament in 2003. In 2009-2011, he worked as a wrestling coach in Bitlis, Muş and Erzurum Provincial Directorate of Youth Services and Sports. While the coach trained, many successful athletes in Muş province. He has written extensively on wrestling and sports in local and national press. In 2015, he was appointed as the Head of the Department of Physical Education and Sports Teaching at Muş Alparslan University, Faculty of Education. In 2016, he founded Muş Alparslan University School of Physical Education and Sports and in the same year he was appointed as the founding director of the School of Physical Education and Sports.

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**WRESTLING-RELATED STUDIES**


**Master’s thesis** Ömer Kaynar, Determination of Grip Forces of Elite Wrestlers Before and After Training, Dicle University Institute of Health Sciences, 2010.

**National Reports**


**International reports**


Articles published in national journals


C- Articles published in international journals


Projects


2. Elit Güreşçilerde Antrenmanın Hipofiz Bezi Hormonları ve Karaciğer Enzimleri Üzerine Etkisi, Atatürk Üniversitesi Bilimler Araştırma Projeleri Birimi tarafından BAP-2012/065 proje numarası ile destekli doktora çalışması, Yardımcı Araştırmaçi, 20

Professor STEPHAN KAZARIAN
kazarian@fila-wrestling.com
Former Secretary of FILA Technical Committee
Organizer of FILA Coaches Clinics
Numerous articles and lectures on Training and Preparation of wrestlers

WRESTLING MANUAL FOR COACHES
LEE KEMP
USA
lk@leekemp.com
3x World Champion
Interest: Nutrition and Performance
America’s first three-time World Champion, winning his first title in 1978 at age 21, establishing him as the youngest American world champion ever, a distinction he held for 30 years. Lee was a four-time World Cup Champion, 7-time United States Freestyle National Champion and was a heavy favorite for gold earning a berth on the 1980 United States Olympic Freestyle Wrestling Team, but was unable to compete because of the U.S. boycott of the Olympics. Kemp was inducted into the National Wrestling Hall of Fame and Museum in 1990. Then at the Beijing Olympics in 2008, where he was one of the freestyle coaches for the U.S., he became just the fifth American to be inducted into the FILA International Wrestling Hall of Fame.

FIKRAT A. KERIMOV
Email: fikrat_kerimov@mail.ru
Country: Tashkent, Uzbekistan
Professor- Uzbekistan State Institute of Physical Culture
Completed wrestling research: The theory and methods of Sport Wrestling. Tashkent, UZB, 2001
The textbook "The theory and methods of Sport Wrestling" has been written on the basis of the analysis and generalization of several years work by Prof. Kerimov Fikrat at the chair of Sport Wrestling in Uzbek State Institute of physical education. The author learned and generalized the experience of native and foreign specialists in the training of highly skilled sportmen. The modern scientific information on the most important problems of sport training in different kinds of wrestling has been stated in his textbook.

HAMID KERMANSHAH, PhD
kborugs@aol.com
New York City
Psychology
Coaching

MUHAMMAD AKRAM KHAN
Email: akram_khan35@yahoo.com
Country: Pakistan
Institution/Organization:
Assistant Professor at government post graduate college- Bhakkar Punjab Pakistan
Completed Wrestling Research:
writing on history of wrestling in Pakistan

Anatolii KHARYTONIUK
English Wrestling Development coach - British Wrestling Association
akharytoniuk@yahoo.co.uk
Great Britain

MORTEZA KHODAEE, MD, MPH, FACSM, FAAFP
Morteza.Khodaee@ucdenver.edu
Sports Medicine CAQ
Associate Professor
University of Colorado School of Medicine
Department of Family Medicine
A.F. Williams Clinic
3055 Roslyn Street
Denver, CO 80238
Dr. Khodaee is associate professor in the Department of Family Medicine at the University of Colorado Denver, School of Medicine. He earned his medical degree from Tehran Azad University in Iran. Dr. Khodaee completed his Family Medicine residency and Sports Medicine fellowship at the University of Michigan. He is board-certified in Family Medicine and has earned a CAQ in Sports Medicine.

Dr. ABBAS KHODAYARI
E-mail:khodayariabas@yahoo.com
Faculty of physical education and sport science Karaj Azad university Wrestling champion IRAN and member of Educational Board of wrestling and physical fitness federation IR-IRAN
Postal Address:No.57Moddaresi Ave.Western 4th St.Fardis 3175864185 Karaj,Iran
Areas of Wrestling Interest physical fitness in wrestling
Published Wrestling Research; Comparison of body composition, aerobic and anaerobic power of Iranian Free-Style and Greco-Roman wrestlers participating in Olympic games2008 and Henning 2009. Epidemiology of injury factors in elite wrestlers. Wrestling training (book)
Address: physical education and sport science Department- Azad university, Karaj, Iran
Mobile Phone:00989123229849

- PhD in Management and Planning in Sport ,in Olom Tahghighat Azad university,Tehran, Iran
- MSc in physical education and sport science ,in Tehran Azad university,Tehran, Iran
• BSc in physical education and sport science, in Karaj Azad University, Karaj, Iran
  - 20 papers
  - 8 books
  - Faculty of Physical Education and Sports Science, at Karaj Azad University 2004 till now
  - World Wrestling Researcher Society 2009 till now
  - Technical member of Wrestling Federation in Iran at Inter and International Match 2010 till now
  - Head of Office of Physical Education, at Karaj Azad University, 2 years
  - International Wrestling Coach 2009 till now
  - Iranian National Greco Roman Wrestling Coach 2010 till now
  - Coach of Adolescent Wrestling Karaj Azad University Team, 2000 till now
  - Manager of Talent Find Committee in Karaj City, Iran 2010 till now.

MASOUD KHORSANDI
Masoud.khorsandi@gmail.com
Guilan University Rasht, Iran

KIM U Ra
Professional Affiliation: Chairperson of Technical & Researcher Commission of DPR Korea Wrestling Association
Email: prksport@star-co.net.kp
Area of Interest: Technical & Researcher
Secretary General
DPR Korea Wrestling Association

ANDREW KING, DO
andrew.paul.king@gmail.com

PETAR KIROV, PhD
kirov@fila-wrestling.com
Professor-Bulgarian National Sports Academy-Sofia, Bulgaria
2x Olympic Champion

WRESTLING MANUAL FOR COACHES
KOHL, THOMAS D. MD
Email: tkohlmd@yahoo.com
Affiliation: Berkshire Family Medicine, P.C.
Comprehensive Athletic Treatment Center, Wyomissing, PA
Country: USA
Current area of interest: Sports Dermatology
Completed wrestling research:

Dr. SAVVAS KOKKINIDIS
Email: skokborba@yahoo.gr skokborba@in.gr
Mailing Address: 7, Kafkasou Street, 56533, Polichni, Thessaloniki.
Country: Greece
Completed Wrestling Research:
Thessis: "Application of the Bulgarian School of Wrestling in the preparation of young Greek athletes"
Principles of Greco Roman Wrestling, 2011
Christos KOLLIAS
EMAIL: hrikollias@gmail.com

- Bachelor’s Degree in National and Kapodistrian University of Athens – SEFAA (1997-81).
- Master’s Degree in Romania (1983-84) in Wrestling.
- PhD in Moscow (1992 – 96) in Training of Wrestling.
- Professor teaching Wrestling at National and Kapodistrian University of Athens – SEFAA since 1984.
- Scientific research at Greek and World Conferences.

EDUCATION
Master’s Degree in the major of Wrestling in I. E. F. S in Bucharest, Romania.
Dissertation title: “The contribution of deterring the most effective imbalances and misleading movements”

PhD at “Russian State Academy of Physical Culture”.
Dissertation title: “The dynamic of Technique-tactic mastery of wrestlers in regards to the changes of the rules of the matches”
Duration: 1992-1996
Supervisor: Prof. Dr. Alex. Novikov

TEACHING EXPERIENCE
- National and Kapodistrian University of Athens – SEFAA
I have been teaching at SEFAA Wrestling since 1984 to date
- Coaching schools:
  I have been chief principal of several coaching schools for Wrestling and Judo in 1st, 2nd and 3rd category under the auspices of the Sports Ministry of Greece since 1988 to date.
- Seminars:
  I taught in many Seminars for Coaches - Referees under the auspices of the Wrestling and Judo Federations all over Greece.

TRAINING EXPERIENCE
- Chief Coach of National Teams at Roman-Greek and free wrestling in Greece since 1985 to 1993.
During my training career the most important achievements of our Greek Wrestlers were the following:
  • 1986 Cholidis Charalambos, 2nd Europe Champion
  • 1986 Cholidis Charalambos, 3rd World Champion
  • 1988 Cholidis Charalambos, 3rd Olympic Champion in Seoul
  • 1993 Thanos Konstantinos, 3rd World Champion Youth
  • 1993 Kudros Athanasios, 3rd World Champion
  • Lots of athletes were among the first six in European and World Championships
  • The National Wrestling Team of Greek Macedonia won the 1st place in the Mediterranean Games in 1987.
  • The Greco-Roman and Freestyle Wrestling National Team won 13 medals at the Mediterranean Games in 1993.

SPORTING EXPERIENCE
- I have been an athlete of the National Gymnastics Association since 1970 with pan-Hellenic distinctions of children, adolescents, young men and men.
- I have been a member of the National Team of Greco-Roman Wrestling (1974 – 1981) and I have participated in several international competitions (Balkan Games, World Youth Championship, etc.).

CONTRIBUTION TO SCIENCE PROGRESS
As a result of my research work, I had the honor to reveal and propose for the first time:
The depending of the favorable scale of the technique of high performance athletes on the rules of competitions
The determination of the differences in the perfecting techniques of the wrestlers’ technical preparation in relation to the requirements of the racing activity.
The support of a program to improve the level of technical preparation of the wrestlers of the National Team of Greece, depending on the social conditions of preparation and the regulations of the games. Computer program processing of race registration and analysis, displaying graphical information.
The practical importance of investigations is their usefulness to the coach is:
- For the training and perfection of the rational technique of the competition.
- When planning and adjusting the training according to the requirements of the applicable racing regulations.
- When programming the training tools and methods in order to improve the level of techniques and tactics of preparing high performance wrestlers.
- When processing a unified system for recording and analysing games with computer (by arbitration).

The above innovations, apart from the practical importance, are also the theoretical basis for tackling a range of problems of various sports, whose determinant of performance is technical - tactical preparation.

SCIENTIFIC WRITINGS
I have written for the students of the specialty and choice of the Sports Wrestling of the National and Kapodistrian University of Athens - SEFA:

- «NOTES ON WRESTLING SPECIALTY»
  - THEORY AND METHODOLOGY OF TRAINING IN ATHLETIC WRESTLING
  - METHODOLOGICAL EDUCATION OF CHILDREN IN ATHLETIC WRESTLING
  - SPECIALTY ON WRESTLING SEMINARS

The above notes contain documented teaching material, appropriately designed for the proper training of students:

- Monograph titled: THE GENERAL TRAINING PROGRAM FOR Judo. Published by the Ministry of Sport, Athens 1998 page 204.
- To be published: THE SCIENTIFIC TRAINING OF THE OLYMPIC FIGHTING SPORTS: which is about the current system of high level athletes’ preparation at the Olympic fighting sports.

THE MOST IMPORTANT SCIENTIFIC PUBLICATIONS.
1995 - Prof. Dr. Novikov Alex. Ph.D. Kollias Chr. Ph.D. Acopian Alex. “Systeme Automatis e d’ Analyse des Competitions de la Lutte Sportive”. (Automated analyzing system of wrestling games), (Monography in French language), page 26. For this project the National and Kapodistrian University of Athens – SEFAA and the Russian Institute of Sport Research (Moscow) cooperated. It detects the inadequacy of the wrestling games’ regulational system, the changes and the corrections which have been done until now and it presents the mutual relation between racing activity and methodical training as a unit, in contrast of the way they have been studied until now, separately.

For this reason we edited an automated analyzing system of wrestling games for computers.

This gives us the opportunity:
- To study the characteristic data of the game, the strong and weak sides of the technical-tactical skills, the physical condition of the wrestlers and their opponents and to accurately guide their preparation.
- To evaluate objectively, through the general spectacle index, the contribution of regulations to it, the level of evolution and its popularity.

This project was a request of FILA that sent it to all the national Federations of its member states, so the wrestling could be further developed.


1999 – Bankin V., Kollias Ch., Sinadinos J. The adaptation of the body of obstructors to racing charges) SPORTS SCIENCE - THEORY AND ACTION. Volume 14, July / October, 51-56)

2000- Bankin V., Kollias Ch. “Analys Sorevnovatelnoi Delitelnosti kak Faktor Povisenia resultativnosti sportmenok greik ” (Analysis of racing activity as a factor for the development of the effectiveness of Greek women athletes) Pedagogica, Psihologiya Ta Medico-Biologitsi Problemi Fizitsnovo Vihovania i Sportu, No 9 Harhovo UKRANIA 2001, 37-44


2016 - Barbas I., Bebetsos E., Christos Kollias., Curby D., Mirzaei B. Investigation of ego and task orientation among international wrestling referees P.E.S. 2016/06 Ukraine.

PRESENTATIONS IN CONGRESSES

1997 - Kollias C .: «LA LUTTE SPORTIVE FACE LA PROVOGATION DU XXI SIECLE» FILA World Summit – Rome

1998 - Novikov Alex., Kollias Ch ., Acopian Alex. "Systeme Automatise d ‘Analyse des Competitions de Lutte Sportive".8th International Congress of Physical Education and Sport - Komotini -


2000 - Kollias C .: "THE PREPARATION SYSTEM FOR HIGH PERFORMANCE SPORTS" 3rd Panhellenic Congress of Physical Education and Sport 20-22 / 10 - Thessaloniki

2000 - Kollias C., Bankin V.: "The influence of the change of the regulations of the struggles on the use of the tactical arsenal of the wrestlers in the racing activity 6th International Scientific Conference ODESSO-UKRAINE 22-24 June

2001- Kollias C., Mavrodakos P.: "SINGLE ANALYSIS SYSTEM OF RACING ACTIVITY IN THE BOXING SPORT: NECESSITY - BENEFITS - PROSPECTS" 9th International Congress of Physical Education & Sports, Komotini 18-20 / 5


2008- I. Kafentarakis, M. Bratić, Ch. Kollias, K. Relja, N. Mirsad: The Effects of Special Training Abilities of Selected Karate Drivers -16th International Congress of Physical Education & Sport -Comotini

2008- Nurkic M., I. Kafentarakis, C. Kollias, Mitić Dragan, B. Cicovic: THE RELATION OF MORPHOLOGICAL CHARACTERISTICS AND SITUATION-MOBILITY ABILITIES AT TOP YOUNG JUDOKS 16th International Congress of Physical Education & Sport -Comotini

2008- D. Randovanovic, M. Bratić, M. Nurkic "EFFECTS OF SPECIALLY DESIGNED TRAINING ON FUNCTIONAL ABILITIES AND BLOOD MARKERS OF OXIDATIVE STRESS IN ELITE JUDO ATHLETES" World Congress of Analysis of Sport VIII on 03-06 / 9 – Magdeburg

2009- D. Randovanovic, I. Kafentarakis, M. Bratić, M. Nurkic, Ch. Kollias: "OXIDATIVE STRESS RESPONSE IN YOUNG JUDOKAS DURING PREPARATION PERIOD"11th International Conference of Sport Kinetics on 25-27 / 9 Halkidiki

2009- M. Nurkic, I. Kafentarakis, Ch. Kollias, Mitić Dragan, Yusuf Sinanovic: "THE EFFECTS OF MOBILITY ABILITIES ON SITUATION EFFICIENCY OF TOP YOUNG JUDOKS"11th International Conference of Sport Kinetics 25-27 / 9 Halkidiki

2011 - Kollias C .: THE ROLE OF SPORT AND WRESTLING THROUGH THE GREEK MYTHOLOGY 19th International Congress of Physical Education and Sport - Komotini

2013 - Kollias C .: TOTAL RULE SYSTEM IN INCREASING WRESTLING POPULARITY 21st Internat. Congress of Physical Education and Sport Science. 3rd Symposium of Olympic Wrestling -Komotini-

2015 - Kollias Ch.: AT LAST, WRESTLING IS SAVED. FOLLOW IT AND LET THE GAMES SIT ON THEIR SHELVES 23rd International Congress of Physical Education and Sport Science International Forum of Olympic Wrestling, Ancient Olympia Hellas,

2016 - Kollias Ch, Drosopoulou A., katsarelis N., Tzortzaki M .: THE EFFECT OF NON-TRADITIONAL
KORJENEVSKY, ALEXANDR, Professor of Pedagogical Sciences, Russian Scientific Research Institute of physical culture and sports, Moscow.  
E-mail: korzhen-a@mail.ru  

Korzhenovsky A. N., born in 1947, Candidate of Pedagogical Sciences. He graduated from the State Order of Lenin Institute of Physical Culture in 1971. He has been working in VNIIFK (All-Russian Research Institute of Physical Culture and Sport) since 1969, he is one of the leading researchers at the Department of Children and Youth Sports at VNIIFK. Working in the laboratory of medical control in the training of highly skilled athletes, he has mastered a number of modern functional methods of research. He participated in the comprehensive health survey national teams at various stages of preparation, being responsible for the investigation of external respiration and gas exchange during the testing of general and special performance. In 1984 he defended his thesis for the degree of Candidate of Pedagogical Sciences on the theme: “The model features of functional training-class athletes in various sports.”  

Subsequently, working in the department of theory and methods of child and youth sports, he distinguished himself as an expert capable of simultaneous use of educational and medical practices of research. He has developed and put into practice new methods of integrated control of training elite athletes, as well as training programs of training athletes of all ages and expertise. At different times, he was a member of complex scientific groups (CSG), national teams in boxing, shooting, rowing. At the present time, he is a member of CSG in archery, weightlifting, rowing slalom, curling; he is the head of CSG in Greco-Roman wrestling.  

In recent years, Korzhenovsky A.N. together with a group of colleagues has developed a new integrated control method, which determines the functional state of the analyzer systems and psycho-physiological functions of highly skilled athletes. The criteria of fitness were defined and model characteristics of functional fitness of athletes were developed. This has contributed to evidence-based construction of training cycles and significantly increased the effectiveness of the training process.  

Korzhenovsky A. N. has published over 130 scientific articles, guidelines, abstracts  

List of scientific papers of A. N. Korzhenovsky on sports and wrestling:
1. Корженевский А.Н., Мотылянская Р.Е., Невмянов А.М. Анализ результатов неспецифических проб и тестов у представителей разных специализаций. - Теория и практ. физической культуры, 1981, №11, с. 21-24.
5. Португал М.А., Дахновский В.С., Корженевский А.Н., Чекирда И.Ф. Особенности подготовки единоборцев на примере юных борцов греко-римского стиля. - Комитет физической культуры и спорта Правительства Москвы, М, 2002, 40 с.
17. Корженевский А.Н., Дахновский В.С, Тедеев, М.Т, Газиявдиров М.Т, Шпатенко Ю А. Методы текущего контроля за функциональным состоянием и работоспособностью юных борцов. - Журнал «Детский тренер» №3, 2006, с. 35-47.

GEORGIY KOROBEYNIKOV
PhD, Dr. Science (Biology), Professor, Head of the Department of Biomechanics and Sport Metrology, National University of Physical Education, Kiev, Ukraine
Ph.D., Dr. of Science (Biology), Professor
Member of UWW Scientific Commission
Nationality: Ukrainian
Marriage status: married
Languages: Ukrainian, Russian, English
k.george.65.w@gmail.com

Education:
1 September 1982- 17 June 1987: Sport Faculty, Kiev State Institute of Physical Culture, Kiev, Ukraine. Diploma with a distinction in Physical Culture and Sport, MSc.

Employment:
1989-1991: PhD Student at the Department of Physiolology, Sport Faculty, Kiev State Institute of Physical Culture.
1991-1995: Younger scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.
1995-2001: Senior scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.
2001-2002: Heard scientific researcher at the Laboratory of Occupational Rehabilitation, Institute of Gerontology, Kiev, Ukraine.
2002-2003: Professor at the Department of Human Biology, National University of Physical Education, Kiev, Ukraine.
2003- 2008: Scientific Director, State Scientific Institute of Pysical Culture and Sport, Kiev, Ukraine.
2008- 2017: Professor at the Department of Sport Biology, National University of Physical Education, Kiev, Ukraine.
2017- to date: Head of the Department of Biomechanics and Sport Metrology, National University of Physical Education, Kiev, Ukraine.

Current research interests: Main research interest: sport kinesiology, psychophysiological and psychological diagnostics, heart rate variability in athletes.
Social science research. I have diverse interests, which include ethics and social science research aimed at doping use prevention.
Research Head of Scientific Groups of Ukrainian National Teams of Greco-Roman wrestling, Female wrestling, Freestyle wrestling and Judo.
Member of Technical Committee of UWW, International Network of Wrestling Research, International Association of Sport Kinetics

LIST of recent PUBLICATIONS

LESIA G. KOROBEINIKOVA  
Email: korlesia.66@gmail.com  
Date of birth: October 12.02, 1966  
Place of birth: Kiev, Ukraine  
Nationality: Ukrainian  
Marriage status: married  
Languages: Ukrainian, Russian, English
Education:
1 September 1982- 17 June 1987: Sport Faculty, Kiev State Institute of Physical Culture, Kiev, Ukraine. Diploma with a distinction in Physical Culture and Sport, MSc.

Employment:
2003-2009: Associative professor at the Department of Psychology, kiev International University, Kiev, Ukraine
2010-2014: Doctor of Science student at the Department of Physiology of Human and Animal Kiev National University named Taras Shevchenko
2014-2016: As. Professor at the Department of Sport Biology, National University of Physical Education, Kiev, Ukraine.
2016-2018: Professor at the of Medical Biological Department, National University of Physical Education, Kiev, Ukraine.
2018 to date: Professor at the of Psychology Department, National University of Physical Education, Kiev, Ukraine.
2008 to date: Psychologist of Ukrainian National Teams of Greco-Roman wrestling, Female wrestling and Freestyle wrestling, Kiev, Ukraine

Current research interests: Main research interest of psychophysiological and psychological diagnostics in sportsmen.
Social science research. I have diverse interests, which include social science research aimed at moral and ethics in sport.

LIST of RECENT PUBLICATIONS
Journal Articles (all - peer review)

Member of:
Ukrainian Physiological Scientific Society.

NAJAF KOSARI
Father Name: Balaoghlan
Date of born: 1973
ID NO: 2118
Adress: flat 51, Moheban Aley, khazane bokharae, first square, Tehran, Iran.
Phone number: +982155060624
Mobile phon: +989123453394

Education experience
MA of Physical education (Biomechanic) brojerd Iran Sance 2011.
Comparison of muscular strength in two groups of elite middle weight Greco-Roman and freestyle wrestlers. (International physical Education of kongereh: Tehran 2014).

BA OF physical Education and sport science of Islamic Azad University since 2006.
Diploma 1992 Tehran-Iran.
The FILA scientific poster. (2012 –Bodapest HUN).
The role of sport in tourist and sightseeing industry. (2014 – Tehran).

Work experience
The 1nd international FILA scientific symposium. (2014 – Tehran).
The FILA scientific symposium. (2012 –Bodapest HUN).
Role of sport event in preserving national and international culture .(2012 – Tehran).
Coach of wrestling team of tejarat Bank.
Assistance of tejarat bank (for 5 years).
Manager of tejarat bank (for 10 years).
Professor of university.
First grade international wrestling federation coach I.R.Iran.
Skill experience
First grade international wrestling federation coach.
First grade of running coach.
Third grade of badminton coach.
Second grade of running referee.
Country wrestling champion of I.R.IRAN.
Tehran wrestling champion of free style and Greco – Roman wrestling.
Tennis champion in tejarat bank.
fodd champion in tejarat bank.

Publication
1. MA thesis: comparison op anthropometric and biomechanical characters of free and Greco-Roman wrestler of middle weight addle national team.
2. Comparison of anthropometric characteristics and aquat skill record in two groups of elite middle weight Greco-Roman and free style wrestlers.
3. Comparison of muscular strength in tow groups of elite middle weight GrecoRoman and free style wrestlers.

Additional information
Member of wrestlers club of Iran.
Language
English, Turkish, Arabic, Persian.

PETER KOSMATA
Coach
kosmata.peter@aon.at
Austria

CHARALAMPOS KOUKLIDIS
Email and Contact Information: hkouklidis@yahoo.gr
Trapezountos 5, Alexandria 59300
Institution / Organization: Special Sports School Country: Greece
Current area of interest: Pedagogy, wrestling promotion
Webmaster: palema.gr

OLGA KOULI, Ph.D.
Lecturer
Democritus University of Thrace
School of Physical Education & Sport Science
Department of Physical Education & Sport Science
University Campus, Rodopi, Komotini, 69100, Greece,
+30 2531030738 (office), +30 6944250467 (mobile)
okouli@phyed.duth.gr (email)

Olga Kouli, is Lecturer in Democritus University of Thrace, School of Physical Education & Sport Science, Department of Physical Education & Sport Science, since 11th December 2013. And her academic field is “Pedagogy of Physical Education and multiethnic education environment”. She teaches pedagogy, physical education, research methods and advanced statistics at the undergraduate and the postgraduate level, of the above university department. She has supervised master and bachelor students who have completed their degree. She has published more than 60 articles in international and national scientific journals and recognized proceedings of conferences, and she has numerous of citations. She has served as a
referee in various foreign and Greek language journals. She has participated in several research programs related to the fields of education and pedagogy. She has numerous scientific presentations in conferences and has participated as a keynote speaker at international seminars, and she has been a member of organizational groups of educational seminars and symposia in Greece and abroad. She is a member of many national and international scientific societies. Her interests in research are intercultural education, multicultural and cross-cultural sport issues, gender issue, equal treatment and diversity issues in physical education and sports. Regarding her expertise in multicultural, diversity, equal treatment and gender differences issues in physical education and also in sports, she participated in several similar programs and projects. Starting in 2000 with her participation in educational website, with the sub-module specification in “centre of physical education & activities” section: “The trainer” subsection: “Equality”, and in 2003 with her Participation in educational website, with the sub-module specification, by Hellenic Academy of Physical Education, Section: “Teacher” Subsection: “Equality in the lesson”. She also worked towards the development of the educational package on multicultural and equality for Greek elementary school teachers-students, which was part of the larger educational program focusing on eliminating social inequalities in Greece, named ‘Kallipateira’ (co-funded by the EU and Hellenic Ministry of Education & Religious Affairs, 2006). She has participated as a teacher in a program on ‘Gender and Equity Issues’ with leader Professor Chroni, S., at the University of Thessaly (funded by the 3rd EU Community Support Framework, 2005-2008). Finally, she worked in a project for Foreign and Repatriate Students Education, funded by the NSRF 2007-2013, with leader Professor Zoe Papanaoum, in Aristotle University of Thessaloniki, Greece.

