



Advancing Our Sport Through Knowledge  
Faire progresser notre sport à travers la connaissance  
Развитие нашего вида спорта через образование

## SCIENTIFIC SYMPOSIUM IN LAS VEGAS

**The International Network of Wrestling Researchers (INWR), in conjunction with USA Wrestling, the Las Vegas Organizing Committee and the UWW Scientific Commission Announces the Scientific Symposium at the Senior World Wrestling Championships  
Las Vegas, USA  
Orleans Hotel, Esplanade Room/Salon K  
September 5, 2015**

From September 7-12, 2015 **Las Vegas, USA** will be host to the Free-style, Greco-Roman and Female Wrestling World Championships. The International Network of Wrestling Researchers (INWR) will again coordinate a Wrestling Science Symposium with the United States Wrestling Federation, and the Scientific Commission of United World Wrestling. The theme of this Scientific Symposium is: ***"The Next Generation of Wrestlers in the Olympic Movement: Developing Youth, Women and Men for the Future!"*** and is planned to be held September 5th, 2015.

**Purpose:** The purpose of the conference is to attract the scientific community in the field of wrestling to Las Vegas and this important sporting event, to share their scientific achievements, discuss and offer solutions to our problems, and for the transfer of knowledge and experience. During the work of conference the following questions will be considered:

1. Development of women's wrestling in the Olympic Movement.
2. Development of youth programs for the next generation.
3. Innovative technologies in systems for the training of highly skilled athletes.

**Registration:** Participants can register on site on the morning of Saturday, September 5<sup>th</sup>, beginning at 8 AM. The registration requires membership in the INWR which will be available for **\$40**.

**Date:** 5 September, 2015

**Conference Venue:** Orleans Hotel, Esplanade Room/Salon K

**Program:** There will be three keynote lectures-one being the Rayko Petrov Memorial Lecture. There will be six mini-lectures of 20 minutes each, a round table with audience participation and poster presentations.

**Housing:** Contact <http://www.orleanscasino.com> <http://www.vegasworlds2015.com/>

**Abstract/Poster Session Submissions are now being accepted:** Abstracts/Posters will be accepted through August 1, 2015. While there will be a viewing time with authors present, authors will NOT be required to be present in Las Vegas to have their abstract accepted. See **Abstract/Poster Submission Guidelines** in this announcement packet.

**Send Abstract/Poster Submissions and Questions to:** [davcurb@gmail.com](mailto:davcurb@gmail.com)

Following the symposium the collection of materials will be published in the ***International Journal of Wrestling Science***.



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**"The Next Generation of Wrestlers in the Olympic Movement: Developing Youth, Women and Men for the Future!"**

**Orleans Hotel, Esplanade Room/Salon K**

## **PROGRAM**

Included in the program will be greetings from dignitaries from UWW and USA Wrestling and the UWW Scientific Commission: Mr. Daulet Turlykhanov (KAZ), Dr. Ioannis Barbas (Greece), Dr. Bahman Mirzaei (Iran), Dr. Harold Tünnemann (Germany), Dr. Boris Podlivaev (Russia) and Dr. David Curby (USA) who leads the symposium organizing committee.

### **Schedule for Saturday, September 5, 2015**

8:00 AM Registration

8:45 – 9:00 Greetings and Opening of the World Championships Scientific Symposium

**Keynote Lectures** (5 minutes will be provided for questions and comments at the conclusion of each lecture)

9:00 – 9:40 Dr. Carole Maître-gynecologist and sport physician-National Institute of Sport; INSEP, France

***Caring for the Female Wrestler: What her Coach Needs to Know***

9:45 – 10:25 Dr. Menia Gioftsidou and Dr. Ioannis Barbas-Democritus University of Thrace, Komotini, Greece

***New Structures for Youth Wrestling – Wrestling Plus! Safety, Fitness and Fun!***

10:30 – 11:00 Break

11:00 – 11:10 Mr. Tzeno Tzenov, Bureau Member from Bulgaria, will present the Raiko Petrov Honorary Lecturer Award

