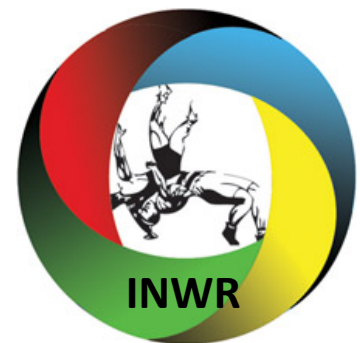




# Welcoming Remarks from the FILA Scientific Commission & the International Network of Wrestling Researchers (INWR)

Working to advance the status of wrestling!

Dr. David Curby (USA)  
FILA Scientific Commission  
Director of the INWR





World Journal of Sport Sciences 2 (1): 65-74, 2009

M. Goudarzi, Tehran University, Tehran, Iran

***Designing and Developing the Strategic System of Wrestling in I.R.  
Iran Improving Wrestling in Islamic Republic of Iran***

Improving wrestling in the Islamic Republic of Iran depends on a long-term vision, which emphasizes the necessity to have strategic plans and long-term planning. Among the weaknesses identified was the **lack of the application of scientific principles in the training and education of wrestlers.**



Sport on the  
Olympic Program





# History of the INWR

Formed in 2007 in Almaty, Kazakhstan

Dr. Ioannis Barbas of Greece, Dr. Bahman Mirzaei of Iran and Dr. David Curby of the USA.

The purpose was to establish an organization of wrestling sport scientists and other wrestling professionals to bring more science into our sport.





Scientific Meetings – Komotini 2009, Moscow – 2010, Istanbul – 2011, Komotini-2012, and Budapest 2013.

The organization has grown to over **350 members in 73 FILA countries.**

Lobbied FILA to establish a Scientific Commission and we were rewarded in 2013. The Commission members are FILA Bureau member Daulet Turlykhanov of Kazakhstan-President, Dr. David Curby of the USA-Secretary, Dr. Boris Podlivaev of Russia, Dr. Ioannis Barbas of Greece, Dr. Harold Tünnemann of Germany, and Dr. Bahman Mirzaei of Iran.





# The International Network of Wrestling Researchers (INWR)

## Aim:

"Facilitate the development of wrestling through international and intercultural understanding and cooperation; and to support wrestling-related research, science and education."



INWR  
International Network of Wrestling Researchers



# The International Network of Wrestling Researchers-Objectives

- Identify Wrestling Researchers/scientists and their areas of work from around the world.
- Create opportunities for researchers to connect and share ideas through a communication network.
- To provide expert advice for decision-makers in our sport.



INWR

# INWR-Objectives cont'd

- To improve the availability of research-related sources.
- To encourage and support wrestling-related educational activities.
- To support and facilitate wrestling teaching and coaching methods.



INWR



- To provide researchers with opportunities for publication – ***International Journal of Wrestling Science***







# Please visit our website where you can register!

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*Advancing Our Sport Through Knowledge*  
*Faire progresser notre sport à travers la connaissance*  
*Развитие нашего вида спорта через образование*

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## [www.inwr-wrestling.com](http://www.inwr-wrestling.com)



INWR

International Network of Wrestling Researchers



# The Parameters of Wrestling Science