Thomas KOURTESIS
Title: Associate Professor
Area of expertise: Motor Coordination Disorders
Sector: Sports Management - Physical Education in Schools - Recreation
Komotini, Greece
Telephone: +30 25310 39704
E-mail: tkourtes@phyed.duth.gr
URL: http://duth.academia.edu/ThomasKourtessis

KONSTANTINOS KOUVARES
fmoschou@nova.gr
Country: Greece
High School Teacher
Interests: training

WILLIAM J. KRAEMER, Ph.D., FACSM
kraemer.44@osu.edu
The Ohio State University
Professor-
College of Education and Human Ecology / Department of Human Sciences
A054 PAES Building, 305 W. 17th Avenue, Columbus, OH 43210
614-688-2354 Office / 614-688-3432 FaxCurrent area of interest: body weight loss, hydration status, long term health
impacts, diet, strength and performance research

**Completed wrestling research**: Selected Publications/Presentations


**KUKIDOME Takeshi**
Team Japan
SENSHU UNIV
Associate Professor, Ph.D
Wrestling National Team Coach
Technical Director of Wrestling National Team
+81-90-4668-1215

Member of UWW Scientific Commission
kukidome@isc.senshu-u.ac.jp
tkukidome1228@i.softbank.jp

**JOGINDER KUMAR**
MD
Email: drjogi@rediffmail.com
Institution/Organization: Max hospital and SAI
House 888/19, Tara nagar, sonipat, Haryana, PIN 131001
India Team physician wrestling team India
Completed Wrestling Research:
Presenting working on injury prevention and treatment in wrestlers

**VINOD KUMAR**
Email: vinod.olympian@yahoo.com
Country: India
Head National Freestyle Coach

Prof. Dr. Mehmet KUTLU
He was born in 1960 in Yozgat, TURKEY. He graduated from 1982 from Department of Wrestling, Ankara Sports Academy. He got his master's degree from Gazi University in 1986 and from Middle East Technical University in 1990. In 1991, he got his PhD degree from the Department of Physical Education and Sports in Marmara University. He worked as a sportsman and coach between the years 1981-1984 in Ankara Devlet Su Isleri Sports Club. He became the champion among the universities twice in Wrestling in his university years. He was placed at top in competitions in Gymnastics and Weightlifting. He worked as a Physical Educator for a short period in 1983. Between the years of 1984-1993, he worked as a research assistant at the Department of Physical Education and Sports in Middle East Technical University in Ankara. He worked as the head of Department of Physical Education and Sports and Director of Sports Training College of Elazig, Firtat University between the years 1993-2002. He was the head of Department of Physical Education and Sports of Kirikkale University between 2004-2010. He became Assistant Professor in 1993; Associate Professor in 1998 and Professor in 2003. He worked as an executive board member of University Sports Federation and member of Education Committee of Sports for Everybody Federation. He has many international and national research studies. He participated in a course of Sports instruction for Physically Disabled Persons for two months in Japan and worked as a research fellow for six months and participated in the training "Exercises Physiology and Performance Laboratories" in Aberdeen University in Scotland. He currently works as the dean of Education Faculty of Kirikkale University. Besides, he is the president of Wrestling Federation Educational Board. He is married with three children.

Fields of Study
Exercise Physiology
Training Methods and Performance
Sports for Disabled Persons
Antioxidants and Exercise

Address: Kirikkale University
Faculty of Education
71450 Yahsihan/ KIRIKKALE
Telephone: +90 03183572486
Fax: +90 03183572487
E. Mail: mkutlu2002@yahoo.com    mkutlu@kku.edu.tr

LAFON Michel
Email: michel.lafon3@wanadoo.fr
michel.lafon3@gmail.com
Institution/Organization: French Wrestling Federation / Fédération Française de Lutte
Country: France
Current Areas of Interest: training and physical education
Completed Wrestling Research:
Auteur :
- "Agir au bon moment" (cassette vidéo) INSEP ; 1995
- "Premiers pas en Lutte" INSEP France, 1995 (Deux cassettes + livre)
- "Classeur Formation" FF Lutte, 1997
- Les Maîtrises FILA - Fila master degrees - FILA 2008
- Affiches Maîtrises jaune, orange et verte – F.F. Lutte 2010
Direction de travaux :
- La préparation physique du lutteur – F.F. Lutte 2005;
- Jeux de lutte 4 – 6 ans – F.F. Lutte 2005

CHARLES LAMBERT
Email: clcp368@gmail.com
Country: United States of America
Completed Wrestling Research:
Davis JM, Jackson DA, Broadwell MS, Queary JL, and Lambert CP.

KENNETH LANE MD
Email: kenneth.c.lane@kp.org
USA
Masters Degree in Biochemistry from the University of California, Los Angeles. He has been a Family Physician specializing in Sports Medicine since 1988. He has been a volunteer physician for many USA Wrestling National Championships, World Team Trials, and the 2004, 2008 &2012 Olympic Trials. He was the USA National Team physician for the 2010 FILA World Championships in Moscow, the 2007 FILA Worlds Cup in Krasnoyarsk, Russia, and 2014 FILA World Cup in Los Angeles, USA. In 2012 Dr. Lane was inducted into the California Wrestling Hall of Fame for Lifetime Achievement for his contributions to wrestling sports medicine.
Mykola LATYSHEV
Email: nlatyshev.dn@gmail.com
Ukraine
Professional Affiliation: PhD, assistant professor, Borys Grinchenko Kyiv University
The list of my publications on Google Scholar https://scholar.google.ru/citations?user=vyUvXi0AAAAJ&hl
Areas of Interest: Performance analysis in sport (wrestling), Data analysis in sport

FRANCISCO SALVADOR LEE GUANDIQUE
dr.franciscoleee@gmail.com
Country: Guatemala
I graduated in 2011, as general doctor, last year I made 1 year of general surgery and this year I will start 4 years of residence in Rehabilitation and physical medicine.
Interests: wrestling medicine research.
I was part of the Guatemala National Wrestling Team from 1997 to 2002

Francisco Eduardo LEE LOPEZ
lee@fila-wrestling.com
Guatemala
UWW Bureau Member
President-Pan American Council

MIKA LEHTO
MD, PhD, adjunct professor specialist in cardiology
mika.lehto@hus.fi
Helsinki University Hospital, Department of Cardiology
Helsinki, Finland
National Medical Staff for Finnish Wrestling Federation
Member of UWW Medical Commission

ALEXANDER LEIPOLD
Email: leipalex@aol.com
German National Coach Freestyle since 2009
FILA - Coach and Instruktur
Mailing Address: Eichendorffstr. 14, D-63791 Karlstein
Country: Germany
Current Areas of Interest: Wrestling science Information for Coaches
Athlete: 2 times Worldchampion
4 times European Champion
3 times World-Cup - Champion
5 times World - Medalist
Book Author: "Athletiktraining mit Zweikampfspiele"

NIKOLAOS LEON
Email nikos_189@hotmail.gr, nikosleon89@gmail.com
Publications: The History of Hipaty, Cultural routes in Ftiotida
Holder of Bachelor of History - Archaeology and Cultural Resources Management. BA in English FCE, Cambridge
Areas of Interest: History and cultural resources management. Experience from sports conferences and participation in sporting events - Member of the National Team Wrestling (2007 ff.)
(ΚΙΝΑ-ΓΑΛΛΙΑ-ΣΟΥΗΔΙΑ-ΔΑΝΙΑ-ΝΟΡΒΗΓΙΑ-ΣΛΟΒΑΚΙΑ-ΤΟΥΡΚΙΑ-
ΓΕΩΡΓΙΑ-VOULGARIA -ROUMANIA-) 3rd place in the Mediterranean Championship Wrestling, Serbia 2014.

MARUIS LE ROUX
Email: marius@beal.co.za
Mailing Address: 38 Kappertjie Crescent, Doornpoort. Pretoria.Gauteng. South Africa. 00 17
Country: South Africa
Current Areas of Interest: Youth Wrestling Development ages 7 to 13 years
Completed Wrestling Research: Three years physical assessment of young wrestling group to monitor their development. Currently doing a study with the help of the University of Pretoria’s High Performance center to investigate the impact of wrestling on youngsters and the advantages of wrestling on other School Sports.
(please find attached link to the new way forward in SA wrestling http://www.wrestling.org.za/SAstoei/LTPD/ltpd.htm )

AMIR LETAFAKTHAR, PhD student in sport medicine and corrective exercise
Email: kh_letafat@yahoo.com
Institution: University of Tehran
Mailing address: North Amirabad Street, Physical Education Department. Tehran, Iran.
Current Areas of Interest: wrestling anthropometry, postural adaptations and mal adaptations in wrestlers, weight loss, supplements
Completed wrestling research:

Matt LINDLAND
Email: MLindland@usawrestling.org
USA National Greco Roman Coach
Olympic Silver Medalist
World Silver Medalist

GUILLEM LOMAS
Email: glomas7@gmail.com
Assistant Professor, Department of Orthopaedic Surgery
Division of Sports Medicine
NYU - Hospital for Joint Diseases
Areas of interest: Multiligament knee reconstruction, cartilage restoration and joint preservation, hip arthroscopy, shoulder instability
NYU – Hospital for Joint Diseases
Center for Men’s Health
Education: B.S. Biomedical Engineering Yale University
Doctor of Medicine-Columbia University, College of Physicians & Surgeons
Ringside Physician USA Boxing – Golden Gloves NJ
Team Physician USA Wrestling
Team Orthopaedic Surgeon New Jersey City

DAVID EDUARDO LÓPEZ
Email: decodingwrestling@gmail.com
Institution/Organization: Instituto Estatal de Cultura Física y Deporte
Mailing Address: Miguel Ruelas 503B Int. 201, Col. Enrique Olivares Santana,
Postal Code 20010
: México
United World Wrestling- Regional Development Officer, Americas
Current Areas of Interest: Pedagogy, analysis of video sequences, techniques and tactics, competition analyses, performance development from children to seniors.
FILA Instructor
FILA Coach Freestyle Category I
Organization: President of ADICAF, A.C
Website: www.luchamx.org/index
Current Areas of Interest: Pedagogy, analysis of video sequences, techniques and tactics, competition analyses, performance development from children to seniors.
Papers:
http://cplawrestling.org/articulos/mx/Condiciones_preparacion_lucha_de_Pie.pdf


LÓPEZ-GULLÓN, JOSE M
Title: Doctor
Email: luchamurcia@gmail.com
Institution/Organization: Universidad de Murcia
Mailing Address
Universidad de Murcia. Facultad Ciencias del Deporte. Faculty of Sport Sciences.University of Murcia C/ Argentina, s/n. 30720. Santiago de la Ribera-San Javier (Murcia)
Country: Spain
Current Areas of Interest: Training
Referee 9090
Olympic Wrestling Federation and Associated Disciplines of the Region of Murcia
Phone: +34 629 84 44 00 -fax: 968,575,636
CAR Infanta Cristina.
Avda Mariano Ballester,. 2 - 30710 - Los Alcazares

Member of UWW Scientific Commission

ALIREZA LORESTANI
alirezalorestani.alireza@gmail.com
Iran
Positions: Technical committee in Iran Federation and Instructor in wrestling institute
Graduated from Tehran University in Sport psychology
NAVID LOTFI

Email: Navid_Lotfi2008@yahoo.com
Institution / Organization:
Ph.D candidate for Exercise Physiology
Department of physical education, Faculty of Humanities,
University of Mohaghegh Ardabili, Ardabil, Iran
Country: Iran
Current area of interest:
- Applied physiology of wrestling
- Testing
Completed wrestling research:
- Physical fitness measures of cadet wrestlers. *International Journal of Wrestling Science* 2011

MARK LOVEJOY

Email: marklovejoy1975@gmail.com
Institution/Organization: wrestling coach in Abu Dhabi
Current Areas of Interest:
Indigenous wrestling forms of Asia and Africa

Dr. FERNANDO J LUCENA

THE REQUIREMENT OF THE AGENCY IN TRAINING OF OLYMPIC WRESTLING
To start the development of this topic is interesting to define what is "BODY". Then the concept breaks down. Body: Body part differentiated involved in performing a function. Device: Set of different organs in structure that contribute to perform the same function. System: The organs with identical structure and embryological origin. With the concept we mentioned before this is a complex function of the human body, a process that must engage so that all sync functions to perform. These requirements are even more elevated in the sport, which we refer to the agency and Olympic wrestlers in this case. Levels demands are greater, depending on the type of competition where participating as an example: competition areas, World Championships, Olympic Games, each have their own terms of demand.

I joined this should likewise discuss the specifics of the sport, which requires a functional separation of high demand, optimal mental preparation reasoned that each opponent has his own way of fighting, their own level of preparedness; except that in each fight is developing a different tactic.

Plan training for wrestling; is not only a matter of microcycle, mesosciclos, macrocycles, etc.. Concepts that are growing weaker every day, understanding of science to modern sport, are forcing others to seek to implement the training loads, but not based on long periods of preparation. The training today must be designed such that the psychophysiological capabilities require delas and fighters, in order to always be ready to compete at any time. Besides scientific research requiring these changes, annual volumes competition are crucial for design loads specific daily workouts.

It is mandatory to understand that train a body which would be required to pay the most, needs to be respected by doctors, educational and other principles. To optimize correct way specific physical performance capabilities, for wrestling. PROCESS THAT REQUIRES HIGHLY TRAINED COACH TO ACHIEVE SUCH OBJECTIVES.

As such workouts designed for preparation in Olympic wrestling, orient each day to be more identified with the special and specific needs of the sport. Fulfilling beforehand with comprehensive fitness programs that guarantee the psychophysiological bases, necessary, specific training to support high biological demand.

Finally mandatory reflect and understand that a daily planned workouts for wrestling, are geared to develop several objectives, all with the same goal. Ie, optimizing the capabilities of specific work of these athletes. These charges of training should be structured so that not attend for example. The technical preparation - tactics, the specific preparation (fight training and regulatory), the special preparation (specific high-intensity exercise, preparation of muscle work capacity, muscular strength and power,. In training unit dosing these loads by micropausas macropausas recovery and to ensure the restoration of the funciónæles systems and fighters as such successions of workloads in the modern fight training are committed to: 1) develop specific job skills for this sport. 2) ensure adequate recovery of functional systems.

LUV NYAM PHD
Mongolia
Email: nyamluv@yahoo.com
Affiliation: Mongolian State Sport Administration, Sport Science and Methodological Center
Mailing Address: Baga toiruu 55, Central Sport Palace, Ulaanbaatar-210648, P.O.Box-121, Mongolia
Current areas of interest: Endurance training research and training planing; wrestling motion analysis and analysis of different wrestler techniques
Complete wrestling research: Janos Gyorgyi, Luv Nyam: Adaptation of "Tabata Test" in Wrestling
Cherkasy National University named after Bohdan Khmelnytsky
Department of Anatomy, Physiology and Physical Rehabilitation

Doctor of Biological Sciences, Professor,
Director of the Institute of Physiology named after Mikhail Bosey
Chairman of the Specialized Academic Council for the Protection of Candidate's
(Phd’s) theses.

- November 7, 1946 - was born, Cherkasy, Ukrainian.
- 1969 - graduated from Cherkasy State Pedagogical Institute, Physical Education

Professor Lyzohub V. has been working at Cherkasy National University as a lecturer, associate
professor, dean, professor, head of the department of anatomy and physiology of humans and animals, director of
the Institute of Physiology named after M. Bosey since 1972.

His scientific school has 11 candidates of sciences (Phds), which are prepared through postgraduate
studies. Lyzohub Volodymyr is one of the authors of the new scientific direction of the physiology of neurodynamic
brain functions. The problem developed by teachers and post-graduate students under his leadership is marked
by urgency and scientific novelty, which has practical value.

The obtained scientific results, created new methods and software of research are the basis for
manufacturing of a series of devices "Diagnost". Devices are implemented in the educational and scientific
process and are used in higher educational establishments of the Ministry of Education and Science, the Ministry
of Health of Ukraine, the institutes of the Academy of Sciences of Ukraine, the Russian Academy of Sciences, the
Academy of Pedagogical Sciences and the Academy of Medical Sciences.

Lyzohub V. is the initiator and organizer of 10 international conferences and symposiums. He is a
member of the Scientific and Methodological Council of the Ministry of Education and Science of Ukraine,
specialized academic councils for the protection of dissertations and editions of scientific journals and collections,
member of the Higher Attestation Commission of Ukraine.
NICOLA MAFFULLI MD, MS, PhD, FRCS (Orth)
Centre Lead and Professor of Sports and Exercise Medicine
Consultant Trauma and Orthopaedics
Email and Contact Information: n.maffulli@qmul.ac.uk
Institution / Organization: Centre for Sports and Exercise Medicine
Barts and The London School of Medicine and Dentistry
Mile End Hospital
275 Bancroft Road
London E1 4DG, England
Tel: + 44 20 8223 8839
Fax: + 44 20 8223 8930
Country: UK
Current area of interest: Combative Sports
Completed wrestling research:

RAMIRO MAGGIOLO
Title: Head Coach Boca Juniors Wrestling Team, former coach of Argentina National Team to Freestyle Wrestling
Email: ramiromaggiolo@gmail.com
Institution/Organization: Club Atlético Boca Juniors
Mailing Address: Ministro Brin 420 piso 10 depto 3 Capital Federal, Buenos Aires
Country: Argentina
Current Areas of Interest: Training methodology, Female Wrestling, Specific strength development.
Club Atlético Boca Juniors, Buenos Aires, Argentina: 1992 to 1994
Assistant Coach, Schoolboys Team 1994 to 2000
Coach, Cadets and Juniors Team 2000 to 2010
Coach, Juniors and Senior Team 2009 to 2010
Coach, National freestyle wrestling team of Argentina 2011: Head Coach, Boca Juniors Wrestling Team

SCOTT A. MAGNES, M.D., ATC
Orthopaedic surgeon/ sports medicine
Email: capt_bond_007@yahoo.com
Dept. of Orthopaedic Surgery
Fort Belvoir Community Hospital
EDUCATION
University of Iowa College of Medicine, Iowa City, Iowa, 1981 - 1985, M.D., May 1985
University of Iowa College of Liberal Arts, Iowa City, Iowa, 1978 - 1981 (3 years), B.A.
with Honors, May 1981
CERTIFICATIONS
National Athletic Trainers Association (NATA) Certified Athletic Trainer (ATC), August 1999
Fellow, American Academy of Family Physicians, 1990
Fellow, American College of Sports Medicine, 1990
Diplomate, American Board of Family Practice, 1989, Recertification, 2000
HONORS
Chondrosis: Is the Current Classification System Satisfactory? -
Poster presented at the DoD/ VA/Rosalind Franklin University research symposium,
January 2013 (top ten poster award winner)
Reeser C, Fleisig G, Cools A, Yount D, Magnes S: Biomechanical Insights into the Etiology of
Oppliger R, Magnes S, Popowski L, Gisolfi C: Accuracy of Urine Specific Gravity and
Osmolality as Indicators of Hydration Status, Int J Sport Nutr Exe, 15(3): 236-251, 2005
Mai D, Magnes S, Twaddle B, Amendola A, Fowler P, Menon M: Clinical results of revision ACL reconstruction,
Arthroscopy: The Journal of Arthroscopic & Related Surgery (submitted for publication)
Magnes S, Henderson J, Hunter S: What conditions limit sports participation? Experience with
Magnes S: When a knee injury became a head injury, Phys Sportsmed, 18(10): 80-82, 1990
temperature regulation during exercise in the rat. J Appl Physiol: Respirat Environ Exercise Physiol, 493:363 -
366, 1980
Gisolfi C, Mora F, Beattie M, Wall P, Brown S, and Magnes S: The role of dopamine in
temperature regulation during the stress of exercise, Thermoregulation Mechanisms and Their
Therapeutic Implications, B Cox, P Lomax, A Milton, and E Schombaum, eds., 1980, Basel:
S Karger, pp. 31 – 32
Publications:
Magnes S, Reeser J: Other Volleyball-Related Injuries, International Olympic Committee
Reeser C, Fleisig G, Cools A, Yount D, Magnes S: Biomechanical Insights into the Etiology of
Published Online: 25 April 2012 doi:10.1136/bjsports-2011-090918
Magnes S, O’Connor S: Orthopaedic Sports Medicine Terminology, in Sports Medicine:
Magnes, S: Orthopaedic Sports Medicine Terminology (Test Questions), in Sports Medicine:
Magnes, S, Ringhausen L, Seidenberg P: Bracing and Taping about the Hip and Pelvis, The Hip
and Pelvis in Sports Medicine, Seidenberg P, Bowen, J, eds., 2010, Springer Science,
pp.263-270
Oppliger R, Magnes S, Popowski L, Gisolfi C: Accuracy of Urine Specific Gravity and
Osmolality as Indicators of Hydration Status, Int J Sport Nutr Exe, 15(3): 236-251, 2005
Magnes S: Orthopaedic Sports Medicine Terminology, in Sports Medicine: Just the Facts,
McGraw-Hill, 2004
Amendola A, Magnes S, Ciatworthy M: Overuse injuries of the lower extremity,
Orthopaedic Knowledge Update on Sports Medicine 2, American Academy of Orthopaedic
Surgeons, 2nd ed., 1999
Magnes S, Henderson J, Hunter S: What conditions limit sports participation? Experience with
Magnes S, Feldman A: Knee Pain in a Young Football Player, Phys Sportsmed, 19(1): 72-81, 
1991
Magnes S: When a knee injury became a head injury, Phys Sportsmed, 18(10): 80-82, 1990
temperature regulation during exercise in the rat. J Appl Physiol: Respirat Environ Exercise Physiol, 493:363 -
366, 1980
Gisolfi C, Mora F, Beattie M, Wall P, Brown S, and Magnes S: The role of dopamine in
temperature regulation during the stress of exercise, Thermoregulation Mechanisms and Their
Therapeutic Implications, B Cox, P Lomax, A Milton, and E Schombaum, eds., 1980, Basel:
S Karger, pp. 31 – 32
Abstracts:
Magnes, S: Chondrosis: Is the Current Classification System Satisfactory?,

Over 100 podium presentations at national and international scientific meetings

**DR. SADEGH MAHBOUBI**
sadegh.mahboobi@yahoo.com
MD and member of UWW medical commission. He also is head of Iran Wrestling Federation's medical committee.

**Carole MAÎTRE MD**
Doctor: gynecologist and sport physician  
Email: carole.maitre@insep.fr  
National Institute of Sport, Expertise and Performance (INSEP) France  
INSEP 11 av du Tremblay 75012 Paris  
**Current Areas of Interest:**  
Women’s Health and High Level Female Athletes; Olympic sports; Physical activity and breast cancer  
**Completed Wrestling Research:**  
Disruption of menstrual cycle and amenorrhea in wrestling: prevalence and risk  
Pelvic floor dysfunction in female wrestling: impact on performance and on the future. It's time to prevent.  
Presented a keynote lecture at the 2015 INWR Scientific Symposium

**RASHO MAKAVEEV**
racho1976@gmail.com  
Institution/Organization: National Sports Academy, Sofia Bulgaria  
Sofia, Studentski grad, prof. A. Ishirkov road, 61 G, apt. 602  
**Current Areas of Interest:** wrestling, FS, FW  
**Completed Wrestling Research:**  
Phd in the sport of wrestling: "Resources and methods to develop a common coordination, promote technical growth of young wrestlers (12-19 years)"  
2011, head coach of the FS & FW wrestling team of the NSA, managing and developing a wrestling researches for FS and FW at the Bulgarian Wrestling Federation
PROF. VIACHESLAV MAKSIMOVICH, PHD (PEDAGOGY)  
Honorable Citizen of the City of Grodno  
Ozheshko Str. 22, office 215  
230023 Grodno, Belarus  
Mob. +375 152 731963  
E-mail : v.maksimovich@grsu.by

Major competencies
Physical culture and sports, honored trainer of USSR and Belarusian SSR on wrestling in Greek and Romanian style, coach of the highest national category.

Work experience
1970-1987 – Teacher, Department of Physical Training at Yanka Kupala State University of Grodno, Belarus
1987-1997 – Head, Department of Physical Training at Yanka Kupala State University of Grodno, Belarus
1997-2004 – School of Higher Sports Technique, Grodno, Belarus, and part time Associate Professor, Department of Physical Training at Yanka Kupala State University of Grodno, Belarus
2004-2005 – Vice-Dean, Faculty of Physical Training and Sport at Yanka Kupala State University of Grodno, Belarus
2005-2009 – Head, Department of Sports Games at Yanka Kupala State University of Grodno, Belarus
2009-present time – Head, Department of Physical Training and Sports at Yanka Kupala State University of Grodno, Belarus

Additional information
Has prepared 3 honored Masters of Sports, 17 Masters of Sports of international qualification and more than 100 Masters of Sports who while taking part in various European and World Contests, Olympic Games won more than 60 medals of different value.
Participated in the XXVII Olympic Games in Atlanta as a trainer for national Belarusian team which took the 3rd place. As well as in XXVIII Olympic Games where the National team took the bronze medal.

Publications
More than 70 research papers in the field of wrestling science including 1 monograph

ANDREY MALTSEV
Switzerland
Malia.andre@mail.ru
Coach Greco- Roman Wrestling

Curriculum vitae
Name                                          Andrey  
Middle name                              Anatolyevich  
Surname                                     Maltsev  
Address                                      ul. Kosmicheskaya 100 a/35. UA- 69050  
Telephone Ukraine                    0038 067 618 36 95  
Telephone Swiss                       079 261 78 52  
E-Mail                                       malia.andre@mail.ru  
Skype                                         malia.andre  
Date of birth                              15/May/1973  
Marital status                             married  
Children                                    2 (daughter 16 years old/ son 8 years)

Education
1990- 1994            Zaporozkyi State University (physical education teacher + sports trainer)

Languages
Russian                        native language  
German                        excellent oral skills
English 

Sport career

- 1993-2004 Greco-wrestler in the national squad of Ukraine
- 1997-2004 Greco-wrestler Ringerstaffel Freiamt/ Swiss
- 2002-2011 Greco-coach Ringerstaffel Freiamt/Swiss
- 2004-2012 Greco-coach-Assistant Swiss Wrestling
- 07/08/2012 Greco-coach Olymian games London Swiss Wrestling

Sport success

Ringer:
- 5. Rang World Military championship 2001/ 69 kg

Trainer:
- 4 Gold Sweizer Meisterschaft with Ringerstaffel Freiamt
- 5 Silver Schweizer Meisterschaft with Ringerstaffel Freiamt 1
- Bronze Schweizer Meisterschaft with Ringerstaffel Freiamt 2004. 4/ Rang Olympiade Athen (Reto Bucher/Swiss)
- 2005. 5. Rang Weltmeisterschaft Budapest(Reto Bucher)
- 2006. 7. Rang Europameisterschaft Moskau (Reto Bucher)
- 2007. 2. Rang Europameisterschaft sofia(Reto Bucher)
- 2010. 7. Rang Weltmeisterschaft Moskau (Paskal Strebel)
- 2012. 2. Rang OS- Qualifikation Taiyuan (Paskal Strebel)
- 2012. Olympian Games London with Paskal Strebel

KANAT URKASHEVICH MAMBETALIEV

Kyrgyz Republic, ind/ 720064, s. Bishkek, 6 мур-n, d. 15/1, sq. 51, Tel.: 996 (312) 52 13 57; t/faks 996 (312) 57 04 66, 996 (772) 39 37 00. el. mail: E-mail: kanat-olympic@mail.ru

Nationality: Kyrgyz

Experience work:
- 2005 (the October) on present time Kyrgyzskaya state academy of the physical culture and sport (KGAFKIS) проректор on scientific work and external relationship.
- 2010 editor-in-chief of the republican journal "Herald of the physical culture and sport".