11:10 – 11:55 The Raiko Petrov Honor Lecture by Professor Boris Podlivaev - National Coaching Staff of Russia, Moscow State University - ***"Women's Wrestling-Some Observations from a Coach and Scientist"***

11:55 – 12:00 Photographs

12:00 – 12:45 Lunch

12:45 – 2:45 **Mini-Lectures/Demonstrations (20 minutes each) - INNOVATIVE TECHNOLOGIES IN THE TRAINING OF WRESTLERS**

***Upper Body Ergometer Testing*** – Dr. David Curby – USA Wrestling

***Application of Biophotonic Measurement Techniques During Wrestling*** - Dr. Adkham Paiziev & Dr. Fikrat Kerimov - Uzbekistan State University of Physical Culture

***Heart Rate Monitoring During Wrestling*** – David Curby – USA Wrestling

***Application of Bioresonance Spectroscopy in the Preparation of Wrestlers*** – Dr. Shaira Payziyava - Uzbekistan State University of Physical Culture

***Psycho-physiological Assessment*** – Dr. Georgiy Korobeynikov - National University of Physical Education and Sports, Ukraine

***Young Researcher Award Presentation and Lecture***

2:45 – 3:00 Break

3:00 – 3:25 Expert Round Table of World and Olympic Champions: *What are the issues that our scientific community should investigate for our sport?*

3:30 Closing Ceremonies



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### **ABSTRACT/POSTER SUBMISSION GUIDELINES**

Abstract/Poster submissions will be accepted through **August 1, 2015**. While there will be a viewing time with authors present, authors will **NOT** be required to be present in Las Vegas to have their abstract accepted. Please indicate in your email whether you will be able to be present in your email.

Please indicate if you want to be considered for the **Young Researcher Award** (under 30 years old)

Posters can be mailed to: [davcurb@gmail.com](mailto:davcurb@gmail.com)

### **Selection**

Posters will be selected on the basis of criteria of originality, contribution/importance, coherence with a subject, relevance, etc. You will be notified electronically of the **acceptance/rejection of your abstract by August 10, 2015**. The final acceptance decision is the exclusive right of the INWR officers. Accepted posters will be printed on a 30" x 72" banner by the symposium organizers.

### **Rules for Submission of Abstracts**

- Language: English
- Font — Times New Roman or Courier
- Line spacing — single
- Title-Limit to 15 words
- Surnames of authors and rank
- The name of establishment or higher education institution which authors represent
- City and country
- Full contact information, at least, one author
- Results of research and discussion (scientific contribution, novelty and practical application).
- All authors must approve the submitted abstract.
- Abstract data may not have been presented prior to the Scientific Symposium.
- Human studies must comply with either the ACSM Policy Statement Regarding the Use of Human Subjects and Informed Consent (1998), or the Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects (Edinburgh, Scotland, October 2000).
- To ensure consistency and clarity, it is directed that authors utilize the units of measurement of the Systeme International de'Unite (SI).
- Senior researchers and clinicians may be affiliated with or have financial interest in commercial entities that may have a bearing on the subject matter but this must be stated in a Statement of Disclosure listed at the end of the abstract.

**Contents of Text shall include:** Introduction (relevance) and problem definition, Research objective, Research methods, Results, Conclusions and Applications.

**General aim and format:** A poster is a graphically based approach to presenting research. In presenting your research with a poster, you should aim to use the poster as a means for generating active discussion of the research. **SIMPLICITY IS THE KEY**. Present only enough data to support your conclusions. On the other hand, make sure that you present sufficient data to support your conclusions.

**Visuals:** Visuals should be simple and bold. Leave out or remove any unnecessary details.

Make sure that any visual can "stand alone" (i. e., graph axes are properly labeled, maps have north arrows and distance scales, symbols are explained, etc.). Figures should be numbered consecutively according to the order in which they are first mentioned in the text. Each visual should have a brief title (for example: Figure 1- Characteristics of subjects).

**References:** Cite and reference any sources of information other than your own, just as you would do with a research paper. REFERENCES are placed at the end of the poster. The reference list shall be in alphabetic order (rather than in the order of citation) and numbered. All references shall appear in the text. The style format for references is that which has been adopted by the American Psychological Society (APA).