FORMATION, DEGREE And RANKS:
- 2010 professor on professions "pedagogical".
- 1997 assistant professor on professions "pedagogica".
- 1992-1994 Siberian state university physical culture and sport, Omsk (RF), candidate of the pedagogical sciences:
  " prizewinner of the All-russian contest young scientist, denoted 100 International Olympic committee Moscow (1994).
  " laureate Sibiriady young scientist Siberia and FAR EAST denoted 100 years International Olympic committee (Omsk, 1993);
  1982-1988 gg. The Kirghiz state institute of the physical culture (Kyrgyzskaya state academy of the physical culture and sport).
  " diploma with difference on professions physical education (athlete specialization weightlifting).
  " winner of the All-union student Olympiad on theories and methods of the physical culture and sport (1988).

THE MAIN SCIENTIFIC And SCHOLASTIC-METHODICAL WORKS:
The Author 110 scientific and scholastic-methodical work.
2010 Patent for useful model "Technical device партнеро-district pulling for speed -power preparation fighter".
The Government agency on inventions and intellectual property Kyrgyzskoy Republics at Government Kyrgyzskoy Republics.

1988-1996 gg. teacher, senior teacher of the pulpit theorist-pedagogical основ of the physical culture:
" realization of the educational program on general discipline "theory and methods of the physical culture"
Professional skills, participation in development state document in sphere of the physical culture and sport:
2010 (the March-April) project to State concept of the development FKIS and plan action on her (its) realization.
2008 Project of the State program average-urgent developments of the physical culture and sport.
2008 Project to new editing of the Law KR About physical culture and sport.
2008 (the April-May). The Participation in functioning (working) the joint commitee on monitoring athletic object
Kyrgyzskoy Republics.
2008 system Development of the monitoring the physical culture and sport in KR. cut-in separate indicator in form
statistical report NSK KR 2005-2006 gг. Development to concepts of the development of the physical culture and
the sport in Kyrgyzskoy Republic. It Is Accepted for base of the State concept of the development of the physical
culture and sport in Kyrgyzskoy Republic for a period of 2006-2010.
2004 (2001 first publishing) of the State Program on physical education учащихся average general educational
institutions Kyrgyzskoy Republics.
2001 Positions. About physical education schoolchildren average general educational institutions Kyrgyzskoy
Republics.
State Awards:
" "Well-earned workman of the physical culture and sport Kyrgyzskoy Republics" (2009) Departmental and other
awards:
" jubilee medal Home office KR (2010);
" medal of the Interstate fund humanitarian cooperation state participant C.I.S. confederacies (2010);
" gold(en) medal of the National research institute MO Republics Kazakhstan (2010);
" medal ZAO "Caravan Holding" Republic Uzbekistan (2008);
" нагрудный sign "-student of the physical culture and sport KR" (2007);

VICTOR MAMIASHVILI
mfsbm@mail.ru
Russia

LUKAS MAREE
Namibia
President NWF
lukas.blagencies@gmail.com
Science Representative
nam@united-world-wrestling.org
President, Namibia Wrestling Federation.
P. O. Box 6956,
Ausspanplatz,
Windhoek, Namibia.
Tel. +264 81 845 5236

MARKOVIĆ Milan
Professional Affiliation: Faculty of Sport and Physical Education, University of
Belgrade, Serbia
E-mail: mm_milanm@yahoo.com
Publications:
Indexes of Elite Athletes in Combat Sports Measured by Multi Frequency
Bioimpedance Method. Discriminación de Diferentes Índices de Estructura Corporal de Atletas de Elite en Deportes de Combate Medidos por el Método de Bioimpedancia de Múltiples Frecuencias., 35(1), 199-207.


Areas of Interest: Competitive activity, Field tests

PAULO MARTINS PHD
Faculdade de Motricidade Humana da Universidade de Lisboa
Estrada da Costa, 1465-688 Cruz Quebrada, PORTUGAL
Tel.: +351 214 144 206
Fax.: +351 214 151 248
Email: pmartins@fmh.ulisboa.pt
- Teaching at Faculty of Human Kinetics of Lisbon University - Sport and Health Department
- Vice-President in Olympic Athletes Association of Portugal
- Head-coach in Human Kinetics Faculty Wrestling Team
- Course Lecturer of the Police Intel School for Chief Inspector - Methodology of Training Physical Qualities assignment
- Course Lecturer in the Sailing Federation of Portugal for Pedagogic Content Knowledge assignment
- Member of the Scientific Committee of the Journal of Asian Martial Arts edición USA
- Investigator member of Interdisciplinary Centre for the Study of Human Performance (CIPER), Faculty of Human Movement, University of Lisbon, Portugal
- Investigator Member at Centre for Research and Studies in Sociology of Institute University of Lisbon
- Conference Program Committee member: XXIVth International Cycling History Conference

Books

Papers
Treinadores de Língua Portuguesa, Lisboa.
Former Wrestling Activity
1996 – 2002 – Assistant coach in the Portuguese Wrestling Team
1995 – Head Coach in the Portuguese Wrestling Team
Athletic Career
14 times National Champion Greco-Roman style;
7 times National Champion by team’s for Sport Lisboa e Benfica;
8 times winner of Portugal Cup’s;
Several international holdings including grand Prix’s, Europeans, World Championships and Olympics in Barcelona ’92.
Current Areas of Interest: Psychology; Pedagogic Content Knowledge

ATSUSHI MASUJIMA, MD
Email: amasujima@yahoo.co.jp
Institution: Toshiba General Hospital
Mailing Address: 6-3-22 Higashiioi, Shinagawa-ku, Tokyo 140-8522
Country: Japan
UWW Medical and Doping Commission
Current Areas of Interest: Prevention of wrestling injuries
Completed Wrestling Research: Muscular injuries caused during preparation period and Competition,
FILA coaching clinic. Nov.13,2010.Tokyo

Gary MAYABB
gmayabb@usawrestling.org
Manager of Greco-Roman Programs for USA Wrestling
DARREN MC CORMACK
Email: darrenmccormack72@hotmail.com
Institution/Organization: ccw wrestling organisation
Mailing Address
10 presentation close gurranabraher Cork City, Ireland
Country: Ireland
Current Areas of Interest:
wrestling psycheology, referee training, training techniques
Completed Wrestling Research:
Training in wrestling, officiated in pro wrestling, competitions, wrestling shows, etc

MARK MCGOWAN
Silver Level Greco Roman wrestling coach
Email: coachmarkmcgowan@yahoo.com
Institution/Organization: United States Deaf Wrestling Association, inc
Mailing Address: 415 Westminster Lane, United States
Current Areas of Interest: Nutrition, advanced techniques
Completed Wrestling Research: Nutrition before during and after a competition.

TAMARA MEDWIDSKY
Canadian Amateur Wrestling Association
Executive Director
tamara@wrestling.ca
7th in World Championships

BIANCA MIARKA, PhD
Email: miarkasport@hotmail.com
Institution/Organization: Martial Arts and Combat Sports Research Group - University of São Paulo
Country: Brazil
Current Areas of Interest: Technical and Tactical Analysis
Completed Wrestling Research: Reliability of a New Time-Motion Model based on Technical-Tactical Interactions for Wrestling Combats

MARIA MICHALOPOULOU
Assoc. Prof
Email: maria.michalo@gmail.com
Institution/Organization: Democritus University of Thrace Dept of Physical Education and Sport Sciences
Mailing Address: Komotini 69100
Country: Greece
Current Areas of Interest: coaching
Completed Wrestling Research: Coaching Behaviors

MIGIPI, ANASTASIA, PhD CS, BA ELL.
Olympic category referee.
Affiliations: President of The National Association of Teachers of Foreign Languages (branch of Northern Greece).
Member of the National Association of Private School Teachers (O.I.E.L.E)
Former Secretary General of the Association of Wrestling Referees in Northern Greece
Email: anmigipi@yahoo.gr , a.migipi@yahoo.gr
Mailing Address: 64, Skra street, 56334 Neo Kordelio, Thessaloniki, Greece.
Current Areas of Interest: Officiating/ Refereeing, Cognitive Science, Data Mining, History, Pedagogy.
Completed Research: Web Usage Mining Application in Data from the field of Open and Distance Learning Education

CHIRILA MIHAI
Title: Associate Professor dr.
Email: mihai0chirila_police@yahoo.com
Institution/Organization: Police Academy "A. I. Cuza"
Mailing Address: mihai0chirila_police@yahoo.com
Country: Romania
Current Areas of Interest: Wrestling - concept of performance, competitive model, model selection, model training, competitive effort quantification, rationalization of specific and nonspecific means training, mental preparation
Completed Wrestling Research:
2. Practice guidelines and training opportunities in modern wrestling, in the journal Physical Education and Sport, no. 8, Bucharest, 1988, p. 36-41
3. Research and optimal routing complexity of the effort and efficiency of means and methods integrated in the training and competition performance fighters (Greco-Roman). Optimization models of fighters training and competition performance as a result of rationalization and standardization of training and measuring means. Edited by CCEFS - Bucharest, 1988, 108 pages
4. Contributions to the specific effort to redefine the competitive struggle under the new regulation and methodological implications in establishing basic methods of training and competitive process, CCEFS communication session of 25-26 May 1989, p. 22-32 in the booklet
5. Research and optimal routing complexity of the effort and efficiency of means and methods of integration in the training and competition performance fighters (classic style). Optimization models of fighters training and competitive performance as a result of rationalization and standardization of training and measuring means, Edited by CCEFS - Bucharest, 1989, 96 pages
6. Settlement Studies and verify the most effective training methods, and optimization technologies in high performance sport wrestling, Edited by CCEFS - Bucharest, 1990, 124 pages
7. Optimizing training judo player based on objective information provided by evaluating the competition, (in collaboration), the annual scientific session of the National Academy of Physical Education (brochure), 4-6 March, Bucharest, 1999
8. Psychological aspects (cognitive and adjust operational) in self-defense sports, PhD paper, 1995 72 pages
9. Adapted to problematic behaviors and performance-aggressive opposition, PhD paper, 1996, 68 pp
10. Mental training (objectives, methodology, operationalization) of the subjects towards use of self-defense techniques, referat doctoral, 30 pages
11. Contributions to redefine specific effort from fighting and its implications in the preparation of high performance fighters, International scientific conference of the National Research Institute for Sport 23-24.10.2003, in the booklet (p. 58-64);
12. Quantification and competitive training effort and its significance for the preparation of high performance wrestlers

OLEG MMIHALOVICH
Belarus
mihalka@mail.ru

SEYED JAVAD MIRGHANI
Email: seyedjavadmirghani@yahoo.com
Institution/Organization: Young Researchers Club, Aliabad Katoul Branch, Islamic Azad University, Aliabad Katoul, Iran
Country: Iran
Current Areas of Interest: exercise physiology
I have performed wrestling about 11 years

BOZIDAR MINKOV
Email: bo_minkov@abv.bg
Bulgaria,Ruse 7012
Country: Bulgaria
Current Areas of Interest: wrestling training, coaching
Completed Wrestling Research:
Wrote articles for iranian wrestling magazine, and polish wrestling magazine
BAHMAN MIRZAEI, PhD, Professor
UWW Scientific Commission
Email: bmirzaei2000@yahoo.com & mirzaei@fila-wrestling.com

Director, physical preparation and conditioning of Iranian wrestling federation
Secretary of INWR

Institution / Organization: University of Guilan, Director of physical education and sport sciences department
Country: Iran
Current area of interest: Applied physiology of wrestling-Testing
Completed wrestling research:


2- Mirzaei, B., Curby D, Rahmani-Nia F, Moghadasi M "Physiological profile of elite Iranian junior freestyle wrestlers" Journal of strength and conditioning research, (ISI) USA, Vol 23, Issue 8, 2009


9- Mirzaei, B., Barjeste, A. "Acute neuromuscular fatigue and metabolic demands in response to two different heavy resistive loading patterns" Medicina dello sport, (ISI) Italy, (in press)


**Book publication:**

- Resistance Training Based on Analysis of Wrestling Techniques 2012

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Alexey Mishin  
**Country:** Russia  
**Email:** mishin-alex79@mail.ru  
Olympic Champion

---

Kazem MOHSENINIA  
**Email:** k.mohseninia@yahoo.com  
**Place of Birth:** Babol, Mazandaran  
**From:** IRAN  
+989196096368  
National Hero of Iran  
Wrestling Coach of Wrestling Federation Iran  
Inventor of new techniques in Wrestling (free style)  
The Head coach of the YMCA club in Manchester, England  
Russian Translator of the Wrestling Federation Iran since 2003

Islamic Azad University-Physical Education  
Two-time Police Champion of Iran (1998-99)  
Certified Coach of Iran Wrestling Federation  
Head Coach of Tehran Province

**Publications:**


DR. SZABOLCS MOLNÁR
I am a Hungarian former elite wrestler who is now working as an Orthopaedic Consultant in the National Military Hospital, Hungary. I was working with the Hungarian Junior Team 2000-2007, then I also worked for the Spanish Wrestling Association 2008-2012. Currently I am the Head of Medical Committee in Hungarian Wrestling Federation and also the Member of the Medical, Prevention and Anti-Doping Comission, UWW.
Email: szabolcsmolnardr@gmail.com
Institution/Organization: Hospital Ernest Lluch, Calatayud, Aragon, Spain
Mailing Address: 31010 Baranain, Plaza de los Castanos 2. 8/D, Pamplona, Navarra,
Institution/Organization: Medical Centre Hungarian Defence Forces, Budapest, Hungary
Mailing Address: 1037 Budapest, Remetehegyi út 40-42. I/3, Hungary
Current Areas of Interest: Orthopedics and traumatology
Completed Wrestling Research:

Aaron J. (A.J.) MONSEAU, MD
amonseau@gmail.com
USA Wrestling National Team Doctor
MD in an Emergency Medicine and Sports Medicine physician at West Virginia University (WVU) where he is an Assistant Professor. He teaches medical students and residents while working clinically at the Emergency Department at Ruby Memorial Hospital and the WVU Sports Medicine Center. After completing medical school and Emergency Medicine residency at WVU, he then completed a fellowship in Primary Care Sports Medicine at the University of Michigan. Dr. Monseau has been volunteering with USA Wrestling since 2008. He graduated from West Liberty State College (now West Liberty University) in West Liberty, WV where he was a 2003 NCAA Division 2 All-American and a four-time NCAA Division 2 Academic All-American while wrestling for his father, Vince Monseau who is a Division 2 Wrestling Hall of Famer.

CARRIE MOORE, ATC – Assistant Athletic Trainer/Professor
Email: CMoore1@lindenwood.edu
Institution/Organization: Lindenwood University
Mailing Address: 703 Turnberry Ct., Wentzville, MO 63385
Country: USA
Current Areas of Interest: Research on more effective ways to provide excellent medical care for athletes; concussion management
CARLA MORAIS  
Bachelor's Degree in Law in 2010 (Lisbon Law School)  
Master Degree student in Enterprise Juridical Sciences as the Corporate Law  
Portuguese Wrestling Federation Vice president  
Institution/Organization: FPLA  
Areas of interest: Female wrestling, development of wrestling rules  
cariarmorais@hotmail.com  
carla.morais@fplutasamadoras.pt

MEHDI MORADIV  
Iran  
momo8162md@yahoo.com

MANUEL M. MORATO  
I'm a supporter Olympic Wrestling. With my blog I intend to disseminate and promote the Olympic Wrestling and other combat sports I practiced as Judo and Sambo, sports that do not have the distribution and promotion they deserve for traditional broadcast media, radio, press and TV. The only way out is the Internet, social networking, technology.  
Porabuelito Blog Deportes de Combate-Combat Sports Blog:  
http://porabuelito.blogspot.com  
http://www.facebook.com/pages/Porabuelito-Blog-de-los-Deportes-de-Combate-Combat-Sports-Blog/173333733383  
Twitter: @porabuelito  
Facebook:  
http://www.facebook.com/porabuelito  
http://www.facebook.com/mamamotama  
Emails:  
mamamotama@hotmail.com  
mamamotama@gmail.com  
Skype: porabuelito  
Móvil: +34697573339

O.S. MOROZOV  
moc69@mail.ru

DR. SITI BAITUL MUKARROMAH  
Email: sitibaitul@yahoo.co.id  
State University of Semarang  
Country: Indonesia  
Current Areas of Interest: Sport Medicine, effect of exercise especially wrestling, on the human body.  
From Sports Science Department Universitas Negeri Semarang, Central Java Indonesia. I am a Membership of the Indonesian Wrestling Association and also am focused on research on Sport Science and Medicine. I would like to join INWR as a membership, that is possible for me?
for additional information such as

- **Name**: (Dr. Siti Baitul Mukarromah, S.Si., M.Si.Med.)
- **Professional Affiliation**: Assistance Professor, Universitas Negeri Semarang, Central Java Indonesia)
- **Email**: (sitibaitul@mail.unnes.ac.id / sitibaitul@yahoo.co.id)
- **Areas of Interest**: (Sports Science and Medicine)
- **Head of Organization**: Central Java Wrestling Association, Indonesia

Universitas Negeri Semarang  
Sports Sciences Faculty  
Campus Sekaran Gunungpati Semarang  
Central Java Province  
Indonesia  
50229

---

Dr. Abdulkadir Mu‘azu MD  
amuazu@yahoo.com  
Nigeria  
Sports Physician and policy expert with 24 years experience in Clinical Sports Medicine, planning and organization of medical services at major National and International sporting events.  
Served as Team Doctor to the Olympic Football Team that won Gold Medal at the Atlanta Olympics Games in 1996  
Served as Team Doctor to the National Basketball Team at the World Basketball Championship in Athens, Greece in 1998.  
Team Doctor to World Wrestling Championships-Moscow 2010  
**CURRENT POSITION**: DIRECTOR, SPORTS MEDICINE DEPARTMENT  
**CONTACT ADDRESS**: NATIONAL SPORTS MEDICINE CENTRE, NATIONAL STADIUM COMPLEX, PACKAGE B, ABUJA. NIGERIA

---

PROF DATUK DR.  
MOHD MYDIN BIN MOHD MUSA  
MALAYSIA  
Was instrumental in the formation of Society of Sports and Exercise Medicine in Malaysia and is presently the President.  

Revived the Malaysian Amateur Wrestling Association with pledges of financial support. Under the leadership of President Prof Datuk Dr Mohd Mydin, MAWREA is now affiliated with FILA. Prof Datuk Dr Mohd Mydin was selected as the official voting delegate in FILA and shall be accompanied by the MAWREA Deputy President Prof Dr Selvaraj Y Subramaniam and Honorary Secretary General Dr Prakash Gurusamy as official delegates to the FILA.  

**Email**: mydin_musa@yahoo.com

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Prof Dr Selvaraj Y Subramaniam  
Dr Prakash S. Gurusamy  
Malaysia
Mark MYSNYK, MD
mysnyk@mchsi.com

All-American wrestler at U of Iowa. Author of wrestling manuals. Orthopedic surgeon.

Dr. Saeed NAGHIBI
Email: sdnaghibi@yahoo.com
Institution/Organization: sport science research center (SSRI)
Sport Science Research Center, Vakil Abad 54, Mashhad, Iran
Country: Iran
Current Areas of Interest: methodology of training
Completed Wrestling Research:
methodology & supplements in training

BEHNMAGHIPOUR
behnam.naghipour@gmail.com
Institution/Organization: University of Tehran
Country: Iran
Current Areas of Interest: sport management - sociology of sport - sport law
Completed Wrestling Research:
book: resistance training based on analysis of wrestling techniques
Persian Journal article:
1-The Investigation of the Components of Team Identity and National Identity in Fans of Iran National Teams (Case Study: Football and Wrestling)
2- Mediation effect of sport self-efficacy on the relationship between dimensions of perfectionism and competitive anxiety in athletes
international conference:
1- An Examination of the Relationship Between Perfectionism and Self-esteem in a Sample of Student Athletes

AZIZ NAGHOUSI
Iran
aziz_susa@yahoo.com
Shahid Chamran Ahvaz University
Masters Degree in Sport Physiology
Cadet National Coach
Kohei NAKAJIMA MD
Institution: Japan Institute of Sports Sciences (JISS)
Japan Olympic Committee (JOC)
Japan Wrestling Federation
Japan Weightlifting Association
E-mail: sanemaru44@gmail.com
kohei.nakajima@jpnsport.go.jp
Cell phone: +81-90-1664-9588

VIKRAMSINH PANDHARINATH NANGARE
nangarevp@gmail.com
Institution/Organization: University of Pune
Country: India
Current Areas of Interest: wrestling performance
nangarevp@gmail.com
Country: INDIA
Current Areas of Interest:
WRESTLING PERFORMANCE, TEST & MEASUREMENT, COACHING, FITNESS
Completed Wrestling Research:
TWO COMPLETED RESEARCH PROJECTS
M.ED. (PHYSICAL EDUCATION) - CORRELATION BETWEEN BODY FAT% AND SPORT PERFORMANCE LEVEL OF WRESTLERS OF PUNE CITY
M.PHIL. (PHYSICAL EDUCATION) - CORRELATION BETWEEN BODY FAT%, SPORT PERFORMANCE LEVEL AND MENTAL HEALTH OF WRESTLERS OF PUNE CITY.

HAMIDREZA NASERPOUR
biomechanic researcher
Email
hamidreza.naserpour@gmail.com
Country: Iran
Completed Wrestling Research:
the effect of 8 week wrestling training on some elected biomechanical parameters on elite iranian wrestlers

MICHAEL NICHOLLS, MD Canada
michael.nicholls@rcmp-grc.gc.ca
Mike was born and raised in Regina, attended university and medical school at the University of Saskatchewan in Saskatoon, and did his Family Medicine Residency in Regina. He worked for 4 years full time doing
emergency medicine before taking over a Student Health, Family and Sport Medicine practice at the University of Regina where he worked for 13 years. He is currently employed as a Health Services Officer with the RCMP at the Training Academy here in Regina and does consultation sport medicine work for the University of Regina and community at large.

Mike was the Chief Medical Officer with the Canada Summer Games in 2005. He has been a team physician with the Regina Pats Hockey organization since 1994, the Medical Director with the University of Regina Athletics Program since 1995, has worked several times with Canadian Hockey’s Program of Excellence and was the team physician for the 2001 World Junior Team in Moscow, Russia. He was part of the short track speed skating venue medical team at the 2010 Olympics in Vancouver. He has been the Medical Director of Wrestling Canada’s National Teams since 2009 and was appointed to the FILA Medical Committee in 2011.

Mike was recognized by the Canadian Academy of Sport and Exercise Medicine as the Community Physician of the Year in 2007.

The Medical Director for Wrestling Canada Lutte since 2008. Interested in illness and injury prevention in sports. BSc, MD, CCFP, FCFP, Dip Sport Med (CASEM).

Andrew NICOLA
Head Wrestling Coach at Brother Martin High School (New Orleans, LA)
Email: cadet130@gmail.com
Areas of Interest: Psychology, Philosophy, Coaching
Brief bio: USAW Silver Certified; former Head Wrestling Coach at Cumberland University, former Assistant Wrestling Coach at California Baptist University and Cumberland University; 4x USAW Masters National Champion; high school and collegiate registered official

USAW Silver Certified; former Head Wrestling Coach at Concordia University, former Assistant Wrestling Coach at California Baptist University and Cumberland University; 4x USAW Masters National Champion; high school and NCAA registered official

NONGA NONGA Joseph Blaise
Email: josefblaiznonga@yahoo.fr>
Title: Senior Sport and Physical Education Teacher
Institution/Organization: Ligue Régionale de luttes du Littoral
fecaluttes-lt@yahoo.fr
Country: Cameroon
Current Areas of Interest: Coaching and training
Completed Wrestling Research:
training methodology in wrestling; wrestling in africa: traditional styles in cameroon; developpement of research in wrestling teaching.

Maria OGURTSOVA
Sport Psychologist
mo@i1.ru
Studied: Moscow State University
Kwang Hyok OH
DPR of Korea
Email: ohkwanghyok@gmail.com
Areas of Interest: Information regarding index to evaluate wrestlers' level and criteria in terms of specific and general conditioning; evaluating of wrestlers' strength, stamina, endurance and other index; and the way to evaluate the preparedness of wrestlers pre match session.
NF email address prksport@star-co.net.kp

VAHUR ÖÖPIK
Date of birth: 21.06.1957
Employment: Institute of Exercise Biology and Physiotherapy, University of Tartu
Position: professor
Address: 5 Jakobi Street, 51014 Tartu, ESTONIA
Contact: phone +3727375366, mobile phone +3725184234, e-mail vahur.oopik@ut.ee
Main research areas:
• Physiology and biochemistry of exercise
• Sport nutrition
• Physiology of heat acclimation and exercise in the heat
Completed wrestling research:
• Timpmann, S., Ööpik, V. Der Einfluss der Körpergewichtsreduzierung auf die Leistung im Kampfsport. Leistungssport, 2002, 32: 29 - 32.


**BOOKS AND/OR CHAPTERS**


HEINZ OSTERMANN, Director of Sport
Austrian Wrestling Federation
Master Coach
Email: sportdirektor@ringsport.at
Mobile: +49 (0) 170/34 88 100
<table>
<thead>
<tr>
<th>Job/Work</th>
<th>Gazi University- Researcher of Training Science (2001 to 2007)</th>
<th>School Of Physical Education And Sports</th>
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<tr>
<td>GSGM (General Directorate Of Youth And Sports) Since 2007</td>
<td>Chief Of High Performance Planning Unit</td>
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<td>Education</td>
<td>Gazi University (G.U.)</td>
<td>School Of Physical Education And Sports- 1997</td>
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<td>Training Science-Phd</td>
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<td>(G.U.)Institute Of Health Sciences</td>
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<td>Best Of Wrestling Degree</td>
<td><strong>EC 3</strong> 2000 Moscow-RUS</td>
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<td><strong>OG 3</strong> 2004 Athens-GRE</td>
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<td><strong>Olympian</strong> 2008 Beijing- CHI</td>
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XRISTITOS PAGGEAS

Email: paggeas@gmail.com
Country: Greece
Institution/Organization: "Palaistra" Elassonas
www.palema.gr; epalema@gmail.com
Mailing Address: Despos Diamantidou 21 - Larisa - 41335
Current Areas of Interest: Grecoroman wrestling coach - School teacher of physical education - Computers
Completed Wrestling Research:- Poster-Διαφορές ψυχολογικών δεξιοτήτων μεταξύ αθλητών πάλης και καλαθοσφαίρισης.- Οι συνέπειες αλλαγής των κανονισμών της αθλητικής πάλης στην τηλεθέαση & την θεαματικότητα του αθλήματος. WRESTLING, SEEKING VIEWERSHIP AND RATINGS THROUGH CHANGES IN THE RULES AND ITS CONSEQUENCES

Adkham PAIZIEV
Institute of Ion-Plasma and Laser Technologies of Uzbek Academy of Science
Tashkent 100125, Academgorodok, Durmon Yoli 33
Uzbekistan
e-mail: adkhampaiziev@gmail.com

Jesús GARCÍA Pallarés PH.D.
Exercise Physiology Laboratory at Toledo, University of Castilla-La Mancha
Faculty of Sport Sciences, University of Murcia, Spain
Jesús García-Pallares´s • Jose´ María Lo´pez-Gullo´n • Xabier Muriel • Arturo Di´az • Mikel Izquierdo
Physical fitness factors to predict male Olympic wrestling Performance. Eur J Appl Physiol

Farnaz PANAHIZADEH
Iran
Email: farnaz_2540@yahoo.com
Member UWW Women & Sport Commission
Date of Birth: 16.08.1981
Education:
• B.A in English Translation
• M.A in Marketing management
Work experience:
• Employee of Public Relation Department, English News section in Iran wrestling federation in 2005-2006
• Expert of international affairs in International Department of Iran Wrestling Federation since 2006
• Translator of Iran wrestling federation since 2005

Aditya Pandey
Email: adityapandey22@gmail.com
Institution/Organization: Tech Mahindra Ltd
Mailing Address: Near Arya Samaj Mandir Ganj Sehore MP 466001
Country: India
Current Areas of Interest: Scientific and technical research on Indian and World Wrestling

Completed Wrestling Research: Importance of Brahmacharya

PAPADOSIFOS, NIKOLAOS
My origin is from Greece but live and work in the UK. I have a BSc in Sports Science and Physical Education and a sport specialization in Grecoroman Wrestling. This year I'm finalising my MSc at UCL in Sports Medicine and I'm currently holding a position as a clinical research fellow at UCL Hospital (NHS)
Email: nikolaos.papadosifos.09@ucl.ac.uk
or
nikospapadosifos@yahoo.com
Mailing address: Flat 26, 21 Seymour Street, W1H 7JR, LONDON, UK
Country: United Kingdom
Current area of interest: Sports Medicine, Injuries & Rehabilitation

VALERI PASHINEV  Russia
Scientific degree: The doctor of pedagogical sciences
Scientific rank: Professor
Email: pashinev@mail.ru
The organization, institute: THE MOSCOW STATE ACADEMY OF VETERINARY MEDICINE AND BIOTECHNOLOGY
The post address: 109443 Russia Moscow Street Young Lenincev 66-2-42
Current area of interests: training process on wrestling
The basic works: Management of long-term preparation of judoists of methods of modelling and programming

Technology of modelling and programming in long-term preparation of judoists
Vocational training of fighters of “Hand-to-hand fight”. Modelling of functional preparation of judoists
Biological model of functional preparation of judoists

PHILIPPE PASSELERGUE PhD
Email: philippe.passelergue@univ-pau.fr
Institution: Université de Pau et des Pays de l’Adour, LAPP S – EA 4445 - Laboratoire Activité Physique, Performance et Santé Quartier Bastillac Sud – TARBES, F-65000, France
Area of wrestling interest: physiology
Publications:
"SALIVARY HORMONAL RESPONSES AND PERFORMANCE CHANGES DURING 15 WEEKS OF MIXED AEROBIC AND WEIGHT TRAINING IN ELITE JUNIOR WRESTLERS" Passelergue PA, Lac G. J Strength Cond Res. 2011 Dec 28. [Epub ahead of print]
Salivary cortisol variations during 15 weeks of aerobic and anaerobic mixed training in junior wrestlers: Correlations with the performances Passelergue, P., Lac, G. Science and Sports 22 (6), pp. 312-314 2007

SHAIRA PAYZIEVA
shairapayzieva@gmail.com
Dr. Mrs. Shaira Payzieva
Tashkent, Uzbekistan-100132
Munosabat str. 7
H:(998-71) 2470701 C:(+998-94) 6366117
Educational Background
- diploma of retraining courses “Applied psychology” (faculty of Applied psychology, Tashkent State Pedagogical University, 2010-2011)
- M.Sc. in Applied Mathematics (Faculty of Applied Mathematics and Mechanics, Tashkent State University (present National University of Uzbekistan))
- Ph.D. in application of mathematical modelling in scientific research, 1998. (Institute of Cybernetics, Uzbek Academy of Sciences)
Research interest
- Mobile, wireless, noninvasive diagnostic tools for investigation human’s psycho-physiological state
- Biofeedback
- Cyberpsychology, cybertheraphy

Samuel David Grácio PEDRO
• BSc. in Physical Education & Sport – Sports Training (Olympic Wrestling) – Universidade Lusófona de Humanidades e Tecnologias de Lisboa
• MSc. in Sports Sociology, Organization and Development – (Innovation and Social Inclusion via Sports Organizations) - Universidade Lusófona de Humanidades e Tecnologias de Lisboa
• PhD Student - Physical Education & Sport - Universidade Lusófona de Humanidades e Tecnologias de Lisboa
Email: Samuelgraciopedro@gmail.com
Institution/Organization:
- Faculty Member at Faculdade de Educação Física e Desporto at Universidade Lusófona de Humanidades e Tecnologias
- PhD Researcher at Centro de Pesquisa e Estudos Sociais - Universidade Lusófona de Humanidades e Tecnologias

**Country:** Portugal – Lisbon

**Current Areas of Interest:**

**Research:** [https://www.researchgate.net/profile/Samuel_Pedro2](https://www.researchgate.net/profile/Samuel_Pedro2)

**Other Information:** [https://www.linkedin.com/in/samuelpedro/](https://www.linkedin.com/in/samuelpedro/)

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**Zhao Peng**

China

Deputy Secretary General of Chinese Wrestling Federation

davepengzhao@hotmail.com

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**Sergio Perez**

Head coach Mexico wrestling team, Greco style coach

**Title:** Licenciature, study Doctorate

**Email:** perezsx@hotmail.com

**Institution/Organization:** CONADE

**Mailing Address:** Añil 505 Col. Granjas Mexico D.F

**Country:** Mexico

**Current Areas of Interest:** Development

---

**Robert H Perkes**

Dr. of Chiropractic. Youth coach in Eastern Washington-website at radioactivewrestling.com

**Email:** rperkesdc@gmail.com

**Areas of Interest:** I am interested in tracking youth participation rates and success. I am tracking: age of first competition, wins/losses, number of yearly competitions, season length, number of practices. I want to try and find the largest keys to continued participation. I want to know if there is anything we can do to insure that kids continue to wrestle and gain the life skills/benefits.

---

**Ronny Persson**

perssonronny@telia.com

Swedish Wrestling Federation

Sweden
Interests: Leadership, training

Leadership – from the wrestler’s point of view

Physiological profile for Swedish Greco-Roman wrestlers

Member of Swedish national team in three European Championships
Coach for the Swedish junior and cadet team.
Academic: Masters Degree in leadership/management.

PERVACHUK Rostislav PhD
Date and place of birth. November 23, 1988, Lviv

3. Information about education:
Graduated: Lviv State School of Physical Culture (2005-2008);

4. Information about professional activity.
Teacher of the Department of Athletic Sports (since 2015)
Areas of scientific research: improvement of physical training of free style wrestlers.

6. Information about organizational and managerial activity in public organizations of physical culture and sports orientation.

7. Academic degrees and titles: PhD
Main works (22):

Individualization of physical training of free style fighters taking into account the dominant type of energy supply R. Pervachuk Physical activity, health and sports, 33-39 5 2014

Personalization of freestyle wrestlers’ training process by influencing the anaerobic systems of energy supply MG Sybil, RV Pervachuk, VM Trach Journal of Physical Education and Sport 15 (2)., 225 2015

Directed influence on anaerobic energy supply systems of qualified freestyle wrestlers MG Sybil, RV Pervachuk, AU Chuiev Pedagogics, psychology, medical-biological problems of physical training and 2015

Effect of dosed bicycle ergometric load on the energy exchange of skilled freestyle wrestlers M Sybil, P Pervachuk, Ya. Svisch 2014

Technical and tactical complexes as a means of improving the training of qualified fighters RV Pervachuk Young sports science of Ukraine: [op. sciences Art. from the branch of phys. culture and 2012

Directional influence on anaerobic power supply systems of skilled freestyle wrestlers MG Sybil, RV Pervachuk, AU Chuiev Pedagogics, psychology, medical and biological problems of physical education and ... 2 2015

Changing biochemical parameters of energy exchange in free style fighters for the influence of special control tests at the preparatory stage M Sybil, P Pervachuk, I’m Svisch 2014

Individualization of the training process of wrestlers of different style of fight R. Pervachuk 2 2013

Effectiveness of the program aimed at influencing the individual components of the anaerobic power supply system on the basis of the criteria of special endurance qualified RV Pervachuk, MG Sibil, AU Chuyev PHYSICAL EDUCATION, SPORTS AND CULTURE OF HEALTH IN MODERN SOCIETY, 147-154 1 2015

Directional impact on anaerobic power supply systems of skilled freestyle wrestlers MG SIBIL, RV PERVACHUK, AY CHOUEV Pedagogy, psychology and medical and biological problems of physical 2015

Improvement of the physical training of skilled freestyle wrestlers using directed influence on energy saving systems. RV Pervachuk Lviv 2015

Biochemical substantiation and monitoring aimed at the energy supply system of skilled freestyle wrestlers M Sybil, M Galan, P Pervachuk 2015

Model characteristics of sensorimotor reactions and specific perceptions of skilled fighters R Pervachuk, Yu Tropin, Romanenko, and Chuyev Slobozhansky Scientific and Sport Bulletin, 84-88 2017

Model examples changes of the vector for improvement of anaerobic energy properties of qualified sportsmans M SYBIL, R PERVACHUK, N HERAZIM Modeling and informational technologies in physical education and sport, 68-70 2017
Permanent correction of individual preparation of qualified free offers with consideration of the current balance between R PERVACHUK, M SYBIL, V SHANDRYGOS YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017

Improvement of the software-methodological protection for free fighting In SHANDRIGOS, R PERVACHUK, YAREMENKO, M LATYSHEV YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017

PECULIARITIES OF FEMALE FIGHTING AND ITS PERSPECTIVES IN THE CONTEXT OF OLYMPIC MOVEMENT RV PERVACHUK, VI SHANDRIGOS International scientific and practical conference "Physical culture, sports and health 2016


Model of alactated and lactate energy saving in free style wrestlers based on cluster analysis M. Sybil, R. Pervachuk, N. Gerasim Sport newsletter Prydniprovia, P. 121-123. 2016

Model of energy saving free style wrestlers M Sibyl, P Pervachuk 2016

FEATURES OF CONSTRUCTION OF THE PHYSICAL TRAINING PROGRAM OF FREE STYLE WITH DOMINANT TYPE OF ENERGY SAVING R Pervachuk, F ZAGURA SPORTS SCIENCE OF UKRAINE, 9-16th 2016

Contribution of various systems of energy supply of the body in the preparation of special ability of free style wrestlers RV Pervachuk, MG Sibyl Slobozhansky Scientific and Sport Bulletin, 99-102 2013

MOMIR PETKOVIC
mpetkovic@usawrestling.org
Assistant National Coach for USA Greco Roman Team
Olympic Training Center
Colorado Springs, Colorado

Olympic Champion for Yugoslavia in 1976

Pavel PINIGIN
piniginp@yahoo.com
Sakha (Yakutia) Republic of Russian Federation
Olympic & World Champion

PODERYS, Prof., Dr.
Email: liudas.poderys@lsu.lt
Institution/Organization: Lithuanian Academy of Physical Education
Mailing Address: LT 4444158 Sporto 6, Kaunas
Country: LITHUANIA

Head of the Sports Coaching Study Programme
Lithuanian Academy of Physical Education
Ausros 42-31, Kaunas LT-44158 Lithuania
Phone +370 37 302650 Fax +370 37 302674
Mobile +370 66 05038 Email L.Poderys@klkka.lt

Current Areas of Interest: complex assessment of performance and functional state of athletes

Completed Wrestling Research:
1. Regular assessment of performance and functional state of Lithuanian elite wrestlers (Lithuanian Olympic Team)
2. Publications:

Medicina (Kaunas) 2010; 46 (6): 429-434 Functional state assessment on the dynamics of interparametric concatenations during exercise tests

BORIS PODLIVAEV
Country: Russia
UWW Scientific Commission
Moscow, Professor, Department of theory and methodology of sports and martial arts,
Russian State University of physical culture, sports and tourism.
142119, Russia, Podolsk, Krasnogwardejskiy bulvar, 13a - 86.
Email: podlivaevb@mail.ru

Named the INWR Rayko Petrov Honor Lecturer in 2015.

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<td>1</td>
<td>Зависимость между силовыми и временными характеристиками мышечного напряжения</td>
<td>печатный</td>
<td>ТПФК, 1968.-№12.-С.56-58</td>
<td>Смирнов Ю.И.</td>
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<td>Электрохронодинамометр (прибор для измерения градиента силы)»</td>
<td>печатный</td>
<td>Приборы и методы в спортивной тренировке и эксперименте. -Л.,1969.-С.144</td>
<td>Смирнов Ю.И.</td>
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<td>3</td>
<td>Исследование факторной структуры группы показателей «взрывной» силы у борцов-юношей</td>
<td>печатный</td>
<td>Тезисы докл.XVI Всесоюзной научной конф.студентов по вопросам физической культуры и спорта.-М., 1969.-С.24-27</td>
<td>Смирнов Ю.И.</td>
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<td>4</td>
<td>Relation entre les caracteristiques de force et de vitesse daus une contraction musculaire</td>
<td>печатный</td>
<td>Kinantropoljie, 1968.-№1/3.-С.245-250 (Бельгия)</td>
<td>Смирнов Ю.И.</td>
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<td>5</td>
<td>Комплексный анализ толчка штанги двумя руками тяжелоатлетами высокой квалификации.</td>
<td>печатный</td>
<td>Материалы Всес.научно-метод. конф.по проблеме «Техническое мастерство квалифицированных спортсменов». -М., 1973.-С.76-77</td>
<td>Лукашев А.А., Левшунов Н.П., Левиц К.И., Смирнов Ю.И.</td>
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<td>Исследование техники тяжелоатлетических упражнений и характера ее динамики в тренировочном процессе</td>
<td>печатный</td>
<td>Материалы 5-ой научно-метод. конф. респ. Прибалтики и Белоруссии по проблемам спортивной тренировки. -Минск, 1974.-С.264-265</td>
<td>Рувинский Л.И.</td>
</tr>
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<td>7</td>
<td>Зависимость техники выполнения толчка двумя руками</td>
<td>печатный</td>
<td>Актуальные проблемы физ, воспитания и</td>
<td>Левшунов Н.П.</td>
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руками от веса снаряда

8 Исследование взаимосвязи временных
характеристик подъема штанги на грудь
рукописный Материалы 1-ой Всес. науч. конф. по биомеханике. – М., 1974, ч.1.-С.100

9 Исследование структуры биомеханографических
параметров в специальных двигательных
заданиях (в связи с совершенствованием методов
контроля за технической подготовленностью
тяжелоатлетов).
рукописный Дисс...канд. пед. наук. – М., 1974.-168с.

10 Комплексное изучение структуры подъема
штанги на грудь
печатный ТПФК, 1977.-№6.-С.51-61

11 Применение методических приемов в обучении
юных борцов сложным тактико-техническим
действиям.
печатный ТПФК, 1978.-№7.-С.41-49

12 Методическое руководство по вопросам
повышения эффективности учебно-
тренировочного процесса студентов отделения
спортивного совершенствования по вольной
борьбе в сельскохозяйственных вузах.

13 Исследование структуры скоростных качеств у
юных волейболистов.
печатный ТПФК, 1979.-№9.-С.37-39

14 Особенность устойчивости позы и ее связь с
некоторыми морфологическими особенностями
(на примере борцов разных весовых категорий
печатный Вопросы антропологии. – М., 1979.- №63.
-С.107-114

15 О направленности тренировочных средств
боксёров
печатный ТПФК, 1979.-№9.-С.37-39

16 Об интенсификации учебно-тренировочного
процесса по физическому воспитанию студентов
внефизкультурном вузе (на примере вольной
борьбы)
печатный Физическое воспитание и спорт /Тез. XXII
науч. конф. по ФК и С Эстонской ССР.-
Тарту, 1983.-С.49-52.

17 Совершенствование подготовки тренеров по
борьбе на основе использования проблемного
обучения
печатный Совершенствование подготовки и
повышения квалификации кадров по ФК
и С. – М., 1984.-С.24-25.

18 Национальные виды борьбы
печатный Спортивная борьба /Учеб.пособие для
руководителей и ИФК (под ред. Г.С.
Туманяна. – М.: ФИС, 1985.-С.81-84

19 Спортивная борьба (классическая, вольная,
самбо, дзюдо)
печатный Программы для внешкольных
учреждений общобраз. школ, Спортивные
кружки и секции. – М.: 
Просвещение, 1986. – С. 38-93.

20 Методика и организация научных исследований в
спортивной борьбе /Методические разработки
печатный М.: ЦОЛИФК, 1985.-54с.

21 Классическая борьба. Правила соревнований:
вопросы для программированного обучения и
контроля знаний /Методические разработки.
печатный М.: ЦОЛИФК, 1985.-52с.

22 Борьба и методика преподавания /Программа
для техникумов физической культуры.

23 Основы методики обучения в спортивной борьбе
/Метод. разработка
печатный М.: ЦОЛИФК, 1985.-52с

24 Управление физической подготовкой студентов в
нефизкультурном вузе.
печатный М.: ЦОЛИФК, 1985.-52с

25 Спортивная борьба с методикой преподавания:
Программа для педагогических училищ
печатный Программы педагогических училищ. – М.: 
Просвещение, 1987.-С.3-17

26 Принципы и методика обучения в спортивной
борьбе (методическая разработка).
печатный Ташкент, 1987.-48с.

27 Самоконтроль при занятиях спортивной борьбой.
(Методические разработки для студентов) 
<table>
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<td>М.: СпортУниверПресс, 2004. –78 с.</td>
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<tr>
<td>126</td>
<td>Обследование соревновательной деятельности борцов вольного стиля на чемпионате мира 2003 года</td>
<td>печатный</td>
<td>М.: СпортУниверПресс, 2004. –78 с.</td>
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<td>127</td>
<td>Индивидуализация тренировки юных борцов, характеризующихся различным уровнем подготовленности</td>
<td>печатный</td>
<td>М.: СпортУниверПресс, 2004. –78 с.</td>
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<td>128</td>
<td>Основные направления подготовки на заключительном этапе олимпийского цикла в спортивной борьбе</td>
<td>печатный</td>
<td>Вестник спортивной науки, №1 (3), 2004. –С.3-9</td>
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<td>129</td>
<td>Диагностика тренированности борцов</td>
<td>печатный</td>
<td>ТПФК, 2004, № 2.. –С. 28-32</td>
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<td>133</td>
<td>Греко-римская борьба: Примерная программа для системы дополнительного образования детей: ДЮСШ, СДЮШОР и УОР</td>
<td>печатный</td>
<td>М.: Советский спорт, 2004. –270с.</td>
</tr>
<tr>
<td>135</td>
<td>Плюс две, минус две</td>
<td>печатный</td>
<td>Чемпион клуб, 2004, №2. –С.48-49</td>
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<tr>
<td>136</td>
<td>Коммерциализация борьбы – в жизнь</td>
<td>печатный</td>
<td>Чемпион клуб, 2004, №3. –С.70-71</td>
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<tr>
<td>138</td>
<td>Теория и методика вольной борьбы: примерная программа дисциплины федерального компонента цикла СД ГОС по специальности 022300 Физическая культура и спорт</td>
<td>печатный</td>
<td>М.: Флинта: Наука, 2004.- 176 с.</td>
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<tr>
<td>139</td>
<td>Теория и методика греко-римской борьбы: примерная программа дисциплины федерального компонента цикла СД ГОС по специальности 022300 Физическая культура и спорт</td>
<td>печатный</td>
<td>М.: Флинта: Наука, 2004.- 160 с.</td>
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<td>140</td>
<td>Вольная борьба на XXII Олимпийских Играх в Афинах</td>
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<td>ТПФК, 2005, № 3. –С.28-30</td>
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<td>142</td>
<td>Концепция биологически целесообразной физической подготовки борцов (самбо, дзюдо)</td>
<td>печатный</td>
<td>М., ЗАО фирма «Лика», 2005.-120 с.</td>
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<td>143</td>
<td>Вольная борьба: Программы спортивной подготовки для детско-юношеских спортивных школ, специализированных детско-юношеских спортивных школ олимпийского резерва и школ высшего спортивного мастерства</td>
<td>печатный</td>
<td>Красноярск: РИО ГОУ ВПО КГПУ им. В.П. Астафьева, 2005. -132 с.</td>
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<td>145</td>
<td>Факторная структура показателей специальной подготовленности бойцов рукопашного боя</td>
<td>печатный</td>
<td>Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры.-Часть II /Сост. проф.И.Д.Свищев.-М.: СпортУниверПресс. -2005.-С.50-54</td>
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<td>146</td>
<td>Роль и значение паузы как важного элемента соревновательных ката в каратэдо</td>
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<td>Совершенствование системы подготовки кадров на кафедрах спортивной борьбы в государственных учреждениях физической культуры.-Часть 1 /Сост. проф.И.Д.Свищев.-М.: СпортУниверПресс. -2005.-С.55-61</td>
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<tr>
<td>147</td>
<td>Методическая база психофизиологической оценки профессиональной пригодности работников охранных предприятий</td>
<td>печатный</td>
<td>Фактор риска. Теория и практика экстремальных видов спорта. - 2005, №4. –С. 12-14</td>
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<td>Методические основы подготовки резерва в спортивной борьбе</td>
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<td>№2. –С.82-103</td>
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<td>442 с.</td>
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<td>151</td>
<td>Особенности построения процесса тренировки юных борцов греко-римского стиля</td>
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<td>№2. –С. 2-7</td>
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<td>Пульсовая оценка напряженности упражнений ката у юношей в каратэдо</td>
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<td>VII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.</td>
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<td>157</td>
<td>Пульсовая оценка напряженности упражнений ката у юношей в каратэдо</td>
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<td>Восстановление работоспособности борца после предсоревновательного взвешивания</td>
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<td>2008</td>
<td>VIII межд. Научно-практ. конфер., посв. памяти проф. Чумакова Е.М.</td>
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<td>160</td>
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<td>164</td>
<td>Роль афферентного и эфферентного пути в управлении мобилизационной готовностью в соревнованиях по ката в спортивном каратэдо</td>
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<td>Организационно-методические основы проектирования системы подготовки борцов</td>
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<td>конфер., посв. памяти проф. Чумакова Е.М.-Ч., 2008. –С.158-168</td>
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<td>166</td>
<td>Опыт применения неспецифической иммунотерапии для профилактики иммунодефицитных состояний у спортсменов-единоборцев высокой квалификации</td>
<td>печатный</td>
<td>Материалы IX междунар. научно-практ. конф., посв. памяти проф. Чумакова Е.М.-Ч., 2009 –С.134-137</td>
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<td>167</td>
<td>Индивидуализация подготовки юных единоборцев высокой квалификации</td>
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<td>Детский тренер, 2009, №1. –С.49-58</td>
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<td>168</td>
<td>Выявление функциональных нарушений и прогнозирование необратимых патологических изменений у спортсменов</td>
<td>печатный</td>
<td>IV Международный научный конгресс. Материалы конгресса. –М., 2009.-С.22-23</td>
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<td>169</td>
<td>Управление мобилизационной готовностью в соревнованиях по ката в спортивном каратэ-до</td>
<td>печатный</td>
<td>IV Международный научный конгресс. Материалы конгресса. –М., 2009.-С.120-122</td>
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<td>170</td>
<td>Динамика необратимых патологических отклонений в процессе подготовки борцов</td>
<td>печатный</td>
<td>Совершенствование системы подготовки кадров по спортивным единоборствам. –М., 2009.–С.23-32</td>
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</table>

**POLEVAIA-SECĂREANU ANGELA**

**E-mail:** poleangela@mail.ru

**Associate Profesor**

Chairperson of the Department of Individual Sports, State University of Physical Education and Sports of the Republic of Moldova Doctor of Education International master of sport

**Date of birth** 26 July 1975

**Place of birth** Bălţi, Republic of Moldova

**Citizenship** Republic of Moldova

**Education:**

- 2013 Liberty University, Center for Professional and Continuing Education (has earned 3.0. Credit for attending) Life At The Cross Roads Teacher Training (Life skills and Character Development) september 7-10. 2013
- 2006-2010 State University of Physical Education and Sports of the Republic of Moldova; doctorate, Doctor of Education
- 2005-2006 State University of Physical Education and Sports of the Republic of Moldova; Master’s program
- 1993-1997 State University of Physical Education and Sports of the Republic of Moldova, Pedagogical Faculty
- 1982-1992 Middle school №9 Bălţi, Republic of Moldova

**Athletic Accomplishments**

Double Champion in the International Student Championship in Sambo fighting, Russia, Moscow (64 kg) and Moldova, Chisinău (60 kg)

Multiple awards at European and international Sambo championships

Sport training: Multiple champion in Sambo and judo Championships in Republic of Moldova, International master of sport in sambo

**Professional Experience:**

2015 – present Associate professor at the Department of Individual Sports, SUPES, RM.

2008 – present Chairperson of the Department of Individual Sports, State University of Physical Education and Sports of the Republic of Moldova
2009-2015 Superior lecturer at the Department of Individual sports, SUPES, RM.
2006 - 2009 Lecturer at the Department of Individual Sports, SUPES, RM.
1998-2003 Inspector – Information Technologies Department „REGISTRU”.
1997-1998 Coach – teacher at „Petuhov”, Sport School of Olympic Reserve in box and fighting „Bălţi”

Training :
2014 Contemporary problems of theory and methodology of physical culture, sport and tourism: IV International Scientific and practical conference of young scientists: - Minsk: BSUPC
2013 XIII International scientific and practical conference dedicated to the memory of HMS, HCUSSR, professor Ciumacov E.M. “75 YEARS OF SAMBO. CONCLUSIONS AND PERSPECTIVES”

2013 INTERNATIONAL SCIENTIFIC AND PRACTICAL SEMINAR “FORMATION OF THE PHYSICAL CULTURE OF A PERSON IN THE SYSTEM OF CONTINUOUS EDUCATION”, Taras Shevchenko State University of Lugansk, 2-3 April 2013
2012 XVI scientific conference " YOUNG SPORT SCIENCE OF UKRAINE" SUPCL 29-31 March 2012
2011 XV scientific congress " Contemporary Olympic sport and Sport for everyone” Chişinău, Moldova
2010 XIV international scientific congress " Contemporary Olympic sport and Sport for everyone”, Kiev, Ukraine
2009 Methodological and scientific seminar : Increase of the prestige and role of woman in sport
2008 Certificate of official qualification IBSS „close fighting and combat instructor for R. Moldova”.
2008 International scientific congress “ Strategies of development of sport for everyone and the legal framework of physical culture and sport in CIS countries ”. Chişinău, Moldova

Participation at projects:
2011-2015 Implementation strategies of diagnostic methods in the process of training and competition of Performance sportsmen from the national team of the Republic of Moldova.
2007-2011 General theoretical basis of theory, methodology and organization of health activities related to different types of fighting for the population of the Republic of Moldova

Publications: More than 50 scientific papers and articles, among which the most important include: Scientific magazine article
Aftimciuc O.E., Mut I.D., Polevaia- Secareanu A.G. Theoretical and methodological basis of the organization and realization of health and fitness activities with the population of the Republic of Moldova: Strategic orientation: Restoration of human natural resources, information about sustainable development

Foreign languages: Russian, English, German, Greek

JIM PORTER
porterj@selectmedical.com
ATC
Leading American athletic trainer for USA Wrestling
Las Vegas, Nevada

Christian POTERAS
cristianpoteras@yahoo.com
Executive Committee of CELA
Romania

FANI PSATHA
Email: fpsatha@yahoo.com
Country: Greece (Olympian)
Current Areas of Interest: weight loss and hormonal response in women wrestlers
Completed wrestling research:
Medicina Sportiva, Vol. 8 (1):2004
2004 Medicina Sportiva
EFFECTS OF STRENUOUS TRAINING AND REPEATED CYCLES OF WEIGHT LOSS ON LEPTIN AND SEXHORMONES IN ELITE FEMALE WRESTLERS
Maria Psatha, Des Gilmore, Fani Psatha & Athanasios Dessypris

MOHAMMAD FOAD RAHMANI
Email: M.foadrahamani@yahoo.com
Senior GR-Wrestling Coach of Azerbaijan
Country: Iran
Current Areas of Interest: Science of Training - Testing
FARHAD RAHMANI NIA  
frahmani2001@yahoo.com  
Faculty: Faculty of Sport Science and Physical Education  
Department: Department of Physical Education & Sport  
Sciences at University of Guilan, Rasht, Iran

ALIREZA RAHMATI  
Professional affiliation: university professor, wrestling coach  
Email: Alirezarahmati_sport@yahoo.com  
Publications: several article in the field of management and sport psychology  
Areas of interest: management and sport psychology in the field of wrestling  
Brief biography: married, academic degree is MA and as soon as possible PhD student, Champion in Iran, world champion of veteran wrestling for 4 years, University wrestling coach, and the manager of school. Wrestling Coaches Committee Chairman for Alborz Province

REZA RAJABI, PHD  
Email: rrajabi@ut.ac.ir  
Institution: University of Tehran  
Mailing address: Amirabad Shomali Street, Physical Education Department. Tehran, Iran.  
Current Areas of Interest: physical and anthropometrical and postural factors of wrestlers.  
Completed wrestling research:  
Rajabi, R; Doherty, P; Goodarzi, M1; Hemayattalab, R. Comparison of thoracic kyphosis in two groups of elite Greco-Roman and freestyle wrestlers and a group of non-athletic participants. British Journal of Sports Medicine: Volume 42(3) March 2008 pp 229-232
Rajabi, Goodarzi, Sahfinia. The effect of preparation training exercises and zinc supplement on immune system of Iranian young male wrestlers. Presented for BASES 2009 conference in the UK

 Rolle RANTALA
 rolle.rantala@helsinki.fi

 AMIR RASHIDLAMIR
 Email: amir.rashidlamir@gmail.com and rashidlamir@ferdowsi.um.ac.ir
 Institution/Organization: Assistant professor, Vice president for research and technology, Faculty of physical education and sport sciences, Ferdowsi University of Mashhad (Department of exercise physiology, exercise biochemistry and nutrition division)
 Country: Iran
 Current Areas of Interest: gene expression, exercise biochemistry, nutrition, weight management
 Completed Wrestling Research:
 1. Effect of 8 weeks wrestling techniques-based circuit exercise (wtbce) on plasma lipid and lipoprotein profiles in male elite wrestlers. Scandinavian Congress of Medicine and Science in Sports. 2007
 4. Effect of Eight Weeks Circuit Training on Lymphocyte AGRP Gene Expression in well trained wrestlers. Medical Daneshvar. 2010
 5. Relationship between anthropometric variables of handedness with strength of handedness and serum testosterone-cortisol ratio (TCR) in well trained wrestlers. 5th International Conference on Health, Education and Culture in Globalization Process. 2010
 7. Compare of two weight loss protocol on plasma AGRP of well trained wrestlers. 7th international congress on physical education and sport sciences. 2010
 10. Effect of 6 weeks wrestling and wrestling –technique based circuit exercise on plasma lipoprotein profile and some hormonal changes in well trained wrestlers. international journal of wrestling science. 2011 in press
 11. Effect of circuit resistant training and glucose intake on plasma AGRP of well trained wrestlers. journal of sport sciences, 2011 in press
 12. Effect of circuit training and glucose intake on lymphocyte AGRP and plasma glucose of well trained wrestlers. journal of sport sciences, 2011 in press

 VINOD KUMAR RATHI
 Email: doctor_rathi@yahoo.com
 Secretary General,
 Indian Council of Sports Science and Physical Education
New Delhi, INDIA

**Institution/Organization:** International Academy of Sports Science

**Mailing Address:** 5, Shivaji Marg, New Delhi 110043

**Country:** India

**Current Areas of Interest:** Kinanthropometry, Training Methods and Performance Analysis

Completed Wrestling Research:
- Publications : 10
- Conferences/Workshops : 30

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**Jukka Matti Rauhala**  
jukka.rauhala@kolumbus.fi  
Former President of Finnish Wrestling Federation  
Olympian-Bronze Medal

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**Pekka RAUHALA, MD**  
pekka.rauhala@helsinki.fi  
Department of Pharmacology, Faculty of Medicine, University of Helsinki, Helsinki, Finland  
Olympian

---

**Mr Mamitiana RAVELOSON**  
Malagasy Wrestling Federation  
Boîte Postale 6065  
Ambanidia  
101 Antananarivo  
MADAGASCAR  
MAD@fila-wrestling.com

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**MOHAMMAD EBRAGIM RAZAGHI**  
Email: me.razaghi@yahoo.com  
Education and Learning Organization/ Teacher  
Sport Management-University of Tehran  
Country: Iran  
Current Areas of Interest:  
Ethic and Morality in Sport, Pahlavani Wrestling, sportmanship
**REID REALE**  
**Professional Affiliation:** Senior Scientist at Gatorade Sports Science Institute  
**Email:** Reid.reale@gmail.com  
**Publications:**  
[https://scholar.google.com/citations?user=mXaxPcgAAAAJ&hl=en&oi=ao](https://scholar.google.com/citations?user=mXaxPcgAAAAJ&hl=en&oi=ao)  
**Areas of Interest:** Nutrition, weight cutting, body composition, combat sport science  
**Brief biography:** Originally from Melbourne, Australia, Reid is now based in the United States where he works as a senior scientist with the Gatorade Sports Science Institute at their laboratory in Florida on the IMG Academy campus. Reid is currently involved with a variety of research streams focusing on energy expenditure, sleep and hydration. Prior to moving to the US, Reid completed a PhD supported by the University of the Sunshine Coast, based at the Australian Institute of Sport, Canberra, where he worked as a sports dietitian with Olympic combat sport athletes. A portion of Reid’s PhD work saw him awarded with a young investigator award from the European College of Sports Science (2016). Reid’s research interests centre on body composition management and applied combat sports nutrition, in particular the area of acute weight loss and recovery. As a practitioner, Reid has experienced working with a variety of weight category sport athletes including competitors and medalists from Judo, amateur and professional Boxing, Taekwondo, Wrestling, kickboxing/muay thai, Brazilian jiu jitsu, mixed martial arts and weightlifting; at the Olympic Games, Commonwealth games, continental and world championship level. In addition to academic and practitioner experience, Reid has a strong interest in strength and conditioning and exercise programming which he utilizes to inform his own training and that of the students he coaches in Brazilian Jiu-Jitsu.

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**Robert “Bobby” Reisz**  
**Owner/CEO of Peak Performance**  
peakperformancesportstraining@gmail.com  
boobypoese@gmail.com  
**Areas of interest:** Anything regarding “Performance” in the sport of wrestling—strength and conditioning, weight cutting, mental training, overtraining, sports medicine/injuries with evaluation and treatment in wrestling.

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**Nicholas RIZZO MD**  
nicholasrizzomd@aol.com  
Dr. Nicholas Rizzo practices Internal Medicine (General Medicine for adults) in Palos Heights, Illinois. He is the author of the book "Championship Nutrition and Performance: The Wrestler’s Guide to Lifestyle, Diet and Healthy Weight Control" and a co-author on the book “The Arsenal: The Wrestler’s Training Log” by NCAA National Champion Alan Fried. Works as a ringside physician for professional boxing and MMA events, is a Past President of the Association of Ringside Physicians, and is a member of the State of Illinois Department of Financial and Professional Regulation Athletic Unit Advisory Board.
SEYED ALI ROFOUGAR
Iranian National Coaching Staff
ali_ro
fougar@yahoo.com

RIP
SEYED JAVAD ROFOUGAR
javad.rofougar@gmail.com
Director of the International Wrestling Institute (Iran)
Has been both President and General Secretary of the Iranian Wrestling Federation
Academic Board Member for Teacher Training-University of Tehran
Former Head coach of FS National Team

Michael ROSATI
US Coast Guard
mjrosati@yahoo.com

TRAVIS RUTT
Email: travis.rutt@gmail.com
Institution/Organization:University of Iowa-Wrestling Strength and Conditioning
Mailing Address: 2618 Spirit Dr E North St. Paul MN 55109
Country:USA
Current Areas of Interest:Strength and Conditioning, improving performance Areas of Interest: Strength and Conditioning, athletic performance, recovery Brief biography: I was a wrestler for the University of Wisconsin and transferred to the University of Oklahoma. I was an All-American in 2010 at 184lbs for the University of Wisconsin. Wrestled in the 2012 Olympic Team Trials for Greco-Roman wrestling at 84kg for the Minnesota Storm. Previously the Strength and Conditioning Coach for Pinnacle School of wrestling, Previous Augsburg Strength and Conditioning Coach and Assistant Wrestling Coach, Previous S&C Coach for Minnesota Storm-Greco.
AHMED HELMY SAAD
Egypt
ahmed.zaghloul@fped.bu.edu.eg
Work: Health Sciences sports Department, Faculty of Physical Education, Benha University
I was a wrestler, I am currently interested field of scientific research in wrestling:
- The Molecular Biological and relationship of the muscular strength as indicator to choosing the beginners in wrestling to sheltering institution children.
- The effectiveness of biorhythms and relationship to specific training for developing performance level in wrestling.
- Physiological profile of the young Egyptian wrestlers
- Effect of hypoxia training on some physiological variables and skill performance endurance for wrestlers
- ACE gene variation and its relationship with physical, physiological, and skill variables for free swimming juniors
- Physiological responses as the basis for rationing wrestlers’ training loads
- The biochemical changes for blood, liver, and Kidney under the influence of different intensities physical loads
- Prize of Mohammed bin Rashid Al Maktoum Creative Sports in 15 Nov. 2013.

HEYDAR SADEGHI
Highest degree earned: Ph.D in Sport Biomechanics
(First two years Post doctora in Sport Biomecahnics and Rehabilitation, The second two years Post Doctora in Sport Biomechanics and Orthopeady)
Current position: Full professor in department of Physical Education and Sport Sciences, Kharazmi University, Tehran, Iran
And General Director of International Affair, Ministry of Sport and Youth, Iran
Email: sadeghih@yahoo.com

SADOWSKI, JERZY, Dr. Hab.
erzy.sadowski@awf-bp.edu.pl
Fac Phys Educ & Sport Biala Podlaska, Poland
Vice-Rector for the Branch of the University of Physical Education
Relevant Works:
Dynamics of the development of coordination motor abilities in freestyle wrestlers aged 16-20
JOSEPH RASHIDI SALUMU
Email: j_salumukamangu@yahoo.fr
federationkabubu@yahoo.fr or fcka@fila-wrestling.com
DEMOCRATIC REPUBLIC OF CONGO Maniema Province
Research professor
-Former Practicing and African Traditional wrestling Champion Belt kabubu /
-Expert UWW / FILA traditional Struggles / Studies and analysis of the forms of so-called sports and regulations worldwide.
Africa Technical -Director of traditional African belt wrestling / WTWC
-Member Of the Executive Committee of the African International Association of Traditional Sports and Games. Initiator, Founder and President:
1. From Training Cultural Youth Centre in Swahili without Borders / 2007.
3. Promoter of the Center for Sports traditional games and sports Kasongo and national center of professional sport and physical activity
4. The Association of Traditional Wrestling Federations of the countries of Central Africa / AFELUTRAAC
5. International Festival of Francophone and Kasongo.
Other Functions:
* Ambassador Educasport World / World Forum on Education through Sport World
* Ambassador of the International Academy of Athletes for the Culture of Peace.

Dr. Nader SAMAMI MD
E-mail: n_samami@guilan.ir.ic
amirmahdi84@yahoo.com
Member of Iranian wrestling federation medical committee
Assistant prof., University of Guilan
Cell: (+98911) 3328385

Education
- PhD degree in “Rehabilitation medicine, sports medicine, physical therapy, balneology and physiotherapy”, I.M. Sechenov, First Moscow State Medical University (2006-2009)
- Russian Language degree, I.M. Sechenov, First Moscow State Medical University (2005 – 2006)
- GP, Guilan University of Medical Sciences (1990 -1997)

Publications
Journal Paper

“Relationship Of Nutrition Knowledge And Physical Activity Level With Total Cholesterol, HDL-C And LDL-C In Men With Myocardial Infarction”. Hosseini, M. Rahmani Nia, F.Samami, N.Iranian Journal Of Cardiovascular Nursing (Accepted)

“Использование Современных Аппаратно-Программных Комплексов Для Изучения Особеностей Адаптации Организма К Физическим Нагрузкам”, С.Д. Руненко, Е.Е. Ачкасов, Н. Самами, Биомедицина. № 2, 2011. С.65-72


“Врачебный Контроль За Студентами С Отклонениями В Состоянии Здоровья При Занятиях Физической Культурой. Теория И Практика Физической Культуры”. № 11. 2010. С. 57-59

Conference


“Использование Корректирующей Гимнастики У Студентов С Нарушениями Опорно-Двигательного Аппарата”, Самами Куджеди Надер. ВСЕРОССИЙСКИЙ ФОРУМ «ЗДРАВНАЯ-2011». Сочи

“Физические Упражнения Для Студентов С Отклонениями В Состоянии Здоровья”, Самами Куджеди Надер. Седьмой Международный Конгресс «Восстановительная Медицина И Реабилитация ». Москва . 2010

“Теоретические Аспекты Организации Врачебного Контроля Над Студентами С Отклонениями В Состоянии Здоровья”, Самами Куджеди Надер. Седьмой Международный Конгресс «Восстановительная Медицина И Реабилитация » Москва 2010

Languages

• Persian (Native), Russian (Fluent), English (basic), Arabic (basic).

Work Experience

• Assistant prof., University of Guilan, faculty of P.E. & sport sciences (2011-present)
• MD, the Health Center of the University of Guilan (1998-2003)
• MD, Razi hospital (1997)
• MD, the Health Center of Iranpouplin texture (1998-2002)

CERTIFICATES

• Reformative Massage, Sports Medicine Federation of IRI (2013)
• Sport Massage, Sports Medicine Federation of IRI (2013)
• The Comprehensive Health Services for Iranian women, Guilan University of Medical Sciences (2014)
• The Methods and Skills of Teaching, The University of Guilan (2013)
• The key points of authorship and publication of ISI papers and introduction to research tools, The University of Guilan (2013)
• The moral considerations in scientific research, The University of Guilan (2013)
• Medical Doctor and the Law, Guilan University of Medical Sciences (2013)
• ICDL, the IT Center of the University of Guilan (2000)

Teaching Experience

• Assistant prof., University of Guilan, faculty of P.E. & sport sciences (2011-present)
• Massage Therapy and Sport Massage, The Special Center of Massage of Guilan (2014-present)
Memberships

- Iranian wrestling federation medical committee
- The educational committee of the health program of Iranian women
- The Massage Committee of Iranian wrestling federation
- IRI Medical Council

Field of interest

- Sport medicine, Massage therapy, Exercise therapy, Sports Massage, Medical control in wrestling

MOSTAFA SAMIR
riddik_mostafa@hotmail.com
Egypt
I was a wrestling player ...... Now I am an assistant professor in Mansoura University
in the sports training department - Greco roman wrestling

LAURA RUIZ SANCHIS
Professional Affiliation: Facultad de Ciencias de la Actividad Física y el Deporte, en la Universidad Católica de Valencia. San Vicente Mártir (UCV). España
Email: laura.ruiz@ucv.es Areas of Interest: Didactics of combat sports/ School combat sport /Combat sport values/ Training sports combat young athletes / Fencing specialty.
Brief biography Fencing athlete, belonging to the national team in sword and foil weapons. Participation in national and international championship. Master's degree in fencing (INEF, Madrid). National sword referee title (RFEE). Technical director of the Valencian Fencing Federation (FECV), and coordinator of fencing sports schools in the city of Valencia (FDM). Teacher of technical training courses level I and II of the Valencian Community. Technical trainer of athletes with national titles in foil.

Publications:
Rafael Tarragó; Xavier Iglesias; Daniel Lapresa; Teresa Anguera; Laura Ruiz-Sanchis; Xabier Arana. Analysis of diachronic relationships in successful and unsuccessful behaviors by world fencing champions using three complementary techniques. Anales de psicología. 33,3, pp. 471 - 485. Región de Murcia (España): 01/10/2017. ISSN 1695-2294.
Rafael Tarragó; Xavier Iglesias; Juan José Michavila; Diego Chaverri; Laura Ruiz-Sanchis; Teresa Anguera. Análisis de patrones en asaltos de espada de alto nivel. Cuadernos de Psicología del Deporte. 15 (1), pp. 151 - 160. Región de Murcia (España): Publicaciones de la Universidad de Murcia, 20/03/2015. ISSN 1578-8423
Laura Ruiz-Sanchis; Julio Martín Ruiz; Ignacio Tamarit Grancha; Cristina Menescardi; Sergio Dos Santos. Introducción de la lucha olímpica en la EF a través de la formación e-learning del profesorado. Sportis. Revista Técnico científica del deporte escolar, la Educación Física y psicomotricidad. 3, 2, pp. 340 - 357. Galicia (España): 20/05/2017. ISSN 2386-8333
Laura Ruiz-Sanchis; Concepción Ros Ros; Anabel Bastida Torróntegui. Esgrima en silla de ruedas, propuesta para su inclusión en el contexto escolar. Agora para la Educación Física y el Deporte. 18 (1), pp. 61 - 76. Castilla y León (España): Sparc Europe, 21/05/2016. ISSN 1989-7200
Sergio Luiz Carlos Dos Santos; Laura Ruiz-Sanchis; Guillem Rodríguez Amiguet; Concepción Ros Ros. Factores que condicionan la presencia de la Lucha Olímpica en programas escolares según profesorado de Educación Física. Revista Brasileña de Educación Física Escolar. 2, (Brasil): CRV, 01/11/2015. ISSN 2446-9467-01
Sergio Luiz Carlos Dos Santos; Laura Ruiz-Sanchis; Miquel Robert. Jogos de Oposição: Nova Metodologia Para o Ensino dos Esportes de Combate na Educação Física Escolar. Revista Brasileña de Educación Física Escolar. 1, (Brasil): CRV, 01/08/2015. ISSN 2446-9467
Laura Ruiz-Sanchis; Concepción Ros Ros; Anabel Bastida Torróntegui. Tratamiento metodológico de la esgrima en las aulas de EF. EMASF. Revista digital de EF. 6, pp. 141 - 151. (España): 27/07/2015. ISSN 1989-8304
Guillem Rodríguez-Amiguet; Laura Ruiz-Sanchis; Ignacio Tamarit. Causes of no selection the Olympic boxing by the professorate in the secondary classes. Sportis. Revista Técnico científica del deporte escolar, la Educación Física y psicomotricidad. 1, 2, pp. 129 - 140. Galicia (España): 01/05/2015. ISSN 2386-8333
Sergio Luiz Carlos dos Santos; Laura Ruiz Sanchis. Fortalecimiento de la musculatura inspiratoria en luchadores, por medio del incentivador respiratorio. Fortalecimiento de la musculatura inspiratoria en luchadores, por medio del incentivador respiratorio. 31(5), pp. 308 - 308. (España): Archivos de Medicina del Deporte, 03/02/2015. ISSN 0212-8799
Sergio Dos Santos; Roberta Oliveira Souza; Laura Ruiz Sanchis; Sergio Roberto de Oliveira; Maiko Langa de Araujo. Juegos de oposición: nuevas metodologías para la enseñanza de deportes de combate. E-balonmano.com: Revista de Ciencias del Deporte. 7, Comunidad Valenciana (España): 01/03/2011. ISSN 1885 – 7019
Laura Ruiz-Sanchis; Julio Martín Ruiz; Ignacio Tamarit Grancha; Vera Bahiense; Concepción Ros Ros; Sergio Luiz Carlos Dos Santos. Formación E- Learning para docentes en deportes de combate olímpico: el Boxeo olímpico como experiencia en dos municipios del estado de Cae (brasil). Revista Brasileña de Educación Física Escolar. 3, pp. 69 - 81. (Brasil): CRV, 01/07/2016. ISSN 2446-9467

Hartmut SANDNER sandner@iat.uni-leipzig.de hartmutsandner@yahoo.de
Directs the database of training scientific resources SPONET run by the Department Information Communication Sport at the Institute for Applied Training Science (IAT) in Leipzig.

William A SANDS, PhD, FACSM, NREMT, WEMT, CSCS
Professor-Center of Excellence in Sport Science and Coach Education
Department of Exercise and Sport Sciences
East Tennessee State University
PASI SARKKINEN  M.Sc.
Member UWW Coaching Commission
Head of the Motor Behaviour Research Unit
Email and Contact Information:  pasi.sarkkinen@olympiakomitea.fi
Country: Finland
Lajirhmävastaava – High Performance Coordinator
Huippu-urheiluyksikkö - High Performance Unit
SUOMEN OLYMPIAKOMITEA
FINNISH OLYMPIC COMMITTEE
Radiokatu 20, FI-00240 Helsinki - FIN
Tel +358 50 360 0036
Fax +358 9 3481 2310

Current area of interest:
I was Head Coach of the Finnish Wrestling Federation 2001-2004. I am not professional coach anymore, but I’m member of the coaching committee of National Wrestling Federation and National Olympic Committee. I’ve done my studies for exercise physiology, but now the biggest interest is how we can get better coaches and better success here in Finland. Also I’d like to learn more about technical –tactical- psychological skills.

ALIOUNE SARR MD
aliounesarr@orange.sn
- Specialized in General Surgery, Gynecology and Obstetrics
- Diploma in Sports Medicine in 1975 after a training in Roma Central Sports Institute with a grant awarded by the Olympic Solidarity
- General Manager and owner of the Pasteur Clinic since May 2002
- National Teams Doctor from 1976 to 1981
- Vice President of a wrestling Club from 1981 to 1994
- President of the Senegal National Wrestling Board since March 1994

Seckin SARUHAN
seckinsaruhan@mynet.com
Turkey Wrestling Federation Vice President
He was born in Istanbul at 29.12.1969 and also he completed his primary, high school and college education in Istanbul too.
He’s married to SARUHAN Pelin. He has two sons, their names are Hamza (17) and Şeref (8 years old).
In 1990 he graduated from MARMARA UNIVERSITY, Department of Physical Education and Sports.


In 2005, Azerbaijan / Baku Military Schools sports consultancy,
In the period 2005–2007 İşıklar Military High School/ Bursa physical education teacher,
Between 2007–2009 at Turkish Military Academy/Ankara a faculty member and Land Forces Sport Club as a Senior Facility.
Since 2009 is still the Land Forces Sport Club Branches of Sport Section Commander and continue doing this as a wrestling coach.

In addition to this;
From 1991 to the present Land Forces Sport Club Wrestling Team and the National Wrestling Teams Technical Director at TSK am continueing his quest. Also, between the years 1996–2011 Greco-Roman Wrestling Young and the A-National Team Technical Director and served as a trainer.
CISM within the total of 28, and 116 civilians international championship and event, as an athlete and worked as an officer.

In addition, other achievements and awards:
1. Between the years 1989–1994 Turkish Natioanal, Turkish Land Forces and Turkish Armed Forces championships at 74 and 82 Kg.
3. 5 times World Champion, 3 times a second of the World, 2 times the third in the CISM World Wrestling National Teams, Technical Director at Turkish Armed Forces.
4. Two times, he went to Olympic Games as a coach. (2004 Athens and 2008 Beijing)
5. In accordance with Law No. 5774; Turkish Armed Forces at, ”Sportsman of the State” has deserved the title of the first and currently the only staff.
8. 30 August 2008, the track record of success and because of the early promotion to the rank of Colonel.
9. Since February 2012, he is President of CISM Wrestling Comitee
10. Since October 2012, he is Vice President of Turkish Wrestling Federation (President: Mr. Hamza YERLIKAYA)

**KHASHAYAR SARRAFI**
ADDRESS; P.O.BOX 3661
CHICAGO, IL 60654-3661
USA.
TEL; 312-636-8063
EMAIL: koshti.pahlevani@gmail.com
COUNTRY; USA
CITY; CHICAGO
Title; 1-USA Pahlevani Wrestling Federation; President.
2-Scientific Wrestling Institute; Owner-Executive Director.
3- Director of psychology of Movement in Pahlevani Wrestling program at Shanghai University Sports Research Center.
4- University of Chicago-Wrestling team; wrestling strength and conditioning advisor coach.

Shanghai University of Sport, Shanghai University Sport Research Center. Organization; IZSF-International Pahlevani Wrestling Federation- scientific and cultural committee, USA Pahlevani Wrestling Federation, Scientific Wrestling Institute (Hong Kong, Singapore)

Current Areas of Interests; - Koshti-E-Pahlevani (Ancient Persian traditional wrestling Style).
- Wrestling Strength and Conditioning.
- University Wrestling Studies Development.

Completed Wrestling Research;
- Psychology of Movement in Pahlevani Wrestling (KOSHTI-E-PAHLEVANI).
- University Traditional Wrestling Studies Project (Shanghai, Singapore, Hong Kong).
- University Strength and Conditioning Development (Shanghai,

Mitsuru SATOH, PhD
Director of Coaching Department for Japan Wrestling Federation.
Head coach of Wrestling National Team.
1988 Olympic Games-Wrestling Free Style 52kg Gold Medalist
Professor of Senshu-UNIV (Japan).
Email: mitsuru@isc.senshu-u.ac.jp

SAUVAIRE, DIDIER
Member UWW Scientific Commission
Doctorat d'état es Sciences Pharmaceutiques, Pharmacien, chef de Pôle pharmacotoxicologie et contrôle microbiologique des medicaments et produits de sante à la Direction des Contrôles ANSM, ancien Professeur associe des universites de Montpellier
Email: didier.sauvaire@ansm.sante.fr
Institution/Organization: Federation Francaise de Lutte.
professionnel Agence National de Securite du Medicament ANSM
Mailing Address: 10 chemin des tamaris, Balaruc les Bains
Country: France
Current Areas of Interest: pharmacotoxicologie, dopage et medicament
RAMAZAN SAVRANBASI, PhD  
Email: savranbasi@yahoo.com  
Institution / Organization: Professor in Department of Kinesiology and Training Sciences, Celal Bayar University, Manisa  
Country: Turkey  
Editorial Board-International Journal of Wrestling Science  
Current area of interest: Training Models, Wrestling Promotion  

DON SAYENGA  
E-MAIL: Dsayenga@gmail.com  
INSTITUTION: Independent researcher  
POSTAL: 3086 W. Country Fair Drive, Tucson AZ 85742 USA  
CURRENT INTEREST: history of wrestling  
COMPLETED RESEARCH: history of collegiate style wrestling in the USA I became interested in wrestling history in 1960 when I joined with a group of other men in developing a database for presentation to the Florida High School Activities Assn. in an effort (successful) to have NCAA-style wrestling listed as an endorsed sport in Florida high schools. I submitted the results of my initial research to Amateur Wrestling News (Oklahoma City OK). They agreed to publish my short essays about wrestling history. This brought me into contact with Roger Coulon, President of FILA, who encouraged me to expand my area of interest into the history of Olympic wrestling. As a result I became interested in ethnocultural wrestling all over the world - as a hobby. This research always was done in my spare time. I have been relatively inactive since 1995 due the time demanded by my primary business management & engineering consultation employment.

DONALD SCHNEIDER  
Associate Professor or Dr  
Email: d.schneider@griffith.edu.au  
Semi-retired  
Mailing Address  
104 Sheridan Lane, Martinez, CA  
Country  
USA  
Current Areas of Interest:  
Physiological response to high intensity exercise above the anaerobic threshold  
Completed Wrestling Research:  
I am a Dr (PhD) of Exercise Physiology. I have not conducted research in the physiological responses or the physical or physiological adaptations to wrestling training. However, I was a college wrestler in the USA and I continue to follow wrestling and could possibly be interested in wrestling research in the future.

Corey SCHULD  
cschuld@orangeusd.org
SCIRANKA, Jakub
Email: scirolutte@gmail.com, jakub.sciranka@uniba.sk

I am second year PhD. Student at Comenius University in Bratislava, Slovakia. Field of my study is sport humanities with specialization in wrestling. I have graduated at Comenius University in 2016 in field: Teacher of Physical Education and Coach of Wrestling. Beside school I am a coach in young wrestling club which is registered since 2016. The club is called „Wrestling Club Slovakia“ located in capital of Slovakia in Bratislava (you can check our Facebook page https://www.facebook.com/wrestlingclubsslovakia/, or official website https://wrestlingclub.sk/).

As a wrestler I was member of national team from cadet to senior categories in Freestyle wrestling. I participated at Cadet European Championships in 2010 (10th place), Junior European and World Championships in 2013 and U23 European Championships in 2015. I also competed at various international competitions in FILA (UWW) calendar. In 2014 I won bronze medal at GP of Germany, and 5th at Ziolkowski Memorial in same year. With many national titles from kids categories to juniors.

Most of my published articles are in Slovak language. Either about physical education or about wrestling. Wrestling publication were mostly analysis of top-level wrestling competitions. Currently I work on time-motion analysis of 2018 World Championships in Freestyle wrestling, with hope to publish it in journal in Scopus or WebOfScience database. My researchgate profile: https://www.researchgate.net/profile/Jakub_Sciranka?ev=hdr_xprf&_sg=9-RjAkqR3KntPOOp429DOrZljJFTkEK5v_OWBZ_wJ-6O9ug7BCZ5BjrMpqbJIL6v9ZcG0Lggk2c5IfFkub2MSiy

My goal is to raise an interest of wrestling science in Slovakia. In my free-time I manage Facebook page about Slovak Wrestling, which has more than 2000 likes (more than official site of Slovak Wrestling Federation).

JAMES R. SCOTT
Associate Professor of Movement Science
Email and Contact Information: scottj@gvsu.edu
MAK B 2-200
Allendale, Michigan 49401
616-331-3228
Grand Valley State University
Country: USA
Current area of interest: Efficacy of Weight Monitoring Programs Utilizing the ACSM Guidelines
Weight Monitoring Program for Michigan High School Athletic Program
Weight Monitoring Program for the National Collegiate Athletic Association
Consultation with the National Wrestling Coaches Association on Weight Monitoring Program Implementation and Coaching Education Initiative.
Completed wrestling research:
Articles in Medicine and Science in Sport and Exercise, International Journal of Sport Nutrition, and NCAA News: *the impact of rapid weight loss, and rapid weight re-gain and its relationship to effective performance. *the effectiveness of weight monitoring programs in high school and collegiate wrestling programs.

KULDEEP SINGH SEHRAWAT
kuldeepwrestlingcoach@gmail.com
ADDRESS: House No-419, Vill & post office KAIR,
NAJAFGARH NEW DELHI-110043

PROFESSION: Wrestling Coach

WORK EXPERIENCE: As coach active from 2005

EDUCATION:
(a) Graduation (economics) From Delhi University.
(b) Physical Training Instructor
(c) One Year Diploma in Wrestling (from NS NIS PATIALA)

ACHIEVEMENT AS PLAYER
(a) Commonwealth Bronze in 2005
(b) Gold & Bronze in International tournaments
(c) National Champion Six times
(d) participates in Sydney Olympic qualifying tournaments, Dave Schultz 2005, Takhti Grand prix 1998 & 2002
(IRAN, Asian championship 2000.

ACHIEVEMENT AS COACH
(a) coach of senior team GR (IND) since march 2011 till continue.
(b) participate as coach in all London Olympic qualifying tournaments
(c) participate as coach in 2012 Dave Schultz memorial wrestling tournament at Colorado Springs and team won a Gold & a Silver.
(d) Head coach of Jr team GR (IND) 2009 & 2010 (jr Asia team won 1 Gold & 4 Bronze)

BABAK SHADGAN
MD, MSc. Sports Med.,PhDc.
Email: shadgan@alumni.ubc.ca
Institution: University of British Columbia Muscle Biophysics Laboratory
VGH Research Pavilion, 611-828 W.10th Ave.
Vancouver, BC V5Z 1L8 Canada
Web: www.muscle.rehab.ubc.ca
Phone: 604-875-4111 # 66055
Cell: 778-317-7618 Fax: 604-875-4851

President of UWW Medical Commission
Mailing Address: 2781 Melfa Road, Vancouver, BC, V6T 1N3
Country: Iranian / Canadian

Current Areas of Interest: Sports Medicine, Wrestling injuries

PROFESSOR DR. YURI SHAKHMURADOV
Email: dagsport@iwt.ru

Yury Shakhmuradov, World Champion, USSR Merited Master of Sports, senior coach of the USSR freestyle wrestling team. Professor, Doctor of Pedagogic Science, Makhachkala, Dagestan.

Shakhmuradov is an author of 50 scientific works, including *Basics of a Long-Term Work, Techniques of World’s Prominent Sportsmen,* published in 10,000 copies in Italy. The educational and methodical film entitled “Learn to Wrestle” has recently been released.

Dr. AHMAD SHAMSEDIN
Iraq
Email: wrestlingalrifden@yahoo.com
PhD in Physical Education and Sports Science / Wrestling
Professor at Muthanna University College of Physical Education
Secretary of the Iraqi Central Wrestling Federation  
Chairman of the Iraqi Wrestling Federation Training Committee  
Coach of the Iraqi national team for wrestling 2003 - 2014  
Lecturer in the Arab Wrestling Federation  

009647800436558  
Mobile: 009647800436558  
Work Phone: 009647806779317  

SHARIFOV HIJRAN IBRAHIM  
Doctor of Philosophy (Ph. D) in Pedagogy  
Email: hicran_sharifov@mail.ru  
Institution/Organization: Azerbaijan State Oil and Industry University, Police Academy (2001-2005)  
Country: Azerbaijan  
Current Areas of Interest: Wrestling, Exercise Physiology  
He was awarded by FILA Golden Whistle Award Winner in 2012.  

ALEXEY SHEVTSOV  
Title: Candidate of Pedagogical Sciences, docent  
Email: wrestler9999@gmail.com  
Institution/Organization: Russian State University of Physical Culture, Sport and Tourism (GTSOLIFK), Theory and techniques of martial arts.  
Mailing Address: 105077 Moscow, Sireneviy bulvar 4  
Country: Russia  
Current Areas of Interest: testing of elite wrestlers, wrestling pedagogy  

Published materials in Russia:  

<table>
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<th>№</th>
<th>Наименование работы, ее вид</th>
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<td>3.</td>
<td>Регулирование веса тела юными борцами.</td>
<td>Детский тренер. – 2007. - №1 – С. 100-112.</td>
<td>Дементьев В.Л.</td>
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<td>8.</td>
<td>Базовые профессиональные знания и умения в сфере регулирования веса борца.</td>
<td>Теория и практика физической культуры.– 2010. - №2 – С. 70-73.</td>
<td>Дементьев В.Л.</td>
<td></td>
</tr>
</tbody>
</table>
Методические рекомендации по проведению методических и семинарских занятий со студентами кафедры теории и методики спортивных единоборств


Игуменов В.М., Свищев И.Д., Дмитриева О.В.

Методические рекомендации для выполнения выпускных и квалификационных работ студентами кафедры теории и методики спортивных единоборств РГУФКСиТ.


Игуменов В.М., Свищев И.Д., Дмитриева О.В.

SESHITO SHIMIZU

Title: assistant professor
Email: seshito@gmail.com
Institution/Organization: Nippon Sports Science University
Mailing Address: 158-8508 7-1-1Fukasawa Setagayaku Tokyo Japan
Country: Japan
Current Areas of Interest: Sports Management, Sports Biomechanics

Completed Wrestling Research:

1. A Comparison of Employment Situations of University Athletic Clubs Based on Differences in Instruction and Management: A Case Study of Wrestlers
2. A study about career support of for university top athlete: in the case of wrestlers
3. The relationship between career development and life skills acquisition in top student athletes
4. The relationship between life skills acquisition and athletic performance in university male wrestlers
5. Characteristics of Time and Movement on Takedown Female World Champion Wrestlers
6. Influence of summer training camp on life skills acquisition of university wrestlers

VICTOR SHIYAN, PhD
Country: Russia
Email: shiyanvv@mail.ru
Affiliation: Professor at Russian State University of Physical Education, Sport, Youth and Tourism (Moscow)
Director of the Sport Research Institute
CHRISTOS SIDIROPOULOS
Title: SCHOOL TEACHER IN PHYSICAL EDUCATION
Country HELLAS (GREECE)
Institution: HIGH SCHOOL ACHARNON ATHENS
Areas of Interest: TRAINING
Email: appolon_ios@yahoo.gr

Pedro SILVA
UWW Bureau Member
National Technical Director, Portugal
Email: silva@fila-wrestling.com

ESHON SIRODJEV
Tajikistan
esirodjev@yandex.ru

ROB SKINNER Senior Sports Dietitian United States Olympic Committee
MS, RD, CSSD, CSCS
Rob.Skinner@usoc.org
He brings 18 years of experience working as a dietitian and exercise physiologist with athletes at all levels.
Rob Skinner comes to the USOC most recently from a stint in the NFL at the Washington Redskins where his primary responsibilities were advising players about eating for performance, investigating new performance technologies, educating players on issues regarding dietary supplements and working with the Redskins’ Executive Chef to provide healthy meal options.
Prior to joining the Redskins, Skinner spent three years in Virginia Beach, where he worked as the performance dietitian/exercise physiologist for Naval Special Warfare, working with U.S. Navy SEALs. Prior to working at Naval Special Warfare, Skinner was the Director of Sports Nutrition for the athletic
department at the University of Virginia for three seasons and spent 10 years working with student-athletes in a similar capacity at Georgia Tech. He also served as a nutrition consultant for the NFL Atlanta Falcons in the spring of 2007.

Skinner is a registered dietitian with the Academy of Nutrition and Dietetics (AND), as well as a member of The Sports and Cardiovascular Nutritionists (SCAN), and a board member for the Collegiate and Professional Sports Dietitians Association (CPSDA). Skinner also holds certifications with the AND as a Certified Specialist in Sports Dietetics (CSSD), the National Strength and Conditioning Association (NSCA) as a Certified Strength and Conditioning Specialist (CSCS) and the American College of Sports Medicine as a Health and Fitness Specialist (HFS).


Skinner graduated with a bachelor’s degree in education from the University of Georgia as well as a bachelor’s degree in nutrition from Georgia State University. He also has a master’s degree in exercise science from the Georgia State University.

KRIStijan Slačanac
Email: kristijan.slacanac@gmail.com
Institution/Affiliation: Professor PhD on faculty of Kinesiology in Zagreb, Croatia
Club: Hrvatski klub "Hrvatski dragovoljac" - Brezovica

Areas of Interest: Cadet Wrestlers, training and conditioning

Valerijs Solncevs
Riga, Latvia
valerasolncev58@gmail.com
Scientific Representative
+37129683768
Education:
Latvian State University; Juristic Faculty (master degree)
1974-1978 Institute of Physical Culture, Pedagogy Faculty (master degree)
Work experience:
2000- Coach in P. Budovska wrestling club, K. Kundziņa wrestling sport school, Children and Youth sport school.
1992-1994 Secretary – General of Latvian Wrestling federation
1980-1983 Head of the board of the Riga city committee of Physical culture and sports.
1975-1980 Coach and lecturer in 6th Children and Youth sports school.
2012- Head of the Panel of referees of Latvian Wrestling federation
AYDOGAN SOYGUDEN
Country: Turkey
Title: Lecturer, PhD
Current areas of Interest: Wrestler personal traits, wrestling camp management
Wrestling Championships Organization
E-mail: aydogan38@hotmail.com
Mailing address: Hitit University
Beden Egitimi ve Spor Yuksekokulu
Corum / TURKEY
Lived in the USA about 12 years and I was asst.coach for Ohio State University under Head Coach Tom Ryan. I worked with Tom Ryan about 8 years at the Hofstra University Long Island Ny. Also I studied my MBA (General Management) at the Dowling College NY End of 2010 I moved to Turkey for good, and I became lecturer and head coach Physical Education Department at Corum Turkey.

<table>
<thead>
<tr>
<th>Degree</th>
<th>Section &amp; Program</th>
<th>University</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under Graduate</td>
<td>School of Physical Education and Sports</td>
<td>Erciyes University Kayseri-TURKEY</td>
<td>1998</td>
</tr>
<tr>
<td>Master</td>
<td>Townsend Business School, MBA</td>
<td>Dowling College Long Island-New York U.S.A</td>
<td>2005</td>
</tr>
<tr>
<td>Doktorate/Specialization in Sports Management</td>
<td>Institute of Health Sciences &amp; Physical Education and Sports</td>
<td>Ondokuz Mayis University Samsun-TURKEY</td>
<td>2011-</td>
</tr>
</tbody>
</table>

The Presentation of an International Scientific Meetings and Published in the Proceedings:

Dr. MW SPANAKOS
Email: DrMWSpanakos@verizon.net
Adjunct kinesiology various universities.
Mailing Address: POB 220184 Great Neck, New York 11022
Country: USA
Current Areas of Interest:
- Rapid weight loss, Strength and conditioning, Diet and nutrition, Periodization for strength and conditioning, Periodization for weight loss
- Specializing in chiropractic orthopedics, sports medicine, and athletic rehabilitation, utilizing musculoskeletal diagnostic ultrasonography, electrical diagnostics, and manipulation under anesthesia.

Positions held include:
- Director Individual Sports, Team USA Elliniada Games, Thessaloniki Greece. Beat the Street after school wrestling program founding member. Awarded the Beat the Streets Man of the Year for 2005.
- New York State Director, National Strength and Conditioning Association.
- Sports Science & Sports Medicine Director, Metropolitan Athletic Congress NYC, NY.
- New York Department of Sanitation Football team Doctor/trainer.
- New York State Chiropractic Association Clinical Practice Committee Chairman for Sports Injury and Physical Fitness.
- Strength and Conditioning Coach NCAA Division II
- Athletic Training NCAA II
Certifications held include:
American College of Sports Medicine: Team Physician
American Orthopedic Society Sports Medicine: Advance Team Physician
Federation International Medicine in Sports: Team Physician
Hypnotherapy New York Society of Clinical Hypnosis: Hypnotherapist
National Strength & Conditioning Association: Certified Strength & Conditioning Specialist
U.S. Amateur Boxing Elite Coaches Regional level certificate
U.S.A. Track & Field: Level One Coach certificate
U.S.A. Weightlifting: Club Coach certificate
U.S.A. Wrestling Bronze Level Coach certificate
U.S.A. Wrestling Silver Level Coach certificate pending

Address
10/15, Vojvode Šupljikca Street, 21000, Novi Sad, Serbia
Telephone (Mobile) +381637888123
E-mail stajervaldemar@yahoo.com
Date of birth 13.01.1986.
Country Serbia

Education
- PhD student at the Faculty of Sport and Physical Education, University of Novi Sad, Serbia, 2012.
- Master degree in Sport and Physical Education-curriculum sport programme M.Sc. in 2012.
- Graduate teacher of physical education in 2010.
- Graduated wrestling coach in 2010.
- Medical technician in 2005.

Name and type of organisation providing education
- Faculty of Sport and Physical Education, University of Novi Sad, Serbia
- High School for medical physiotherapy/technician-Zrenjanin, Serbia

Work experience
- Assistant associate at Faculty of Sport and Physical Education - University of Novi Sad, Serbia
  - Department of gymnastics
  - Departmant of martial arts/wrestling
  - Scientific Research Center
- Coach in the wrestling club “Novi Sad”, Novi Sad of younger age categoris (pioneers, cadests and juniors)
- Personal trainer working with athletes (handball, volleyball players, MMA fighters) and recreationists

Current Areas of Interest in wrestling:
- Wrestling diagnostics, conditioning and training methodology for the younger age groups


AMANDA STANEC
amanda.stanec@gmail.com
Dr. Amanda Stanec attained her PhD from the University of Virginia. Further achievements include the publication of more than twenty articles as well as co-authoring several book chapters related to physical education, sport, and health. Dr. Stanec has served on the Board of Directors for Physical and Health Education (PHE) Canada, has presented at the National Wrestling Coaches Association Annual Convention, co-presented research at the Super 8 event in Lausanne, Switzerland, served on a panel to discuss females and wrestling at the 2015 NCAA D1 Wrestling Championships, and is a 2015 recipient of the Dan Gable's America Needs Wrestling award for her work on the promotion of the sport due to its inclusive nature and potential to support upward mobility. Dr. Stanec is the founder and owner of Move Live Learn which strives offset social injustices in education, sport, and health.Attended St Francis Xavier University. Lives in St Louis, MO, United States

SLAVI TODOROV STANEV
Email and Contact Information: STANEV0021@gmail.com
Institution / Organization: Associated Professor, PhD and Wrestling coach in NSA -Sofia Temenuga, Veliko Tarnovo
Country: Bulgaria
Current area of interest: technique analysis
Sport career:
National junior champion and medalist of Men National championships of free-style wrestling. Medalist of tournament "Siero Pelado"- Cuban, medalist of tournament in Rumania and others countrys. At the age 21 an elbow fracture has stopped his carrier.
Scientific career:
1979 – becomes an Assistant of free-style wrestling in Wrestling and Judo Departament at NSA, Sofia.
1984 – 1988 - Head of the Scientific research application laboratory of the National wrestling team – free style, greco-roman and judo.
1986 - Defense of his PhD study on the Upgrading in methodology of preparation of junior wrestlers and working out Biomechanical and mathematical models of the management of the preparation of wrestlers. Mr. Stanev received the PhD degree in pedagogical sciences. Later he became an Associate Professor at the NSA, Sofia.

**Publications:** 60 articles on the theory and practice of the wrestling in Bulgaria, Germany, Romania and others. He published 6 books in free style wrestling and a manual for scientific support of the preparation of the national youth, adolescent and men teams in the free style wrestling and judo.

**Languages:** Fluent in English, Spanish, German and Russian.

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Prof. Dr. hab., Dr. h. c. WŁODZIMIERZ STAROSTA – President of IASK. Born in Poznan (Poland) Winner of 2018 Rayko Petrov Award

**Education:** University School of Physical Education in Poznan (Poland) 1951-1952; Institute of Physical Culture in Leningrad (Soviet Union) 1952-1956; Aspirant Studies in Institute of Physical Culture in Leningrad (Soviet Union) 1958-1962; Institute of Physical Culture in Leningrad (Soviet Union) Ph. D. -1963; University School of Physical Education in Warsaw (Poland) habilitation (second doctor degree) - 1977; **Academic career:** assistant 1956-1963; adjunct 1963-1975; associate professor 1975-1990, dean of faculty; full professor 1990-2011 in: Research Institute of Sport in Warsaw 1979-2002; University School of Physical Education in Poznan (Gorzow) 1989-2009, head of 6 Departments; University School of Physical Education and Tourism in Bialystok 2004-2011.

**Visiting Professor:** University School of Physical Education in Moscow (Soviet Union, 1958); University in Dortmund (Germany, 1991), University in Saarbrucken (Germany, 1996, 1999), University in Greifswald (Germany, 1993, 2001, 2002); University in Zagreb (Croatia, 2000, 2004); University in Ljubljana (Slovenia, 1998); University in Izmir (Turkey, 1996); University in Prešov (Slovakia, 1993-2003), University in Magdeburg (Germany, 2003); University in Tartu (Estonia, 2000-2001), University in Bologna (Italy, 2000); University in Belgrade (Serbia and Monte Negro, 2002); University in Urbino (Italy, 2004); University in Alberta (Canada, 2005), a Italian Olympic Committee – Scuola dello Sport, Roma (1986-1989).

**Membership of professional bodies:** International Society of Sport Genetic and Somatology (general secretary) 1983-1990; International Association of Sport Kinetics-IASK (president) 1990-2011; European College of Sport Science (member), ICSSPE (member from 1996), member of Executive Board (2004-2008) and Regional Coordinator for Easter Europe (2005-2008); International Ringo Federation (president 2004-2012).

**Doctor honoris causa** of Open International University for Complementary Medicines in Colombo (1996);

**honorary member of:** International Academy of Integrative Anthropology (Russia), Academy of Science of Technological Cybernetics (Ukraine), International Academy of Gerontology (Russia), Politechnical Academy (Belarus). Meritorious professor in Faculty of Kinesiology University of Zagreb (2009). Honor member of Society of Idokan Poland (2007).

**Editorial Committee - board member:** Journal of “Human Kinetics” (Poland); Biology of Sport’ (Poland); “Anthropomotorics” (Poland); „Acta Kinesiologieae Universitatis Tartuensis” (Estonia); „Kinesiology” (Croatia); “Kinesiologia Slovenica” (Slovenia); „Studies in Physical Culture and Tourism” (Poland); “Sport Medicine” (Poland); “Acta Facultatis Educationis Physicae Universitatis Comenianae” (Slovakia); “Sport and Tourism” (Poland); “Ido movement for Culture” (Poland); “Acta Kinesiologica” (Croatia); “Ovidius University Annals” (Romania); Podlaska Physical Culture” (Poland); “Physical Culture” (Serbia); “Physical Culture” (Serbia); “International of Sport Science and Fitness” (India); “Journal of Combat Sports and Martial Arts” (Poland).”

**Publications:** in total more than 600 different research publications in 27 countries of the world including 46 monographs - published in 5 languages.
**Personal achievements in sport:** was sportsman in **20 sport disciplines**, in 12 sport arts was classified. The greatest achievements in **ice figure skating** (USSR Students Championship - 3 place in pair skating), **wrestling** (vice-champion of Leningrad) and ringo (19 medals on International Polish, European and World Championships). **First-class coach** in ice figure skating – **practicing 20 years**, also as coach of national team of Finland, Poland and Sweden. His pupils successfully took part in Finland, Poland, Sweden, European and World Championships. In ringo his pupils won **38 medals on International Polish Championship, European and World Championships**.

Vladimir STATSKYKH  
Email: vshatskykh@gmail.com  
Ukraine  
World Greco Roman Champion  
PhD

**TERRY STEINER**  
[Email: tsteiner@usawrestling.org](mailto:tsteiner@usawrestling.org)  
Steiner was named USA Wrestling’s full-time National Women’s Coach in April 2002, the first in USA Wrestling history. He won a gold medal at the 1996 Pan American Championships.  
He was a 1993 NCAA Div. I champion for Univ. of Iowa, coached by the legendary Dan Gable.  
UWW Instructor

**Vasilios STOUKAS, MD-std**  
**Title:** Medical Student & Athlete (freestyle wrestling)  
e-mail: stoukasb@yahoo.com  
**Institution:** Medical School, University of Patras  
**Mailing Adress:** Telamonos 25, Anthoupoli, Peristeri, Athens P.C. 121 35  
**Country:** Greece  
**Languages:** Greek (mother tongue), English (proficient), French (proficient)  
**Current Areas of Interest:** Emergency Medicine, Sports Medicine, Clinical & Forensic Toxicology (anti-doping control)
Wrestling Research: Wrestling Injuries and Fatalities

Memberships & Affiliations: Member of the World Medical Association (WMA), Member of the Harvard Club of Greece, Student Affiliate of the American Academy of Forensic Sciences (AAFS), Student Member of The International Association of Forensic Toxicologists (TIAFT), Member of the Hellenic Society for the Study of Aggression, Affiliation with the Department of Emergency Medicine (ER) of the Metropolitan Hospital

Publications:

STEFAN STRUGAROV MD
Email: strugi@mail.bg
Team Doctor for Bulgaria
UWW Medical Commission

FILIP STUER
Royal Belgian Wrestling Federation
Secretary-General
kbwb.lrbl@skynet.be
www.olympicwrestling.be

NAVEEN SINGH SUHAG
Email: nav.online@gmail.com
Institution/Organization: M.D. University, Rohtak. India
Mailing Address
H.no. 300/22 Durga colony, Rohtak. Haryana
Country: India
Current Areas of Interest: Olympic Freestyle wrestling
Completed Wrestling Research: At the moment pursuing Doctorate degree research on the following topic "Trends of Wrestling in Russia and India: A comparative study" in one of the best "A" rated University in India.
Myself international level freestyle wrestler who have trained 2 years in Russia with Russian national team.

SVENSSON, Leif Thomas
Birth date: 1963-07-31
Address: Bortre Maden, pl. 1210
se-448 91 FLODA, Sweden
Education:
Pre-university: 3 years of life sciences, Nolaskolan, Örsköldsvik.
Exame 1982
B.Sc., Stockholm University, 1988
Licentiate of philosophy, Stockholm University, 1992
Doctor of philosophy (PhD), Stockholms University, 1995.

Present positions:
- Facility Manager, WABI Coordinator, Bioinformatics Platform, Science for Life Laboratory Stockholm, KI/KTH/SU, Jan 2013-
- Head of Bioinformatics, Mutation Analysis Facility, Novum, Huddinge, Jan 2013-

Previous positions:
- Facility Manager Genome Bioinformatics, Genomics Platform, Science for Life Laboratory Stockholm, KI/KTH/SU, Jan 2010- 2012
- Group Leader (avdelingschef), Department of Biosciences and Nutrition, Karolinska instituetet, June 2010- 2012
- Head of Bioinformatics Unit, Department of Biosciences and Nutrition, Karolinska institutetet, May 2009-2012
- Associate Director, Discovery Research, Biovitrum AB, Jan. 2006-july 2007
- Director of Bioinformatics, Arexis AB, April 2001-jan. 2006
- Associate Director, Bioinformatics Section, Astrazeneca R&D Mölndal, June 2000-april 2001
- Assistant professor, Umeå University, Sept. 1996-dec. 1997
- Post doc. Shinshu University, Japan Sept. 1995-aug 1996
- Research assistant 100% SU july 1994-aug. 1995
- Position as doctoral student 100% SU july 1992-june 1994
- Founder and owner of an bioinformatics consultancy company, DynaNet AB, 1989-1992
- Teaching assistant 25% SU july 1990-june 1992
- Teaching assistant 40% SU july 1988-july 1990
- Teaching assistant 100% SU may-june 1988
- Military service, Kustjägarskolan, KA1, Nov. 1982-nov. 1983

Appointments:
- Faculty board, representing the students, 1988-1990.
- Board member, National research school in Medical Bioinformatics, Karolinska Institutet, 2004-2007
- Management committee member (MC) of COST Action BM1006 (www.cost.eu), 2011—

Teaching:
- Teaching assistant on basic level (20%) 1988-92
- Responsible for the advanced course in zoofysiology 1990
- Partly responsible -“- 1991
- Lectures on the advanced course in zoofysiology 1992
- Lectures in Biochemistry for Medical students 1996-1997
- Lectures in Bioinformatics 1998-
- Lectures in systems biology, 2002-

Guest research:
- Prof. Kalervo Hiltunen, Dept. of medical biochemistry, Oulu University, Finland. 8 weeks 1991.
- Prof. Kalervo Hiltunen, Dept. of medical biochemistry, Oulu University, Finland. 8 weeks 1993

Supervision:
- Project students (5-10 weeks) > 5 students during 1991-98
- Master students (20 weeks) > 5 students during 1996-2005
- Licentiate thesis (de facto supervisor), Susanna Engberg, Karolinska institutet, 1998
- PhD thesis
  - Co-supervisor, Jingwen Wang, Karolinska institutet, 2011--
  - Postdoctoral students
    - Co-supervisor, Kristin Bauer, Marie Curie Research Training Network (EURORA), 2006-2007

MARIA SYBIL, PhD
Email: sybmarine57@gmail.com
Date and place of birth. September, 10 1957, Ivano-Frankivsk
Graduated: Ivan Franko Lviv State University (1974-1979);
Professor of the Department of Biochemistry and Hygiene (since 1982)

Areas of scientific research: biochemical monitoring of power-speed athletes

Publications:
- Biochemical changes in cluster analysis indicators as a result of special tests of freestyle wrestlers of alactate and lactate types of power supply M. SYBIL, R. PERVACHUK, F. ZAHURA, V. SHANDRYGOS', V. YAREMENKO, I. BODNAR
  Journal of Physical Education and Sport © (JPES), 18(1), Art 31, pp.235 - 238, 2018
- Personalization of freestyle wrestlers’ training process by influencing the anaerobic systems of energy supply MG Sybil, RV Pervachuk, VM Trach Journal of Physical Education and Sport 15 (2), 225 2015
- Directed influence on anaerobic energy supply systems of qualified free style wrestlers MG Sybil, RV Pervachuk, AU Chuyev Pedagogics, psychology, medical-biological problems of physical training and 2015
  Effect of dosed bicycle ergometric load on the energy exchange of skilled free style wrestlers M Sybil, P Pervachuk, Ya. Svyschch 2014
- Directional influence on anaerobic power supply systems of skilled freestyle wrestlers MG Sybil, RV Pervachuk, AU Chuyev Pedagogy, psychology and medical and biological problems of physical education and ... 2 2015
- Changing biochemical parameters of energy exchange in free style fighters for the influence of special control tests at the preparatory stage M Sybil, P Pervachuk, I'm Svisch 2014
- Effectiveness of the program aimed at influencing the individual components of the anaerobic power supply system on the basis of the criteria of special endurance qualified RV Pervachuk, MG Sybil, AU Chuyev PHYSICAL EDUCATION, SPORTS AND CULTURE OF HEALTH IN MODERN SOCIETY, 147-154 1 2015
- Directional impact on anaerobic power supply systems of skilled freestyle wrestlers MG SYBIL, RV PERVACHUK, AY CHOUEV Pedagogy, psychology and medical and biological problems of physical 2015
- Biochemical substantiation and monitoring aimed at the energy supply system of skilled freestyle wrestlers M Sybil, M Galan, P Pervachuk 2015
- Model examples changes of the vector for improvement of anaerobic energy properties of qualified sportsmans M SYBIL, R PERVACHUK, N HERAZIM Modeling and informational technologies in physical education and sport, 68-70 2017
- Permanent correction of individual preparation of qualified free offers with consideration of the current balance between R PERVACHUK, M SYBIL, V SHANDRYGOS YOUTH SPORTS SCIENCE OF UKRAINE 1 (21) 2017

Contribution of various systems of energy supply of the body in the preparation of special ability of free style wrestlers RV Pervachuk, MG Sybil Slobozhansky Scientific and Sport Bulletin, 99-102 2013

Influence of sympatho-adrenal system on the effectiveness of athletes’ muscular work MG Sybil LSU I. Franka 1996

Ali TAHERI, MD
Email: alitaheri_md@hotmail.com
Title - FILA Doctor & Doping control officer
Country – IRAN
Institution - Iran Wrestling Fed
Areas of Interest – sports medicine + antidoping
Published Research – supplements and doping; Most common injuries in wrestling

Ray TAKAHASHI
Email: tak@uwo.ca
Institution/Organization: The University of Western Ontario (Head Wrestling Coach) Intercollegiate
Country: Canada (3 X Olympian)
Athletics, School of Kinesiology, Thames, UWO, London, ON, N6A 3K7
Current Areas of Interest: technique analysis

Professor BORIS I TAKANOV, doctor of pedagogical sciences
Email: k_wrestling@lesgaft.spb.ru
Institution/Organization: Professor and the head of the department The Lesgaft National State University of Physical Education, Sport and Health, St.Petersburg
Country: Russia
Current Areas of Interest: Women’s wrestling
JOHN TARKONG
P.O. Box 10143 Ngerias street Koror 96940
PALAU
e-mail: tarkong@fila-wrestling.com
contact phone
(680) 779 9368
(680) 488 6562
UWW Bureau Member
Oceania President

CELAL TAŞKIRAN, PhD, Honored Referee of FILA
Member UWW Scientific Commission
Email: celal.taskiran@inonu.edu.tr
Institution/Organization: İnönü University, Faculty of Education
Mailing Address: İnönü Üniversitesi, Eğitim Fakültesi, Kampüs/Malatya
Country TURKEY
Current Areas of Interest: Wrestling, motor learning
Completed Wrestling Research:
1. Thesis of Master entitled "Comparison of The Physical and The Physiological Characteristics of Etibank SAS Free Style Wrestling Team and 1983 USA World Cup National Free Style Wrestling Team
2. Thesis of Ph.D. entitled "Investigate the Effect of Different Teaching Methods to Learn Wrestling"

Amir TAVAKOLIAN
Email: amir4151@yahoo.com   Tel: +98 9153064969
• B.A & M.A in Physical education
• Holder of coach licence category “I” in Iran
• Holder of FILA coach licence
Work experience:
• Head of physical education department of Rail way organization (Khorasan Province) since 1994
• Iran Free style National coach for 4 years
• Head coach of Rail way wrestling club in Iran League for 7 years
• Member of Technical committee of Iran wrestling Federation
• Instructor of Iran international wrestling institute
• Head coach of national university team
My records in Free style wrestling:
• World Championship, Bulgaria2001 – Silver Medal
• Asian Championship, Mongolia, 2001 – Gold Medal
• World Cup, USA 1999 - Bronze Medal
• World university championship, Turkey 1998 - Gold Medal
• Asian Games, Thailand 1998 – Gold Medal
• Asian and Ocean championship, Vietnam 1996 - Gold Medal
• Asian Championship, China, 1996 – Bronze Medal
• World Cup, Iran 1996 - Gold Medal
• Asian Championship, Philippine, 1995 – Gold Medal
• Member of Iran national team in 2000 Olympic Games
- Champion of Different international tournaments in Iran, Italy, Greece, and Ukraine.

Hooman (MO) Tavakolian
Email: hooman@tavakpartners.com
Institution/Organization: Tavak Partners
Mailing Address
23 candy lane roslyn heights ny 11577
Country: USA
NYAC Wrestling Director
Current Areas of Interest: NYAC Wrestling - Interest in Wrestling and International Relations, Scientific approach to better enhancing the sport.

EDUARDO PEREZ TELLEZ
lucha@inder.cu
- Profesor de Cultura Física...1972
- Lic. en Cultura Física..........1977
- 14 Cursos de Post grado de diferentes especialidades.
- Diplomado en Ciencias.....1999
- Master en Metodologia del Entrenamiento Deportivo.....2000

Tránsito por Centros de Trabajo:
- Entrenador de Lucha en la Escuela Especial de niños.
- Entrenador de la EIDE de la Prov. C. De la Habana.
- Profesor de Luchas en el Instituto Superior de Cultura Física de Cuba.
- Jefe de Dpto. de Deportes de combates de la Universidad Nacional de Deporte.
- Entrenador del Equipo Nacional de Lucha Libre de Cuba. (75-93)
- Asesor Nacional para los Deportes de Combate de Cuba.
- Presidente de la Federación Nacional de Luchas de Cuba (Actual)

Experiencia profesional:
- Atleta de lucha (1968-1972)
- Arbitro Nacional de Luchas.
- En el Instituto Superior de Cultura Física:
  - Jefe de Cátedra de Lucha
  - Jefe de Dpto. de Deportes de Combate.
  - Tutor de más de 60 Trabajos de Diplomas para optar por el título de Licenciado en Cultura Física.
- Miembro del Consejo Nacional de Capacitación Deportiva. (78-89)
- Jefe Técnico de la Delegación cubana en:
  - Juegos de la Buena Voluntad (E. Unidos 1998)
  - Juegos Centroamericanos (Colombia 2006)
  - Juegos del ALBA (Venezuela 2007)
  - Juegos Panamericanos (Brasil 2007)
- Coordinador General de:
  - XVIII y XIX Torneos Panamericanos de Lucha (GUA./ 2003-2004)
  - Mundial Juvenil (Guatemala/2006).
- Ponente en los Seminarios Técnicos Internacionales del CPLA.
- Guatemala 2003
- Panamá 2006

- Instructor de Cursos Nacionales, Internacionales y de Solidaridad Olímpica en varios países.
- Asesor Metodológico y entrenador del Equipo Nacional de Lucha en Nicaragua (88-90)
- Asesor de la Federación de Lucha de Chile (1993-2000)
- Presidente del Comité Académico de la Especialidad de Post Grado de Luchas.

Otras actividades:

- Ha participado en más de 30 Eventos Científicos nacionales e internacionales.
- Ponente de la 1ra Conferencia Internacional de Alto Rendimiento en Cuba y en los dos Simposio de Dptes. De Combate en Holguín.
- Posee 9 publicaciones.
- Miembro del Colectivo de autores del libro de texto de Lucha para la UCCFD.
- Durante 6 años asesor de redacción y revisión de la Revista Juventud Técnica de Cuba.
- Jefe de la coordinación y revisión de los Programas Nacionales de Preparación del Deportistas de todos los deportes del país.
- Asesor de las Comisiones Técnicas Nacionales de todos los Deportes en Cuba.
- Ha recibido 10 condecoraciones (Ministeriales y Estatales) entre ellas, Mártires de Barbados, Internacionalista, la Estrella de Oro de la Fila (2010)

DAO CHANH THUC
Email: thuchus@gmail.com
Professor, Deparment of Physical Education and Sport Science of An Giang University.
Education: Ho Chi Minh of Sport University, Ph.D. Doctor of Philosophy

Selected Publications:

Dao Chanh Thuc, Vang Cong Danh, (2018). Biochemical changes in analysis indicators are the result of special tests of freestyle wrestlers about alactate and lactate. Journal of Physical Fitness, Medicine & Treatment in Sports. ISSN: 2577-2945, 5(4).


http://innovativejournal.net/index.php/ijmhs/article/view/2536

http://innovativejournal.net/index.php/ijmhs/article/view/2444


GERMAINE TILAGONE
Email: germaine.tilagone@wanadoo.fr
Country: France
Institution: Sporting Club d'Orvault
Member of FILA Committee-Master Degrees and Promotions
Areas of Interest: Child Wrestling

RIP

RON TIRPAK
Position: Performance Analyst, USA Women’s National Freestyle Wrestling Team.
Email: tirpakron@comcast.net
Institution/Organization: USA Wrestling
Mailing Address: 440 Strath Haven Avenue, Swarthmore, PA. 19081-2425
Country: USA
Masters of Arts degrees in both Anthropology and Archaeology; Master of Science Degree in Pedagogy. Gold Level USA Wrestling Coach
Publications: Author of National Wrestling Coaches Association "Guidelines for Men Coaching Female Wrestlers."
Current Areas of Interest: Video Analysis and Presentation; Women’s Freestyle Wrestling

ILHAN Toksoz
Email: toksozilhan22@gmail.com
Full Professor
Address
Trakya University KIRKPINAR Sports Sciences Faculty
Head of Sports Management Department
Balkan Campus 22100/Edirne /TURKEY
Gsm:00905438425622
Phone:00902842360436/127
http://personel-en.trakya.edu.tr/toksoz
email: toksozilhan22@gmail.com
toksoz@trakya.edu.tr
Country: Turkiye
Current Areas of Interest: Historical sports wrestling and sports performance and Oil Wrestling or Wrestling Techniques

Completed Wrestling Research: http://kbesyo.trakya.edu.tr/

Historical Oil Wrestling KIRKPINAR

TOKTYEV, SERIK
dshnk@mail.kz

YUDELIS LEONARDO TORRES-ÁLVAREZ
E-mail: yleonardo.7@gmail.com

Institution / Organization:
Centro Nacional de Ciencias Aplicadas al Deporte del Estado Barinas (CENACADEB).
Instituto Regional de Deportes del Estado Barinas (IRDEB)
Country: Venezuela.
Mailing Address: Av. Adonay Parra Jiménez; Sector Campo Móvil Ciudad Deportiva “Gran Mariscal de Ayacucho”; Postal Code 5201.

Current Areas of Interest: Sports Training Methodology; Physiology of Exercise; Physical Training (Strength and Conditioning); Technical and Tactical Analysis (Performance Analysis).

Organization:
Anthropometrist Level One (ISAK).
Wrestling Coach Level One (UWW).
Active Member of the OICADF—UNELLEZ; Coordinator of the Sports Training Research Line.
Researcher Level 1–A (MPPEUCT).

Research Papers
— Yudelis L. Torres A. y Alfredo A. Pérez C. Impacto de los avances tecnológicos aplicados al análisis de rendimiento deportivo. Revista Electrónica Campus Virtual, Volumen 1, edición XII, año VII. Universidad Fermín Toro, Venezuela. (aceptado y en proceso de publicación).


Events of Scientific Character


TROPIN YURIY
Phd (Physical Education and Sport), Associate Professor; Kharkiv State Academy of Physical Culture, Kharkov, Ukraine.
E-mail: tropin.yuri@gmail.com
http://orcid.org/0000-0002-6691-2470
https://www.researchgate.net/profile/Yuriy_Tropin
sport, wrestling, sports training

Publications:
Psycho-physiological features of sportsmen in impact and throwing martial arts
S Iermakov, L Podrigalo, V Romanenko, Y Tropin, N Boychenko, ...
Journal of Physical Education and Sport 16 (2), 433
2016
Comparative analysis of technical and tactical preparedness Greco-Roman style wrestler at the Olympic Games-2008 and the Olympic Games-2012
YM Tropin
Fiziceskoe vosпитание студентов 4
2013
Features of competitive activity of highly qualified Greco-Roman style wrestler of different manner of conducting a duel
YN Tropin, IN Pashkov
Pedagogics, psychology, medical-biological problems of physical training and ...
2015
Анализ технико-тактической подготовленности высококвалифицированных борцов греко-римского стиля после изменений правил соревнований
ЮН Тропин, НВ Бойченко
Слобожанський науково-спортивний вісник, 117–120-117–120
2014
Analysis of technical tactical training of highly skilled fighters of Greco-Roman wrestling
YM Tropin
Physical education of students, 59-63
2013
Model characteristics of sensory-motor reactions and perceptions of specific wrestlers of different styles of confrontation Y Tropin, V Romanenko, V Ponomaryov
Slobozhanskyi herald of science and sport, 70-73
2016
ТЕХНИКА ТА ТАКТИКА У СПОРТИВНІЙ БОРОТЬБІ
НВ Бойченко, ЮМ Тропін, ПП Панов
Физическое воспитание и спорт в высших учебных заведениях // Сборник статей ... 2013
Ways to improve the technical and tactical skill of Greco-Roman style different manner of conducting a duel
SS Yermakov, YN Tropin, VA Ponomarev
Slobozanskij naukovo-sportivnij visnik, 46-51
2015
СРАВНИТЕЛЬНЫЙ АНАЛИЗ УРОВНЯ ФИЗИЧЕСКОЙ ПОДГОТОВЛЕННОСТИ БОРЦОВ РАЗЛИЧНЫХ КВАЛИФИКАЦИЙ
ЮН Тропин
Слобожанський науково-спортивний вісник, 61-65
2012
Влияния специальных силовых качеств на технико-тактическую подготовленность в борьбе
OI Камаев, ЮН Тропин, БР Селезнёв
ПРОБЛЕМЫ И ПЕРСПЕКТИВЫ РАЗВИТИЯ СПОРТИВНЫХ ИГР И ЕДИНОБОРСТВ В ВЫСШИХ ... 2013
Сравнительный анализ технико-тактической подготовленности борцов греко-римского стиля на Олимпийских играх-2008 г. и Олимпийских играх-2012 г.
ЮН Тропин
Физическое воспитание студентов, 92-96
2013
Анализ специальной физической подготовленности высококвалифицированных борцов греко-римского стиля
ЮН Тропин, НВ Бойченко
Науковий часопис НПУ імені МП Драгоманова. Серія 15: Науково-педагогічні ... 2014
Специальная физическая подготовка квалифицированных борцов
СС Ермаков, ЮН Тропин, НВ Бойченко
Актуальные проблемы спортивных единоборств в вузах, 20-22
2016
Пути совершенствования технико-тактического мастерства борцов греко-римского стиля различных манер ведения поединка
СС Ермаков, ЮН Тропин, ВА Пономарев
Слобожанський науково-спортивний вісник, 46–51-46–51
2015
Analysis of techno-tactical preparedness of highly skilled wrestlers of Greco-Roman style after changes competition
Y Tropin, N Boychenko
Slobozanskij naukovo-sportivnij visnik, 117-120
2014
Взаємозв’язок рівня фізичної підготовленості з показниками змагальної діяльності у юних борців греко-римського стилю
ЮМ Тропін, ВА Пономарьов, ОІ Кліменко
Слобожанський науково-спортивний вісник, 111-115
2017
ОСОБЕНОСТІ СОРЕВНОВАТЕЛЬНОЇ ДЕЯТЕЛЬНОСТІ В СПОРТИВНОЙ БОРЬБЕ
ЮН Тропін, ОІ Камаев
ББК 75 Ф 50, 205
2014
Analysis of the performance of national teams in Greco-Roman wrestling at the European Nations Cup 2014
Y Tropin, V Ponomaryov, O Klemenko
The journal includes articles which are reflecting the materials of modern ...
2014
Роль специальной силовой подготовке в борьбе
ОИ Камаев, ЮН Тропин
ПРОБЛЕМЫ И ПЕРСПЕКТИВЫ РАЗВИТИЯ СПОРТИВНЫХ ИГР И ЕДИНОБОРСТВ В ВЫСШИХ ...
2012
Model features of sensorimotor reactions and specific perception in wrestling
Y Tropin, V Shatskikh

Владимир Гаврильевич Торговкин
Institute of Physical Culture and Sport of the Ammosov North-Eastern Federal University, Yakutsk, Sakha Republic, Russia
Email: torgovkinvg@mail.ru vg.torgovkin@s-vfu.ru

Publications:
«freestyle wrestlers’ training process individualization»
Areas of Interest
- training science;
- physiology;
- Scientific and methodological bases of improvement of system of training of fighters in the conditions of higher education institution

Born in the Soviet Socialist Republic (USSR) the Russian Federation was born on June 26, 1965 in the village Amga of the Amginsky area Yakut. In 1989 graduated from YaGU majoring in Physical Education
2005.-Defended dissertation: Ethnoregional conditions of physical self-improvement of teenage school students”.
2015-associate professor of national sports and national games of institute of physical culture and sport of NEFU of named M. K. Ammosov
Master of Sports of the Republic of Sakha (Yakutia on national fight of "Hapsagay"
Master of sports of the USSR in free-style wrestling
TSIAKARAS NIKOS  
Email: ntsiakar@pe.duth.gr  
Institution/Organization: sports school  
Mailing Address: Trikala b tsitsani 53, 42100  
Country: Greece  
Current Areas of Interest: YOUNG wrestler  
Completed Wrestling Research: publications 7, Conferences 62

Vivoto TSUKRU  
Email: tsukruvivo@gmail.com  
Professional Affiliation: PhD Scholar, Department of Anthropology, North-Eastern Hill University, Shillong- 793022, India  
Areas of Interest: Somatotype, Body composition and Metabolic Physiology  
Brief biography: Attained the Master of Science degree in Physical Anthropology in the year 2018. Currently pursuing PhD degree at North-Eastern Hill University, India on somatotype, body composition and physiological characteristics of traditional Naga (Style) wrestlers of Nagaland.

TUERO, Concepcion  
cetuep@unileon.es

PROF. DR. PAED. HABIL. HAROLD TÜNNEMANN  
e-mail: tuenne@t-online.de  
tunnemann@fila-wrestling.com  
Institution: UWW  
Member UWW Scientific Commission  
address: Kiefernweg 15d  
19067 Retgendorf  
GERMANY  
UWW Hall of Fame  
1st Winner of Rayko Petrov Award  
Areas of interest: High performance sports; wrestling techniques and tactics; strength training and competition analyses.  
Research: more than 50 analyses of WC and OG in wrestling since 1991. More than 200 articles about wrestling research in German. Various books e.g. "Fitness and strength training" Sportverlag Berlin 1989 (German, English, Russian and Spanish) "Das große Buch der Kraft", Sprtverlag Berlin 1990 (German, Greek and Spanish); "Ringen" Sportverlag Berlin 1980.


B. The Paper Which in International Congress and Published in Congress Books


F. Others Papers : The Invited Speaker of :National Scientific Meeting


DAULET TURLYKHANOV
turlykhanson@fila-wrestling.com
UWW Bureau Member

Continental President of Asian Wrestling
President of UWW Scientific Commission

World Champion
Olympics-Silver, Bronze
KAZAKHSTAN
Dr. JORGE URIAS  
El Salvador  
Email: dr_urias@yahoo.com  
Scientific representative Salvadoran Wrestling Federation  
Profession: Doctor  
Areas of Interest: Biochemistry Sports, Sports Rehabilitation  
National champion in various categories from 1980 to 1992, the year of his retirement.  
President of the Salvadoran Wrestling Federation: 1990-1992 and 2010 to date.  
Graduated from Medical School in 1991, since then chairman of the medical commission of the Wrestling Federation.

UTTER, ALAN C.  Ph.D., M.P.H., FACSM  
autter@astate.edu  
Email and Contact Information: Provost and Executive Vice Chancellor for Academic Affairs at Arkansas State University Country: USA  
Current area of interest: Body Composition Assessment/Techniques  
Completed wrestling research:  

Karolina VALERIEVA
Email: kariwrestling@gmail.com
Successful national and international wrestler in Bulgaria. As a coach - taking prizes in national championships. At the International Wrestling Championships - medalists and prizes in class championships of the International Wrestling Calendar.

**Education:**
National Sports Academy "Vasil Levski"
BSc Bachelor - Freelance Trainer ; Diploma Thesis: Technical and tactical analysis of the Olympics skirmishes Beijing (2008) and London (2012) in the 72 kg category, women's fight
BSc Bachelor - Physical Education, Teacher of Physical Education, Pedagogy ; Diploma work: Influence of wrestling and karate on the equilibrium resistance of students from the lower secondary stage of the primary educational level
ACS Master - Sports Management ; Diploma Thesis: Managerial Approaches to Functional / Power / Training of Writers in Sports Schools as a Model for Enhancing its performance.

**Work experience:**
Primary School "Vasil Aprilov" - Sofia. Teacher of Physical Education and Sport.
"Nikola Velchev" Sports School - Samokov / August 2016 - August 2017 / - Teacher of sports training / wrestling coach /
Organizes and conducts a training and training process for children from preparatory groups, as well as conducting a purposeful training and contesting process in the age of girls, cadets , girls and women, occupying prizes in state and international championships.
Organizes and conducts a training and training process for children from preparatory groups, a training process for girls in age groups of girls, cadets and girls. Also a fitness-training process by type of fitness "Fitness".

**Posts:**
Grozdanova, K., Makaveev, R. , Article in Sport and Science Magazine - issue 4/2014, topic: Comparative analysis of the applied techniques in tactical action in the female struggle of MT "Dan Kolov"
Chamishki, D. , Grozdanova, K. Article in Sport and Science Magazine - issue 4/2014, topic: Comparative analysis of the applied techniques and tactical actions and their point efficiency by MT Petko Sirakov - Ivan Iliev, in compliance with the previous and current racing rules wrestling.
- Naydenova, K., Grozdanova, K., Penov, R. magazine article "Sport and Science" - number 3/201 5 topic: Study of the state of static equilibrium sustainability in students from the lower secondary stage of basic education .
Grozdanova, K. Exploring the opinion of elite coaches fighting for the role and place of speed-training. Sports and Science / 2018

VUQAR VALIYEV
Email: Veliyev_vuqar@rambler.ru
**Organization:** Senior GR- Doctor of Azerbaijan
**Country:** Azerbaijan
**Current Areas of Interest:** Sports Medicine, Wrestling injuries
TIMO VÄNTTINEN PhD
**Position:** Researcher in the Research Institute for Olympic Sports in Finland. He has over 18 years of experience on conducting applied research on various different sport disciplines including combat sports such as Olympic style wrestling, judo and karate. At a moment he is collaborating with the Finnish wrestling and judo national teams. His personal research interests are focused on match analysis, skill development and exercise physiology.
**Email:** Tomi Vänttin <tomi.vanttinen@kihu.fi>

CARLOS ALBERTO VARIO
**Email:** carlosvario@hotmail.com
**Institution/Organization:** ABLA (Asociacion Bonaerense de Luchas Asociadas)
**Country:** Argentina
**Wrestled in Tokyo and Mexico City Olympic Games**
**Current Areas of Interest:** Desarrollo y capacitacion para instructores de lucha

I teach fighting since 1980, now I have 63 years of age, I struggle to make courses for instructors at the initial training courses of short duration, for physical education teachers and qualified people in combat sports can begin with the initiation the teaching of struggle where they live. For me it is essential to ensure that the fight to become popular, for that you need to create multiple sites for practice and for that we have enough teachers to teach and manage each location.

I am currently the president of ABLA (Association Wrestling Buenos Aires) (in training), we are making efforts to obtain official permission to operate as an NGO in the province of Buenos Aires has approximately 16,000,000 inhabitants.

JHONY SNEIDEL VASQUEZ MAIZO, MD
**Venezuela**
**Email:** jhonyvasquezm@hotmail.com
SCOTT VASS
Wrestling Canada  IST Coordinator (Integrated Support Team)
scottvass@wrestling.ca

Tonya VERBEEK
Canada
Olympic Bronze and Silver Medalist
International Coach
tverbeek@wrestling.ca
905-988-0402

Leigh Vierling
Canada
Member UWW Coaches Commission
High Performance Director
Canadian Amateur Wrestling Association
lvierling@wrestling.ca
403-397-2384

Michail Vlachos
Email: mvgravity@gmail.com
Institution/Organization: 
Country: Greece
Mailing Address: Athens
Current Areas of Interest: Youth Wrestling

ANDREY VORONTSOV (UKR)
Professional Affiliation: National University of Physical Culture and Sports of Ukraine (Post Graduate student)
Email: vorontsov.andrey1988@gmail.com
Areas of Interest: wrestling; sport development; marketing in wrestling; sport commercialization; wrestling coaches education system; management in wrestling

Brief biography:

Academics:
2010 Master's Degree: Donetsk State Institute of Physical Education and Sport (major - Olympic and Professional Sports)
2015 Bachelor's Degree: Brock University (major - sport management)
2017 - 2020 Post Graduate program: National University of Physical Culture and Sports of Ukraine
Dissertation topic: "Innovative Strategies for Coaches Education System in Wrestling under Commercialization Context".

Work Experience:
2015 - 2017 - Regional Development Officer for Asia (United World Wrestling)
2017 - 2018 - Development Department Consultant (United World Wrestling)
2016 - current - World Academy of Sport Trainer.

Athletic Experience:

DALIBOR Vračan
dvracan@arhitekt.hr
Faculty of architecture Zagreb/Faculty of kinesiology
Zagreb University

AHMED WALY
ahamadweali@yahoo.com
Baghdad, Iraq
Coach

CLINT WATTENBERG MS, RD, CSCS
Professional Affiliation: Sports Dietitian
Email: cwattenberg@ufc.com
Publications: Performance Nutrition for Wrestlers: Solving the Complex Nutrition Puzzle
Areas of Interest: Combat and wrestling sports nutrition, weight management and making weight
Brief biography: Alum of Cornell University where I was an all American, Assistant Wrestling Coach and went on to represent the US Freestyle National Team from 2006-2008. Studied nutrition (BS at Cornell) and exercise physiology (MS at Ithaca College) before building a career in dietetics that spans eating disorder counseling, treatment and prevention and sports dietetics with a specialization in weight class sports. Started as Director of Performance Nutrition at the UFC Performance Institute in April, 2017.

DARYL WEBER
daryllweber@gmail.com
USA
Daryl grew up in Iowa and won two high school state titles for Don Bosco HS. At Don Bosco he wrestled under Dan Mashek, who is the winningest Iowa High School Wrestling Coach in history. Coach Weber then went on to wrestle at the University of Iowa under Dan Gable from '91-'96. During his time at U of Iowa Daryl won a Big Ten title, NCAA Championship and was a three time All-American. After graduating from Iowa he continued to compete internationally in Freestyle through 2000. While competing internationally Coach Weber took second at the U.S. Open, won the Sunkist Open and wrestling in over a dozen international freestyle tournaments. After his competitive career ended Daryl moved to Christiansburg, VA then won the State Championship five straight years.

Daryl has pulled from his competitive career, past seven years as Head Coach of seven State Championship teams, experiences under Coaches like Dan Gable & Dan Mashek, and his years coaching along side Kevin Dresser to develop a system of teaching mental and physical skills with a strong emphasis on building character that helps his wrestlers reach their highest possible level. Beside the many State Champions, National Champions and All-Americans he has coached Coach Weber has had over 90% of his graduates from Christiansburg High School go on to wrestle in college.

Christiansburg High School under Daryl Weber 2007-2013:
- 7 straight VA AA Team State Championships (12 in a row total)
- 35 State Champions
- Over 90% of Graduates gone on to wrestle in college.
- 2008-2009 Virginia Coach of the Year by NWCA
- 2008 Inducted into the Iowa High School Wrestling Hall of Fame
- 2000-2006 Assistant Coach Christiansburg HS (CHS was Runner-up one year and State Champs 5 of those years.)
- 2000-Present Head Coach of Hawkeye East / VA Elite Wrestling Club
- 2000-2001 National Assistant H.S. Coach of the Year
- 1997-2000 Strength and Conditioning Coach University of Iowa
- 1997-2000 Competed Internationally in Freestyle
- Placing in over a dozen International Freestyle Competitions
- 1998 Sunkist Open Champion
- 1998 U.S. Open Runner-up
- 1996 NCAA Champion
- 1996 Big Ten Champion
- 1991-1996 Wrestled under Dan Gable for University of Iowa

JOHN WECHTER, MD
Professional Affiliation
Orthopaedic Surgeon at Affiliated Community Medical Centers in Willmar
MN
Email: wechterj@gmail.com
Areas of Interest: Orthopedic disorders/injuries of the hand and upper extremity. Overtraining in the athlete.

Brief biography: I grew up in Michigan and went to Michigan State where I was a wrestler. I then went on to medical school at Michigan State followed by an Orthopedic Surgery residency at the University of Minnesota. I followed this with a fellowship in hand and upper extremity surgery at the University of Minnesota. I continued to train internationally with team USA as a Greco Roman wrestler throughout those years, through 2016. Having spent many years dividing my time between medicine and wrestling, I now would like to use what I have learned in both to help improve the sport of wrestling. I have specific interests in upper extremity injuries as well as over-reaching/overtraining in the athlete.

Publications:
Allopurinol Protection in Patients Undergoing Coronary Artery Bypass Graft Surgery
Wechter J, Phillips LJ, Toledo AH, Anaya-Prado R, Toledo-Pereyra LH.

TIM WEESNER MS, ATC, LAT Tim Weesner MS, ATC, LAT
Assistant Director of Athletic Training
Iowa State University
515.294.4598 (Office)
515.509.4208 (Cell)

Professional Affiliation: Assistant Director of Athletic Training at Iowa State University
Email: weesner@iastate.edu
Publications, Areas of Interest, & Brief biography:
http://www.istatesportsmed.com/tim-weesner-bio

RICHARD WEISS
17A Parer Street
Frankston 3199, Victoria
Australia
Born in Kosice, Slovakia
Mobile: +61 3 0447537361
Telephone: +61 3 97706941
Email: rwsport@securenym.net
Languages – English, Slovak, Russian, Czech & Mongolian
2007 Australian Freestyle Wrestling Coaching license
2003 – 2007 Mongolian Institute of Physical Education, Ulaanbaatar – Assistant Coach
1984 – 1989 National Sports School – Czechoslovakia,
Freestyle & Greco-Roman Wrestling
Czechoslovakia
1989 National Champion Freestyle
Australia
Oceania Champion Freestyle
National Freestyle Champion
Represented Australia
1995, 97, 98 World Wrestling Championships, Freestyle Wrestling
1996 Atlanta Olympic Games
2008 Mongolian Department of Ministry of Sport invited me to work with National Mongolian 2008 Olympic wrestling team towards their preparation for Beijing Olympic Games 2008
Assist in advancing the development of the sport, coaches, athletes, professional training environment and direct competition preparation within Australia by utilizing research and education to influence Australian potential for greater international performances.

EVERETT M WINE
Email: superev_33@hotmail.com
Professional Affiliation: USA Wrestling
B.A. in Health, Wellness, and Physical Education and a M.S. in Sports Coaching
Areas of Interest: Sport Psychology, Kinesiology, Exercise Physiology
Brief biography: Started coaching wrestling in 1999. I have had the opportunity to work with: youth, middle school, high school, college, and World/Olympic level competitors over the course of my career. I also spent three years as a national official in order to view this sport from every angle.

WOLLNY, RICHARD
Email: ryszardwollny@gmail.com
Olympic Champion
National Coach
Poland

JENNY WONG, MD
Email: jennywongusa@aol.com
USA Wrestling-athlete representative, Sport Science Committee · 2004 to present
USA Wrestling/USOC-National Team Athlete · Jun 2000 to Jun 2008
Areas of Interest: Women’s Wrestling-Weight loss and Injuries

RANDALL R WROBLE MD
Email: wroblerr@gmail.com
Institution/Organization: Sportsmedicine Grant
Mailing Address: 323 E Town St, Powell OH 43215
Country: USA
Current Areas of Interest: wrestling epidemiology, biomechanics of mats
Completed Wrestling Research:

Book Chapters

Books Edited

Faruk YAMANER - Associate Professor at Hitit University Director at School of Physical Education and Sport
yamanerf@hotmail.com

Date of Birth: Jan 20,1955
Task Responsibility in Projects:
- Gonadal Function and Serum Leptin levels of National Wrestling Team Athletes Prepared for the World and Olympic Championship and the Mountain Bike Athletes Prepared for the World Cup
- The Research of Adolescent Growth and Development of Metabolic Changes in Hormonal Parameters for Athletes of Wrestling Education Centers
- The Research of Basic Acting Skills and Family Socioeconomic Level of the Students of Third Grade in Public Schools and Private

Administrative Tasks:
The Prime Minister’s Chief Adviser Responsible for Sport
General Sekretary of The Wrestling Federation
Member of The Board of Education of the Football Federation
Football Coach (UEFA A Coaching Certificate)
10 Years Professional Football Player
Traditional Sports Federation Board Member, responsible for Training and Technical Affairs
G.S.G.M. Educational Department, Instructor of Training Courses
Head of Physical Education and Sport Dept. of College of Education at the Inonu University
A Faculty Member in Charge of the Physical Education and Sport Department at the Zonguldak Kara Elmas University
Director of Devrek Vocational Schools at the Zonguldak Kara Elmas University
Director of School of Physical Education and Sport at the Hitit University
General Coordinator of 2011 World Senior Wrestling Championship

Awards:
The International Wrestling Federation Honors (1990)
Outstanding Achievement Award at the International Seminar in Italy 1997
Inonu University Senate’s Most Successful Manager Award(1995)
Outstanding Service Award by F.I.L.A 1995
Certificate of Service by The Wrestling Foundation
FILA Honor Award at The Senior World Wrestling Championship (2011 İSTANBUL)

Published Books:
Basic Principles of the Physical Education and Sport-Ekin Bookshop-2001
Introduction to Physical Education in Sport- Emek Printing Press-2002
The Instruction Booklets World Senior Wrestling Championship
1-Organization Handbook- İstanbul 2011
2-Organization Press Guide (English- Turkish) -İstanbul 2011
3-Organization Security Guide- İstanbul 2011
4-Organization Volunteer Guide -İstanbul 2011
5-Instruction for the Organization(English-Turkish) -İstanbul 2011

Publishing List
A. SCI Indexed Articles Published in International refereed journals:

Articles Published in International Refereed Journals:

B. The Presentation of an International Scientific Meetings and Published in the Proceedings:
parameter for Physical Education and Sport teaching Department within different Examination system", 316-320 pp., Muğla, Turkey, 3-5 Nov 2006


B7. M. Gümüş, T.C. Akalın, A.Aygün, F. Yamaner, M. Gelen, International Sport For All and Sport Tourism Congress Conference within "International Sport for All and Sport Tourism Congress Proceeding Books" Proceeding "The dermination of the Levels of Participation to Extreme Sports within the Understanding Holiday Idea for Age Group 18-21 Young People", 23 pp., Antalya, Turkey, 05-08 Nov 2009


D. Articles Published in National refereed Journals :


D5. F. Yamaner, N. Sert, "The Evaluation and comparison of Success Rates for Football Referees with Playing Football or not playing football", Sport and Medicine, Cilt 9, 28-30 pp., 2001


D7. F. Yamaner, A. Bulut, "The Evaluation and Measurement of Physical and Physiological Values for Kirkpınar Oil Wrestler", Sport and Medicine, Cilt 9, 51-54 pp., 2001


D11. F. Yamaner, Ç. Göktaş, A. Cihan, "The Evaluation and Determination of exercise injuries Faced by the Students of the Ballet Section at the Istanbul University Conservatory", Sport and Medicine, Cilt 9, 10-13 pp., 2001


D14. F. Yamaner, A. Cihan, "The Investigation of Injuries Occurring in Wrestling", Sport and Medicine, Cilt 9, 14-17 pp., 2001

D16. F.Yamaner, R.Çekin, “The Evaluation of the Selection criteria of the Received Students at the Wrestling Trainer Centers”, Sport and Medicine, Cilt 5, 8-10 pp., 2003
D18. A. Pullur, F. Yamaner, “The Evaluation of Physical and Physiological measurement of Turkish Classification Football Referees (Sample of Malatya and Diyarbakir)”, Dumlupınar University Journal of Social Science, Cilt 10, 175-182 pp., 2004

F. Other Publications:

DAICHI YAMASHITA, PhD
Professional Affiliation: Japan Institute of Sports Sciences
Email: daichi.yamashita@gmail.com
Areas of Interest: Sports Biomechanics
Education: Ph.D, Human and environmental Studies, Kyoto University, Kyoto, JAPAN

H. ULAS YAVUZ, MD, PhD, Asst. Professor
Email and Contact Information: ulasyavuz@hotmail.com
Institution / Organization: Near East University Hospital
School of Physical Education and Sports
0023 Nicosia/North Cyprus
Country: Team doctor of Turkish national wrestling team (Greco-roman) for 5 years and now I live and work in Cyprus (Turkish part) in a University.
Current area of interest: amino acids and performance, exercise metabolism
tel: +905338625002

MUSTAFA YILDIZ
Email: tr.mustafayildiz@gmail.com
Institution: Akdeniz Üniversitesi, Beden Eğitimi ve Spor Yüksekokulu, Dumlupınar Bulvarı, Kampüs, Antalya PK: 07058
Country: TURKEY
Current Areas of Interest: sport, recreation,
Completed Wrestling Research:
COMPARISON OF STATE ANXIETY LEVEL OF SPORTSMEN BEFORE AND AFTER COMPETITION IN TURKEY ELDERS WRESTLING NATIONAL TEAM
Osbay Serhat , Mustafa Yldiz
Jae-ryang YOON  
wrestling related sport science research.  
Email: jryoon@knsu.ac.kr  
Institution/Organization:  
P.E dept, Korea National Sport University  
Mailing Address  
88-15 Oryndong Songpa-gu Seoul, KOR  
Country: KOREA  
Current Areas of Interest: wrestling physiology, training  
methodology  
Completed Wrestling Research: Comparisons of anaerobic  
performance and isokinetic strength in Korean and Japan female  
collegiate wrestlers  

Completed Wrestling Research:  
Comparisons of anaerobic performance and isokinetic strength in Korean  
and Japan female collegiate wrestlers  
Ioannis Zantos. 2011. ACSM Annual Meeting and 2nd World Congress on Exercise is Medicine(submission to abstract)  
The changes of pulmonary function according to graded exercise test in female wrestlers. 2007. Korea Sports Research.  


BILL ZADICK  
bzadick@usawrestling.org  
National FS Coach for USA Wrestling.  
Won gold medal at 66 kg/145.5 pounds at the 2006 FILA Wrestling World Championships in Guangzhou, China.  

Areas of Interest: Long-term athlete development

GENE ZANNETTI MS  
M.S. & M.A. Exercise Science & Sport Psychology  
Nationally Ranked, All-Ivy League Wrestler at the University of Pennsylvania  
Founder of Z-Fanatical Fitness (CEU provider through AFAA, NASM, ACSM, AAAI, ISSA, WITS)  
School Psychologist  
Peak Performance Specialist: Motivational Speaker & One-on-One Consultant
Robert G. ZIMANYI  
Professional Affiliation: University of Physical Education, Budapest, Hungary – School of Doctoral Studies, PhD student  
Email: zimanyi.robert@evopro-sc.com  
Publications: https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10058093  
Graduated on the Budapest University of Technology of Economics (BME) with a Master's Degree of Economics in 2009. Currently I hold two positions at Evopro Group; I work as a CSR business advisor and I am the president of a sports club with 200 members. The sports club started its operations in 2003 with 5 members, since then we could achieve a continuous growth by providing more sports facilities. As a result of that, we not only provide opportunities in the recreational sport but are also present in competitive sports. Beside my work, I study at the Doctoral Studies of the University of Physical Education. Currently I am in my fifth semester and my research focus is the nature of qualitative sports clubs.  
Areas of Interest: sport-philosophy, sport-management, sport quality-management, sport change-management

Amir Hossein ZARIFNIA  
Fidpoint@hotmail.my  
Institution/Organization: Fid Point  
Fid Point WorldWide Sdn.Bhd. 18-2 Commercial Centre. Taman Abadi Indah, Off Jalan Klang Lama, 58100 Kuala Lumpur, Malaysia  
Current Areas of Interest: Heavy weight wrestling  
Completed Wrestling Research: How to improve heavy wight wrestling technique, speed and attraction

Dr. Mehmet Akif ZİYAGİL TURKEY  
mziyagil@gmail.com  
Address:  
Amasya University, Education Faculty, Department of Physical Education and Sports, 05100, Amasya-TURKEY  
Telephone: 0090 506 6334401  
Faksimile: 0090 358 252 62 22  
E-mail: mziyagil@gmail.com  
Date of birth: 28. April 1960
EDUCATION:

1979/1983 Bachelor Degree. Sports Academy, Specialization in Wrestling, Ankara
1985/1989 Master Degree. Middle East Technical University, Social Sciences Institute, Ankara
1989/1991 Ph.D. Marmara University, Health Sciences Institute, İstanbul.

ACADEMIC CAREER

1985-1990 Lecturer, Physical Education Department, Selçuk University, Konya
1990-1992 Lecturer, Physical Education Department, Karadeniz Technical University, Trabzon
1992-1994 Assistant professor, Department of Physical Education and Sport, Fatih Education faculty, Karadeniz Technical University, Trabzon
1994-1999 Associated Professor, Karadeniz Technical University (Trabzon) and Ondokuz Mayis University (Samsun).
2000-2006 Professor, Department of Physical Education and Sport, Amasya Education Faculty, Ondokuz Mayis University, Amasya
2006- Professor, Department of Physical Education and Sport, Education Faculty, Amasya University, Amasya

PROFESSIONAL EXPERIENCE:

1996-1999 Board Member, Turkish Sports for All Federation.
1999-2000 Board Member, University Sports Federation.
2000-2004 Chairman of Education Commission, Turkish Wrestling Federation
2004-2012 Chairman of Education Commission, Turkish Sports for All Federation
2012- Chairman of Education Commission, Turkish Sports for All Federation

PUBLICATIONS:


PRESENTATIONS IN SYMPOSIUM


BOOK CHAPTER CO-WRITER
ERDAL ZORBA

ezorba@gazi.edu.tr
erdalzorba@erdalzorba.com
erdalzorba@hotmail.com
www.erdalzorba.com
Tel: +90 312 202 3501 Fax: +90 312 202 3637

Gazi University. Professor of the School of Physical Education and Sports

Successes Sportif
Turkey Intercollegiate Championships 57 kg Greco-Roman style wrestling. In 1977, the third, the second was 1978.

List of Wrestling Publications
1. EAST G., ZORBA E. (1990). Turkish wrestlers wrestler with a foreign country comparison of body composition, Bulletin of Sport Science, 1, 3-4, 16-21
1.6. BALTACI G., ZORBA e., ARISING AA., HAPPY M., KAÇMAZ I. (1992), between the ages of 11-14 in the children's physical fitness and anthropometric Karakuca wrestling project structure determination, College of Rheumatology (Acta Reheumata Logica), 7, 53, 61-68.
1. National Presentations and Seminars

Damir Zubac, Ph.D.
E-mail: damir.zubac@kif.hr
Citizenship: Croatian Basic info and contacts:
Date of birth: 18/06/1986, Mostar, BiH
Current address: Selska cesta 46, 10000 Zagreb, Croatia
Phone (s) + 385 95 50 21 976

-Science and Research Center Koper, Institute for Kinesiology Research, Garibaldijeva 1, 6000 Koper, Slovenia, EU.
Dr. Damir Zubac is a human movement scientist whose expertise lies in the evaluation and interpretation of physiological processes related to physical training, elite athletic performance. He completed his thesis in 2016 at the University of Split, Faculty of Kinesiology, Split, Croatia. Portions of his thesis were recently published in high impact factor journals including *Journal of Sports Sciences* and *International Journal of Sports Physiology and Performance*. Over the last couple of years, he has published nine peer-review papers in international journals (with five other papers under revision), two book chapters and was a reviewer for three international peer-review journals as well. He is also a part of the research group from Science and Research Center Koper, Institute for Kinesiology Research, Koper, Slovenia that was placed between 101-150 in the Shanghai list of research institutes in 2016/17.

In 2016 he was the recipient of "The Youth Research of the Year Award" in Croatia, as well as the "Rectors award" for exceptional academic achievements (University of Split, Croatia, EU). Currently, he is affiliated with the two institutions (i) Science and Research Center Koper, Institute for Kinesiology research; working on a project: Kinesiology for the quality of life and (ii) University of Split, Faculty of Kinesiology, Split, Croatia. Previously, under supervision of Dr. Šimunič B. and Dr. Morrison S.A. he had successfully coordinated the nationally funded project looking at measurement resolution of acute dehydration in Olympic combat athletes [Grant no. RR-15-073]. Within the Erasmus+ international cooperation frame he has undergone extensive laboratory training at the Science and Research Center Koper, Koper, Slovenia and Institute for kinesiology and sport at the University of Split, Croatia and was (and still is) involved in five different research projects that were conducted during that time, including:

**Work:**
- **Research Associate (2017 to present)**
  Science and Research Center Koper, Institute for Kinesiology Research, Garibaldijeva 1, 6000 Koper, Slovenia, EU

- **Associate (2015 to present)**
  Department of Biomedicine and Anthropology, Faculty of Kinesiology, University of Split, Teslina 6, 21000 Split, Croatia, EU.

- **Postdoctoral Researcher (form February to October 2017)**
  Department of Sport and Exercise Medicine, Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10000 Zagreb, Croatia, EU.

**Faculty / professional positions:**

**Teaching experience:**
- Lecturer - Department of Sport and Exercise Medicine, Faculty of Kinesiology, University of Zagreb, Horvaćanski zavoj 15, 10000 Zagreb, Croatia, EU; Courses: Biological Kinanthropology (in 2017);
- Lecturer- Department of Biomedicine and Anthropology, Faculty of Kinesiology, University of Split, Split, Croatia, EU; Courses: Sports Medicine, Sports Physiology, Applied Medicine in Kinesiology and Sport.

**Awards and Honors:**
- Youth Researcher of the Year award in Croatia (2016/2017)
- Rector’s award from the University of Split, Split, Croatia, for exceptional scientific achievements in (2015/2016)

**Profession affiliation:**
- Croatian Network of Youth Researchers

**Papers published in peer-review journals:**
  IF = 4.15, 15/84 (Q1); Physiology

- Rapid weight loss is not associated with competitive success in elite youth Olympic-style boxers in Europe.
  IF = 2.654, 16/81 (Q1); Sport Science / 32/84 (Q2) Physiology


Times cited in WOS=2


Hydration status assessment techniques and their applicability in combat sports: a literature review. Zubac D, Marusic U, Karinčić H. Strength Conditioning Journal. 38 (4) 80-89, 2016. IF = 0.53, 73/81 (Q4); Sport Science

Level of education is a risk factor for extensive prevalence of cervical intervertebral disc degenerative changes and chronic neck pain. Markotić V, Zubac D, Miljko et al. Central European Journal of Public Health (in press, DOI: 10.21101/cejph.a4897). IF = 0.682, (Q4); Public, Environmental & Occupation Health


The reliability of the novel M-wave sensor and EME efficacy: a ratio between tensiomyogram and M-wave amplitudes. Paravlic, Zubac, Šimunič. (Journal of Electromyography and Kinesiology) - accepted for publication IF = 1.50, 43/81 (Q3); Sport Science.

Book Chapters:


Referee in peer-review journals:
International Journal of Sports Physiology and Performance, Human Kinetics, 1607 N Market Street; P.O. Box 5076 Champaign, IL 61825-5076, United States; (from 2016 to present)
Journal of Physiology and Biochemistry, Springer International Publishing AG. Part of Springer Nature; (from 2017 to present)
MOHAMMAD ZUBAYER
Bangladesh
krirabiggan1978@gmail.com
Prof.Dr. Mohammad Zubayer
Freelance writer, Freedom Fighter, Medical officer independence war of Bangladesh 1971.
President, Bangladesh Institute of Sports Sciences/BISS
TelephoneNumber: Land 8802 9662803, Mobile/Cellular 01191384426, overseas USA +1718 426 0921 Website: www.biss.edu.bd E-mail: krirabiggan1978@gmail.com

DR. PIOTR Żurek

Address: ul. Wyszyńskiego 39/15
66-400 Gorzów Wlkp., Poland
Email: piotr_zurek@wp.pl

University of Physical Education, Poznan, Department in Gorzow Wlkp. 1994-2014
- specialist in sport science, theory of sport and physiological aspects of sport
- member of the Polish Tennis Federation committee trainers; examiner on coaching courses;
- cooperated with Polish Tennis Federation, Polish Canoe Federation and Polish Wrestling Federation.
- 2004-2006 – physiologist of Polish Olympic Wrestling Team

Areas of Interest: Research interests are focused on: physiological aspects and motor abilities in tennis, wrestling and canoe.

ZYGOURI, VOULA
voulazy@gmail.com
Olympian
Greece

43rd Thermopylon st, 12461, Athens, Greece
Tel +30 2105902525, +30 6944392721

Web side: http://voulazygouri.gr/

Sports distinctions
Olympic Games: 4th in 2004 in the category of 63 kg (LF)
World Championships: 6th in 2003 in the category of 63 kg (LF)
Mediterranean Games: 2nd in 2002 in the category of 63 kg (LF)
European Championship: 6th in 1996 in the category of 67 kg (LF)
Mediterranean Championships: 1st in 2011 in the category of 67 kg (LF)
2nd in 2012 in the category of 67 kg (LF)

International Tournaments:
First Cup in "Warsaw Cup" in 2005 in the category of 67 kg (LF)
Second in Austria Ladies Open in the category of 67kilon (LF)

Pan-Hellenic Games:
1st in 1995 in the category of 61 kg (LF)
1st in 2002, 2003, 2004 and 2004 in the category of 63 kg (LF)

Education
Postgraduate degree: University of Peloponnese, Department of Economics, M.A. in Public Management
Degree: University of Athens, Department of Science Physical Education and Sport (1995)
Diploma: Specialist in Track and Field (from the same Department and the same year)
Diploma: Specialist coach of Olympic Wrestling (School of Coaches, General Secretariat of Sports, Athens 2007)

Oral Presentations

- 19th International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2011. Symposium of wrestling: Notice No.: 18006: "CONTROL OF ANGER AND AGGRESSIVENESS - THE EFFECTS OF TRAINING IN OLYMPIC WRESTLING" Zygouri S. National and Kapodistrian University of Athens, Department of Physical Education and Sports.


- 23rd International Congress of Physical Education and Sport Science, Democritus University of Thrace, Department of Physical Education and Sport, 2015. Annual Forum of the UWW Scientific Commission 2015 Notice: "Gender stereotypes in sport: Prejudices, inequalities and discriminations against women", Zygouri S., Department of Physical Education & Sport Sciences, University of Athens

Poster presentations

Workshops Presentations


Areas of Interest
Current basic interest: Sports management
Additional areas: sociology, physiology, pedagogy, nutrition

Activity
- Nominated by the Greek Olympic Committee as a candidate for the European Award “fair play” 2012
- Member of the Association of Greek Olympic Winners (since 2004)
- Member of the Association of Greek Olympians (since 2004)
- Technical Consultant for the sport of wrestling of the Hellenic Navy (Since 2006)
- General Secretary of the Greek Coaches Association of Track and Field (2003-2009)
- Special Secretary of the Greek Coaches Association of Track and Field (1998 - 2003)
- International Olympic Truce Center: Olympic Truce Ambassador for Peace and Education (Since 2012)
- Member of the UWW “Women and Sport Commission” (Since 2013)
- Member of the Commission “Woman and Sport” of the Hellenic Olympic Committee (Since 2013)
- Head of Press and Communications of “Philathlitikos” Sports Club (Since 2010)
- Deputy Director of the “School of Wrestling Coaches 2015 – category C” organized by the General Secretariat for Sport (Athens, 2015)